

November Results

*Includes Strive, Bunbury, 5km Parkruns and others where MAWA athletes are known to have competed
Note that all records are pending until ratified by the appropriate authorities*

John Gilmour 10km track race – November 1, ECAC

Race 2: (under 40 minute pace)

16 Alan Gower M55 38:06

Race 1: (over 40 minute pace)

5 David Solomon M45 40:17

7 (2F) Rosemary Giles W35 41:06

15 Eldon George M40 45:47

19 Bert Carse M70 47:05

26 (5F) Liz Neville W60 51:57

WAAS – November 5

Patron's Trophy

10,000m		% Points		
Steve Weller	M35	38:25.1	71.46	SB
Mickey Muroi	M55	42:46.8	73.32	
Mark Dawson	M50	45:06.0	67.85	
Michael Lee	M60	46:25.9	73.08	
John Oldfield	M70	47:46.9	75.30	

200m

Wendy Seegers	W35	26.7	
Dave Wyatt	M60	28.3	
Tony Downey	M55	28.6	SB

Maurice Pascal	M40	26.5	
Campbell Till	M55	31.0	
Chris Wood	M50	31.2	

1500m

Mark Dawson	M50	5:51.0	SB
Chris Wood	M50	6:37.0	
John Oldfield	M70	6:52.0	

400m

Campbell Till	M55	60.7
Maurice Pascal	M40	61.2
Wendy Seegers	W35	62.4
Tony Downey	M55	69.0
Sam Wood	VIS	69.7
Chris Wood	M50	88.4

Triple Jump

Gay Wyatt	W55	6.52
Cathy McCloskey	W50	8.67
Dave Wyatt	M60	9.85

Shot Put

Todd Davey	M45	12.78
Roger Ditewig	M50	9.19
Tom Gravestock	M55	10.48
Geoff Gee	M60	12.47

Javelin

Geoff Gee	M60	30.59
Roger Ditewig	M50	38.74

ECAC - November 7

Patron's Trophy

3000m		% points		
Kim Thomas	M35	10:10.3	75.72	SB
Andrew Davison	M45	10:14.5	81.21	SB
Giovanni Puglisi	M60	11:34.6	80.16	
Ross Keane	M50	11:35.7	73.49	PBA
John Oldfield	M70	13:18.4	75.30	PBA
Carmel Meyer	W50	14:43.4	68.30	
Delia Baldock	W50	18:28.5	53.73	PBA
Bob Fawcett	M60	19:14.5	49.11	SB

800m

Raynor Keane	VIS	3:05.0	
Kim Thomas	M35	3:05.1	
Carmel Meyer	W50	3:11.7	
Julie Willmott	W45	3:12.4	SB
John Oldfield	M70	3:43.2	

Long Jump

Julie Willmott	W45	3.33	PBA
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100m

Julie Willmott	W45	16.7
Raynor Keane	VIS	18.7
Bob Fawcett	M60	21.0
Kim Thomas	M35	22.0

200m

Rahul Moorthy	VIS	32.5
Ross Keane	M50	38.7
Raynor Keane	VIS	42.8

Discus

Todd Davey	M45	41.54
Matt Staunton	M35	39.55

Weight Throw

Matt Staunton	M35	13.28
Todd Davey	M45	12.21

Strive meet, WAAS - November 8**100m**

Glenn Ross	M40	11.76	+0.7
Rudy Kocis	M50	12.07	+2.0
Alan Deans	M60	17.48	+0.8

1500m

Scott Tamblin	M30	4:00.46	
Xander van Rijen	M45	4:26.35	PBA

3000m walk

Daniel Lowe	M35	18:07.9	
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Shot put

Christine Schelfhout	W45	6.64	
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Hammer

Matt Staunton	M35	45.55	
Christine Schelfhout	W45	16.07	

WAAS – November 12 (all sprints were wind-assisted)**Patron's Trophy****3000m**

			% points	
Steve Weller	M35	10:45.2	71.10	SB
Keith Edmonds	M45	12:41.6	63.99	SB
Campbell Till	M55	12:50.8	68.58	
John Oldfield	M70	12:53.6	77.71	PBA
Michael Lee	M60	12:57.8	72.89	PBA
Ivan Brown	M65	13:33.7	72.30	SB
Blakeney Tindall	M50	13:51.6	61.48	
Cathy McCloskey	W50	15:02.6	65.15	PBA
John Dennehy	M50	15:18.9	56.57	
Julie Wilson	W60	15:36.3	71.98	
Bob Schickert	M70	16:42.7	61.51	
Greg Wilson	M65	17:01.5	56.53	
Lynne Schickert	W70	23:34.7	57.77	

100m

Bernard Riviere	M45	12.4		
Maurice Pascal	M40	12.5		
Steven Michael	M35	13.1	PBA	
Richard Williams	M40	13.8		
Dave Wyatt	M60	13.7	SB	
Cathy McCloskey	W50	14.0	SB=	
Leanne Hyland	W30	14.9		

800m

Keith Edmonds	M45	2:50.5	
Richard Williams	M40	2:56.4	
Barry Newell	M55	3:34.5	

200m

Maurice Pascal	M40	25.8	SB
Bernard Riviere	M45	26.4	
Richard Williams	M40	30.1	
Keith Edmonds	M45	30.4	PBA=
Giovanni Puglisi	M60	32.3	
Barry Newell	M55	33.3	

Long Jump

Leanne Hyland	W30	4.33	
Cathy McCloskey	W50	4.31	SB
Fran Cherry	W50	3.29	
Gay Wyatt	W55	3.00	
Steven Michael	M35	4.67	
Dave Wyatt	M60	4.61	
Giovanni Puglisi	M60	3.42	

Weight Throw

Matt Staunton	M35	13.30	
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Hammer

Matt Staunton	M35	45.03	
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ECAC - 14 November**Patron's Trophy****400m**

			% points	
Colin Smith	M50	59.0	83.95	
Kim Thomas	M35	64.3	71.29	
Rob Colton	M50	68.6	72.20	
Giovanni Puglisi	M60	72.4	73.94	
Mitch Thomas	VIS	76.8		
Sue Bourn	W45	73.1	76.44	
Aiden Hassan	VIS	81.3		
Carmel Meyer	W50	82.9	71.48	
Delia Baldock	W50	87.0	67.48	
Carol Bowman	W55	87.5	71.60	
Mercurio Cicchini	VIS	83.2		
David Carr	M80	84.3	86.54	
John Oldfield	M70	87.0	67.82	
Bob Schickert	M70	1:47.7	56.88	
Monique Thomas	W35	1:58.8	42.28	
Lynne Schickert	W70	2:12.9	56.70	

Patron's Trophy**Shot**

			% points	
Lynne Schickert	W70	4.98	49.31	
Bob Schickert	M70	5.75	34.23	
Carmel Meyer	W50	6.40	40.66	
Mark Hamilton	M40	11.46		PBA
Giovanni Puglisi	M60	6.63	38.55	
Kim Thomas	M35	7.56	33.41	
Colin Smith	M50	6.35	31.50	PBA
David Carr	M80	7.06	49.44	

200m

Carmel Meyer	W50	34.3	
Maureen Keshwar	W60	35.8	PBA=
Carol Bowman	W55	39.4	

Colin Smith	M50	29.9	
Rahul Moorthy	VIS	30.5	
Mitch Thomas	VIS	36.0	
Kim Thomas	M35	41.7	
David Carr	M80	61.1	

60m

Rob Colton	M50	9.2	
Maureen Keshwar	W60	9.8	SB
Mitch Thomas	VIS	9.9	
Aiden Hassan	VIS	10.2	
Val Millard	W65	13.8	

3000m

Mitch Thomas	VIS	11:08.6	
Aiden Hassan	VIS	12:07.4	
Monique Thomas	W35	18:17.2	

5000m

Kim Thomas	M35	18:56.4	
Jim Langford	M65	20:40.0	
Rob Colton	M50	20:44.7	
Mike Meredith	VIS	21:57.7	
Mercurio Cicchini	VIS	25:23.8	

Long Jump

Rob Colton	M50	3.88	
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Javelin

Rahul Moorthy	VIS	22.10	
Colin Smith	M50	12.10	

Strive Interclub, WAAS – November 15**100m**

Andy Taylor	M35	11.88	-0.5
Rudy Kocis	M50	12.32	-1.0
Greg Brennan	M40	12.80	-1.0
Alan Deans	M60	17.71	+0.2

200m

Glenn Ross	M40	23.81	-0.5
Rudy Kocis	M50	24.88	-0.7
Alan Deans	M60	36.57	-0.9

800m

Xander van Rijen	M45	2:05.15	PBA
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High Jump

Mal Clarke	M40	1.45	
Greg Wilson	M65	1.35	

Discus

Mal Clarke	M40	35.56	
Christine Schelfhout	W45	17.89	

Hammer

Matt Staunton	M35	46.45	PBA
Mal Clarke	M40	33.48	PBA
Christine Schelfhout	W45	17.04	SB

Shot

Mal Clarke	M40	11.77	
Christine Schelfhout	W45	6.80	SB

WAAS – November 19**Patron's Trophy****400m**

	Vis	Points	
Trent Harris	59.6		
Campbell Till	M56 61.0	84.48	
Richard Williams	M43 65.5	72.02	
Mark Dawson	M52 68.2	SB 73.59	
Giovanni Puglisi	M62 71.9	SB 74.45	
Cathy McCloskey	W50 76.4	76.13	

Barry Newell	M57	79.0	65.65
Ivan Brown	M68	83.2	68.67
Greg Wilson	M66	1:31.6	PBA 60.46
Julie Wilson	W60	1:32.6	PBA 68.91

5000m

John Collier	M45	22:27.2	
John Oldfield	M70	22:42.6	
Blakeney Tindall	M50	23:53.1	

3000m

Mark Dawson	M50	12:48.8	
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Long Jump

Steven Michael	M35	4.27	
Dave Wyatt	M60	4.24	
Taryn Ditewig	Vis	4.19	
Leanne Hyland	W30	3.97	
Fran Cherry	W50	3.26	
Gay Wyatt	W55	2.88	

Javelin

Roger Ditewig	M50	35.95	
Taryn Ditewig	Vis	28.74	
Rob Shand	M80	19.30	

Shot Put

	Points	
Melissa Foster	W35 9.54	PBA 44.52
Roger Ditewig	M50 9.53	47.27
Greg Wilson	M66 9.24	60.75
Giovanni Puglisi	M62 6.79	SB 39.48
Cathy McCloskey	W50 6.78	PBA 41.57
Rob Shand	M81 6.49	45.45
Julie Wilson	W60 4.75	35.24

200m

Rudy Kocis	M50	25.6	
Wendy Seegers	W35	26.3	SB
Richard Williams	M40	29.5	SB

Bernard Riviere	M45	26.9	
Mark Dawson	M50	32.9	SB
Barry Newell	M55	33.4	

60m

Rudy Kocis	M50	8.0	
Bernard Riviere	M45	8.1	
Wendy Seegers	W35	8.1	

Steven Michael	M35	8.5	
Richard Williams	M40	8.5	
Dave Wyatt	M60	9.1	

Taryn Ditewig	Vis	9.5	
Leanne Hyland	W30	9.6	
Nicole Pinel	Vis	9.6	
Lynne Choate	W60	9.8	
Cathy McCloskey	W50	10.2	

ECAC - 21 November

Patron's Trophy

100m			% points
Michael Stidwell	VIS	14.0	
Rob Colton	M50	14.5	75.72 PBA
Giovanni Puglisi	M60	15.3	77.39 PBA
Mercurio Cicchini	VIS	17.5	
Sharon Davis	W40	14.6	75.27
Sue Bourn	W45	14.9	78.86
Carmel Meyer	W50	16.3	76.81
Delia Baldock	W50	16.7	74.19
Colin Smith	M50	13.3	82.56
Steve Fuller	M60	14.5	81.17 SB
David Carr	M80	17.8	81.12
Bob Schickert	M70	22.4	56.79
Lynne Schickert	W70	23.5	64.77

60m

Mal Clarke	M40	8.2	
Colin Smith	M50	8.3	
Rahul Moorthy	VIS	8.7	
Carmel Meyer	W50	9.8	
Ali Matautia	W40	10.0	PBA
Aiden Hassan	VIS	10.1	
David Carr	M80	11.4	
Bob Fawcett	M60	12.1	SB

3000m

Aiden Hassan	VIS	11:47.4
Rob Colton	M50	12:12.3
Mercurio Cicchini	VIS	14:18.2
Bob Schickert	M70	15:42.6
Nick Bailey	M65	15:57.0

2000m walk

John Smith	M75	15:43.1
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Strive, WAAS – November 22

100m

Andy Taylor	M35	11.69 +0.0
Colin Smith	M50	13.32 +0.3
Alan Deans	M60	17.43 +0.4 SB

400m

Colin Smith	M50	59.34
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1500m

Xander van Rijen	M45	4:18.59 PBA
Rob Nichols	M35	4:23.84 PBA
Andrew Brooker	M40	4:37.80

2000m steeplechase (76cm barriers)

John Oldfield	M70	9:38.9 UKR
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5000m walk

Daniel Lowe	M35	31:11.4
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Patron's Trophy

Discus			% points
Lynne Schickert	W70	9.65	27.13
Bob Schickert	M70	13.78	27.70
Steve Fuller	M60	31.90	49.38 SB
Delia Baldock	W50	11.47	19.86
Colin Smith	M50	18.50	24.97
John Oldfield	M70	10.50	20.02
Carmel Meyer	W50	15.41	27.18 PBA
Sue Bourn	W45	15.04	23.86
David Carr	M80	15.88	42.27
Giovanni Puglisi	M60	17.80	28.14

Rahul Moorthy	VIS	22.83
Bev Hamilton	W65	21.69
Mark Hamilton	M40	37.18
Mal Clarke	M40	38.34
Ali Matautia	W40	25.47
Matt Staunton	M35	39.21

Triple Jump

Lynne Schickert	W70	5.48	SB
Michael Stidwell	VIS	10.29	

Weight Throw

Ali Matautia	W40	9.52	PBA
Bev Hamilton	W65	11.10	
Mal Clarke	M40	11.03	
Matt Staunton	M35	13.31	
Rahul Moorthy	VIS	6.22	

800m

Steve Fuller	M60	2:37.9	PBA
Sharon Davis	W40	2:41.3	
Rob Colton	M50	2:44.1	
Aiden Hassan	VIS	3:01.8	

High Jump

Mal Clarke	M40	1.50	SB
Chris Anderson	M45	1.85	SR

Discus

Mal Clarke	M40	37.46	
Christine Schelfhout	W45	18.43	SB

Hammer

Matt Staunton	M35	46.12	
Mal Clarke	M40	34.34	PBA
Christine Schelfhout	W45	18.47	SB

Javelin

Christine Schelfhout	W45	13.44	SB
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WAAS November 26 (note: all sprints were wind-assisted)

Patron's Trophy

100m			% points	
Colin Smith	M50	13.0	84.46	SB
Richard Williams	M40	13.4	78.13	SB
Matt Kelly	M30	13.8	70.94	
Rob Colton	M50	13.9	78.99	PBA
Cathy McCloskey	W50	14.2	86.41	
Lynne Choate	W60	15.2	89.14	
Carmel Meyer	W50	15.7	79.75	SB
Barrie Kernaghan	M70	17.1	75.32	
Giovanni Puglisi	M60	15.2	77.89	
Fran Cherry	W50	15.7	78.15	
John Dennehy	M50	16.1	70.00	
Ivan Brown	M65	17.5	70.17	
John Oldfield	M70	20.0	62.10	

800m

Grahak Cunningham	M35	2:32.4		
Matt Kelly	M30	2:32.9		
Rob Colton	M50	2:40.4		
Mark Dawson	M50	2:42.9		
Richard Williams	M40	2:44.4	SB	
John Collier	M45	2:46.7		
Blakeney Tindall	M50	3:02.7		
Ivan Brown	M65	3:12.0		

High Jump

Taryn Ditewig	VIS	1.50		
Cathy McCloskey	W50	1.00		
Gay Wyatt	W55	1.05	SB=	
Dave Wyatt	M60	1.40	SB=	

Patron's Trophy

Discus			% points	
Carmel Meyer	W52	15.13	26.68	
Greg Wilson	M65	33.91	58.62	PBA
Ivan Brown	M68	15.58	28.25	
Giovanni Puglisi	M62	17.35	27.43	
Roger Ditewig	M50	30.42	41.06	
Rob Colton	M50	19.46	26.27	
Colin Smith	M50	17.70	23.89	
John Dennehy	M54	15.05	21.88	

3000m

Steve Weller	M35	11:06.2		
Grahak Cunningham	M35	11:37.7		
Mark Dawson	M50	12:31.9		
John Collier	M45	12:44.8		
Matt Kelly	M30	13:11.7		
Blakeney Tindall	M50	14:40.5		
David Carr	M80	16:31.8		

60m

Rudy Kocis	M50	7.6	SB	
Colin Smith	M50	8.1	SB	
Richard Williams	M40	8.6		
Lynne Choate	W60	9.2	SB=	
Matt Kelly	M30	8.7		
Fran Cherry	W50	9.4	PBA	
Carmel Meyer	W50	9.7	SB	
Barrie Kernaghan	M70	10.4		

Triple Jump

Taryn Ditewig	VIS	10.35		
Gay Wyatt	W55	6.32		
Colin Smith	M50	9.02		

ECAC - 28 November

Patron's Trophy

5000m			% points	
Kim Thomas	M35	18:07.1	73.14	SB
Giovanni Puglisi	M60	19:44.3	80.89	PBA
Rob Colton	M50	20:29.3	70.40	PBA
Bert Carse	M70	21:10.3	83.53	
Sue Bourn	W45	21:59.7	72.30	
Bob Schickert	M70	25:23.7	69.64	
David Carr	M80	27:23.0	76.98	
Monique Thomas	W35	29:30.1	49.64	
Mitch Thomas	VIS	29:30.1		
Bob Fawcett	M60	34:15.1	47.46	
Lynne Schickert	W60	37:51.9	61.41	

400m

Colin Smith	M50	61.4		
Kim Thomas	M35	64.3	SB=	
Rob Colton	M50	66.3	SB	
Sharon Davis	W40	67.0		
Mitch Thomas	VIS	75.0		
Carmel Meyer	W50	76.3	SB	
Lee Holliday	M55	79.8		
Julie Willmott	W45	80.0	PBA=	
Carol Bowman	W55	87.0	SB	
Bob Fawcett	M60	1:45.3		

1500m

Mitch Thomas	VIS	5:23.7		
Kim Thomas	M35	5:23.8		
Colin Shaw	M50	5:59.2	PBA	
Steve Fuller	M60	6:03.8		
Delia Baldock	W50	8:29.6		
1500m walk				
Lee Holliday	M55	8:08.5		

3000m

Lee Holliday	M55	12:59.0		
Carol Bowman	W55	14:56.0		
Carolyn Fawcett	W60	20:33.8		

Long Jump

Colin Smith	M50	4.18		
Steve Fuller	M60	3.63		
Rob Colton	M50	4.06	SB	
Julie Willmott	W45	3.12		

Shot Put

Lee Holliday	M55	8.26		
Mark Hamilton	M40	11.24		

Javelin

Steve Fuller	M60	28.65		
Carmel Meyer	W50	16.84		
Lee Holliday	M55	23.86		
Julie Willmott	W45	14.97	PBA	
Mark Hamilton	M40	31.55		
Sally John	VIS	12.53		
Janne Wells	VIS	14.09		
Rob Colton	M50	16.21		
Mitch Thomas	VIS	21.20		

100m

Colin Smith	M50	13.9		
Colin Shaw	M50	14.6		
Rob Colton	M50	15.0		
Lee Holliday	M55	15.6		

Sharon Davis	W40	15.3		
Carmel Meyer	W50	16.6		
Mitch Thomas	VIS	16.7		
Julie Willmott	W45	16.9		

Janne Wells	VIS	17.4		
Sally John	VIS	19.3		
Carolyn Fawcett	W60	25.0		

Strive, WAAS – November 30**60m**

Paul Edmiston	M40	7.57	-1.3
Greg Brennan	M40	7.97	+0.1
Alan Deans	M60	10.71	PBA +0.1
Wendy Seegers	W35	7.88	SB +1.5

200m

Paul Jeffery	M35	24.17	+0.2 PBA
Alan Deans	M60	36.96	-1.5

Discus

Paul Jeffery	M35	36.97
Mal Clarke	M40	37.93
Todd Davey	M45	40.04

Shot

Mal Clarke	M40	12.01
Todd Davey	M45	12.68

Javelin

Mal Clarke	M40	40.60	SB
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800m

Kim Thomas	M35	2:19.12	PBA
John Collier	M45	2:47.48	
Mark Dawson	M50	2:37.22	
(Dave Kennedy	M35	2:22.17)	

3000m

Scott Tamblin	M30	8:36.6	SB
Kim Thomas	M35	10:05.8	PBA
Andrew Brooker	M40	10:32.8	
Xander van Rijen	M45	9:37.1	PBA
John Collier	M45	12:21.7	SB
Mark Dawson	M50	11:51.8	SB
John Oldfield	M70	12:49.6	UKR
Sandra Voeselek	W40	10:28.9	SR
(Dave Kennedy n/f	M35	9:43.4)	

High Jump

Mal Clarke	M40	1.45
Chris Anderson	M45	1.80

Results from Bunbury meetings (MAWA members only)

Bunbury – October 22

100m

Harold Membrey	M60	14.9
Rob Antonioli	M60	15.0
Brian Waldhuter	M70	16.3

High Jump

Harold Membrey	M60	1.15	PBA=
Sharon Moloney	W50	1.00	
Rob Antonioli	M60	1.00	

1500m

Rob Antonioli	M60	6:11.3	
Sharon Moloney	W50	7:47.4	PBA

Javelin

Sharon Moloney	W50	20.42
Rob Young	M65	14.34

1500m Walk

Harold Membrey	M60	10:44.8
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Bunbury – October 29

60m

Rob Antonioli	M60	8.9
Brian Waldhuter	M70	9.6
Leon Sander	M75	9.7
Sharon Moloney	W50	10.0
Ruth Johnson	W70	11.0

Discus

Harold Membrey	M60	26.89
Rob Antonioli	M60	25.78
Rob Young	M65	25.31
Sharon Moloney	W50	21.67
Leon Sander	M75	21.34
Brian Waldhuter	M70	20.17
Ruth Johnson	W70	12.90

3000m

Rob Antonioli	M60	13:41.2	
Sharon Moloney	W50	17:01.7	PBA
Ruth Johnson	W70	18:06.8	

Bunbury – November 2

80m hurdles

Brian Waldhuter	M70	18.8
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5000m walk

Garry Hastie	M50	33:25.7
Harold Membrey	M60	37:39.9

100m hurdles

Rob Antonioli	M60	25.3
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Discus

Harold Membrey	M60	27.06	SB
Garry Hastie	M50	24.12	
Brian Waldhuter	M70	19.41	
Ruth Johnson	W70	13.68	SB

5000m

Ruth Johnson	W70	30:51.8
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Bunbury – November 5

400m

Rob Antonioli	M60	68.1
Harold Membrey	M60	80.6
Brian Waldhuter	M70	81.0
Leon Sander	M75	1:34.2
Ruth Johnson	M70	1:36.6
Lyle James	M70	2:24.6

Hammer

Harold Membrey	M60	21.81
Rob Young	M65	18.26
Brian Waldhuter	M70	18.12
Ruth Johnson	W70	17.46
Debbie Cox	W45	14.40

2000m

Rob Antonioli	M60	9:54.3
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Long Jump

Rob Antonioli	M60	3.83
Brian Waldhuter	M70	3.23
Debbie Cox	W45	3.13
Leon Sander	M75	3.10
Ruth Johnson	W70	2.86

2000m Walk

Harold Membrey	M60	14:38.2
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Bunbury – November 12

200m

Rob Antonioli	M60	29.7
Harold Membrey	M60	32.4
Leon Sander	M75	32.7
Brian Waldhuter	M70	34.6
Ruth Johnson	W70	39.7
Lyle James	M70	48.6

800m

Garry Hastie	M50	2:45.3
Leon Sander	M75	3:47.5
Ruth Johnson	W70	4:03.7
Lyle James	M70	5:08.6

Triple Jump

Brian Waldhuter	M70	7.52
Leon Sander	M75	6.82
Debbie Cox	W45	6.68

Shot Put

Rob Young	M65	8.09
Harold Membrey	M60	7.88
Brian Waldhuter	M70	6.31
Debbie Cox	W45	5.97
Ruth Johnson	W70	5.25
Lyle James	M70	3.54

60m

Rob Antonioli	M60	8.9	SB=
Leon Sander	M75	10.1	
Ruth Johnson	W70	11.1	

Discus

Leon Sander	M75	22.92	SB
Ruth Johnson	W70	12.12	

PARKRUNS

FREE, timed 5km runs, 8am every Saturday (9am UK)

New Club Bests are highlighted in sky blue

(missed from October results

RUSHCLIFFE, UK:

Run 52 – October 5; 232 runners

56 John Oldfield M70 22:36 78.14%)

CLAISEBROOK COVE:

Run 65 – November 2; 163 finishers

7 Kim Thomas M35 18:48 72.07%

10 Anthony Smith M40 19:22 63.59%

20 Hamish McLeod M35 21:09 63.59%

Run 66 – November 9; (165)

4 Kim Thomas M35 18:12 74.45%

15 Sandra Stockman W45 20:26 80.10%

24 Sue Zlnay W50 21:26 81.26%

29 Hamish McLeod M35 21:51 61.56%

50 John Oldfield M70 23:52 73.88%

79 Bryan Hardy M70 25:46 68.43%

90 Graham Thornton M70 26:51 68.34%

Run 67 – November 16; (139)

64 Graham Thornton M70 27:11 67.50%

92 John Talbot M65 30:22 56.26%

Run 68 – November 23; (157)

13 Anthony Smith M40 20:09 68.73%

27 Michael Lee M60 22:33 73.69% PB

33 Hamish McLeod M35 23:00 58.48%

59 Bryan Hardy M70 25:38 68.79%

101 John Talbot M65 29:47 67.36%

Run 69 – November 30; (186)

7 Kim Thomas M35 18:31 73.18%

13 Grahak Cunningham M35 19:47 67.06%

14 Lachlan Marr M50 19:55 75.90%

18 Bjorn Dybdahl M60 20:32 78.08%

63 Hamish McLeod M35 23:53 56.32%

75 John Oldfield M70 24:39 71.53%

89 Bryan Hardy M70 25:38 68.79%

106 Simon Leonard M50 27:33 55.29%

154 Christine Oldfield W65 32:40 67.04%

173 Debbie Wolfenden W50 37:42 44.47%

AVELEY:

Run 17- November 2; 70 finishers

8 Michael Lee M60 22:26 74.09%

Run 18 – November 9; (51)

2 Anthony Smith M40 18:59 72.96%

Run 19 – November 16; (91)

6 Anthony Smith M40 20:38 67.12%

10 Hamish McLeod M35 22:02 61.04%

22 Rachel Evans W40 25:48 59.30%

28 Adrian Kenny M40 25:50 52.84%

Run 20 – November 23; (45)

6 John Oldfield M70 22:25 78.66% PBA

33 Christine Oldfield W65 33:31 65.34%

Run 21 – November 30; (55)

2 Anthony Smith M40 18:50 73.54%

10 Michael Lee M60 22:18 64.51% PB

CANNING RIVER:

Run 22 – November 2; 130 finishers

2 Paul Odam M50 20:01 75.52%

3 Lisa Searle W40 20:17 75.84% PB

6 Stuart MacKinnon M30 20:54 62.20%

25 Carol Bowman W55 25:00 75.49%

29 Kem Hassan M40 25:46 54.13% PB

75 Delia Baldock W50 33:42 50.35%

Run 23 – November 9; (101)

5 Paul Odam M50 19:41 76.80%

10 Stuart MacKinnon M30 21:07 61.56%

30 Adrian Kenny M40 25:05 54.42%

32 Carol Bowman W55 25:35 73.75%

66 Delia Baldock W50 34:18 49.47%

69 Rebecca MacKinnon W30 35:42 41.64%

81 Sheila Maslen W75 44:34 54.41%

Run 24 – November 16; (114 – no times, watch u/s)

5 Kim Thomas M35

8 Paul Odam M50

12 Stuart MacKinnon M30

59 Monique Thomas W35

71 Rebecca MacKinnon W30

72 Bob Fawcett M60

87 Carolyn Fawcett W60

100 Sheila Maslen W75

Run 25 – November 23; (129)

4 Paul Odam M50 19:45 76.54%

5 Lisa Searle W40 20:04 76.66% PB

9 Stuart MacKinnon M30 20:30 63.41% PB

56 Monique Thomas W35 29:06 51.55%

80 Rebecca MacKinnon W30 33:53 43.88%

109 Sheila Maslen W75 41:34 58.34% PB

Run 26 – November 30; (122)

9 Stuart MacKinnon M30 20:21 63.88% PB

52 Adrian Kenny M40 26:53 50.77%

66 John Talbot M65 29:11 58.54%

84 Rebecca MacKinnon W30 32:13 46.55%

114 Sheila Maslen W75 41:31 58.41% PB

ROCKINGHAM:

Run 26 – November 2; 147 finishers

106 Elaine Dance W60 36:58 53.25%

130 John Dance M60 46:35 35.67%

Run 27 – November 9; (142)

98 Elaine Dance W60 36:58 53.25%

120 Vic Beaumont M80 44:58 50.67%

136 John Dance M60 52:02 31.93%

143 Carolyn Fawcett W60 57:25 34.28%

Run 29 – November 23; (155)

86 Bob Fawcett M60 33:46 49.21%

109 Carolyn Fawcett W60 36:53 53.37%

Run 30 – November 30; (130)

81 Carolyn Fawcett W60 36:54 53.34%

82 Bob Fawcett M60 36:55 45.01%

101 Vic Beaumont M80 42:14 53.95%