

SUMMARY OF STATE RECORDS FOR 2011

MEN

(* = unjudged walk – club best)

60m M40 (7.5, <i>J. Waller, 1977</i>)	Darryl Lette	7.61	3/4/11
60m M55 (7.7, <i>Barrie Kernaghan, 1996</i>)	Garry Ralston Garry Ralston	8.04 ET 7.85	3/4/11 21/4/11
60m M90 (<i>inaugural</i>)	Peter Kennedy	17.16	3/4/11
100m M40 (11.2, <i>Peter Gare, 1982</i>)	Rob Colling	11.41	9/12/11
100m M55 (12.2, <i>Norm Richards, 1994</i>)	Garry Ralston	12.59ET	2/4/11
400m M80 (85.53, <i>Irwin Barrett-Lennard, 2009</i>)	Irwin Barrett-Lennard	85.27	16/7/11
800m M90 (<i>inaugural</i>)	Peter Kennedy	7:54.3	8/2/11
1500m M80 (7:18.54, <i>Irwin Barrett-Lennard, 2010</i>)	Irwin B-Lennard	7:16.57	2/4/11
3000m M30 (9:37.5, <i>S Stingemore, 1995</i>)	Scott Tamblin	8:49.0	4/11/11
100mH M55 (18.1, <i>Norm Richards, 1994</i>)	Garry Ralston	18.01	2/4/11
*1000m Walk M85 (<i>inaugural</i>)	Stan Jones	7:36.0	27/1/11
1500m Walk M85 (<i>inaugural</i>)	Stan Jones	11:30.27	3/4/11
3000m Walk M85 (38:35.1, <i>Frank Hansford-Miller, 2002</i>)	Stan Jones	23:37.3	2/4/11
5000m Walk M85 (44:58.0, <i>Johann Sanders, 1989</i>)	Stan Jones	40:20.0	10/3/11
High Jump M40	Mark Jeffrey	1.75m	6/7/11

(1.65m, Donald Bradley, 2007)

High Jump M60	Greg Wilson	1.37m	18/2/11
	Greg Wilson	1.39m	24/2/11
	Greg Wilson	1.40m	25/2/11
	Greg Wilson	1.42m	18/3/11
	Dave Wyatt	1.45m	1/11/11
	Dave Wyatt	1.45m=	8/11/11
	Dave Wyatt	1.45m=	23/11/11
	Dave Wyatt	1.45m=	13/12/11
	Dave Wyatt	1.47m	16/12/11

(1.36m, Keith Martin, 2005)

High Jump M65	Keith Martin	1.30m=	2/4/11
---------------	--------------	--------	--------

(1.30m, Keith Martin, 2009 twice)

High Jump M70	Brian Waldhuter	1.23m	8/3/11
	Brian Waldhuter	1.27m	10/12/11

(1.17m, Bob Fergie, 2007)

High Jump M75	Bob Fergie	1.10m	2/4/11
---------------	------------	-------	--------

(1.00m, Syd Coleman, 1994, Ron Tomkins, 2000)

Long Jump M80	Derry Foley	3.07m	3/2/11
---------------	-------------	-------	--------

(2.95m, Derry Foley, 2010)

Triple Jump M70	David Clive	8.82m	8/11/2010
-----------------	-------------	-------	-----------

(8.74m, Don Chambers, 2007)

Triple Jump M80	Derry Foley	6.30m	10/2/11
-----------------	-------------	-------	---------

(6.17m, Derry Foley, 2010)

Triple Jump M90	Peter Kennedy	3.52m	18/1/11
	Peter Kennedy	3.73m	3/4/11

(inaugural)

Pole Vault M40	Mark Jeffrey	4.00m=	26/3/11
	Mark Jeffrey	4.20m	8/4/11

(4.00m, Paul Woo, 1996)

Pole Vault M70	Don Chambers	2.10m	7/7/11
----------------	--------------	-------	--------

(2.03m, Don Chambers, 2010)

Discus M55	Tom Gravestock	39.65m	9/12/11
------------	----------------	--------	---------

(39.63m, Tom Gravestock, 2010)

Discus M70	Ed Carroll	34.51m	22/3/11
------------	------------	--------	---------

(33.62m, Syd Coleman, 1989)

Hammer M80	Chris Tittel	27.95m	19/3/11
------------	--------------	--------	---------

	Chris Tittel	28.28m	21/4/11	
	<i>(25.14m, Bill Chapman, 2006)</i>			
Javelin M35	Paul Jeffrey	49.93m	19/3/11	
	<i>(49.61m, Mark Jeffrey, 2010)</i>			
Javelin M40	Mark Jeffrey	47.38m	28/1/11	
	Mark Jeffrey	47.53m	24/4/11	
	Mark Jeffrey	49.18m	7/7/11	
	<i>(43.57m, Paul Foley, 2010)</i>			
Javelin M45	Paul Foley	43.13m	24/2/11	
	<i>(42.51m, Paul Foley, 2010)</i>			
Javelin M65	Stan Selby	37.56m	24/2/11	
	<i>(32.87m, Peter Gare, 2008)</i>			
Javelin M90	Peter Kennedy	10.44m	15/2/11	
	<i>(10.12m, Peter Kennedy, 2010)</i>			
Shot M70	Ed Carroll	11.02m	15/3/11	
	<i>(10.90m, Bill Chapman, 1995)</i>			
Shot M80	Chris Tittel	8.74m	3/4/11	
	Chris Tittel	8.88m	15/7/11	
	<i>(8.49m, Bill Chapman, 2006)</i>			
Weight M35	Matt Staunton	13.88m	27/10/11	
	<i>(13.46m, Mark Hamilton, 2007)</i>			
Weight M40	Mark Hamilton	12.22m	19/3/11	
	<i>(11.56m, Sakkie Mathewson, 2009)</i>			
Weight M55	Lajos Joni	15.71m=	24/2/11	
	Lajos Joni	15.79m	24/11/11	
	<i>(15.71m, Lajos Joni, 2010)</i>			
Weight M75	Bob Fergie	11.84m	22/3/11	
	Jim Davis	12.06m	3/4/11	
	<i>(11.52m, Bill Chapman, 1999)</i>			
Weight M80	Chris Tittel	11.63m	24/4/11	
	<i>(11.02m, Bill Chapman, 2006)</i>			
Weight 56lb M30	Greg Urbanowicz	7.74m	3/10/11	AR
	<i>(inaugural)</i>			
Weight 100lb M30	Greg Urbanowicz	3.97m	3/10/11	AR
	<i>(inaugural)</i>			

Throws Pentathlon M35 <i>(2893 pts, Randal Humich, 2006)</i>	Matt Staunton	3001 pts	23/4/11
Throws Pentathlon M65 <i>(2850 pts, Ed Carroll, 2006)</i>	Stan Selby	3114 pts	19/3/11
Throws Pentathlon M75 <i>(2765 pts, Bill Chapman, 2000)</i>	Jim Davis	3077 pts	19/3/11
Pentathlon M35 <i>(2787 pts, Mark Jeffrey, 2010)</i>	Paul Jeffrey	2837 pts	24/4/11
Pentathlon M40 <i>(2861 pts, Chris Neale, 2010)</i> <i>(3142 pts OLD, Murray Tolbert. 1991)</i>	Mark Jeffrey	3007 pts	24/4/11
Decathlon M35 <i>(inaugural)</i>	Matt Staunton	4481 pts	12&13/2/11
Decathlon M40 <i>(inaugural)</i>	Mark Jeffrey	6036 pts	6&7/7/11
4x100 Relay M60 <i>(inaugural)</i>	MAWA Team	79.0	10/2/11

WOMEN

(* = unjudged walk – club best)

60m W80 <i>(24.5, Phyllis Head, 2004)</i>	Lorna Lauchlan	15.9	22/2/11	
100m W65 <i>(15.42, Peggy Macliver, 2010)</i>	Peggy Macliver	15.39	21/4/11	
100m W80 <i>(34.7, Phyllis Head, 2001)</i>	Lorna Lauchlan	32.2	8/2/11	
200m W65 <i>(32.15, Peggy Macliver, 2009)</i>	Peggy Macliver	31.72	22/4/11	
400m W70 <i>(95.0, Pat Carr, 2002)</i>	Lorraine Lopes	90.1	27/1/11	
800m W65 <i>(3:06.7, Peggy Macliver, 2009)</i>	Peggy Macliver	3:4.65	3/4/11	
800m W70	Lorraine Lopes	3:20.0	3/2/11	AR

	Lorraine Lopes	3:10.54	11/7/11	AR
<i>(3:32.97, Lorraine Lopes, 2010)</i>				
1000m W60	Barbara Blurton	3:50.1	27/1/11	
<i>(3:56.4, Peggy Macliver, 2007)</i>				
1000m W65	Peggy Macliver	4:06.0	26/5/11	
<i>(4:07.3, Peggy Macliver, 2010)</i>				
1000m W70	Lorraine Lopes	4:15.9	26/5/11	
<i>(4:24.0, Lorraine Lopes, 2010)</i>				
1500m W70	Lorraine Lopes	6:42.0	10/2/11	AR
	Lorraine Lopes	6:38.71	22/4/11	AR
	Lorraine Lopes	6:38.2	24/5/11	AR
	Lorraine Lopes	6:31.96	15/7/11	AR
<i>(7:09.6, Lorraine Lopes, 2010)</i>				
Mile W70	Lorraine Lopes	7:14.5	5/5/11	AR
<i>(10:00.3, Glenice Shanahan, 1996)</i>				
3000m W60	Gillian Young	12:55.6	13/12/07	
<i>(13:10.9, Margaret Robinson, 1998)</i>				
5000m W70	Lorraine Lopes	25:00.3	3/3/11	
	Lorraine Lopes	24:21.25	23/4/11	
	Lorraine Lopes	23:45.9	2/6/11	
	Lorraine Lopes	23:33.5	28/6/11	
<i>(33:47.0, Glenice Shanahan, 1995)</i>				
16k Road W60	Gillian Young	1:19:58	10/4/11	
<i>(1:21:00, Marg Forden, 2003)</i>				
10 Mile Road W60	Liz Neville	1:27:26	4/12/11	
<i>(1:28:58, Marg Forden, 2000)</i>				
1500m Walk W55	Lyn Ventris	7:00.30	9/10/11	AR
<i>(9:08.2, Dorothy Whittam, 1992)</i>				
3000m Walk W55	Lyn Ventris	14:26.99	8/10/11	WR
<i>(18:14.0, Lorna Lauchlan, 1987)</i>				
3000m Walk W75	Sylvia Byers	23:41.5	2/4/11	
<i>(24:53.5, Lorna Lauchlan, 2009)</i>				
3000m Walk W80	Lorna Lauchlan	25:02.3	2/4/11	
<i>(inaugural)</i>				
5000m Walk W55	Lyn Ventris	24:16.7	7/10/11	WR

(31:21.7, Lorna Lauchlan, 1988)

10k Walk W55 Lyn Ventris 50:32 12/10/11 **WR**
(65:01, Val Millard, 2004)

10k Walk W75 Sylvia Byers 81:12.2 5/4/2010
(86:47.7, Lorna Lauchlan, 2009)

20k Walk W50 Lyn Ventris 1:39:51 29/5/2011 **WR**
(1:45:04, Lyn Ventris, 2010)

20k Walk W65 Lynne Schickert 2:35:19.9 16/7/11
(2:36:55, Lynne Schickert, 2007)

High Jump W65 Brenda Painter 1.05m 19/1/11
Brenda Painter 1.05m= 22/4/11
(1.03m, Brenda Painter, 2010)

Triple Jump W30 Melissa Foster 10.53m 3/3/11
Melissa Foster 10.67m 24/11/11
(10.45m, Katrina Spilsbury, 1999)

Discus W65 Bev Hamilton 23.16m 21/4/11
(22.30m, Bev Hamilton, 2010)

Hammer W35 Sarah Edmiston 35.35m 9.12/11
(22.14m, Sandra Smith, 1997)

Hammer W60 Kate Glass 36.11m 9/7/11
(35.31m, Kate Glass, 2010)

Hammer W65 Bev Hamilton 28.94m 8/4/11
(28.70m, Bev Hamilton, 2010)

Javelin W45 Sharon Moloney 24.26m 2/4/11
(22.80m, Dorothy Whittam, 1986)

Javelin W65 Bev Hamilton 19.83m 22/4/11
(19.81m, Bev Hamilton, 2010)

Weight W60 Kate Glass 13.44m 3/4/11
(12.90m, Kate Glass, 2010)

Weight W65 Bev Hamilton 12.18m 1/12/11
(11.99m, Bev Hamilton, 2010)

Pentathlon W30 Melissa Foster 2198 pts 19/3/11
(2017 pts, Melissa Foster, 2010)

Pentathlon W45 Cathy McCloskey 2370 pts 19/3/11

(2230, Sharon Moloney, 2010)

Throws Pentathlon W60 Kate Glass 3674pts 15/7/11
(3412pts, Bev Hamilton, 2009)

Throws Pentathlon W65 Bev Hamilton 3533 pts 19/3/11
Bev Hamilton 3637 pts 24/4/11
(3126 pts, Dorothy Whittam, 2002)

4x100 Relay W50 MAWA Team 71.5 10/2/11
(inaugural)

4x800 Relay W40 MAWA Team 11:40.8 24/2/11
(12:48.6, MAWA, 2008)

4x1500m Relay MAWA Team 25:59.0 27/1/11
(inaugural)