

SUMMARY OF STATE RECORDS FOR 2005

MEN

60 metres M65	David Clive	=8.4
<i>(previous 8.66, David Clive, 2004)</i>		
60 metres M70	David Carr	9.3
<i>(10.3, Derry Foley, 2000)</i>		
60 metres M75	Gordon Medcalf	10.7
<i>(10.9, Ron Tomkins, 1997)</i>		
100 metres M30	Brett Blanco	11.52
	Brett Blanco	10.88 AR
<i>(11.4h, Alan Berry, 1997)</i>		
100 metres M75	Gordon Medcalf	=16.2
<i>(16.2, Syd Coleman, 1991)</i>		
100 metres M80	Donald Frearson	17.7
<i>(18.33, Donald Frearson, 2004)</i>		
200 metres M30	Brett Blanco	23.32
	Brett Blanco	22.89
<i>(23.8, Alan Berry, 1996)</i>		
400 metres M65	Barrie Kernaghan	59.89
<i>(60.8, David Clive, 2003)</i>		
800 metres M75	Cecil Walkley	3:28.7
<i>(3:39.5, Jack Shepherd, 1982)</i>		
1000 metres M55	Ian Davies	2:59.4
<i>(3:01.5, David Carr, 1992)</i>		
1000 metres M70	David Carr	3:23.4
<i>(3:47.2, David Carr, 2004)</i>		
1500 metres M75	Cecil Walkley	6:52.7
<i>(7:23.8, Jack Shepherd, 1982)</i>		
1 Mile M75	Irwin Barrett-Lennard	7:12.4
<i>(inaugural)</i>		
5000 metres M30	Paul Mitchell	15:32.8
<i>(15:37.9, Paul Mitchell, 2004)</i>		
10,000 metres M75	Irwin Barrett-Lennard	47:59.3
	Irwin Barrett-Lennard	47:43.19
<i>(54:13.0, Cecil Walkley, 2004)</i>		
10k Road Run M75	Irwin Barrett-Lennard	46:16
<i>(47:35, Irwin Barrett-Lennard, 2004)</i>		
15k Road Run M75	Irwin Barrett-Lennard	70:50
<i>(73:13, Irwin Barrett-Lennard, 2004)</i>		
16k Road Run M75	Irwin Barrett-Lennard	76:04
	Irwin Barrett-Lennard	74:08
<i>(100:50, Arthur Leggett, 1997)</i>		
Half Marathon M75	Irwin Barrett-Lennard	1:43:01
<i>(2:00:37, Cec Walkley, 2004)</i>		
25k Road Run M75	Irwin Barrett-Lennard	2:00:51
<i>(2:10:35, Irwin Barrett-Lennard, 2004)</i>		
Marathon M75	Irwin Barrett-Lennard	4:08:20
<i>(5:00:47, Cec Walkley, 2004)</i>		

80m Hurdles M75 <i>(inaugural)</i>	Gordon Medcalf	24.4
110m Hurdles M30	Matthew Staunton	20.0
	Matthew Staunton	20.17
<i>(21.23, Matthew Staunton, 2004)</i>		
2k Steeplechase M70	David Simmonds	8:52.3 AR
<i>(9:46.6, Cecil Walkley, 2000)</i>		
3k Steeplechase M30	Michel Bermudes	11:25.6
<i>(11:43.9, Stephen Dunn, 1998)</i>		
1500m Walk M80	Stan Jones	9:43.6
<i>(12:29.0, Johann Sanders, 1986)</i>		
2000m Walk M75	Stan Jones	13:19.2
<i>(13:24.0, Stan Jones, 2004)</i>		
3000m Walk M80	Stan Jones	20:38.5
<i>(25:55.0, Johann Sanders, 1986)</i>		
5000m Walk M80	Stan Jones	34:08.6
<i>(39:50.7, Dick Horsley, 1993)</i>		
High Jump M30	Matthew Staunton	1.80m
<i>(1.75, Matthew Staunton, 2004)</i>		
High Jump M60	Keith Martin	1.36m
<i>(1.35, Norm Richards, 1998)</i>		
Pole Vault M30	Matthew Staunton	3.30m
<i>(3.00, Matthew Staunton, 2004)</i>		
Long Jump M65	David Clive	=5.05m = AR
<i>(5.05, David Clive, 2003)</i>		
Triple Jump M30	Matthew Staunton	11.95m
<i>(11.09, Matthew Staunton, 2004)</i>		
Discus M30	Randal Humich	50.13m (AR?)
<i>(42.24, Mark Hamilton, 2004)</i>		
Hammer M45	John Everard	35.76m
	John Everard	36.07m
<i>(33.64, Bob Fergie, 1985)</i>		
Heavy Weight M35	Mark Hamilton	12.16m
<i>(11.36, Steve Noteboom, 2004)</i>		
Javelin M60	Stan Selby	45.85m
<i>(34.91, Peter Gare, 2001)</i>		
Javelin M80	James McMillan	17.67m
<i>(7.90, Fred Watson, 2000)</i>		
Shot M55	Rocky Cloete	10.95m
	Rocky Cloete	11.14m
	Rocky Cloete	11.17m
<i>(10.93, Ed Carroll, 1997)</i>		
Pentathlon M30	Matthew Staunton	2620 points
<i>(2489, Matthew Staunton, 2004)</i>		
Decathlon M30	Matthew Staunton	4932 pointd
<i>(4749, Matthew Staunton, 2004)</i>		
Weight Pentathlon M35	Kevin Webster	2014 points
<i>(2011, Wayne Bariolo, 2003)</i>		

4x400 Relay M65
(*inaugural*)

Mike O'Reilly, Norm Richards, Barrie Kernaghan, David Carr

4:25.8

WOMEN

60 metres W50 (<i>previous 8.66, Lynne Choate, 2003</i>)	Lynne Choate	=8.4
60 metres W60 (<i>10.0, Dorothy Whittam, 1996</i>)	Peggy Macliver	9.9
400 metres W55 400 metres W55 (<i>65.0, Peggy Macliver, 2000</i>)	Barbara Blurton 64.68 Barbara Blurton 63.3	AR
800 metres W55 800 metres W55 800 metres W55 (<i>2:32.29, Peggy Macliver, 1999</i>)	Barbara Blurton 2:31.66 Barbara Blurton 2:27.9 Barbara Blurton 2:27.6	
1000 metres W55 (<i>3:32.6, Peggy Macliver, 1999</i>)	Barbara Blurton	3:24.3
1 Mile W55 (<i>6:20.0, Peggy Macliver, 1999</i>)	Barbara Blurton	6:09.4
80m Hurdles W60 (<i>19.0, Luella Jenkins, 2003</i>)	Luella Jenkins	18.6
2000m Steeplechase W30 (<i>inaugural</i>)	Toni Phillips	10:06.4
2000m Walk W30 (<i>12:16.0, Cath Holland, 1988</i>)	Kelly Hind	10:56.2
2000m Walk W45 (<i>10:23.0, Robyn King, 2004</i>)	Lyn Ventris	9:11.2
5000m Walk W45 (<i>23:56.62, Lyn Ventris, 2004</i>)	Lyn Ventris	23:55.6 AR&WR
5000m Walk W45 (<i>23:55.6, Lyn Ventris, 2005</i>)	Lyn Ventris	23:42.5 AR&WR
10000m Walk W50 (<i>inaugural</i>)	Rose-Marie Holloway	68:50.0
16k Walk W55 (<i>1:55.28, Lorna Lauchlan, 1997</i>)	Valerie Millard	1:52:27
16k Walk W65 (<i>2:05:24, Michele Mison, 2003</i>)	Lorraine Lopes	1:57.21
20k Walk W45 (<i>104:09, Lyn Ventris, 2004</i>)	Lyn Ventris	99:09 AB&WB
Half Marathon Walk W45 (<i>2:05:53, Michelle Mison, 1997</i>)	Lyn Ventris	1:52:36
High Jump W35 (<i>1.49, Eileen Hindle, 1985</i>)	Carolyn Wills	1.55m
High Jump W55 (<i>1.10, Dorothy Anderson, 1990, Dot Nicholaidis, 1994</i>)	Dorothy Jarvis	=1.10m
Discus W55	Kate Glass	24.37m

(21.02, Kath Holland, 1997)

Hammer W55	Kate Glass	40.25 m
	Kate Glass	41.46m

(26.22, Eileen Hindle, 2004)

Heavy Weight W55	Kate Glass	12.70m
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(9.30, Eileen Hindle, 2004)

Heavy Weight W75	Raema McMillan	9.71m
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(inaugural)

Javelin W40	Sharon Moloney	25.84m
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(25.14, Kath Holland, 1994)

Javelin W55	Kate Glass	21.32 m
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(19.54, Luella Jenkins, 2002)

Javelin W55	Kate Glass	24.06 m
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(21.32, Kate Glass, 2005)

Javelin W75	Raema McMillan	16.25 m AR
	Raema McMillan	16.82 m AR

(*16.39 jav. not weighed, 2004)

Shot W55	Kate Glass	10.37m
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(8.72, Dorothy Whittam, 1993)

Shot W75	Raema McMillan	7.59m
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(7.32, Raema McMillan, 2004)

Weight Pentathlon W40	Sharon Moloney	2270 points
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(2205, Sharon Moloney, 2003)

Weight Pentathlon W55	Kate Glass	3888 points
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(2732, Dorothy Whittam, 1992)