

ECAC – February 2

400m				3000m			
Scott Willmott	Vis	57.7		Trish Farr	W40	13:33.7	
Chris Neale	M40	58.6		Mel Hynds	W35	16:47.8	
Garry Vogler	Vis	63.7		Carolyn Fawcett	W60	21:22.7	
Terry Cummins	M45	73.5	PBA	3000m walk			
Kim Thomas	M35	76.9		Bob Fawcett	M60	26:16.3	
Mitch Thomas	Vis	79.2		5000m			
Cale Osborne	Vis	85.7		Kim Thomas	M35	19:03.3	SB
 				Tim Osborne	Vis	19:14.4	
Kathy Lawson	W45	71.9	SB	Terry Cummins	M45	19:30.1	
John Dennehy	M50	73.0		Garry Vogler	Vis	21:18.8	
David Carr	M75	74.2	SB	Jodie Osborne	W40	21:23.0	
Peggy Macliver	W65	78.1		Sue Bourn	W40	21:48.4	
Maurice Creagh	M65	78.3	SB	Brian Hewitt	M55	21:49.1	
Julie Willmott	W45	81.8	SB	Kim Cook	W35	22:18.8	SB
Carol Bowman	W55	83.1		Tessa Brockwell	W55	22:34.4	
Greg Wilson	M60	88.1	SB=	Graeme Dahl	M60	23:34.9	
 				Mitch Thomas	Vis	24:07.4	
1500m				Maurice Creagh	M65	24:27.5	
Kim Thomas	M35	4:59.7		Gillian Young	W60	24:53.1	
Tim Osborne	Vis	5:07.6		Monique Thomas	W30	28:55.8	
Terry Cummins	M45	5:17.7	PBA	Long Jump			
Brian Hewitt	M55	5:38.9		Chris Neale	M40	5.53	
Joe Clark-Murphy	M65	5:42.1		Paul Abercrombie	M40	5.40	SB
Mitch Thomas	Vis	5:43.7		Peggy Macliver	W65	3.56	SB
Jodie Osborne	W40	5:55.0	SB	Regina Crouch	W40	3.22	SB
Kim Cook	W35	6:07.1		Carolyn Fawcett	W60	2.24	SB
Maurice Creagh	M65	6:17.5		Shot			
Graeme Dahl	M60	6:28.5					% points
Gillian Young	W60	6:32.0		Stella Turner	W65	6.03	49.96
Julie Willmott	W45	7:04.4		Oswald Igel	M60	11.30	62.09 SB
Tessa Brockwell	W55	7:32.4		Greg Wilson	M64	9.25	57.06
Monique Thomas	W30	7:32.9	PBA	Brian Miller	M54	8.27	44.58 PBA
Trish Farr	W40	7:34.6	SB	Discus			
Mel Hynds	W35	7:34.9					% points
 				Stella Turner	W65	13.92	32.39 SB
1500m walk				Oswald Igel	M60	35.05	53.15 SB
Garry Vogler	Vis	7:46.5		Greg Wilson	M64	33.46	55.26 PBA
Tom Lenane	M50	9:07.6		Brian Miller	M54	27.51	40.00
 				Scott Willmott	Vis	23.09	
100m				 			
Chris Neale	M40	12.6		 			
Colin Smith	M45	13.3		 			
Paul Abercrombie	M40	13.4	SB	 			
Garry Vogler	Vis	13.6		 			
Kathy Lawson	W45	14.8		 			
Peggy Macliver	W65	16.2		 			
John Dennehy	M50	16.2		 			
David Carr	M75	17.0		 			
Cale Osborne	Vis	17.9		 			
Scott Willmott	Vis	14.5		 			
Paul Abercrombie	M40	15.4		 			
Brian Hewitt	M55	16.1		 			
Jai Thomas	Vis	19.9		 			
Julie Willmott	W45	17.7		 			
Regina Crouch	W40	18.8		 			
Carolyn Fawcett	W60	23.3		 			
Patricia Carr	W75	24.6		 			

WAAS – February 7**400m**

Mark Elms	M40	56.8	PBA
Maurice Pascal	M40	59.5	SB
Campbell Till	M50	60.0	
Ian Coate	M40	66.0	
Jordan Elms	Vis	67.4	

Miles Sowden	M45	67.3	
John Dennehy	M50	73.1	
Peggy Macliver	W65	77.5	
Maurice Creagh	M65	78.2	PBA
Lorraine Lopes	W70	1:32.2	

Sean Langton	Vis	71.2	
Allan Billington	M50	73.9	
Kristina Dzelmanis	Vis	89.5	
Rachel Wells	W35	1:33.4	
Christine Oldfield	W65	1:51.2	

Garry Ralston	M55	64.7	
Barrie Kernaghan	M70	71.4	
Cathy McCloskey	W45	73.0	

1500m

Tom Tralau	M35	5:23.5	PBA
Steve Weller	Vis	5:23.8	
Kim Thomas	M35	5:24.2	
Sean Langton	Vis	5:35.6	
Miles Sowden	M45	6:00.2	SB
Karyn Gower	W50	6:06.8	
Maurice Creagh	M65	6:19.3	

100m

Mark Elms	M40	12.6	SB
Craig Van Waardenburg	M50	12.9	PBA=
Andrew Brooker	M40	13.2	
Geoff Brayshaw	M60	14.0	PBA
David Clive	M70	14.4	

Garry Ralston	M55	12.4	PBA (h/t)
Maurice Pascal	M40	12.5	SB
Campbell Till	M50	13.4	
Allan Billington	M50	15.9	

Jordan Elms	Vis	14.1	
Mike Edwards	M55	14.1	
Cathy McCloskey	W45	14.4	
Barrie Kernaghan	M70	15.2	
Sean Langton	Vis	16.0	

John Dennehy	M50	15.5	
Peggy Macliver	W65	15.9	
Kristina Dzelmanis	Vis	16.2	
Danielle Baldock	W30	16.6	

5000m Walk

Peter Hopper	M65	39:17.2	
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3000m

Roscoe McDonnell	M50	11:16.2	
Lorraine Lopes	W70	14:52.7	

3000m Walk

Lorna Lauchlan	W80	25:13.8	
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5000m

Kim Thomas	M35	18:50.0	SB
Steve Weller	Vis	20:32.0	
David Brook	M45	20:47.2	
Tom Tralau	M35	21:21.4	PBA
Sean Langton	Vis	22:06.5	
Karyn Gower	W50	23:03.1	
Maurice Creagh	M65	23:32.7	
John Oldfield	M65	26:41.0	
Danielle Baldock	W30	28:05.3	SB

High Jump

Roger Ditewig	M45	1.55	
Dave Wyatt	M60	1.40	
Ian Coate	M40	1.45	PBA=
Sue Coate	W45	1.30	PBA

Long Jump

David Clive	M70	4.51	
Geoff Brayshaw	M60	4.38	
Bob Fergie	M75	2.73	SB
Sue Coate	W45	3.85	

Wt Throw

Tom Gravestock	M55	12.71	SB
Craig van Waardenburg	M50	13.15	
Roger Ditewig	M45	7.57	SB
Sue Coate	W45	7.47	SB
Ian Coate	M40	5.68	
Barbara Campbell	W70	7.94	
Bob Fergie	M75	11.35	
Rae McMillan	W80	7.36	
Kate Glass	W60	12.29	
Byrony Glass	W30	16.52	
Andrew Ward	M50	8.82	
Dorothy Whittam	W75	9.48	SB
Jeff Whittam	M75	9.05	SB

Discus

Craig van Waardenburg	M50	28.29	
Roger Ditewig	M45	25.93	
Sue Coate	W45	20.77	
Ian Coate	M40	21.32	
Barbara Campbell	W70	17.00	
Bob Fergie	M75	20.34	
Rae McMillan	W80	13.47	
Rob Shand	M75	19.24	
Kate Glass	W60	19.39	SB
Andrew Ward	M50	28.16	
Dorothy Whittam	W75	13.14	SB
Jeff Whittam	M75	14.90	
Geoff Brayshaw	M60	33.84	PBA
Tom Gravestock	M55	35.55	
Karyn Gower	W50	11.63	

ECAC – February 9**100m**

Scott Willmott	Vis	12.4	
Paul Abercrombie	M40	13.3	SB
David Solomon	Vis	13.5	
Peter Mellow	Vis	15.8	

Kathy Laswon	W45	14.4	PBA
Sue Bourn	W40	15.0	PBA
Jamie Vogler	Vis	17.1	
Garry Vogler	Vis	17.1	
Joe Clark-Murphy	M65	17.2	

Mitch Thomas	Vis	16.7	
Julie Willmott	W45	17.0	
Kim Thomas	M35	18.9	
Bob Fawcett	M60	23.9	
Carolyn Fawcett	W60	30.1	

Rachel Evans	W35	16.7	
Cheree Paisley	Vis	19.1	
Karen Hagan	Vis	19.9	
Val Millard	W65	23.2	
Pat Carr	W75	24.0	SB

800m

Garry Vogler	Vis	2:18.5	
David Solomon	Vis	2:30.0	
Henry Heavisides(BMAF)	Vis	2:35.0	
Steve Fuller	M55	2:41.6	SB
Mitch Thomas	Vis	2:50.1	
Kim Thomas	M35	2:50.5	
David Carr	M75	2:51.8	
Maurice Creagh	M65	2:53.6	PBA

Rob Colton	M45	2:32.1	SB
Joe Clark-Murphy	M65	2:47.6	
Jodie Osborne	W40	2:51.4	
Julie Willmott	W45	3:12.7	SB
Rachel Evans	W35	3:17.6	SB
Karen Hagan	Vis	3:25.6	
Cheree Paisley	Vis	3:41.5	

Kim Cook	W35	2:55.3	PBA
Graeme Dahl	M60	2:57.5	
Peggy Macliver	W65	3:09.1	SB
Jai Thomas	Vis	3:16.0	
Gillian Young	W60	3:18.4	
Sarah Ladwig	W60	3:41.4	SB
Monique Thomas	W30	3:48.9	

3000m walk

Val Millard	W65	21:13.0	
Sarah Ladwig	W60	21:22.4	

WAAS – February 14**Javelin**

Oswald Igel	M60	31.52	
Taryn Ditewig	Vis	24.78	
Jeff Whittam	M75	13.65	
Dorothy Whittam	W75	11.33	
Sue Coate	W45	26.95	SR
Ian Coate	M40	23.25	
Cathy McCloskey	W45	14.47	SB
Rae McMillan	W80	12.45	
Bob Fergie	M75	20.44	
Karyn Gower	W50	8.30	

60m

Scott Willmott	Vis	8.0	
Paul Abercrombie	M40	8.1	SB
Mike Edwards	M55	8.5	
Kev Hynds	M40	9.5	SB

Kathy Lawson	W45	9.1	
Peter Mellow	Vis	9.2	
Peggy Macliver	W65	9.7	
Rachel Evans	W35	10.1	
Julie Willmott	W45	10.7	

3000m

Kim Thomas	M35	10:39.2	PBA
Henry Heavisides	BMAF	10:51.4	
Roscoe McDonnell	M50	11:20.3	
David Solomon	Vis	11:40.2	
Mitch Thomas	Vis	11:48.7	
Jodie Osborne	W40	12:12.3	SB
Graeme Dahl	M60	12:36.9	
Rob Colton	M45	12:37.5	PBA
Sue Bourn	W40	12:54.6	
Kim Cook	W35	13:08.2	PBA
Maurice Creagh	M65	13:35.6	
John Oldfield	M65	14:33.5	
Gillian Young	W60	14:35.9	
Rachel Evans	W35	14:57.0	SB
Karen Hagan	Vis	15:16.0	
Jamie Vogler	Vis	16:17.5	
Garry Vogler	Vis	16:17.5	
Cheree Paisley	Vis	16:21.9	
Monique Thomas	W30	17:03.5	
Mel Hynds	W30	17:03.8	
Kev Hynds	M40	17:03.8	
Bob Fawcett	M60	21:10.4	SB
(1 lap short)			
Carolyn Fawcett	W60	18:38.9	

Triple Jump

Rob Colton	M45	7.59	
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Wt Throw

Andrew Ward	M50	8.68	
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Javelin

Andrew Ward	M50	30.07	
Carolyn Fawcett	W60	8.95	
Steve Fuller	M55	26.37	SB
Paul Abercrombie	M40	32.70	
Peter Mellow	Vis	26.32	
Scott Willmott	Vis	16.72	
Julie Willmott	W45	9.73	SB
Maria Trolio	W35	19.62	
Mike Edwards	M55	27.17	

(Perth Track Classic, WAAS – Saturday, February 12**1500m**

Scott Tamblin	M30	3:58.19)	
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– all sprints and jumps were wind-assisted

100m				60m			
Bernard Riviere	M45	12.3		Cathy McCloskey	W45	8.7	PBA w/a
Quinton De Klerk	M45	12.5		John Dennehy	M50	9.4	PBA w/a
Craig Van Waardenburg	M50	12.6	PBA w/a	Peggy Macliver	W65	9.7	
Colin Smith	M45	12.7	SB	Julie Wilson	W55	11.2	
Paul Abercrombie	M40	13.4		Pat Carr	W75	13.8	
Maurice Pascal	M40	12.5	PBA=	Bernard Riviere	M45	7.7	
Ian Coate	M40	13.5	PBA w/a	Maurice Pascal	M40	7.8	SB
Lynne Choate	W55	14.3	SB	Quinton De Klerk	M45	7.9	
Nick Miletic	M60	14.5	PBA w/a	Craig Van Waardenburg	M50	8.1	
Sue Coate	W45	14.7	PBA w/a	Paul Abercrombie	M40	8.1	PBA=
Richard Williams	M40	13.7		Colin Smith	M45	8.4	
Barrie Kernaghan	M70	13.8	SB	Barrie Kernaghan	M70	8.8	SB
Cathy McCloskey	W45	14.0	PBA w/a	Lynne Choate	W55	9.1	SB
Barry Newell	M55	14.2		Nick Miletic	M60	9.4	
Keith Martin	M65	15.1		Caitlin Tralau	Vis	11.1	
Aveley McCann	W30	17.9		Colin Smith	M45	8.5	
Irwin Barrett-Lennard	M80	18.4	PBA w/a	Rob Colton	M45	8.8	PBA w/a
Julie Wilson	W55	18.5		Danielle Baldock	W30	10.7	
Pat Carr	W75	23.1	SB	Aveley McCann	W30	10.8	
800m				3000m			
Kim Thomas	M35	2:21.4	SB	Kim Thomas	M35	10:41.1	
Campbell Till	M50	2:23.9		Roscoe McDonnell	M50	11:09.0	
Colin Smith	M45	2:28.8	SB	Grahak Cunningham	M30	11:19.2	
Steve Weller	Vis	2:30.9		Steve Weller	Vis	11:23.4	
Tom Tralau	M35	2:41.9	PBA	David Brook	M45	11:35.3	
Grahak Cunningham	M30	2:32.9		Keith Edmonds	M45	11:57.2	SB
Keith Edmonds	M45	2:40.6		Rob Colton	M45	12:06.2	PBA
Maurice Pascal	M40	2:41.3		Tom Tralau	M35	12:24.0	PBA
John Collier	M45	2:42.3		John Collier	M45	12:27.6	
Richard Williams	M40	2:55.1		Graeme Dahl	M60	12:36.2	
Maurice Creagh	M65	3:01.2		Karyn Gower	W50	13:00.9	
Graeme Dahl	M60	2:53.0	SB	David Carr	M75	13:23.7	
John Dennehy	M50	3:02.3	SB	Maurice Creagh	M65	13:29.6	
Peggy Macliver	W65	3:11.7		Lorraine Lopes	W70	14:32.3	SB
Nick Miletic	M60	3:11.8		Allan Billington	M50	14:56.9	
Carol Bowman	W55	3:12.6		Danielle Baldock	W30	15:17.2	SB
Allan Billington	M50	3:18.3		Irwin Barrett-Lennard	M80	15:55.4	
Rob Colton	M45	2:34.6		Gill Edmonds	W45	16:23.9	
John Collier	M45	2:49.7		High Jump			
Barry Newell	M55	3:21.9	SB	Dave Wyatt	M60	1.40	
Julie Wilson	W55	3:24.8		Roger Ditewig	M45	1.45	
Danielle Baldock	W30	3:26.5		Taryn Ditewig	Vis	1.45	
Lorraine Lopes	W70	3:27.2		Ian Coate	M40	1.47	PBA
Caitlin Tralau	Vis	3:31.4		Sue Coate	W45	1.30	PBA=
Aveley McCann	W30	4:06.2		Shot			
Christine Oldfield	W65	4:15.1		Oswald Igel	M60	11.66	SR
Triple Jump				Craig van Waardenburg	M50	11.49	
Taryn Ditewig	Vis	9.35		Roger Ditewig	M45	8.41	
Bob Fergie	M75	5.75		Taryn Ditewig	Vis	7.29	
Caitlin Tralau	Vis	5.28		Bob Fergie	M75	7.98	SB
Cathy McCloskey	W45	8.79		Mike Anderson	M60	6.72	PBA
Paul Abercrombie	M40	9.39		Rae McMillan	W80	5.95	SB
Sue Coate	W45	7.62		Jeff Whittam	M75	6.39	SB
Robert Colton	M45	7.76		Dorothy Whittam	W75	6.64	SB=
3000m Walk				Ian Coate	M40	6.52	PBA
Marie Fitzsimons	W45	17:25.6		Sue Coate	W45	8.09	
				Quinton de Klerk	M45	8.06	
				Cathy McCloskey	W45	5.69	

ECAC – February 16**60m**

Chris Neale	M40	8.2	
Paul Abercrombie	M40	8.2	
Peter Ntini	Vis	8.2	
Colin Smith	M45	8.4	
Nick Miletic	M60	9.5	
Irwin Barrett-Lennard	M80	11.4	SB=

Kathy Lawson	W45	9.0	
Keith Martin	M65	9.5	
Steve Fuller	M55	9.9	
Robert Poulinet	M65	10.7	
Rachel Evans	W35	10.8	

John Dennehy	M50	10.1	
Bruce McGeorge	M55	10.7	
Regina Crouch	W40	11.2	
Jai Thomas	Vis	11.5	
Carol Bowman	W55	11.8	
Kim Thomas	M35	12.1	

Kaelan Lawson	Vis	11.0	
Liam Lawson	Vis	11.3	
Kathy Lawson	W45	11.4	
Sarah Ladwig	W60	12.3	
Cheree Paisley	Vis	12.3	

Valerie Millard	W65	13.0	
Patricia Carr	W75	14.1	
Carolyn Fawcett	W60	14.5	

1 mile

Kim Thomas	M35	5:17.6	PBA
Garry Vogler	Vis	5:18.6	
Peter Ntini	Vis	5:49.2	
Mitch Thomas	Vis	6:01.4	
Jodie Osborne	W40	6:14.6	
Kim Cook	W35	6:36.0	
Maurice Creagh	M65	6:48.5	
Bruce McGeorge	M55	6:55.3	
David Carr	M75	7:02.9	
Rachel Evans	Vis	7:03.2	
Hilary Beck	W55	7:07.4	
Gillian Young	W60	7:09.6	
Jai Thomas	Vis	7:17.3	
Jamie Vogler	Vis	7:33.2	
Cheree Paisley	Vis	8:05.0	
Mel Hynds	W35	8:27.0	
Monique Thomas	W30	8:29.7	
Ursula Clark-Murphy	W60	8:49.1	
Tessa Brockwell	W55	9:08.0	
Carolyn Fawcett	W60	10:44.8	SB

1 mile walk

Tom Lenane	M55	9:34.6	
Michele Mison	W60	11:30.3	

200m

Chris Neale	M40	26.2	
Peter Ntini	Vis	26.4	
Colin Smith	M45	29.1	
Nick Miletic	M60	32.4	
Bruce McGeorge	M55	39.0	

Kathy Lawson	W45	30.6	
Keith Martin	M65	32.5	
Steve Fuller	M55	32.8	
Rachel Evans	W35	36.7	
Carol Bowman	W55	39.0	
Regina Crouch	W40	40.3	SB

Jamie Vogler	Vis	38.7	
Garry Vogler	Vis	38.7	
Cheree Paisley	Vis	39.0	
Kaelan Lawson	Vis	41.6	
Liam Lawson	Vis	42.3	

3000m

Kim Thomas	M35	10:53.4	
Tony Heppener	M60	11:04.2	
Roscoe McDonnell	M50	11:11.5	
Garry Vogler	Vis	11:17.3	
Brian Hewitt	M55	12:02.4	SB
Joe Clark-Murphy	M65	12:07.4	
Jodie Osborne	W40	12:18.5	
Tessa Brockwell	W55	12:43.5	
Kim Cook	W35	12:47.8	PBA
Maurice Creagh	M65	13:38.1	
Hilary Beck	W55	14:14.6	
Rachel Evans	W35	14:55.9	SB
Gillian Young	W60	14:57.6	
John Oldfield	M65	15:17.5	
Bruce McGeorge	M55	15:54.4	
Nick Bailey	M60	15:54.9	
Irwin Barrett-Lennard	M80	16:21.1	
Mel Hynds	W35	16:34.6	
Monique Thomas	W30	16:49.0	
Cheree Paisley	Vis	17:58.3	
Carolyn Fawcett	W60	22:01.6	

3000m walk

Valerie Millard	W65	20:48.5	SB
Sarah Ladwig	W60	22:27.6	

Long Jump

Paul Abercrombie	M40	4.82	
Colin Smith	M45	3.95	

Shot

Matt Staunton	M35	12.25	
Mark Hamilton	M40	10.67	
Andrew Ward	M50	8.18	PBA
Stella Turner	W65	6.23	
Shanell Staunton	Vis	5.66	

Hammer

Andrew Ward	M50	20.83	
Stella Turner	W65	16.18	
Shanell Staunton	Vis	14.04	

WAAS – February 21 (all sprints and jumps were wind-assisted – winds stated for 60m heats)**60m (Wind +3.1)**

Glenn Ross	M40	7.2	
Aldis Jaunzems	M30	7.5	
Maurice Pascal	M40	7.9	
Craig Van Waardenburg	M50	8.1	
Campbell Till	M50	8.2	

Wind +4.8

Rudy Kocis	M50	7.4	PBA=
Peter Ntini	Vis	7.8	
Adam Bennett	M55	7.8	
David Clive	M70	8.5	PBA=
Barrie Kernaghan	M70	8.8	SB=

Wind +3.1

Richard Williams	M40	8.3	
Kim Thomas	M35	8.6	
Keith Martin	M65	9.1	
John Dennehy	M50	9.8	
Mike Anderson	M60	11.7	

Wind +3.1

Cathy McCloskey	W45	8.6	PBA
Peggy Macliver	W65	9.6	SB=
Rachel Wells	W35	9.6	
David Carr	M70	9.9	SB
Kristina Dzelmanis	Vis	10.9	

Wind +2.1

Fran Cherry	W45	9.3	
Aveley McCann	W30	10.5	SB
Julie Wilson	W55	11.2	
Pat Carr	W80	13.1	SB
Bob Fergie	M75	N/T	

Mile

Grahak Cunningham	M30	5:10.3	PBA
Roscoe McDonnell	M50	5:39.8	
Miles Sowden	M45	6:00.7	
John Collier	M45	6:09.2	SB
Grant Schofield	M40	6:15.3	
Graeme Dahl	M60	6:27.1	SB
Tom Tralau	M35	6:37.4	
Maurice Creagh	M65	6:44.6	
Julie Wilson	W55	7:22.5	
Mark Dawson	M50	7:38.4	
Barry Newell	M55	7:54.5	PBA
Christine Oldfield	W65	9:12.9	
Aveley McCann	W30	9:24.0	

Long Jump

Dave Wyatt	M60	4.85	
David Clive	M70	4.45	
Peggy Macliver	W65	3.48	
John Dennehy	M50	3.57	
Patricia Carr	W80	2.22	
Maurice Pascal	M40	5:41	SB
Cathy McCloskey	W45	4.15	SB

High Jump

Dave Wyatt	M60	1.40	
Paul Foley	M45	1.40	SB=

200m

Glenn Ross	M40	22.8	
Aldis Jaunzems	M30	24.8	
Peter Ntini	Vis	25.9	
Craig Van Waardenburg	M50	26.4	
Campbell Till	M50	26.8	

Rudy Kocis	M50	25.1	
Maurice Pascal	M40	26.1	SB
Richard Williams	M50	27.8	
Barrie Kernaghan	M70	29.4	
David Clive	M70	29.7	SB

Cathy McCloskey	W45	30.1	PBA h/t
Keith Martin	M65	31.1	
John Dennehy	M50	31.5	
Peggy Macliver	W65	33.0	
David Carr	M75	33.0	SB

Fran Cherry	W45	33.9	
Irwin Barrett-Lennard	M80	37.5	SB
Danielle Baldock	W30	40.5	SB
Aveley McCann	W30	41.0	
Mike Anderson	M60	41.1	SB
(ran with hurdlers)			
Barry Newell	M55	31.2	

200m Hurdles (76.2cm)

Toni Phillips	W35	35.0	
Campbell Till	M50	35.9	
Toni Phillips	W35	39.5	

200m Hurdles (84cm)

Peter Ntini	Vis	35.8	
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3000m

Kim Thomas	M35	10:22.3	PBA
Roscoe McDonnell	M50	11:21.7	
David Brook	M45	11:34.4	
Grahak Cunningham	M30	11:45.6	
Tom Tralau	M35	12:09.9	PBA
Miles Sowden	M45	12:14.4	
Graeme Dahl	M60	12:22.5	
Grant Schofield	M40	12:35.4	
John Collier	M45	12:39.8	
Maurice Creagh	M65	13:29.7	
John Oldfield	M65	13:50.4	
Julie Wilson	W55	14:22.1	
Mark Dawson	M50	14:36.9	
Danielle Baldock	W30	15:04.0	SB
Irwin Barrett-Lennard	M80	16:21.0	

3000m Walk

Marie Fitzsimons	W45	17:11.8	SB
Lorna Lauchlan	W80	25:22.0	

ECAC – February 23

100m				400m			
Colin Smith	M45	13.8		Garry Vogler	M35	64.6	
Geoff Brayshaw	M60	15.0		Steve Fuller	M55	64.9	
Steve Fuller	M55	15.0	PBA	Rachel Evans	W35	85.5	
Nick Miletic	M60	15.4		Ninian Melville	Vis	1:30.9	
Brian Hewitt	M55	16.0		Shannon Melville	Vis	1:31.3	
				Karen Hagan	W45	1:35.9	
Ninian Melville	Vis	15.6					
John Dennehy	M50	16.0		Tony Heppener	M60	68.5	
Peggy Macliver	W65	16.6		Brian Hewitt	M55	71.6	
David Carr	M75	16.6		David Carr	M75	73.1	SB
Rachel Evans	W35	17.5		John Dennehy	M50	73.4	
				Rachel Wells	W35	89.1	SB
Rachel Wells	W35	16.8		Luke Wardell	Vis	1:42.0	
Julie Willmott	W45	18.0					
Shannon Melville	Vis	19.2		Peggy Macliver	W65	78.1	
Derry Foley	M80	21.2		Nick Miletic	M60	80.1	
				Carol Bowman	W55	84.4	
Valerie Millard	W65	21.9	SB	Jai Thomas	Vis	86.1	
Carolyn Fawcett	W60	23.2		Julie Willmott	W45	86.2	
Lynne Schickert	W70	23.7					
1000m				5000m			
Garry Vogler	M35	2:54.9		Kim Thomas	M35	19:01.4	
Kim Thomas	M35	3:01.0	PBA	Alan Gower	M55	19:04.5	SB
Tony Heppener	M60	3:13.0	PBA	Mitch Thomas	Vis	20:04.4	
Alan Gower	M55	3:16.7		John Collier	M45	21:04.2	PBA
Mitch Thomas	Vis	3:29.8		Sue Bourn	W45	21:33.4	
Brian Hewitt	M55	3:31.7		Brian Hewitt	M55	21:49.6	
Graeme Dahl	M60	3:37.3	PBA	Graeme Dahl	M60	22:04.6	
John Collier	M45	3:43.6		Luke Wardell	Vis	23:34.2	
Karyn Gower	W50	3:50.8	PBA	Rachel Evans	W35	24:48.8	
Maurice Creagh	M65	3:55.3	PBA=	Karen Hagan	W45	25:04.9	
Rachel Evans	W35	4:10.2		Gillian Young	W60	25:21.3	
Jai Thomas	Vis	4:11.0		Shannon Melville	Vis	26:16.2	
Gillian Young	W60	4:15.6		Irwin Barrett-Lennard	M80	27:09.6	
Julie Willmott	W45	4:18.6		Monique Thomas	W30	28:05.2	
Shannon Melville	Vis	4:19.3					
Karen Hagan	W40	4:28.3		3000m			
Kevin Hynds	M45	4:48.6		Mel Hynds	W35	16:13.3	PBA
Rachel Wells	W35	4:58.3		Kevin Hynds	M45	17:04.3	
Monique Thomas	W30	5:00.8	PBA	Carolyn Fawcett	W60	20:23.7	SB
Mel Hynds	W35	5:05.9		Bob Fawcett	M60	20:30.5	PBA
Ninian Melville	Vis	5:29.7					
Bob Fawcett	M60	5:59.8	PBA	3000m walk			
Carolyn Fawcett	W60	6:00.5	PBA	Garry Vogler	M35	18:35.7	
				Valerie Millard	W65	20:37.7	SB
1000m walk				Triple Jump			
Michele Mison	W60	6:51.7		Colin Smith	M45	8.83	
Lynne Schickert	W70	7:15.4		Geoff Brayshaw	M60	8.74	
				Derry Foley	M80	5.89	
				Lynne Schickert	W70	5.77	
				Shot			
				Geoffrey Gee	M55	12.12	
				Oswald Igel	M60	10.46	
				Bev Hamilton	W65	8.53	
				Javelin			
				Geoffrey Gee	M55	34.78	SB
				Geoff Brayshaw	M60	31.21	SB
				Steve Fuller	M55	26.51	SB
				Bev Hamilton	W65	17.13	
				Julie Willmott	W45	11.43	SB
				Karyn Gower	W50	10.04	SB

4 x 800m relay**M40-49**

Steve Fuller	M55	2:50
Mark Dawson	M50	2:49
John Collier	M45	2:51
Colin Smith	M45	2:30

M60-69

David Carr	M75	2:58
John Oldfield	M65	3:18
Nick Miletic	M60	3:19
Maurice Creagh	M65	3:03

W50-59

Delia Baldock	W50	3:02
Peggy Macliver	W65	3:18
Carol Bowman	W55	3:19
Karyn Gower	W50	3:01

10:59.9**12:37.9****12:39.0****Tuesday's Throws – February 21****Wt. Throw**

Jeff Whittam	M75	8.79	
Craig van Waardenburg	M50	14.27	
Paul Foley	M45	8.09	
Byrony Glass	W30	17.34	SB
Kate Glass	W60	12.66	SB

Hammer

Jeff Whittam	M75	19.91	
Craig van Waardenburg	M50	36.12	
Paul Foley	M45	30.39	
Kate Glass	W60	33.45	
Byrony Glass	W30	52.70	SB

WAAS – February 28

100m				3000m			
Glen Ross	M40	11.5		John Oldfield	M65	13:48.0	
Aldis Jaunzems	M30	12.5		Maurice Creagh	M65	14:12.6	
Maurice Pascal	M40	12.8		Gill Edmonds	W45	16:38.9	
Colin Smith	M45	13.2					
5000m				5000m			
Tenneille Trigwell	W30	12.9		Kim Thomas	M35	18:13.2	PBA
Adam Bennett	M35	13.1		Grahak Cunningham	M30	19:19.9	SB
Campbell Till	M50	13.3		Steve Weller	Vis	19:55.4	
Geoff Brayshaw	M60	14.5		David Brook	M45	20:38.0	
Nick Miletic	M60	14.9		Tom Tralau	M35	20:43.2	SB
Miles Sowden	M45	14.0		Keith Edmonds	M45	20:53.4	
Richard Williams	M40	14.4		Graeme Dahl	M60	21:17.6	SB
Barrie Kernaghan	M70	14.5		Paul Scott-Taylor	M50	21:27.2	PBA
Cathy McCloskey	W45	14.7		Mark Dawson	M50	21:28.4	
Lynne Choate	W55	15.1		John Collier	M45	21:37.3	
Keith Martin	M65	15.1		Frank Gardiner	M60	21:57.9	
Fran Cherry	W45	15.6		Danielle Baldock	W30	25:30.3	SB
John Dennehy	M50	15.6		Irwin Barrett-Lennard	M80	26:38.8	SB
Peggy Macliver	W45	16.4					
Mike Anderson	M60	19.6	SB	2000m Steeple Chase			
Danielle Baldock	W30	18.2		Roscoe McDonnell	M50	7:39.6	
Julie Wilson	W55	18.6		Bjorn Dybdahl	M55	7:48.2	
Caitlin Tralau	Vis	22.7		Mark Dawson	M50	9:27.1	
Tom Tralau	M35	22.8		David Carr	M75	9:31.2	SB 98.45%
				Julie Wilson	W55	9:53.5	PBA
				Nick Miletic	M60	10:58.6	
				John Dennehy	M50	11:30.4	
				Cecil Walkley	M80	15:38.6	
1000m				Triple Jump			
Roscoe McDonnell	M50	3:09.7	PBA	Dave Wyatt	M60	9.23	
Grahak Cunningham	M30	3:15.8	PBA	Melissa Foster	W30	10.67	
Steve Weller	Vis	3:23.8		Geoff Brayshaw	M60	8.87	PBA
Miles Sowden	M45	3:29.3		Cathy McCloskey	W45	9.11	PBA
John Collier	M45	3:36.1	SB	Caitlin Tralau	Vis	5.42	
Graeme Dahl	M60	3:39.5					
Keith Edmonds	M45	3:44.0	SB	High Jump			
Maurice Creagh	M65	3:52.8	PBA	Roger Ditewig	M45	1.55	
Paul Scott-Taylor	M50	3:53.1		Dave Wyatt	M60	1.40	
Ivan Brown	M65	4:00.6		Delia Baldock	W50	1.27	SB
Mark Dawson	M50	4:00.9	PBA	Keith Martin	M65	1.15	SB=
Frank Gardiner	M60	4:01.0	PBA				
Delia Baldock	W50	4:09.4	SB	Shot Put			
Danielle Baldock	W30	4:23.5		Oswald Igel	M60	10.89	
Barry Newell	M55	4:34.3		Andrew Ward	M50	8.38	PBA
Caitlin Tralau	Vis	4:43.6		Jeff Whittam	M75	6.51	SB
Tom Tralau	M35	4:43.6		Dorothy Whittam	W75	6.90	PBA
400m				Barbara Campbell	W70	6.66	
Colin Smith	M45	57.7		Mike Anderson	M60	6.49	
Maurice Pascal	M40	59.5	SB=	Rae McMillan	W80	6.07	SB
Campbell Till	M50	60.2					
Miles Sowden	M45	73.3		Discus			
Richard Williams	M40	65.8		John Oldfield	M65	10.44	
Toni Phillips	W35	69.5	SB	Oswald Igel	M60	36.90	PBA
Barrie Kernaghan	M70	71.0		Andrew Ward	M50	29.43	
John Dennehy	M50	74.1		Rob Shand	M75	19.04	
Maurice Creagh	M65	83.3		Jeff Whittam	M75	16.34	SB
Cathy McCloskey	W45	70.8	SB	Dorothy Whittam	W75	12.85	
Barry Newell	M55	73.8		Barbara Campbell	W75	16.76	
Peggy Macliver	W65	76.6		Geoff Brayshaw	M60	30.96	
Fran Cherry	W45	81.1		Mike Anderson	M60	13.93	
Mark Dawson	M50	81.7		Rae McMillan	W80	13.62	
Caitlin Tralau	Vis	1:53.5		Roger Ditewig	M45	28.34	
Christine Oldfield	W65	1:53.5					