

**100m****Men****PV - M30-39**

1 Peter Gare	31/01/76	PL	11.5
2 Ross Calnan	31/01/76	PL	12.3

**1A - M40**

1 David Carr	31/01/76	PL	12.2
--------------	----------	----	------

**1B - M45**

1 Stan Lockwood	25/01/76	BUN	13.4
2 Dave Jones	1/11/75	PL	13.6

**2A - M50****2B - M55**

1 Noel Goff	17/01/76	PL	12.9
2 George Cavill	13/04/76	BRIS	15.4

**3A - M60****400m****Men****PV - M30-39**

1 Peter Gare	11/02/76	PL	50.8
2 Ross Calnan	31/01/76	PL	61.5

**1A - M40**

1 David Carr	22/02/76		54.0
2 George Innes	26/01/76	BUN	62.1
3 Jim Coventry	28/12/75	McCallum	64.0

**1B - M45**

1 Dave Jones	13/07/75	McCallum	74.0
--------------	----------	----------	------

**2A - M50****2B - M55**

1 George Cavill	10/04/76	BRIS	66.3
-----------------	----------	------	------

**3A - M60****200m****Men****PV - M30-39**

1 Peter Gare	8/04/76	BRIS	23.5
2 Ross Calnan	15/02/76	PL	24.9
3 Peter Williams	15/02/76	PL	25.4

**1A - M40**

1 David Carr	8/04/76	BRIS	24.7
2 Ross Johnson	8/11/75	PL	26.0
3 Jim Coventry	20/12/75	PL	29.0

**1B - M45**

1 Dave Jones	6/12/75	PL	26.0
2 Stan Lockwood	25/01/76	BUN	27.0
3 Merv Moyle	20/12/75	PL	30.0

**2A - M50****2B - M55**

1 George Cavill	8/04/76	BRIS	30.0
-----------------	---------	------	------

**3A - M60**

1 Jack Collins	20/12/75	PL	33.6
----------------	----------	----	------

**800m****Men****PV - M30-39**

1 Dave Clark	25/01/76	BUN	02:13.4
--------------	----------	-----	---------

**1A - M40**

1 David Carr	10/04/76	BRIS	02:11.1
2 George Innes	25/01/76	BUN	02:19.0
2 Rob Shand	18/02/76	PL	02:19.0

**1B - M45**

Alex Cummings	20/12/75	PL	02:52.0
Merv Moyle	20/12/75	PL	02:55.4
D Waters	11/01/76	McCallum	02:59.5

**2A - M50**

1 George Cavill	11/08/75	McCallum	02:25.0
2 G Morgan	20/12/75	PL	03:08.5
3 Dave Jones	20/12/75	PL	03:11.0

**2B - M55**

1 John Gilmour	10/04/76	BRIS	02:12.9
2 Noel Goff	11/01/76	McCallum	03:22.0

**3A - M60**

1 Dick Horsley	20/07/75	UK	02:37.0
2 Jack Collins	11/01/76	McCallum	03:14.0

## 1500m

## Men

### PV - M30-39

#### 1A - M40

1 David Carr	10/03/76	PL	04:39.9
2 Rob Shand	10/03/76	PL	04:43.0
3 George Innes	26/01/76	BUN	04:46.7

#### 1B - M45

1 Paul Morrissey	24/08/75	McCallum	05:46.0
2 Merv Moyle	28/01/76	Belmont	06:02.0
3 Bill Hughes	24/08/75	McCallum	06:13.0

#### 2A - M50

1 Alan Merrett	28/01/76	Belmont	05:05.0
2 J Goldsmith	24/08/75	McCallum	05:39.0

#### 2B - M55

1 John Gilmour	15/11/75	PL	04:22.8
2 George Cavill	28/01/76	Belmont	05:41.0

#### 3A - M60

1 Jack Collins	24/08/75	McCallum	06:06.0
----------------	----------	----------	---------

## 3000m

## Men

### PV - M30-39

1 Dave Clark	30/12/75	McCallum	10:30.0
--------------	----------	----------	---------

#### 1A - M40

1 G Bartram	22/10/75	McCallum	09:45.8
2 George Innes	14/03/76	PL	10:18.0
3 David Carr	22/10/75	McCallum	10:26.8

#### 1B - M45

1 J Keep	6/07/75	McCallum	12:20.0
2 Merv Moyle	30/12/75	McCallum	12:47.0
3 Bill Hughes	26/10/75	McCallum	13:14.0

#### 2A - M50

1 Alan Merrett	30/12/75	McCallum	11:18.0
2 Paul Morrissey	6/06/75	McCallum	12:37.0
3 J Goldsmith	6/06/75	McCallum	12:42.0

#### 2B - M55

1 John Gilmour	11/02/76	PL	09:20.0
2 George Cavill	14/03/76	PL	11:18.0

#### 3A - M60

1 Dick Horsley	6/06/75	McCallum	12:37.0
2 Jack Collins	6/06/75	McCallum	14:17.0

## 5000m

## Men

### 1A - M40

1 Garry Bartram	8/11/75	PL (approx)	17:30.0
2 Rob Shand	18/02/76	PL	18:45.0
3 David Carr	13/07/75	McCallum	18:58.0

### 1B - M45

1 Paul Morrissey	13/07/75	McCallum	22:03.0
2 Dave Jones	13/07/75	McCallum	22:39.0
3 Bill Hughes	13/07/75	McCallum	25:40.0

### 2A - M50

1 J Goldsmith	8/06/75	McCallum	22:34.0
2 Garnett Morgan	8/06/75	McCallum	23:25.0

### 2B - M55

1 John Gilmour	21/01/76	McCallum	16:07.0
2 George Cavill	11/04/76	BRIS	20:10.6

### 3A - M60

1 Cliff Bould	9/04/76	BRIS	20:39.4
2 Jack Collins	3/08/75	McCallum	24:56.0

## Walks

## Men

### 2000m walk

#### 3A - M60

1 Dick Horsley	4/02/76	PL	10:39.0
----------------	---------	----	---------

## 10000m

## Men

### 1A - M40

### 1B - M45

### 2A - M50

### 2B - M55

### 3A - M60

## Sundries

## Men

### 110m hurdles

#### 2A - M50

1 Noel Goff	17/08/75	PL	18.3
-------------	----------	----	------

<b>3000m walk</b>				<b>1500m steeplechase</b>			
<b>3A - M60</b>				<b>PV - M30-39</b>			
1 Dick Horsley	20/07/75	PL	15:33.0	1 D Clark	25/01/76	BUN	05:19.0
<b>5000m walk</b>				<b>1A - M40</b>			
<b>3A - M60</b>				1 George Innes			
1 Dick Horsley	13/08/75	PL	26:47.0	2 David Carr	25/01/76	BUN	06:02.6
<b>25km walk</b>				<b>2B - M55</b>			
<b>3A - M60</b>				1 George Cavill			
1 Dick Horsley	16/08/75	PL	02:29:37		11/04/76	BRIS	05:47.2

## Field Events

<b>Pole Vault</b>				<b>Hammer</b>			
<b>2A - M50</b>				<b>1A - M40</b>			
1 Noel Goff	29/03/76		2.40	1 David Carr	25/01/76	BUN	16.78
<b>High Jump</b>				<b>1B - M45</b>			
<b>2A - M50</b>				1 Alex Cummings			
1 Noel Goff	29/03/76		1.35		25/01/76	BUN	19.47
<b>Long Jump</b>				<b>2A - M50</b>			
<b>PV - M30-39</b>				1 Noel Goff			
1 Ross Calnan	26/01/76	BUN	5.30		29/03/76		23.60
<b>2A - M50</b>				<b>Javelin</b>			
1 Noel Goff	29/03/76	PL	5.47	<b>PV - M30-39</b>			
				1 Ross Calnan	25/01/76	BUN	21.87
<b>Triple Jump</b>				<b>1B - M45</b>			
<b>1B - M45</b>				1 Alex Cummings			
1 Alex Cummings	26/01/76	BUN	9.24		25/01/76	BUN	23.02
<b>2A - M50</b>				<b>2A - M50</b>			
1 Noel Goff	15/02/76	PL	11.08	1 Noel Goff	29/03/76	PL	25.28
<b>Discus</b>				<b>Shot Put</b>			
<b>PV - M30-39</b>				<b>PV - M30-39</b>			
1 Ross Calnan	26/01/76	BUN	25.42	1 Ross Calnan	26/01/76	BUN	9.74
<b>1A - M40</b>				<b>1A - M40</b>			
1 David Carr	26/01/76	BUN	19.54	1 David Carr	26/01/76	BUN	8.57
<b>1B - M45</b>				<b>1B - M45</b>			
1 Alex Cummings	26/01/76	BUN	22.97	1 Alex Cummings	26/01/76	BUN	8.37
<b>2A - M50</b>				<b>2A - M50</b>			
1 Noel Goff	10/01/76	PL	25.06	1 Noel Goff	17/01/76	PL	10.01