

MAWA Club Tops April 2011-April 2012

60m

Men

Women

M30

Aldis Jaunzems 24/02/12 WAAS 7.67

W30

Melissa Foster 6/03/12 WAAS 8.1
2 Melissa Hynds 18/08/11 ECAC 10.1
2 Rachel Evans 9/02/12 ECAC 10.1

M35

Brett Blanco 2/12/11 WAAS 7.2
Paul Edmiston 27/01/12 WAAS 7.56
Kim Thomas 22/11/11 WAAS 8.5

W35

Wendy Seegers 20/10/11 ECAC 8.0
Rachel Evans 26/01/12 ECAC 10.1
Kim Cook 3/11/11 ECAC 11.0

M40

1 Rob Colling 2/12/11 WAAS 7.0 *
1 Glenn Ross 24/02/12 WAAS 7.37
3 Chris Neale 1/03/12 ECAC 7.9

W40

Carolyn Wills 7/02/12 BUN 8.1
Fiona Leonard 24/05/11 WAAS 9.2
Kerriann Bresser 3/05/11 WAAS 9.4

M45

Mark Elms 6/04/12 MELB 7.86
Colin Smith 6/04/12 MELB 7.91
Marty Campbell 7/10/11 ADL 7.94

W45

1 Cathy McCloskey 6/03/12 WAAS 8.4
2 Kathy Lawson 16/02/12 ECAC 9.0
2 Sharon Moloney 25/02/12 BUN 9.0

M50

Rudy Kocis 6/09/11 WAAS 7.5
Campbell Till 25/10/11 WAAS 8.0
Craig van Waardenburg 3/01/12 WAAS 8.1

W50

Delia Baldock 25/03/12 WAAS 10.21

M55

Garry Ralston 6/04/12 MELB 7.77
Mike Edwards 9/02/12 ECAC 8.5
Dave Wyatt 3/05/11 WAAS 8.8
Barry Newell 22/11/11 WAAS 8.8

W55

Lynne Choate 21/06/11 WAAS 8.8
Carol Bowman 22/11/11 WAAS 10.5
Julie Wilson 22/11/11 WAAS 11.2

M60

Dave Wyatt 25/10/11 WAAS 8.4
Geoff Brayshaw 22/11/11 WAAS 8.5
Rob Antonioli 25/02/12 BUN 8.7

W60

Sarah Ladwig 31/01/12 WAAS 11.7
Carolyn Fawcett 1/03/12 ECAC 13.3

M65

Roy Fearnall 25/02/12 BUN 8.4
Keith Martin 25/10/11 WAAS 9.1
Peter Hopper 3/12/12 WAAS 10.2

W65

Peggy Macliver 24/05/11 WAAS 9.5
Brenda Painter 1/09/11 ECAC 10.8
Val Millard 31/01/12 WAAS 12.8

M70

1 Barrie Kernaghan 10/05/11 WAAS 8.7
1 David Clive 25/10/11 WAAS 8.7
Norm Richards 24/05/11 WAAS 9.2
Don Chambers 22/11/11 WAAS 9.2

W70

Ruth Johnson 7/02/12 BUN 10.5
Lynne Schickert 7/02/12 TAUR 13.19

M75

David Clive 6/03/12 WAAS 8.7
Leon Sander 25/02/12 BUN 9.5
David Carr 26/01/12 ECAC 10.4

W75

Pat Carr 25/03/12 WAAS 12.95

M80

Irwin Barrett-Lennard 1/03/12 ECAC 11.2
Derry Foley 1/03/12 ECAC 11.7

W80

Pat Carr 6/04/12 MELB 12.85
Lorna Lauchlan 31/01/12 WAAS 16.7

100m**Men****M30**

Aldis Jaunzems	9/03/12	WAAS	12.36
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M35

Brett Blanco	2/12/11	WAAS	11.5
Paul Jeffery	3/02/12	WAAS	12.19
Adam Bennett	28/02/12	WAAS	13.1

M40

Rob Colling	2/12/11	WAAS	11.1
Glenn Ross	28/02/12	WAAS	11.5
Maurice Pascal	13/03/12	WAAS	12.0

M45

Marty Campbell	24/03/12	WAAS	12.30
Bernard Riviere	15/12/11	ECAC	12.5
Quinton de Klerk	24/01/12	WAAS	12.5

M50

Rudy Kocis	13/03/12	WAAS	11.9
Campbell Till	22/11/11	WAAS	12.9
Craig van Waardenburg	7/02/12	WAAS	12.9

M55

Garry Ralston	24/03/12	WAAS	12.50
Dave Wyatt	3/05/11	WAAS	13.8
Mike Edwards	7/02/12	WAAS	14.1

M60

Dave Wyatt	22/11/11	WAAS	13.4
Rob Antonioli	25/02/12	BUN	13.6
Geoff Brayshaw	7/02/12	WAAS	14.0

M65

Roy Fearnall	7/06/11	WAAS	13.7
Keith Martin	22/11/11	WAAS	14.6
Joe Clark-Murphy	9/02/12	WAAS	17.2

M70

Barrie Kernaghan	13/03/12	WAAS	13.9
David Clive	3/05/11	WAAS	14.1
Don Chambers	6/07/11	SAC	15.16
Norm Richards	3/05/11	WAAS	15.0

M75

David Clive	7/04/12	MELB	14.40
Leon Sander	24/03/12	WAAS	16.28
David Carr	19/01/12	ECAC	16.4

M80

Irwin Barrett-Lennard	13/03/12	WAAS	18.5
Derry Foley	25/08/11	ECAC	20.9

M90

Peter Kennedy	4/10/11	WAAS	34.1
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Women**W30**

Teneille Trigwell	28/02/12	WAAS	12.9
Melissa Foster	17/03/12	ECAC	13.1
Danielle Baldock	24/01/12	WAAS	16.5

W35

Wendy Seegers	1/11/11	WAAS	12.6
Wendy Seegers	18/11/11	WAAS	12.75
Toni Phillips	22/11/11	WAAS	14.1
Rachel Wells	13/03/12	WAAS	15.8

W40

Carolyn Wills	7/06/11	WAAS	13.9
Sue Bourn	9/02/12	ECAC	15.0
Fiona Leonard	24/05/11	WAAS	14.4

W45

Cathy McCloskey	24/01/12	WAAS	14.2
Kathy Lawson	15/03/12	ECAC	14.3
Fiona Leonard	20/03/12	WAAS	14.4

W50

Delia Baldock	13/03/12	WAAS	15.4
Karyn Gower	22/11/11	WAAS	17.7

W55

Lynne Choate	3/05/11	WAAS	14.4
Carol Bowman	17/03/12	ECAC	17.5
Julie Wilson	17/03/12	ECAC	18.4

W60

Gillian Young	17/11/11	ECAC	18.7
Sarah Ladwig	17/11/11	ECAC	19.8
Carolyn Fawcett	8/03/12	ECAC	22.5

W65

Peggy Macliver	17/03/12	ECAC	15.5
Brenda Painter	24/03/12	WAAS	17.70
Christine Oldfield	22/11/11	WAAS	21.3

W70

Ruth Johnson	17/03/12	ECAC	17.0
Lynne Schickert	24/03/12	WAAS	21.77

W75

Pat Carr	3/05/11	WAAS	21.4
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W80

Pat Carr	24/03/12	WAAS	22.12
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200m**Men****Women****M30**

Aldis Jaunzems	24/02/12	WAAS	25.08 *
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W30

Mel Hynds	22/09/11	ECAC	36.7
Danielle Baldock	31/01/12	WAAS	36.9
Monique Thomas	15/12/11	ECAC	43.5

M35

Paul Jeffery	9/04/12	MELB	24.21
Brett Blanco	13/01/12	WAAS	24.85
Kim Thomas	15/12/11	ECAC	28.7

W35

Wendy Seegers	1/11/11	WAAS	26.7
Rachel Wells	13/03/12	WAAS	33.1
Rachel Evans	8/03/12	ECAC	34.6

M40

Glenn Ross	24/02/12	WAAS	23.25
Chris Neale	17/03/12	ECAC	25.1 25.30 *
Mark Jeffery	24/02/12	WAAS	*

W40

Carolyn Wills	3/01/12	BUN	29.1
Fiona Leonard	5/05/11	ECAC	30.3
Sue Bourn	12/05/11	ECAC	31.8

M45

Marty Campbell	8/10/11	ADL	25.15
Mark Elms	17/03/12	ECAC	25.1
Colin Smith	8/02/12	TAUR	25.86

W45

Kathy Lawson	8/03/12	ECAC	30.0
Fiona Leonard	25/03/12	WAAS	30.77
Cathy McCloskey	31/01/12	WAAS	30.9

M50

Rudy Kocis	6/03/12	WAAS	24.6
Craig van Waardenburg	13/03/12	WAAS	26.6
Campbell Till	6/03/12	WAAS	27.0

W50

Delia Baldock	1/03/12	ECAC	32.4
Karyn Gower	13/09/11	WAAS	37.8

M55

Garry Ralston	25/03/12	WAAS	25.90
Steve Fuller	25/03/12	WAAS	28.66
Bjorn Dybdahl	6/03/12	WAAS	30.1

W55

Lynne Choate	10/05/11	WAAS	31.0
Carol Bowman	25/03/12	WAAS	37.31
Julie Wilson	6/12/11	WAAS	39.3

M60

Rob Antonioli	25/03/12	WAAS	29.71
Rob Greenhalgh	25/03/12	WAAS	29.89
Duncan McAuley	1/11/11	WAAS	30.2

W60

Sarah Ladwig	1/12/11	ECAC	42.2
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M65

Roy Fearnall	31/05/11	WAAS	28.8
Keith Martin	1/12/11	ECAC	30.1
Kaj Dewens	5/08/11	SWE	33.03

W65

Peggy Macliver	1/03/12	ECAC	32.4
Brenda Painter	25/03/12	WAAS	38.21
Christine Oldfield	15/12/11	ECAC	45.6

M70

Barrie Kernaghan	13/03/12	WAAS	28.2
David Clive	31/01/12	WAAS	30.2
Peter Gare	17/03/12	ECAC	30.9

W70

Ruth Johnson	3/01/12	BUN	38.1
Lynne Schickert	5/04/12	Jyvask	46.79

M75

David Clive	6/03/12	WAAS	29.4
Leon Sander	17/03/12	ECAC	31.6
David Carr	26/05/11	ECAC	33.0

W75

Pat Carr	12/05/11	ECAC	52.1
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M80

Irwin Barrett-Lennard	8/03/12	ECAC	37.1
Derry Foley	25/08/11	ECAC	45.4

W80

Pat Carr	7/04/12	MELB	53.55
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400m**Men****M30**

Grahak Cunningham	15/11/11	WAAS	64.6
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M35

Kim Thomas	15/11/11	WAAS	63.4
Tom Tralau	24/01/12	WAAS	73.3

M40

Xander van Rijen	24/03/12	WAAS	55.94
Chris Neale	24/03/12	WAAS	56.36
Mark Elms	7/02/12	WAAS	56.8
Maurice Pascal	24/03/12	WAAS	56.95

M45

Mark Elms	8/04/12	MELB	56.28
Colin Smith	9/02/12	TAUR	57.13
Ian Cotton	24/01/12	WAAS	59.3

M50

Campbell Till	3/01/12	WAAS	58.8
Craig van Waardenburg	3/01/12	WAAS	65.5
Roscoe McDonnell	15/11/11	WAAS	66.2

M55

Garry Ralston	24/03/12	WAAS	59.76
Neil Morfitt	14/07/11	SAC	60.76
Steve Fuller	24/03/12	WAAS	61.67

M60

Tony Heppener	24/03/12	WAAS	65.53
Duncan McAuley	15/11/11	WAAS	65.6
Rob Antonioli	27/03/12	BUN	67.2

M65

Roy Fearnall	3/05/11	WAAS	65.3
Keith Martin	25/10/11	WAAS	71.4
Kaj Dewens	5/08/11	SWE	74.70

M70

Barrie Kernaghan	7/06/11	WAAS	67.6
Bob Schickert	24/01/12	WAAS	74.3
Brian Waldhuter	7/02/12	BUN	77.5

M75

David Carr	2/06/11	ECAC	73.9
Leon Sander	27/03/12	BUN	75.2

M80

Irwin Barrett-Lennard	7/04/12	MELB	88.88
Cecil Walkley	24/03/12	WAAS	126.24

Women**W30**

Mel Hynds	10/11/11	ECAC	80.8
Danielle Baldock	24/03/12	WAAS	84.50
Monique Thomas	24/03/12	WAAS	93.17

W35

Wendy Seegers	25/10/11	WAAS	61.3
Toni Phillips	28/02/12	WAAS	69.5
Rachel Evans	15/03/12	ECAC	82.2

W40

Carolyn Wills	10/01/12	BUN	70.4
Sue Bourn	22/12/11	ECAC	75.2
Kerriann Bresser	3/05/11	WAAS	76.8

W45

Fiona Leonard	19/01/12	ECAC	68.3
Cathy McCloskey	28/02/12	WAAS	70.8
Kathy Lawson	2/02/12	ECAC	71.9

W50

Delia Baldock	24/03/12	WAAS	73.99
Robin King	10/11/11	ECAC	87.6

W55

Margaret Saunders	24/03/12	WAAS	71.15
Carol Bowman	8/02/12	TAUR	81.0
Lynne Choate	3/05/11	WAAS	84.2

W60

Gillian Young	10/11/11	ECAC	83.4
Sarah Ladwig	10/11/11	ECAC	97.3
Carey Dickason	24/03/12	WAAS	99.76

W65

Peggy Macliver	24/03/12	WAAS	74.42
Christine Oldfield	15/11/11	WAAS	106.9

W70

Ruth Johnson	24/03/12	WAAS	89.23
Lorraine Lopes	7/02/12	WAAS	92.2
Lynne Schickert	10/11/11	ECAC	122.3

800m**Men****M30**

Scott Tamblin	24/02/12	WAAS	01:56.9
Grahak Cunningham	1/11/11	WAAS	02:30.3

M35

Kim Thomas	25/03/12	WAAS	02:19.8
Boris Padovan	1/12/11	ECAC	02:23.9
Tom Tralau	14/02/12	WAAS	02:41.9

M40

Xander van Rijen	4/11/11	WAAS	02:02.5
Andrew Brooker	8/07/11	SAC	02:07.4
Mark Matcham	5/01/12	ECAC	02:26.0

M45

Ian Cotton	10/01/12	WAAS	02:20.8
Mike Kowal	10/01/12	WAAS	02:23.2
John Collier	25/03/12	WAAS	02:28.1

M50

Mark Dawson	25/03/12	WAAS	02:21.9
Campbell Till	10/01/12	WAAS	02:22.7
Roscoe McDonnell	1/12/11	ECAC	02:28.9

M55

Neil Morfitt	11/07/11	SAC	02:13.9
Bjorn Dybdahl	6/04/12	MELB	02:29.8
Steve Fuller	25/03/12	WAAS	02:33.1

M60

Tony Heppener	25/03/12	WAAS	02:25.7
Graeme Dahl	13/03/12	WAAS	02:37.5
Duncan McAuley	18/10/11	WAAS	02:45.7

M65

Kaj Dewens	6/08/11	SWE	02:36.7
Joe Clark-Murphy	9/02/12	ECAC	02:47.6
Maurice Creagh	9/02/12	ECAC	02:53.6

M70

Bob Schickert	6/12/11	WAAS	03:00.2
Peter Gare	25/03/12	WAAS	03:09.1
Brian Waldhuter	31/01/12	BUN	03:37.5

M75

David Carr	11/07/11	SAC	02:46.1
Leon Sander	25/03/12	WAAS	03:09.0

M80

Cecil Walkley	25/03/12	WAAS	04:26.1
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Women**W30**

Melissa Foster	9/04/12	MELB	03:16.3
Mel Hynds	17/11/11	ECAC	03:23.0
Danielle Baldock	14/02/12	WAAS	03:26.5

W35

Toni Phillips	18/10/11	WAAS	02:51.2
Kim Cook	9/02/12	ECAC	02:55.3
Trish Farr	27/10/11	ECAC	03:12.1

W40

Jodie Osborne	9/02/12	ECAC	02:51.4
Carolyn Wills	3/01/12	BUN	03:11.9
Regina Crouch	17/03/12	ECAC	04:11.0

W45

Fiona Leonard	25/03/12	WAAS	02:40.7
Sue Bourn	17/03/12	ECAC	02:53.1
Delia Baldock	7/02/12	TAUR	02:54.2

W50

Karyn Gower	10/01/12	WAAS	02:54.7
Robin King	5/01/12	ECAC	03:03.8
Leonie Edwards	10/01/12	WAAS	03:46.6

W55

Margaret Saunders	11/07/11	SAC	02:42.5
Carol Bowman	8/03/12	ECAC	03:08.5
Julie Wilson	13/03/12	WAAS	03:11.8

W60

Gillian Young	13/10/11	ECAC	03:14.0
Sarah Ladwig	1/12/11	ECAC	03:41.2
Carey Dickason	25/03/12	WAAS	03:48.2

W65

Peggy Macliver	17/03/12	ECAC	03:02.1
Christine Oldfield	10/01/12	WAAS	03:59.0
Val Prescott	1/11/11	WAAS	05:00.3

W70

Lorraine Lopes	11/07/11	SAC	03:10.6
Ruth Johnson	17/03/12	ECAC	03:38.7
Lynne Schickert	17/03/12	ECAC	04:43.0

1500m**Men****M30**

Scott Tamblin	18/01/12	WAAS	03:57.7
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M35

Kim Thomas	24/03/12	WAAS	04:36.8
Boris Padovan	24/11/11	ECAC	04:45.7
Garry Vogler	1/03/12	ECAC	04:50.3

M40

Andrew Brooker	14/07/11	SAC	04:28.9
Geoff Bailey	24/03/12	WAAS	04:56.7
Mark Jeffery	7/07/11	SAC	04:58.0

M45

Mike Kowal	2/12/11	WAAS	04:58.4
John Collier	24/03/12	WAAS	05:08.7
Rob Colton	24/03/12	WAAS	05:11.1

M50

Mark Dawson	24/03/12	WAAS	04:51.5
Roscoe McDonnell	18/11/11	WAAS	05:02.1
Campbell Till	16/08/11	WAAS	05:13.9

M55

Alan Gower	24/03/12	WAAS	04:43.7
Bjorn Dybdahl	8/04/12	MELB	05:01.8
Brian Hewitt	8/12/11	ECAC	05:20.8

M60

Tony Heppener	1/03/12	ECAC	05:00.1
Graeme Dahl	15/03/12	ECAC	05:27.2
Rob Antonioli	25/02/12	BUN	05:41.6

M65

Kaj Dewens	9/08/11	SWE	05:25.5
Jim Langford	24/03/12	WAAS	05:40.1
Joe Clark-Murphy	2/02/12	ECAC	05:42.1

M70

Bert Carse	24/03/12	WAAS	06:08.3
Bob Schickert	8/12/11	ECAC	06:13.6
Peter Gare	17/03/12	ECAC	07:30.0

M75

David Carr	14/07/11	SAC	05:38.9
Leon Sander	17/03/12	ECAC	07:18.4

M80

Irwin Barrett-Leonard	19/05/11	ECAC	07:15.2
Cecil Walkley	24/03/12	WAAS	08:51.0

Women**W30**

Danielle Baldock	24/03/12	WAAS	06:31.4
Mel Hynds	8/12/11	ECAC	06:32.0
Monique Thomas	24/03/12	WAAS	07:19.1

W35

Kim Cook	12/01/12	ECAC	06:03.1
Toni Phillips	24/11/11	ECAC	06:11.0
Rachel Evans	1/03/12	ECAC	06:23.0

W40

Jodie Osborne	24/03/12	WAAS	05:39.4
Fiona Leonard	15/03/12	ECAC	05:42.5
Sue Bourn	8/12/11	ECAC	06:02.7

W45

Fiona Leonard	24/03/12	WAAS	05:30.1
Simone Solomon	24/01/12	WAAS	06:23.1
Julie Willmott	1/03/12	ECAC	06:35.9

W50

Karyn Gower	8/12/11	ECAC	05:50.5
Robin King	8/12/11	ECAC	06:09.3
Delia Baldock	6/03/12	WAAS	06:48.8

W55

Margaret Saunders	8/04/12	MELB	05:36.9
Carol Bowman	24/03/12	WAAS	06:32.6
Hilary Beck	24/11/11	ECAC	06:32.8

W60

Gillian Young	8/12/11	ECAC	06:19.0
Carey Dickason	24/03/12	WAAS	07:26.4
Sarah Ladwig	8/12/11	ECAC	07:29.7

W65

Peggy Macliver	8/12/11	ECAC	06:44.5
Christine Oldfield	8/11/11	WAAS	07:59.8
Val Millard	19/01/12	ECAC	08:48.3

W70

Lorraine Lopes	24/03/12	WAAS	06:29.5
Ruth Johnson	14/02/12	BUN	08:05.0
Lynne Schickert	8/12/11	ECAC	09:38.7

mile**Men****Women****M30**

Grahak Cunningham	21/02/12	WAAS	05:10.3
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W30

Mel Hynds	5/05/11	ECAC	07:24.0
Monique Thomas	16/02/12	ECAC	08:29.7
Aveley McCann	21/02/12	WAAS	09:24.0

M35

Kim Thomas	16/02/12	ECAC	05:17.6
Tom Tralau	21/02/12	WAAS	06:37.4

W35

Toni Phillips	25/10/11	WAAS	06:35.7
Kim Cook	16/02/12	ECAC	06:36.0
Rachel Evans	16/02/12	ECAC	07:03.2

M40

Andrew Brooker	14/06/11	WAAS	04:57.2
Mark Matcham	10/05/11	WAAS	05:46.6
Keith Edmonds	23/08/11	WAAS	06:17.7

W40

Jodie Osborne	16/02/12	ECAC	06:14.6
Bernadette Benson	10/05/11	WAAS	06:18.8
Simone Solomon	3/01/12	WAAS	07:03.9

M45

Mike Kowal	3/01/12	WAAS	05:23.8
David Brook	23/08/11	WAAS	05:58.4
Miles Sowden	21/02/12	WAAS	06:00.7

W45

Karen March	3/01/12	WAAS	06:45.3
Delia Baldock	5/05/11	ECAC	07:27.0
Gill Edmonds	23/08/11	WAAS	07:56.3

M50

Roscoe McDonnell	21/02/12	WAAS	05:39.8
Mark Dawson	25/10/11	WAAS	05:50.6
Campbell Till	10/05/11	WAAS	06:12.4

W50**M55**

Bjorn Dybdahl	14/06/11	WAAS	06:07.4
Steve Fuller	18/08/11	ECAC	06:37.2
Bruce McGeorge	16/02/12	ECAC	06:55.3

W55

Carol Bowman	5/05/11	ECAC	07:13.0
Julie Wilson	21/02/12	WAAS	07:22.5
Tessa Brockwell	16/02/12	ECAC	09:08.0

M60

Graeme Dahl	21/02/12	WAAS	06:27.1
Maurice Creagh	5/05/11	ECAC	06:42.5

W60

Gillian Young	14/07/11	ECAC	06:49.5
Sarah Ladwig	14/07/11	ECAC	08:19.4
Ursula Clark-Murphy	16/02/12	ECAC	08:49.1

M65

Joe Clark-Murphy	22/12/11	WAAS	06:16.0
Maurice Creagh	3/01/12	WAAS	06:31.0
Ivan Brown	25/10/11	WAAS	07:02.9

W65

Peggy Macliver	5/05/11	ECAC	07:12.6
Christne Oldfield	18/08/11	NOT	08:37.6

M70**W70**

Lorraine Lopes	5/05/11	ECAC	07:14.5
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M75

David Carr	14/06/11	ECAC	06:26.6
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3000m**Men****M30**

Scott Tamblin	4/11/11	WAAS	08:49.0
Grahak Cunningham	1/11/11	WAAS	11:10.8

M35

Boris Padovan	21/07/11	ECAC	10:14.2
Kim Thomas	6/03/12	WAAS	10:19.1
Garry Vogler	1/03/12	ECAC	11:08.3

M40

Andrew Brooker	1/11/11	WAAS	10:41.7
Anthony Collis	4/10/11	WAAS	11:13.8
Keith Edmonds	1/11/11	WAAS	12:02.8

M45

Rod Hamilton	8/09/11	ECAC	10:58.6
Mike Kowal	10/01/12	WAAS	11:15.3
David Brook	4/10/11	WAAS	11:26.5

M50

Roscoe McDonnell	13/03/12	WAAS	10:44.5
Mark Dawson	22/11/11	WAAS	11:17.2
Campbell Till	9/08/11	WAAS	11:54.8

M55

Alan Gower	22/11/11	WAAS	11:18.0
Bjorn Dybdahl	13/03/12	WAAS	11:48.0
Brian Hewitt	16/02/12	ECAC	12:02.4

M60

Tony Heppener	16/02/12	ECAC	11:04.2
Graeme Dahl	20/03/12	WAAS	11:34.3
Duncan McAuley	4/10/11	WAAS	12:31.9

M65

Jim Langford	19/01/12	ECAC	12:03.5
Joe Clark-Murphy	16/02/12	ECAC	12:07.4
Maurice Creagh	6/03/12	WAAS	12:35.3

M70

Brian Waldhuter	25/02/12	BUN	13:04.1
Bob Schickert	19/01/12	ECAC	14:28.3
Lyle James	10/01/12	BUN	16:54.5

M75

David Carr	6/10/11	ECAC	13:10.9
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M80

Irwin Barrett-Lennard	3/05/11	WAAS	15:15.7
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Women**W30**

Bronwyn Dyer	13/03/12	WAAS	12:50.1
Mel Hynds	1/11/11	WAAS	13:59.3
Danielle Baldock	21/02/12	WAAS	15:04.0

W35

Kim Cook	16/02/12	ECAC	12:47.8
Trish Farr	13/03/12	ECAC	12:48.5
Rachel Evans	1/03/12	ECAC	14:11.3

W40

Jodie Osborne	9/02/12	ECAC	12:12.3
Sue Bourn	8/09/11	ECAC	12:29.4
Lynette Collis	4/10/11	WAAS	12:35.8

W45

Sandra Stockman	10/01/12	WAAS	12:03.4
Claire Walkley	8/09/11	ECAC	13:55.7
Lorraine MacLennan	26/07/11	WAAS	14:50.7

W50

Karyn Gower	13/09/11	WAAS	12:39.3
Karen March	10/01/12	WAAS	12:54.4
Robin King	22/09/11	ECAC	13:29.0

W55

Tessa Brockwell	1/03/12	ECAC	12:30.5
Hilary Beck	8/09/11	ECAC	13:43.7
Carol Bowman	1/11/11	WAAS	14:17.2

W60

Gillian Young	26/05/11	ECAC	13:05.6
Sarah Ladwig	6/10/11	ECAC	15:56.9
Carolyn Fawcett	8/03/12	ECAC	19:25.5

W65

Peggy Macliver	1/11/11	WAAS	14:36.4
Christine Oldfield	15/11/11	WAAS	17:23.9

W70

Lorraine Lopes	12/05/11	ECAC	14:17.2
Ruth Johnson	7/02/12	BUN	18:20.4
Lynne Schickert	1/11/11	WAAS	21:14.0

5000m**Men****M30**

Grahak Cunningham 15/11/11 WAAS 19:47.6

M35

Boris Padovan 13/10/11 ECAC 17:04.0
Kim Thomas 25/03/12 WAAS 17:42.7
Garry Vogler 8/03/12 ECAC 19:11.0

M40

Michael Barton 9/07/11 SAC 17:43.9
Andrew Brooker 24/11/11 ECAC 19:45.2
Keith Edmonds 15/11/11 WAAS 20:48.5

M45

Rod Hamilton 24/11/11 ECAC 18:50.6
Terry Cummins 15/11/11 WAAS 18:55.5
David Brook 6/09/11 WAAS 19:49.2

M50

Roscoe McDonnell 9/07/11 SAC 19:03.4
Mark Dawson 25/03/12 WAAS 19:09.8
Alan Gower 15/11/11 WAAS 19:41.2

M55

Alan Gower 8/04/12 MELB 17:45.5
Tony Heppener 15/09/11 ECAC 19:04.6
Bjorn Dybdahl 8/04/12 MELB 19:41.9

M60

Graeme Dahl 8/04/12 MELB 19:48.8
Brian Bennett 25/03/12 WAAS 21:40.3
Frank Gardiner 28/02/12 WAAS 21:57.9

M65

Kaj Dewens 6/08/11 SWE 19:38.8
Jim Langford 25/03/12 WAAS 20:04.0
John Oldfield 15/11/11 WAAS 21:39.6

M70

Bob Schickert 24/11/11 ECAC 23:43.7
Brian Waldhuter 10/12/11 BUN 29:46.7
Lyle James 25/03/12 WAAS 30:42.3

M75

David Carr 23/06/11 ECAC 22:15.2

M80

Irwin Barrett-Lennard 9/07/11 SAC 26:17.8
Cecil Walkley 25/03/12 WAAS 36:03.8

Women**W30**

Bronwyn Dyer 25/03/12 WAAS 21:26.6
Mel Hynds 13/10/11 ECAC 23:35.9
Danielle Baldock 28/02/12 WAAS 25:30.3

W35

Kim Cook 11/11/11 ECAC 22:18.8
Trish Farr 15/09/11 ECAC 22:27.5
Rachel Evans 8/03/12 ECAC 24:49.7

W40

Jodie Osborne 8/03/12 ECAC 20:49.3
Sue Bourn 15/09/11 ECAC 21:06.4

W45

Sue Bourn 25/03/12 WAAS 21:14.3
Claire Walkley 15/09/11 ECAC 23:40.5
Delia Baldock 15/11/11 WAAS 26:11.9

W50

Karyn Gower 16/08/11 WAAS 21:36.7
Robin King 13/10/11 ECAC 23:14.5

W55

Tessa Brockwell 2/02/12 ECAC 22:34.4
Hilary Beck 15/09/11 ECAC 23:14.9
Julie Wilson 8/04/12 MELB 24:19.5

W60

Gillian Young 2/06/11 ECAC 22:46.2
Sarah Ladwig 2/06/11 ECAC 27:10.7
Carey Dickason 25/03/12 WAAS 27:25.2

W65

Peggy Maccliver 24/11/11 ECAC 25:18.1

W70

Lorraine Lopes 8/04/12 MELB 23:04.3
Loretta Shillinglaw 25/03/12 WAAS 32:05.8
Lynne Schickert 24/11/11 ECAC 36:33.5

10000m**Men****Women****M30****W30**

Mel Hynds	25/08/11	ECAC	51:24.7
Monique Thomas	6/04/12	MELB	58:12.0

M35

Kim Thomas	6/04/12	MELB	37:59.1
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W35

Trish Farr	25/08/11	ECAC	48:36.7
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M40

Grant Schofield	20/10/11	ECAC	45:17.2
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W40

Sue Bourn	25/08/11	ECAC	44:16.4
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M45

Rod Hamilton	20/10/11	ECAC	39:46.2
Rob Colton	25/08/11	ECAC	41:50.2

W45

Claire walkley	25/08/11	ECAC	51:59.2
Jacqui Sanders	25/08/11	ECAC	59:21.9

M50

Mark Dawson	25/10/11	WAAS	42:57.0
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W50

Karyn Gower	25/08/11	ECAC	45:05.1
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M55

Steve Fuller	25/08/11	ECAC	47:35.7
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W55

Julie Wilson	25/10/11	WAAS	51:53.7
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M60

Graeme Dahl	25/10/11	WAAS	44:29.5
Nick Miletic	25/10/11	WAAS	54:23.4

W60

Gillian Young	20/10/11	ECAC	47:47.8
Sarah Ladwig	20/10/11	ECAC	58:30.7

M65

Kaj Dewens	7/08/11	SWE	40:47.1
Jim Langford	6/04/12	MELB	42:14.4
John Oldfield	25/10/11	WAAS	46:55.9

M75

David Carr	25/08/11	ECAC	48:35.6
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M80

Irwin Barrett-Lennard	11/07/11	SAC	54:05.2
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Other track events (italicised walks are unjudged)

1500m walk

David Smyth	M40	25/03/12	WAAS	07:38.6
Garry Hastie	M50	25/03/12	WAAS	06:42.3
<i>Tom Lenane</i>	<i>M50</i>	<i>2/02/12</i>	<i>ECAC</i>	<i>09:07.6</i>
<i>Bruce Cornish</i>	<i>M60</i>	<i>25/10/11</i>	<i>BUN</i>	<i>09:40.1</i>
<i>Harold Membrey</i>	<i>M60</i>	<i>25/10/11</i>	<i>BUN</i>	<i>09:45.0</i>
<i>John Oldfield</i>	<i>M65</i>	<i>6/03/12</i>	<i>WAAS</i>	<i>11:28.1</i>
<i>Ray Hall</i>	<i>M75</i>	<i>6/03/12</i>	<i>WAAS</i>	<i>10:25.2</i>
Regina Crouch	W40	6/04/12	MELB	10:40.1
Marie Fitzsimons	W45	25/03/12	WAAS	08:00.8
<i>Sharon Moloney</i>	<i>W45</i>	<i>14/02/12</i>	<i>BUN</i>	<i>13:24.7</i>
Lyn Ventris	W55	9/10/11	ADL	07:00.3
<i>Michele Mison</i>	<i>W60</i>	<i>19/05/11</i>	<i>ECAC</i>	<i>09:54.5</i>
Sarah Ladwig	W60	25/03/12	WAAS	09:56.5
Val Millard	W65	6/04/12	MELB	09:51.7
<i>Lynne Schickert</i>	<i>W65</i>	<i>25/02/12</i>	<i>BUN</i>	<i>10:21.9</i>
Lynne Schickert	W70	25/03/12	WAAS	10:23.1
<i>Ruth Johnson</i>	<i>W70</i>	<i>25/02/12</i>	<i>BUN</i>	<i>10:25.1</i>
Lorna Lauchlan	W80	25/03/12	WAAS	12:26.5

mile walk

<i>Tom Lenane</i>	<i>M55</i>	<i>16/02/12</i>	<i>ECAC</i>	<i>09:34.6</i>
<i>Stan Jones</i>	<i>M85</i>	<i>20/10/11</i>	<i>ECAC</i>	<i>12:26.2</i>
<i>Robin King</i>	<i>W50</i>	<i>20/10/11</i>	<i>ECAC</i>	<i>08:53.8</i>
Michele Mison	W60	16/02/12	ECAC	11:30.3
<i>Lynne Schickert</i>	<i>W70</i>	<i>20/10/11</i>	<i>ECAC</i>	<i>12:26.2</i>

2000m walk

<i>Tom Lenane</i>	<i>M50</i>	<i>19/05/11</i>	<i>ECAC</i>	<i>12:43.0</i>
<i>John Oldfield</i>	<i>M65</i>	<i>22/03/12</i>	<i>ECAC</i>	<i>15:38.2</i>
<i>Michele Mison</i>	<i>W60</i>	<i>19/05/11</i>	<i>ECAC</i>	<i>13:15.3</i>
<i>Lynne Schickert</i>	<i>W65</i>	<i>19/05/11</i>	<i>ECAC</i>	<i>14:23.2</i>

3000m walk

<i>Boris Padovan</i>	<i>M35</i>	<i>8/03/12</i>	<i>ECAC</i>	<i>25:00.5</i>
David Smyth	M40	24/03/12	WAAS	16:12.6
Garry Hastie	M50	25/02/12	BUN	14:55.2
<i>Tom Lenane</i>	<i>M50</i>	<i>2/06/11</i>	<i>ECAC</i>	<i>19:24.3</i>
Bruce Cornish	M60	3/02/12	WAAS	20:31.2
<i>Harold Membrey</i>	<i>M60</i>	<i>27/03/12</i>	<i>BUN</i>	<i>22:26.6</i>
<i>Bob Fawcett</i>	<i>M60</i>	<i>2/02/12</i>	<i>ECAC</i>	<i>26:16.3</i>
<i>Peter Hopper</i>	<i>M65</i>	<i>13/03/12</i>	<i>WAAS</i>	<i>20:59.3</i>
<i>John Oldfield</i>	<i>M65</i>	<i>13/03/12</i>	<i>WAAS</i>	<i>22:46.5</i>
Ray Hall	M75	24/03/12	WAAS	21:49.6
<i>Stan Jones</i>	<i>M85</i>	<i>2/06/11</i>	<i>ECAC</i>	<i>23:13.2</i>
Regina Crouch	W40	24/03/12	WAAS	23:08.5
Marie Fitzsimons	W45	25/03/12	WAAS	16:31.6
<i>Robin King</i>	<i>W50</i>	<i>17/11/11</i>	<i>ECAC</i>	<i>18:16.6</i>
Lyn Ventris	W55	25/03/12	WAAS	14:16.4
<i>Michele Mison</i>	<i>W60</i>	<i>2/06/11</i>	<i>ECAC</i>	<i>20:31.7</i>
<i>Sarah Ladwig</i>	<i>W60</i>	<i>13/10/11</i>	<i>ECAC</i>	<i>21:03.4</i>
Val Millard	W65	24/03/12	WAAS	20:28.7
<i>Christine Oldfield</i>	<i>W65</i>	<i>13/03/12</i>	<i>WAAS</i>	<i>23:08.0</i>
Lynne Schickert	W70	7/02/12	TAUR	21:28.9
Lorna Lauchlan	W80	24/03/12	WAAS	24:50.5

5000m walk

Garry Vogler	M35	22/03/12	ECAC	26:46.8
David Smyth	M40	22/03/12	ECAC	27:11.4
Garry Hastie	M50	22/03/12	ECAC	25:26.6
David Smyth	M40	8/07/11	SAC	28:31.6
<i>Peter Hopper</i>	<i>M65</i>	<i>7/02/12</i>	<i>WAAS</i>	<i>39:17.2</i>
Peter Doye	M70	22/03/12	ECAC	35:11.2
Ray Hall	M75	22/03/12	ECAC	35:11.0
Bob Fergie	M75	22/03/12	ECAC	40:28.9
Regina Crouch	W40	9/02/12	TAUR	40:45.9
Lyn Ventris	W50	7/07/11	SAC	24:25.7
Lyn Ventris	W55	22/03/12	ECAC	23:57.9
Michele Mison	W60	22/03/12	ECAC	35:41.1
Val Millard	W65	22/03/12	ECAC	33:56.9
Lesley Romeo	W65	22/03/12	ECAC	38:09.5
Lynne Schickert	W70	22/03/12	ECAC	36:17.4
Lorna Lauchlan	W80	22/03/12	ECAC	42:07.0

10km road walk

David Smyth	M40	7/04/12	Jyvask	54:54.0
Garry Hastie	M50	12/07/11	SAC	51:16.0
Harold Membrey	M60	8/04/12	MELB	1:20:33
<i>John Oldfield</i>	<i>M65</i>	<i>29/01/12</i>	<i>Ash</i>	<i>01:24:54</i>
Ray Hall	M75	7/04/12	Jyvask	01:16:23
Regina Crouch	W40	7/02/12	TAUR	01:20:44
Lyn Ventris	W50	12/07/11	SAC	49:51.9
Lyn Ventris	W55	7/04/12	Jyvask	49:59.0
Michele Mison	W60	8/04/12	MELB	1:13:13
Val Millard	W65	8/04/12	MELB	1:09:53
Lynne Schickert	W65	12/07/11	SAC	1:14:08
Lynne Schickert	W70	7/04/12	Jyvask	1:14:10

20km road walk

David Smyth	M40	16/07/11	SAC	02:04:33
Garry Hastie	M50	16/07/11	SAC	01:58:17
Lyn Ventris	W50	16/07/11	SAC	01:42:20
Lynne Schickert	W65	16/07/11	SAC	02:35:20

3000m walk (indoors)

David Smyth	M40	4/04/12	Jyvask	15:55.0
Lyn Ventris	W55	4/04/12	Jyvask	14:51.2
Lynne Schickert	W70	4/04/12	Jyvask	21:38.2

2000m steeplechase

Nick Miletic	M60	9/03/12	WAAS	10:03.0
Greg Wilson	M60	9/03/12	WAAS	10:50.4
Harold Membrey	M60	21/01/12	BUN	10:53.4
Maurice Creagh	M65	9/03/12	WAAS	09:48.2
John Oldfield	M65	25/06/11	BIRM	09:56.4
Bob Schickert	M65	17/07/11	SAC	10:25.6
Bert Carse	M70	9/03/12	WAAS	09:33.4
Bob Schickert	M70	8/04/12	MELB	09:50.1
Brian Waldhuter	M70	7/01/12	BUN	12:15.9
David Carr	M75	9/03/12	WAAS	09:21.8
Cecil Walkley	M80	9/03/12	WAAS	14:12.4
Monique Thomas	W30	10/01/12	WAAS	11:40.4
Kerriann Bresser	W40	11/10/11	WAAS	10:00.4
Regina Crouch	W40	8/04/12	MELB	12:29.2
Delia Baldock	W45	10/02/12	TAUR	10:06.2
Simone Solomon	W45	10/01/12	WAAS	10:49.3
Sue Zlnay	W50	9/03/12	WAAS	09:48.0
Delia Baldock	W50	9/03/12	WAAS	10:14.0
Julie Wilson	W55	9/03/12	WAAS	09:52.6
Carol Bowman	W55	8/04/12	MELB	10:14.9
Carolyn Fawcett	W60	9/03/12	WAAS	14:15.6
Erica Mercer	W65	9/03/12	WAAS	11:25.2
Lynne Schickert	W65	17/07/11	SAC	14:20.0
Lynne Schickert	W70	9/03/12	WAAS	14:04.6

3000m steeplechase

Kim Thomas	M35	9/03/12	WAAS	11:18.7
Andrew Brooker	M40	17/07/11	SAC	11:23.6
Geoff Bailey	M40	9/10/11	ADL	12:19.8
Colin Smith	M45	10/02/12	TAUR	14:41.9
Roscoe McDonnell	M50	17/07/11	SAC	11:34.1
Trevor Scott	M50	9/03/12	WAAS	12:13.5
Mark Dawson	M50	9/03/12	WAAS	13:16.2
Bjorn Dybdahl	M50	17/07/11	SAC	12:46.4

80m hurdles

Don Chambers	M70	7/07/11	SAC	14.94
Brian Waldhuter	M70	21/01/12	BUN	18.6
Carolyn Wills	W40	21/01/12	BUN	13.7
Toni Phillips	W40	24/03/12	WAAS	13.81
Delia Baldock	W45	10/02/12	TAUR	16.46
Ruth Johnson	W70	21/01/12	BUN	20.9

100m hurdles

Garry Hastie	M50	24/03/12	WAAS	20.66
Garry Ralston	M55	7/04/12	MELB	18.16
Rob Antonioli	M60	21/01/12	BUN	22.2

110m hurdles

Paul Edmiston	M35	3/02/12	WAAS	16.48
Mark Jeffery	M40	7/07/11	SAC	18.95
Marty Campbell	M45	9/10/11	ADL	20.76
Mark Elms	M45	7/04/12	MELB	22.90

200m hurdles

Ruth Johnson	W70	25/03/12	WAAS	48.04
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300m hurdles

Rob Antonioli	M60	25/03/12	WAAS	55.87
Harold Membrey	M60	8/04/12	MELB	69.71
Keith Martin	M65	25/03/12	WAAS	59.86
Don Chambers	M70	11/07/11	SAC	58.86
Brian Waldhuter	M70	7/01/12	BUN	66.0

400m hurdles

Geoff Bailey	M40	25/03/12	WAAS	75.74
Marty Campbell	M45	8/10/11	ADL	68.35
Mark Elms	M45	8/04/12	MELB	69.00
Garry Hastie	M50	25/03/12	WAAS	76.38
Toni Phillips	W35	9/02/12	TAUR	79.38
Delia Baldock	W45	13/01/12	WAAS	82.73

Field events

decathlon

Mark Jeffery	M40	07/07/11	SAC	6036
Don Chambers	M70	07/07/11	SAC	4733

Pole Vault

Mark Jeffery	M40	07/07/11	SAC	2.80
Greg Wilson	M60	08/04/12	MELB	2.05
Don Chambers	M70	07/07/11	SAC	2.10

Weight Pentathlon

Greg Urbanowicz	M30	09/04/12	MELB	2644
Matt Staunton	M35	17/03/12	ECAC	3149
Mark Hamilton	M40	17/03/12	ECAC	2453
Ian Coate	M40	17/03/12	ECAC	1308
Craig van Waardenburg	M50	09/04/12	MELB	2743
Andrew Ward	M50	17/03/12	ECAC	1978
Tom Gravestock	M55	17/03/12	ECAC	3135
Bruce McGeorge	M55	09/04/12	MELB	1352
Greg Wilson	M60	17/03/12	ECAC	2281
Harold Membrey	M60	17/03/12	ECAC	1880
Rob Young	M65	17/03/12	ECAC	1818
Don Chambers	M70	17/03/12	ECAC	2360
Jim Davis	M75	17/03/12	ECAC	3119
Bob Fergie	M75	17/03/12	ECAC	2607
Jeff Whittam	M75	17/03/12	ECAC	1701
Chris Tittel	M80	17/03/12	ECAC	2773
Byrony Glass	W30	17/03/12	ECAC	3309
Anne Travis	W35	17/03/12	ECAC	1281
Sue Coate	W45	17/03/12	ECAC	2279
Sharon Moloney	W45	17/03/12	ECAC	2137
Kate Glass	W60	14/07/11	SAC	3674
Elizabeth Szczepanska	W60	09/04/12	MELB	3138
Bev Hamilton	W65	17/03/12	ECAC	3712
Stella Turner	W65	17/03/12	ECAC	2100
Ruth Johnson	W70	17/03/12	ECAC	2286
Dorothy Whittam	W75	17/03/12	ECAC	3191

Outdoor Pentathlon

Paul Jeffery	M35	09/04/12	MELB	317
Mark Jeffery	M40	09/04/12	MELB	310
Chris Neale	M40	17/03/12	ECAC	277
Andrew Brooker	M40	09/04/12	MELB	268
Mark Elms	M45	17/03/12	ECAC	248
Nigel Jones	M45	17/03/12	ECAC	148
John Dennehy	M50	17/03/12	ECAC	108
Steve Fuller	M55	09/04/12	MELB	247
Bruce McGeorge	M55	09/04/12	MELB	168
Rob Antonioli	M60	09/04/12	MELB	250
Geoff Brayshaw	M60	17/03/12	ECAC	227
Nick Miletic	M60	17/03/12	ECAC	193
Ivan Brown	M65	17/03/12	ECAC	198
John Oldfield	M65	17/03/12	ECAC	110
Peter Gare	M70	17/03/12	ECAC	310
Don Chambers	M70	17/03/12	ECAC	180
Leon Sander	M75	17/03/12	ECAC	297
David Carr	M75	17/03/12	ECAC	220
Melissa Foster	W30	09/04/12	MELB	227
Regina Crouch	W40	17/03/12	ECAC	98
Sue Coate	W45	09/04/12	MELB	237
Sue Bourn	W45	17/03/12	ECAC	218
Carol Bowman	W55	17/03/12	ECAC	172
Julie Wilson	W55	17/03/12	ECAC	168
Sarah Ladwig	W60	17/03/12	ECAC	138
Carolyn Fawcett	W60	17/03/12	ECAC	37
Peggy Macliver	W65	17/03/12	ECAC	348
Ruth Johnson	W70	17/03/12	ECAC	288
Lynne Schickert	W70	17/03/12	ECAC	158

Long Jump

M30

W30

Melissa Foster	06/03/12	WAAS	5.42
Danielle Baldock	24/01/12	WAAS	3.50
Monique Thomas	03/11/11	ECAC	2.23

M35

Paul Jeffery	09/04/12	MELB	6.10
Mark Frew	06/03/12	WAAS	4.88
Kim Thomas	03/11/11	ECAC	4.67

W35

Toni Phillips	19/01/12	ECAC	2.58
Anne Travis	19/01/12	ECAC	1.88

M40

Mark Jeffery	06/07/11	SAC	5.90
Chris Neale	17/03/12	ECAC	5.80
Maurice Pascal	24/03/12	WAAS	5.75

W40

Regina Crouch	06/04/12	MELB	3.34
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M45

Mark Elms	24/03/12	WAAS	5.44
Bernard Riviere	24/03/12	WAAS	5.34
Mark Phillips	12/01/12	ECAC	4.31

W45

Cathy McCloskey	06/04/12	MELB	4.28
Delia Baldock	06/02/12	TAUR	4.01
Sue Coate	24/01/12	WAAS	3.92

M50

Rudy Kocis	07/10/11	ADL	5.07
Andrew Ward	24/03/12	WAAS	4.29
John Dennehy	03/11/11	ECAC	3.87

W50

Delia Baldock	24/03/12	WAAS	3.84
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M55

Garry Ralston	24/03/12	WAAS	5.28
Mark Hewitt	12/01/12	ECAC	4.70
Tom Gravestock	09/04/12	MELB	4.57

W55

Carol Bowman	03/11/11	ECAC	2.76
Julie Wilson	24/03/12	WAAS	2.67

M60

Dave Wyatt	19/01/12	ECAC	5.00
Geoff Brayshaw	03/01/12	WAAS	4.46
Oswald Igel	25/10/11	WAAS	3.97

W60

Sarah Ladwig	19/01/12	ECAC	2.89
Carolyn Fawcett	01/03/12	ECAC	2.40
Carey Dickason	24/03/12	WAAS	2.39

M65

Keith Martin	01/12/11	ECAC	3.80
Ivan Brown	09/04/12	MELB	3.26
John Oldfield	28/02/12	WAAS	2.21

W65

Peggy Macliver	02/02/12	ECAC	3.56
Brenda Painter	24/03/12	WAAS	2.92

M70

David Clive	19/01/12	ECAC	4.52
Peter Gare	17/03/12	SAC	3.95
Don Chambers	06/07/11	SAC	3.85

W70

Ruth Johnson	06/04/12	MELB	3.10
Lynne Schickert	06/04/12	Jyvask	2.68

M75

David Clive	06/04/12	MELB	4.42
Leon Sander	17/03/12	ECAC	3.39
Bob Fergie	24/03/12	WAAS	2.52

W75

W80

Pat Carr	24/03/12	WAAS	2.39
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M80

Derry Foley	01/03/12	ECAC	2.60
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discus

M30

Greg Urbanowicz	07/04/12	MELB	39.69
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M35

Matt Staunton	01/03/12	ECAC	40.56
Paul Jeffery	04/11/11	WAAS	37.49
Mark Frew	01/03/12	ECAC	30.83

M40

Mark Jeffery	24/02/12	WAAS	37.32
Mark Hamilton	25/03/12	WAAS	35.21
Chris Neale	01/03/12	ECAC	27.65
Andrew Brooker	17/03/12	ECAC	27.65

M45

Paul Foley	24/02/12	WAAS	30.54
Roger Ditewig	25/03/12	WAAS	28.37
Mark Phillips	12/01/12	ECAC	21.83

M50

Craig van Waardenburg	18/01/12	WAAS	38.86
Andrew Ward	22/12/11	ECAC	30.50
Brian Miller	02/02/12	ECAC	27.51

M55

Tom Gravestock	12/01/12	ECAC	40.66
Geoff Gee	08/12/11	ECAC	33.22
Lajos joni	08/12/11	ECAC	32.77

M60

Oswald Igel	25/03/12	WAAS	37.94
Greg Wilson	02/02/12	ECAC	33.46
Geoff Brayshaw	25/03/12	WAAS	31.37

M65

Stan Selby	25/03/12	WAAS	32.13
Rob Young	24/01/12	BUN	28.16
Nick Miletic	09/12/11	WAAS	25.19

M70

Peter Gare	17/03/12	ECAC	30.38
Leon Sander	03/01/12	BUN	24.70
Don Chambers	07/07/11	SAC	22.51

M75

Jim Davis	25/03/12	WAAS	27.99
Leon Sander	17/03/12	ECAC	22.87
Bob Fergie	17/01/12	WAAS	22.19

M80

Chris Tittel	09/07/11	SAC	21.00
Rob Shand	20/03/12	WAAS	19.56

W30

Byrony Glass	19/01/12	WAAS	34.07
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W35

Sarah Edmiston	01/04/12	WAAS	36.05
Byrony Glass	07/04/12	MELB	35.72
Anne Travis	17/03/12	ECAC	17.49

W40

Carolyn Wills	03/01/12	BUN	26.99
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W45

Sue Coate	31/01/12	WAAS	23.46
Sharon Moloney	25/03/12	WAAS	21.93

W50

W55

Barbara Brown	25/03/12	WAAS	18.74
Carol Bowman	09/12/11	WAAS	11.99

W60

Elizabeth Szczepanska	07/10/11	ADL	23.87
Kate Glass	07/04/12	MELB	22.99
Carey Dickason	25/03/12	WAAS	14.59

W65

Bev Hamilton	15/03/12	ECAC	24.73
Peggy Macliver	26/01/12	ECAC	17.66
Stella Turner	15/03/12	ECAC	14.85

W70

Barbara Campbell	25/03/12	WAAS	17.98
Ruth Johnson	31/01/12	BUN	13.63
Lynne Schickert	25/02/12	BUN	10.18

W75

Dorothy Whittam	17/03/12	ECAC	12.99
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W80

Rae McMillan	17/01/12	WAAS	13.89
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Weight Throw

M30

Greg Urbanowicz 06/03/12 WAAS 13.28

M35

Matt Staunton 01/03/12 ECAC 14.18
Simon Popelier 01/12/11 ECAC 7.73
Mark Frew 01/03/12 ECAC 7.58

M40

Mark Hamilton 06/10/11 ECAC 12.09
Paul Abercrombie 24/11/11 ECAC 7.15
Ian Coate 25/03/12 WAAS 6.89

M45

Ian Coate 05/01/12 ECAC 7.47
Roger Ditewig 05/01/12 ECAC 6.83

M50

Craig van Waardenburg 08/04/12 MELB 14.67
Garry Hastie 24/01/12 BUN 9.25
Andrew Ward 27/10/11 ECAC 8.98

M55

Lajos Joni 24/11/11 ECAC 15.81
Geoff Gee 25/03/12 WAAS 14.25
Tom Gravestock 25/03/12 WAAS 13.13

M60

Greg Wilson 25/03/12 WAAS 10.64
Harold Membrey 10/12/11 BUN 10.11
Mike Anderson 24/01/12 WAAS 4.95

M65

Rob Young 25/03/12 WAAS 8.97

M70

Don Chambers 26/06/11 BIRM 12.55
Brian Waldhuter 21/01/12 BUN 8.67
Bob Chalmers 25/03/12 WAAS 7.98

M75

Jim Davis 25/03/12 WAAS 11.36
Bob Fergie 17/03/12 ECAC 11.14
Jeff Whittam 20/03/12 WAAS 9.37

M80+

Chris Tittel 17/03/12 ECAC 10.56
Rob Shand 25/03/12 WAAS 9.06

W30

Byrony Glass 17/03/12 ECAC 17.23

W35

Byrony Glass 08/04/12 MELB 17.29
Sarah Edmiston 25/03/12 WAAS 11.18
Anne Travis 17/03/12 ECAC 5.95

W40

W45

Sue Coate 25/03/12 WAAS 8.66
Sharon Moloney 24/01/12 BUN 7.03

W50

W55

Barbara Brown 25/03/12 WAAS 7.88

W60

1 Elizabeth Szczepanska 10/10/11 ADL 13.19
1 Kate Glass 17/03/12 ECAC 13.19
June Streeter 25/03/12 WAAS 6.60

W65

Bev Hamilton 01/12/11 ECAC 12.18
Stella Turner 15/03/12 ECAC 8.14

W70

Barbara Campbell 27/10/11 ECAC 9.02
Ruth Johnson 21/01/12 BUN 7.23

W75

Dorothy Whittam 17/03/12 ECAC 9.58

W80

Rae McMillan 20/03/12 WAAS 7.68

Shot Put

M30

Greg Urbanowicz	8/04/12	MELB	13.53
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M35

Matt Staunton	17/03/12	ECAC	12.70
Mark Frew	20/10/11	ECAC	9.37
Simon Popelier	1/12/11	ECAC	9.32

M40

Mark Hamilton	25/03/12	WAAS	11.00
Mark Jeffery	6/07/11	SAC	10.95
Paul Abercrombie	1/12/11	ECAC	8.69

M45

Paul Foley	4/11/11	WAAS	10.17
Roger Ditewig	31/01/12	WAAS	8.72
Quinton de Klerk	14/02/12	WAAS	8.06

M50

Craig van Waardenburg	31/01/12	WAAS	11.64
Garry Hastie	10/01/12	BUN	8.79
Andrew Ward	17/03/12	ECAC	8.44

M55

Geoff Gee	1/12/11	ECAC	12.26
Tom Gravestock	12/01/12	ECAC	11.75
Lajos Joni	11/11/11	ECAC	10.16

M60

Oswald Igel	14/02/12	WAAS	11.66
Rocky Cloete	12/01/12	ECAC	11.42
Greg Wilson	6/01/12	WAAS	9.54

M65

Rob Young	6/02/12	TAUR	8.88
Maurice Creagh	17/11/11	ECAC	5.11
John Oldfield	17/11/11	ECAC	2.75

M70

Don Chambers	26/06/11	BIRM	8.97
Bob Chalmers	25/03/12	WAAS	7.81
Brian Waldhuter	7/02/12	BUN	6.88

M75

Jim Davis	25/03/12	WAAS	9.78
Bob Fergie	25/03/12	WAAS	8.12
Jeff Whittam	28/02/12	WAAS	6.51

M80

Chris Tittel	17/03/12	ECAC	8.33
Rob Shand	25/03/12	WAAS	6.86

W30

Byrony Glass	25/03/12	WAAS	11.08
Melissa Foster	17/03/12	ECAC	8.99
Monique Thomas	17/11/11	ECAC	3.80

W35

Byrony Glass	9/04/12	MELB	11.44
Sarah Edmiston	25/03/12	WAAS	8.52
Anne Travis	22/03/12	ECAC	7.44

W40

Carolyn Wills	10/01/12	BUN	9.27
Regina Crouch	17/03/12	ECAC	5.97

W45

Sue Coate	17/03/12	ECAC	8.41
Sharon Moloney	10/01/12	BUN	7.81
Sue Bourn	17/03/12	ECAC	6.01

W50

W55

Barbara Brown	25/03/12	WAAS	7.44
Julie Wilson	17/11/11	ECAC	5.05
Carol Bowman	17/03/12	ECAC	4.70

W60

Kate Glass	25/03/12	WAAS	9.60
Elizabeth Szczepanska	7/10/11	ADL	9.27
Carey Dickason	25/03/12	WAAS	6.49

W65

Bev Hamilton	15/12/11	ECAC	8.71
Stella Turner	13/10/11	ECAC	6.79
Peggy Macliver	17/03/12	ECAC	6.66

W70

Barbara Campbell	25/03/12	WAAS	7.29
Ruth Johnson	17/03/12	ECAC	5.48

W75

Dorothy Whittam	17/03/12	ECAC	7.11
Lynne Schickert	17/03/12	ECAC	4.81

W80

Rae McMillan	28/02/12	WAAS	6.07
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Hammer

M30

Greg Urbanowicz	7/04/12	MELB	41.87
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M35

Matt Staunton	22/03/12	ECAC	45.25
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M40

Mark Hamilton	24/03/12	WAAS	33.09
Paul Abercrombie	8/03/12	ECAC	20.73
Ian Coate	24/03/12	WAAS	18.86

M45

Paul Foley	2/12/11	WAAS	31.19
Roger Ditewig	24/03/12	WAAS	28.37

M50

John Everard	24/03/12	WAAS	42.33
Craig van Waardenburg	18/01/12	WAAS	37.84
Andrew Ward	24/03/12	WAAS	24.54

M55

Lajos Joni	2/12/11	WAAS	43.75
Tom Gravestock	8/10/11	ADL	38.89
Geoff Gee	22/12/11	ECAC	34.64

M60

Oswald Igel	24/03/12	WAAS	37.94
Geoff Brayshaw	24/03/12	WAAS	31.37
Greg Wilson	22/12/11	ECAC	25.26

M65

Rob Young	25/02/12	BUN	23.69
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M70

Don Chambers	17/03/12	ECAC	24.65
Bob Chalmers	24/03/12	WAAS	20.40
Brian Waldhuter	27/03/12	BUN	18.39

M75

Jim Davis	24/03/12	WAAS	31.72
Bob Fergie	17/03/12	ECAC	25.39
Jeff Whittam	13/03/12	WAAS	20.02

M80

Chris Tittel	17/03/12	ECAC	26.60
Rob Shand	24/03/12	WAAS	17.22

W30

Byrony Glass	17/03/12	ECAC	53.32
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W35

Byrony Glass	7/04/12	MELB	54.47
Sarah Edmiston	25/03/12	WAAS	37.89
Anne Travis	17/03/12	ECAC	17.06

W40

W45

Sharon Moloney	7/02/12	BUN	23.63
Sue Coate	17/03/12	ECAC	20.10

W50

Kylie Everard	24/03/12	WAAS	23.38
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W55

Barbara Brown	7/02/12	BUN	23.92
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W60

Kate Glass	9/07/11	SAC	36.11
Elizabeth Szczepanska	9/10/11	ADL	30.74
Carey Dickason	24/03/12	WAAS	19.90

W65

Bev Hamilton	24/03/12	WAAS	29.33
Stella Turner	8/03/12	ECAC	18.47

W70

Ruth Johnson	25/02/12	BUN	18.62
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W75

Dorothy Whittam	24/03/12	WAAS	23.90
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W80

Rae McMillan	13/03/12	WAAS	17.29
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Triple Jump

Kim Thomas	M35	24/11/11	ECAC	9.36	
Chris Neale	M40	24/11/11	WAAS	11.61	
Geoff Bailey	M40	7/10/11	ADL	11.24	
Andrew Brooker	M40	13/12/11	WAAS	10.89	
Ian Coate	M40	25/03/12	WAAS	9.72	
Bernard Riviere	M45	15/11/11	WAAS	10.37	
Colin Smith	M45	25/03/12	WAAS	9.42	
Paul Foley	M45	15/11/11	WAAS	9.10	
Campbell Till	M50	13/12/11	WAAS	9.65	
Andrew Ward	M50	25/03/12	WAAS	8.06	
Wayne Rubick	M50	25/03/12	WAAS	6.90	
Garry Ralston	M55	25/03/12	WAAS	10.48	
Brian Hewitt	M55	24/11/11	ECAC	7.81	
Dave Wyatt	M60	25/03/12	WAAS	9.56	
Geoff Brayshaw	M60	28/02/12	WAAS	8.87	
Keith Martin	M65	13/12/11	WAAS	8.49	
Maurice Creagh	M65	24/11/11	ECAC	5.98	
John Oldfield	M65	24/11/11	ECAC	5.03	
David Clive	M70	31/01/12	WAAS	8.31	
Don Chambers	M70	26/06/11	BIRM	7.86	
Brian Waldhuter	M70	31/01/12	BUN	7.61	
Leon Sander	M70	3/01/12	BUN	7.24	
David Clive	M75	25/03/12	WAAS	8.19	
David Carr	M75	5/01/12	ECAC	6.23	
Bob Fergie	M75	14/02/12	WAAS	5.75	
Derry Foley	M80	5/01/12	ECAC	5.95	w/a
Melissa Foster	W30	8/04/12	MELB	11.29	nwi
Monique Thomas	W30	24/11/11	ECAC	5.77	
Regina Crouch	W40	25/03/12	WAAS	6.43	
Cathy McCloskey	W45	28/02/12	WAAS	9.11	
Delia Baldock	W45	24/11/11	ECAC	8.57	
Sue Coate	W45	8/04/12	MELB	8.55	nwi
Delia Baldock	W50	25/03/12	WAAS	8.08	
Karyn Gower	W50	13/12/11	WAAS	5.48	
Sarah Ladwig	W60	24/11/11	ECAC	5.73	
Carey Dickason	W60	25/03/12	WAAS	5.66	
Peggy Macliver	W65	24/11/11	ECAC	7.07	
Brenda Painter	W65	25/03/12	WAAS	6.88	
Christine Oldfield	W65	13/12/11	WAAS	4.80	
Ruth Johnson	W70	8/04/12	MELB	6.69	nwi
Lynne Schickert	W70	5/01/12	ECAC	6.10	

High Jump

Greg Urbanowicz	M30	25/03/12	WAAS	1.30
Mark Jeffery	M40	06/07/11	SAC	1.75
Ian Coate	M40	14/02/12	WAAS	1.47
Kevin Collins	M40	25/03/12	WAAS	1.10
Bernard Riviere	M45	25/03/12	WAAS	1.53
Roger Ditewig	M45	31/01/12	WAAS	1.60
Paul Foley	M45	04/11/11	WAAS	1.40
Rudy Kocis	M50	08/10/11	ADL	1.55
Garry Hastie	M50	21/01/12	BUN	1.40
Dave Wyatt	M60	16/12/11	WAAS	1.47
Greg Wilson	M60	06/01/12	WAAS	1.40
Geoff Brayshaw	M60	10/01/12	WAAS	1.25
Keith Martin	M65	18/10/11	WAAS	1.15
Brian Waldhuter	M70	10/12/11	BUN	1.27
Don Chambers	M70	06/07/11	SAC	1.09
Lyle James	M70	07/01/12	BUN	0.90
Bob Fergie	M75	25/03/12	WAAS	1.00
Sue Coate	W45	24/03/12	WAAS	1.33
Delia Baldock	W45	28/02/12	WAAS	1.27
Gill Edmonds	W45	18/10/11	WAAS	1.20
Brenda Painter	W65	25/03/12	WAAS	1.00
Ruth Johnson	W70	07/01/12	BUN	0.94

Javelin**M30**

Greg Urbanowicz	9/04/12	MELB	35.57
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M35

Paul Jeffery	6/01/12	WAAS	54.33
Matt Staunton	17/03/12	ECAC	46.67
Mark Frew	20/10/11	ECAC	46.07

M40

Mark Jeffery	12/07/11	SAC	50.79
Andrew Brooker	9/04/12	MELB	43.20
Alec Ring	20/10/11	ECAC	41.27

M45

Roger Ditewig	5/01/12	ECAC	43.85
Paul Foley	2/12/11	WAAS	41.21
Mark Phillips	12/01/12	ECAC	36.77

M50

Andrew Ward	25/03/12	WAAS	34.30
Garry Hastie	24/01/12	BUN	32.21
Craig van Waardenburg	9/04/12	MELB	30.29

M55

Rob Antonioli	25/10/11	BUN	40.51
Geoff Gee	5/01/12	ECAC	34.72
Steve Fuller	25/03/12	WAAS	32.65

M60

Geoff Brayshaw	17/03/12	ECAC	32.32
Oswald Igel	14/02/12	WAAS	31.52
Greg Wilson	18/01/12	WAAS	29.24

M65

Stan Selby	25/03/12	WAAS	38.63
Ivan Brown	9/04/12	MELB	19.61
Rob Young	24/01/12	BUN	16.79

M70

Peter Gare	17/03/12	ECAC	30.12
Leon Sander	20/12/11	BUN	20.58
Bob Chalmers	25/03/12	WAAS	20.55

M75

Leon Sander	25/03/12	WAAS	22.46
Rob Shand	24/01/12	WAAS	21.11
Jim Davis	25/03/12	WAAS	21.06

M80

Rob Shand	25/03/12	WAAS	20.67
Chris Tittel	17/03/12	ECAC	11.86

W30

Melissa Foster	24/11/11	ECAC	22.16
Monique Thomas	8/12/11	ECAC	6.69

W35

Maria Trolio	6/10/11	ECAC	24.84
Sarah Edmiston	25/03/12	WAAS	22.71
Anne Travis	17/03/12	ECAC	13.47

W40

Regina Crouch	25/03/12	WAAS	15.76
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W45

Sue Coate	14/02/12	WAAS	26.95
Sharon Moloney	17/03/12	ECAC	20.35
Cathy McCloskey	14/02/12	WAAS	14.47

W50

Karyn Gower	08/12/11	ECAC	9.15
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W55

Barbara Brown	25/03/12	WAAS	18.88
Julie Wilson	17/03/12	ECAC	14.81
Carol Bowman	8/03/12	ECAC	12.14

W60

Kate Glass	14/07/11	SAC	23.60
Elizabeth Szczepanska	8/10/11	ADL	17.12
Gillian Young	6/10/11	ECAC	13.46

W65

Bev Hamilton	25/03/12	WAAS	19.65
Peggy Macliver	8/12/11	ECAC	16.68
Stella Turner	25/03/12	WAAS	13.61

W70

Barbara Campbell	25/03/12	WAAS	18.21
Ruth Johnson	24/01/12	BUN	11.57
Lynne Schickert	8/12/11	ECAC	10.73

W75

Dorothy Whittam	25/03/12	WAAS	12.35
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W80

Rae McMillan	24/01/12	WAAS	12.92
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