

**Women****60m**

W30				
1	Menon, Kathy	W32	9.4	
W35				
1	Wills, Carolyn	W38	8.6	
W40				
1	Wolfenden, Deborah	W44	10.6	
W45				
1	Baldock, Delia	W46	9.8	
W50				
1	Bowman, Carol	W53	10.7	
W55				
1	Ladwig, Sarah	W58	12.8	
W60				
1	Macliver, Peggy	W63	9.7	
2	Young, Gillian	W60	10.3	
3	Millard, Valerie	W61	12.6	
W65				
1	Schickert, Lynne	W66	14.1	
W75				
1	Carr, Patrica	W76	11.7	

**100m**

W30				
1	Menon, Kathy	W32	15.0	
W40				
1	Wolfenden, Deborah	W44	17.5	
W45				
1	Baldock, Delia	W46	16.1	
W50				
1	Bowman, Carol	W53	17.9	
W55				
1	Choate, Lynne	W55	15.0	
2	Ladwig, Sarah	W58	21.1	
W60				
1	Macliver, Peggy	W63	15.7	
2	Young, Gillian	W60	16.7	
3	Millard, Valerie	W61	20.8	
W65				
1	Schickert, Lynne	W66	21.7	
W75				
1	Carr, Patrica	W76	19.7	

**200m**

W30				
1	Menon, Kathy	W32	30.5	
W35				
1	Wills, Carolyn	W38	27.6	
W45				
1	Baldock, Delia	W46	32.2	
W50				
1	Bowman, Carol	W53	35.6	
W60				
1	Macliver, Peggy	W63	31.0	
2	Young, Gillian	W60	33.6	
<b>400m</b>				
W30				
1	Menon, Kathy	W32	70.3	
W35				
1	Wills, Carolyn	W38	63.3	
W40				
1	Bresser, Kerriann	W40	73.9	

**W45**

1	Baldock, Delia	W46	73.6	
W50				
1	Bowman, Carol	W53	1:20.5	
W60				
1	Macliver, Peggy	W63	72.9	
2	Young, Gillian	W60	76.0	
3	Prescott, Valerie	W64	1:55.1	
W65				
1	Bennett, Margaret	W66	2:13.7	
<b>800m</b>				
W30				
1	Johnson, Rosemary	W32	2:35.6	
W50				
1	Saunders, Margaret	W54	2:46.5	
2	Bowman, Carol	W53	3:23.1	
W60				
1	Macliver, Peggy	W63	2:56.2	
2	Young, Gillian	W60	2:56.4	
3	Prescott, Valerie	W64	4:24.1	
W65				
1	Bennett, Margaret	W66	5:00.2	
<b>1500m</b>				
W30				
1	Johnson, Rosemary	W32	5:18.3	
W40				
1	Keane, Niamh	W42	5:09.5	
2	Bresser, Kerriann	W40	6:43.2	
W45				
1	King, Robin	W49	5:24.7	
2	Gower, Karyn	W48	6:15.2	
W50				
1	Saunders, Margaret	W54	5:46.5	
W60				
1	Young, Gillian	W60	6:00.5	
2	Prescott, Valerie	W64	8:45.5	
W65				
1	Bennett, Margaret	W66	9:49.6	
<b>5000m</b>				
W30				
1	Johnson, Rosemary	W32	19:12.7	
W40				
1	Keane, Niamh	W42	19:45.6	
2	Walker, Amanda	W42	20:42.8	
W45				
1	March, Karen	W46	21:42.0	
2	Gower, Karyn	W48	23:12.3	
W50				
1	Bowman, Carol	W53	25:10.0	
W55				
1	McAuley, Fiona	W57	28:08.1	
W60				
1	Young, Gillian	W60	21:41.0	
W65				
1	Shillinglaw, Loretta	W66	30:15.5	
<b>10000m</b>				
W30				
1	Johnson, Rosemary	W32	41:24.6	
W45				
1	March, Karen	W46	46:06.5	
W50				
1	Bowman, Carol	W53	54:29.0	

W55	1 McAuley, Fiona	W57	59:52.7	W45	1 Baldock, Delia	W46	1.30m
W60	1 Young, Gillian	W60	46:03.1	<b>Long Jump</b>			
	2 Oldfield, Christine	W63	59:58.9	W30	1 Menon, Kathy	W32	4.40m
W65	1 Shillinglaw, Loretta	W66	1:06:16.8	W35	1 Wills, Carolyn	W38	5.18m
	2 Bennett, Margaret	W66	1:11:53.9	W45	1 Baldock, Delia	W46	4.28m
<b>1500m Walk</b>				W60	1 Macliver, Peggy	W63	3.64m
W45	1 King, Robin	W49	7:15.8	W65	1 Schickert, Lynne	W66	2.65m
W50	1 Ventris, Lynette	W51	6:47.4	W75	1 Carr, Patrica	W76	2.89m
W60	1 Millard, Valerie	W61	8:59.2	<b>Triple Jump</b>			
	2 Mison, Michelle	W60	9:22.9	W30	1 Menon Kathy	W32	8.64m
W65	1 Schickert, Lynne	W66	10:18.5	W45	1 Baldock Delia	W46	8.68m
W70	1 Whittam, Dorothy	W71	11:32.8	W65	1 Schickert Lynne	W66	5.71m
	2 Medcalf, Noela	W73	12:23.8	<b>Shot Put</b>			
	3 Flanders, Maggie	W71	13:16.3	W30	1 Glass, Byrony	W30	11.95m
W75	1 Lauchlan, Lorna	W77	12:09.0	W35	1 Wills, Carolyn	W38	6.98m
<b>3000m Walk</b>				W50	1 Brown, Barbara	W53	8.38m
W45	1 King, Robin	W49	15:18.0	W55	1 Glass, Kate	W58	10.40m
W50	1 Ventris, Lynette	W51	14:31.1		2 Szczepanska, Elizabeth	W56	8.52m
W60	1 Millard, Valerie	W61	18:49.3		3 Streeter, June	W58	6.01m
	2 Mison, Michelle	W60	19:59.9	W60	1 Hamilton, Beverley	W62	9.44m
W65	1 Schickert, Lynne	W66	21:21.9		2 Millard, Valerie	W61	5.04m
<b>5000m Walk</b>				W70	1 Whittam, Dorothy	W71	6.68m
W45	1 King, Robin	W49	26:10.4	W80	1 McMillan, Raema	W80	7.12m
W50	1 Ventris, Lynette	W51	24:52.8	<b>Discus</b>			
W65	1 Schickert, Lynne	W66	36:02.0	W30	1 Glass, Byrony	W30	35.93m
<b>80m Hurdles</b>				W35	1 Wills, Carolyn	W38	25.49m
W45	1 Baldock, Delia	W46	16.4	W50	1 Brown, Barbara	W53	19.57m
<b>100m Hurdles</b>				W55	1 Glass, Kate	W58	23.87m
W35	1 Wills, Carolyn	W38	18.7		2 Szczepanska, Elizabeth	W56	21.55m
<b>400m Hurdles</b>					3 Streeter, June	W58	15.28m
W35	1 Wills, Carolyn	W38	76.5	W60	1 Hamilton, Beverley	W62	22.76m
W45	1 Baldock, Delia	W46	1:25.9		2 Prescott, Valerie	W64	14.36m
<b>2000m Steeplechase</b>					3 Millard, Valerie	W61	12.12m
W45	1 Baldock, Delia	W46	10:27.62	W65	1 Schickert, Lynne	W66	11.82m
W65	1 Schickert, Lynne	W66	14:05.70	W70	1 Medcalf, Noela	W73	14.61m
<b>High Jump</b>					2 Whittam, Dorothy	W71	13.00m
W30	1 Menon, Kathy	W32	1.30m		3 Flanders, Maggie	W71	10.20m
W35	1 Wills, Carolyn	W38	1.56m				

W75	1 Carr, Patrica	W76	14.05m	W50	1 Brown, Barbara	W53	2267
W80	1 McMillan, Raema	W80	17.29m	W55	1 Glass, Kate	W58	3693
<b>Hammer</b>				3 Streeter, June	W58	1689	
W30	1 Glass, Byrony	W30	54.15m	W60	1 Hamilton, Beverley	W62	3157
W50	1 Brown, Barbara	W53	20.46m	W70	1 Whittam, Dorothy	W71	3007
W55	1 Glass, Kate	W58	39.24m	W80	1 McMillan, Raema	W80	4645
	2 Szczepanska, Elizabeth	W56	32.42m	<b>Men</b>			
	3 Streeter, June	W58	16.87m	<b>60m</b>			
W60	1 Hamilton, Beverley	W62	19.51m	M35	1 Neale, Chris	M38	7.7
W70	1 Whittam, Dorothy	W71	19.64m		2 Menon, Prakash	M37	8.0
<b>Javelin</b>					3 Burke, Paul	M37	8.5
W50	1 Brown, Barbara	W53	17.53m	M40	1 Morkel, Andre	M40	8.2
W55	1 Glass, Kate	W58	21.89m	M45	1 Smith, Colin	M45	7.9
	2 Streeter, June	W58	11.45m		2 Jones, Nigel	M45	8.1
W60	1 Hamilton, Beverley	W62	20.33m		3 Luck, David	M48	8.3
	2 Prescott, Valerie	W64	14.90m		4 Wills, Robert	M49	9.5
W70	1 Whittam, Dorothy	W71	15.17m		5 Dennehy, John	M48	9.6
	2 Flanders, Maggie	W71	11.87m	M50	1 Ralston, Garry	M52	7.5
W80	1 McMillan, Raema	W80	13.59m		2 Dumolard, Guito	M51	8.1
<b>Weight Throw</b>				M55	1 Antonioli, Rob	M56	8.5
W30	1 Glass, Byrony	W30	16.44m		2 Miletic, Nick	M57	9.5
W50	1 Brown, Barbara	W53	8.75m	M60	1 Fearnall, Roy	M64	8.7
W55	1 Glass, Kate	W58	10.68m		2 Oliver, Bernie	M64	10.5
	2 Szczepanska, Elizabeth	W56	10.27m		3 Mathieson, Bruce	M63	11.3
	3 Streeter, June	W58	5.58m	M65	1 Kernaghan, Barrie	M67	8.8
W60	1 Hamilton, Beverley	W62	10.20m		2 Gare, Peter	M67	9.2
W70	1 Whittam, Dorothy	W71	8.89m		3 James, Lyle	M67	10.8
W80	1 McMillan, Raema	W80	9.06m	M70	1 Chambers, Don	M70	9.6
<b>Outdoor Pentathlon</b>					2 McGlashan, Hamish	M70	10.4
W50	1 Bowman, Carol	W53	1343	<b>100m</b>			
W60	1 Macliver Peggy	W63	3197	M35	1 Neale, Chris	M38	12.3
	2 Oldfield Christine	W63	1183		2 Menon, Prakash	M37	13.4
W65	1 Schickert Lynne	W66	1451		3 Burke, Paul	M37	13.6
W75	1 Carr Patrica	W76	2088	M40	1 Morkel, Andre	M40	13.1
<b>Weight Pentathlon</b>					2 Collins, Kevin	M40	17.8
W30	1 Glass, Byrony	W30	3580	M45	1 Smith, Colin	M45	12.4
W45	1 Moloney, Sharon	W45	2546		2 Jones, Nigel	M45	12.7
					3 Phillips, David	M46	13.0
					4 Luck, David	M48	13.4
					5 Wills, Robert	M49	14.7
					6 Dennehy, John	M48	15.0
				M50	1 Ralston, Garry	M52	12.2
					2 Dumolard, Guito	M51	13.4
					3 Edwards, Mike	M51	13.7
					4 Newell, Barry	M51	14.2

M55				M50			
1	Antoniolli, Rob	M56	13.6	1	Morfitt, Neil	M52	57.4
2	Greenhalgh, Rob	M57	14.1	2	Edwards, Mike	M51	63.8
3	Miletic, Nick	M57	15.2	3	Dybdahl, Bjorn	M54	64.2
M60				4	Newell, Barry	M51	66.2
1	Fearnall, Roy	M64	13.7	M55			
2	Martin, Keith	M64	14.1	1	McAuley, Duncan	M58	61.2
3	Oliver, Bernie	M64	16.9	2	Antoniolli, Rob	M56	61.5
4	Mathieson, Bruce	M63	17.8	3	Greenhalgh, Rob	M57	64.7
M65				4	Miletic, Nick	M57	75.1
1	Kernaghan, Barrie	M67	14.1	M60			
2	O'Reilly, Mike	M68	14.8	1	Fearnall, Roy	M64	65.0
3	James, Lyle	M67	17.8	2	Martin, Keith	M64	65.8
M70				3	Wilson, Bruce	M62	68.6
1	Chambers, Don	M70	15.1	4	Brown, Ivan	M63	76.6
M75				5	Mathieson, Bruce	M63	77.6
1	Lockwood, Stanley	M78	27.2	M65			
<b>200m</b>				1	Kernaghan, Barrie	M67	66.0
M35				2	O'Reilly, Mike	M68	73.2
1	Neale, Chris	M38	24.0	3	James, Lyle	M67	1:41.6
2	Perrey, Chris	M36	24.2	M70			
3	Burke, Paul	M37	26.3	1	Chambers, Don	M70	1:21.1
4	Menon, Prakash	M37	26.9	M75			
M45				1	Walkley, Cecil	M78	1:53.8
1	Smith, Colin	M45	25.2	<b>800m</b>			
2	Jones, Nigel	M45	26.1	M30			
3	Luck, David	M48	26.3	1	Watson, Graeme	M30	2:11.6
4	Wills, Robert	M49	30.3	M35			
5	Dennehy, John	M48	30.6	1	George, Eldon	M38	2:42.4
M50				M40			
1	Ralston, Garry	M52	24.9	1	Solomon, David	M43	2:16.6
2	Dumolard, Guito	M51	27.9	2	Cotton, Ian	M43	2:18.4
M55				3	Collier, John	M41	2:55.0
1	Antoniolli, Rob	M56	27.2	M45			
2	McAuley, Duncan	M58	27.7	1	Dawson, Mark	M46	2:20.9
3	Miletic, Nick	M57	32.5	2	Sullivan, Peter	M49	2:23.4
M60				3	Keane, Ross	M46	2:24.8
1	Fearnall, Roy	M64	28.4	4	Dennehy, John	M48	2:46.9
2	Oliver, Bernie	M64	35.0	5	Wills, Robert	M49	2:53.9
M65				M50			
1	Kernaghan, Barrie	M67	27.6	1	Morfitt, Neil	M52	2:11.8
2	Gare, Peter	M67	29.1	2	Dybdahl, Bjorn	M54	2:27.8
M70				M55			
1	Chambers, Don	M70	31.2	1	McAuley, Duncan	M58	2:28.0
<b>400m</b>				2	Antoniolli, Rob	M56	2:35.8
M30				3	Miletic, Nick	M57	3:03.0
1	Watson, Graeme	M30	55.7	M60			
M35				1	Mathieson, Bruce	M63	3:00.5
1	Perrey, Chris	M36	53.3	2	Creagh, Maurice	M61	3:08.0
2	Neale, Chris	M38	54.6	M65			
3	Burke, Paul	M37	59.5	1	Carse, Bert	M66	2:33.3
M40				2	Roberts, David	M65	2:47.3
1	Cotton, Ian	M43	57.7	3	O'Reilly, Mike	M68	3:01.6
2	Morkel, Andre	M40	60.7	4	James, Lyle	M67	3:47.0
3	Collier, John	M41	67.8	M75			
M45				1	Carr, David	M75	2:34.3
1	VanderSanden, Greg	M49	56.8	2	Walkley, Cecil	M78	4:05.0
2	Smith, Colin	M45	56.9	<b>1500m</b>			
3	Dennehy, John	M48	68.5	M35			
4	Wills, Robert	M49	71.7	1	Burke, Paul	M37	5:02.3
				2	George, Eldon	M38	5:19.9

M40				M75			
1	Smith, Patrick	M44	4:47.3	1	Barrett-Lennard, Irwin	M78	23:22.3
2	Collier, John	M41	5:10.9	2	Walkley, Cecil	M78	28:20.7
M45				<b>10000m</b>			
1	Dawson, Mark	M46	4:43.1	M35			
2	Sullivan, Peter	M49	4:53.7	1	Mitchell, Paul	M37	35:27.6
3	Giles, Steve	M49	4:55.3	2	Burke, Paul	M37	41:48.3
4	Keane, Ross	M46	5:05.2	3	George, Eldon	M38	42:06.0
M50				M45			
1	Morfitt, Neil	M52	4:47.2	1	Sullivan, Peter	M49	37:07.3
2	Dybdahl, Bjorn	M54	4:54.4	2	Marr, Lachlan	M47	38:28.4
M55				3	Giles, Steve	M49	38:29.0
1	Miletic, Nick	M57	6:06.3	4	Dawson, Mark	M46	41:39.4
M60				5	Taylor, Wayne	M48	42:46.9
1	Langford, Jim	M63	5:15.0	M50			
2	Brown, Ivan	M63	5:45.2	1	Maher, Chris	M54	38:49.3
3	Creagh, Maurice	M61	6:10.2	2	Dybdahl, Bjorn	M54	39:37.8
M65				3	Jamal, Fayaz	M54	40:56.1
1	Carse, Bert	M66	5:12.5	4	Jones, Barry	M51	49:49.8
2	Schickert, Bob	M66	5:51.3	M55			
3	O'Reilly, Mike	M68	6:38.6	1	Miletic, Nick	M57	50:44.2
4	James, Lyle	M67	7:31.3	M60			
M70				1	Langford, Jim	M63	39:45.9
1	Sammells, Robert	M71	7:15.3	2	Bennett, Brian	M60	43:27.8
M75				3	Brown, Ivan	M63	45:43.1
1	Carr, David	M75	5:43.2	4	Creagh, Maurice	M61	49:02.9
2	Barrett-Lennard, Irwin	M78	6:41.7	M65			
3	Walkley, Cecil	M78	7:58.0	1	Carse, Bert	M66	41:26.0
<b>5000m</b>				2	Schickert, Bob	M66	45:29.0
M35				M75			
1	Mitchell, Paul	M37	16:37.5	1	Barrett-Lennard, Irwin	M78	50:10.8
2	Burke, Paul	M37	19:33.9	2	Walkley, Cecil	M78	1:00:44.5
3	George, Eldon	M38	20:00.9	<b>1500m Walk</b>			
M40				M35			
1	Collier, John	M41	21:44.8	1	Smyth, David	M38	7:56.4
M45				2	George, Eldon	M38	8:42.4
1	Sullivan, Peter	M49	18:05.3	M45			
2	Giles, Steve	M49	18:15.5	1	Hastie, Garry	M46	6:35.3
3	Marr, Lachlan	M47	18:23.3	M50			
4	Dawson, Mark	M46	19:25.7	1	Lenane, Tom	M51	9:24.5
5	Taylor, Wayne	M48	20:42.9	M60			
M50				1	Wilson, Bruce	M62	8:37.8
1	Dybdahl, Bjorn	M54	18:15.3	M65			
2	Maher, Chris	M54	18:27.1	1	Doye, Peter	M67	9:35.8
3	Jamal, Fayaz	M54	19:23.2	M70			
M55				1	Whittam, Jeffrey	M73	11:29.0
1	Hughes, Paul	M55	18:31.0	<b>3000m Walk</b>			
2	Miletic, Nick	M57	23:33.3	M35			
M60				1	Smyth, David	M38	17:23.4
1	Langford, Jim	M63	18:51.1	2	George, Eldon	M38	18:06.7
2	Wilson, Bruce	M62	19:35.0	M45			
3	Klinge, Jim	M61	19:52.6	1	Hastie, Garry	M46	14:41.3
4	Bennett, Brian	M60	20:56.8	M50			
5	Brown, Ivan	M63	21:08.7	1	Lenane, Tom	M51	19:33.3
6	Creagh, Maurice	M61	22:49.1	M60			
M65				1	Hopper, Peter	M63	20:45.8
1	Carse, Bert	M66	18:49.0	M65			
2	Roberts, David	M65	20:18.0	1	Doye, Peter	M67	20:02.9
3	Schickert, Bob	M66	22:18.4	M70			
4	James, Lyle	M67	27:39.8	1	Whittam, Jeffrey	M73	23:25.2
M70							
1	McGlashan, Hamish	M70	23:35.7				

**5000m Walk**

M35			
1	Smyth, David	M38	29:18.9
M45			
1	Hastie, Garry	M46	26:19.6
M50			
1	Lenane, Tom	M51	32:55.2

**80m hurdles**

M70			
1	Chambers, Don	M70	15.0

**100m hurdles**

M50			
1	Ralston, Garry	M52	17.6
M60			
1	Wilson, Bruce	M62	25.4

**300m hurdles**

M60			
1	Wilson, Bruce	M62	58.6
M70			
1	Chambers, Don	M70	57.9

**400m hurdles**

M35			
1	Perrey, Chris	M36	59.6

**2000m Steeplechase**

M60			
1	Wilson, Bruce	M62	8:12.19
2	Lane, Bob	M60	8:35.00
M65			
1	Carse, Bert	M66	8:07.04
2	Schickert, Bob	M66	8:53.70
M75			
1	Carr David	M75	9:17.60

**3000m Steeplechase**

M50			
1	Dybdahl, Bjorn	M54	12:49.40

**High Jump**

M40			
1	Morkel, Andre	M40	1.62m
M45			
1	Hastie, Garry	M46	1.45m
2	Phillips, David	M46	1.35m
M55			
1	Wyatt, Dave	M56	1.40m
M60			
1	Martin, Keith	M64	1.10m
M70			
1	Fergie, Bob	M72	1.10m
2	Chambers, Don	M70	1.05m

**Pole Vault**

M30			
1	Staunton, Matthew	M34	3.10m

**Long Jump**

M35			
1	Neale, Chris	M38	5.93m
M40			
1	Collins, Kevin	M40	3.68m
M45			
1	Smith, Colin	M45	4.77m
2	Jones, Nigel	M45	4.55m
3	Dennehy, John	M48	3.97m
4	Wills, Robert	M49	3.77m

M50			
1	Ralston, Garry	M52	5.60m

M55			
1	Antoniolli, Rob	M56	4.71m
2	Greenhalgh, Rob	M57	4.51m

M60			
1	Martin, Keith	M64	4.35m
2	Wilson, Bruce	M62	3.61m

M70			
1	Chambers, Don	M70	3.93m

**Triple Jump**

M35			
1	Neale, Chris	M38	12.12m

M45			
1	Smith, Colin	M45	9.52m

M55			
1	Antoniolli, Rob	M56	8.18m

M70			
1	Chambers, Don	M70	7.97m

**Shot Put**

M35			
1	Hamilton, Mark	M37	12.09m

M45			
1	Wills, Robert	M49	7.46m

M60			
1	Young, Rob	M63	9.66m
2	Selby, Stan	M62	8.83m
3	Mathieson, Bruce	M63	8.62m

M65			
1	Carroll, Ed	M67	10.11m
2	Doye, Peter	M67	7.87m
3	O'Reilly, Mike	M68	7.83m

M70			
1	Chambers, Don	M70	9.50m
2	Fergie, Bob	M72	8.57m
3	Whittam, Jeffrey	M73	6.21m

M75			
1	Shand, Robert	M75	7.03m

**Discus**

M35			
1	Hamilton, Mark	M37	35.30m

M40			
1	Cotton, Ian	M43	26.92m

M45			
1	Wills, Robert	M49	20.37m
2	Dennehy, John	M48	15.46m

M50			
1	Hanson, Damien	M54	24.19m

M60			
1	Selby, Stan	M62	31.95m
2	Young, Rob	M63	29.83m
3	Mathieson, Bruce	M63	24.68m

M65			
1	Carroll, Ed	M67	32.42m
2	O'Reilly, Mike	M68	19.61m
3	James, Lyle	M67	10.84m

M70			
1	Fergie, Bob	M72	22.57m
2	Chambers, Don	M70	20.77m
3	Whittam, Jeffrey	M73	17.06m

M75			
1	Shand, Robert	M75	22.59m

**Hammer**

M35			
1	Hamilton, Mark	M37	32.18m
M60			
1	Selby, Stan	M62	27.36m
2	Young, Rob	M63	22.95m
M70			
1	Fergie, Bob	M72	28.28m
2	Chambers, Don	M70	24.84m
3	Whittam, Jeffrey	M73	20.24m

**Javelin**

M35			
1	Hamilton, Mark	M37	37.02m
M45			
1	Hastie, Garry	M46	34.21m
2	Wills, Robert	M49	28.16m
3	Dennehy, John	M48	15.55m
M50			
1	Hanson, Damien	M54	30.07m
M60			
1	Selby, Stan	M62	29.23m
M65			
1	James, Lyle	M67	10.31m
M70			
1	Fergie, Bob	M72	24.80m
2	Chambers, Don	M70	22.79m
3	Whittam, Jeffrey	M73	13.15m
M75			
1	Shand, Robert	M75	24.69m

**Weight Throw**

M35			
1	Hamilton, Mark	M37	13.42m
M60			
1	Selby, Stan	M62	12.36m
2	Young, Rob	M63	9.24m
M70			
1	Chambers, Don	M70	12.42m
2	Fergie, Bob	M72	10.99m
3	Whittam, Jeffrey	M73	8.61m

**Outdoor Pentathlon**

M30			
1	Staunton, Matthew	M34	1882
M35			
1	Neale, Chris	M38	2726
2	Burke Paul	M37	2303
M40			
1	Cotton, Ian	M43	2287
M45			
1	Jones Nigel	M45	2221
2	Smith, Colin	M45	1689
3	Dennehy, John	M48	1455
4	Wills, Robert	M49	1263
M50			
1	Till, Campbell	M50	3043
M55			
1	Antoniolli, Rob	M56	2815
2	Miletic, Nick	M57	1992
M60			
1	Martin, Keith	M64	2711
2	Brown, Ivan	M63	2053
3	Hopper, Peter	M63	1175

**M65**

1 Gare, Peter M67 3103

**M75**

1 Carr, David M75 3462

**Decathlon****M30**

1 Staunton, Matthew M34 4836

**Weight Pentathlon****M35**

1 Hamilton, Mark M37 2492

**M45**

1 Wills, Robert M49 1553

**M60**

1 Selby, Stan M62 2941

**M70**

1 Fergie, Bob M72 2826

2 Chambers, Don M70 2756

3 Whittam, Jeffrey M73 1909