

Club Tops 1978/9

<p>60m</p> <p>M35 1 Peter Gare 25/11/78 PL 7.4 2 Ross Calnan 18/11/78 PL 7.8 3 Bernie Oliver 25/11/78 PL 8.2</p> <p>M40 1 David Ninnett 4/11/78 PL 8.0 1 Ken Wright 18/11/78 PL 8.0 1 Bryan Old 25/11/78 PL 8.0</p> <p>M45 1 David Carr 18/11/78 PL 7.8</p> <p>M50 1 Dave Jones 18/11/78 PL 8.1</p> <p>M55 1 Noel Goff 25/11/78 PL 8.1</p>	<p>60m</p> <p>W30 1 Val Prescott 13/01/79 PL 8.3</p> <p>W35 1 Kath Holland 6/01/79 PL 7.8</p>
<p>100m</p> <p>M35 1 Peter Gare 14/04/79 SYDNEY 11.4 2 Ross Calnan 6/01/79 PL 12.3 3 Bernie Oliver 6/01/79 PL 12.5</p> <p>M40 1 David Ninnett 4/11/78 PL 12.7 2 Bryan Old 16/12/78 PL 12.9 3 Terry Ruddy 2/12/78 PL 13.2 3 Ross Holland 1/03/79 PL 13.2</p> <p>M45 1 David Carr 14/04/79 SYDNEY 12.4 2 Derek Walker 16/12/78 PL 12.8 3 Stan Lockwood 20/01/79 PL 13.4</p> <p>M50 1 Dave Jones 20/01/79 PL 12.6 2 Bill Hughes 2/12/78 PL 13.7 3 Allan Tyson 11/01/79 PL 17.2</p> <p>M55 1 Noel Goff 6/01/79 PL 13.0</p> <p>M65 1 Jack Collins 1/03/79 PL 17.6</p> <p>M70 1 Reg Briggs 11/01/79 PL 18.2</p>	<p>200m</p> <p>M35 1 Peter Gare 15/04/79 SYDNEY 23.6 2 Ross Calnan 13/01/79 PL 25.7 3 Bernie Oliver 3/02/79 PL 26.2</p> <p>M40 1 Bryan Old 16/12/78 PL 27.6 2 Ross Holland 15/02/79 PL 27.7 3 Ken Wright 10/03/79 PL 27.8</p> <p>M45 1 David Carr 17/12/78 PL 25.4 2 Derek Walker 16/12/78 PL 27.0 3 Robin Johnson 6/01/79 PL 28.8</p> <p>M50 1 Dave Jones 21/01/79 PL 25.9 2 Bill Hughes 17/12/78 PL 28.9</p> <p>M55 1 Noel Goff 17/12/78 PL 28.9 2 Allan Tyson 15/02/79 PL 34.5</p> <p>M65 1 Jack Collins 15/02/79 PL 36.3</p> <p>M70 1 Reg Briggs 15/02/79 PL 37.5</p>
<p style="text-align: center;">Women</p> <p>W30 1 Val Prescott 2/12/78 PL 13.7</p> <p>W35 1 Kath Holland 18/11/78 PL 12.2 2 Dorothy Goodwin 14/04/79 SYDNEY 13.8</p>	<p style="text-align: center;">Women</p> <p>W30 1 Val Prescott 3/02/79 PL 29.8</p> <p>W35 1 Kath Holland 3/03/79 PL 25.4</p>

400m**Men****M35**

1 Peter Gare	14/04/79	SYDNEY	52.6
2 Don Caplin	18/11/78	PL	58.8
3 Ross Calnan	25/11/78	PL	59.9

M40

1 Ken Wright	10/03/79	PL	57.7
2 Ross Holland	22/02/79	PL	64.0
3 Terry Rutty	13/01/79	PL	67.2

M45

1 David Carr	10/12/78	PL	53.7
2 Bob Hayres	27/01/79	BUN	66.8
3 Stan Lockwood	27/01/79	BUN	68.4

M50

1 Dave Jones	27/01/79	BUN	63.3
2 Bill Hughes	18/11/78	PL	65.1

M55

1 Noel Goff	13/01/79	PL	68.7
2 Allan Tyson	22/02/79	PL	73.2

M65

1 Jack Collins	22/02/79	PL	82.6
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Women**W30**

1 Val Prescott	27/01/79	BUN	75.5
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W35

1 Kath Holland	3/02/79	PL	58.1
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1500m**Men****M35**

1 Don Caplin	10/03/79	PL	04:12.7
1 Phil Wall	10/02/79	PL	04:18.6
3 Geoff Wall	23/12/78	PL	04:28.0

M40

1 Don Caplin	14/04/79	SYDNEY	04:17.3
2 Ted Maslen	13/01/79	PL	04:23.0
3 Derek Hoye	18/11/78	PL	04:33.0

M45

1 Rob Shand	16/12/78	PL	04:30.0
2 David Carr	24/02/79	PL	04:31.0
3 Bob Hayres	20/01/79	PL	05:05.0

M50

1 Allan Tyson	13/01/79	PL	05:07.0
2 Dave Jones	25/01/79	PL	05:42.0

M55

1 John Gilmour	23/12/78	PL	04:27.0
2 Alan Merrett	20/01/79	PL	05:09.0

M60

1 Cliff Bould	25/01/79	PL	05:53.0
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M65

1 Dick Horsley	26/11/78	PL	05:49.0
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1500m**Women****W30**

1 Gloria Sutherland	26/11/78	PL	06:56.0
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W35

1 Laura Rutty	26/11/78	PL	06:54.0
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800m**Men****M35**

1 Don Caplin	18/03/79	PL	02:02.9
2 Geoff Wall	23/12/78	PL	02:10.4
3 Derek Hoye	11/11/78	PL	02:17.0

M40

1 Don Caplin	15/04/79	SYDNEY	02:04.1
2 Ken Wright	3/03/79	PL	02:13.0
2 Brad Watson	17/12/78	PL	02:32.2

M45

1 David Carr	17/02/79	PL	02:08.0
2 Rob Shand	18/01/79	PL	02:15.0
3 Bob Hayres	21/01/79	PL	02:27.0
3 Walter McCabe	21/01/79	PL	02:27.0

M50

1 Allan Tyson	17/02/79	PL	02:32.0
2 Bill Hughes	17/12/78	PL	02:40.9

M55

1 John Gilmour	17/12/78	PL	02:18.4
2 Dave Jones	27/01/79	BUN	02:48.3

M60

1 Cliff Bould	15/03/79	PL	02:58.6
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M65

1 Jack Collins	18/01/79	PL	03:17.0
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M70

1 Reg Briggs	18/01/79	PL	03:31.0
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Women**W35**

1 Kath Holland	10/02/79	PL	02:29.8
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3000m**Men****M35**

1 Phil Wall	3/02/79	PL	09:02.0
2 Don Caplin	29/10/78	McCallum	09:05.0
3 Derek Crowther	10/03/79	PL	10:26.0

M40

1 Ted Maslen	10/03/79	PL	09:46.0
2 Maurice Smith	29/10/78	McCallum	09:52.0
3 Derek Hoye	9/12/78	PL	10:04.0

M45

1 Rob Shand	10/03/79	PL	09:58.0
2 David Carr	29/10/78	McCallum	11:00.0
3 David Hough	29/10/78	McCallum	11:20.0

M50

1 Art Briffa	3/02/79	PL	10:33.0
2 Allan Tyson	17/02/79	PL	10:56.0

M55

1 Alan Merrett	17/02/79	PL	10:44.0
2 Gerry Noordyk	29/10/78	McCallum	16:00.0

M60

1 Cliff Bould	29/10/78	McCallum	12:33.0
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M65

1 Dick Horsley	29/10/78	McCallum	12:33.0
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3000m**Women****W30**

1 Gloria Sutherland	29/10/78	McCallum	15:28.0
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2 Jill Pearton	29/10/78	McCallum	16:41.0
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5000m**Men****M35**

1 Geoff Wall	15/11/78	PL	15:48.0
2 Phil Wall	14/02/79	UWA	15:50.0
3 Anthony O'Hare	15/11/78	PL	16:32.0

M40

1 Ted Maslen	6/12/78	PL	16:17.0
2 Derek Hoye	15/11/78	PL	16:22.0
3 Maurice Johnson	15/11/78	PL	16:50.0

M45

1 Rob Shand	5/04/79	PL	16:57.0
1 David Carr	31/01/79	PL	17:51.0
3 Bob Sammells	6/12/78	PL	18:08.0

M50

1 Allan Tyson	14/04/79	SYDNEY	18:15.0
2 Art Briffa	21/01/79	PL	18:55.0
3 Phillip Lennie	1/03/79	PL	19:35.0

M55

1 Alan Merrett	6/12/78	PL	18:16.0
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M60

1 Cliff Bould	15/11/78	PL	20:58.0
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Mile**men****M35**

1 Don Caplin	8/03/79	PL	04:39.0
2 Derek Crowther	8/03/79	PL	05:24.0
3 Bernie Oliver	8/03/79	PL	05:54.0

M40

1 J Davies	8/03/79	PL	05:18.5
2 Bob Sammells	8/03/79	PL	05:27.0
3 Brad Watson	8/03/79	PL	05:28.0

M45

1 David Carr	8/03/79	PL	04:56.0
2 Rob Shand	8/03/79	PL	04:59.0
3 Bob Hayres	8/03/79	PL	05:24.0

10000m**Men****M35**

1 Geoff Wall	29/11/78	PL	33:24.0
2 Phil Wall	25/02/79	PL	33:45.0
3 Derek Hoye	8/11/78	PL	33:51.0

M40

1 Ted Maslen	29/11/78	PL	34:06.0
2 Derek Hoye	29/11/78	PL	34:08.0
3 Maurcie Johnson	29/11/78	PL	35:23.0

M45

1 Rob Shand	29/11/78	PL	35:32.0
2 David Hough	7/10/78	PL	37:42.0
3 Bob Sammells	29/11/78	PL	38:52.0

M50

1 Allan Tyson	8/11/78	PL	37:44.0
2 Bill Hughes	8/11/78	PL	43:51.0

M55

1 John Gilmour	7/10/78	PL	34:52.8
2 Alan Merrett	29/11/78	PL	37:57.0

M60

1 Cliff Bould	29/11/78	PL	44:19.0
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Mile**M50**

1 Art Briffa	10/06/79	McCallum	06:18.0
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M65

1 Cliff Bould	8/03/79	PL	06:15.0
2 Val Anderson	10/06/79	McCallum	06:40.0

*italicised results included 30m of soft sand on each lap
"due to a recent visit of the circus" !!*

Walks

Men

2000m walk

M40				
1 Terry Rutty	27/01/79	BUN	11:20.0	
M45				
1 Jim Smith	3/02/79	PL	10:21.0	
M65				
1 Dick Horsley	2/12/78	PL	10:40.0	

1500m walk

M45				
1 Jim Smith	17/02/79	PL	07:36.0	

3000m walk

M40				
1 P Smith	27/01/79	BUN	19:01.0	
M45				
1 Jim Smith	22/02/79	PL	15:44.0	
2 Alec Cummings	27/01/79	BUN	18:52.7	
M50				
1 Allan Tyson	22/02/79	PL	18:18.0	
3B - M65				
1 Dick Horsley	7/02/79	PL	16:51.0	

Sundries

Men

110m hurdles

M35				
1 Peter Gare	20/01/79	PL	19.7	
M40				
1 Terry Rutty	14/01/79	PL	23.9	
M45				
1 Derek Walker	27/01/79	BUN	22.3	
2 Alec Cummings	27/01/79	BUN	22.7	

M50				
1 Dave Jones	27/01/79	BUN	22.6	

2B - M55				
1 Noel Goff	6/01/79	PL	15.4	

4x100m relay

1 Oliver; Caplin Carr; Fergie	27/01/79	BUN	63.5	
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4x400m relay

1 Caplin; Batterham; Oliver; Fergie	27/01/79	BUN	04:20.8	
2 Carr; Hayres; Johnstone; Cummings	27/01/79	BUN	04:26.1	

Medley relay

1 Caplin 800; Carr 400; Jones 200; Oliver 200	27/01/79	BUN	03:56.3	
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3000m steeplechase

M35				
1 Derek Hoye	11/11/78	PL	10:20.0	
2 Graham Moses	2/12/78	PL	12:21.0	
3 Bernie Oliver	10/02/79	PL	13:14.0	
M40				
1 Ted Maslen	11/11/78	PL	10:19.0	
2 Derek Hoye	2/12/78	PL	10:45.0	
3 Jeff Whittam	3/03/79	PL	11:50.9	
M55				
1 Alan Merrett	23/12/78	PL	11:35.1	

Field Events

Pole Vault

M35			
1 Peter Gare	14/01/79	PL	2.70
M40			
1 Ted Maslen	10/02/79	PL	2.89
2 Bob Fergie	2/12/78	PL	2.40
2 Terry Rutty	23/12/78	PL	2.40
M55			
1 Noel Goff	14/01/79	PL	2.40

Long Jump

M35			
1 Peter Gare	6/01/79	PL	5.89
2 Ross Calnan	24/02/79	PL	5.56
3 Roy Kemp	26/11/78	PL	4.21
M40			
1 Terry Rutty	2/12/78	PL	5.07
2 Ross Holland	25/01/79	PL	4.68
3 Derek Hoye	26/11/78	PL	4.48
M45			
1 Derek Walker	26/11/78	PL	4.38
2 Alec Cummings	26/11/78	PL	4.26
3 Rob Shand	26/11/78	PL	4.11
M50			
1 Dave Jones	25/01/79	PL	4.37
2 Bill Hughes	26/11/78	PL	3.03
3 Allan Tyson	26/11/78	PL	2.98
M55			
1 Noel Goff	10/03/79	PL	5.15
2 Gerry Noordyk	26/11/78	PL	3.16
M65			
1 Dick Horsley	26/11/78	PL	3.16

Long Jump

W35			
1 Kath Holland	25/01/79	PL	5.01
2 Laura Rutty	26/11/78	PL	3.07
W40			
1 Dorothy Goodwin	25/01/79	PL	4.22

Women

High Jump

M35			
1 Peter Gare	13/01/79	PL	1.35
M40			
1 Terry Rutty	13/01/79	PL	1.50
M55			
1 Noel Goff	13/01/79	PL	1.30

Triple Jump

M35			
1 Ross Calnan	27/01/79	BUN	10.15
2 Ian Sutherland	22/02/79	PL	8.94
M40			
1 Ross Holland	22/02/79	PL	9.89
2 Jeff Whittam	22/02/79	PL	8.58
M45			
1 Alec Cummings	27/01/79	BUN	8.90
2 David Carr	22/02/79	PL	7.89
M50			
1 Dave Jones	4/11/78	PL	9.45
M55			
1 Noel Goff	17/02/79	PL	10.35

Discus

M35 (2kg)

1 Peter Gare	3/03/79	PL	35.42
2 Ross Calnan	10/03/79	PL	31.70
3 Don Caplin	18/01/79	PL	18.14

M40 (2kg)

1 Bob Fergie	3/03/79	PL	30.98
2 Ross Holland	18/01/79	PL	25.44
3 Terry Rutty	18/01/79	PL	20.28

M45 (2kg)

1 Alec Cummings	18/01/79	PL	24.70
2 Rob Shand	18/01/79	PL	21.38
3 Bob Hayres	18/01/79	PL	18.02

M50 (1.5kg)

1 Allan Tyson	18/01/79	PL	14.48
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M55 (1.5kg)

1 Noel Goff	6/01/79	PL	25.92
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Hammer

M40 (7.26kg)

1 Bob Fergie	17/02/79	PL	31.00
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M55 (5.5kg)

1 Noel Goff	25/11/78	PL	23.96
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Shot Put

M35 (7.26kg)

1 Peter Gare	13/01/79	PL	8.93
2 Ross Calnan	24/02/79	PL	8.31

M40 (7.26kg)

1 Bob Fergie	25/11/78	PL	10.10
2 Terry Rutty	13/01/79	PL	6.93

M50 (5.5kg)

1 Bill Hughes	17/12/78	PL	8.65
2 Dave Jones	27/01/79	BUN	5.61

M55 (5.5kg)

1 Noel Goff	17/12/78	PL	9.50
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Shot Put

W35 (4kg)

1 Kath Holland	17/12/78	PL	8.89
2 Val Prescott	15/02/79	PL	5.98

Women

Javelin

M35 (800g)

1 Peter Gare	14/01/79	PL	34.16
2 Keith Cameron	10/02/79	PL	27.96
3 Don Caplin	11/01/79	PL	21.90

M40 (800g)

1 Bryan Old	23/12/78	PL	41.16
2 Bob Fergie	25/02/79	PL	39.12
3 Terry Rutty	2/12/78	PL	33.87

M45 (800g)

1 Rob Shand	16/12/78	PL	28.46
2 Derek Walker	27/01/79	BUN	26.16

M50 (800g)

1 Allan Tyson	11/01/79	PL	14.20
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M55 (800g)

1 Noel Goff	11/11/78	PL	23.58
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M65 (600g)

1 Jack Collins	8/03/79	PL	13.95
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Javelin (600g)

W35

1 Kath Holland	8/03/79	PL	17.50
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