

## August 2014 Results

*Includes Strive, 5km parkruns and others where MAWA athletes are known to have competed*

*Note that all records are pending until ratified by the appropriate authorities*

### ECAC - 7 August

#### 200m

Alex Purcell	VIS	32.4	
Bruce McGeorge	Vis	34.1	
Maureen Keshwar	W60	37.0	
<b>Irwin Barrett-Lennard</b>	<b>M85</b>	<b>40.9</b>	<b>SR pending</b>

#### 1500m

Giovanni Puglisi	M60	5:35.4	
Clare Wardle	W35	5:56.1	
Bruce McGeorge	Vis	6:22.2	
Maurice Creagh	M65	6:27.3	
David Carr	M80	6:29.6	<b>SB</b>

#### 1500m walk

Karyn Tolardo	W45	8:54.9	<b>PBA</b>
Tom Lenane	M55	9:10.7	<b>PBA</b>
Sonia Tingay	W40	10:10.8	
Lynne Schickert	W70	11:16.5	

#### 5000m walk

Karyn Tolardo	W45	32:15.2	
Sonia Tingay	W40	36:12.4	<b>PBA</b>

#### 100m

Alex Purcell	VIS	15.2
Bruce McGeorge	Vis	16.2
Maureen Keshwar	W60	16.7
Lynne Schickert	W70	25.7

#### 5000m

Clare Wardle	W35	20:54.7	
Suzi Graves	W45	21:18.9	
Sue Bourn	W45	22:08.7	
Karyn Gower	W50	22:15.7	<b>SB</b>
Maurice Creagh	M65	24:13.7	
Bob Schickert	M70	24:37.7	<b>SB</b>
<b>Irwin Barrett-Lennard</b>	<b>M85</b>	<b>29:03.2</b>	<b>SR pending</b>
Kem Hassan	M40	30:29.8	
David Carr	M80	31:22.2	

#### 300m

Giovanni Puglisi	M60	52.9
Bruce McGeorge	Vis	57.0
David Carr	M80	58.6
Maurice Creagh	M65	73.4

### ECAC - 14 August

#### 400m

Kim Thomas	M40	69.8	<b>SB</b>
Giovanni Puglisi	M60	72.5	
Alex Purcell	VIS	76.4	
David Carr	M80	77.4	<b>SB</b>

Carol Bowman	W55	90.0	<b>SB</b>
Maureen Keshwar	W60	93.6	<b>SB</b>
Irwin Barrett-Lennard	M85	97.7	
Bob Fawcett	M60	1:50.8	<b>SB</b>

#### 4000m

Kim Thomas	M40	15:49.7	
Bob Schickert	M70	18:55.8	
Bruce McGeorge	Vis	18:57.4	
David Carr	M80	21:27.0	
Aub Davie	M75	21:40.8	
Monique Thomas	W35	22:06.2	

#### 4000m walk

Sonia Tingay	W40	28:54.1	
Lynne Schickert	W70	29:32.7	

#### 200m

Alex Purcell	VIS	32.2	
Mercurio Cicchini	M65	35.0	<b>SB</b>
Maureen Keshwar	W60	36.4	<b>SB</b>
David Carr	M80	37.2	
Irwin Barrett-Lennard	M85	41.3	

#### Mile

Giovanni Puglisi	M60	5:56.2	
Colin Smith	M50	6:51.7	
Aub Davie	M75	9:15.6	

#### Mile walk

Sonia Tingay	W40	11:07.5	
Lynne Schickert	W70	11:48.4	

#### 2000m walk

Carolyn Fawcett	W60	14:43.0	
-----------------	-----	---------	--

#### 60m

Alex Purcell	VIS	9.4	
Maureen Keshwar	W60	10.0	
Mercurio Cicchini	M65	10.5	<b>SB</b>

**ECAC - 21 August****100m**

Alex Purcell	VIS	16.7
Bob Schickert	M70	18.7
David Carr	M80	23.0
Lynne Schickert	M70	23.5
Kem Hassan	M40	24.3

**800m**

Todd Ingraham	M40	2:29.3
Colin Smith	M50	2:47.5
Kem Hassan	M40	3:34.5

**60m**

Colin Smith	M50	8.7
Alex Purcell	VIS	9.1
David Carr	M80	14.1
Lynne Schickert	W70	14.5

**5000m**

Todd Ingraham	M40	17.00.0
Sue Bourn	W45	22.13.5
Milton Mavrick	M60	24:26.0
Bob Schickert	M70	24:45.4
Kem Hassan	M40	25:51.7
David Carr	M80	25:55.0

**3000m walk**

Lynne Schickert	W70	22:46.0
-----------------	-----	---------

**300m**

Colin Smith	M50	48.5
David Carr	M80	64.2
Kem Hassan	M40	80.0

**ECAC - 28 August****100m**

Colin Smith	M50	13.5
Alex Purcell	Vis	14.8
Suzi Graves	W45	15.3

Lynne Schickert	W70	22.6
Bob Fawcett	M60	23.0
Kem Hassan	M40	23.3
Kim Thomas	M40	23.6

**3000m**

Karyn Gower	W50	13:07.0
Kim Thomas	M40	13:07.7
David Carr	M80	13:45.4
Milton Mavrick	M60	13:50.4
Bob Schickert	M70	14:12.2
Kem Hassan	M40	15:14.0
Aub Davie	M75	17:33.0
Irwin Barrett-Lennard	M85	17:36.5
Bob Fawcett	M60	18:01.6
Carolyn Fawcett	W60	21:28.9

**3000m walk**

Karyn Tolardo	W45	18:12.1
---------------	-----	---------

**1000m walk**

Lynne Schickert	W70	7:27.0
-----------------	-----	--------

**600m**

Colin Smith	M50	1:50.1
Suzi Graves	W45	1:56.0
Kim Thomas	M40	1:56.1

**2000m**

Milton Mavrick	M60	9:15.8
Kem Hassan	M40	11:04.5
Kim Thomas	M40	11:05.2
Irwin Barrett-Lennard	M85	11:29.1
Aub Davie	M75	11:37.4

**2000m walk**

Robin King	W55	12:22.6
Karyn Tolardo	W45	13:05.8
Lynne Schickert	W70	14:43.3

**200m**

Alex Purcell	Vis	30.9
Suzi Graves	W45	31.7
Bob Schickert	M70	38.0
Karyn Gower	W50	40.9
Irwin Barrett-Lennard	M85	43.7
Lynne Schickert	W70	56.1

# PARKRUNS

*FREE, timed 5km runs, 8am every Saturday (9am UK)*

*New Club Bests are highlighted in sky blue*

*PBs are best as a MAWA member, not including parkruns as non-members*

## CANNING RIVER:

### Run 62 – August 2; 141 finishers

Kim Thomas	M40	17:24	
Brian Hewitt	M60	20:00	
Delia Baldock	W50	25:39	<b>PB</b>
Simon Leonard	M55	26:48	
Monique Thomas	W35	27:48	
Melissa Hassan	W40	29:09	<b>PB</b>
Kem Hassan	M40	29:10	
Merv Jones	M70	31:23	
Bob Fawcett	M60	31:24	
Sheila Maslen	W75	42:26	
Carolyn Fawcett	W60	44:01	

### Run 63 – August 9; (148)

Kim Thomas	M40	17:41	
Stuart MacKinnon	M30	19:19	<b>PB</b>
Dan Baldwin	M40	21:05	
Delia Baldock	W50	26:04	
Monique Thomas	W35	28:34	
Melissa Hassan	W40	29:19	
Rebecca MacKinnon	W30	31:42	<b>PB</b>
Kem Hassan	M40	32:01	
Clinton Bishop	M40	32:52	
Tania Baldwin	W40	36:49	
Sheila Maslen	W75	42:06	

### Run 64 – August 16; (153)

Kim Thomas	M40	18:08	
Stuart MacKinnon	M30	19:23	
Clare Wardle	W35	20:02	<b>PB</b>
Dan Baldwin	M40	21:19	
Delia Baldock	W50	26:18	
Monique Thomas	W35	28:06	
Melissa Hassan	W40	29:05	

### Run 65 – August 23; (175)

Todd Ingraham	M40	16:41	<b>PB</b>
Kim Thomas	M40	17:48	
Tina Franklin	W45	25:45	
Delia Baldock	W50	25:52	
Kem Hassan	M40	26:26	
Simon Leonard	M55	29:59	
Bob Fawcett	M60	32:49	
Rebecca MacKinnon	W30	35:20	
Carolyn Fawcett	W60	51:55	

### Run 66 – August 30; (105)

Rod Hamilton	M50	19:40	
Paul Odam	M50	20:39	<b>SB</b>
Bert Carse	M70	21:23	
Delia Baldock	W50	25:53	
Kem Hassan	M40	27:30	
Merv Jones	M75	30:08	<b>PBA</b>
Sheila Maslen	W75	43:49	

## MT. CLARENCE (ALBANY)

### Run 1 – August 23; 70 finishers

Clare Wardle	W35	21:07	
Dan Baldwin	M40	22:49	
Jeremy Savage	M35	24:16	
Jon Storey	M40	27:42	
Kelly Underwood	W35	29:30	
Bruce Wilson	M60	33:16	
Tania Baldwin	W40	38:47	
Chris Neilon	M40	49:35	

### Run 2 – August 30; (24)

Bruce Wilson	M60	31:35	<b>PB</b>
--------------	-----	-------	-----------

## CLAISEBROOK COVE:

### Run 105 – August 2; 264 finishers

Lachlan Marr	M50	19:16	<b>SB</b>
Rod Hamilton	M50	19:29	
Clare Wardle	W35	20:05	<b>PB</b>
David Baird	M70	22:55	
John Fisher	M50	23:45	
Denise Newport	W50	24:21	
Jon Storey	M40	25:34	
John Talbot	M65	28:09	
Robyn Dunlop	W40	28:20	
Clinton Bishop	M40	31:56	<b>PB</b>
Tracy Bishop	W40	33:38	<b>PB</b>
Jo Richardson	W60	40:13	<b>PB</b>

### Run 106 – August 9; (204)

Fiona Leonard	W45	20:49	
Denise Newport	W50	23:48	<b>PB</b>
John Fisher	M50	24:50	
Chris Neilon	M40	24:51	
Hamish McLeod	M35	25:30	

### Run 107 – August 16; (270)

Hamish McLeod	M35	21:30	
John Fisher	M50	23:37	
Chris Neilon	M40	24:08	
Denise Newport	W50	24:11	
Jeremy Savage	M35	24:17	
John Talbot	M65	27:25	
Eamonn McNulty	M55	27:35	<b>SB</b>
Jon Storey	M40	33:48	

### Run 108 – August 23; (265)

Anthony Smith	M40	18:50	
John Fisher	M50	23:55	
Denise Newport	W50	23:56	
Eamonn McNulty	M55	25:49	<b>SB</b>
John Talbot	M65	27:56	

### Run 109 – August 30; (105)

Frank Gardiner	M60	21:56	
David Baird	M70	22:52	
John Talbot	M65	27:58	
Eamonn McNulty	M55	28:50	
Jo Richardson	W60	46:21	

## KALGOORLIE:

### Run 45 – August 2; 125 finishers

Danny Sheehan	M60	19:26	
---------------	-----	-------	--

### Run 46 – August 9; (131)

Danny Sheehan	M60	21:27	
---------------	-----	-------	--

### Run 47 – August 16; (148)

Danny Sheehan	M60	19:22	
---------------	-----	-------	--

### Run 48 – August 23; (178)

Danny Sheehan	M60	19:35	
---------------	-----	-------	--

## BUNBURY:

### Run 42 – August 9; 33 finishers

Garry Hastie	M50	27:06	
--------------	-----	-------	--

### Run 43 – August 16; (34)

Garry Hastie	M50	25:44	
--------------	-----	-------	--

**ROCKINGHAM:****Run 66 – August 2; 225 finishers**

Craig Trudgian	M50	22:05	<b>PB</b>
Adam Dance	M30	24:50	<b>PB</b>
Helen Lintott	W40	25:22	
Douglas Lintott	M35	25:23	
Kristy Devereux	W30	26:45	
Elaine Dance	W60	33:32	
Ray Hall	M80	40:36	
Mitch Loly	M70	45:52	
John Dance	M60	45:57	
Vic Beaumont	M80	56:10	<b>SB</b>

**Run 67 – August 9; (225)**

Rod Hamilton	M50	19:45	
Adam Dance	M30	24:30	<b>PB</b>
Bob Fawcett	M60	30:51	
Carolyn Fawcett	W60	44:54	
Vic Beaumont	M80	51:36	

**Run 68 – August 16; (225)**

Douglas Lintott	M35	20:19	<b>PB</b>
Craig Trudgian	M50	22:19	<b>PB</b>
Adam Dance	M30	24:05	<b>PB</b>
Helen Lintott	W40	26:01	
Vic Beaumont	M80	47:17	<b>SB</b>

**Run 69 – August 23; (231)**

Douglas Lintott	M35	19:55	<b>PB</b>
Adam Dance	M30	23:07	<b>PB</b>
Helen Lintott	W40	34:21	
Elaine Dance	W60	36:37	
Vic Beaumont	M80	44:24	<b>SB</b>
Mitch Loly	M70	46:20	

**Run 70 – August 30; (129)**

Mitch Loly	M70	51:23	
------------	-----	-------	--

**AVELEY:****Run 56 – August 2; 73 finishers**

Anthony Smith	M40	18:37	
---------------	-----	-------	--

**Run 57 – August 9; (58)**

Anthony Smith	M40	24:33	
---------------	-----	-------	--

**Run 58 – August 16; (60)**

Anthony Smith	M40	19:06	
---------------	-----	-------	--

**CARINE GLADES****Run 7 – August 2; 125 finishers**

Katrina Tyza	W35	29:36	
--------------	-----	-------	--

**Run 8 – August 9; (129)**

Michael Lee	M60	23:17	
John Talbot	M65	28:28	
Jon Storey	M40	29:05	
Clare Wardle	W35	40:43	
Katrina Tyza	W40	48:52	(tail runner)

**Run 9 – August 16; (129)**

Michael Lee	M60	22:56	
Katrina Tyza	W35	31:01	

**Run 10 – August 23; (167)**

Katrina Tyza	W35	30:21	
Clinton Bishop	M40	32:13	
Tracy Bishop	W40	36:17	

**Run 11 – August 30; (48)**

Michael Lee	M65	22:39	<b>PBA</b>
-------------	-----	-------	------------

**PIONEER, GOSNELLS:****Run 30 – August 2; 46 finishers**

Stuart MacKinnon	M30	19:49	
Jeff Bremner	M50	24:16	
Jeremy Savage	M35	37:13	
Kelly Underwood	W35	57:03	(tail runner)

**Run 31 – August 9; (47)**

Jeff Bremner	M50	21:30	<b>SB</b>
Wade Davis	M40	26:06	
Jeremy Savage	M35	26:58	

**Run 32 – August 16; (43)**

Jeff Bremner	M50	22:42	
John Brambley	M70	32:42	<b>PB</b>
Tracy Bishop	W40	53:58	(tail runner)

**Run 33 – August 23; (57)**

Stuart MacKinnon	M30	19:30	
Jeff Bremner	M50	22:26	
Wade Davis	M45	25:49	
John Brambley	M70	33:31	

**Run 34 – August 30; (24)**

Stuart MacKinnon	M30	19:44	
Jeff Bremner	M50	23:56	

**LAKE JOONDALUP:****Run 1 – August 30; 126 finishers**

Clare Wardle	W35	19:48	<b>PB</b>
Anthony Smith	M40	20:28	
Dan Baldwin	M40	21:18	
Hamish McLeod	M35	21:30	
Lui Cecotti	M65	25:47	
Jon Storey	M40	25:54	
Kelly Underwood	W35	27:24	
Dutch Holland	M45	27:44	
Tracy Bishop	W40	34:45	
Tania Baldwin	W40	35:07	<b>PB</b>
Clinton Bishop	M35	46:54	

**TOURIST RUNS****RUSHCLIFFE (UK)****Run 96 – August 2; 184 finishers**

John Oldfield	M70	22:06	<b>SB</b>
Christine Oldfield	W65	32:09	

**Run 98 – August 16; (224)**

Christine Oldfield	W65	32:08	
--------------------	-----	-------	--

**ST. ANDREWS (SCOTLAND):****Run 117 – August 2; 114 finishers**

Bert Carse	M70	20:38	
------------	-----	-------	--

**EDINBURGH (SCOTLAND)****Run 249 – August 9; 506 finishers**

Bert Carse	M70	20:38	
------------	-----	-------	--