

## July 2014 Results

*Includes Strive, 5km parkruns and others where MAWA athletes are known to have competed*

*Note that all records are pending until ratified by the appropriate authorities*

### ECAC - 3 July

#### 200m

Colin Smith	M50	29.3
Alex Purcell	VIS	32.3
Mike O'Reilly	M70	36.0
David Carr	M80	42.6

Terese Carr	VIS	44.7
Lynne Schickert	W70	52.7
Bob Fawcett	M60	54.8

#### 60m

Colin Smith	M50	8.9
Alex Purcell	VIS	9.4
Lynne Schickert	W70	18.3

#### 300m

Colin Smith	M50	45.9
David Carr	M80	59.4
Mike O'Reilly	M70	62.8
Maurice Creagh	M65	68.3
Aub Davie	M75	71.9

#### 800m walk

John Smith	M75	6:31.1
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#### 800m

Maurice Creagh	M65	3:27.9
Frank Price	M60	4:33.6
Terese Carr	VIS	4:46.0

#### 5000m

Kim Thomas	M40	17:54.8
Suzi Graves	W45	21:15.5
Maurice Creagh	M65	22:50.0
David Carr	M80	24:58.0
Monique Thomas	W35	28:45.0
Kem Hassan	M40	28:48.0
Irwin Barrett-Lennard	M85	29:06.7 AR
Frank Price	M60	29:27.0
Aub Davie	M75	31:01.3 PBA
Bob Fawcett	M60	33:11.0

#### 3000m

Bob Schickert	M70	14:40.5
Carol Bowman	W55	14:50.5
Carolyn Fawcett	W60	19:48.9 SB

#### 3000m walk

Lynne Schickert	W70	22:39.3
John Smith	M75	22:45.7

### ECAC - 10 July

#### 800m

Todd Ingraham	M40	2:21.8
Colin Smith	M50	2:43.6 SB
Mickey Muroi	M55	2:58.4
Maurice Creagh	M65	3:06.5 SB
Carol Bowman	W55	3:29.3
Aub Davie	M75	4:04.9 PBA

#### 1500m

Todd Ingraham	M40	4:39.5
David Lee	M30	5:12.9
Mickey Muroi	M55	5:57.8
Maurice Creagh	M65	6:28.1
David Carr	M80	7:59.9
Aub Davie	M75	8:42.3 SB

#### 100m

Colin Smith	M50	14.0
Alex Purcell	VIS	14.8
Isabella Tolardo	VIS	15.6
Mickey Muroi	M55	18.2

Arianna Tolardo	VIS	16.1
Karyn Tolardo	W45	20.4 SB
Lynne Schickert	W70	24.1

#### 4000m

David Lee	M30	15:59.2
Suzi Graves	W45	16:31.7
Mickey Muroi	M55	16:53.3
Sue Bourn	W45	17:27.3
Michael Lee	M60	18:19.3
Maurice Creagh	M65	18:46.9
David Carr	M80	19:57.9

#### 4000m walk

Isabella Tolardo	VIS	24:52.0
Karyn Tolardo	W45	26:11.4

#### 2000m walk

John Smith	M75	16:34.7
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#### 1500m walk

Karyn Tolardo	W45	9:09.7
Lynne Schickert	W70	11:15.3
John Smith	M75	11:44.8

#### 200m

Colin Smith	M50	28.2
David Lee	M30	29.6
Alex Purcell	VIS	33.5
Isabella Tolardo	VIS	34.6
Mickey Muroi	M55	36.3 PBA
Aub Davie	M75	43.3 PBA
Karyn Tolardo	W45	45.3

**ECAC - 17 July****2000m**

Todd Ingraham	M40	6:26.1	
Clare Wardle	W35	8:03.3	
Maurice Creagh	M65	9:00.7	<b>SB</b>
David Carr	M80	9:40.7	
Carol Bowman	W55	9:48.4	<b>PBA</b>

**2000m walk**

Declan Tingay	VIS	9:54.5	
Lynne Schickert	W70	14:49.1	

**400m**

Colin Smith	M50	62.2	<b>SB</b>
Todd Ingraham	M40	64.6	
Sue Bourn	W45	74.6	
Clare Wardle	W35	75.0	
David Carr	M80	89.9	
<b>Irwin Barrett-Lennard</b>	<b>M85</b>	<b>1:36.7</b>	<b>SR</b>
Mercurio Cicchini	M60	82.7	
Carol Bowman	W55	1:31.9	<b>SB</b>
Sunhy Legde	VIS	1:33.2	
Maureen Keshwar	W60	1:35.7	<b>PBA</b>
Maurice Creagh	M65	1:37.2	

**60m**

Colin Smith	M50	8.6	
Sue Bourn	W45	9.4	
Clare Wardle	W35	10.2	
Sunhy Legde	VIS	10.3	
Sunhy Legde	VIS	10.3	
Maureen Keshwar	W60	10.4	
Bob Schickert	M70	12.1	
Lynne Schickert	W70	14.4	

**3000m**

Ben Scalley	VIS	10:12.0	
Sue Bourn	W45	12:53.4	
Clare Wardle	W35	12:57.5	
Karyn Gower	W50	13:08.7	<b>SB</b>
Mercurio Cicchini	M60	13:48.0	
Bob Schickert	M70	14:17.6	<b>SB</b>
Maurice Creagh	M65	14:31.0	
David Carr	M80	15:38.4	<b>SB</b>
Irwin Barrett-Lennard	M85	17:10.8	

**100m**

Colin Smith	M50	14.4	
Clare Wardle	W35	16.8	
Sunhy Legde	VIS	17.8	
Irwin Barrett-Lennard	M85	19.2	
Mercurio Cicchini	M60	17.0	
Maureen Keshwar	W60	17.4	
Bob Schickert	M70	17.7	<b>SB</b>
David Carr	M80	18.4	
Lynne Schickert	W70	23.2	

**ECAC - 24 July****60m**

Colin Smith	M50	8.5	
Alex Purcell	VIS	9.1	
Maureen Keshwar	W60	10.2	
Bob Fawcett	M60	11.1	<b>SB</b>
Kim Thomas	M40	11.4	
Aub Davie	M75	12.3	
Lynne Schickert	W70	14.1	

**300m**

Colin Smith	M50	43.4	
Kim Thomas	M40	55.3	
Mickey Muroi	M55	57.2	
Kem Hassan	M40	73.2	
David Carr	M80	73.7	
Clare Wardle	W35	56.1	
Maurice Creagh	M65	62.7	
Maureen Keshwar	W60	63.2	
Carol Bowman	W55	63.3	

**1000m**

Kim Thomas	M40	3:25.3	<b>SB</b>
Clare Wardle	W35	3:47.5	
Mickey Muroi	M55	3:57.6	
Maurice Creagh	M65	4:00.7	<b>SB</b>
Kem Hassan	M40	4:45.8	
David Carr	M80	4:47.4	
Frank Price	M60	5:27.0	<b>SB</b>
Aub Davie	M75	5:30.8	
<b>1000m Walk</b>			
Lynne Schickert	W70	7:06.6	<b>SB</b>

**4000m**

Kim Thomas	M40	14:12.7	
Mickey Muroi	M55	16:45.2	
Clare Wardle	W35	17:18.2	
Karyn Gower	W50	17:44.6	
Maurice Creagh	M65	17:56.8	
Bob Schickert	M70	19:20.0	
David Carr	M80	19:52.6	
Kem Hassan	M40	20:21.9	
Monique Thomas	W35	22:19.5	
Frank Price	M60	23:19.3	
Aub Davie	M75	24:30.7	
Bob Fawcett	M60	25:21.3	

**4000m walk**

Sonia Tingay	W40	28:58.3	
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**3000m walk**

Lynne Schickert	W70	22:36.5	
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**200m**

Colin Smith	M50	29.0	
Alex Purcell	VIS	31.6	
Clare Wardle	W35	35.1	
Mickey Muroi	M55	36.9	
Maureen Keshwar	W60	37.4	
David Carr	M70	37.7	
Bob Schickert	M70	41.1	
Karyn Gower	W50	41.6	
Kem Hassan	M40	47.0	<b>SB</b>
Frank Price	M60	58.1	

## ECAC - 31 July

### 800m

Kim Thomas	M40	2:40:1	
Maurice Creagh	M65	3:11.3	
David Carr	M80	3:22.0	<b>SB</b>

### 200m

Alex Purcell	VIS	32.1	
David Carr	M80	36.2	<b>SB</b>
Maureen Keshwar	W60	37.9	
Aub Davie	M75	44.3	
Bob Fawcett	M60	49.4	

### 3000m

Kim Thomas	M40	11:56.0	
Karyn Gower	W50	13:03.1	<b>SB</b>
Maurice Creagh	M65	13:50.9	
Bob Schickert	M70	14:18.4	
Monique Thomas	W35	16:20.4	<b>SB</b>
David Carr	M80	15:56.2	
Bob Fawcett	M60	17:56.2	<b>PBA</b>
Aub Davie	M75	18:09.4	

### 3000m walk

Karyn Tolardo	W45	18:17.2	<b>SB</b>
Lynne Schickert	W70	22:38.1	

### 100m

Alex Purcell	VIS	14.7	
Maureen Keshwar	W60	16.6	
Bob Schickert	M70	20.2	
Lynne Schickert	W70	26.3	

**Note: 400m times not available as the lights went out before the finish**

# PARKRUNS

*FREE, timed 5km runs, 8am every Saturday (9am UK)*

*New Club Bests are highlighted in sky blue*

*PBs are best as a MAWA member, not including parkruns as non-members*

## CANNING RIVER:

### Run 58 – July 5; 147 finishers

1	Kim Thomas	M40	18:13	
5	Brian Hewitt	M60	19:38	<b>PB</b>
66	Delia Baldock	W50	27:09	
73	Simon Leonard	M55	27:37	
77	Monique Thomas	W35	28:04	
90	Melissa Hassan	W40	29:35	<b>SB</b>
91	Kem Hassan	M40	29:36	
105	Merv Jones	M70	32:07	
123	Sheila Walsh	W45	35:42	<b>PB</b>
134	Sheila Maslen	W75	41:20	

### Run 59 – July 12; (142)

8	Dan Baldwin	M40	20:49	<b>SB</b>
10	Brian Hewitt	M60	21:12	
19	Ross Keane	M50	23:22	<b>SB</b>
26	Simon Leonard	M55	23:47	
50	Delia Baldock	W50	26:56	
80	Merv Jones	M70	31:20	
84	Bob Fawcett	M60	32:25	
109	Tania Baldwin	W40	37:23	
118	Sheila Maslen	W75	42:17	

### Run 60 – July 19; (185)

1	Todd Ingraham	M40	17:17	<b>PBA</b>
2	Kim Thomas	M40	17:24	
16	Dan Baldwin	M40	20:43	<b>SB</b>
55	Tina Franklin	W45	25:15	
69	Delia Baldock	W50	26:20	<b>PB</b>
103	Bob Fawcett	M60	31:23	
106	Merv Jones	M70	31:43	
143	Tania Baldwin	W40	38:05	
154	Sheila Maslen	W75	41:29	

### Run 61 – July 26; (155)

1	Kim Thomas	M40	17:52	
27	Dante Giacomini	M45	23:43	
40	Tina Franklin	W45	25:03	
52	Kem Hassan	M40	25:50	
91	Melissa Hassan	W40	30:41	
92	Merv Jones	M70	31:08	
112	Aldo Giacomini	M75	33:47	

## BUNBURY:

### Run 38 – July 12; 32 finishers

13	Garry Hastie	M50	25:40	<b>SB</b>
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### Run 39 – July 19; (44)

18	Garry Hastie	M50	26:10	
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## CARINE GLADES

### Run 3 – July 5; 133 finishers

1	Rob Nichols	M35	16:51	
2	Todd Ingraham	M40	18:03	<b>PBA</b>
3	Tina Major	W40	18:41	<b>PB</b>
6	Rod Hamilton	M50	19:28	<b>SB</b>
7	Giovanni Puglisi	M60	19:31	
73	Robyn Dunlop	W40	29:45	
74	Katrina Tyza	W35	29:48	

### Run 4 – July 12; (144)

7	Giovanni Puglisi	M60	19:41	
66	John Talbot	M65	28:02	

### Run 5 – July 19; (143)

1	Rob Nichols	M35	16:55	
4	Tina Major	W40	18:46	
8	Sue Zlnay	W50	20:52	

## CLAISEBROOK COVE:

### Run 101 – July 5; 185 finishers

33	Clare Wardle	W35	21:03	<b>PB</b>
43	Frank Gardiner	M60	21:55	
76	Denise Newport	W50	24:25	
78	Jane Elton	W45	24:32	<b>SB</b>
79	Jim Farr	M45	24:32	<b>SB</b>
152	Dutch Holland	M45	31:00	

### Run 102 – July 12; (183)

53	John Fisher	M50	22:52	<b>PB</b>
71	Jane Elton	W45	23:44	<b>SB</b>
75	Denise Newport	W50	23:55	<b>PB</b>
87	Chris Neilon	M40	24:54	
94	Rod Hamilton	M50	25:14	
123	Dutch Holland	M45	27:49	
157	Jon Storey	M40	32:06	
164	Tracy Bishop	W40	35:15	
180	Clinton Bishop	M40	46:23	

### Run 103 – July 19; (231)

24	Rod Hamilton	M50	19:33	
95	Denise Newport	W50	24:40	
153	Dutch Holland	M45	28:26	
204	Tracy Bishop	W40	34:43	<b>PB</b>
225	Clinton Bishop	M40	49:21	

### Run 104 – July 26; (178)

14	Tony Smith	M35	19:05	<b>SB</b>
35	Frank Gardiner	M60	21:47	
36	Hamish McLeod	M35	21:48	
56	Rod Hamilton	M50	22:59	
57	David Baird	M70	23:03	
78	Denise Newport	W50	24:28	
126	John Talbot	M65	29:05	
132	Dutch Holland	M45	29:27	
147	Jon Storey	M40	32:41	
167	Clare Wardle	W35	40:03	(ran w/daughter)
173	Jo Richardson	W60	46:47	

## KALGOORLIE:

### Run 41 – July 5; 130 finishers

3	Danny Sheehan	M60	19:24	
14	Colin Shaw	M50	22:50	

### Run 42 – July 12; (101)

3	Danny Sheehan	M60	19:33	
11	Colin Shaw	M50	22:44	<b>PB</b>

### Run 43 – July 19; (106)

2	Danny Sheehan	M60	19:14	<b>PB</b>
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### Run 44 – July 26; (120)

3	Danny Sheehan	M60	19:09	<b>PB</b>
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**ROCKINGHAM:****Run 62 – July 5; 224 finishers**

5	Douglas Lintott	M35	20:57	
30	Helen Lintott	W40	24:23	
57	Adam Dance	M30	27:23	
106	Bob Fawcett	M60	32:16	
114	Elaine Dance	W60	33:00	<b>PB</b>
146	Carolyn Fawcett	W60	36:05	
178	John Dance	M60	41:06	

**Run 63 – July 12; (222)**

157	Ray Hall	M80	38:52	
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**Run 64 – July 19; (246)**

31	Helen Lintott	W40	25:08	
44	Jon Storey	M40	25:28	
54	Adam Dance	M30	25:59	<b>PB</b>
133	Elaine Dance	W60	32:48	<b>PB</b>

**Run 65 – July 26; (162)**

9	Douglas Lintott	M35	21:35	
102	Bob Fawcett	M60	33:25	
135	Carolyn Fawcett	W60	43:51	
140	Mitch Loly	M70	46:03	

**PIONEER, GOSNELLS:****Run 26 – July 5; 37 finishers**

1	Stuart MacKinnon	M30	20:05	
5	Jeff Bremner	M50	22:37	
6	Jeremy Savage	M35	23:20	
33	Kelly Underwood	W35	57:39	

**Run 27 – July 12; (48)**

3	Jeff Bremner	M50	21:43	<b>SB</b>
5	Jim Farr	M45	22:24	<b>SB</b>

**Run 28 – July 19; (48)**

<b>1</b>	<b>Stuart MacKinnon</b>	<b>M30</b>	<b>19:47</b>	<b>PB</b>
5	Jeff Bremner	M50	21:35	<b>SB</b>
6	Jim Farr	M45	22:18	<b>SB</b>

**Run 29 – July 26; (34)**

1	Stuart MacKinnon	M30	20:00	
6	Jeff Bremner	M50	23:55	

**AVELEY:****Run 52 – July 5; BIRTHDAY RUN 129 finishers**

13	Dan Baldwin	M40	22:52	
31	Jon Storey	M40	25:07	<b>PB</b>
43	Anthony Smith	M40	27:03	
58	John Talbot	M65	29:53	
91	Tania Baldwin	W40	36:06	<b>SB</b>
99	Tracy Bishop	W40	36:53	
109	Clinton Bishop	M40	38:56	

**Run 53 – July 12; (65)**

6	Anthony Smith	M40	19:42	
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**Run 54 – July 19; (56)**

19	Anthony Smith	M40	24:40	
34	John Talbot	M65	28:35	

**Run 55 – July 26; (54)**

2	Anthony Smith	M40	19:32	
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**MANJIMUP:****Run 18 – July 26; 6 finishers**

1	Jeremy Savage	M35	28:04	
3	Kelly Underwood	W35	29:14	

**TOURIST RUNS****RUSHCLIFFE (UK)****Run 92 – July 5; 164 finishers**

84	John Oldfield	M70	27:11	(pacer)
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**Run 93 – July 12; (197)**

174	Christine Oldfield	W65	34:27	
192	John Oldfield	M70	39:11	(on-course photos)

**Run 95 – July 26; (198)**

161	Christine Oldfield	W65	33:26	
197	John Oldfield	M70	41:23	(on-course photos)

**BURGESS (UK)****Run 93 – July 5; 108 finishers**

12	Hamish McLeod	M35	20:23	
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**BUSHY (parkrun HQ, UK)****Run 526 – July 12; 841 finishers**

408	Jeremy Savage	M35	25:58	
432	Kelly Underwood	W35	26:16	

**FOUNTAINS ABBEY (UK)****Run 19 - July 12; 190 finishers**

18	Hamish McLeod	M35	21:05	
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**ALBERT PARK (MELBOURNE)****Run 136 – July 12; 231 finishers**

7	Lachlan Marr	M50	19:34	<b>SB</b>
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**EDINBURGH (UK)****Run 243 - 28 June; 476 finishers**

<b>63</b>	<b>Bert Carse</b>	<b>M70</b>	<b>20:44</b>	<b>PB</b>
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**INVERNESS (UK)****Run 147 - 21 June; 73 finishers**

23	Bert Carse	M70	22:01	
73	Bridget Carse	W70	35:10	<b>PB</b>

**Run 150 - July 5; (94)**

16	Bert Carse	M70	21:21	
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**FALKIRK (UK)****Run 140 - July 12; 173 finishers**

27	Bert Carse	M70	21:43	
164	Bridget Carse	W70	36:28	

**PRESTON (UK)****Run 110 - July 19; 176 finishers**

22	Bert Carse	M70	21:40	
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**PERTH (SCOTLAND)****Run 35 – July 26; 114 finishers**

<b>19</b>	<b>Bert Carse</b>	<b>M70</b>	<b>20:33</b>	<b>PB</b>
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**(Missed from June:****Rockingham Run 61**

117	Mitch Loly	M70	38:37	<b>PB</b>
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