

# September 2017 Results

*This listing includes all events where members are known to have competed  
All records are pending until ratified by the appropriate authorities*

## ECAC – September 7

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### 100m

Colin Smith	M50	12.6
Bernard Riviere	M50	12.9
Dawson Miller	M50	13.2
Des Walsh	M60	14.2

Maureen Keshwar	W65	15.6
Carmel Meyer	W55	16.1
Andrea Penny	W40	16.7
John Dennehy	M55	17.5
Carol Bowman	W60	17.9

### 200m

Colin Smith	M50	26.2
Des Walsh	M60	32.4
Barry Newell	M60	32.4
Dawson Miller	M50	42.7

Maureen Keshwar	W65	33.9
Carmel Meyer	W55	34.0
John Dennehy	M55	36.3
Delia Baldock	W55	37.0
Carol Bowman	W60	37.1

### 400m

Alan Stabler	Vis	69.6
Andy Abbey	M45	74.9
Des Walsh	M60	75.5
Barry Newell	M60	87.3
Delia Baldock	W55	1:33.9
Liz Bryson	W65	1:54.1

### 1500m

Josh Tedesco	Vis	3:59.2
Alan Stabler	Vis	6:00.6
Alan Gray	M50	6:09.6
Mickey Muroi	M55	6:16.8
Andy Abbey	M45	6:23.7
Mike Meredith	Vis	6:25.3

### 3000m

Alan Stabler	Vis	11:22.6
Keith Hill	M55	11:50.8
Alan Gray	M50	12:27.2
Andy Abbey	M45	12:35.5
Mike Meredith	Vis	13:19.1
Mickey Muroi	M55	13:20.4
Liz Bryson	W65	15:39.6
Bob Schickert	M75	16:12.1

## ECAC – September 14

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### 100m

Colin Smith	M50	14.1
Jenn Parker	W45	15.5
Barry Newell	M60	15.6
Maureen Keshwar	W65	16.1

Mark Howard	M45	14.1
John Dennehy	M55	17.5
Liz Bryson	W65	23.8
Yvette Ballard	W60	23.9

### 200m

Des Walsh	M60	30.2
Colin Smith	M50	30.6
Jenn Parker	W45	31.9
Barry Newell	M60	33.0
Maureen Keshwar	W65	34.2
Carmel Meyer	W55	34.6

John Dennehy	M55	36.2
David Carr	M85	38.4
Bob Schickert	M75	40.0
Yvette Ballard	W60	52.0

### 1500m

Andy Abbey	M45	5:38.7
Alan Gray	M50	6:13.5
Alan Stabler	Vis	6:32.4

### 800m

Colin Smith	M50	2:45.3
Andy Abbey	M45	2:54.6
John McShane	M50	2:57.5
Des Walsh	M60	3:23.6
Carmel Meyer	W55	3:24.2
Jenn Parker	W45	3:24.7
Carol Bowman	W60	3:28.5
David Carr	M85	3:28.5
Kristine Wells	Vis	3:28.6
Barry Newell	M60	3:48.6

### 3000m

Carmel Meyer	W55	15:39.5
David Carr	M85	15:40.5
Bob Schickert	M75	16:35.8

### 5000m

Alan Stabler	Vis	19:28.1
Alan Gray	M50	21:51.0
Mike Meredith	Vis	22:44.7
Liz Bryson	W65	28:24.0

**WA Throwers Club Events, ECAC – September 16-17**

**Throws pentathlon**

		<b>Hammer</b>	<b>Shot</b>	<b>Discus</b>	<b>Javelin</b>	<b>Weight</b>
Todd Davey	M50	45.68 746	14.76 932	51.10 917	36.62 514	16.73 881
	Total points	3990				
<b>Byrony Glass</b>	<b>W40</b>	48.47 1089	10.33 625	32.08 572	18.00 301	14.33 925
	<b>Total points</b>	<b>3512 SR</b>				
Beverley Hamilton	W70	22.97 799	6.46 660	19.68 662	12.19 393	9.53 737
	Total points	3251				
Yolanda Carstens	W50	24.33 520	10.58 749	21.91 439	25.54 544	9.77 588
	Total points	2840				
Matthew Staunton	M40	39.69 588	10.60 594	34.32 620	35.61 423	11.48 593
	Total points	2818				
<b>Jennifer Parker</b>	<b>W45</b>	29.58 659	8.18 514	29.47 568	19.11 361	<b>10.28 SR</b> 696
	<b>Total points</b>	<b>2798 SR</b>				
Christine Schelfhout	W50	31.20 712	7.87 524	22.43 452	21.34 440	9.61 576
	Total points	2704				
Tim Lyons	M50	37.77 591	8.84 507	36.42 608	25.22 313	11.47 566
	Total points	2585				
Kate Glass	W65	20.52 601	7.06 642	15.62 425	13.05 358	6.76 430
	Total points	2456				
Steve Chilcott	M30	23.59 249	10.58 521	30.63 477	46.19 532	9.59 429
	Total points	2208				
Sally Sims	W35	27.90 504	7.89 411	21.00 310	15.05 215	9.26 499
	Total points	1939				
Wayne Byram	M45	12.10 115	7.02 392	19.24 332	26.77 318	6.04 289
	Total points	1446				
Des Walsh	M60	11.66 119	6.20 350	23.83 373	16.57 208	6.98 301
	Total points	1351				

**56lb Weight**

Todd Davey	M50	8.72
Geoffrey Gee	M60	5.45
<b>Byrony Glass</b>	<b>W40</b>	<b>5.07 AR pending</b>
Ossi Igel	M65	4.41
Cheryl McMahon	W40	3.43
<b>Jennifer Parker</b>	<b>W45</b>	<b>2.80 SR</b>

**Heavyweight Pentathlon – women**

Sally Sims	W35	<b>12lb</b>	<b>16lb</b>	<b>20lb</b>	<b>25lb</b>	<b>35lb</b>
		12.13	11.02	10.04	8.31	6.17
		456	493	551	523	479
	Total points	2502				
Byrony Glass	W40	18.28	15.75	14.47	12.36	9.40
		805	824	935	934	910
		<b>Total points</b>	<b>4408</b>	<b>AR pending</b>		
Cheryl McMahon	W40	12.68	11.22	7.65	8.99	6.37
		529	556	436	638	557
		Total points	2716			
Jennifer Parker	W45	11.64	6.81	7.65	6.11	4.66
		531	338	487	437	411
		Total points	2204			
Kate Glass	W65	<b>3Kg</b>	<b>4Kg</b>	<b>12lb</b>	<b>16lb</b>	<b>20lb</b>
		11.17	9.32	8.04	6.44	5.47
		536	496	533	505	523
	Total points	2593				
Beverley Hamilton	W70	12.40	9.78	8.93	7.00	4.56
		700	608	683	636	468
		Total points	3095			

**Heavyweight Pentathlon – men**

Matthew Staunton	M40	<b>20lb</b>	<b>25lb</b>	<b>35lb</b>	<b>44lb</b>	<b>56lb</b>
		16.70	15.15	11.70	9.41	7.42
		642	657	607	675	655
	Total points	3236				
Todd Davey	M50	<b>16lb</b>	<b>20lb</b>	<b>25lb</b>	<b>35lb</b>	<b>44lb</b>
		21.12	19.15	15.98	12.46	10.04
		804	842	835	780	865
	Total points	4126				
Andrew Ward	M55	12.47	12.18	10.24	7.24	5.59
		473	537	536	435	442
		<b>Total points</b>	<b>2423</b>	<b>SR</b>		
Ossi Igel	M65	<b>12lb</b>	<b>16lb</b>	<b>20lb</b>	<b>25lb</b>	<b>35lb</b>
		17.73	15.68	13.11	11.58	7.89
		707	719	713	739	577
	Total points	3455				
Geoffrey Gee	M60	20.21	16.80	ND	12.39	8.32
		759	694	0	726	567
		Total points	2746			

**ECAC – September 21****100m**

Colin Smith	M50	13.4
Mark Howard	M45	13.6
Carmel Meyer	W55	16.6
John Dennehy	M55	17.1
Andrea Penny	W40	17.7
Delia Baldock	W55	18.1
Bob Schickert	M75	18.2

**800m**

Andrew Brooker	M45	2:25.8
David Baird	M70	3:06.0
Carmel Meyer	W55	3:23.6
Janne Wells	W45	3:43.7
Barry Newell	M60	3:45.8

**300m**

David Baird	M70	56.6
Carmel Meyer	W55	57.6
David Carr	M85	61.6
Delia Baldock	W55	64.1
Janne Wells	W45	67.8
Colin Smith	M50	41.5
Barry Newell	M60	58.8
John Dennehy	M55	60.9

**3000m**

David Carr	M85	16:02.7
Bob Schickert	M75	16:08.8

**ECAC – September 28**

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**100m**

Justin Vincent	M30	13.3
Barry Newell	M60	15.2
Jenn Parker	W45	15.4

Marques Latu	Vis	15.8
Olivia Carson	Vis	16.6
Delia Baldock	W55	17.9
Carol Bowman	W60	18.7

Quinn Lockwood	Vis	17.5
Brenda Painter	W70	20.3
Lynne Schickert	W75	25.9

**200m**

Colin Smith	M50	28.1
Jane Lockwood	Vis	31.1
Jenn Parker	W45	31.5
Barry Newell	M60	32.5
Marques Latu	Vis	33.7
Quinn Lockwood	Vis	36.0

Bob Schickert	M75	37.9
Olivia Carson	Vis	37.9
Delia Baldock	W55	38.4
Carol Bowman	W60	38.9
Vanessa Carson	W35	40.9
Brenda Painter	W70	47.5

**1500m**

Quinn Lockwood	Vis	5:49.4
John McShane	M50	6:09.8
Alan Gray	M50	6:13.5
Danny Sheehan	Vis	6:25.1
Jane Lockwood	Vis	6:34.2
David Baird	M70	6:41.3

**400m**

Colin Smith	M50	59.7
Jane Lockwood	Vis	73.5
John McShane	M50	74.2
David Baird	M70	80.5

Olivia Carson	Vis	83.5
Vanessa Carson	W35	83.8
Jenn Parker	W45	84.3
Barry Newell	M60	85.5
John Dennehy	M55	87.2
Carol Bowman	W60	87.5
Delia Baldock	W55	1:30.9

**3000m**

Mia Lockwood	Vis	11:00.0
Olivia Carson	Vis	17:15.9

**3000m walk**

Lynne Schickert	W75	23:42.9
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**5000m**

Danny Sheehan	Vis	20:02.5
David Baird	M70	24:52.3
Vanessa Carson	W35	25:37.5
David Carr	M85	26:47.7 AR pending

**Selected Marathon results**

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**Sydney Marathon – September 17**

Tina Franklin	W50	4:20:01
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**Berlin Marathon – September 24**

Bob Lane	M65	3:24:16
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NOTE: All times are net times (where available)