

1 July 2012
 Sharks Handicap
 Director: Paul Martin

10K RUN

		Time	H/Cap	Actual
Neil McRae	M60	65:20	09:19	56:01
Monique Fountain	W40	65:56	10:50	
		55:06		
Bert Carse	M70	66:02	18:40	47:22
Wayne Taylor	M50	66:18	18:05	48:13
Graham Thornton	M70	67:11	17:03	
		50:08		
Hamish McLeod	M35	67:12	20:01	47:11
Brian Bennett	M60	67:29	22:30	44:59
Carol Bowman	W55	67:39	16:46	50:53
Rod Hamilton	M50	67:41	26:37	41:04
Sally Floyd	W45	67:47	12:18	55:29
Maree Brown	W45	67:49	16:16	51:33
Mickey Muroi	M50	67:50	25:35	42:15
Lachlan Marr	M50	67:56	27:23	40:33
Mike Hale	M65	68:02	20:04	47:58
Mike Khan	M65	68:10	16:22	51:48
Trish Knox	W40	68:16	15:22	52:54
Jim Klinge	M65	68:33	23:21	62:02
Ross Keane	M50	68:56	21:51	47:05
Bob Lane	M60	69:01	26:46	42:15
Nick Miletic	M60	69:07	13:54	55:13
John Pellier	M70	69:19	11:41	57:38
Karen March	W50	69:25	22:31	46:54
John Byrne	M60	69:38	07:36	62:02
Jo Richardson	W60	69:54	00:00	69:54
John Talbot	M65	69:55	06:51	63:04
Valentine Yapp	M45	70:01	14:52	55:09
Sandra Stockman	W45	70:01	24:15	
		45:46		
David Baird	M65	70:49	21:52	48:57
Val Millard	W65	70:50	03:29	67:21
Karl Stockman	M50	71:07	16:14	54:53
Ali Menegola	W50	71:33	00:00	71:55
Allison Lilly	W40	71:34	00:00	71:34
Julie Wilson	W55	71:41	17:18	54:23
Irwin Barrett-Lennard	M80	72:06	14:21	
		57:45		
Richard Danks	M70	73:05	06:26	66:39
Jim Barnes	M65	73:27	13:14	60:13
Lorraine Lopes	W70	73:47	18:11	55:36
Pierre Viala	M60	77:16	00:00	77:16
Peter Hopper	M65	82:18	04:15	78:03
Bob Fawcett	M60	85:39	00:00	85:39
Did not compete in handicap:				
Ante Perdija	M40	41:20	00:00	41:20
V3		49:25		
V8		49:31		
V4		49:40		
V1		58:02		
V6		66:13		

10K WALK

Alan Jennings	M70	86:15
Bob Fergie	M75	86:16
Morris Warren	M70	94:40

5K WALK

		Actual	H/Cap	Time
Lee Chan	W50	48:11	02:57	45:14
Jeni Shillington	W50	48:59	08:01	40:58
Jeff Whittam	M75	49:05	07:53	41:12
Elaine Sillery	W75	49:41	06:46	42:55
Mike Rhodes	M65	50:03	15:50	34:13
Pat Ainsworth	W75	50:42	00:00	50:42
Margaret Bennett	W70	50:49	02:11	
		48:38		
Maggie Flanders	W75	51:51	00:29	51:22
Patricia Hopkins	W70	51:59	06:01	45:58
Shorty Turner	M75	52:13	00:00	52:13
Rosa Wallis	W65	52:23	07:27	44:56
Ann Turner	W75	52:24	07:57	44:27
Ray Hall	M75	54:02	12:55	41:07
John Smith	M75	54:03	12:09	41:54
Joan Pellier	W70	55:42	10:29	45:13
Pat Miller	W70	57:36	00:00	57:36
Leo Hassam	M80	57:37	00:00	57:37
Andrea Byrne	W30	58:13	02:30	55:43
Keith Atkinson	M55	59:21	08:06	51:15
Denise Viala	W60	60:21	05:09	55:12
Thien Hale	W50	60:23	00:00	60:23
Sarah Ladwig	W60	45:01	00:00	45:01
V2		45:03		

5K RUN

Bjorn Dybdahl	M55	19:58
Paul Odam	M50	20:00
V7		20:25
Graeme Dahl	M60	21:15
Giovanni Puglisi	M60	21:40
Frank Gardiner	M60	21:49
Bruce Wilson	M65	22:07
Margaret Saunders	W55	22:32
V9		24:17
Raymond Gimi	M45	25:53
Johan Hagedoorn	M65	26:04
David Carr	M80	26:06
Hamish McGlashan	M75	26:07
Peggy Macliver	W65	26:42
Damien Hanson	M55	27:55
Shirley Bell	W60	28:50
Rochelle Airey	W40	29:48
John Dennehy	M50	29:59
Roger Walsh	M65	30:17
John Brambley	M70	30:25
Bronwyn Smith	W40	30:38
Aldo Giacomini	M75	31:58
Jackie Halberg	W65	33:37
Mitch Loly	M70	34:54
Rebecca MacKinnon	W30	38:27
Julie Wood	W60	38:34

Sheila Maslen	W70	39:43
Mary Heppell	W70	40:26
Delia Baldock	W50	41:05
Vic Beaumont	M80	42:34
Jan Jarvis	W65	43:32