

June 2015 Results

*Includes all meets where MAWA athletes are known to have competed
Note that all records are pending until ratified by the appropriate authorities*

WAAS - 2 June

100m

Tony Downey	M55	14.4	
Barrie Kernaghan	M75	15.0	SB

800m

Mark Dawson	M50	2:35.1	
Tony Downey	M55	2:45.4	
Carmel Meyer	W50	3:02.3	SB
Delia Baldock	W50	3:32.4	SB

200m

Colin Smith	M50	29.8	
Tony Downey	M55	30.1	
Barrie Kernaghan	M75	30.6	SB=
David Carr	M80	37.0	
Irwin Barrett-Lennard	M85	42.2	

3000m

Campbell Till	M55	12:37.6	SB
Mark Dawson	M50	12:41.9	
John Dennehy	M55	15:51.7	PBA
Irwin Barrett-Lennard	M85	17:41.9	

400m

Tony Downey	M55	66.6	
Carmel Meyer	W50	73.9	SB
Barrie Kernaghan	M75	75.2	SB
David Carr	M80	89.7	
Irwin Barrett-Lennard	M85	1:54.7	

WAAS - 9 June

100m

Justin Vincent	M30	13.0	SB
Colin Smith	M50	13.5	
David Solomon	M50	14.2	
Tony Downey	M55	14.3	

Barrie Kernaghan	M75	15.4	
Lynne Choate	W60	16.1	
Elly Vincent	Vis	17.0	
Peggy Macliver	W70	17.6	
Irwin Barrett-Lennard	M85	20.0	SB

60m

Justin Vincent	M30	8.1	PBA
Colin Smith	M50	8.2	SB
Tony Downey	M55	9.0	
Barrie Kernaghan	M75	10.1	

David Solomon	M50	8.9	
Elly Vincent	Vis	10.7	
Irwin Barrett-Lennard	M85	12.0	SB=

5000m

David Solomon	M50	19:42.9	SB
Alan Gray	Vis	22:12.3	
Tony Downey	M55	23:35.8	PBA
Milton Mavrick	M60	25:00.6	
Carmel Meyer	W50	25:01.6	SB
Irwin Barrett-Lennard	M85	29:20.2	SB

300m

Colin Smith	M50	41.8	
Tony Downey	M55	45.6	
Campbell Till	M55	47.1	
Carmel Meyer	W50	51.9	

Lynne Choate	W60	56.1	
David Carr	M80	58.3	
Peggy Macliver	W70	59.6	
Delia Baldock	W50	60.2	
Elly Vincent	Vis	62.4	

mile

Campbell Till	M55	6:27.7	PBA
Alan Gray	Vis	6:43.2	
Graeme Dahl	M65	6:44.8	
Carmel Meyer	W50	6:59.7	PBA
David Carr	M80	7:19.1	SB
Martin Watkins	M65	7:25.1	
Carol Bowman	W60	7:33.7	
John Dennehy	M55	7:41.2	
Milton Mavrick	M60	8:15.1	
Delia Baldock	W50	8:16.8	SB

mile walk

Sylvia Byers	W80	12:23.8	PBA
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WAAS - 16 June

100m

Ian Cotton	M50	13.3	
Michael Britton	Vis	13.4	
Tony Downey	M55	13.9	SB

Ian Cotton	M50	14.2	
Lynne Choate	W60	15.2	SB
Irwin Barrett-Lennard	M85	19.7	SB
Barrie Kernaghan	M75	21.0	

60m

Michael Britton	Vis	8.2	
Colin Smith	M50	8.3	
Ian Cotton	M50	8.5	
Tony Downey	M55	8.8	
Irwin Barrett-Lennard	M85	12.0	

1500m

Bernadette Benson	W45	5:43.5	
Tony Downey	M55	5:59.8	
Alan Gray	Vis	6:29.6	
Michael Britton	Vis	6:38.8	
Jackie Halberg	W65	7:08.5	PBA
Lorraine Lopes	W75	7:09.6	AR
Delia Baldock	W50	7:25.3	

1500m walk

Sylvia Byers	W80	11:35.7	
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3000m

Bernadette Benson	W45	12:05.9	
Campbell Till	M55	12:34.5	SB
Karyn Gower	W55	12:46.5	PBA

200m			
Colin Smith	M50	27.1	SB
Tony Downey	M55	28.9	SB
Lynne Choate	W60	32.9	

2000m steeplechase			
Alan Gray	Vis	9:39.6	
David Carr	M80	10:38.9	
Carol Bowman	W60	10:49.2	
John Dennehy	M55	11:14.2	PBA
Irwin Barrett-Lennard	M85	12:11.3	SB

WAAS - 23 June

800m			
Andrew Brooker	M45	2:14.8	
Alan Gower	M55	2:23.6	PBA
Ian Cotton	M50	2:30.9	
Tony Downey	M55	2:38.1	SB
Mark Dawson	M50	2:40.3	
Kathryn Hough	Vis	2:51.5	
Melissa Foster	W35	2:57.2	PBA
Alan Gray	Vis	3:00.4	
Milton Mavrick	M60	3:16.4	PBA
Carol Bowman	W60	3:18.0	PBA
John Dennehy	M55	3:26.1	
Elly Vincent	Vis	3:30.6	

200m			
Justin Vincent	M30	26.0	
Colin Smith	M50	26.7	SB
Tony Downey	M55	29.9	
Mark Dawson	M50	33.2	SB

3000m walk			
Sylvia Byers	W80	23:39.7	

WAAS - 30 June

60m			
Colin Smith	M50	8.3	
Tony Downey	M55	8.7	
Peggy Macliver	W70	10.6	

1500m			
Alan Gower	M55	4:45.8	
Niamh Keane	W50	5:25.8	
Ian Cotton	M50	5:38.3	
Bernadette Benson	W45	5:49.3	
Alan Gray	M50	5:59.3	
Graeme Dahl	M65	6:20.8	
Jackie Halberg	W65	7:13.1	
John Dennehy	M55	7:26.1	
Delia Baldock	W50	7:35.6	

400m			
Colin Smith	M50	62.4	
Tony Downey	M55	64.4	SB
Ian Cotton	M50	65.0	
Carol Bowman	W60	82.7	PBA
Peggy Macliver	W70	86.5	SB

5000m			
Mark Dawson	M50	21:14.4	
Karyn Gower	W55	21:41.1	PBA
Campbell Till	M55	21:55.5	
Alan Gray	Vis	21:55.6	
Kathryn Hough	Vis	21:57.7	
Milton Mavrick	M60	23:55.4	
Irwin Barrett-Lennard	M85	28:28.5	AR

400m			
Tony Downey	M55	65.7	
Mark Dawson	M50	78.6	
Lynne Choate	W60	84.9	
Delia Baldock	W50	85.7	SB
Peggy Macliver	W70	88.6	

100m			
Justin Vincent	M30	13.1	
Colin Smith	M50	13.3	
Tony Downey	M55	14.7	
Lynne Choate	W60	16.0	

3000m			
Alan Gower	M55	10:47.8	
Bernadette Benson	W45	12:02.2	SB
Alan Gray	M50	12:44.6	
Graeme Dahl	M65	12:59.7	
Jackie Halberg	W65	16:40.3	PBA

3000m walk			
Lorna Lauchlan	W85	24:52.0	PBA

200m			
Colin Smith	M50	27.1	
Alan Gower	M55	28.1	
Tony Downey	M55	28.6	SB
John Dennehy	M55	35.3	
Peggy Macliver	W70	35.8	
Carol Bowman	W60	38.9	

2000m steeplechase			
Bjorn Dybdahl	M60	7:57.0	
Bernadette Benson	W45	9:08.9	