

ECAC – December 1

800m		% points	
Boris Padovan	M36	2:23.9	71.13 SB
Brian Hewitt	M58	2:38.2	78.53 SB
Rod Hamilton	M49	2:42.4	70.99
Rob Colton	M48	2:47.2	68.34
David Carr	M79	2:51.4	93.44 SB
Toni Phillips	W39	2:52.0	67.11
Colin Smith	M49	2:58.6	64.55
Maurice Creagh	M65	2:58.6	73.48

Roscoe McDonnell	M53	2:28.9	80.09 PBA
Wayne Byram	Vis	2:54.4	
Bob Schickert	M70	3:00.8	76.61 SB
Delia Baldock	W49	3:02.6	68.97
John Dennehy	M52	3:04.6	64.06
Robin King	W53	3:05.2	71.28 SB
Hilary Beck	W57	3:29.0	66.74

Kim Cook	W37	3:10.0	59.64
Peggy Macliver	W67	3:11.8	87.38 SB
Carol Bowman	W57	3:12.7	72.39 SB
Gillian Young	W64	3:19.9	78.97
Julie Willmott	W46	3:28.2	58.97 SB
Nick Miletic	M60	3:31.2	59.78 SB
Mel Hynds	W34	3:35.1	52.66
Sarah Ladwig	W62	3:41.2	68.53
Jack Byram	Vis	4:11.9	
Lynne Schickert	W70	4:54.8	60.46 SB

200m			
David Solomon	Vis	27.3	PBA
Colin Smith	M45	27.6	SB
Paul Abercrombie	M40	29.4	
Rod Hamilton	M45	30.0	PBA
Keith Martin	M65	30.1	

Nick Miletic	M60	32.1	SB
Peggy Macliver	W65	33.5	SB
Bob Schickert	M70	35.7	
Jack Byram	Vis	36.0	
Carol Bowman	W55	37.5	SB
Julie Willmott	W45	37.9	SB
Sarah Ladwig	W60	42.2	
Lynne Schickert	W70	53.4	

4000m (not analysed)			
Boris Padovan	M35	14:11.1	
Rod Hamilton	M45	15:16.8	
David Solomon	Vis	16:20.9	
Rob Colton	M45	16:27.1	
Sue Bourn	W40	17:09.9	
Robin King	W50	18:18.4	
Kim Cook	W35	18:35.3	
Hilary Beck	W55	19:00.3	
Gillian Young	W60	19:02.8	
Mel Hynds	W30	19:49.4	

2000m			
Tom Lenane	M55	9:54.7	

Weight Throw			
Craig van Waardenburg	M50	13.79	PBA
Bev Hamilton	W65	12.18	SR
Lajos Joni	M55	15.80	
Simon Popelier	M35	7.73	SB
Geoff Gee	M55	13.93	
Paul Abercrombie	M40	6.52	

Shot Put			
Lajos Joni	M55	9.58	
Simon Popelier	M35	9.32	SB
Bev Hamilton	W65	8.29	SB
Geoff Gee	M55	12.26	SB
Craig van Waardenburg	M50	11.17	SB
Paul Abercrombie	M40	8.69	

Long Jump			
Lynne Schickert	W70	2.37	
Simon Popelier	M35	3.69	
Keith Martin	M65	3.80	SB
Rob Colton	M45	4.03	

60m			
Paul Abercrombie	M40	8.3	SB
Colin Smith	M45	9.0	
Rob Colton	M45	9.1	PBA=
Nick Miletic	M60	9.7	
Abbie Byram	Vis	13.2	

Rod Hamilton	M45	9.0	PBA
Simon Popelier	M35	9.6	SB
Delia Baldock	W45	9.8	
Jack Byram	Vis	10.3	
Julie Willmott	W45	10.6	SB

Strive Interclub, WAAS – December 2

Note: Because the timing was somewhat 'dodgy' the SRs cannot be validated; Rob Colling's 60m time would have been an Australian record had it been valid, but these can only be accepted now with electronic timing.

60m			
Brett Blanco	M35	7.2 -0.4	SB
Rob Colling	M40	7.0 NWI	sr **
Barrie Kernaghan	M70	9.0 +0.1	SB=
Melissa Foster	W30	8.4 -1.3	

100m			
Brett Blanco	M35	11.5 +0.3	PBA
Rob Colling	M40	11.1 +0.0	sr **
Roy Fearnall	M65	14.1 +0.2	
Barrie Kernaghan	M70	14.4 +0.2	

400m
Barrie Kernaghan M70 68.4 **SB**

1500m
Mike Kowal M45 4:58.4 **SB**

Long Jump
Melissa Foster W30 4.89 +0.0

High Jump
Greg Wislon M60 1.35

Hammer
Paul Foley M45 31.19
John Everard M50 38.15 **SB**
Lajos Joni M55 43.75 **SB**
Bev Hamilton W65 27.10 **SB**

Javelin
Paul Foley M45 41.21 **SB**
Greg Wilson M60 29.13 **SB**

WAAS – December 6

200m
Craig Van Waardenburg M50 27.4 **PBA**
Geoff Brayshaw M60 31.4
Mark Dawson M50 31.8 **SB**
Nick Miletic M60 32.5

Ewen Bradley Vis 29.5
Mike Kowal M45 29.6
Barrie Kernaghan M70 31.2
Bob Schickert M70 37.1

Peggy Macliver W65 35.0
Julie Wilson W55 39.3 **PBA**
Lynne Schickert W70 51.2 **SB**

60m
Craig Van Waardenburg M50 8.5
Ewen Bradley Vis 9.2
Nick Miletic M60 9.8

Geoff Brayshaw M60 9.1
Barrie Kernaghan M70 9.5
Julie Wilson W55 11.6

4000m
Kim Thomas M35 15:29.5
Mark Dawson M50 16:55.0
John Collier M45 17:12.6

800m Patron's Trophy
Donald Bradley Vis 2:10.3
Andrew Brooker M42 2:11.1 82.62%
Campbell Till M54 2:25.2 82.83
Kim Thomas M37 2:25.8 70.87 **SB**
Mike Kowal M49 2:26.2 78.85
Mark Dawson M50 2:35.1 74.99

Grant Schofield M43 2:42.4 67.30 **SB**
John Collier M45 2:51.0 65.11
John Dennehy M52 2:52.4 68.60 **PBA**
Karyn Gower W51 2:58.7 71.99
Bob Schickert M70 3:00.2 76.86 **SB**
John Oldfield M68 3:04.1 73.60

Peggy Macliver W67 3:23.2 82.48
Julie Wilson W58 3:23.9 69.41 **PBA**
Nick Miletic M60 3:29.6 60.24 **SB**
Christine Oldfield W67 4:01.3 69.46
Lynne Schickert W70 4:50.9 61.28 **SB**

LONG JUMP
Geoff Brayshaw M60 3.82
Ewen Bradley Vis 3.87

ECAC – December 8

2000m (not analysed)
Rod Hamilton M45 7:25.5
Mitch Thomas Vis 7:54.4
Kim Thomas M35 7:54.9
Sue Bourn W40 8:11.1
Robin King W50 8:41.4
Brian Hewitt M55 8:41.7
Kim Cook W35 8:49.2
Graeme Dahl M60 9:21.5
Mel Hynds W30 9:37.3
Maurice Creagh M65 9:39.6
Jai Thomas Vis 9:55.3
Monique Thomas W30 10:20.3
Carolyn Fawcett W60 13:49.7
Michelle Thomas Vis 13:49.7

Triple Jump
Melissa Foster W33 10.83 **w/a**

300m (not analysed)
Colin Smith M45 42.5
Bernard Riviere M45 44.3
Rod Hamilton M45 51.0
Brian Hewitt M55 58.7
Jai Thomas Vis 66.9

Shot
Geoff Gee M55 11.67
Lajos Joni M55 10.84 **SB**
Greg Wilson M60 9.10
Simon Popelier M35 9.05
Bev Hamilton W65 8.30 **SB**
Melissa Foster W30 8.15
Karyn Gower W50 4.80

100m

Bernard Riviere	M45	13.1	
Colin Smith	M45	13.9	
Nick Miletic	M60	15.7	
Mel Hynds	W30	17.8	
Kim Cook	W35	17.9	SB

1500m

			% points
Karyn Gower	W51	5:50.5	79.94 PBA
Sue Bourn	W44	6:02.7	70.87 PBA
Robin King	W53	6:09.3	77.88 SB
Toni Phillips	W39	6:11.5	65.55
Gillian Young	W64	6:19.0	88.79 SB
Kim Cook	W37	6:21.6	62.80 SB
Mel Hynds	W34	6:32.0	60.08 PBA
Hilary Beck	W57	6:35.7	76.73
Carol Bowman	W57	6:35.9	76.70 PBA
Delia Baldock	W49	6:37.1	68.79
Peggy Macliver	W67	6:44.5	87.24 SB
Julie Wilson	W58	6:48.7	75.35 PBA
Sarah Ladwig	W62	7:29.7	72.58
Monique Thomas	W34	8:10.1	48.05
Christine Oldfield	W67	8:16.0	71.14
Lynne Schickert	W70	9:38.7	64.10

Kim Thomas	M37	4:52.6	72.74 SB
Campbell Till	M54	5:19.1	78.21
Brian Hewitt	M58	5:20.8	80.48 SB
Grant Schofield	M43	5:36.3	67.14 PBA
David Carr	M79	6:07.7	88.56 SB
Maurice Creagh	M65	6:10.2	73.84
Bob Schickert	M70	6:13.6	76.26
John Dennehy	M52	6:17.6	64.94
Bernard Riviere	M46	6:17.8	61.49
Nick Miletic	M60	7:05.2	61.76

Discus

Geoff Gee	M55	33.22
Lajos Joni	M55	32.77
Simon Popelier	M35	29.40
Bev Hamilton	W65	21.28

Javelin

			% points
Karyn Gower	W51	9.15	17.51
Gillian Young	W64	8.02	20.98
Carol Bowman	W57	10.23	22.86 PBA
Delia Baldock	W49	7.61	14.55
Peggy Macliver	W67	16.68	46.95 SB
Julie Wilson	W58	13.51	31.06 PBA
Sarah Ladwig	W62	9.29	23.21
Monique Thomas	W34	6.69	9.16
Christine Oldfield	W67	6.96	19.59
Lynne Schickert	W70	10.73	32.67 PBA
Melissa Foster	W33	14.62	20.03

Kim Thomas	M37	35.17	38.42
Campbell Till	M54	26.77	37.47 PBA
Brian Hewitt	M58	15.60	23.68
Grant Schofield	M43	25.80	31.08
Maurice Creagh	M65	11.18	18.73
Bob Schickert	M70	12.71	22.54
John Dennehy	M52	14.78	19.91
Nick Miletic	M60	19.24	28.92 SB
Graeme Dahl	M62	12.14	19.03
Greg Wilson	M64	27.20	44.55

Strive Interclub, WAAS – December 9**Discus (*eligible for Patron's Trophy)**

Tom Gravestock	M55	39.65	SR
Sarah Edmiston	W35	31.62	
Lajos Joni	M55	31.76	
Greg Wilson	M64	31.14	PBA
Craig van Waardenburg	M50	26.53	
Nick Miletic	M60	25.19*	38.20% PBA
Grant Schofield	M43	21.63*	22.26%
Bev Hamilton	W65	20.69	
John Dennehy	M52	16.09*	22.53%
Carol Bowman	W57	11.99*	23.32%

Javelin

Greg Wilson	M60	29.10
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Hammer

Sarah Edmiston	W35	35.35	SR
Bev Hamilton	W65	26.29	

100m

Rob Colling	M40	11.41	+0.8
Craig van Waardenburg	M50	13.38	+2.4
Barrie Kernaghan	M70	14.29	+2.0 SB

400m

Barrie Kernaghan	M70	69.64
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High Jump

Greg Wilson	M60	1.40	PBA=
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2000m steeplechase

David Carr	M75	9:56.7
Julie Wilson	W55	10:21.5
Mel Hynds	W30	10:23.0
Nick Miletic	M60	10:51.3

WAAS – December 13

300m (not analysed)

Mark Elms	M40	41.5
Colin Smith	M45	42.2
Craig Van Waardenburg	M50	43.2
Barrie Kernaghan	M70	48.1

Keith Martin	M65	50.6
Peggy Macliver	W65	54.4
John Dennehy	M50	59.7
Julie Willmott	W45	60.2

2000m (not analysed)

John Collier	M45	7:58.0
Fiona Leonard	W45	8:09.6
Jamie Leonard	Vis	8:21.2
Maurice Creagh	M65	8:21.8
Graeme Dahl	M60	8:27.1
Frank Gardiner	M60	8:31.3
Simon Leonard	M50	8:31.8
Gavin Howard	M50	9:32.1

100m

Mark Elms	M40	12.7	SB w/a
Craig Van Waardenburg	M50	12.9	PBA= w/a
Colin Smith	M45	13.3	
Ewen Bradley	Vis	14.1	

Quinton De Klerk	M45	12.9
Campbell Till	M50	13.0
Richard Williams	M40	13.8
Geoff Brayshaw	M60	14.1
Barrie Kernaghan	M70	14.4

Cathy McCloskey	W45	15.0	
Fran Cherry	W45	15.6	
Peggy Macliver	W65	15.9	SB= w/a
Julie Willmott	W45	16.2	SB w/a

1500m Patron's Trophy

Donald Bradley	Vis	4:35.7	
Andrew Brooker	M42	4:45.2	78.42
Mike Kowal	M49	5:01.3	79.25
Ron Gower	Vis	5:23.7	
David Brook	Vis	5:32.7	
John Collier	M45	5:46.0	66.54 PBA
Fiona Leonard	W45	5:50.2	74.28
Karyn Gower	W51	5:53.0	79.37
John Oldfield	M68	6:13.6	75.00 SB
Simon Leonard	M52	6:27.1	63.35

Ewan Bradley	Vis	5:54.7	
John Collier	M45	5:58.9	64.15
David Brook	Vis	6:02.2	
Mark Elms	M44	6:03.6	62.71
Frank Gardiner	M61	6:03.8	72.75 PBA
Maurice Creagh	M65	6:04.1	75.08
Simone Solomon	Vis	6:27.0	
John Dennehy	M52	6:42.1	60.98
Julie Wilson	W58	6:55.0	74.20
Julie Willmott	W46	7:00.3	73.27 SB
Gavin Howard	M51	7:10.5	56.47
Cathy McCloskey	W48	7:30.0	59.95

Triple Jump (Points)

Christine Oldfield	W67	4.80	52.29 PB
Taryn Ditewig	Vis	9.40	
Ewen Bradley	Vis	9.17	
Geoff Brayshaw	M62	8.39	66.32
Andrew Brooker	M42	10.89	65.37
Karyn Gower	W51	5.48	46.36
John Oldfield	M68	4.68	40.87
Campbell Till	M54	9.65	67.67
Cathy McCloskey	W48	7.91	64.20
Keith Martin	M68	8.49	74.15 SB

High Jump

Dave Wyatt	M60	1.45
Roger Ditewig	M45	1.45
Taryn Ditewig	Vis	1.45
Slade Hawkins	Vis	1.45

ECAC – December 15

800m

Kim Thomas	M35	2:24.2	SB
David Solomon	Vis	2:24.7	PBA
Brian Hewitt	M55	2:40.9	
Fiona Leonard	W45	2:45.7	
Mitch Thomas	Vis	2:49.3	
Toni Phillips	W35	2:52.8	
Maurice Creagh	M65	3:03.5	
Bob Schickert	M70	3:12.2	
Jai Thomas	Vis	3:15.4	
Carol Bowman	W55	3:15.8	
Fran Cherry	W45	3:43.4	

Weight Throw

Matt Staunton	M35	13.51
Bev Hamilton	W65	11.46
Roger Ditewig	M45	6.44
Sue Coate	W45	5.66
Ian Coate	M40	5.55

3000m

Roscoe McDonnell	M50	10:59.2	
Kim Thomas	M35	11:10.5	
David Solomon	Vis	12:30.7	
Sue Bourn	W40	12:42.9	SB
Maurice Creagh	M65	12:46.2	PBA
Mitch Thomas	Vis	12:57.2	
Robin King	W50	13:35.6	
Monique Thomas	W30	15:45.0	PBA
David Carr	M75	15:45.0	
Toni Phillips	W35	20:11.4	
Carolyn Fawcett	W60	21:03.1	SB

Shot

Matt Staunton	M35	11.89	SB=
Bev Hamilton	W65	8.71	SB
Roger Ditewig	M45	8.48	SB
Sue Coate	W45	8.20	SB
Anne Travis	W35	6.52	SB

200m		% points	
Bernie Riviere	M46	26.6	81.88
Colin Smith	M48	27.7	79.75
Kim Thomas	M37	28.7	70.91 PBA
Brian Hewitt	M58	32.0	73.50 SB
Nick Miletic	M60	33.1	72.51
Kathy Lawson	W45	30.6	78.56
John Dennehy	M52	31.6	71.93 SB
Fiona Leonard	W45	32.0	75.13
Peggy Macliver	W67	32.9	92.01 SB
Delia Baldock	W49	33.2	75.78
Zac Foster-Bardot	Vis	32.7	
Bob Schickert	M70	33.9	76.11 SB
Fran Cherry	W48	35.2	70.65
David Carr	M79	36.5	81.84
Carol Bowman	W57	37.4	72.59 SB
Maurice Creagh	M65	39.8	62.29 PBA
Monique Thomas	W34	43.5	49.06
Christine Oldfield	W67	45.6	66.38

100m	
Rob Colling	M40 11.4
Bernie Riviere	M45 12.5
Colin Smith	M45 13.4
Nick Miletic	M60 15.7
Kathy Lawson	W45 15.2
Fiona Leonard	W45 16.0
Zac Foster-Bardot	Vis 16.1
John Dennehy	M50 16.4
Jai Thomas	Vis 20.0
Ian Coate	M40 15.4
Sue Coate	W45 15.8
Peggy Macliver	W65 16.0
Christine Oldfield	W65 21.9

Long Jump

Bernie Riviere	M45 5.16	SB
Melissa Foster	W30 4.81	
Ian Coate	M40 4.54	
Zac Foster-Bardot	Vis 3.56	
Keith Martin	M65 3.41	

Strive Interclub, WAAS – December 16

60m

Roy Fearnall	M65	8.97	+1.5
Barrie Kernaghan	M70	9.42	+1.5

200m

Barrie Kernaghan	M70	29.67	+0.7
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High Jump

Dave Wyatt	M60	1.47	SR
Greg Wilson	M60	1.35	

Shot Put

Tom Gravestock	M55	11.06
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Discus

Tom Gravestock	M55	38.34
Greg Wilson	M60	29.52

Javelin (eligible for points)

Andrew Brooker	M42	38.34	45.41%
Greg Wilson	M60	23.83	

WAAS – December 20

PLEASE NOTE THAT ALL SPRINTS WERE WIND-ASSISTED; times count for personal landmarks only

200m – almost all are either SB or PBA (w/a)

Andrew Brooker	M42	25.2	83.90%
Campbell Till	M54	26.6	86.63
Colin Smith	M48	26.6	83.05
Craig Van Waardenburg	M52	26.8	84.80
Andrew Taylor	M45	27.2	79.50

Richard Williams	M41	27.5	76.31
Ian Coate	M41	28.4	73.90
Grant Schofield	M43	28.6	74.47
Mike Kowal	M49	29.4	75.69
Keith Edmonds	M45	30.3	71.36

Roscoe McDonnell	M53	29.3	78.10
Fiona Leonard	W45	30.9	77.80
John Dennehy	M52	31.4	72.38
Nick Miletic	M60	31.9	75.24
Cathy McCloskey	W48	32.1	77.48

Peggy Macliver	W67	32.1	94.31
Delia Baldock	W49	32.4	77.66
Sue Coate	W45	33.0	72.85
Fran Cherry	W48	33.9	73.37
Karyn Gower	W51	36.5	70.50

Julie Willmott	W46	35.9	67.72
Carol Bowman	W57	35.9	76.41
Julie Wilson	W58	38.9	71.24
Sarah Ladwig	W62	40.8	70.72
Christine Oldfield	W67	44.5	68.03

800m

Mike Kowal	M45	2:25.8	SB
John Collier	M45	2:42.1	
Richard Williams	M40	2:43.3	
Grant Schofield	M40	2:44.1	
Fiona Leonard	W45	2:44.8	SB
Toni Phillips	W35	2:52.7	
Maurice Creagh	M65	2:57.2	

John Collier	M45	3:04.5	
Ivan Brown	M65	3:07.8	SB
Cathy McCloskey	W45	3:11.1	
Delia Baldock	W45	3:12.1	
Julie Willmott	W45	3:20.7	SB
Fran Cherry	W45	3:28.4	PBA

100m

Quintan De Klerk	M45	12.2	SB
Bernard Riviere	M45	12.4	
Andrew Taylor	M45	12.8	PBA (w/a)
Craig Van Waardenburg	M50	12.9	PBA (w/a)
Campbell Till	M50	13.0	
Colin Smith	M45	12.9	SB
Richard Williams	M40	13.1	
Melissa Foster	W30	13.3	PBA (w/a)
Geoff Brayshaw	M60	14.0	PBA (w/a)
Mike Kowal	M45	14.2	
Ian Coate	M40	13.6	SB
Keith Edmonds	M45	14.6	
Nick Miletic	M60	14.9	PBA (w/a)
Fiona Leonard	W45	15.2	PBA (w/a)
John Dennehy	M50	15.4	
Sue Coate	W45	14.9	SB
Peggy Macliver	W65	15.5	SB 93.13%
Delia Baldock	W45	15.6	
Julie Willmott	W45	16.8	
Carol Bowman	W55	17.6	PBA (w/a)
Julie Wilson	W55	18.2	PBA (w/a)
Sarah Ladwig	W60	18.8	PBA (w/a)
Christine Oldfield	W65	22.7	

3000m

Roscoe McDonnell	M50	10:57.7	
Keith Edmonds	M45	12:07.0	
John Collier	M45	12:49.5	
Maurice Creagh	M65	12:50.6	
Karyn Gower	W50	12:50.6	
Graeme Dahl	M60	13:10.3	
Simone Solomon	Vis	13:37.3	
Ivan Brown	M65	13:39.5	SB
Simon Leonard	M50	14:06.7	

High Jump

Dave Wyatt	M60	1.40	
Roger Ditewig	M45	1.50	
Taryn Ditewig	Vis	1.40	
Sue Coate	W45	1.25	SB
Ian Coate	M40	1.35	
Gill Edmonds	W45	1.20	

Long Jump

Taryn Ditewig	Vis	4.20	
Geoff Brayshaw	M60	4.17	SB
Sue Coate	W45	3.73	SB
Ian Coate	M40	4.83	SB
Cathy McCloskey	W45	3.71	
Melissa Foster	W30	5.12	

ECAC – December 22**60m**

Melissa Foster	W30	8.3	SB
Colin Smith	M45	8.6	SB=
Kim Thomas	M35	9.1	
Nick Miletic	M60	10.0	
Paul Abercrombie	M40	8.6	
Kathy Lawson	W45	9.3	SB
Cathy McCloskey	W45	9.3	
Peggy Macliver	W65	9.9	SB=
John Dennehy	M50	10.3	
Fran Cherry	W45	9.4	
Mitch Thomas	Vis	11.0	
Monique Thomas	W30	11.4	PBA
Jai Thomas	Vis	11.6	
Julie Wilson	W55	11.7	
Jessica Bate	Vis	12.2	
Lynne Schickert	W70	14.3	

Mile

Kim Thomas	M35	5:27.8	
Roscoe McDonnell	M50	5:33.4	PBA
Joe Clark-Murphy	M65	6:16.0	
Mitch Thomas	Vis	6:31.2	
Sue Bourn	W40	6:43.0	PBA
Robin King	W50	6:49.7	
Graeme Dahl	M60	7:04.3	
Carol Bowman	W55	7:14.9	SB
Jai Thomas	Vis	7:17.9	
Julie Wilson	W55	7:18.9	PBA
Steve Fuller	M55	7:29.8	
Monique Thomas	W30	8:28.4	PBA
Christine Oldfield	W65	9:02.1	
Carolyn Fawcett	W60	10:48.1	

400m

Colin Smith	M45	60.6	
Kim Thomas	M35	66.8	
John Dennehy	M50	73.5	
Cathy McCloskey	W45	75.2	
Mitch Thomas	Vis	86.1	
Kathy Lawson	W45	73.0	
Delia Baldock	W45	74.3	SB
Sue Bourn	W40	75.2	SB
Steve Fuller	M55	77.0	
Peggy Macliver	W65	77.3	SB 88.86%
Maurice Creagh	M65	78.8	PBA
Jai Thomas	Vis	83.8	
Fran Cherry	W45	85.7	
Monique Thomas	W30	1:40.7	
Jessica Bate	Vis	1:54.5	
Lynne Schickert	W70	2:11.2	

Hammer !!!!

Andrew Ward	M50	19.66	PBA
Matt Staunton	M35	42.88	PB
Geoff Gee	M55	34.64	PBA
Greg Wilson	M60	25.26	PBA
Paul Abercrombie	M40	19.92	

Discus !!!!

Oswald Igel	M60	33.74	
Andrew Ward	M50	30.50	PBA
Matt Staunton	M35	38.68	
Greg Wilson	M60	29.50	
Geoff Gee	M55	33.20	
Paul Abercrombie	M40	23.52	
Bruce McGeorge	Vis	ND	
(Bruce McGeorge visiting from Darwin)			

1000m

Roscoe McDonnell	M50	3:15.5	PBA
Kim Thomas	M35	3:19.1	
Toni Phillips	W35	3:47.0	
Maurice Creagh	M65	3:55.3	PBA
Graeme Dahl	M60	3:58.9	SB
Mitch Thomas	Vis	4:01.9	
Sue Bourn	W40	4:05.4	
Steve Fuller	M55	4:12.1	
Bruce McGeorge	Vis	4:14.8	
Delia Baldock	W45	4:17.9	
Julie Wilson	W55	4:33.5	
Jai Thomas	Vis	4:36.5	
Monique Thomas	W30	5:17.9	
David Carr	M75	5:56.6	
Jessica Bate	Vis	6:07.1	
Carolyn Fawcett	W60	6:36.0	
Bob Fawcett	M60	6:45.2	

1000m walk

Lynne Schickert W70 7:14.1

Triple Jump (wind assisted)

Lynne Schickert	W70	5.90	SB
Melissa Foster	W30	10.69	
Greg Wilson	M60	6.80	
Cathy McCloskey	W45	8.19	SB