

AMA Championships, Brisbane – Day 1

60m qualifiers

Mark Elms	M40	8.09	+1.9	q
Martin Campbell	M45	8.02	+0.3	Q
Colin Smith	M45	8.10	+0.8	q
Garry Ralston	M55	8.05	+0.8	Q
Harold Membrey	M55	9.22	+0.8	
Rob Antonioli	M55	9.34	NWI	
Nick Miletic	M60	9.63	+1.3	

60m finals

Mark Elms	M40	DNS		
Martin Campbell	M45	7.88	+0.5	PBA 4/7
Colin smith	M45	DNS		
Garry Ralston	M55	7.85	+0.7	SR GOLD
Melissa Foster	W30	8.32	+0.0	BRONZE
Lynne Choate	W55	9.10	+1.5	GOLD
Peggy Macliver	W65	9.73	+0.9	GOLD
Brenda Painter	W65	10.40	+0.9	PBA BRONZE

100m Qualifiers

Mark Elms	M40	12.46	+2.0	Q PBA
Garry Ralston	M55	13.04	+0.0	q
Rob Antonioli	M55	13.80	NWI	
Harold Membrey	M55	14.97	+0.0	
Nick Miletic	M60	15.43	+1.0	

100m finals

Mark Elms	M40	12.63	+0.2	6/8
Martin Campbell	M45	12.30	+0.3	BRONZE
Colin Smith	M45	13.08	+0.3	8/9
Garry Ralston	M55	12.82	+0.6	BRONZE
Lynne Choate	W55	15.09	+0.7	GOLD
Peggy Macliver	W65	15.39	+0.7	SR GOLD
Brenda Painter	W65	17.06	+0.7	BRONZE

800m

Kim Thomas	M35	2:20.87	4/4	
Andrew Brooker	M40	2:12.75	4/7	
John Dennehy	M50	2:55.2	13/13	
Brian Hewitt	M55	2:35.9	5/7	PBA
Rob Antonioli	M55	2:39.4	6/7	
Maurice Creagh	M60	2:54.0	7/10	SB
Nick Miletic	M60	3:03.2	8/10	PBA
Ivan Brown	M65	2:54.2	SB	BRONZE
Carol Bowman	W55	3:11.94	4/4	
Val Prescott	W65	4:33.65	BRONZE	
Lorraine Lopes	W70	3:26.11	GOLD	

10,000m

Kim Thomas	M35	38:39.19	SB	GOLD
Maurice Creagh	M60	46:46.13	4/4	
Bob Schickert	M65	47:42.64	SB	BRONZE
Julie Wilson	W55	54:11.50	BRONZE	

1500m race walk

Garry Hastie	M45	6:35.60	GOLD	
Harold Membrey	M55	10:16.73	BRONZE	
Regina Crouch	W40	11:51.94	BRONZE	
Julie Wilson	W55	10:32.58	BRONZE	
Michele Mison	W60	10:17.7	BRONZE	
Lynne Schickert	W65	10:39.8	BRONZE	

Long Jump

Mick O'Toole	M35	4.71	+1.2	SILVER
Mark Jeffery	M40	5.75	+2.3	PBA SILVER
Mark Elms	M40	5.13	+1.0	6/11
John Dennehy	M50	3.73	-1.0	4/7
Garry Ralston	M55	5.15	+1.0	SILVER
Melissa Foster	W30	4.89	+0.4	GOLD
Regina Crouch	W40	3.10	+0.1	5/5
Julie Wilson	W55	2.54	+1.0	5/5
Peggy Macliver	W65	3.40	+0.8	GOLD
Brenda Painter	W65	3.09	+0.7	SILVER
Lynne Schickert	W65	2.10		NWI BRONZE

Hammer

Matt Staunton	M35	42.16	PBA	GOLD
Craig van Waardenburg	M50	33.29	5/9	
Lajos Joni	M55	38.30	BRONZE	
Tom Gravestock	M55	ND		
Greg Wilson	M60	23.73	7/8	PBA
Chris Tittel	M80	28.28	SR	GOLD

Discus

Bev Hamilton	W65	23.16	SR	SILVER
Val Prescott	W65	13.86	6/7	

Shot

Mick O'Toole	M35	8.65	BRONZE	
Kim Thomas	M35	7.78	4/4	
Craig van Waardenburg	M50	10.16	5/10	
Geoff Gee	M55	12.24	GOLD	
Tom Gravestock	M55	10.95	BRONZE	
Lajos Joni	M55	10.44	4/7	
Greg Wilson	M60	8.49	7/9	
Chris Tittel	M80	8.42	GOLD	
Bev Hamilton	W65	8.66	GOLD	

AMA Championships, Brisbane – Day 2

200m qualifiers

Mark Elms	M40	25.56	-1.1 q
Rob Antonioli	M55	30.47	0.0
Harold Membrey	M55	30.91	-0.4 SB
Garry Ralston	M55	DNF	
Nick Miletic	M60	32.08	-1.2

200m finals

Mark Elms	M40	24.96	+2.8 5/7 PBA
Marty Campbell	M45	24.56	+1.1 SB GOLD
Colin Smith	M45	25.92	+1.1 5/7
David Carr	M75	32.55	+0.7 SILVER
Lynne Choate	W55	30.99	+1.2 GOLD
Peggy Macliver	W65	31.72	+0.5 SR SILVER
Brenda Painter	W65	37.09	+0.5 4/5 SB

400m qualifiers

John Dennehy	M50	72.41	
Steve Fuller	M55	67.08	
Rob Antonioli	M55	67.93	
Harold Membrey	M55	77.68	

1500m

Kim Thomas	M35	4:52.23	SILVER
Andrew Brooker	M40	4:37.03	BRONZE
Brian Hewitt	M55	5:15.11	6/9 PBA
Graeme Dahl	M60	5:42.51	7/10
Maurice Creagh	M60	6:07.74	9/10
Ivan Brown	M65	6:05.03	5/5
David Carr	M75	6:33.04	GOLD
Lorraine Lopes	W70	6:38.71	GOLD AR

80m hurdles

Don Chambers	M70	15.20	+1.4 SILVER
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100m hurdles

Garry Ralston	M55	20.47	-0.1 GOLD
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110m hurdles

Mark Elms	M40	22.11	0.0 GOLD
Marty Campbell	M45	21.26	0.0 PBA SILVER

2000m steeplechase

Nick Miletic	M60	10:30.28	SILVER
Bob Schickert	M65	9:41.89	SILVER
David Carr	M75	9:20.93	GOLD
Jacqui Sanders	W40	11:06.94	SB GOLD
Regina Crouch	W40	13:40.20	SILVER
Carol Bowman	W55	10:50.99	SILVER
Julie Wilson	W55	11:09.79	BRONZE
Sarah Ladwig	W60	11:41.93	4/4
Lynne Schickert	W65	15:17.85	SILVER

3000m steeplechase

Kim Thomas	M35	11:32.21	PBA GOLD
Harold Membrey	M55	17:31.40	SILVER

5000m race walk

Garry Hastie	M45	27:48.11	SILVER
Regina Crouch	W40	42:03.50	SB SILVER
Lyn Ventris	W50	24:33.74	SB GOLD
Julie Wilson	W55	36:53.81	BRONZE
Michele Mison	W60	35:07.12	4/4
Lynne Schickert	W65	37:20.58	BRONZE

High Jump

Garry Ralston	M55	1.35	SB= BRONZE
Greg Wilson	M60	1.35	GOLD
Julie Wilson	W55	1.00	4/4
Brenda Painter	W65	1.05	SR= GOLD

Hammer

Bev Hamilton	W65	28.87	SILVER
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Javelin

Matt Staunton	M35	44.68	GOLD
Mick O'Toole	M35	41.57	SILVER
Kim Thomas	M35	35.78	BRONZE
Mark Elms	M40	34.03	BRONZE
Andrew Ward	M45	31.77	BRONZE
Tom Gravestock	M55	31.78	4/5
Steve Fuller	M55	28.10	5/5 PBA
Greg Wilson	M60	27.50	6/8
Regina Crouch	W40	15.04	4/4
Bev Hamilton	W65	19.83	SR SILVER

Discus

Matt Staunton	M35	37.57	GOLD
Mick O'Toole	M35	25.17	SILVER
Andrew Ward	M45	23.38	BRONZE
Craig van Waardenburg	M50	29.37	8/13
Tom Gravestock	M55	34.69	SILVER
Lajos Joni	M55	29.96	6/7
Steve Fuller	M55	25.48	7/7 PBA
Greg Wilson	M60	28.56	5/10
Chris Tittel	M80	20.53	GOLD

AMA Championships, Brisbane – Day 3

400m			400m hurdles		
Mark Elms	M40	57.77 6/7	Andrew Brooker	M40	67.58 GOLD
Marty Campbell	M45	58.84 6/8 PBA	Marty Campbell	M45	73.12 PBA SILVER
David Carr	M75	75.50 SILVER	Triple Jump		
Lynne Choate	W55	80.99 SILVER	Melissa Foster	W30	10.42 -0.2 GOLD
Carol Bowman	W55	81.78 BRONZE	Regina Crouch	W40	6.02 -0.1 SILVER
Peggy Macliver	W65	74.43 SB SILVER	Brenda Painter	W65	6.90 -0.7 GOLD
5000m			Lynne Schickert	W65	5.34 -0.4 SILVER
Kim Thomas	M35	18:39.19 PBA GOLD	Weight Throw		
Graeme Dahl	M60	21:25.62 5/9	Bev Hamilton	W65	11.51 BRONZE
Maurice Creagh	M60	22:35.27 6/9	Pole Vault		
Lorraine Lopes	W70	24:21.5 SR GOLD	Mark Jeffery	M40	3.50 SILVER
300 hurdles			Garry Ralston	M55	2.00 GOLD
Greg Wilson	M60	67.19 BRONZE	Greg Wilson	M60	2.00 5/7
Don Chambers	M70	62.01 SILVER	Don Chambers	M70	2.00 SILVER
100m Champion of Champions					
Peggy Macliver	W65	handicap 8/9			

Relays: 4x100

M 180+ : Colin Smith, Mark Elms, Nick Miletic, Marty Campbell	51.53	6/8
W 220+ : Brenda Painter, Sarah Ladwig, Julie Wilson, Carol Bowman	75.11	BRONZE
W 170+ : Lynne Choate, Peggy Macliver, Jacqui Sanders, Melissa Foster	58.11	BRONZE

Outdoor Pentathlon	Points	100	SP	LJ	JT	800
---- W30 ----	GOLD		PBA			SB
Melissa Foster	2172	13.88 NWI	9.03m	5.12m +0.1	20.88m	3:22.30
---- W40 ----	BRONZE					PBA
Regina Crouch	811	18.01 NWI	5.29m	2.76m +0.1	13.42m	4:06.60
---- W55 ----	SILVER	PBA	SB			
Julie Wilson	1188	20.13 NWI	4.67m	2.43m +0.8	10.01m	3:39.82
---- W60 ----	GOLD				PBA	
Sarah Ladwig	1505	19.80 NWI	4.49m	2.51m -0.1	11.52m	3:44.20

Throws Pentathlon	Points	HT	SP	DT	JT	WT
---- M35 ----	GOLD SR					PBA
Matt Staunton	3001	41.25m	11.86m	39.42m	43.91m	13.28m
---- M50 ----	5/8	PBA			PBA	
Craig van Waardenburg	2712	34.20m	10.48m	30.44m	31.35m	13.07m
---- M55 ----	SILVER					
Geoff Gee	3298	31.46m	12.41m	33.24m	34.59m	13.81m
---- M55 ----	BRONZE SB	SB	SB			
Tom Gravestock	3150	33.30m	11.02m	36.75m	31.53m	12.71m
---- M55 ----	4/5 PBA					
Lajos Joni	3110	38.65m	9.94m	31.34m	27.16m	14.81m
---- M70 ----	4/6					
Don Chambers	2418	26.52mm	8.62m	19.04m	17.44m	12.28m
---- M80 ----	GOLD PBA		PBA		PBA	PBA
Chris Tittel	2657	22.84m	7.76m	19.09m	14.09m	10.66m

AMA Championships, Brisbane – Day 4

10km Road race walk

Garry Hastie	M45	54:03	SB SILVER
Harold Membrey	M55	1:18:35	BRONZE
Regina Crouch	W40	1:27:24	GOLD
Lyn Ventris	W50	51:03	SB GOLD
Michele Mison	W60	1:14:05	4/4
Lynne Schickert	W65	1:17:33	SB SILVER

8km Cross Country

Kim Thomas	M35	33:11	SILVER
Andrew Brooker	M40	30:11	4/4
Brian Hewitt	M55	34:50	6/9
Maurice Creagh	M60	40:58	6/8
Bob Schickert	M65	41:20	5/5
David Carr	M75	49:32	GOLD

Relays: 4x400m

M 180+: Nick Miletic, Colin Smith, Mark Elms, John Dennehy 4:44.75 5/6

Outdoor Pentathlon

Points	LJ	JT	200m	DT	1500m	

---- M35 ----	GOLD SR					
Paul Jeffery	2837	5.75m +1.4	48.56m	25.20 +0.0	34.56m	5:13.15

	BRONZE				SB	
Mick O'Toole	1640	4.30m +0.6	36.46m	29.68 +0.0	27.05m	6:06.38

---- M40 ----	GOLD SR		SR			
Mark Jeffery	3007	5.63m +0.3	47.53m	26.20 +0.0	33.10m	5:11.73

	SILVER					
Mark Elms	2207	4.95m +0.7	32.21m	25.80 +0.0	17.95m	5:31.96

---- M55 ----	SILVER PBA		PBA		PBA	
Steve Fuller	2509	4.07m +0.0	31.92m	29.78 +0.0	24.14m	5:45.53

	BRONZE					
Rob Antonioli	2136	3.79m +1.7	19.95m	30.67 +0.0	19.24m	5:28.18

---- M60 ----	BRONZE					
Nick Miletic	1881	3.54m +0.0	21.12m	32.96 +0.0	24.80m	6:55.68

	4/4 SB					
Greg Wilson	1668	3.32m +0.7	28.32m	39.80 +0.0	29.82m	7:21.27

---- M65 ----	BRONZE		SB		SB	
Ivan Brown	1953	3.05m +0.0	19.22m	33.68 +0.0	17.71m	6:27.61

---- M70 ----	SILVER					
Don Chambers	1981	3.70m +2.4	17.71m	32.19 -0.7	21.19m	10:23.90

Throws Pentathlon

Points	HT	SP	DT	JT	WT	

---- W65 ----	GOLD SR					
Bev Hamilton	3637	26.85m	8.35m	22.84m	19.72m	11.15m

Weight Throw

Craig van Waardenburg	M50	14.01	BRONZE
Lajos Joni	M55	14.03	SILVER
Geoff Gee	M55	14.00	BRONZE
Tom Gravestock	M55	12.93	4/4
Chris Tittel	M80	11.63	SR GOLD