

WA State Records - 1500m

	M30		M35		M40		M45		M50		M55	
Jan-80			Don Caplin	4:12.7	Ted Maslen	4:15.0	David Carr	4:27.5	Art Briffa	4:43.8	John Gilmour	4:22.0
Jan-85			<i>Don Caplin</i>	<i>4:12.7</i>	Don Caplin	4:12.0	Morland Smith	4:11.0	David Carr	4:41.1	<i>John Gilmour</i>	<i>4:22.0</i>
Jan-90			<i>Don Caplin</i>	<i>4:12.7</i>	<i>Don Caplin</i>	<i>4:12.0</i>	Keith Wheeler	4:02.1	Don Caplin	4:28.9	<i>John Gilmour</i>	<i>4:22.0</i>
Jan-95			G Vander Sanden	4:03.33	John Molloy	4:06.0	<i>Keith Wheeler</i>	<i>4:02.1</i>	<i>Don Caplin</i>	<i>4:28.9</i>	<i>John Gilmour</i>	<i>4:22.0</i>
Jan-00	Philip Morgan	4:10.8	<i>G Vander Sanden</i>	<i>4:03.33</i>	<i>John Molloy</i>	<i>4:06.0</i>	<i>Keith Wheeler</i>	<i>4:02.1</i>	Jim Langford	4:27.4	<i>John Gilmour</i>	<i>4:22.0</i>
Jan-05	Paul Mitchell	4:06.3	<i>G Vander Sanden</i>	<i>4:03.33</i>	<i>John Molloy</i>	<i>4:06.0</i>	<i>Keith Wheeler</i>	<i>4:02.1</i>	<i>Jim Langford</i>	<i>4:27.4</i>	<i>John Gilmour</i>	<i>4:22.0</i>
Jan-10	<i>Paul Mitchell</i>	<i>4:06.3</i>	<i>G Vander Sanden</i>	<i>4:03.33</i>	<i>John Molloy</i>	<i>4:06.0</i>	<i>Keith Wheeler</i>	<i>4:02.1</i>	<i>Jim Langford</i>	<i>4:27.4</i>	<i>John Gilmour</i>	<i>4:22.0</i>
	M60		M65		M70		M75		M80		M85	
Jan-80	John Gilmour	4:29.0	Dick Horsley	5:16.9	Reg Briggs	7:05.6						
Jan-85	<i>John Gilmour</i>	<i>4:29.0</i>	John Gilmour	4:49.16	Dick Horsley	5:38.9	Jack Shepherd	7:23.8				
Jan-90	<i>John Gilmour</i>	<i>4:29.0</i>	<i>John Gilmour</i>	<i>4:49.16</i>	John Gilmour	5:09.73	<i>Jack Shepherd</i>	<i>7:23.8</i>	Johann Sanders	10:23.0		
Jan-95	<i>John Gilmour</i>	<i>4:29.0</i>	<i>John Gilmour</i>	<i>4:49.16</i>	<i>John Gilmour</i>	<i>5:09.73</i>	<i>Jack Shepherd</i>	<i>7:23.8</i>	<i>Johann Sanders</i>	<i>10:23.0</i>	Johann Sanders	12:06.2
Jan-00	<i>John Gilmour</i>	<i>4:29.0</i>	<i>John Gilmour</i>	<i>4:49.16</i>	<i>John Gilmour</i>	<i>5:09.73</i>	<i>Jack Shepherd</i>	<i>7:23.8</i>	<i>Johann Sanders</i>	<i>10:23.0</i>	<i>Johann Sanders</i>	<i>12:06.2</i>
Jan-05	<i>John Gilmour</i>	<i>4:29.0</i>	<i>John Gilmour</i>	<i>4:49.16</i>	David Carr	5:05.2	<i>Jack Shepherd</i>	<i>7:23.8</i>	<i>Johann Sanders</i>	<i>10:23.0</i>	<i>Johann Sanders</i>	<i>12:06.2</i>
Jan-10	<i>John Gilmour</i>	<i>4:29.0</i>	<i>John Gilmour</i>	<i>4:49.16</i>	<i>David Carr</i>	<i>5:05.2</i>	David Carr	5:28.1	Cecil Walkley	7:54.7	<i>Johann Sanders</i>	<i>12:06.2</i>
	W30		W35		W40		W45		W50			
Jan-80			Jo Stone	6:14.9	Kath Holland	5:27.9			Nora Berry	8:14.9		
Jan-85			Jill Chambers	4:39.3	Sheryl Amies	5:24.5	Margaret Robinson	5:21.3	Joan Pellier	5:34.0	Lorna Lauchlan	6:06.0
Jan-90			Tessa Brockwell	4:34.5	Maxine Santich	4:57.4	Anne Shaw	5:20.5	Peggy Macliver	5:19.4	Margaret Robinson	5:30.1
Jan-95			<i>Tessa Brockwell</i>	<i>4:34.5</i>	Karen Gobby	4:46.7	Anne Shaw	4:52.4	Anne Shaw	5:03.9	<i>Margaret Robinson</i>	<i>5:30.1</i>
Jan-00			<i>Tessa Brockwell</i>	<i>4:34.5</i>	<i>Karen Gobby</i>	<i>4:46.7</i>	Karen Gobby	4:46.3	Anne Shaw	4:56.4	Anne Shaw	4:53.8
Jan-05			<i>Tessa Brockwell</i>	<i>4:34.5</i>	Niamh Keane	4:43.62	<i>Karen Gobby</i>	<i>4:46.3</i>	<i>Anne Shaw</i>	<i>4:56.4</i>	<i>Anne Shaw</i>	<i>4:53.8</i>
Jan-10			<i>Tessa Brockwell</i>	<i>4:34.5</i>	<i>Niamh Keane</i>	<i>4:43.62</i>	<i>Karen Gobby</i>	<i>4:46.3</i>	<i>Anne Shaw</i>	<i>4:56.4</i>	<i>Anne Shaw</i>	<i>4:53.8</i>
	W55		W60		W65		W70		W75			
Jan-80												
Jan-85	Valerie Tyson	7:40.8	Phyllis Head	7:06.0								
Jan-90	Pat Carr	6:33.0	<i>Phyllis Head</i>	<i>7:06.0</i>	Phyllis Head	7:57.6						
Jan-95	Dorothy Anderson	6:15.2	<i>Phyllis Head</i>	<i>7:06.0</i>	<i>Phyllis Head</i>	<i>7:57.6</i>	Phyllis Head	10:02.1				
Jan-00	<i>Dorothy Anderson</i>	<i>6:15.2</i>	Noela Medcalf	6:41.2	Pat Carr	7:49.0	Glenice Shanahan	9:27.9	Glenice Shanahan	11:31.7		
Jan-05	Anne Shaw	5:16.63	<i>Noela Medcalf</i>	<i>6:41.2</i>	Margaret Robinson	6:47.90	<i>Glenice Shanahan</i>	<i>9:27.9</i>	<i>Glenice Shanahan</i>	<i>11:31.7</i>		
Jan-10	<i>Anne Shaw</i>	<i>5:16.63</i>	Gillian Young	5:50.9	Peggy Macliver	6:29.5	<i>Glenice Shanahan</i>	<i>9:27.9</i>	<i>Glenice Shanahan</i>	<i>11:31.7</i>		