

RESULTS – Summer 2009/10

Thursday October 1st

100m

Chris Neale	M40	12.5	
Garry Ralston	M50	12.6	
Colin Smith	M45	13.3	
Nick Miletic	M55	15.7	
John Bocian	M55	15.9	PBA

Colin Smith	M45	13.4	
Rob Antonioli	M55	14.9	
Keith Martin	M65	15.0	
Mark Imbert	M40	15.6	
Grant Schofield	M40	16.2	

Amanda Lloyd	W30	14.5	PBA
Lorraine MacLennan	W40	18.0	PBA
Catherine Keane	Vis	18.2	

Melissa Young	W30	17.5	
Gillian Young	W60	19.9	
Valerie Millard	W60	21.6	
Lynne Schickert	W65	23.4	

1500m

David Cane	M45	4:33.8	PBA
Campbell Till	M50	4:59.4	
Lachlan Marr	M45	5:17.6	
Bert Carse	M65	5:18.0	
Rob Antonioli	M55	5:27.1	
Michael Mezzatesta	Vis	5:42.6	
Mark Imbert	M40	5:43.8	
John Collier	M40	6:14.4	
Maurice Creagh	M60	6:16.9	

Saskia Letham	W35	5:45.6	
Toni Phillips	W35	6:06.5	
Steve Fuller	M55	6:09.9	
Lorraine MacLennan	W40	6:10.7	PBA
Nick Miletic	M55	6:38.5	
Gillian Young	W60	6:42.9	
Delia Baldock	W45	6:54.9	
Carol Bowman	W50	7:08.3	
Catherine Keane	Vis	7:09.0	
Katrina Bolden	W30	7:12.4	
John Dennehy	M45	7:28.7	
Melissa Young	W30	7:29.3	
Sarah Ladwig	W60	7:39.4	

1500m walk

Tom Lenane	M50	8:45.8	
Valerie Millard	W60	9:45.2	
Anne Travis	W35	12:57.8	

400m

Colin Smith	M45	59.4	
Rob Antonioli	M55	67.5	
Keith Martin	M65	69.9	
Mark Imbert	M40	70.5	
David Clive	M70	74.1	
Mike O'Reilly	M70	74.4	

Chris Neale	M40	67.9	
Campbell Till	M50	68.4	
Garry Ralston	M50	70.0	
Delia Baldock	W45	77.3	
Catherine Keane	Vis	87.5	

5000m

David Cane	M45	17:02.9	
Michael Mezzatesta	Vis	17:07.6	
Lachlan Marr	M45	18:37.6	
Kate Sommerville	Vis	22:34.5	
Lorraine MacLennan	W40	22:59.9	PBA
David Carr	M75	23:06.6	PBA
Maurice Creagh	M60	23:09.7	
Steve Fuller	M55	24:24.1	
Katrina Bolden	W30	24:38.6	
John Collier	M40	24:39.7	
Bob Schickert	M65	24:53.0	
John Dennehy	M45	27:48.5	

5000m walk

David Smyth	M35	29:36.1	
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3000m

Saskia Letham	W35	11:45.8	
Rob Antonioli	M55	11:59.2	PBA
Gillian Young	W60	14:20.3	
Nick Miletic	M55	14:23.0	
Melissa Young	W30	16:05.2	
Sarah Ladwig	W60	16:14.3	

3000m walk

Tom Lenane	M50	18:18.5	
Valerie Millard	W60	19:54.3	
Lynne Schickert	W65	22:14.8	
Anne Travis	W35	26:33.4	

Long Jump

Garry Ralston	M50	5.13	
Chris Neale	M40	5.07	
Iain MacLennan	Vis	4.50	
Rob Antonioli	M55	4.27	
Mark Imbert	M40	4.14	
David Clive	M70	3.80	
John Bocian	M55	3.67	

Tuesday October 6th**100m**

Dave Wyatt	M55	14.3	
Keith Martin	M65	14.4	SB
Barry Kernaghan	M65	14.7	
Norm Richards	M70	15.2	
Peggy Macliver	W65	17.2	

Rob Greenhalgh	M55	13.9	
Jack Gartlan	Vis	17.0	
Liam Gartlan	Vis	18.4	
Peter Kennedy	M85	33.8	

1500 m

John Collier	M40	6:11.5	SB
Gavin Howard	M45	6:40.3	
Jack Gartlan	Vis	6:57.4	
Peggy Macliver	W65	7:08.3	
Gay Wyatt	W55	7:27.1	

400m

Duncan McAuley	M60	66.7	
Keith Martin	M65	68.7	
Rob Greenhalgh	M55	70.1	
Barry Kernaghan	M65	76.8	
Ivan Brown	M60	84.2	
Jack Gartlan	Vis	85.2	
Peggy Macliver	W65	87.0	
Peter Kennedy	M85	3:36.8	

Thursday October 8th**200m**

Chris Neale	M40	25.1	
Colin Smith	M45	27.8	
Dante Giacomini	M40	31.5	
Nick Miletic	M55	33.5	
Mark Imbert	M40	35.7	
Taylah Eastwood	Vis	37.8	

Mitch Thomas	Vis	42.0	
Jai Thomas	Vis	44.5	
Kim Thomas	M35	44.8	

300m (not analysed)

Chris Neale	M40	43.4	
Corey Thomas	M30	46.1	
Bernard Mangan	M50	54.3	
Taylah Eastwood	Vis	61.2	
Sarah Ladwig	W60	68.9	
Jai Thomas	Vis	73.2	
Mitch Thomas	Vis	76.0	
Kim Thomas	M35	76.9	

3000m

Duncan McAuley	M60	12:28.0	
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3000m Walk

Peter Hopper	M60	20:35.5	
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5000m

Frank Smith	M65	21:36.0	
Ivan Brown	M60	22:46.4	
John Collier	M40	24:00.7	SB
Gavin Howard	M45	24:24.9	

Discus

Rob Shand	M75	21.50	
Peter Kennedy	M85	12.50	PBA
Peter Hopper	M60	24.10	
Henri Cortis	M60	27.03	
Tracey Gartlan	W40	23.57	

Shot

Rob Shand	M75	6.78	
Henri Cortis	M60	7.40	
Tracey Gartlan	W40	8.11	

Long Jump

Tracey Gartlan	W40	3.01	
Jason Howard	Vis	5.66	

800m

David Cane	M45	2:21.4	
Kim Thomas	M35	2:34.4	
Bernard Mangan	M50	2:39.9	
Corey Thomas	M30	2:47.6	
Steve Fuller	M55	2:50.1	
Maurice Creagh	M60	3:17.3	

Colin Smith	M45	2:49.6	
Callum Young	Vis	2:55.9	
Katrina Bolden	W30	3:22.2	PBA
Kim Ribbink	W40	3:31.5	
Mitch Thomas	Vis	3:37.1	
Chris Neale	M40	3:37.6	
Jai Thomas	Vis	3:42.6	
Melissa Young	W30	3:43.1	
Sarah Ladwig	W60	3:52.2	

3000m

David Cane	M45	9:39.5	PBA
Kim Thomas	M35	11:20.3	
Saskia Letham	W35	11:44.5	PBA
Dante Giacomini	M40	12:16.5	
Frank Smith	M65	12:18.6	
David Carr	M75	12:55.2	PBA
Jo Clarkson	W50	12:59.1	
Kate Sommerville	Vis	13:06.6	
Maurice Creagh	M60	13:10.5	
Lorraine MacLennan	W40	13:25.7	
Barbara Blurton	W55	13:31.4	
Steve Fuller	M55	13:31.9	PBA
Katrina Bolden	W30	13:35.2	PBA
Nick Miletic	M55	14:31.3	
Kim Ribbink	W40	14:47.6	
Carol Bowman	W50	14:48.9	
Bob Schickert	M65	15:21.0	
Mitch Thomas	Vis	15:27.0	
John Dennehy	M45	15:37.7	
Callum Young	Vis	15:42.3	
Melissa Young	W30	15:56.2	SB
Claire Walkley	W40	16:05.7	
Jai Thomas	Vis	16:26.9	
Jackie Halberg	W60	16:41.2	
Michelle Thomas	W30	17:32.8	
Cecil Walkley	M80	17:36.4	PBA

Tuesday October 13th**200m**

Mark Elms	M40	26.8	PBA
Rob Greenhalgh	M55	29.2	
Barrie Kernaghan	M65	29.2	
Chris Drew	M55	29.9	

Brad Walsh	M45	28.8	
Norm Richards	M70	31.6	
Peter Gare	M65	35.3	
Peggy Macliver	W65	35.6	

Paul Haylett	M45	32.9	
Scott Haylett	Vis	37.2	
Lynne Schickert	W65	60.4	
Peter Kennedy	M85	91.5	

3000m

Bernard Mangan	M50	11:05.8	
Duncan McAuley	M60	11:56.9	SB
Paul Haylett	M45	12:21.7	
Frank Smith	M65	12:24.1	
Ivan Brown	M60	13:07.4	
John Collier	M40	13:18.0	

3000m Walk

Peter Hopper	M60	20:29.3	SB
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3000m walk

Tom Lenane	M50	18:11.2	SB
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Triple Jump

Mark Imbert	M40	9.47	
Michelle Thomas	W30	7.31	
Julie Plackett	W40	7.04	PBA
Taylah Eastwood	Vis	6.52	

Discus

Chris Neale	M40	29.92	PBA
Julie Plackett	W40	22.18	
Mark Imbert	M40	20.71	
Karen Eastwood	W40	17.82	

Hammer

Julie Plackett	W40	19.72	PBA
Dorothy Whittam	W70	19.49	
Karen Eastwood	W40	13.30	

300m

Mark Elms	M40	43.1	
Chris Drew	M55	46.3	
Rob Greenhalgh	M55	46.7	
Barrie Kernaghan	M65	46.9	

Paul Haylett	M45	52.2	
Peggy Macliver	W65	56.6	
Scott Haylett	Vis	67.1	

800m

Brad Walsh	M45	2:36.2	
John Collier	M40	2:59.2	
Mark Elms	M40	3:00.6	
Paul Haylett	M45	3:12.0	

Weight Throw

Raema McMillan	W80	8.70	
Rob Shand	M75	6.65	
Peter Kennedy	M85	6.78	PBA

Discus

Peter Gare	M65	32.06	PBA
Peter Kennedy	M85	12.29	
Henri Cortis	M60	24.09	
Rob Shand	M75	22.05	
Raema McMillan	W80	16.73	

Thursday October 15th**100m**

Peggy Macliver	W65	16.1
Chelsea Thomas	Vis	16.3
Lynne Schickert	W65	23.8

David Carbon	M40	12.6
Mark Imbert	M40	14.9
Delia Baldock	W45	15.4
Dante Giacomini	M40	16.2

600m

Michael Mezzatesta	Vis	1:57.7
Dante Giacomini	M40	2:09.8
Delia Baldock	W45	2:11.1
Pete Sullivan	M50	2:23.1
Peggy Macliver	W65	2:23.2
Chelsea Thomas	Vis	2:25.2
Carol Bowman	W50	2:28.6
Catherine Keane	Vis	2:28.8
Storm Thomas	Vis	2:32.8

60m

Chelsea Thomas	Vis	10.2
Catherine Keane	Vis	10.9
Lynne Schickert	W65	14.3

David Carbon	M40	7.9
Peggy Macliver	W65	9.8
Delia Baldock	W45	10.0
Carol Bowman	W50	11.4

10,000m Patron's Trophy

Pete Sullivan	M51	38:10.4	points %	79.51
Roscoe McDonnell	Vis	39:44.6		
David Solomon	M45	40:31.2		71.42
Kim Thomas	M35	43:04.4		62.46
Karen March	W48	46:46.1		71.38
David Carr	M77	47:11.9	SR	85.06
Maurice Creagh	M63	47:13.0		71.21
Ivan Brown	M64	47:55.0		70.81
Katrina Bolden	W32	48:39.3		61.85
Corey Thomas	M33	48:54.0		54.48
Lorraine MacLennan	W44	49:20.7		64.91
John Collier	M43	51:24.7		55.44
Bob Schickert	M67	51:40.1	SB	67.50
Jacqui Sanders	W43	58:57.3		53.86
Sarah Ladwig	W60	1:00:53.7		64.69

Long Jump

David Carbon	M40	4.82		
Mark Imbert	M40	4.19	SB	
Iain MacLennan	Vis	4.00		
Sue Fardella	W40	2.92		

Shot

Mark Imbert	M40	7.98
Julie Plackett	W40	6.99
Sue Fardella	W40	5.55

Javelin

Mark Imbert	M40	32.28	
Julie Plackett	W40	16.59	
Sue Fardella	W40	11.94	PBA

Friday October 16th (West Australian Athletics Stadium, WAAS)**100m**

Chris Perrey	M35	12.02		
Barrie Kernaghan	M65	14.58	SB	
Norm Richards	M70	14.62	SB	

800m

Cam Yorke	M30	1:56.23	PBA
Dante Giacomini	M40	2:40.15	PBA

Shot

Matt Staunton	M35	11.20
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Discus

Matt Staunton	M35	35.98
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Javelin

Matt Staunton	M35	43.36
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Hammer

Matt Staunton	M35	37.81
Byrony Glass	W30	51.70

October 11th to 18th (Sydney Olympic Stadium) **WORLD MASTERS GAMES**

100m QF

Colin Smith M45 12.50 q **SB**
 Garry Ralston M50 12.39 Q **SB**
 Rob Antonioli M55 14.13 **SB**

(SF)

Colin Smith M45 12.71
 Garry Ralston M50 12.72
 Roy Fearnall M65 14.11 Q
 Don Chambers M70 14.43 Q
 Lynne Choate W55 14.74 Q

(final)

Roy Fearnall M65 13.84 **BRONZE**
 Don Chambers M70 14.32 **GOLD**
 Lynne Choate W55 14.47 **SILVER**

200m QF

Colin Smith M50 26.24 q **SB**

(SF)

Chris Neale M40 25.24 q
 Colin Smith M45 25.86
 Roy Fearnall M65 29.49 Q
 Don Chambers M70 31.18 Q
 Lynne Choate W55 30.63 Q

(final)

Roy Fearnall M65 29.01 4/9 **SB**
 Don Chambers M70 30.28 **BRONZE SB**
 Lynne Choate W55 30.82 **SILVER**

400m QF

Chris Neale M40 56.19 **SB**
 Colin Smith M45 56.36 Q **PBA**
 Neil Morfitt M50 57.88 Q
 Garry Ralston M50 60.07 q **PBA**
 Rob Antonioli M55 62.75 **SB**

(SF)

Colin Smith M45 56.77 Q
 Neil Morfitt M50 58.39 Q
 Garry Ralston M50 61.91
 Roy Fearnall M65 66.25 Q
 Don Chambers M70 75.34 Q

(final)

Colin Smith M45 56.97 8/9
 Neil Morfitt M50 57.42 7/8
 Roy Fearnall M65 62.00 **GOLD PBA**
 Don Chambers M70 74.44 6/8

800m SF

Colin Smith M45 2:33.86 **SB**
 Neil Morfitt M50 2:13.4 ht Q
 Bjorn Dybdahl M55 2:29.23 Q
 Rob Antonioli M55 2:30.50 Q **PBA**
 John Bocian M55 2:53.23 **SB**

(final)

Neil Morfitt M50 2:11.48 4/12
 Bjorn Dybdahl M55 2:20.83 5/12
 Rob Antonioli M55 2:32.88 11/12

1500m SF

Neil Morfitt M50 4:54.7 q
 Rob Antonioli M55 5:31.61 q
 John Bocian M55 6:11.70 q

1500m final

Andrew Brooker M40 4:34.13 6/16
 Neil Morfitt M50 4:44.15 9/15 **SB**
 Bjorn Dybdahl M55 4:50.14 7/15
 Rob Antonioli M55 4:59.70 9/15 **PBA**
 John Bocian M55 6:03.19 15/15 **PBA**
 Bert Carse M65 5:03.88 **BRONZE PBA**
 Marg Saunders W55 5:43.09 **GOLD**

5000m final

Bjorn Dybdahl M55 17:52 **BRONZE**
 John Bocian M55 24:06 30/38 (timed heats)
 Bert Carse M65 19:24.8 4/21

80m hurdles final

Don Chambers M70 14.38 **GOLD**

300m hurdles final

Don Chambers M70 54.75 **SILVER**

400m hurdles final

Andrew Brooker M40 63.36 4/7 **PBA**

3000m steeplechase

Bjorn Dybdahl M55 11:42.0 **GOLD**

2000m steeplechase

Bert Carse M65 8:08.8 **SILVER**

5000m race walk

David Smyth M40 29:06.63 **BRONZE SB**
 Garry Hastie M55 27:39.27 **BRONZE**
 Robin King W50 27:31.7 **GOLD PBA**

8km cross-country

Bjorn Dybdahl M55 30:31 7/46
 Bert Carse M55 33:26 5/28

10km road race

Robin King W50 43:50 7/55

10km road race walk

Garry Hastie M55 55:34 **GOLD**

20km road race walk

David Smyth M40 2:23:18 **SILVER**

Half Marathon

Bjorn Dybdahl M50 1:23:42 6/72

Long Jump

Rob Antonioli M55 3.81 10/12
 Don Chambers M70 4.12 **BRONZE**

Pole Vault

Don Chambers M70 1.90 **BRONZE**

High jump

Don Chambers M70 1.00 9/9

Shot Put

Mark Hamilton M35 12.07 4/12
 Don Chambers M70 9.48 10/15
 Elizabeth Szczepanska W55 9.46 4/14 **PBA**
 Bev Hamilton W60 9.17 4/12

Discus

Mark Hamilton M35 37.07 **BRONZE**
 Elizabeth Szczepanska W55 21.46 5/18
 Bev Hamilton W60 22.14 5/11

Hammer

Mark Hamilton M35 34.57 **BRONZE**
 John Everard M50 40.05 6/22
 Don Chambers M70 25.66 12/16
 Elizabeth Szczepanska W55 37.42 **GOLD PBA**
 Kate Glass W55 36.90 **SILVER**

Pentathlon

		LJ	Javelin	200m	Discus	1500m	Overall	
Chris Neale	M40	5.54	30.78	24.63	24.09	5:28.05	2650	6/14
Colin Smith	M45	4.56	17.09	25.61	16.73	5:32.03	2230	7/12 PBA
Rob Antonioli	M55	4.27	22.40	28.67	21.03	5:15.06	2709	4/10
John Bocian	M55	3.25	NM	DNS	DNS	DNS	DNF	

Weight Pentathlon

		Shot	Discus	Hammer	Javelin	Wt Throw	Overall	
Mark Hamilton	M35	11.05	31.96	33.06	30.64	12.24	2374	BRONZE
John Everard	M50	8.62	26.24	41.30	20.47	13.04	2467	16/20
Kate Glass	W55	9.75	22.10	36.40	20.23	11.71	3635	GOLD
El Szczepanska	W55	9.62	21.48	36.18	16.07	11.29	3441	BRONZE PBA
Bev Hamilton	W60	9.16	23.17	25.75	21.63	11.72	3596	SILVER PBA

(In pentathlon results – *italics* indicate SB, **bold** indicates PBA)**4x100m relay (200-239 yrs overall)**Lynne Choate, Linda Buttigieg, Jeanette Flynn, Kathy Heagney 57.77 **GOLD****4x400m relay (200-239 yrs overall)**Lynne Choate, Jeanette Flynn, Kathy Heagney, Jennifer Baldwin 4:54.89 **SILVER****Javelin**

Mark Hamilton M35 35.55 7/9
 Bev Hamilton W60 21.54 **BRONZE PBA**

Weight Throw

Mark Hamilton M35 12.48 **SILVER**
 (SF) John Everard M50 13.81 q **PBA**
 (F) John Everard M50 12.81 12/12
 Kate Glass W55 11.17 **GOLD**
 Elizabeth Szczepanska W55 10.58 **BRONZE**
 Bev Hamilton W60 12.35 4/6 **PBA**

Triple Jump

Chris Neale M40 11.72 6/12
 Garry Ralston M50 10.61 6/14 **PBA big!**
 Don Chambers M70 8.58 6/8 **PBA**

Tuesday October 20th**100m**

David Carbon	M40	12.4	SB
Adam Bennett	Vis	13.0	
Brad Walsh	M45	13.7	
Paul Haylett	M45	14.6	

Chris Drew	M55	14.1	
Barrie Kernaghan	M65	15.0	
Norm Richards	M70	15.4	
Peggy Macliver	W65	16.9	

Scott Haylett	Vis	16.4	
Jack Gartlan	Vis	16.9	
Christine Oldfield	W60	22.2	
Lynne Schickert	W65	23.5	
Peter Kennedy	M85	32.9	SB

600m

Brad Walsh	M45	1:44.8	
Paul Haylett	M45	1:49.3	
Duncan McAuley	M60	1:49.6	
Tony Reid	Vis	2:03.3	
Chris Drew	M55	2:04.6	
Barry Newell	M40	2:13.1	
Jack Gartlan	Vis	2:31.8	

60m

David Carbon	M40	8.2	
Adam Bennett	Vis	8.3	
Paul Haylett	M45	8.4	
Barrie Kernaghan	M65	9.8	
Barry Newell	M40	9.1	
Norm Richards	M70	9.1	
Tony Reid	Vis	9.5	
Scott Haylett	Vis	9.8	
Peter Hopper	M60	10.3	

Thursday October 22nd**60m**

Dale Hamilton	Vis	7.9	
Colin Smith	M45	8.1	
Mark Elms	M40	8.1	
Andrew Ward	M45	8.6	
Kim Thomas	M35	8.9	
David Clive	M70	9.1	
Jordan Elms	Vis	9.7	
Taylah Eastwood	Vis	10.6	
Jai Thomas	Vis	12.6	

400m

Mark Elms	M40	60.7	
David Solomon	M45	62.3	PBA
Kim Thomas	M35	70.9	
Jordan Elms	Vis	73.5	
Taylah Eastwood	Vis	84.4	

60m (cont.)

Peggy Macliver	W65	10.5	
Jack Gartlan	Vis	10.6	
Christine Oldfield	W60	13.5	
Lynne Schickert	W65	13.7	SB
Peter Kennedy	M85	19.3	

10000m (Patron's Trophy)

			%
Alan Gower	M54	38:00.0	81.86%
John Oldfield	M66	45:52.4	75.33%
John Collier	M43	48:21.4	SB 58.94%

5000m

Robin King	W50	21:16 (estimated)	
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Javelin

Adam Bennett	Vis	30.41	
Peter Kennedy	M85	10.60	
Peter Hopper	M60	21.33	
Henri Cortis	M60	21.20	
Rob Shand	M75	21.50	
Tracey Gartlan	W40	17.64	
Rae McMillan	W80	13.37	
Louise Oswald	Vis	27.50	
David Carbon	M40	28.30	

Shot

Peter Kennedy	M85	4.64	
Peter Hopper	M60	7.58	
Henri Cortis	M60	7.07	
Rob Shand	M75	6.60	
Tracey Gartlan	W40	8.28	SB
Rae McMillan	W80	6.57	
Louise Oswald	Vis	8.52	

Long jump

David Carbon	M40	4.73	
Peggy Macliver	W65	3.25	
Lynne Schickert	W65	2.18	
Scott Haylett	Vis	3.28	
Jack Gartlan	Vis	3.17	

400m (cont.)

Steve Fuller	M55	70.1	
Bert Carse	M65	74.6	
Dante Giacomini	M40	78.9	
Pete Sullivan	M50	82.9	
Maurice Creagh	M60	88.0	PBA=
Katrina Bolden	W30	89.2	
Jai Thomas	Vis	1:38.7	
Jackie Halberg	W60	1:40.5	
Rob Antonioli	M55	73.7	
Dante Giacomini	M40	78.5	
Catherine Keane	Vis	88.8	
Pete Sullivan	M50	1:30.0	
Rose Hvala	Vis	1:30.7	

200m

Dale Hamilton	Vis	23.9	
Mark Elms	M40	27.2	
David Solomon	M45	27.8	PBA
Andrew Ward	M45	28.3	
David Clive	M70	29.4	
Rob Antonioli	M55	29.7	
Bert Carse	M65	34.0	
Jordan Elms	Vis	32.7	
Catherine Keane	Vis	40.3	
Rose Hvala	Vis	41.5	
Jai Thomas	Vis	44.5	

Triple Jump

Dale Hamilton	Vis	11.46
Iain MacLennan	Vis	9.89
Taylah Eastwood	Vis	7.03
Julie Plackett	W40	6.70

Weight Throw

Julie Plackett	W40	6.31	
Karen Eastwood	W40	5.75	PBA
Sue Fardella	W43	5.85	PBA
Mark Hamilton	M35	12.60	SB
Dale Hamilton	Vis	13.86	

3000m walk

Robin King	W50	17:17.0
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Patron's Trophy Events**3000m**

			points %
David Cane	M45	9:41.4	83.13
Warren Thone	Vis	10:17.4	
Pete Sullivan	M51	11:04.3	76.34
Kim Thomas	M35	11:11.3 SB	66.96
Bert Carse	M68	11:32.8	84.92
Campbell Till	M52	11:33.6	73.71
Jordan Elms	Vis	11:38.7	
Paul Haylett	M48	11:39.8 SB	70.74
Saskia Letham	W36	11:52.3	71.74
Rob Antonioli	M57	11:57.0 PBA	74.35
David Solomon	M45	12:05.5	66.65
Ross Keane	M48	12:07.7	68.03
Colin Smith	M46	12:31.7 PBA	64.84
John Oldfield	M66	12:37.6	76.22
David Carr	M77	12:44.3 PBA	87.77
Karen March	W48	12:46.8	74.78
Dante Giacomini	M41	12:56.7	60.39
Maurice Creagh	M63	12:57.7 SB	72.24
Barbara Blurton	W59	13:22.1 SB	82.81
Lorraine MacLennan	W44	13:41.6	66.48
Katrina Bolden	W32	14:12.8	59.02
Jacinta Ponney	Vis	14:13.2	
Peggy Macliver	W65	14:20.7	84.48
Kim Ribbink	W42	14:36.4 SB	61.00
Bob Schickert	M67	14:37.3 SB	66.43
Carol Bowman	W54	14:38.9 SB	70.50
Delia Baldock	W47	14:39.7	64.38
John Dennehy	M50	14:51.2 SB	56.44
Steve Fuller	M57	14:52.6	59.72
Sarah Ladwig	W60	16:14.2 SB	69.18
Jai Thomas	Vis	16:37.4	

Discus

			points %
Bob Schickert	M67	16.53	29.26
Nick Miletic	M58	19.81	31.70
Carol Bowman	W54	11.31	20.72
Peggy Macliver	W65	17.20	40.03
Lynne Schickert	W68	10.48	26.33
Campbell Till	M52	20.34	28.48
John Oldfield	M66	11.16	19.29
David Carr	M77	13.86	32.25
John Dennehy	M50	17.06	23.03
Kim Thomas	M35	21.71	29.31
Katrina Bolden	W32	12.45	16.21
Sarah Ladwig	W60	10.56	21.89
Lorraine MacLennan	W44	11.55	17.73
Maurice Creagh	M63	12.19	19.69
Rob Antonioli	M57	19.69	30.70
Colin Smith	M46	15.83	22.87
Julie Plackett	W40	23.08 SB	33.27
Karen Eastwood	W41	17.24	25.23
Sue Fardella	W43	16.62	25.11
David Jones	Vis	23.42	
Dale Hamilton	Vis	36.63	

Friday October 23rd – WAAS**100m**

Cameron Yorke	M30	11.21	PB
Barrie Kernaghan	M65	15.11	

200m

Barrie Kernaghan	M65	28.76	SB
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400m

Cameron Yorke	M30	49.71	
Neil Morfitt	M50	59.91	
Barrie Kernaghan	M65	68.42	SB

1500m

Paul Mitchell	M40	4:18.44	PBA
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3000m race walk

Robin King	W50	15:41.1	PBA
David Smyth	M40	16:41.4	

Hammer

Byrony Glass	W30	54.28	
Matt Staunton	M35	37.22	

Shot Put

Matt Staunton	M35	11.34	PBA
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Discus

Matt Staunton	M35	33.87	
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Javelin

Matt Staunton	M35	41.43	
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Tuesday October 27th**60m**

Brad Walsh	M45	8.5	
Barrie Kernaghan	M65	8.9	SB
Norm Richards	M70	8.9	SB
Nick Miletic	M55	9.7	

Jacinta Henderson	Vis	9.2	
Peggy Macliver	W65	9.8	SB=
Paul Haylett	M45	9.8	
Lorraine MacLennan	W40	10.6	SB
Carol Bowman	W50	N/T	

Iain MacLennan	Vis	9.0	
Scott Haylett	Vis	9.4	
Christine Oldfield	W60	12.6	SB
Peter Kennedy	M85	15.8	SB

400m

Brad Walsh	M45	62.9	
Duncan McAuley	M60	66.6	SB
Barrie Kernaghan	M65	69.0	
Keith Edmonds	M40	71.7	
Jacinta Henderson	Vis	72.2	
Tony Reid	Vis	75.1	

Paul Haylett	M45	75.6	
Ivan Brown	M60	79.4	SB
Peggy Macliver	W65	81.4	SB
Lorraine MacLennan	W40	83.5	
Carol Bowman	W50	90.4	
Scott Haylett	Vis	91.0	
Martin MacLennan	Vis	1:42.4	

200m

Barrie Kernaghan	M65	30.0	
Barry Newell	M50	30.4	
Keith Edmonds	M40	30.6	
Norm Richards	M70	30.6	SB
Jacinta Henderson	Vis	32.2	

Paul Haylett	M45	30.8	SB
Iain MacLennan	Vis	31.6	
Peggy Macliver	W65	35.5	SB
Scott Haylett	Vis	36.9	
Lorraine MacLennan	W40	39.7	
Carol Bowman	W50	N/T	
Peter Kennedy	M85	73.4	SB

3000m (Points)

Alan Gower	M54	10:24.9	83.18	
Ross Keane	M48	11:47.3	69.99	SB
Duncan McAuley	M60	11:54.9	76.52	SB
Jacinta Henderson	Vis	12:02.2		
Keith Edmonds	M42	12:30.1	63.01	
Frank Smith	M67	12:30.9	77.61	
John Collier	M43	12:35.3	63.05	SB
Ivan Brown	M64	13:02.0	72.50	SB
Tony Reid	Vis	13:16.7		
Grant Schofield	M41	13:59.4	55.88	
Grant Owens	M48	14:14.5	57.93	
Lorraine MacLennan	W44	14:37.1	62.27	
Peter Hopper	M64	14:47.7	63.87	
Nick Miletic	M58	14:59.5	59.77	
Barry Newell	M53	16:32.6	51.93	
Christine Oldfield	W64	16:52.4	70.70	

DISCUS (Points)

Christine Oldfield	W64	7.85	17.83	
Grant Schofield	M41	24.40	33.25	
Peter Kennedy	M89	12.41	46.39	
Dorothy Whittam	W73	12.84	37.20	
Louise Oswald	W41	30.10	44.06	
Tom Gravestock	M54	36.60	53.22	
Peter Hopper	M64	21.95	36.25	

Ivan Brown	M64	15.69	25.91	
Rob Shand	M77	22.24	SB	51.75
Rae McMillan	W81	14.71		47.96

WEIGHT THROW

Peter Kennedy	M85	5.56	
Dorothy Whittam	W70	8.08	
Louise Oswald	W40	7.56	
Tom Gravestock	M50	12.42	PBA
Rae McMillan	W80	8.66	
Rob Shand	M75	6.49	

TRIPLE JUMP

Peggy Macliver	W65	6.72	
Tom Gravestock	M50	8.94	PBA
Iain MacLennan	Vis	9.83	

Thursday October 29th**1000m**

David Cane	M45	3:06.3
Kim Thomas	M35	3:11.2
Bert Carse	M65	3:28.7
Pete Sullivan	M50	3:29.9
Paul Haylett	M45	3:33.4
Saskia Letham	W35	3:34.6
Steve Fuller	M55	3:36.8
Toni Phillips	W35	3:39.3
Darryl White	M50	3:48.4
Michael Mezzatesta	Vis	3:54.0
Garry Ralston	M50	3:58.2

Corey Thomas	M30	3:22.1
Russell Boulton	Vis	3:34.9
Robin King	W50	3:36.0
Steve Roby	M45	3:51.4
Jo Clarkson	W50	4:01.8
Bob Schickert	M65	4:08.0
Mitch Thomas	Vis	4:15.5
Katrina Bolden	W30	4:20.9
Chelsea Thomas	Vis	4:23.0
Storm Thomas	Vis	4:23.2
Nick Miletic	M55	4:33.9
Carol Bowman	W50	4:34.1
Callum Young	W60	4:35.3
Kim Ribbink	W40	4:42.4
Jai Thomas	Vis	4:42.5
Melissa Young	W30	4:49.6
Nick Bailey	M60	5:05.6

1000m walk

Lynne Schickert	W65	7:10.8
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100m

Dale Hamilton	Vis	12.4
Colin Smith	M45	13.4
David Solomon	M45	13.8
Rob Antonioli	M55	14.7
Nick Miletic	M55	15.9

Callum Young	Vis	14.8
John Dennehy	M50	16.4
Kim Thomas	M35	16.5
Michelle Thomas	W30	16.8
Melissa Young	W30	17.4

SB

Chelsea Thomas	Vis	17.2
Taylah Eastwood	Vis	18.0
Catherine Keane	Vis	18.9
Mitch Thomas	Vis	20.2
Storm Thomas	Vis	20.3
Jai Thomas	Vis	22.7

3000m

David Cane	M45	9:35.3	PBA
Michael Mezzatesta	Vis	9:36.7	
Pete Sullivan	M50	11:07.0	
Kim Thomas	M35	11:28.2	
Russell Boulton	Vis	11:42.1	
Bert Carse	M65	11:43.7	
Paul Haylett	M45	12:30.4	
Neil McRae	M55	12:31.8	
Peter March	M50	12:33.0	
Karen March	W45	12:39.0	SB
Jo Clarkson	W50	12:40.5	SB
Maurice Creagh	M60	12:54.3	SB
Corey Thomas	M30	13:13.5	
Katrina Bolden	W30	13:31.4	PBA
Mitch Thomas	Vis	14:41.3	
Callum Young	Vis	14:53.5	
Kim Ribbink	W40	15:01.7	
Gillian Young	W60	15:28.4	
Catherine Keane	Vis	15:34.1	
Jackie Halberg	W60	15:35.5	SB
Storm Thomas	Vis	15:49.9	
Melissa Young	W30	16:16.4	
Nick Bailey	M60	16:22.4	
Toni Phillips	W35	17:38.9	
Michelle Thomas	W30	17:51.6	

3000m walk

Matt Gooch	Vis	15:36.6
Robin King	W50	16:32.8
Tom Lenane	M50	18:02.7
Stan Jones	M80	19:29.0 (lap short)

Long Jump

Dale Hamilton	Vis	5.53
Rob Antonioli	M55	4.22
Michelle Thomas	W30	3.84
Peggy Macliver	W65	3.29
Taylah Eastwood	Vis	3.12
Chelsea Thomas	Vis	3.04
Mitch Thomas	Vis	2.66
Lynne Schickert	W65	2.37

PBA**SB****SB****Javelin**

Dale Hamilton	Vis	40.37
Karen Eastwood	W40	16.90
Julie Plackett	W40	17.92
Grant Schofield	M40	25.98
Clinton Hart	Vis	40.26

PBA

Patron's Trophy Events

400m

			points %	
Colin Smith	M46	57.0	84.53	
Campbell Till	M52	59.6	84.20	SB
Garry Ralston	M54	62.2	81.77	
David Solomon	M45	62.5	76.57	
Kim Thomas	M35	63.9	69.65	SB
Rob Antonioli	M57	66.6	77.45	
Corey Thomas	M32	73.8	58.93	
David Cane	M45	62.9	76.08	
Steve Fuller	M57	69.0	75.06	PBA
John Dennehy	M50	73.3	67.57	
David Carr	M77	73.3	91.77	
Nick Miletic	M58	83.1	62.81	
Katrina Bolden	W32	88.0	54.49	PBA
Maurice Creagh	M63	89.8	59.99	
Callum Young	Vis	70.3		
Delia Baldock	W47	75.0	75.24	SB
Bob Schickert	M68	76.3	74.88	
Peggy Macliver	W65	78.8	84.57	SB
John Oldfield	M66	83.2	66.56	
Carol Bowman	W54	87.7	68.87	SB
Lynne Schickert	W68	2:06.9	54.97	
Chelsea Thomas	Vis	79.1		
Catherine Keane	Vis	90.7		
Mitch Thomas	Vis	95.1		
Storm Thomas	Vis	1:41.4		
Jai Thomas	Vis	1:50.2		

Shot

			points %	
Bob Schickert	M68	5.16	36.31	
Lynne Schickert	W68	4.65	41.40	
Nick Miletic	M58	5.93	34.98	
Garry Ralston	M54	8.41	45.33	
Peggy Macliver	W65	6.39	52.93	
John Dennehy	M50	6.10	30.26	PBA
John Oldfield	M66	2.31	15.19	
David Carr	M77	5.52	38.30	
Mark Hamilton	M39	11.24	49.67	
Julie Plackett	W40	6.94	35.95	
Kim Thomas	M35	6.21	26.86	
Colin Smith	M46	5.57	27.37	
Michelle Thomas	W31	5.47	24.17	
Grant Schofield	M41	7.85	35.42	
Corey Thomas	M32	5.21	22.53	
Rob Antonioli	M57	5.74	33.08	
Maurice Creagh	M63	4.60	27.54	
Katrina Bolden	W32	5.09	22.49	
Campbell Till	M52	6.51	33.63	
Carol Bowman	W54	4.21	27.73	
Karen Eastwood	W41	5.87	31.09	

RESULTS – November 2009

Tuesday November 3rd – UWA

LONG JUMP

Mark Elms	M40	4.94
Peggy Macliver	W65	3.14
Mark Jeffrey	M35	5.29

1000m (not analysed)

Brad Walsh	M45	3:15.7
Paul Haylett	M45	3:19.5
Duncan McAuley	M60	3:20.0
John Collier	M40	3:30.0
Toni Phillips	W35	3:43.1
Ivan Brown	W60	3:50.0
Lorraine MacLennan	W40	4:03.0
Gavin Howard	M45	4:09.6
Peggy Macliver	W65	4:17.2
Carol Bowman	W55	4:26.0
Christine Oldfield	W60	5:11.2
Peter Kennedy	M85	10:19.6

1000m (Walk)

Sylvia Byers	W70	7:22.5
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100m

Mark Elms	M40	12.6	
Andrew Ward	M45	13.5	
Barrie Kernaghan	M65	14.5	SB
Keith Edmonds	M40	14.6	
Norm Richards	M70	14.6	SB

Paul Haylett	M45	13.9	SB
Barry Newell	M50	14.3	
Tony Reid	Vis	16.0	
John Dennehy	M50	16.2	SB
Peter Hopper	M60	16.2	

Peggy Macliver	W65	16.1	SB=
Peter Gare	M65	16.1	
Neil Davies	Vis	17.1	
Lorraine MacLennan	W40	17.7	SB
Bob Schickert	M65	21.0	

Scott Haylett	Vis	17.1	
Lynne Schickert	W65	25.5	
Peter Kennedy	M85	27.5	SB

3000m

Keith Edmonds	M40	11:54.1	SB
Frank Smith	M65	12:16.9	SB
John Collier	M40	12:35.9	
Tony Reid	Vis	12:57.8	
Gavin Howard	M45	14:24.4	
Barry Newell	M50	15:32.0	SB
Bob Schickert	M65	16:50.4	

3000m (Walk)

Sylvia Byers	W70	21:56.5
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JAVELIN

Mark Elms	M40	34.33	
Peter Gare	M65	28.79	
Gavin Howard	M45	18.06	
Rob Shand	M75	20.48	
Dorothy Whittam	W70	9.67	
Louise Oswald	W40	22.28	
Lorna Lachlan	W75	8.39	
Rae McMillan	W80	13.63	SB

400m (Points)

Paul Haylett	M48	61.7	79.17	SB
Alan Gower	M54	63.6	79.97	
Duncan McAuley	M60	65.9	80.24	SB
Barry Kernaghan	M69	68.6	84.63	
Keith Edmonds	M42	72.6	64.52	

Mark Elms	M42	61.8	75.79	
Grant Schofield	M41	72.5	64.14	
John Dennehy	M50	76.4	64.83	
Tony Reid	Vis	77.4		
Ivan Brown	M64	78.1	69.41	SB
Peter Hopper	M64	81.3	66.67	PBA

Sabrina Elms	Vis	70.7		
Jordan Elms	Vis	75.9		
Michael Elms	Vis	76.7		
Peggy Macliver	W65	79.9	83.40	
Serina Elms	Vis	81.1		
Lorraine MacLennan	W44	82.4	66.44	SB
Carol Bowman	W55	1:30.5	67.39	
Christine Oldfield	W64	1:44.0	63.52	

SHOT (Points)

Toni Phillips	W37	6.93	33.67	
Peter Kennedy	M89	5.34	61.59	SB
Lorraine MacLennan	W44	4.83	27.44	
Rob Shand	M77	6.56	45.51	
John Dennehy	M50	6.88	34.13	SB
Christine Oldfield	W64	3.15	25.49	
Dorothy Whittam	W73	6.16	62.79	
Tracey Gartlan	W40	8.14	42.16	
Ivan Brown	M64	6.28	38.75	
Peter Hopper	M64	7.79	48.07	SB
Henri Cortis	M63	6.98	41.79	
Louise Oswald	W41	7.66	40.57	
Lorna Lauchlan	W79	5.85	72.04	
Rae McMillan	W81	6.50	86.09	
Alan Gower	M54	6.26	33.74	
Neil Davis	Vis	6.40		
Lynne Schickert	W68	4.70	41.85	SB

Thursday November 5th - ECAC**300m**

Dale Hamilton	Vis	37.7	
Chris Neale	M40	39.3	
Campbell Till	M50	41.0	
Paul Haylett	M45	45.9	
Kim Thomas	M35	48.1	
Nick Miletic	M55	55.5	

Jordan Elms	Vis	50.2	
Michael Elms	Vis	51.0	
Catherine Keane	Vis	61.2	
Mitch Thomas	Vis	65.2	
Jai Thomas	Vis	69.3	

Colin Smith	M45	41.4	
David Clive	M70	48.6	
Pete Sullivan	M50	55.5	
Bob Schickert	M65	60.8	

800m

Kim Thomas	M35	2:30.1	SB
Paul Haylett	M45	2:32.4	PBA
Pete Sullivan	M50	2:35.9	
Steve Fuller	M55	2:40.7	PBA
Michael Elms	Vis	3:05.9	
Jordan Elms	Vis	3:14.9	

John Dennehy	M50	2:58.3	
Barbara Blurton	W55	2:59.9	
Maurice Creagh	M60	3:04.4	SB
Peggy Macliver	W65	3:15.0	SB
Nick Miletic	M55	3:17.3	
Carol Bowman	W55	3:20.9	
Mitch Thomas	Vis	3:27.2	
Catherine Keane	Vis	3:30.4	
Jai Thomas	Vis	3:39.3	
Melissa Young	W30	3:40.8	SB
Sarah Ladwig	W60	3:44.0	SB

200m

Dale Hamilton	Vis	24.0	
Chris Neale	M40	25.0	
Mark Elms	M40	25.8	SB
Campbell Till	M50	26.9	
Scott Andrews	M35	27.5	

David Clive	M70	29.7	
Peggy Macliver	W65	34.2	SB
Nick Miletic	M55	34.3	
Bob Schickert	M65	36.8	
Carol Bowman	W55	39.4	
Derry Foley	M80	42.8	

Jordan Elms	Vis	31.9	
Michael Elms	Vis	33.1	
Catherine Keane	Vis	38.1	
Mitch Thomas	Vis	43.4	
Jai Thomas	Vis	44.3	
Jamie Neale	Vis	46.8	

3000m

Pete Sullivan	M50	11:13.9	
Kim Thomas	M35	11:29.2	
Peter March	M50	12:13.1	SB
Neil McRae	M55	12:23.7	SB
Dante Giacomini	M40	12:47.0	
Paul Haylett	M45	12:58.3	
Karen March	W45	13:20.0	
Maurice Creagh	M60	13:46.9	
Mitch Thomas	Vis	14:42.1	
Gillian Young	W60	14:49.6	
Melissa Young	W30	16:02.2	
Jackie Halberg	W60	16:04.0	
Jai Thomas	Vis	16:17.3	

3000m walk

Tom Lenane	M53	18:45.9	Points % 65.88
Lynne Schickert	W68	22:22.3	70.77
Sarah Ladwig	W60	22:28.4	63.96

Triple Jump

Dale Hamilton	Vis	11.66	
Michelle Thomas	W30	8.02	SB
Mark Elms	M40	9.63	
Peggy Macliver	W65	6.84	

Javelin

Dale Hamilton	Vis	42.22	
Julie Plackett	W40	17.53	
Mark Elms	M40	33.68	
Steve Fuller	M55	26.63	
Scott Andrews	M35	32.07	
Chris Neale	M40	30.81	PBA

Discus

Dale Hamilton	Vis	39.55	
Julie Plackett	W40	23.05	
Mark Hamilton	M35	37.65	PBA

November 6th – WAAS**John Gilmour 10k – WA State Championships****(Main Championship Race, 21 finishers)**

10. David Cane	M45	35:00	
14. Alan Gower	M50	36:32	PBA
18. Bjorn Dybdahl	M55	37:52	

(curtain-raiser – 42 finishers)

1. David Solomon	M40	39:25	PBA
3. Chris Maher	M55	39:57	
6. Eldon George	M40	41:22	
19. John Oldfield	M65	44:32	SB
23. Ivan Brown	M60	46:14	SB
29. Simone Solomon	W40	48:42	
31. John Collier	M40	49:15	
35. Barry Jones	M50	51:37	
41. Cecil Walkley	M80	1:12:20	

November 8th – WAAS Interclub

Somewhere around 60m

Colin Smith	M45	7.5
Norm Richards	M70	8.5
Lynne Choate	W55	8.5
Kerriann Bresser	W40	8.6

200m (no wind readings)

Colin Smith	M45	25.43	SB
Barrie Kernaghan	M65	28.33	SB
Lynne Choate	W55	30.23	PBA
Norm Richards	M70	30.58	SB

Hammer

Byrony Glass	W30	52.80
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November 10th – UWA

300m

Scott Andrews	M35	45.6
Duncan McAuley	M60	46.5
Barrie Kernaghan	M65	47.0
Barry Newell	M50	50.0
Bob Schickert	M65	61.2

Keith Edmonds	M40	52.5
Norm Richards	M70	53.1
Tony Reid	Vis	54.3
Peggy Macliver	W65	54.9
Ivan Brown	M60	56.7
Scott Haylett	Vis	68.8
Martin McLennan	Vis	83.6

800m

Alan Gower	M50	2:23.9	
Brad Walsh	M45	2:28.3	SB
John Collier	M40	2:39.8	SB
Keith Edmonds	M40	2:41.5	
Grant Schofield	M40	2:53.4	
Tony Reid	Vis	3:01.6	

Iain McLennan	Vis	2:54.3
Bob Schickert	M65	3:11.1
Peggy Macliver	W65	3:21.8
Christine Oldfield	W60	3:59.3
Neil Davis	M65	4:11.6

200m

Barrie Kernaghan	M65	29.7	
Keith Edmonds	M40	30.2	PBA
Barry Newell	M50	30.2	PBA
Grant Schofield	M40	31.8	
Norm Richards	M70	32.1	
Tony Reid	Vis	33.9	

Peter Gare	M65	32.3	PBA
Peggy Macliver	W65	34.9	
Neil Davis	M65	35.8	
Scott Haylett	Vis	36.6	
Bob Schickert	M65	36.9	
John Oldfield	M65	38.4	

800m

Cameron Yorke	M30	1:55.45	SR
Toni Phillips	W35	2:31.83	
Kerriann Bresser	W40	2:45.68	

200H

Toni Phillips	W35	32.41
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400H

Toni Phillips	W35	86.42
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3000W

David Smyth	M40	17:39.3
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3000m Walk (Points)

			%	
Peter Hopper	M64	20:17.5	67.72	SB
Ray Hall	M75	DQ		
Lynne Schickert	W68	22:14.4	71.19	SB
Martin McLennan	Vis	25:23.0		
Lorna Lauchlan	W79	26:05.9	71.98	
Grant Schofield	M41	26:07.9	42.84	

3000m

Duncan McAuley	M60	11:52.7	SB
Alan Gower	M50	11:53.3	
Frank Smith	M65	12:10.3	SB
Ross Kean	M45	12:26.0	
John Collier	M40	12:40.2	
Paul Haylett	M45	12:58.9	
Keith Edmonds	M40	13:24.9	
Barry Newell	M50	16:31.1	
Christine Oldfield	W60	17:03.3	
Peter Kennedy	M85	35:17.3	

Javelin

Adam Bennett	Vis	31.68	
Peter Gare	M65	18.89	
Peter Kennedy	M85	9.18	
Dorothy Whittam	W70	12.05	SB
Peter Hopper	M60	23.94	SB
Henri Cortis	M60	16.96	
Scott Andrews	M35	35.88	SB
Raema McMillan	W80	14.36	SB
Rob Shand	M75	21.17	
Louise Oswald	W40	26.04	
Lorna Lauchlan	W75	11.55	SB

Discus

Peter Gare	M65	31.25	
Dorothy Whittam	W70	13.42	PBA
Henri Cortis	M60	25.63	
Rob Shand	M75	20.78	
Raema McMillan	W80	16.13	
Louise Oswald	W40	25.67	
Adam Bennett	Vis	21.85	

Triple Jump

Peter Kennedy	M85	3.81
Iain MacLennan	Vis	9.6

November 13th – WAAS Interclub meet

Hammer

Byrony Glass W30 53.73

100m

Barrie Kernaghan M65 14.67

400m

Cam Yorke M30 49.76
Barrie Kernaghan M65 66.32 **SB**

1500m

Andrew Brooker M40 4:35.77

November 12th – ECAC

100m

			% points	
Chris Neale	M40	12.3	83.39	SB
Colin Smith	M46	12.6	84.83	
Campbell Till	M52	12.9	86.21	
David Clive	M72	14.0	90.88	

Kim Thomas	M35	13.9	71.19	PBA=
Peggy Macliver	W65	15.3	92.71	PBA
John Dennehy	M50	15.4	71.29	SB
Delia Baldock	W47	15.4	77.13	SB=
David Carr	M77	15.6	87.06	

Jacqui Sanders	W43	16.2	70.16	
Bob Schickert	M68	16.2	75.78	SB
John Oldfield	M66	18.4	65.93	
Carol Bowman	W55	18.6	69.40	
Maurice Creagh	M63	19.0	62.71	

Callum Young	Vis	14.3		
Michelle Thomas	W31	16.1	65.16	PBA
Melissa Young	W32	17.4	60.29	
Lynne Schickert	W68	23.0	63.31	SB

Chelsea Thomas	Vis	17.3		
Chloe Thomas	Vis	18.0		
Catherine Keane	Vis	18.4		
Mitch Thomas	Vis	20.0		
Jai Thomas	Vis	20.6		

1500m

David Cane	M45	4:39.8		
Bjorn Dybdahl	M55	4:56.5		
Kim Thomas	M35	5:13.7		
Pete Sullivan	M50	5:23.4		
Steve Fuller	M55	5:57.4	SB	
Maurice Creagh	M60	6:06.6	SB	
John Oldfield	M65	6:41.7		
Mitch Thomas	Vis	6:44.8		
Barbara Blurton	W55	6:46.7		
John Dennehy	M50	6:46.9	SB	
Peggy Macliver	W65	6:47.3	SB	
Callum Young	Vis	6:51.7		
Kim Ribbink	W40	7:02.4	PBA	
Gillian Young	W60	7:19.8		
Jai Thomas	Vis	7:20.1		
Katrina Bolden	W30	7:25.8		
Melissa Young	W30	7:34.2		
Catherine Keane	Vis	7:36.3		

Long Jump

David Clive	M70	4.43	SB
Kev Hynds	M40	3.79	
Michelle Thomas	W30	3.64	
Lynne Schickert	W65	2.31	

600m

Chris Neale	M40	1:36.5
Campbell Till	M50	1:37.1
David Cane	M45	1:43.0
Kim Thomas	M35	1:51.3
Callum Young	Vis	1:56.2
Delia Baldock	W45	2:07.8
Barbara Blurton	W55	2:13.4
Maurice Creagh	M60	2:17.6
Catherine Keane	Vis	2:24.2
Carol Bowman	W55	2:24.6
Kim Ribbink	W40	2:29.8
Mitch Thomas	Vis	2:33.7
Jai Thomas	Vis	2:41.7

5000m

David Cane	M45	17:56.2
Maurice Creagh	M60	23:54.2
Graeme Dahl	M60	24:13.5
Katrina Bolden	W30	24:33.2
Steve Fuller	M55	25:13.2

3000m

Bjorn Dybdahl	M55	10:50.2	
Pete Sullivan	M50	11:00.6	SB
Kim Thomas	M35	12:23.4	
Ross Keane	M45	12:31.7	
Gillian Young	W60	14:46.4	
Bob Schickert	M65	14:53.1	
Melissa Young	W30	15:56.6	
Jacqui Sanders	W40	15:57.1	
Callum Young	Vis	15:57.6	
Jackie Halberg	W60	16:00.4	
Mitch Thomas	Vis	16:29.3	
David Carr	M75	16:36.3	
Chelsea Thomas	Vis	17:33.1	
Jai Thomas	Vis	18:33.5	
Michelle Thomas	Vis	18:42.8	
Chloe Thomas	Vis	21:13.0	

Discus			Hammer			% points	
Julie Plackett	W40	22.64	Julie Plackett	W40	21.39	36.13	PBA
Louise Oswald	W41	27.82	Louise Oswald	W41	25.67	44.64	
Bev Hamilton	W60	20.58	Bev Hamilton	W63	24.41	51.78	
			Kev Hynds	M42	12.83	16.56	
			Colin Smith	M46	5.93	8.26	
			Lynne Schickert	W68	12.53	30.13	PBA

Tuesday November 17th - UWA

100m (Points)

			%	
Mark Elms	M42	12.9	80.61	
Paul Haylett	M48	13.6	79.65	SB
David Clive	M72	13.6	93.55	PBA
Nick Miletic	M58	15.5	74.54	SB
Kevin Collins	M41	16.6	62.21	PBA

Alan Gower	M54	13.9	81.05	
Rob Greenhalgh	M59	14.1	82.46	
Grant Schofield	M41	14.2	72.73	SB
Barrie Kernaghan	M69	14.2	86.96	SB
Norm Richards	M72	14.4	88.35	PBA

John Dennehy	M50	16.1	68.19	
Peggy Macliver	W65	16.1	88.11	
Peter Hopper	M64	16.2	74.00	SB=
Ivan Brown	M64	17.2	69.69	

Bob Schickert	M68	16.4	74.85	
Lorraine MacLennan	W44	17.3	66.45	PBA
Christine Oldfield	W65	20.1	70.57	SB
Lynne Schickert	W68	22.6	64.43	SB
Peter Kennedy	M89	29.3	56.92	

Iain MacLennan	Vis	15.1		
Scott Haylett	Vis	16.4		
Martin MacLennan	Vis	18.4		
Catherine Keane	Vis	19.2		

1500m

Paul Haylett	M45	5:35.3		
John Collier	M40	5:47.4	SB	
Ivan Brown	M60	6:11.3		
Gavin Howard	M45	6:41.1		
Nick Miletic	M55	6:46.2		
Catherine Keane	Vis	8:06.7		
Christine Oldfield	W65	8:08.4		

1500m Walk

Iain MacLennan	Vis	9:23.5		
Peter Hopper	M60	9:46.0		
Lynne Schickert	W65	10:56.0		
Sylvia Byers	W75	10:57.1		
Lorna Lauchlan	W75	12:38.3		

3000m

Nick Miletic	M55	14:39.8		
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3000m Walk

Sylvia Byers	W75	21:56.4	SB	
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600m (not analysed)

Alan Gower	M50	1:46.5	
Mark Elms	M40	1:48.4	
Ross Keane	M45	1:59.7	
Barrie Kernaghan	M65	2:13.4	
Bob Schickert	M65	2:15.2	
John Dennehy	M50	2:17.2	
Peggy Macliver	W65	2:20.2	
Nick Miletic	M55	2:23.5	
Catherine Keane	Vis	2:43.9	

5000m

Clive Hicks	M55	19:06.3	
Alan Gower	M50	19:07.0	
Duncan McAuley	M60	20:44.5	PBA
John Collier	M40	22:07.2	SB
Jordan Elms	Vis	23:08.4	
Ivan Brown	M60	23:16.9	
Graeme Dahl	M60	23:20.7	SB
Grant Schofield	M40	24:19.8	
Gavin Howard	M45	24:22.1	SB
Sabrina Elms	Vis	26:27.6	
Serena Elms	Vis	27:06.5	

LONG JUMP

Kevin Collins	M40	3.44	
Peggy Macliver	W65	3.50	SB
Mark Elms	M40	4.70	
Peter Kennedy	M85	1.70	
David Clive	M70	4.50	SB
Lynne Schickert	W65	2.27	
Mark Jeffrey	M35	5.31	SB

DISCUS

Peter Kennedy	M85	11.82	
Tom Gravestock	M50	38.92	PBA
Dorothy Whittam	W70	13.03	
Rae McMillan	W80	16.86	SB
Neil Davis	M65	21.19	
Lorna Lauchlan	W75	13.09	PBA
Mark Jeffrey	M35	33.36	

SHOT

Peter Kennedy	M85	5.00	
Tom Gravestock	M50	9.41	
Dorothy Whittam	W70	5.69	
Rae McMillan	W80	6.89	SB
Neil Davis	M65	7.21	SB
Lorna Lauchlan	W75	5.94	SB
Mark Jeffrey	M35	9.40	

Thursday November 19th – ECAC

200m

Corey Thomas	M30	28.4	
Kim Thomas	M35	29.3	SB
Rob Antonioli	M55	30.4	
Nick Miletic	M55	33.7	
Carol Bowman	W55	39.7	
Chelsea Thomas	Vis	36.5	
Mitch Thomas	Vis	42.3	
Jai Thomas	Vis	44.7	

3000m

David Cane	M45	10:00.3	
Roscoe McDonnell	Vis	11:12.5	
Kim Thomas	M35	11:33.9	
Neil McRae	M55	12:35.7	
Jo Clarkson	W50	12:50.1	
Corey Thomas	M30	13:04.0	SB
Maurice Creagh	M60	13:11.7	
Graeme Dahl	M60	13:14.5	
Steve Fuller	M55	13:16.0	PBA
Ross Keane	M45	13:18.2	
Paul Haylett	M45	14:27.1	
Gillian Young	W60	14:31.9	
Mitch Thomas	Vis	14:38.5	
Kim Ribbink	W40	14:44.1	
Melissa Young	W30	15:36.0	PBA
Sarah Ladwig	W60	15:48.5	PBA
Storm Thomas	Vis	16:23.8	
Jai Thomas	Vis	17:15.3	
Chelsea Thomas	Vis	17:34.0	
Michelle Thomas	W30	17:36.0	
Chloe Thomas	Vis	20:35.7	

3000m walk

Tom Lenane	M50	18:19.0	
Carolyn Fawcett	Vis	24:13.8	

60m

David Carbon	M40	8.1	
Colin Smith	M45	8.4	
Rob Antonioli	M55	9.6	
Nick Miletic	M55	9.8	
Michelle Thomas	W30	10.1	
Melissa Young	W30	10.7	
Chelsea Thomas	Vis	11.3	
Bob Fawcett	Vis	11.5	
Chloe Thomas	Vis	11.3	
Catherine Keane	Vis	11.5	
Storm Thomas	Vis	12.3	
Pat Carr	W75	12.4	
Mitch Thomas	Vis	12.5	
Jai Thomas	Vis	13.0	

800m

David Cane	M45	2:19.0	SB	% points	80.10
Campbell Till	M52	2:20.5			84.17
Kim Thomas	M35	2:22.3	PBA		71.26
Colin Smith	M46	2:25.6	SB		77.13
Paul Haylett	M48	2:30.2	PBA		76.08
Rob Antonioli	M57	2:37.4			78.29
David Carbon	M40	2:42.5			65.46
Roscoe McDonnell	Vis	2:39.9			
Toni Phillips	W37	2:43.9			69.14
Steve Fuller	M57	2:48.6	SB		73.09
Ross Keane	M48	2:49.0			67.62
Kerriann Bresser	W41	2:54.0			67.55
David Carr	M77	2:55.1			88.37
Bob Schickert	M68	2:56.1	SB		76.94
Maurice Creagh	M63	3:00.7	PBA		71.50
Nick Miletic	M58	3:12.2	SB		64.64
Corey Thomas	M33	2:41.0	PBA		62.80
Delia Baldock	W47	3:04.2			67.22
Jo Clarkson	W54	3:09.4			70.63
Peggy Macliver	W65	3:10.2*	SR		84.74
Kim Ribbink	W43	3:30.2	SB		56.90
Melissa Young	W32	3:38.4			51.87
Sarah Ladwig	W60	3:47.7			64.04
Lynne Schickert	W68	4:47.9			59.40
Mitch Thomas	Vis	3:16.0			
Catherine Keane	Vis	3:16.3			
Chelsea Thomas	Vis	3:16.5			
Jai Thomas	Vis	3:42.9			
Storm Thomas	Vis	4:10.1			
Chloe Thomas	Vis	4:32.1			

Triple Jump

Campbell Till	M52	10.07		% points	68.69
Peggy Macliver	W60	7.14	SB		75.08
David Carr	M77	5.43			56.27
Colin Smith	M46	9.20			58.01
Mark Howard	M41	10.01			59.37
Kim Thomas	M35	9.44			52.27
Lynne Schickert	W68	5.92			65.70
Rob Antonioli	M57	7.90			57.85
Sarah Ladwig	W60	5.30	PBA		51.26
Maurice Creagh	M63	5.67	PBA		45.54
Corey Thomas	M33	9.20			50.68
Chelsea Thomas	Vis	6.60			

Shot

Dale Hamilton	Vis	10.76	
Mark Hamilton	M35	11.50	

Javelin

Dale Hamilton	Vis	29.80	
Mark Hamilton	M35	39.20	SB

November 20th – WAAS Interclub Meet

100m

Colin Smith	M45	12.99	
Barrie Kernaghan	M65	14.37	
Norm Richards	M70	14.48	PBA (ET)

Shot Put

Byrony Glass	W30	10.99	
Louise Oswald	W40	8.27	

Javelin

Louise Oswald	W40	21.67	
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Discus

Byrony Glass	W30	35.47	
Louise Oswald	W40	25.42	

Hammer

Byrony Glass	W30	51.43	
Louise Oswald	W40	23.95	
John Everard	M50	40.71	

November 24th – UWA

200m

Scott Andrews	M35	27.3	
Brad Walsh	M45	28.2	SB
Barrie Kernaghan	M65	28.5	
David Clive	M70	29.0	SB
Duncan McAuley	M60	29.1	
Peggy Macliver	W65	33.6	SB
Ivan Brown	M60	33.8	PBA
Bob Schickert	M65	35.7	SB
Alex Elliott-Lockham	Vis	39.1	
Carol Bowman	W55	39.8	
Christine Oldfield	W65	47.5	

3000m

Roscoe McDonnell	Vis	10:47.9	
Keith Edmonds	M40	11:53.0	SB
John Collier	M40	12:26.1	SB
Graeme Dahl	M60	13:27.3	
Gill Edmonds	W40	17:04.8	

3000m Walk

Sylvia Byers	W75	21:33.9	PBA
Lorna Lauchlan	W75	24:55.6	SB

60m

Scott Andrews	M35	8.2	
David Clive	M70	8.7	SB
Barrie Kernaghan	M65	8.8	SB
Iain MacLennan	Vis	9.0	
Norm Richards	M70	8.9	SB=
Keith Edmonds	M40	8.9	
Peter Hopper	M60	9.8	PBA=

SHOT

Henri Cortis	M60	7.15	
Dorothy Whittam	W70	6.32	SB
Peter Hopper	M60	8.03	SB
Rob Shand	M75	6.60	
Louise Oswald	W40	8.74	SB

800m

Alan Gower	M54	2:22.2	SB	84.58
Brad Walsh	M46	2:28.1	SB	75.83
Roscoe McDonnell	Vis	2:32.1		
Duncan McAuley	M60	2:33.4		82.31
John Collier	M43	2:40.0		68.31
Keith Edmonds	M42	2:40.3	PBA	67.57
Grant Schofield	M41	2:47.6	SB	64.04
Toni Phillips	W37	2:49.0		67.05
Ivan Brown	M64	2:57.4		73.39
John Oldfield	M66	2:59.2		74.01
John Dennehy	M50	3:01.1		64.23
Barrie Kernaghan	M69	3:06.6		73.41
Bob Schickert	M68	3:11.6		70.72
Peggy Macliver	W65	3:14.2		83.00
Peter Hopper	M64	3:18.3		65.66
Carol Bowman	W55	3:25.2		66.07
Christine Oldfield	W65	4:01.9		66.63

TRIPLE JUMP

John Oldfield	M66	5.63		47.51
Kevin Collins	M41	6.86		40.69
Christine Oldfield	W65	4.16		43.74
Alan Gower	M54	8.91	PBA	62.49
Bob Schickert	M68	5.25		45.85

JAVELIN

Scott Andrews	M35	31.74	
Dorothy Whittam	W70	12.66	SB
Rob Shand	M75	20.47	
Lorna Lauchlan	W75	11.66	PBA
Louise Oswald	W40	23.49	
Henri Cortis	M60	20.20	

November 26th - ECAC

1500m

David Cane	M45	5:20.6	
Kim Thomas	M35	5:24.6	
Michael Elms	Vis	5:41.6	
Steve Fuller	M55	5:51.3	PBA
Kerriann Bresser	W40	6:02.9	
Jo Clarkson	W50	6:12.3	
Scott Andrews	M35	6:38.9	
Rachael Mezzatesta	Vis	6:41.8	
Mitch Thomas	Vis	6:51.4	
Katrina Bolden	W30	6:53.6	PBA=
Melissa Young	W30	7:18.9	SB
Jai Thomas	Vis	7:19.5	
Jane Elton	W40	7:21.7	
Kim Ribbink	W40	7:28.2	
Joe Siddons	Vis	8:02.4	
Jackie Halberg	W60	8:03.6	
Catherine Keane	Vis	8:49.2	

100m

Mark Elms	M40	12.9	
David Solomon	M45	14.4	
Nick Miletic	M55	16.0	
Rachael Mezzatesta	Vis	17.0	
Scott Andrews	M35	13.8	
Jordan Elms	Vis	16.4	
Michael Elms	Vis	17.0	
Serena Elms	Vis	17.8	
David Solomon	M45	14.7	
Sabrina Elms	Vis	16.3	
Joe Siddons	Vis	17.5	
Martin MacLennan	Vis	18.6	
Mitch Thomas	Vis	21.8	
Jai Thomas	Vis	23.3	
Jacqui Sanders	W40	17.4	
Melissa Young	W30	17.5	
Catherine Keane	Vis	20.8	

400m

Mark Elms	M40	59.7	SB
Steve Fuller	M55	68.4	PBA
Kim Thomas	M35	69.1	
Barbara Blurton	W55	74.6	
Maurice Creagh	M60	84.6	PBA
Rachael Mezzatesta	Vis	?	
Jordan Elms	Vis	1:13.6	
Sabrina Elms	Vis	1:17.1	
Michael Elms	Vis	1:18.5	
Serena Elms	Vis	1:26.8	
Mitch Thomas	Vis	1:29.5	
Martin MacLennan	Vis	1:35.4	
Jai Thomas	Vis	1:43.0	

5000m

David Cane	M45	16:40.2	PBA	% points	83.18
Michael Mezzatesta	Vis	16:47.6			
Alan Gower	M54	17:45.2	PBA	83.95	
Warren Thore	Vis	17:57.8			
Clive Hicks	M56	18:23.1	SB	82.44	
Roscoe McDonnell	Vis	18:37.1			
David Solomon	M45	19:04.1		72.72	
Campbell Till	M52	20:07.4		72.85	
Kim Thomas	M35	20:08.3		64.01	
Peter March	M50	20:16.5		71.14	
Jo Clarkson	W54	21:24.7		82.26	
John Oldfield	M66	21:31.3		76.93	
Maurice Creagh	M63	21:48.2	PBA	73.88	
Kaj Dewens	M63	21:58.9		73.28	
Ivan Brown	M64	22:02.1	SB	73.78	
Colin Smith	M46	22:09.2		63.08	
Karen March	W48	22:20.1		72.97	
Graeme Dahl	M60	22:22.8	SB	70.09	
Simone Solomon	W43	22:48.0		67.49	
David Carr	M77	23:21.6		82.34	
Grant Schofield	M41	23:49.2	SB	56.47	
Katrina Bolden	W33	23:50.0	SB	60.78	
Steve Fuller	M57	24:02.5	PBA	63.58	
Nick Miletic	M58	24:13.2		63.65	
Peggy Macliver	W65	24:14.9	SR	85.27	
Lorraine MacLennan	W44	24:39.6		63.04	
Delia Baldock	W47	24:57.8	PBA	64.48	
Carol Bowman	W55	25:02.9		71.28	
Jane Elton	W42	25:10.4		60.57	
Kim Ribbink	W43	25:23.3	PBA	60.61	
John Dennehy	M50	26:10.0	SB	55.12	
Melissa Young	W32	26:31.0		54.51	
Sarah Ladwig	W60	26:36.4	PBA	72.02	
Jacqui Sanders	W43	28:45.6	PBA	53.51	
Toni Phillips	W37	29:09.3		50.47	
Lynne Schickert	W68	36:29.9		59.47	

Long Jump

Peggy Macliver	W65	3.46	
Colin Smith	M45	4.34	
Kevin Hynds	M40	3.56	
Mark Howard	M40	4.94	
Melissa Foster	W30	4.61	

Discus

Mark Hamilton	M35	35.94	
Julie Plackett	W40	22.15	

Weight Throw

Mark Hamilton	M35	13.22	SB
Julie Plackett	W40	7.18	PBA
Mark Hynds	M40	6.05	

November 27th – WAAS Interclub meet

Long Jump

Mark Jeffrey M35 5.33 **SB**

Shot

Tom Gravestock M50 10.40 **SB**

Discus

Mark Jeffrey M35 33.39 **SB**

Javelin

Mark Jeffrey M35 43.81

Hammer

Byrony Glass W30 53.52
Alki Tiwari W30 37.71

100m

Brett Blanco M35 11.56
Barrie Kernaghan M65 14.65

400m

Barrie Kernaghan M65 66.37

1500m

Andrew Brooker M40 4:37.35

2000m steeplechase

David Carr M75 9:30.6 **SB**
Nick Miletic M55 10:08.9
Cecil Walkley M80 12:35.6 **SR**

RESULTS FOR DECEMBER 2009

Tuesday December 1 - UWA

1500m

Grahak Cunningham	M30	5:13.9	
Brad Walsh	M45	5:25.5	
John Collier	M40	5:40.0	SB
Prabuddha Nicol	M50	5:48.0	
Ross Keane	M45	5:50.0	
Gavin Howard	M45	6:38.2	SB
Peggy Macliver	W65	6:53.1	
John Dennehy	M50	6:59.3	
Lynne Schickert	W65	10:16.3	
Val Prescott	W65	10:20.5	

1500m Walk

Peter Hopper	M60	9:51.8	
Sylvia Byers	W75	11:16.6	
Lorna Lauchlan	W75	12:27.5	SB

100m

Ian Cotton	M45	13.4	PBA
Norm Richards	M70	14.8	
Grahak Cunningham	M30	14.9	
Keith Edmonds	M40	15.5	
Prabuddha Nicol	M50	17.3	

Iain MacLennan	Vis	15.6	
John Dennehy	M50	16.8	
Peggy Macliver	W65	17.1	
Lynne Schickert	W65	24.5	
Peter Kennedy	M85	34.8	

400m

Ian Cotton	M45	63.2	
Duncan McAuley	M60	65.9	SB=
Grahak Cunningham	M30	71.2	
Keith Edmonds	M40	71.6	SB
Iain MacLennan	Vis	77.0	
Prabuddha Nicol	M50	79.8	

John Dennehy	M50	79.5	
Prabuddha Nicol	M50	82.2	
Martin MacLennan	Vis	1:45.4	

December 4 – AWA Strive meet at WAAS

100m

Chris Perrey	M38	11.89	71.34%	PBA=
Barrie Kernaghan	M69	14.14	87.33%	SB
Norm Richards	M72	14.17	89.79%	SB

400m

Chris Perrey	M38	52.90	86.00%
Barrie Kernaghan	M69	67.16	86.44%

5000m

Grahak Cunningham	M32	20:48.1	61.13	
Keith Edmonds	M42	20:57.1	64.68	
Prabuddha Nicol	M53	21:11.0	69.77	
Duncan McAuley	M60	21:40.2	72.39	
John Collier	M43	21:48.7	62.60	SB
Graeme Dahl	M60	22:28.6	69.79	
Bob Schickert	M68	23:23.3	72.13	SB
Gavin Howard	M48	23:50.0	59.56	SB
Lorraine MacLennan	W44	24:49.0	62.64	
Toni Phillips	W37	28:29.8	51.64	SB
Christine Oldfield	W65	28:50.0	71.71	

LONG JUMP

Lynne Schickert	W65	2.39	SB
Peter Kennedy	M85	1.48	
Iain MacLennan	Vis	4.44	
Martin MacLennan	Vis	3.17	
Tom Gravestock	M50	4.56	PBA

DISCUS

John Everard	M50	26.85	SB
Kylie Everard	W50	13.36	
Tom Gravestock	M50	41.06	SR
Dorothy Whittam	W70	12.01	
Louise Oswald	W40	26.04	
Lorna Lauchlan	W75	12.45	
Val Prescott	W65	12.70	
Rob Shand	M75	21.45	
Peter Kennedy	M85	12.22	
Craig Van Waardenburg	M50	27.46	

WEIGHT THROW

John Everard	M50	12.07	
Kylie Everard	W50	7.92	
Tom Gravestock	M50	13.07	SB
Dorothy Whittam	W70	8.64	SB
Louise Oswald	W40	7.91	SB
Peter Kennedy	M85	5.56	
Rob Shand	M75	7.12	SB
Craig Van Waardenburg	M50	10.64	

Shot Put

Byrony Glass	W30	11.62m	SB
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Hammer Throw

Lajos Joni	M50	43.47m	
Byrony Glass	W30	54.66m	SB
Kate Glass	W55	37.88m	SB

Thursday December 3 – ECAC

1500m

			% points	
Michael Mezzatesta	Vis	4:28.8		
David Cane	M45	4:30.4	85.15	SB
Campbell Till	M52	4:58.9	82.04	SB
Corey Thomas	M33	5:40.2	60.55	
John Oldfield	M66	5:54.9	77.65	SB
Steve Fuller	M55	5:55.2	72.07	
Maurice Creagh	M63	5:55.6	75.63	PBA
David Carr	M77	5:57.4	88.59	
Dante Giacomini	M41	6:00.5	61.45	
Jo Clarkson	W54	6:05.2	79.81	PBA
Toni Phillips	W37	6:12.3	64.37	
Rachael Mezzatesta	Vis	6:46.0		

Colin Smith	M46	5:26.0	71.26	SB
Bob Schickert	M68	6:02.4	77.32	
Graeme Dahl	M60	6:08.9	71.18	
Scott Andrews	M38	6:14.1	57.47	SB
Barbara Blurton	W59	6:14.5	83.41	SB
Katrina Bolden	W33	6:20.7	61.60	PBA
John Dennehy	M50	6:28.7	62.01	SB
Peggy Macliver	W65	6:29.5*	87.76	SR
Trish Farr	W37	6:37.3	60.32	
Delia Baldock	W47	6:43.9	65.97	SB
Carol Bowman	W55	6:44.9	72.96	SB
Claire Walkley	W44	6:50.7	62.59	
Mike O'Reilly	M70	6:53.9	68.84	
Gillian Young	W62	6:54.4	78.77	
Callum Young	Vis	7:06.8		
Jane Elton	W42	7:12.1	58.11	SB
Sarah Ladwig	W60	7:20.4	71.96	PBA
Ben Farr	Vis	7:27.4		
Melissa Young	W32	7:28.2	52.15	
Michelle Thomas	W31	7:44.4	50.20	
Cecil Walkley	M80	7:54.7*	69.59	SR
Joe Siddons	Vis	8:05.7		
Lynne Schickert	W68	9:35.0	62.38	SB

100m

Chris Neale	M40	12.6		
Scott Andrews	M35	13.3	SB	
Michael Mezzatesta	Vis	13.9		
David Solomon	M45	14.2		
David Cane	M45	14.3		

Callum Young	Vis	15.2		
Delia Baldock	W45	16.3		
Jacqui Sanders	W40	16.9		
Joe Siddons	Vis	17.8		
Melissa Young	W30	18.0		

Chelsea Thomas	Vis	17.3		
Michelle Thomas	W30	17.3		
Bob Fawcett	Vis	18.9		
Storm Thomas	Vis	19.4		
Jai Thomas	Vis	21.8		
Ben Farr	Vis	19.3		
Trish Farr	W35	19.4		
Derry Foley	Vis	20.0		

Patrica Carr	W75	21.9		
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300m

Chris Neale	M40	40.2		
Michael Mezzatesta	Vis	43.0		
David Solomon	M40	45.0		
David Cane	M45	45.6		
Callum Young	Vis	49.0		
Delia Baldock	W45	55.2		
Jai Thomas	Vis	69.0		
Ben Farr	Vis	72.7		

3000m

David Cane	M45	10:21.5		
Jo Clarkson	W50	12:52.3		
Graeme Dahl	M60	12:55.7	SB	
Dante Giacomini	M40	13:10.2		
Steve Fuller	M55	13:11.4	SB	
Corey Thomas	M30	13:12.4		
Katrina Bolden	W30	13:30.8	PBA	
Trish Farr	W35	14:15.0		
Claire Walkley	W40	14:25.5	SB	
Gillian Young	W60	14:36.2		
Peggy Macliver	W65	14:45.3		
Storm Thomas	Vis	15:03.6		
Callum Young	Vis	15:12.8		
Jane Elton	W40	15:26.7		
Mike O'Reilly	M70	15:39.7		
Chelsea Thomas	Vis	16:06.0		
Melissa Young	W30	16:06.3		
Jai Thomas	Vis	16:14.4		
Scott Andrews	M35	16:27.8		
Jacqui Sanders	W40	16:30.0		
David Solomon	M45	16:30.0		

3000m walk

Tom Lenane	M50	18:15.2		
Stan Jones	M80	22:22.6		

Triple Jump

Chris Neale	M40	11.76	SB	
Melissa Foster	W30	9.02		

Shot

Bev Hamilton	W60	8.95		
Julie Plackett	W40	6.88		

Javelin (6 throws)

Bev Hamilton	W60	17.92		
Julie Plackett	W40	16.28		
Bob Fawcett	Vis	18.10		

Javelin (Patron's Trophy)

			% points	
Peggy Macliver	W65	17.30	46.35	
David Carr	M77	16.80	36.49	
Lynne Schickert	W68	10.05	29.02	
Carol Bowman	W55	9.58	20.28	
John Dennehy	M50	15.61	20.27	
Campbell Till	M52	26.10	35.17	PBA
Joe Siddons	Vis	11.39		
Steve Fuller	M57	27.32	40.61	SB
Scott Andrews	M38	30.30	33.62	
Mike O'Reilly	M70	20.15	35.73	

Colin Smith M46 17.00 21.59

Tuesday December 8 – UWA

1500m (Points)

			%
Alan Gower	M54	4:53.3	85.09
Grahak Cunningham	M32	5:23.7	63.64
Peter Sullivan	M51	5:25.0	74.80
John Collier	M43	5:45.5	65.36
Prabuddha Nicol	M53	6:00.9	68.55
Grant Schofield	M41	6:08.1	60.18
Graeme Dahl	M60	6:16.1	69.82
Scott Andrews	M38	6:32.2	54.82
Nick Miletic	M58	6:32.6	SB 65.76
Peggy Macliver	W65	6:48.6	83.66
Peter Hopper	M64	6:51.5	65.89
John Dennehy	M50	7:36.8	52.76
Joe Siddons	Vis	7:42.3	
Christine Oldfield	W65	8:04.4	SB 70.57
Val Prescott	W65	9:42.8	SB 58.65

100m

Mark Elms	M40	13.0	
Scott Andrews	M35	13.7	
Brad Walsh	M45	14.0	
Barrie Kernaghan	M65	14.8	
Norm Richards	M70	15.0	
Grahak Cunningham	M30	14.8	SB
Peter Gare	M65	15.0	SB=
Nick Miletic	M55	15.5	SB=
Joe Siddons	Vis	17.4	

John Dennehy	M50	16.3	
Peggy Macliver	W65	16.4	
Prabuddha Nicol	M50	16.8	PBA
Bob Schickert	M65	17.4	
Lynne Schickert	W65	23.4	
Peter Kennedy	M85	33.1	

SHOT

Peter Kennedy	M85	4.64	
Nezha Delorme	Vis	5.89	
Dorothy Whittam	W70	6.37	SB
Lorna Lauchlan	W75	6.31	SB
Henri Cortis	M60	7.28	

Friday December 11 – AWA Strive meet at WAAS

Shot

Byrony Glass	W30	11.64	SB
Lajos Joni	M50	11.37	

Hammer

Byrony Glass	W30	56.14	SB
Lajos Joni	M50	42.99	

Discus

Lajos Joni	M50	35.50	
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1500m race walk

Gary Hastie	M45	7:25.49	
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Maurice Creagh M63 10.74 17.20

TRIPLE JUMP

Peter Kennedy	M85	3.70
Lynne Schickert	W65	5.57

300m

Mark Elms	M40	43.6
Brad Walsh	M45	44.8
Barrie Kernaghan	M65	48.4
Grahak Cunningham	M30	50.0
Peter Sullivan	M50	63.1

Peter Gare	M65	51.3
Norm Richards	M70	53.9
Prabuddha Nicol	M50	55.8
Peggy Macliver	W65	58.0
Nezha Delorme	Vis	73.7

3000m

Alan Gower	M50	10:52.0
Clive Hicks	M55	10:55.0
Peter Sullivan	M50	11:03.9
Prabuddha Nicol	M50	12:10.4
Grahak Cunningham	M30	12:23.0
Graeme Dahl	M60	12:47.0 SB
John Collier	M40	12:56.4
Bob Schickert	M65	14:11.5 SB

3000m Walk

Lorna Lauchlan	W75	25:02.8
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JAVELIN (Points)

			%
Peter Kennedy	M89	9.00	30.48
Adam Bennett	Vis	32.43	
Valerie Prescott	W65	11.66	31.24
Nick Miletic	M58	20.12	30.54
John Dennehy	M50	16.14	PBA 20.96
Grant Schofield	M41	23.70	27.60
Scott Andrews	M38	35.16	39.02
Peter Hopper	M64	26.21	PBA 42.92
Joe Siddons	Vis	16.01	
Mark Elms	M42	34.31	40.63
Dorothy Whittam	W70	12.34	40.93
Prabuddha Nicol	M53	19.19	26.35
Grahak Cunningham	M32	29.37	30.33
Lynne Schickert	W68	10.34	SB 29.86

60m w/s 2.1

Dave Wyatt	M55	8.68	PBA
Barrie Kernaghan	M65	8.80	93.09% SB
Norm Richards	M70	8.83	94.72% SB

200m

Chris Perrey	M35	24.16	NWI
Barrie Kernaghan	M65	NT	
Norm Richards	M70	30.30	SB

800m

Andrew Brooker	M40	2:08.68	PBA
Neil Morfitt	M50	2:13.21	

High Jump
Dave Wyatt

M55 1.45

Thursday December 10 – ECAC

800m

Michael Mezzatesta	Vis	2:11.2	
David Cane	M45	2:16.4	PBA
Kim Thomas	M35	2:22.0	PBA
David Solomon	M40	2:22.4	PBA
Trevor Scott	M50	2:22.7	
Steve Fuller	M55	2:37.7	PBA
Barbara Blurton	W55	2:49.5	SB
Maurice Creagh	M60	2:54.0	PBA
John Dennehy	M50	2:54.6	SB
John Oldfield	M65	2:56.6	SB
Dante Giacomini	M40	2:57.4	

Trevor Scott	M50	2:31.0	
Kim Thomas	M35	2:46.9	
Bob Schickert	M65	2:52.6	SB
Peggy Macliver	W65	3:06.7	SR
Nick Miletic	M55	3:13.6	
Carol Bowman	W55	3:18.4	SB
Graeme Dahl	M60	3:24.0	
Jane Elton	W40	3:25.4	
Kim Ribbink	W40	3:27.0	SB
Claire Walkley	W40	3:37.2	
Cecil Walkley	M80	3:59.7	PBA

60m

Stephen Ford	M30	7.9	
Mark Elms	M40	8.1	
Colin Smith	M45	8.3	
David Clive	M70	8.7	SB=
Nick Miletic	M55	9.6	SB
Kevin Hynds	M40	9.8	
Michelle Thomas	W30	9.9	SB
Melissa Young	W30	10.7	
Carol Bowman	W55	10.9	SB
Sarah Ladwig	W60	11.7	
Melissa Foster	W30	8.7	
Zac Foster-Bardot	Vis	10.3	
Ruth Johnson	Vis	10.9	
Patrica Carr	W75	12.6	
Lynne Schickert	W65	13.9	

3000m

David Cane	M45	9:59.9	SB
Trevor Scott	M50	10:06.2	
Michael Mezzatesta	Vis	10:24.6	
Warren Thore	Vis	10:26.1	
David Solomon	M45	11:39.4	PBA
Kim Thomas	M35	12:04.6	
Graeme Dahl	M60	12:44.8	SB
Maurice Creagh	M60	12:49.5	SB
Dante Giacomini	M40	12:52.9	
Steve Fuller	M55	13:03.2	PBA
Claire Walkley	W40	14:52.6	
Kim Ribbink	W40	15:12.0	
Jane Elton	W40	15:12.2	SB
Melissa Young	W30	15:31.5	PBA
Cecil Walkley	M80	17:17.1	PBA
Michelle Thomas	W30	18:04.8	

Lana Wright Vis 19:32.0

3000m walk

Tom Lenane	M50	18:33.3	
Stan Jones	M80	22:30.0	

200m

			% points	
Colin Smith	M46	26.0	83.76	
Mark Elms	M42	26.5	79.78	
Campbell Till	M52	26.8	84.80	SB
Stephen Ford	M32	27.2	71.90	PBA
Mark Howard	M40	27.8	74.94	

Kim Thomas	M35	29.4	68.16	
Grant Schofield	M41	30.0	69.95	SB
David Clive	M72	30.1	88.37	
Nick Miletic	M58	32.9	71.96	SB
David Carr	M77	33.4	86.37	

John Dennehy	M50	32.0	70.05	
Steve Fuller	M57	32.1	73.26	PBA
Bob Schickert	M68	33.4	76.01	SB
Peggy Macliver	W65	33.5	88.72	SB
Ivan Brown	M65	33.6	73.78	SB

Dante Giacomini	M41	35.1	59.79	
Carol Bowman	W55	38.0	70.74	SB
Jane Elton	W42	39.4	58.80	
Maurice Creagh	M63	40.3	60.71	
Kim Ribbink	W43	43.7	53.66	
Zac Foster-Bardot	Vis	35.4		
Michelle Thomas	W31	37.0	57.68	PBA
John Oldfield	M66	38.0	65.76	PB=
Melissa Young	W32	38.6	55.28	
Sarah Ladwig	W60	41.1	68.86	
Ruth Johnson	Vis	38.1		
Christine Oldfield	W65	44.3	67.09	SB
Lynne Schickert	W68	50.7	60.28	SB

Long Jump

			%points	
Peggy Macliver	W65	3.40	71.81	
Bob Schickert	M68	2.70	49.35	
Lynne Schickert	W68	2.53	56.47	SB
Carol Bowman	W55	2.33	41.83	
Nick Miletic	M58	3.47	54.27	
David Clive	M72	4.62	90.55	PBA=
Christine Oldfield	W65	2.25	47.52	
John Dennehy	M50	3.65	51.18	
Kim Thomas	M35	4.64	54.49	
Campbell Till	M52	5.10	73.41	
David Carr	M77	2.90	62.48	
Mark Elms	M42	5.15	65.44	SB
Ruth Johnson	Vis	3.33		
Michelle Thomas	W31	3.56	47.72	
Ivan Brown	M65	3.21	55.84	
Grant Schofield	M41	4.04	50.74	
Stephen Ford	M32	5.04	57.43	
Melissa Foster	W31	4.72	63.27	SB
Zac Foster-Bardot	Vis	2.75		
Sarah Ladwig	W60	2.82	54.74	PBA

Colin Smith	M46	4.55	60.66
Hammer			
Ruth Johnson	Vis	18.88	
Dorothy Whittam	W70	18.13	
Julie Plackett	W40	21.17	
Rebecca Plackett	Vis	22.41	
Lajos Joni	M50	40.26	
Bev Hamilton	W60	22.89	

Kevin Hynds	M42	3.63	46.13
Javelin			
Dorothy Whittam	W70	12.36	
Julie Plackett	W40	17.16	SB
Mark Elms	M40	30.64	
Lajos Joni	M50	26.37	
Bev Hamilton	W60	18.13	
Kevin Hynds	M40	23.40	

Tuesday December 15 – UWA

800m

John Collier	M40	2:36.3	SB
Henri Brown	Vis	2:40.4	
Paul Burke	M35	2:44.7	
Grant Schofield	M40	2:51.8	
Iain MacLennan	Vis	3:00.0	
Gavin Howard	M45	3:19.1	
Colin Taylor	M45	4:15.4	
Val Prescott	W65	4:40.5	

60m (approx)

David Carbon	M40	7.9	SB=
Amanda Lloyd	W30	8.9	PBA=
Barrie Kernaghan	M65	9.0	
Craig Van Waardenburg	M50	9.1	
Sean David	Vis	9.3	
Dave Wyatt	M55	8.8	
Lynne Choate	W55	9.1	
Norm Richards	M70	9.2	
Keith Edmonds	M40	9.2	

Paul Burke	M35	8.6	
Peggy Macliver	W65	10.3	
Colin Taylor	M45	11.2	
Lynne Schickert	W65	13.8	
Peter Kennedy	M85	17.8	

Henri Brown	Vis	8.6	
Iain MacLennan	Vis	9.4	
Martin MacLennan	Vis	12.1	

3000m

Clive Hicks	M55	11:15.9	
Keith Edmonds	M40	11:53.2	
John Collier	M40	12:52.6	
Ivan Brown	M65	12:56.0	SB
Paul Burke	M35	13:21.9	
Grant Schofield	M40	13:30.0	SB
Bob Schickert	M65	13:41.0	SB
Gavin Howard	M45	14:02.5	SB
Gay Wyatt	W55	15:55.4	
Barry Newell	M50	16:08.3	
Gill Edmonds	W40	16:41.0	SB
Colin Taylor	Vis	20:34.9	

3000m Walk

Martin MacLennan	Vis	24:16.2	
Lorna Lauchlan	W75	25:04.0	

200m (Points)

David Carbon	M40	26.6	78.32
Alan Gower	M54	29.1	79.19
Barrie Kernaghan	M69	30.2	84.74
Keith Edmonds	M42	30.8	68.64
Norm Richards	M72	32.2	82.61
Lynne Choate	W56	32.7	83.04

Paul Burke	M39	30.4	67.99
C Van Waardenburg	M50	32.2	69.61
Sean David	Vis	33.6	
Amanda Lloyd	W33	34.1	62.58
Peggy Macliver	W65	35.1	84.68
Colin Taylor	Vis	46.3	
Henri Brown	Vis	30.1	
Iain MacLennan	Vis	33.4	
Christine Oldfield	W65	47.8	62.18
Martin MacLennan	Vis	48.9	
Ella Newell	Vis	50.2	
Lynne Schickert	W68	55.9	54.67

LONG JUMP (Points)

John Oldfield	M66	2.75	48.62
Christine Oldfield	W65	2.43	51.32
Peggy Macliver	W65	3.49	73.71
Gay Wyatt	W55	2.86	51.35
Dave Wyatt	M58	4.60	71.95
Lynne Schickert	W68	2.30	51.34
Peter Hopper	M64	3.26	55.82
Alan Gower	M54	4.08	60.33
Paul Burke	M39	4.40	54.01
Sean David	Vis	4.16	
C Van Waardenburg	M50	4.37	61.27

JAVELIN

Chris Tittel	Vis	14.92	
Val Prescott	W65	14.05	SB
Geoff Brayshaw	M60	24.83	
Dorothy Whittam	W70	13.20	SB
Raema McMillan	W80	14.26	
Henri Cortis	M60	20.84	
Lorna Lauchlan	W75	11.22	
Craig Van Waardenburg	M50	27.53	
Gavin Howard	M45	20.80	SB

DISCUS

Chris Tittel	Vis	18.37	
Val Prescott	W65	13.68	SB
Dorothy Whittam	W70	12.77	
Henri Cortis	M60	22.35	
Lorna Lauchlan	W75	11.88	
Brian Miller	M50	28.67	
Craig Van Waardenburg	M50	26.32	

Raema McMillan W80 17.04 **SB**

Thursday December 17 – ECAC

400m

Chris Neale M40 56.2
Campbell Till M50 57.5 **SB**
Kim Thomas M35 61.7 **PBA**
David Solomon M45 62.2 **PBA**
Steve Fuller M55 67.0 **PBA**
David Carr M75 91.4

Grant Schofield M40 66.9
David Clive M70 72.4 **SB**
Bob Schickert M65 75.3 **SB**
Peggy Macliver W65 76.0 **SB**
Maurice Creagh M60 79.7 **PBA**
Sean David Vis 80.1
Nick Miletic M55 81.8 **SB**

1 mile

Kim Thomas M35 5:50.8
David Solomon M45 6:06.6
Dante Giacomini M40 6:28.0
Maurice Creagh M60 6:39.6 **PBA**
Graeme Dahl M60 6:59.4
Steve Fuller M55 7:05.1
Nick Miletic M55 7:18.0 **SB**
Carol Bowman W55 7:26.9 **SB**
Peggy Macliver W60 7:30.0 **SR**
Claire Walkley W40 7:34.3
Katrina Bolden W30 7:35.1 **SB**
David Carr M75 7:38.2
Melissa Young W30 7:54.7 **PBA**
Kim Ribbink W40 8:14.1
Jane Elton W40 8:14.2
Chelsea Thomas Vis 8:19.2
Cecil Walkley M80 8:25.7 **PBA**
Christine Oldfield W65 8:40.9
Chloe Thomas Vis 10:19.7
Caroline Fawcett Vis 11:04.7

1 mile walk

Tom Lenane M50 9:25.6 **PBA**
Lynne Schickert W65 11:52.4

Triple Jump

Melissa Foster W30 9.72 **SB**
Zac Foster-Bardot Vis 6.58

Weight Throw

Bev Hamilton W60 11.16
Lajos Joni M50 15.31 **SR**
Mark Hamilton M35 13.23 **SB**

Paul Burke M35 27.84 **PBA**

60m

Chris Neale M40 7.8
Mark Howard M40 7.9
Colin Smith M45 8.0 **SB**
Campbell Till M50 8.0
David Clive M70 8.6 **SB**

Sean David Vis 9.1
Nick Miletic M55 9.3 **SB**
Peggy Macliver W65 9.7 **SB**
David Carr M75 9.8
Tom Crossen M75 12.2

Zac Foster-Bardot Vis 9.9
Melissa Young W30 9.9 **PBA**
Chelsea Thomas Vis 10.2
Corey Thomas M30 10.4
Carol Bowman W55 10.9 **SB=**

Melissa Foster W30 8.4 **SB**
Patrica Carr W75 11.9 **SB**
Christine Oldfield W65 12.5 **PBA**
Lynne Schickert W65 13.5 **SB**

3000m

Corey Thomas M30 12:03.3 **(by 30s) PBA**
Dante Giacomini M40 12:58.2
Gillian Young W60 13:54.9 **SB**
Cecil Walkley M80 18:59.1

5000m

Michael Mezzatesta Vis 17:04.4
Rod Hamilton M45 18:52.4
Kim Thomas M35 21:05.6
Neil McRae M55 21:48.4
Graeme Dahl M60 22:59.0
Maurice Creagh M60 23:06.5 **SB**
Bob Schickert M65 23:33.4
Grant Schofield M40 23:35.9 **SB**
Steve Fuller M55 23:48.3 **PBA**
Katrina Bolden W30 24:08.3
Claire Walkley W40 24:47.5
Jane Elton W40 25:08.4 **SB**
Kim Ribbink W40 25:09.9 **PBA**
Melissa Young W30 26:55.5
Storm Thomas Vis 27:26.8

Shot

Bev Hamilton W60 8.75
Tom Crossen M75 5.91
Lajos Joni M50 10.66
Mark Hamilton M35 11.68
Chris Tittel M80 7.50

December 18 – Strive Interclub meet at WAAS

100m

Chris Perrey	M35	12.07	
Colin Smith	M45	12.53	
Barrie Kernaghan	M65	13.77	(89.68%) SB
Norm Richards	M70	14.10	(90.23%) SB
Lynne Choate	W55	14.89	

400m

Cam Yorke	M30	49.54	SB
Colin Smith	M45	57.08	
Barrie Kernaghan	M65	66.18	SB

1500m

Neil Morfitt	M50	4:49.37	
Andrew Brooker	M40	4:49.46	

3000m steeplechase

Nick Miletic	M55	15:28.0	
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5000m walk

David Smyth	M40	30:41.4	
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Shot

Lajos Joni	M50	9.74	
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Discus

Lajos Joni	M50	35.00	
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Hammer

Lajos Joni	M50	44.32	SB
John Everard	M50	39.98	

UWA - 5 January 2010 (no markings, so distances were approx; 400m run off a start curve)

400m

Barrie Kernaghan	M65	69.2	
Grant Schofield	M40	70.6	
Sean David	M40	75.7	SB
Colin Tayler	Vis	96.5	

Marg Saunders	W55	75.7	
Peter Gare	M65	78.0	
Bob Schickert	M65	79.5	
Carl Ciccarelli	Vis	90.8	
Christine Oldfield	W65	1:48.4	

1 mile

Roscoe McDonnell	M50	5:34.9	
Keith Edmonds	M40	5:58.7	PBA
John Collier	M40	6:17.3	
Carl Ciccarelli	Vis	6:59.7	
Sean David	M40	8:12.7	
Gay Wyatt	W55	8:18.3	
Gill Edmonds	W40	8:42.1	

60m

Dave Wyatt	M55	8.7	
Keith Edmonds	M40	8.7	SB
Barrie Kernaghan	M65	8.8	
Norm Richards	M70	8.9	
Peter Gare	M65	9.4	

Rob Greenhalgh	M55	8.7	
Sean David	M40	8.8	SB
Peter Hopper	M60	10.1	
Colin Tayler	Vis	10.9	

Geoff Brayshaw	M60	9.2	
Alex Eliot-Lockham	Vis	11.0	
Christine Oldfield	W65	12.9	
Lynne Schickert	W65	13.6	

5000m

Roscoe McDonnell	M50	19:18.8	
Keith Edmonds	M40	22:03.7	
John Collier	M40	23:07.6	
Carl Ciccarelli	Vis	23:15.3	
Grant Schofield	M40	23:54.8	

3000m Walk

Peter Hopper	M60	21:41.4	
Lynne Schickert	W65	22:57.0	
Lorna Lauchlan	W75	25:01.8	

Triple jump

Kevin Collins	M40	7.27	PBA
Geoff Brayshaw	M60	8.54	
Dave Wyatt	M55	9.53	
Tom Gravestock	M50	9.58	PBA

Shot

Peggy Macliver	W65	6.34	
Bob Fergie	M70	8.13	
Craig Van Waardenburg	M50	9.65	
Tom Gravestock	M50	11.78	PBA
Dorothy Whittam	W70	6.31	
Rob Shand	M75	6.64	
Peter Hopper	M60	7.57	
Chris Tittel	M80	7.25	
Lorna Lauchlan	W75	6.32	SB
Rae McMillan	W80	7.08	SB
Geoff Brayshaw	M60	7.34	
Lynne Schickert	W65	4.59	

Weight throw

Bob Fergie	M70	11.37	
Craig Van Waardenburg	M50	11.21	SB
Tom Gravestock	M50	14.08	SB
Dorothy Whittam	W70	8.20	
Rob Shand	M75	7.08	
Rae McMillan	W80	9.53	PBA

Thursday January 7 – ECAC

100m

Chris Neale	M40	12.7	
Ian Cotton	M45	13.2	PBA
Campbell Till	M50	13.4	
Colin Smith	M45	14.7	
Nick Miletic	M55	15.8	

Kim Thomas	M35	14.5	
Sean David	M40	14.8	
Dante Giacomini	M40	16.5	
Bob Schickert	M65	17.9	

Callum Young	Vis	14.5	
Peggy Macliver	W65	16.3	
Michelle Thomas	W30	17.2	
Melissa Young	W30	17.5	
Maria Trolio	Vis	19.0	

Sean David	M40	14.9	
Kevin Hynds	M40	15.9	
Maurice Creagh	M60	19.3	
Pat Carr	W75	21.5	SB
Lynne Schickert	W65	23.3	

Delia Baldock	W45	16.7	
Chelsea Thomas	Vis	18.1	
Mitch Thomas	Vis	20.0	
Storm Thomas	Vis	20.6	
Jai Thomas	Vis	22.7	

800m

Scott Tamblin	M30	1:55.8	
David Cane	M45	2:16.7	
Bjorn Dybdahl	M55	2:26.7	
Kim Thomas	M35	2:29.1	SB
Maurice Creagh	M60	2:50.9	PBA

Peter Sullivan	M50	2:34.6	SB
Roscoe McDonnell	M50	2:35.7	
David Carr	M75	2:50.7	SB
Darryl White	M50	2:50.9	
Neil McRae	M55	2:59.3	PBA
Mike O'Reilly	M70	3:08.0	

Callum Young	Vis	2:47.5	
Peggy Macliver	W60	3:09.0	
Delia Baldock	W45	3:14.1	
Nick Miletic	M55	3:19.7	
Sean David	M40	3:20.3	
Carol Bowman	W55	3:20.4	
Melissa Young	W30	3:39.9	
Cecil Walkley	M80	4:06.2	

Mitch Thomas	Vis	3:11.4	
Colin Smith	M45	3:11.5	
Jane Elton	W40	3:23.0	SB
Kim Ribbink	W40	3:24.0	SB
Sarah Ladwig	W60	3:40.2	PBA
Jai Thomas	Vis	3:41.6	
Claire Walkley	W40	3:45.2	
Cheryl Vander Spuy	W55	3:57.1	
Christine Oldfield	W65	4:00.3	

200m

Chris Neale	M40	n/t	
Ian Cotton	M45	26.7	
Campbell Till	M50	26.8	SB=
Sean David	M40	32.6	
Dante Giacomini	M40	35.0	

Colin Smith	M45	30.2	
Callum Young	Vis	31.6	
David Carr	M75	33.8	
Nick Miletic	M55	33.9	
Peggy Macliver	W65	33.9	
Delia Baldock	W45	35.0	

Carol Bowman	W55	38.7	
Mitch Thomas	Vis	46.1	
Sean David	M40	47.1	
Jai Thomas	Vis	49.2	
Chelsea Thomas	Vis	49.4	

3000m

David Cane	M45	10:11.1	
Peter Sullivan	M50	10:46.8	SB
Bjorn Dybdahl	M55	10:56.3	
Roscoe McDonnell	M50	11:00.9	
Kim Thomas	M35	11:44.4	
Corey Thomas	M30	12:14.1	
Neil McRae	M55	12:27.0	
Darryl White	M50	12:27.9	PBA
Maurice Creagh	M60	12:28.1	PBA
Dante Giacomini	M40	12:53.1	
Bob Schickert	M65	12:58.5	SB
Gillian Young	W60	n/t	
Claire Walkley	W40	14:30.5	
Nick Miletic	M55	14:36.8	
Jane Elton	W40	14:43.2	SB
Kim Ribbink	W40	15:12.6	
Mike O'Reilly	M70	15:17.0	SB
Callum Young	Vis	15:43.6	
Melissa Young	W30	16:01.2	
Storm Thomas	Vis	16:02.1	
Mitch Thomas	Vis	16:13.4	
Cheryl Vander Spuy	W55	16:18.7	
Cecil Walkley	M80	17:28.1	
Michelle Thomas	W30	17:54.4	
Chelsea Thomas	Vis	18:04.7	
Jai Thomas	Vis	18:30.0	

3000m walk

Tom Lenane	M50	18:12.4	
Graham Harrison (SAMA)	M65	19:09.3	
Sarah Ladwig	W60	21:18.2	SB
Lynne Schickert	W65	21:41.1	SB
Stan Jones	M80	22:28.8	SB

Long Jump

Chris Neale	M40	5.22	
Mark Howard	M40	4.44	
Kevin Hynds	M40	3.57	
Kevin Collins	M40	3.54	SB
Maria Trolio	Vis	3.19	
Sarah Ladwig	W60	2.59	
Lynne Schickert	W65	2.48	

Weight Throw		% points	
David Kuester (BMAF)	M65	13.23	
Mike O'Reilly	M70	6.97	34.89
Julie Plackett	W40	7.62	45.25 PBA
Bev Hamilton	W64	11.59	68.58
Lajos Joni	M54	14.78	67.98

Javelin		% points	
David Kuester (BMAF)	M65	35.21	
Chris Neale	M40	33.59	38.48 PBA
Mike O'Reilly	M70	16.22	28.76
Julie Plackett	W40	16.22	24.32
Kevin Hynds	M42	28.30	33.52 SB
Maria Trolio	Vis	18.34	
Bev Hamilton	W64	19.76	51.70 SB
Lajos Joni	M54	28.25	39.54 SB

Friday January 8 – Strive meet at WAAS

100m

Chris Perrey	M35	n/t	
Barrie Kernaghan	M65	13.78	NWI
Norm Richards	M70	14.22	NWI
Dave Wyatt	M55	14.33	NWI SB

200m

Cam Yorke	M30	22.61	+1.4 SR **
Chris Perrey	M35	24.58	+1.3
Barrie Kernaghan	M65	28.21	+1.2 SB

800m

Neil Morfitt	M50	2:13.48	
Eldon George	M40	2:40.05	PBA

3000m

Eldon George	M40	11:55.3	
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1500 race walk

Eldon George	M40	8:54.8	
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400m hurdles

Cam Yorke	M30	54.2	ht SR **
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(would have been AR but electronic timing failed)

High jump

Dave Wyatt	M55	1.45	SB=
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Shot put

Tom Gravestock	M50	11.18	
Rob Young	M65	9.31	
Paul Foley	M40	9.15	
Bruce Cornish	M60	8.78	PBA
Louise Oswald	W40	7.59	
Rob Shand	M75	6.68	
Dorothy Whittam	W70	6.41	SB

Discus

Tom Gravestock	M50	38.13	
Lajos Joni	M50	35.48	
Paul Foley	M40	30.16	
Bruce Cornish	M60	28.39	
Louise Oswald	W40	27.35	
Rob Young	M65	25.90	
Rob Shand	M75	19.58	

Hammer

Lajos Joni	M50	44.35	SR **
John Everard	M50	42.37	SB
Tom Gravestock	M50	37.32	PBA
Bruce Cornish	M60	31.24	PBA
Paul Foley	M40	24.11	
Louise Oswald	W40	23.09	
Rob Young	M65	20.14	
Dorothy Whittam	W75	19.41	

Javelin

Paul Foley	M40	40.97	
Louise Oswald	W40	26.60	
Rob Shand	M75	22.64	SB

Tuesday January 12 – UWA

100m

David Carbon	M40	13.0	
Mark Jeffrey	M35	13.0	
Ian Cotton	M45	13.3	
Trevor Bulley	Vis	14.0	
Barrie Kernaghan	M65	14.6	
Sean David	M40	14.6	SB
Rob Greenhalgh	M55	14.7	
Lynne Choate	W55	14.7	
Norm Richards	M70	14.8	
Peter Gare	M65	15.3	
Paul Burke	M35	14.2	
Peter Hopper	M65	16.6	
Colin Tayler	Vis	17.8	
Bob Schickert	M65	17.8	
Lynne Schickert	W65	24.7	

800m

Andrew Brooker	M40	2:19.4	
Duncan McAuley	M60	2:35.7	
Keith Edmonds	M40	2:38.9	PBA
Paul Burke	M35	2:39.6	SB
John Collier	M40	2:40.4	
Danny Sheehan	M55	2:49.3	PBA
Marg Saunders	W55	2:49.8	
John Oldfield	M65	3:00.0	
Colin Tayler	Vis	4:11.9	
Prabuddha Nicol	M50	2:49.8	
John Collier	M40	3:00.8	
Neil McRae	M55	3:01.8	
Ivan Brown	M65	3:03.9	
Sean David	M40	3:24.5	
Lorraine Lopes	W70	3:49.0	SR
Christine Oldfield	W65	4:05.3	
Val Prescott	W65	4:30.7	SB
Lynne Schickert	W65	4:55.8	

200m

Mark Jeffrey	M35	26.9	
Ian Cotton	M45	27.5	
David Carbon	M40	27.7	
Trevor Bulley	Vis	28.6	
Barrie Kernaghan	M65	30.2	

Rob Greenhalgh	M55	29.5	
Keith Edmonds	M40	31.2	
Norm Richards	M70	31.8	
Peter Gare	M65	31.9	SB
Lynne Choate	W55	32.4	

Andrew Brooker	M40	27.6	
Paul Burke	M35	30.5	
Sean David	M40	31.4	SB
Prabuddha Nicol	M50	35.4	
Colin Tayler	Vis	42.2	
Brooker Jnr	Vis	48.7	

3000m

Roscoe McDonnell	M50	10:54.5	
Andrew Brooker	M40	11:13.0	
Prabuddha Nicol	M50	11:48.0	SB
Keith Edmonds	M40	12:33.7	
Neil McRae	M55	12:36.2	
Danny Sheehan	M55	12:38.4	
Paul Burke	M35	12:53.2	SB
Ivan Brown	M65	13:00.2	
John Collier	M40	13:18.2	
Bob Schickert	M65	13:36.9	
Lorraine Lopes	W70	15:27.4	SR
Gay Wyatt	W55	15:37.6	SB
Gill Edmonds	W40	16:58.6	
Christine Oldfield	W65	17:10.5	

Friday January 15 – WAAS Interclub meet**100m**

Cameron Yorke	M30	11.17	+0.5	PBA
Barrie Kernaghan	M65	14.10	+0.7	

400m

Cameron Yorke	M30	49.43	SB
Chris Perrey	M35	52.32	SB
Brad Walsh	M45	60.60	SB
Barrie Kernaghan	M65	n/t	

2000m steeplechase

(Div 1)				
Bjorn Dybdahl	M55	7:18.9	PBA	
Roscoe McDonnell	M50	7:26.6		

(Div 2)				
John Oldfield	M65	9:18.6	PB	
David Carr	M75	9:29.3	SB	
Kerriann Bresser	W40	9:34.6		
Nick Miletic	M55	9:59.1		
Carol Bowman	W55	10:30.5	PBA	
Sarah Ladwig	W60	11:21.8		
Cecil Walkley	M80	12:24.4	SR	

3000m race walk

David Smyth	M40	18:05.9	
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High Jump

Dave Wyatt	M55	1.40	
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3000m Walk

Lynne Schickert	W65	22:59.0	
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Weight Throw

			%	
Grant Schofield	M41	7.81	33.50	
Louise Oswald	W42	8.30	51.33	SB
Craig Van Waardenberg	M50	11.45	49.29	SB
Rob Shand	M77	7.01	42.28	
Dorothy Whittam	W73	8.80	66.41	SB
Rae McMillan	W82	9.23	96.14	
Bob Fergie	M74	11.25	62.38	

Javelin

Geoff Brayshaw	M60	32.27	48.51	SB
Grant Schofield	M41	21.53	25.08	
Valerie Prescott	W65	13.12	35.15	
Mark Jeffrey	M39	47.03	53.02	SR
Peter Hopper	M65	23.24	38.93	
Louise Oswald	W42	26.00	40.94	
Rob Shand	M77	22.60	49.09	
Maria Trolio	W37	18.94	26.50	SB
Dorothy Whittam W73	12.32	40.86		
Rae McMillan	W82	15.27	69.19	AR
Lorna Lauchlan	W79	10.45	42.21	
Bob Fergie	M74	22.16	43.90	
C Van Waardenberg	M50	27.54	35.77	SB

Long Jump

Geoff Brayshaw	M60	3.96	
Dave Wyatt	M55	4.54	
Gay Wyatt	W55	3.10	SB
Preslava Vouteva	W35	3.49	

Shot Put

Louise Oswald	W40	8.04	
Tom Gravestock	M50	11.28	
Paul Foley	M40	8.81	
Bruce Cornish	M60	8.97	PBA
Rob Young	M65	8.49	

Discus Throw

Louise Oswald	W40	25.50	
Tom Gravestock	M50	36.85	
Lajos Joni	M50	35.74	SB
Paul Foley	M40	31.35	SB
Bruce Cornish	M60	32.36	SB
Rob Young	M65	27.55	SB
Rob Shand	M75	20.55	

Hammer Throw

Byrony Glass	W30	51.09	
Louise Oswald	W40	24.10	
Lajos Joni	M50	41.38	
Tom Gravestock	M50	36.10	
Paul Foley	M40	24.90	SB

Javelin Throw

Louise Oswald	W40	24.36	
Lajos Joni	M50	24.52	
Paul Foley	M40	40.35	
Bruce Cornish	M60	28.50	
Rob Shand	M75	23.34	SB

Thursday January 14 – ECAC

600m

Chris Neale	M40	1:34.4	
Ian Cotton	M45	1:37.9	
David Cane	M45	1:38.6	
Greg Vander Sanden	M50	1:40.6	
Kim Thomas	M35	1:44.8	
Bjorn Dybdahl	M55	1:45.9	
Danny Sheehan	M55	1:59.9	

Kerriann Bresser	W40	1:56.1	
David Carr	M75	1:59.8	
Darryl White	M50	2:01.5	
Maurice Creagh	M60	2:05.5	
Colin Smith	M45	2:13.2	
Peggy Macliver	W65	2:16.5	
Matthew Ryan	Vis	2:20.4	
Sean David	M40	2:20.7	
Nick Miletic	M55	2:22.5	
Carol Bowman	W55	2:22.7	

David Solomon	M45	1:43.0	
Kim Thomas	M35	1:59.2	
Colin Smith	M45	2:04.9	
Neil McRae	M55	2:05.1	
Carl Ciccarelli	M45	2:21.5	
John Dennehy	M50	2:29.8	
Callum Young	Vis	2:30.5	
Jane Elton	W40	2:33.5	
Melissa Young	W30	2:34.8	
Sarah Ladwig	W60	2:38.9	
Jackie Halberg	W60	2:44.2	
Christine Oldfield	W65	2:56.7	

100m

Chris Neale	M40	12.7	
Mark Elms	M40	13.1	
Ian Cotton	M45	13.2	SB=
Nick Miletic	M55	15.5	SB=

David Solomon	M45	14.7	
Jordan Elms	Vis	15.5	
Michael Elms	Vis	16.1	
Dante Giacomini	M40	16.6	
Matthew Ryan	Vis	17.5	

Kim Thomas	M35	14.0	
Callum Young	Vis	14.1	
Mike O'Reilly	M70	15.1	
Tom Crossen	M75	19.6	

Delia Baldock	W45	16.4	
Melissa Young	W30	16.9	SB
Sarah Ladwig	W60	19.7	
Patrica Carr	W75	20.9	SB
Lynne Schickert	W65	23.0	

400m

Greg Vander Sanden	M50	60.3	
Mark Elms	M40	60.9	
David Cane	M45	61.6	SB
Bjorn Dybdahl	M55	62.6	PBA
Kim Thomas	M35	68.7	
Maurice Creagh	M60	79.4	PBA

David Carr	M75	73.2	SB
Chris Neale	M40	73.6	
Delia Baldock	W45	75.5	
Mike O'Reilly	M70	77.0	
Michael Elms	Vis	77.4	
Jordan Elms	Vis	78.2	
Carl Ciccarelli	M45	84.2	SB

Callum Young	Vis	76.8	
Peggy Macliver	W65	77.1	
Nick Miletic	M55	85.6	
Carol Bowman	W55	86.1	SB
Melissa Young	W30	1:31.1	
Jane Elton	W40	1:31.4	

5000m

Kim Thomas	M35	21:09.9	
Neil McRae	M55	21:19.2	SB
Darryl White	M50	21:50.4	
Maurice Creagh	M60	21:52.1	
Danny Sheehan	M55	22:14.3	
Carl Ciccarelli	M45	22:40.3	SB
Bob Schickert	M65	23:28.4	
Jane Elton	W40	24:37.5	SB
Callum Young	Vis	26:48.6	
Melissa Young	W30	28:13.9	

5000m walk

Graham Harrison (SAMA)	M65	32:29.1	
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3000m

Bjorn Dybdahl	M55	11:08.1	
Dante Giacomini	M40	12:48.1	
Gillian Young	W60	14:25.8	
Kim Ribbink	W40	14:56.5	
Jordan Elms	Vis	15:31.8	
Sarah Ladwig	W60	16:13.2	
John Dennehy	M50	17:16.8	
Christine Oldfield	W65	17:23.5	
Michael Elms	Vis	17:43.0	
Jackie Halberg	W60	18:53.7	

3000m walk

Tom Lenane	M50	18:55.4	
Graham Harrison (SAMA)	M65	19:21.6	
Lynne Schickert	W65	22:49.2	

Triple Jump

Kevin Collins	M40	7.11	
Lynne Schickert	W65	5.83	
Matthew Ryan	Vis	6.61	

Hammer

Julie Plackett	W40	21.68	36.62	PBA
Dorothy Whittam	W73	18.88	52.39	
Louise Oswald	W41	24.23	42.13	
Bob Fergie	M74	27.14	56.81	
Lajos Joni	M54	39.84	58.34	
Bev Hamilton	W64	22.26	48.36	

Shot

Julie Plackett	W40	6.95	36.00	
Dorothy Whittam	W73	6.41	65.34	SB=
Louise Oswald	W41	8.72	46.19	
Bob Fergie	M74	8.71	54.96	SB
Lajos Joni	M54	10.35	55.79	
Bev Hamilton	W64	8.87	71.76	

Tuesday January 19 – UWA**600m**

Paul Burke	M35	1:47.6	
Duncan McAuley	M60	1:52.7	
Toni Phillips	W35	1:55.0	
Michael Altheer	Vis	1:59.1	
Bruce Wilson	M60	2:02.0	
Bob Schickert	M65	2:11.0	
Peggy Macliver	W65	2:16.3	
Martin MacLennan	Vis	2:45.0	
Christine Oldfield	W65	2:53.1	
Richard Danks	M65	2:57.9	

100m

Scott Andrews	M35	13.0	SB
Michael Altheer	Vis	14.0	
Grant Schofield	M40	14.3	
Barrie Kernaghan	M65	14.4	
Iain MacLennan	Vis	14.5	
Peggy Macliver	W65	15.9	
Joe Siddons	Vis	16.8	
Maria Trolio	W35	24.8	

Paul Burke	M35	13.6	SB
Peter Hopper	M65	16.2	SB=
Martin MacLennan	Vis	19.0	
Richard Danks	M65	24.9	
Peter Kennedy	M85	58.8	

400m

Chris Shenton	M40	63.5	
Duncan McAuley	M60	66.0	
Barry Kernaghan	M65	67.4	
Scott Andrews	M35	67.4	
Roy Fearnall	M65	67.9	
Keith Edmonds	M40	69.4	SB
John Collier	M40	66.1	
Paul Burke	M35	69.1	
Peter Gare	M65	73.7	SB
Michael Altheer	Vis	77.4	
Bruce Wilson	M60	78.2	
Joe Siddons	Vis	89.4	

Friday January 22 – WAAS**60m**

Barrie Kernaghan	M65	8.94	+1.1	
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200m

Chris Perrey	M35	24.28	+3.0	SB
Barrie Kernaghan	M65	28.12	+2.2	

800m

Scott Tamblin	M30	1:55.11		AR
Neil Morfitt	M50	2:15.50		
Brad Walsh	M45	2:22.64		SB

400m hurdles

Cam Yorke	M30	54.29		AR
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1500m race walk

David Smyth	M40	8:52.6		
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Hammer

Lajos Joni	M50	44.31		
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(400m cont.)

Iain MacLennan	Vis	76.1		
Peggy Macliver	M65	78.4		
John Oldfield	M65	80.7		SB
Richard Danks	M65	1:47.2		

3000m

Chris Shenton	M40	12:16.0		
Paul Burke	M35	13:27.7		
John Collier	M40	13:55.7		
Bob Schickert	M65	14:50.1		
Gill Edmonds	W40	17:17.3		
Jackie Halberg	W60	18:14.7		
Tanya Holloway	Vis	19:26.2		

5000m

Roscoe McDonnell	M50	18:51.0		SB
David Willmer	M55	20:15.8		
Keith Edmonds	M40	20:54.5		SB
Bruce Wilson	M60	21:57.9		
Grant Schofield	M40	23:44.5		
Richard Danks	M65	28:53.5		

3000m Walk

Peter Hopper	M65	23:16.6		
Lorna Lauchlan	W75	25:01.2		

DISCUS

Bob Fergie	M70	23.05		
Craig Van Waardenberg	M50	27.97		SB
Rae McMillan	W80	15.70		
Paul Foley	M40	31.12		
Peter Gare	M65	31.19		
Damien Hanson	M55	No Result		

SHOT

Peter Kennedy	M89	4.67	53.86	
Bob Fergie	M74	8.37	52.82	
Craig Van Waardenberg	M50	9.46	46.92	
Rae McMillan	W82	6.71	92.30	
Paul Foley	M44	9.66	45.74	SB
Lorna Lauchlan	W79	6.54	80.54	PBA

5000m

David Cane	M45	16:48.65		SB
Alan Gower	M50	17:26.76		PBA
Bjorn Dybdahl	M55	17:48.04		SB
Maurice Creagh	M60	20:53.34		PBA by 55 seconds!
Bruce Wilson	M60	21:05.24		SB
Karyn Gower	W45	23:23.57		
Rob Macbeth	M60?	23:45.07		

Shot

Rob Shand	M75	6.77		
Dorothy Whittam	W70	6.20		

High Jump

Dave Wyatt	M55	1.45		
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Discus

Rob Shand	M75	21.40		
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Javelin

Rob Shand	M75	24.48		SB
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Thursday January 21 (see also pentathlon scores)**60m**

Scott Andrews	M35	8.6
Callum Young	Vis	9.3
Kev Hynds	M40	10.2
Kevin Collins	M40	11.2

Michelle Thomas	W30	10.2
Melissa Young	W30	10.9
Patrica Carr	W75	12.6
Christine Oldfield	W65	13.3

Chelsea Thomas	Vis	10.9
Chloe Thomas	Vis	11.3
Bob Fawcett	Vis	11.5
Storm Thomas	Vis	11.8
Mitch Thomas	Vis	12.0
Jai Thomas	Vis	12.8

2000m

Kim Thomas	M35	7:07.6
Corey Thomas	M30	7:38.8
Maurice Creagh	M60	7:54.0
Neil McRae	M55	8:01.1
Ivan Brown	M65	8:08.4
Kerriann Bresser	W40	8:17.9
Colin Smith	M45	8:35.0
Gillian Young	W60	9:08.7
Mitch Thomas	Vis	9:25.0
Callum Young	Vis	9:34.9
John Dennehy	M50	9:42.1
Jai Thomas	Vis	9:53.9
Melissa Young	W30	10:07.9
Chelsea Thomas	Vis	10:38.4
Jackie Halberg	W60	10:40.6
Julia Wardell	W30	11:11.2
Michelle Thomas	W30	11:29.0
Chloe Thomas	Vis	13:27.9

200m

Scott Andrews	M35	28.0	
Callum Young	Vis	32.0	
Mike O'Reilly	M70	33.6	
Delia Baldock	W45	33.6	SB
Melissa Young	W30	37.9	SB

Mitch Thomas	Vis	40.8
Jai Thomas	Vis	44.2
Patrica Carr	W75	45.6

800m

Kerriann Bresser	W40	2:51.6
Maurice Creagh	M60	2:55.9
Callum Young	Vis	3:05.7
Delia Baldock	W45	3:19.4
Scott Andrews	M35	3:35.8
Lorraine Lopes	W70	3:37.3* SR
Melissa Young	W30	3:49.6
Julia Wardell	W30	3:52.8

1500m

Kim Thomas	M35	5:26.6
Neil McRae	M55	6:00.5
Maurice Creagh	M60	6:18.4
Mitch Thomas	Vis	6:48.4
Callum Young	Vis	6:49.3
Gillian Young	W60	6:51.3
Lorraine Lopes	W70	7:09.6
Mike O'Reilly	M70	7:11.0
Jai Thomas	Vis	7:28.9
Storm Thomas	Vis	7:29.1
Melissa Young	W30	7:39.9
Christine Oldfield	W65	7:55.1
Julia Wardell	W30	8:16.5
Carolyn Fawcett	Vis	10:03.2
Bob Fawcett	Vis	12:47.4

1500m walk

Stan Jones	M80	10:55.9
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Long Jump

Patrica Carr	W75	2.75
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Javelin

Julie Plackett	W40	16.48
Scott Andrews	M35	34.02
Bev Hamilton	W60	19.52
Kev Hynds	M40	30.46
Braam Coetzee	Vis	25.50

Discus

Julie Plackett	W40	23.65
Bev Hamilton	W60	21.36
Kev Hynds	M40	17.80
Braam Coetzee	Vis	21.66

Pentathlon

Paul Foley	M40	1787
Grant Schofield	M41	1615
Ian Cotton	M45	2664
Steve Fuller	M55	1733
Nick Miletic	M55	1709
Ivan Brown	M65	1910
David Carr	M75	3029

Melissa Foster	W30	1788	SR
Simone Solomon	W40	1532	SR
Carol Bowman	W55	1575	SR
Sarah Ladwig	W60	1659	
Peggy Macliver	W65	3778	SR
Lynne Schickert	W65	1345	

Thursday January 28 – ECAC

1 mile

Alan Gower	M50	5:06.2	PBA
Kim Thomas	M35	5:26.0	PBA
Ian Cotton	M45	5:52.2	PBA
Maurice Creagh	M60	6:11.2	PBA
Dante Giacomini	M40	6:22.6	
Steve Fuller	M55	6:31.2	SB
Jo Clarkson	W50	6:43.1	
Karyn Gower	W45	6:56.0	
Katrina Bolden	W30	7:03.4	SB

Ross Keane	M45	7:01.3	
Nick Miletic	M55	7:02.6	SB
Peggy Macliver	W65	7:04.0	SR
Mitch Thomas	Vis	7:13.3	
Callum Young	Vis	7:15.9	
Gillian Young	W60	7:27.9	
Claire Walkley	W40	7:46.8	
Jai Thomas	Vis	8:10.9	
John Dennehy	M50	8:17.4	
Melissa Young	W30	8:18.5	
Sarah Ladwig	W60	8:21.9	
Cecil Walkley	M80	8:34.2	
Julia Wardell	W30	8:35.9	
Catherine Keane	Vis	8:49.4	
Monique Thomas	Vis	8:50.9	

1 mile walk

Tom Lenane	M50	9:56.9	
Lynne Schickert	W65	11:35.6	SB
Stan Jones	M80	11:52.5	

100m

Mark Elms	M40	12.5	PBA
Grant Schofield	M40	13.9	SB
Keith Edmonds	M40	14.3	PBA
Nick Miletic	M55	15.1	SB
Kevin Collins	M40	16.7	

Lynne Choate	W55	14.5	
Peggy Macliver	W65	15.4	
Mike O'Reilly	M70	15.6	
Delia Baldock	W45	15.6	
Roger Whalan	M65	16.3	
Carol Bowman	W55	18.1	PBA

Callum Young	Vis	14.3	
Simone Solomon	W40	15.2	SB
Michelle Thomas	W30	16.6	
Melissa Young	W30	17.0	
Julia Wardell	W30	18.3	
Sarah Ladwig	W60	18.8	PBA

Ian Cotton	M45	13.2	PBA=
Melissa Foster	W30	14.2	SB
Kim Thomas	M35	18.2	
Jackie Halberg	W60	18.5	
Patrica Carr	W75	19.6	SB
Lynne Schickert	W65	22.7	

Zac Foster-Bardot	Vis	16.2	
Chelsea Thomas	Vis	16.4	
Mitch Thomas	Vis	18.4	
Storm Thomas	Vis	18.7	
Chloe Thomas	Vis	19.1	
Catherine Keane	Vis	19.1	
Jai Thomas	Vis	21.1	

600m

Simone Solomon	W40	2:06.2	
Maurice Creagh	M60	2:08.9	
Delia Baldock	W45	2:16.1	
Peggy Macliver	W65	2:21.3	
Callum Young	Vis	2:22.1	
Nick Miletic	M55	2:23.9	
Carol Bowman	W55	2:24.4	
John Dennehy	M50	2:24.6	
Jackie Halberg	W60	2:30.5	
Melissa Young	W30	2:45.4	
Julia Wardell	W30	2:46.7	
Catherine Keane	Vis	3:02.8	
Cecil Walkley	M80	3:09.0	

Chris Neale	M40	1:35.5	
Kim Thomas	M35	1:44.6	
Roscoe McDonnell	M50	1:46.2	
Mark Elms	M40	1:48.5	
Keith Edmonds	M40	1:50.0	
Ian Cotton	M45	1:54.7	
David Carr	M75	1:57.0	

3000m

Roscoe McDonnell	M50	11:04.1	
Kim Thomas	M35	12:29.5	
John Oldfield	M65	12:40.6	
Dante Giacomini	M40	12:47.0	
Corey Thomas	M30	13:41.3	
Mitch Thomas	Vis	15:42.1	
Jai Thomas	Vis	17:08.2	
Chelsea Thomas	Vis	18:03.7	
Michelle Thomas	W30	18:13.1	
Monique Thomas	Vis	18:16.6	
Chloe Thomas	Vis	22:57.0	

3000m walk

Tom Lenane	M50	18:31.1	
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5000m

Alan Gower	M50	n/t	
Bert Carse	M65	20:26.4	
?		20:29.2	
Keith Edmonds	M40	21:35.8	
Jo Clarkson	W50	22:40.9	
Katrina Bolden	W30	22:55.3	PBA
Maurice Creagh	M60	24:19.5	
Grant Schofield	M40	24:29.1	
Gillian Young	W60	24:30.6	
Karyn Gower	W45	24:30.7	
Steve Fuller	M55	24:57.9	
Callum Young	Vis	25:23.4	
Claire Walkley	W40	25:43.8	
Ross Keane	M45	25:55.9	
Bob Schickert	M65	27:49.9	
Storm Thomas	Vis	28:29.3	
Julia Wardell	W30	29:32.8	
Melissa Young	W30	30:11.5	

5000m walk

Graham Harrison	M65	33:06.0	
Sarah Ladwig	W60	37:45.0	

Triple Jump

Kevin Collins	M40	7.01	
Mark Elms	M40	9.62	
Chris Neale	M40	11.78	SB
Zac Foster-Bardot	Vis	5.87	
Melissa Foster	W30	9.88	SB
Lynne Schickert	W65	5.77	

High Jump

Lynne Choate	W55	1.10
Clive Choate	M55	1.20
Delia Baldock	W45	1.20
Gill Edmonds	W45	1.15
Damien Hanson	M55	1.10
Mark Elms	M40	1.35
Chris Neale	M40	1.35

Friday January 29 – WAAS

Weight Throw

Julie Plackett	W40	6.95	
Bev Hamilton	W60	11.33	
Clara Ward	W50	7.20	
Lajos Joni	M50	15.63	SR
Chris Tittel	M80	10.47	

Discus

				points %
Clara Ward	W51	14.59		25.26
Bev Hamilton	W64	22.28		50.61
Julie Plackett	W40	23.27		33.54
Steve Fuller	M57	20.43		31.85
Kevin Collins	M42	11.79		16.22
Lajos Joni	M54	34.47		50.12
Chris Tittel	M80	15.84		42.16

100m

Darryl Lette	M35	12.09	+4.3	
Mark Jeffrey	M35	12.70	+4.3	SB
Mark Elms	M40	12.73	+4.3	
Barrie Kernaghan	M65	13.86	+3.1	PBA

400m

Chris Perrey	M35	52.69		
Campbell Till	M50	57.95		
Barrie Kernaghan	M65	65.88		SB

1500m

Andrew Brooker	M40	4:40.03		
Bruce Wilson	M60	5:38.79		

3000m s/chase (76cm barriers)

Bruce Wilson	M60	13:23.6		
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5000m race walk

David Smyth	M40	30:32.9		
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High Jump

Mark Jeffrey	M35	1.60		
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Shot

Tom Gravestock	M50	11.00		
Bev Hamilton	W60	8.38		
Louise Oswald	W40	8.31		
Rob Shand	M75	6.53		

Discus

Tom Gravestock	M50	40.19		
Lajos Joni	M50	36.55		SB
Louise Oswald	W40	26.67		
Rob Shand	M75	21.78		
Vanessa Lette	W35	20.85		
Bev Hamilton	W60	19.11		

Hammer

Byrony Glass	W30	50.81		
John Everard	M50	40.43		
Lajos Joni	M50	40.03		
Tom Gravestock	M50	36.46		SB
Louise Oswald	W40	23.53		
Bev Hamilton	W60	23.50		

Javelin

Mark Jeffrey	M35	42.71		
Darryl Lette	M35	35.25		
Vanessa Lette	W35	29.99		
Bruce Cornish	M60	26.58		

Thursday January 21 – ECAC

Pentathlon – women		100m		Shot		Long jump		Javelin		800m	Overall Total
Melissa Foster	W30	14.9 438		8.16 410		4.78 500	SB	23.45 353		3:39.5 87	1788
Simone Solomon	W40	15.8 412		5.84 325		3.61 301		7.92 82		3:00.1 412	1532
Carol Bowman	W55	18.5 419	SB	4.52 326	SB	2.35 137	SB	8.64 166		3:16.4 527	SB 1575
Sarah Ladwig	W60	20.0 361		4.61 382	PBA	2.56 248		8.91 207		3:39.1 461	PBA 1659
Peggy Macliver	W65	16.5 868		6.96 730	PBA	3.49 712		17.5 557	SB	3:10.2 911	3778
Lynne Schickert	W65	23.7 149		4.93 480	SB	2.38 259		9.38 258		4:45.1 199	SB 1345

Pentathlon – men		Long jump		Javelin		200m		Discus		1500m	Overall Total
Paul Foley	M40	3.86 252		41.59 543	SB	28.7 458		27.63 418		7:09.2 116	1787
Grant Schofield	M40	3.97 274		23.2 246		29.5 404		22.85 326		5:59.2 365	SB 1615
Ian Cotton	M45	5.30 639	PBA	28.30 367		29.5 660		33.00 563		5:39.4 539	2768
Steve Fuller	M55	2.98 204		16.70 208		32.8 408		20.65 323		6:00.4 590	1733
Nick Miletic	M55	3.69 373	SB	18.61 246		33.1 390		19.23 293		6:41.6 407	1709
Ivan Brown	M65	3.01 323		13.90 201		36.7 321		19.23 349	PBA	6:04.2 716	SB 1910
David Carr	M75	3.20 571		17.56 374	SB	33.3 756	SB	16.23 393	SB	6:02.8 935	3029

Tuesday February 2 - UWA**mile**

Trevor Scott	M50	5:16.8	
Grahak Cunningham	M30	5:24.6	
Chris Shenton	M40	5:46.6	
Bruce Wilson	M60	6:00.4	
John Collier	M40	6:07.1	SB
Prabuddha Nicol	M50	6:07.7	
Scott Andrews	M35	7:14.6	
Joe Siddons	Vis	8:17.2	
Christine Oldfield	W65	8:48.9	

100m

Scott Andrews	M35	14.0	
Barrie Kernaghan	M65	14.6	
Rob Greenhalgh	M55	14.7	
Roy Fearnall	M65	14.7	
Norm Richards	M70	15.6	
John Dennehy	M50	16.3	
Peggy Macliver	W65	16.4	
Joe Siddons	Vis	17.2	

600m

Ian Cotton	M45	1:40.2	
Trevor Scott	M50	1:47.8	
Duncan McAuley	M60	1:48.1	
Chris Shenton	M40	1:50.6	
John Collier	M40	1:53.6	
Rob Greenhalgh	M55	1:57.9	
Roy Fearnall	M65	2:02.2	
Prabuddha Nicol	M50	2:17.1	
John Dennehy	M50	2:19.2	
Peggy Macliver	W65	2:25.7	
Joe Siddons	Vis	2:49.3	
Christine Oldfield	W65	3:01.7	

3000m

Trevor Scott	M50	10:42.0	
Duncan McAuley	M65	12:40.0	
John Collier	M40	13:30.4	
Lorraine MacLennan	W45	15:30.3	
Tanya Holloway	Vis	17:43.8	

Thursday February 4 – ECAC**4 x 100m relay**

M50	58.6	[Nick Miletic, Steve Fuller, John Dennehy, Damien Hanson]
M70	62.4	[Norm Richards, David Carr, David Clive, Tom Crossen]
M60	63.0	[Roy Fearnall, Barrie Kernaghan, Bob Schickert, Maurice Creagh]
W30A	58.1	[Amanda Lloyd, Kerriann Bresser, Melissa Foster, Michelle Thomas]
W50	65.3	[Peggy Macliver, Lynne Choate, Carol Bowman, Gillian Young]
W30B	69.8	[Melissa Young, Delia Baldock, Lorraine Lopes, Jacqui Sanders]
W60	76.1	[Lynne Schickert, Jackie Halberg, Sarah Ladwig, Shirley Bell]
M30	51.6	[Corey Thomas, Kim Thomas, Paul Burke, Chris Neale]
M50	DQ	[Campbell Till, Garry Ralston, Dave Wyatt, Rob Greenhalgh]
M40	53.2	[David Cane, David Solomon, Ian Cotton, Grant Schofield]

3000m Walk

Lorna Lauchlan	W75	25:20.1	
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5000m

Clive Hicks	M55	17:31.9	SB
Prabuddha Nicol	M50	21:39.4	
Neil McRae	M55	21:50.2	
Grahak Cunningham	M30	22:29.0	
Bob Schickert	M65	24:47.8	

Discus (Points for AGT)

			%
Peter Kennedy	M89	12.13	45.34
Ed Carroll	M68	36.06	65.38
Rob Shand	M77	22.03	51.26
Rae McMillan	W82	16.22	55.11
Bob Fergie	M74	23.35	SB 49.64
Chris Tittel	M81	18.90	SB 50.31
Dorothy Whittam	W73	13.47	PBA 39.02
Lorna Lauchlan	W79	10.44	37.05
Tom Gravestock	M54	42.37	SR 61.65
Louise Oswald	W41	25.98	38.03

Weight Throw

Peter Kennedy	M85	6.28	
Ed Carroll	M65	10.41	
Rob Shand	M75	6.88	
Rae McMillan	W80	8.49	
Bob Fergie	M70	10.77	
Dorothy Whittam	W70	8.49	
Tom Gravestock	M50	12.84	
Louise Oswald	W40	8.48	SR
Chris Tittel	M80	9.79	

Triple Jump

Peggy Macliver	W65	6.82	
Peter Kennedy	M85	3.85	PBA

1000m

Jarrold Martyn	Vis	2:59.6	
David Cane	M45	3:00.2	
Cyrus Hands	Vis	3:01.3	
Kim Thomas	M35	3:05.7	PBA
Michael Mezzatesta	Vis	3:16.8	
Paul Burke	M35	3:25.1	PBA
Ross Keane	M45	3:30.3	
Maurice Creagh	M60	3:39.6	PBA
Darryl White	M50	3:41.5	
Dante Giacomini	M40	3:43.2	
Corey Thomas	M30	3:45.9	
Colin Smith	M45	3:47.5	
Nick Miletic	M55	4:01.4	SB
Jo Clarkson	W50	4:03.8	
Mitch Thomas	Vis	4:09.2	
Trish Farr	W35	4:09.5	
Peggy Macliver	W65	4:09.8	SR
Delia Baldock	W45	4:11.0	
Gillian Young	W60	4:14.6	
Carol Bowman	W55	4:22.1	
Lorraine Lopes	W70	4:24.0	SR
Kim Ribbink	W40	4:28.8	
Shirley Bell	W60	4:31.7	
Claire Walkley	W40	4:34.4	
Jackie Halberg	W60	4:40.8	
Jai Thomas	Vis	4:46.8	
Melissa Young	W30	4:47.6	
Chelsea Thomas	Vis	4:49.2	

400m

Chris Neale	M40	56.2	
Campbell Till	M50	57.5	SB=
Ian Cotton	M45	58.2	SB
Jason Colja	Vis	61.4	
David Solomon	M45	62.6	
Cyrus Hands	Vis	65.2	
Paul Burke	M35	63.5	SB
Barrie Kernaghan	M65	64.9	SB
Steve Fuller	M55	65.1	PBA
Roy Fearnall	M60	66.6	
Kim Thomas	M35	69.5	
David Carr	M75	72.0	SB
Bruce Mathieson	M65	83.8	
Norm Richards	M70	79.9	

4 x 800m race walk

M50	19:28.5	[Graham Harrison 4:43, Damien Hanson 5:24, John Dennehy 5:01, Tom Lenane 4:28]
W60	22:10.9	[Lynne Schickert 5:20, Lorraine Lopes 6:01, Sarah Ladwig 5:23, Michelle Mison 5:27]
M70	23:20.0	[Stan Jones 5:42, Ray Hall 5:27, Bob Fergie 6:00, Jeff Whittam 6:11]

Matthew Ryan	Vis	82.3	
Mitch Thomas	Vis	87.9	
Sarah Ladwig	W60	1:32.7	
Ben Farr	Vis	1:37.5	

Delia Baldock	W45	78.4	
Peggy Macliver	W65	78.6	
Nick Miletic	M55	82.4	
Carol Bowman	W55	85.4	PBA
Jackie Halberg	W60	1:30.3	SB

3000m

Michael Mezzatesta	Vis	10:15.8	
Jarrold Martyn	Vis	10:54.5	
Bert Carse	M65	11:38.0	
Doug Martyn	Vis	12:15.9	
Maurice Creagh	M60	12:18.6	PBA
Kim Thomas	M35	12:19.4	
Darryl White	M50	12:26.7	PBA
Dante Giacomini	M40	12:38.4	
Jo Clarkson	W50	13:06.8	
Trish Farr	W35	13:46.8	SB
Cyrus Hands	Vis	13:52.0	
Gillian Young	W60	14:05.9	
Bruce Mathieson	M65	14:07.5	
Kim Ribbink	W40	14:18.9	
Claire Walkley	W40	14:23.2	SB
Ross Keane	M45	14:28.1	
Steve Fuller	M55	14:28.1	
David Solomon	M45	14:28.1	
Jason Colja	Vis	14:37.9	
Bob Schickert	M65	14:45.0	
Shirley Bell	W60	15:20.3	
Melissa Young	W30	15:29.8	PBA
Garry Ralston	M50	16:18.6	
Colin Smith	M45	16:18.9	
Jacqui Sanders	W40	16:31.1	
Jai Thomas	Vis	17:00.2	
Mitch Thomas	Vis	17:20.7	
Chelsea Thomas	Vis	17:28.5	
Lana Wright	Vis	17:28.9	
Chloe Thomas	Vis	20:51.1	
Michelle Thomas	W30	20:51.3	

3000m walk

Graham Harrison	M65	19:17.5	
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Long Jump

David Clive	M70	4.50	
Paul Foley	M40	4.37	SB
Dave Wyatt	M55	4.78	PBA
Matthew Ryan	Vis	3.41	
Kevin Hynds	M40	3.70	
Patrica Carr	W75	2.63	
Melissa Foster	W30	4.79	SB
Zac Foster-Bardot	Vis	2.94	
Derry Foley	Vis	2.26	
Chris Neale	M40	5.57	SB

Javelin

Dorothy Whittam	W70	13.37	SB
Paul Foley	M40	42.21	SB
Bob Fergie	M70	23.47	SB
Bev Hamilton	W60	18.68	
Kevin Hynds	M40	28.76	
Melissa Foster	W30	19.31	
Zac Foster-Bardot	Vis	18.03	

Shot

Dorothy Whittam	W70	6.35	
Paul Foley	M40	9.95	SB
Jeff Whittam	M75	7.03	
Bob Fergie	M70	8.40	
Bev Hamilton	W60	8.89	
Kevin Hynds	M40	6.61	

Friday February 5 – WAAS**100m**

Cam Yorke	M30	11.22	+2.5
Chris Perrey	M35	12.07	+2.2
Barrie Kernaghan	M65	14.33	+0.7

200m

Cam Yorke	M30	22.66	+2.2	PB (w/a)
Chris Perrey	M35	24.44	+1.8	
Barrie Kernaghan	M65	28.82	+2.3	

400m hurdles

Cam Yorke	M30	54.78	
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800m

Scott Tamblin	M30	1:54.31	AR
Brad Walsh	M45	2:21.50	SB

3000m

David Cane	M45	9:40.1	
Paul Hughes	M55	11:39.0	
Bruce Wilson	M60	12:15.5	
John Oldfield	M65	12:26.5	SB

Shot Put

Louise Oswald	W40	8.52	
Rob Shand	M75	6.82	SB
Dorothy Whittam	W70	6.27	

Discus Throw

Lajos Joni	M50	33.83	
Byrony Glass	W30	33.80	
Louise Oswald	W40	23.27	

Hammer Throw

Byrony Glass	W30	55.82	
Lajos Joni	M50	40.80	
Louise Oswald	W40	23.83	
Dorothy Whittam	W70	19.05	

Javelin Throw

Rob Shand	M75	23.39	
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High Jump

Dave Wyatt	M55	1.40	
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February 9 – UWA**100m**

Mark Elms	M40	12.5	PB=
Scott Andrews	M35	13.3	
Paul Burke	M35	13.8	
Barrie Kernaghan	M65	14.1	
Norm Richards	M70	15.1	
Peggy Macliver	W65	16.0	
John Dennehy	M50	16.1	
Neil Davis	M65	16.4	SB
Martin MacLennan	Vis	18.4	
Peter Kennedy	M85	29.7	

1000m

Trevor Scott	M50	3:02.8	
Ian Cotton	M45	3:14.5	
Paul Burke	M35	3:18.1	PBA
Grahak Cunningham	M30	3:19.9	
John Collier	M40	3:22.6	SB
Keith Edmonds	M40	3:35.8	
Grant Schofield	M40	3:40.7	
Toni Phillips	W35	3:41.1	
Neil McRae	M55	3:46.5	
Ivan Brown	M65	3:47.4	SB
Scott Andrews	M35	4:22.2	
Sean David	M40	4:30.3	
Christine Oldfield	W65	5:13.4	
Val Prescott	W65	6:06.6	

(Feb 9 cont.)**400m**

Mark Elms	M40	59.4	PB
Ian Cotton	M45	61.6	
Trevor Scott	M50	65.5	
Barrie Kernaghan	M65	66.4	
Grahak Cunningham	M30	67.0	SB
Keith Edmonds	M40	68.4	PBA=

Paul Burke	M35	65.9	
Scott Andrews	M35	74.0	
John Dennehy	M50	74.7	
Norm Richards	M70	79.8	SB
Peggy Macliver	W65	80.0	
Martin MacLennan	Vis	1:39.3	

3000m

Trevor Scott	M50	10:23.1	
Clive Hicks	M55	11:01.7	
Grahak Cunningham	M35	11:47.2	SB
John Collier	M40	12:13.6	SB
Paul Burke	M35	12:22.8	SB
Neil McRae	M55	12:26.0	
Keith Edmonds	M40	12:41.2	
Ivan Brown	M65	12:49.2	SB
Grant Schofield	M40	13:19.6	SB
Gavin Howard	M45	13:54.0	SB
Lorraine MacLennan	W45	14:30.0	
Bob Schickert	M65	14:45.8	

3000m Walk

Irwin Barrett-Lennard	M80	22:08.9	
Lynne Schickert	W65	22:26.9	
Lorna Lauchlan	W75	24:55.0	SB

February 11 - ECAC**4 x 1500m relay**

W30	25:02.4	SR	[Toni Phillips 6:19; Katrina Bolden 6:16; Simone Solomon 6:29; Kerriann Bresser 5:58]
W55	26:26.4	AR	[Barbara Blurton 6:41; Carol Bowman 6:56; Margaret Saunders 5:57; Shirley Bell 6:52]
W40	26:26.9		[Delia Baldock 6:37; Kim Ribbink 6:45; Claire Walkley 6:45; Karyn Gower 6:20]
W60	28:18.5		[Shirley Bell 7:09; Sarah Ladwig 7:13; Jackie Halberg 6:59; Gillian Young 6:57]
W65	31:16.7	AR	[Christine Oldfield 7:44; Peggy Macliver 6:51; Lynne Schickert 9:33; Lorraine Lopes 7:08]
M80	34:04.8	AR	[Vic Beaumont 8:58; Stan Lockwood 8:37; Cecil Walkley 8:25; Irwin Barrett-Lennard 8:05]

Splits not available for second heat – too dark to see far side of track

M30	20:12.9		[Kim Thomas; Corey Thomas; Paul Burke; Brett Roach]
M50A	21:00.8		[Campbell Till; Steve Fuller; Alan Gower; Paul Hughes]
M65	22:35.6		[Jim Langford; Ivan Brown; John Oldfield; Bert Carse]
M40	22:52.7		[Neil McRae; Grant Schofield; Dante Giacomini; Ross Keane]
M60	23:28.2		[Duncan McAuley; Bruce Mathieson; Maurice Creagh; Bruce Wilson]
M50B	26:40.0		[David Carr; Bob Schickert; Nick Miletic; John Dennehy]

Discus relay

W55	39.90		[Lynne Schickert 10.45, Peggy Macliver 17.35 SB , Carol Bowman 12.10 SB]
W40	63.35		[Louise Oswald 27.41, Bev Hamilton 20.99, Simone Solomon 14.95]
M50	100.37		[Tom Gravestock 36.29, Craig Van Waardenberg 27.92, Lajos Joni 36.16]

Triple Jump

Melissa Foster	W30	10.07	SB
Chris Neale	M40	11.70	
Matthew Ryan	Vis	6.98	
Dale Hamilton	Vis	11.95	

Javelin

Scott Andrews	M35	32.62	
Peter Kennedy	M85	10.00	
Andrew Ward	M45	28.58	
Sean David	M40	16.94	
Louise Oswald	W40	25.25	
Rob Shand	M75	20.21	
Trevor Scott	M50	20.12	
Grahak Cunningham	M30	28.07	
Rae McMillan	W80	14.23	
Mark Elms	M40	28.79	
Peggy Macliver	W65	15.80	

Shot

Peter Kennedy	M85	5.32	
Ed Carroll	M65	10.07	
Neil Davis	M65	6.97	
Louise Oswald	W40	8.63	
Rob Shand	M75	6.64	
Rae McMillan	W80	6.51	
Lorna Lauchlan	W75	6.52	

Long Jump

Peggy Macliver	W65	3.41	
Peter Kennedy	M85	1.63	
Lynne Schickert	W65	2.49	
Preslava Vouteva	W35	3.67	SB

Discus (see also discus relay previous page)

Mark Hamilton	M35	35.41	
Nick Miletic	M55	15.46	

60m

Dale Hamilton	Vis	7.6	
Chris Neale	M40	7.8	
David Clive	M70	8.7	
Grant Schofield	M40	9.1	
Nick Miletic	M55	10.2	

Steve Fuller	M55	9.1	PBA
John Dennehy	M50	9.9	
Peggy Macliver	W65	9.9	
Kevin Whyte	Vis	10.3	
Tom Crossen	M75	12.0	SB

Paul Burke	M35	8.4	SB
Melissa Young	W30	10.6	
Julia Wardell	W30	11.4	
Patricia Carr	W75	13.1	

Zac Foster-Bardot	Vis	10.5	
Chelsea Thomas	Vis	10.6	
Bob Fawcett	Vis	11.5	
Jai Thomas	Vis	13.3	

600m

Kim Thomas	M35	1:45.8	
Peter Sullivan	M50	1:53.5	
Paul Burke	M35	1:54.5	
Colin Smith	M45	2:03.4	
Neil McRae	M50	2:04.9	
Ivan Brown	M65	2:12.9	
Maurice Creagh	M60	2:23.6	
Gillian Young	W60	2:28.1	
Shirley Bell	W60	2:29.6	
Jai Thomas	Vis	2:35.1	
Lorraine Lopes	W70	2:37.6	
John Collier	M40	2:37.9	
Melissa Young	W30	2:41.8	
Julia Wardell	W30	2:43.3	

Sunday February 14 – WAAS**Shot**

Bev Hamilton	W60	8.97	
Louise Oswald	W40	8.45	

Discus

Lajos Joni	M50	31.85	
Louise Oswald	W40	26.06	
Bev Hamilton	W60	21.44	
Rob Shand	M75	21.10	

Hammer

Byrony Glass	W30	56.43	SB
Lajos Joni	M50	42.36	SB
Kate Glass	W55	38.13	
Rob Shand	M75	22.35	PBA
Louise Oswald	W40	22.05	

3000m race walk

David Smyth	M40	17:09.5	
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200m

Dale Hamilton	Vis	24.5	
David Clive	M70	29.9	
Steve Fuller	M55	38.6	
Jai Thomas	Vis	46.6	

Paul Burke	M35	28.3	SB
Roger Whalen	M65	34.2	
Matthew Ryan	Vis	35.2	
Kevin Whyte	Vis	36.5	

Zac Foster-Bardot	Vis	37.0	
Melissa Young	W30	37.6	SB
Jackie Halberg	W60	38.2	PBA
Julia Wardell	W30	39.4	
Sarah Ladwig	W60	40.2	PBA
Patrica Carr	W75	51.4	

3000m

Peter Sullivan	M50	10:45.8	
Kim Thomas	M35	11:32.6	
Corey Thomas	M30	12:04.3	
Neil McRae	M55	12:21.8	SB
Bernadette Berrell	Vis	12:28.7	
Dante Giacomini	M40	13:20.9	
Katrina Bolden	W30	13:23.2	PBA
Colin Smith	M45	13:32.4	
Gillian Young	W60	14:24.4	
Julia Wardell	W30	15:42.1	
Storm Thomas	Vis	16:12.9	
Melissa Young	W30	16:50.8	
Jai Thomas	Vis	17:08.9	
Carolyn Thomas	Vis	18:37.5	

Weight throw

Tom Gravestock	M50	12.20	
Dale Hamilton	Vis	14.74	
Louise Oswald	W40	8.38	
C Van Waardenberg	M50	11.96	SB
Lajos Joni	M50	16.24	SR
Bev Hamilton	W60	10.47	
Mark Hamilton	M35	13.14	

100m

Cam Yorke	M30	11.36	-1.4
Barrie Kernaghan	M65	14.10	-1.8
Norm Richards	M70	14.57	-1.8
Lynne Choate	W55	16.39	-1.8

400m

Cam Yorke	M30	49.05	SR, PB
Chris Perrey	M35	52.17	SB
Andrew Brooker	M40	57.28	
Brad Walsh	M45	59.44	PBA
Barrie Kernaghan	M65	64.63	SB

2000m steeplechase

Kerriann Bresser	W40	9:19.2	PBA
David Carr	M75	9:49.6	
Nick Miletic	M55	9:52.4	SB
Carol Bowman	W55	10:28	PBA

Tuesday February 16 – UWA**60m**

Rob Greenhalgh	M55	8.8	
Barrie Kernaghan	M65	8.8	SB=
Norm Richards	M70	9.1	
Leon Sander	M70	9.6	
Peggy Macliver	W65	9.7	SB=
John Dennehy	M50	10.1	
Lynne Schickert	W65	13.3	SB
Peter Kennedy	M85	17.8	

600m

Neil Morfitt	M50	1:36.9	
Paul Burke	M35	1:45.2	
Mark Marcham	Vis	1:50.8	
Toni Phillips	W35	1:53.6	
Keith Edmonds	M40	1:54.6	
Ivan Brown	M65	2:07.8	
John Dennehy	M50	2:17.6	
Peggy Macliver	W65	2:17.9	
Christine Oldfield	W65	2:54.7	
Val Prescott	W65	3:21.8	

200m

Paul Burke	M35	27.9	SB
Barrie Kernaghan	M65	28.5	
Rob Greenhalgh	M55	29.0	SB
Keith Edmonds	M40	29.9	SB
Norm Richards	M70	31.3	
Toni Phillips	W35	31.2	
Peggy Macliver	W65	33.4	SB
Leon Sanders	M70	33.6	
John Dennehy	M50	34.9	
Ivan Brown	M65	34.9	SB

3000m

Clive Hicks	M55	10:51.1	SB
Jim Langford	M65	11:21.1	
Keith Edmonds	M40	11:58.7	
Paul Burke	M35	12:11.8	SB
Ivan Brown	M65	13:23.8	
Lorraine MacLennan	W45	14:19.9	
Sean David	M40	14:31.8	
Bob Schickert	M65	14:52.7	

3000m Walk

Irwin Barrett-Lennard	M80	21:43.3	SB
Lynne Schickert	W65	22:09.2	
Lorna Lauchlan	W75	24:49.5	
Peter Kennedy	M85	32:24.9	PBA

Triple Jump

Peggy Macliver	W65	7.16	PBA
Lynne Schickert	W65	5:70	
Peter Kennedy	M85	3.49	
Leon Sander	M70	7.67	

DISCUS

Leon Sander	M70	25.63	
Andrew Ward	M45	22.35	
Rob Shand	M75	21.25	
Bob Fergie	M70	23.74	SB
Rae McMillan	W80	15.20	
Lorna Lauchlan	W75	14.20	PBA
Paul Burke	M35	25.19	
Damien Hanson	M55	21.59	

WEIGHT THROW

Rob Shand	M75	7.72	PBA
Bob Fergie	M70	11.52	SB
Rae McMillan	W80	8.49	

Thursday February 18 – ECAC**400m**

Dale Hamilton	Vis	53.6	
Mark Elms	M42	58.1	SB
Geoff Sims ACT	M60	60.1	
David Solomon	M45	62.2	PBA=
Kim Thomas	M35	66.6	
Roger Whalen	M65	83.3	
Peter Sullivan	M50	70.9	SB
Ivan Brown	M65	75.5	PBA
Nick Miletic	M55	82.7	
Carol Bowman	W55	83.5	SB
Shirley Bell	W60	1:34.0	
Lorraine Lopes	W70	1:36.1	
Maurice Creagh	M60	85.9	
Gillian Young	W60	88.3	SB
Melissa Young	W30	89.7	SB
Jai Thomas	Vis	1:33.1	
Kim Thomas	M35	1:33.5	
Julia Wardell	W30	1:34.6	
Chloe Thomas	Vis	1:38.3	

100m

Dale Hamilton	Vis	12.0	
Chris Neale	M40	12.4	
Colin Smith	M45	12.8	
Mark Elms	M40	13.2	
C Van Waardenburg	M50	13.8	
David Clive	M70	14.2	
Nick Miletic	M55	15.1	SB=
Damien Hanson	M55	15.4	
Kevin Hynds	M40	15.3	SB
Peggy Macliver	W65	15.9	
John Dennehy	M50	16.1	
Melissa Young	W30	17.4	
Kevin Whyte	Vis	10.3	
Julia Wardell	W30	18.2	SB
Derry Foley	M80	19.1	SB
Chloe Thomas	Vis	19.1	
Michelle Thomas	W30	19.2	
Jai Thomas	Vis	23.3	

3000m

David Cane	M45	10:26.7
Peter Sullivan	M50	10:28.3 PBA
Ian Davies	Vis	11:24.3
Keith Edmonds	M40	11:35.0 PBA
Kim Thomas	M35	11:51.6
Dante Giacomini	M40	12:27.0
Bruce Mathieson	M65	13:30.3 PBA
Paul Burke	M35	13:37.8
Sean David	M40	14:28.5 SB
Melissa Young	W30	16:12.2
Storm Thomas	Vis	16:31.8
Jai Thomas	Vis	16:31.8
Corey Thomas	M30	16:33.9
Claire Walkley	W40	16:46.3
Jane Elton	W40	16:46.6
Michelle Thomas	W30	17:38.1
Jacqui Sanders	W40	17:39.1
Carolyn Fawcett	Vis	21:09.6
Chloe Thomas	Vis	21:29.9

3000m walk

Tom Lenane	M50	18:41.6
Graham Harrison	M65	18:49.1 SB
Stan Jones	M80	22:30.7

4x800m relay

W50	AR	12:07.9 [Marg Saunders (2:45); Carol Bowman (3:17); Karyn Gower (3:05); Barbara Blurton 3:01)]
W30	SR	12:41.0 [Delia Baldock (2:55); Kerriann Bresser (2:47); Michelle Thomas (3:49); Simone Solomon (3:10)]
W40		13:17.8 [Jane Elton (3:13); Kim Ribbink (3:19); Claire Walkley (3:29); Lorraine MacLennan (3:14)]
W60		13:37.4 [Shirley Bell (3:27); Sarah Ladwig (3:28); Jackie Halberg (3:30); Gillian Young (3:12)]
W65	AR	15:04.3 [Peggy Macliver (3:10); Christine Oldfield (3:47); Lynne Schickert (4:35); Lorraine Lopes (3:32)]
M80	WR	16:01.8 [Vic Beaumont (4:22); Stan Lockwood (3:51); Cecil Walkley (4:04); Irwin Barrett-Lennard (3:45)]
M30	SR	9:16.1 [Scott Tamblin (1:58); Corey Thomas (2:30); Paul Burke (2:21); Kim Thomas (2:26)]
M50		9:27.9 [Campbell Till (2:10); Trevor Scott (2:17); Paul Hughes (2:36); Neil Morfitt (2:16)]
M40		10:29.9 [Colin Smith (2:28); Mark Elms (2:41); David Solomon (3:03); David Cane (2:18)]
M40B		10:45.6 [Dante Giacomini (2:54); Grant Schofield (2:50); Ross Keane (2:37); Keith Edmonds (2:26)]
M60		10:57.5 [Duncan McAuley (2:29); Maurice Creagh (2:53); Ivan Brown (2:57); Bert Carse (2:38)]
M50B		11:51.2 [Steve Fuller (2:32); John Dennehy (2:58); Nick Miletic (3:12); Mike O'Reilly (3:09)]

Hammer relay

W40	62.12	[Louise Oswald 23.22, Bev Hamilton 18.60, Julie Plackett 20.30]
M50	121.63	[Tom Gravestock 38.60 PBA , John Everard 41.92, Lajos Joni 41.11]

Long Jump relay

W30	11.34	[Melissa Foster 4.60, Michelle Thomas 3.02, Simone Solomon 3.72 SB]
W60	8.66	[Lynne Schickert 2.29, Peggy Macliver 3.55, Sarah Ladwig 2.82 PBA]
M40	14.28	[Chris Neale 5.77 SB , Damien Hanson 3.95, Murray Tolbert 4.56]
M50	14.09	[Dave Wyatt 4.70, Campbell Till 4.73, David Clive 4.66]

Long Jump

Dale Hamilton	Vis	5.55
Derry Foley	M80	2.64 SB
Kevin Hynds	M40	3.70
C Van Waardenburg	M50	4.45 SB

Hammer

Mark Hamilton	M35	33.75
Dale Hamilton	Vis	23.82

Javelin

Murray Tolbert	M60	32.36
Julie Plackett	W40	18.42 PBA
Carolyn Fawcett	Vis	8.10
Mark Elms	M40	29.97
Damien Hanson	M55	29.28
Bev Hamilton	W60	19.18
Louise Oswald	W40	28.00 *
Kevin Hynds	M40	24.80
Dale Hamilton	Vis	45.44
Mark Hamilton	M35	34.57
Chris Neale	M40	27.52
Melissa Foster	W30	22.33
Simone Solomon	W40	9.25 SB

Friday February 19 – Strive Interclub

60m

Mark Elms	M40	8.13	+1.5 PBA
Barrie Kernaghan	M65	8.85	+1.3
Norm Richards	M70	8.91	+1.3
Lynne Choate	W55	8.91	+1.7 SR

200m

Barrie Kernaghan	M65	28.77	+3.1
Norm Richards	M70	30.48	+3.1

800m

Scott Tamblin	M30	1:53.53	AR
Brad Walsh	M45	2:21.16	PB

5000m

Karyn Gower	W50	22:28.3	SB
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400mH

Cam Yorke	M30	54.38
Chris Perrey	M35	58.78

Shot put

Tom Gravestock	M50	11.07
Louise Oswald	W40	8.94
Bev Hamilton	W60	8.62

Discus

Tom Gravestock	M50	39.47
Lajos Joni	M50	34.73
Byrony Glass	W30	34.16
Louise Oswald	W40	26.33
Bev Hamilton	W60	20.92
Rob Shand	M75	20.53

Hammer

Byrony Glass	W30	52.75
Lajos Joni	M50	43.45
Tom Gravestock	M50	36.67
Louise Oswald	W40	22.75

Javelin

Damien Hanson	M55	29.41	SB
Rob Shand	M75	22.41	

Tuesday February 23 – UWA

400m

Michael Barton	M40	62.5	
Duncan McAuley	M60	63.9	SB
Trevor Scott	M50	64.7	SB
Grahak Cunningham	M30	65.5	SB
Barrie Kernaghan	M65	66.4	
Craig Van Waardenburg	M50	66.7	
Alain Mehl	Vis	67.9	
Irwin Barrett-Lennard	M80	89.9	

Paul Burke	M35	61.9	SB
Garry Ralston	M50	65.3	
Rob Greenhalgh	M55	66.7	SB
John Dennehy	M50	75.0	
Peggy Macliver	W65	76.8	
Norm Richards	M70	79.8	SB=
Paul Foley	M40	72.9	
Kalin Foley	Vis	82.8	
Logan Foley	Vis	84.4	
Christine Oldfield	W65	1:44.8	PBA
Lynne Schickert	W65	2:05.2	SB

100m

Andrew Ward	M45	13.8	
Craig Van Waardenburg	M50	13.8	SB=
Alain Mehl	Vis	14.2	
Barrie Kernaghan	M65	14.4	
Grahak Cunningham	M30	14.4	SB
Rob Greenhalgh	M55	14.6	

Garry Ralston	M50	13.6
Keith Edmonds	M40	15.2
Norm Richards	M70	15.4
Peggy Macliver	W65	16.1
John Dennehy	M50	16.4

Neil Davis	M65	16.9
Micky Ellis	W50	17.3
Irwin Barrett-Lennard	M80	18.5
Lynne Schickert	W65	23.7
Peter Kennedy	M85	30.1

800m

Michael Barton (2:18.8)	M40	DQ	
Trevor Scott	M50	2:20.8	SB
Paul Burke	M35	2:28.3	SB
Grahak Cunningham	M30	2:32.5	
Keith Edmonds	M40	2:35.8	SB
Alain Mehl	Vis	3:03.2	
John Collier	M40	3:09.0	
Sean David	M40	3:18.2	

3000m

Trevor Scott	M50	10:23.0	
Clive Hicks	M55	10:58.5	
Grahak Cunningham	M30	11:49.2	
Paul Burke	M35	11:56.0	
Keith Edmonds	M40	12:43.4	
John Collier	M40	13:23.3	
Toni Phillips	W35	13:57.8	SB
Gavin Howard	M45	14:04.7	
Sean David	M40	14:21.8	
Lorraine McLennan	W45	14:26.9	
Peggy Macliver	W65	14:48.8	
Garry Ralston	M50	15:45.5	SB
John Dennehy	M50	16:56.0	
Gill Edmonds	W40	17:25.6	
Micky Ellis	W50	17:30.2	

3000m Walk

Lynne Schickert	W65	23:23.8
Lorna Lauchlan	W75	24:49.5 PBA= (SR unjudged)

LONG JUMP

David Clive	M70	4.50
Peter Kennedy	M85	1.51
Logan Foley	Vis	3.34
Kalin Foley	Vis	3.67
Paul Foley	M40	3.95

Feb 23 – cont.**DISCUS**

Peter Kennedy	M85	11.00
Rob Shand	M75	21.98
Paul Foley	M40	28.81
Bob Fergie	M70	23.57
Rae McMillan	W80	14.21
Craig Van Waardenburg	M50	26.15
Lorna Lauchlan	W75	12.48
Damien Hanson	M55	21.13

JAVELIN

Peter Kennedy	M85	9.33	
Rob Shand	M75	21.98	
Paul Foley	M40	39.09	
Rae McMillan	W80	14.52	
Bob Fergie	M70	21.10	
Andrew Ward	M45	29.80	SB
Damien Hanson	M55	28.52	
Trevor Scott	M50	18.44	

February 25 – ECAC**Shot relay**

W40	22.71	[Julie Plackett 7.00 SB , Bev Hamilton 7.60, Louise Oswald 8.11]
M50	33.18	[Tom Gravestock 11.67, Lajos Joni 11.25, Craig Van Waardenburg 10.26 SB]

4 x 400m relay

W30	5:10.7	[Kerriann Bresser 68; Niamh Keane 74; Michelle Thomas 91; Simone Solomon 77]
W50	SR 5:12.7	[Barbara Blurton 73; Carol Bowman 88; Karyn Gower 80; Margaret Saunders 72]
W60	5:38.0	[Peggy Macliver 78; Jackie Halberg 85; Shirley Bell 94; Gillian Young 81]
M80	AR 7:11.0	[Vic Beaumont 1:56; Stan Lockwood 1:47; Cecil Walkley 1:52; Irwin Barrett-Lennard 96]
M50	4:05.3	[Steve Fuller 63; Alan Gower 63; Garry Ralston 62; Campbell Till 57]
M30	4:18.8	[Kim Thomas 61; Dante Giacomini 84; Colin Smith 58; Chris Neale 56]
M60	4:30.7	[Barrie Kernaghan 67; Roy Fearnall 67; David Carr 73; Duncan McAuley 64]
M50B	5:22.9	[John Dennehy 72; Bruce Mathieson 84; Nick Miletic 84; Roger Whalan 83]

200m

Chris Neale	M40	24.8	
Colin Smith	M45	27.3	
Roy Fearnall	M65	28.0	SB
Barrie Kernaghan	M65	28.3	
C Van Waardenburg	M50	28.5	SB

David Carr	M75	31.9	SB
Nick Miletic	M55	32.4	SB
Peggy Macliver	W65	32.6	SB
Roger Whalan	M65	34.1	SB
John Dennehy	M50	35.3	

Michelle Thomas	W30	36.2	SB
Carol Bowman	W55	37.7	SB
Jai Thomas	Vis	43.7	
Kim Thomas	M35	44.2	

Zac Foster-Bardot	Vis	38.3	
Jackie Halberg	W60	39.9	
Peter Sullivan	M50	40.3	PBA
Patrica Carr	W75	49.7	

Long Jump

Michelle Thomas	W30	7.58	
Lynne Schickert	W65	6.01	SB
Melissa Foster	W30	9.88	
Zac Foster-Bardot	Vis	6.28	
Garry Ralston	M50	10.02	

1500m walk

Stan Jones	M80	10:54.5	SB
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1500m

Ross Langford	Vis	4:42.9	
Peter Sullivan	M50	4:58.8	PBA
Bert Carse	M65	5:10.6	SB
Jim Langford	M65	5:10.8	
Ross Keane	M45	5:22.2	SB
Kim Thomas	M35	5:23.8	
Niamh Keane	W40	5:24.8	
Michael Mezzatesta	Vis	5:45.6	
Maurice Creagh	M60	5:49.2	SB
Dante Giacomini	M40	6:11.7	
Katrina Bolden	W30	6:12.0	PBA
Gillian Young	W60	6:35.2	SB
Shirley Bell	W60	6:48.5	
Claire Walkley	W40	7:05.5	
Jai Thomas	Vis	7:25.8	
Julia Wardell	W30	7:30.5	SB
Melissa Young	W30	7:35.3	

60m

Chris Neale	M40	7.9	
Garry Ralston	M50	7.9	
Campbell Till	M50	8.2	
Colin Smith	M45	8.4	
Melissa Foster	W30	8.5	
Roy Fearnall	M65	8.7	
Nick Miletic	M55	9.4	
Peggy Macliver	W65	9.7	SR
John Dennehy	M50	9.8	SB
C Van Waardenburg	M50	8.5	SB
Steve Fuller	M55	9.1	PBA=
Simone Solomon	W40	9.3	
Kevin Hynds	M40	9.5	SB
Carol Bowman	W55	11.1	
Michelle Thomas	W30	9.8	SB
Melissa Young	W30	10.4	
Julia Wardell	W30	11.2	SB
Patrica Carr	W75	12.1	
Lynne Schickert	W65	13.8	
Zac Foster-Bardot	Vis	10.5	
Jai Thomas	Vis	12.4	

3000m

Michael Mezzatesta	Vis	9:56.8	
Peter Sullivan	M50	10:34.2	
Maurice Creagh	M60	13:00.3	
Bob Schickert	M65	13:11.3	
Bruce Mathieson	M65	13:17.6	SB
Dante Giacomini	M40	13:22.1	
Ross Keane	M45	14:04.1	
Kim Thomas	M35	14:05.0	
Karen Bowler	Vis	14:07.1	
Katrina Bolden	W30	14:24.8	
Rachael Mezzatesta	Vis	14:28.6	
Claire Walkley	W40	14:43.8	
Julia Wardell	W30	15:31.2	SB
Tim Bowler	Vis	15:50.6	
Melissa Young	W30	16:42.7	

Discus

Steve Fuller	M55	18.17	
Julie Plackett	W40	23.98	SB
Bev Hamilton	W60	23.04	
Louise Oswald	W40	25.02	
Tara Oswald	Vis	27.68	
Tom Gravestock	M50	40.49	
C Van Waardenberg	M50	27.66	
Lajos Joni	M50	32.00	

Shot put

Tara Oswald	Vis	8.22	
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Friday February 26 – WAAS**100m**

Darryl Lette	M40	12.12	NWI
Colin Smith	M45	13.11	NWI
Barrie Kernaghan	M65	14.22	NWI
Norm Richards	M70	14.72	NWI

400m

Cam Yorke	M30	49.84	
Scott Tamblin	M30	50.00	
Colin Smith	M45	58.33	
Brad Walsh	M45	60.76	
Barrie Kernaghan	M65	65.70	

Shot

Sakkie Matthewson	M40	11.40	
Bev Hamilton	W60	8.74	
Rob Shand	M75	6.67	

Discus

Vanessa Lette	W35	22.13	PBA
Rob Shand	M75	22.06	
Bev Hamilton	W60	21.76	

Hammer

Byrony Glass	W30	56.30	
Lajos Joni	M50	44.91	SR
Sakkie Matthewson	M40	33.47	
Bev Hamilton	W60	28.20	SR

Javelin

Damien Hanson	M55	30.21	SB
Vanessa Lette	W35	27.69	
Rob Shand	M75	22.04	

5000m walk

David Smyth	M40	no time recorded	
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Tuesday March 2 – UWA

200m

Mark Elms	M40	25.8	PBA=
Garry Ralston	M50	26.5	
Richard Parker	M50	27.2	
Roy Fearnall	M65	28.5	
Barrie Kernaghan	M65	28.6	
Duncan McAuley	M60	29.8	

Paul Foley	M40	27.9	SB
Andrew Ward	M45	28.8	
Rob Greenhalgh	M55	29.2	SB=
Norm Richards	M70	31.5	
Logan Foley	Vis	32.9	
John Dennehy	M50	33.8	
Peggy Macliver	W65	34.3	
Irwin Barrett-Lennard	M80	39.1	

1500m

Trevor Scott	M50	4:42.4	
John Collier	M40	5:41.1	
Neil McRae	M55	5:58.3	SB
Sean David	M40	6:36.7	
Lorraine MacLennan	W45	6:44.2	
Christine Oldfield	W65	8:02.8	

1500m Walk

Lynne Schickert	W65	11:03.0	
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60m

Garry Ralston	M50	7.8	SB
Mark Elms	M40	8.0	PBA
Roy Fearnall	M65	8.6	SB
Paul Burke	M35	8.7	
Richard Parker	M50	9.1	

Rob Greenhalgh	M55	8.7	
Keith Edmonds	M40	9.0	
Norm Richards	M70	9.2	
Neil Davis	M65	10.5	
Toni Phillips	W35	9.4	
John Dennehy	M50	10.0	
Peggy Macliver	W65	10.1	
Logan Foley	Vis	10.4	
Lynne Schickert	W65	13.8	
Peter Kennedy	M85	16.4	

Thursday March 4 – ECAC

60m

Dale Hamilton	Vis	7.7	
Chris Neale	M40	8.1	
Garry Ralston	M50	8.2	
Campbell Till	M50	8.2	
Colin Smith	M45	8.4	
Melissa Foster	W30	8.8	
Amanda Lloyd	W30	8.9	SB=
Delia Baldock	W45	9.9	SB

3000m

Trevor Scott	M50	10:07.0	
Clive Hicks	M55	11:00.0	
Paul Burke	M35	11:29.6	
Keith Edmonds	M40	11:43.5	
Duncan McAuley	M60	12:05.6	
Neil McRae	M55	12:39.4	
John Collier	M40	13:05.2	
Rob Greenhalgh	M55	13:15.7	
Sean David	M40	14:04.7	SB
Lorraine MacLennan	W45	14:40.6	
Garry Ralston	M50	15:19.7	SB
John Dennehy	M50	16:08.5	
Gill Edmonds	W40	16:53.0	

3000m Walk

Sylvia Byers	W75	22:32.4	
Lorna Lauchlan	W75	24:54.5	

Triple Jump

Peter Kennedy	M85	3.13	
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Shot

Peter Kennedy	M85	4.87	
Geoffrey Gee	M55	11.80	
Raema McMillan	W80	7.12	AR=
Ed Carroll	M65	9.48	
Paul Foley	M40	9.60	
Neil Davis	M65	7.07	
Rob Shand	M75	6.61	
Bob Fergie	M70	8.00	
Lorna Lauchlan	M75	6.47	

Discus

Peter Kennedy	M85	9.31	
Andrew Ward	M45	19.16	
Ed Carroll	M65	35.34	
Paul Foley	M40	27.74	
Neil Davis	M65	18.24	
Rob Shand	M75	22.08	
Bob Fergie	M70	24.89	SB
Raema McMillan	W80	16.11	
Geoffrey Gee	M55	29.49	

Peggy Macliver	W65	10.3	
Arthur Spendier	M60	10.3	
Ian Davies	M60	11.0	
Patrica Carr	W75	12.8	
Lynne Schickert	W65	14.4	
Amanda Lloyd	W30	9.1	
Mitch Thomas	Vis	13.0	
Jai Thomas	Vis	13.6	

800m

Dale Hamilton	Vis	2:20.9	
Kim Thomas	M35	2:30.2	
Peter Sullivan	M50	2:32.8	SB
Niamh Keane	W40	2:44.9	
Maurice Creagh	M60	2:53.8	
Dante Giacomini	M40	2:59.9	

Ross Keane	M45	2:32.6	SB
Keith Edmonds	M40	2:39.9	
David Carr	M75	2:44.7	SB
Barbara Blurton	W55	2:53.2	
John Dennehy	M50	3:00.2	
Mike O'Reilly	M70	3:09.5	
Peggy Macliver	W65	3:12.7	
Delia Baldock	W45	3:13.2	

Neil McRae	M55	2:58.8	PBA
Mitch Thomas	Vis	3:14.8	
Carol Bowman	W55	3:16.4	PBA=
Jane Elton	W40	3:23.9	
Jai Thomas	Vis	3:25.8	
Jackie Halberg	W60	3:27.3	
Lorraine Lopes	W70	3:39.7	
Julia Wardell	W30	3:43.7	SB
Claire Walkley	W40	3:57.4	
Kim Ribbink	W40	3:58.9	
Cecil Walkley	M80	4:22.1	

High Jump

Keith Martin	M65	1.0	
Dale Hamilton	Vis	1.65	

300m

Campbell Till	M50	40.7	
Garry Ralston	M50	43.3	
Keith Edmonds	M40	48.9	
Peter Gare	M65	51.5	

John Dennehy	M50	53.4	
Peggy Macliver	W65	53.7	
Niamh Keane	W40	54.0	
Delia Baldock	W45	54.2	
Keith Martin	M65	55.9	
Carol Bowman	W55	62.0	
Julia Wardell	W30	63.7	

3000m

Peter Sullivan	M50	10:43.5	
Ross Keane	M45	12:08.4	
Darryl White	M50	12:24.7	PBA
Ivan Brown	M65	12:55.6	
Dante Giacomini	M40	12:59.4	
Campbell Till	M50	13:53.4	
Kim Ribbink	W40	14:59.9	
Garry Ralston	M50	15:09.1	SB
Cecil Walkley	M80	17:46.7	
Carolyn Fawcett	Vis	20:18.8	

5000m

David Cane	M45	16:58.2	
Chad Vigurs	Vis	18:42.3 (lap short)	
Rod Hamilton	M45	18:43.9	SB
Kim Thomas	M35	20:06.4	SB
Neil McRae	M55	21:10.2	PBA
Keith Edmonds	M40	21:29.2	
Maurice Creagh	M60	21:39.2	
Graeme Dahl	M60	23:07.9	
Bob Schickert	M65	23:08.9	SB
Bruce Mathieson	M65	23:23.5	
Jane Elton	W40	24:18.1	SB
Claire Walkley	W40	24:36.4	SB
Julia Wardell	W30	26:01.0	SB
Mitch Thomas	Vis	26:20.9	
Irwin Barrett-Lennard	M80	26:30.3	
Jai Thomas	Vis	27:53.0	

5000m walk

Tom Lenane	M50	31:09.6	
Graham Harrison	M65	31:39.1	SB
Lynne Schickert	W65	36:27.9	

Long Jump

Dale Hamilton	Vis	5.65	
Melissa Foster	W30	4.72	
Lynne Schickert	W65	2.33	
Patrica Carr	W75	2.80	SB
Garry Ralston	M50	4.78	

Hammer

Julie Plackett	W40	22.43	PBA
Rebecca Plackett	Vis	22.24	
Bev Hamilton	W60	27.04	
Lajos Joni	M50	45.08	SR
Mark Hamilton	M35	33.36	
Dale Hamilton	Vis	27.62	

Discus

Keith Martin	M65	19.88	
Peter Gare	M65	30.11	
Julie Plackett	W40	22.74	
Rebecca Plackett	Vis	25.23	
Bev Hamilton	W60	21.19	
Mike O'Reilly	M70	21.70	
Mark Hamilton	M35	34.10	
Dale Hamilton	Vis	40.71	
Lajos Joni	M50	35.41	

Friday March 5 – WAAS

100m

Darryl Lette	M40	12.02	+1.8	SB
Barrie Kernaghan	M65	14.13	+2.5	
Norm Richards	M70	14.41	+2.5	
Lynne Choate	W55	14.53	+0.4	

200m

Darryl Lette	M40	25.13	+1.2
Barrie Kernaghan	M65	29.76	+1.2
Lynne Choate	W55	30.90	+1.7

800m

Scott Tamblin	M30	1:51.81	AR
Andrew Brooker	M40	2:16.70	
Neil Morfitt	M50	2:16.85	

3000m

Paul Mitchell	M35	9:08.9	PBA
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Javelin

Darryl Lette	M40	36.05	SB
Damien Hanson	M55	31.26	PBA=
Vanessa Lette	W35	27.83	

Tuesday March 9 - UWA

60m

Garry Ralston	M50	7.8	SB=
Trevor Bulley	M50	8.0	
Craig Van Waardenburg	M50	8.5	SB=
Geoff Brayshaw	M60	8.7	SB
Barrie Kernaghan	M65	8.9	

Norm Richards	M70	9.2	
Peggy Macliver	M65	9.6	SB
Neil Davis	M65	10.2	SB
Arthur Spendier	M60	11.2	
Lynne Schickert	W65	12.9	SB
Peter Kennedy	M85	n/t	

800m

Alan Gower	M50	2:17.4	PBA=
Trevor Scott	M50	2:22.7	
Paul Burke	M35	2:25.6	SB
John Collier	M40	2:37.7	
Grant Schofield	M40	2:47.6	SB=
Toni Phillips	W35	2:52.7	
Neil McRae	M55	3:00.4	
Mark Hewitt	M55	3:08.7	

John Dennehy	M50	2:55.3	
Karyn Gower	W50	2:57.7	PBA
Paul Foley	M40	3:01.9	
Peggy Macliver	W65	3:11.5	
Gavin Howard	M45	3:13.2	SB
John Oldfield	M65	4:01.8	
Christine Oldfield	W65	4:05.5	
Val Prescott	W65	4:54.0	

Hammer

Byrony Glass	W30	53.10	
Lajos Joni	M50	42.22	
John Everard	M50	41.20	
Tom Gravestock	M50	40.07	PBA
Bev Hamilton	W60	26.53	
Louise Oswald	W40	24.61	

Discus

Tom Gravestock	M50	37.78
Lajos Joni	M50	35.22
Byrony Glass	W30	33.85
Louise Oswald	W40	27.06
Bev Hamilton	W60	21.24

Shot

Tom Gravestock	M50	10.92
Craig van Waardenburg	M50	10.42
Bev Hamilton	W60	8.91
Louise Oswald	W40	8.40

300m

Garry Ralston	M50	43.0
Paul Burke	M35	43.3
Duncan McAuley	M60	44.6
Barrie Kernaghan	M65	44.9
Craig Van Waardenburg	M50	47.3
Norm Richards	M70	52.2
Geoff Brayshaw	M60	54.8
Val Prescott	W65	92.0

3000m

John Collier	M40	13:22.7
Peggy Macliver	W65	14:45.5
Garry Ralston	M50	16:14.4

5000m

Michael Barton	M40	17:55.6
Alan Gower	M50	18:05.5
Paul Burke	M35	20:38.8
Sue Zlnay	W50	21:21.3
Neil McRae	M55	21:28.7
Graeme Dahl	M60	22:36.0
Frank Smith	M65	23:09.0
Grant Schofield	M40	24:31.1
Karyn Gower	W50	24:32.9
Gavin Howard	M45	24:45.6

3000m Walk

Lynne Schickert	W65	22:15.6
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5000m Walk

Sylvia Byers	W75	37:35.3
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LONG JUMP

Peggy Macliver	W65	3.40
Peter Kennedy	M85	1.40
Geoff Brayshaw	M60	3.95
Paul Foley	M40	4.65
Lynne Schickert	W65	2.32

SHOT

Peter Kennedy	M85	4.80	
Bob Fergie	M70	8.38	
Geoffrey Gee	M55	11.92	SB
Rob Shand	M75	6.58	
Rae McMillan	W80	6.70	
Dorothy Whittam	W70	6.24	
Craig Van Waardenburg	M50	10.87	SB
Ed Carroll	M65	10.15	SB
Paul Foley	M40	9.72	
Arthur Spendier	M60	7.20	

DISCUS

Geoff Brayshaw	M60	27.16	
Bob Fergie	M70	24.40	
Val Prescott	W65	13.69	PBA
Rob Shand	M75	21.77	
Geoffrey Gee	M55	31.67	SB
Andrew Ward	M45	21.45	
Craig Van Waardenburg	M50	28.14	SB
Paul Foley	M40	28.15	SB
Arthur Spendier	M60	22.99	
Ed Carroll	M65	35.15	
Rae McMillan	W80	14.37	

Thursday March 11 - ECAC**1000m (not analysed)**

Andrew Brooker	M40	2:57.5	
Kim Thomas	M35	3:06.5	
Bert Carse	M65	3:21.0	
Ross Keane	M45	3:21.2	
David Cane	M45	3:23.8	
Niamh Keane	W40	3:23.9	
Steve Fuller	M55	3:25.0	
Brian Hewitt	M55	3:28.3	
Toni Phillips	W35	3:40.5	
Grant Schofield	M40	3:41.7	
Neil McRae	M55	3:42.8	
Barbara Blurton	W55	3:56.2	
Carol Bowman	W55	4:09.9	
Nick Miletic	M55	4:12.5	
Irwin Barrett-Lennard	M80	4:50.0	SR
Maurice Creagh	M60	3:46.3	
David Carr	M75	3:46.5	
John Dennehy	M50	3:55.9	
Graeme Dahl	M60	3:57.8	
Gillian Young	W60	3:59.9	
Bruce Mathieson	M65	4:01.3	
Mike O'Reilly	M70	4:10.0	
Shirley Bell	W60	4:16.7	
Lorraine Lopes	W70	4:24.5	
Trish Farr	W35	4:25.0	
Jai Thomas	Vis	4:31.0	
Sarah Ladwig	W60	4:31.7	
Kim Ribbink	W40	4:46.9	
Claire Walkley	W40	4:55.5	
Catherine Keane	Vis	5:05.7	
Roger Whalen	M65	5:06.6	
Cecil Walkley	M80	5:19.1	
Chloe Thomas	Vis	5:20.7	
Merv Jones	M70	5:28.3	

60m

Dale Hamilton	Vis	7.7	
Campbell Till	M50	7.9	SB
Colin Smith	M45	8.2	
Nick Miletic	M55	9.9	
Corey Thomas	M30	8.5	SB
Melissa Foster	W30	8.6	
Delia Baldock	W45	9.6	SB
Michelle Thomas	W30	9.9	
Sarah Ladwig	W60	11.5	SB
Patricia Carr	W75	11.9	SB=
Derry Foley	M80	12.4	
Lynne Schickert	W65	13.8	
Colin Smith	M45	8.2	
Zac Foster-Bardot	Vis	10.4	
Catherine Keane	Vis	11.5	
Jai Thomas	Vis	12.0	

3000m walk

Sarah Ladwig	W60	21:01.6	SB
Lynne Schickert	W65	22:02.9	
Stan Jones	M80	22:44.6	

5000m walk

David Smyth	M40	28:30.8	SB
Graham Harrison	M65	30:30.7	

Triple Jump

Dave Wyatt	M55	9.75	SB
Melissa Foster	W30	9.56	
Zac Foster-Bardot	Vis	5.93	
Lynne Schickert	W65	5.71	
Derry Foley	M80	5.77	
Dale Hamilton	Vis	11.67	
Chris Neale	M40	11.37	

3000m

David Cane	M45	9:50.4	
Kim Thomas	M35	11:30.3	
Bert Carse	M65	11:37.6	
Brian Hewitt	M55	11:56.1	
Ross Keane	M45	11:56.6	
Neil McRae	M55	12:07.7	SB
David Solomon	M45	12:25.2	
Corey Thomas	M30	12:26.4	
Maurice Creagh	M60	12:27.7	
Steve Fuller	M55	12:52.7	PBA
Graeme Dahl	M60	12:55.3	
Bob Schickert	M65	13:04.7	
Grant Schofield	M40	13:29.5	
Trish Farr	W35	13:30.3	SB
Gillian Young	W60	14:08.9	
Claire Walkley	W40	14:20.0	SB
Lorraine Lopes	W70	14:47.8	SR
Michelle Thomas	W30	15:13.0	(lap short)
Nick Bailey	M60	15:44.0	SB
Irwin Barrett-Lennard	M80	15:47.5	
Storm Thomas	Vis	16:57.1	
Jai Thomas	Vis	16:57.1	
Mike O'Reilly	M70	16:58.8	
Jacqui Sanders	W40	17:05.9	
Cecil Walkley	M80	17:30.4	
Carolyn Fawcett	Vis	20:20.0	

Javelin

Julie Plackett	W40	17.09	
Melissa Foster	W30	25.10	SB
Bev Hamilton	W60	19.70	
Maria Trolio	W35	18.71	
Carolyn Fawcett	Vis	11.86	
Lajos Joni	M50	28.49	SB
Mark Hamilton	M35	34.62	
Dale Hamilton	Vis	45.78	
Damien Hanson	M55	30.00	
Zac Foster-Bardot	Vis	17.77	

Friday March 12 - WAAS**100m**

Barrie Kernaghan	M65	13.97	+0.2
Norm Richards	M70	14.72	+0.2

400m

Cam Yorke	M30	48.95	SR
Brad Walsh	M45	60.76	
Barrie Kernaghan	M65	64.67	
Roy Fearnall	M65	65.30	

5000m

Paul Mitchell	M35	15:22.3	
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200m

Dale Hamilton	Vis	23.8	
Chris Neale	M40	25.1	
Campbell Till	M50	25.2	PBA
Colin Smith	M45	26.0	
Ciza Ngayihdika	Vis	27.2	
David Solomon	M45	28.2	
Mike Edwards	M50	29.5	
Nick Miletic	M55	32.2	SB
Mike O'Reilly	M70	32.6	SB
John Dennehy	M50	33.1	
David Carr	M75	33.3	
Bert Carse	M65	33.8	SB
Delia Baldock	W45	32.2	SB
Niamh Keane	W40	33.5	
Carol Bowman	W55	36.4	SB
Gillian Young	W60	37.1	
Shirley Bell	W60	40.0	PBA
Sarah Ladwig	W60	41.1	
Patricia Carr	W75	49.6	
Zac Foster-Bardot	Vis	39.5	
Jai Thomas	Vis	40.3	
Catherine Keane	Vis	41.5	

Shot

Julie Plackett	W40	7.04	PBA
Melissa Foster	W30	8.58	SB
Bev Hamilton	W60	8.85	
Lajos Joni	M50	10.78	
Maria Trolio	W35	5.78	
Mark Hamilton	M35	11.68	
Dale Hamilton	Vis	12.11	

Shot put

Paul Foley	M40	10.01	SB
Rob Shand	M75	6.69	

Javelin

Paul Foley	M40	40.98	
Damien Hanson	M55	31.12	
Rob Shand	M75	22.17	

Tuesday March 16 - UWA

1000m

Michael Barton	M40	2:58.9	
Alan Gower	M50	2:59.1	PBA
John Collier	M40	3:30.7	
Sue Zlnay	W50	3:38.7	
Toni Phillips	W35	3:40.0	
Grant Schofield	M40	3:44.9	
Ivan Brown	M65	3:47.4	PBA=
Graeme Dahl	M60	3:54.5	
Karyn Gower	W50	3:56.9	
Peggy Macliver	W65	4:18.4	
Val Prescott	W65	6:10.2	
Lynne Schickert	W65	6:43.3	

60m

Barrie Kernaghan	M65	9.1	
Norm Richards	M70	9.2	
Keith Martin	M65	10.0	
Keith Edmonds	M40	10.2	

Peggy Macliver	W65	10.1	
Lynne Schickert	W65	13.4	
Peter Kennedy	M85	17.0	

200m

Barrie Kernaghan	M65	29.8	
Keith Edmonds	M40	30.1	
Geoff Brayshaw	M60	31.3	
Norm Richards	M70	31.7	

Keith Martin	M65	34.8	
Peggy Macliver	W65	34.9	
Ivan Brown	M65	35.8	
Peter Kennedy	M85	74.6	

5000m

Clive Hicks	M55	19:14.2	
Keith Edmonds	M40	20:56.0	

5000m Walk

Lorna Lauchlan	W80	41:30.2	
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Thursday March 18 - ECAC

4 x 400 relay

W45	5:48.1	[Delia Baldock 75, Shirley Bell 1:34, Sarah Ladwig 1:34, Gillian Young 85]
W65	6:25.7	AR [Peggy Macliver 74, Lynne Schickert 1:55, Lorraine Lopes 1:37, Christine Oldfield 1:40]

Long Jump

Dale Hamilton	Vis	5.66	
Michelle Thomas	W30	3.64	
Keith Martin	M65	3.61	
Chris Neale	M40	5.53	
Derry Foley	M80	2.70	
Colin Smith	M45	4.06	
Campbell Till	M50	4.90	

3000m

Alan Gower	M50	10:59.6	
Sue Zlnay	W50	12:23.6	
John Collier	M40	12:38.0	
Graeme Dahl	M60	12:49.7	
Ivan Brown	M65	12:57.3	
Grant Schofield	M40	13:10.4	SB
Karyn Gower	W50	13:19.4	
Frank Smith	M65	13:29.8	
Lorraine MacLennan	W45	14:25.6	
Gill Edmonds	W45	16:37.3	SB
Christine Oldfield	W65	17:01.6	PBA

Triple Jump

Geoff Brayshaw	M60	8.69	SB
Peggy Macliver	W65	6.98	
Peter Kennedy	M85	3.42	
Keith Martin	M65	6.71	

Javelin

Keith Martin	M65	14.66	
Geoff Brayshaw	M60	28.62	
Ivan Brown	M65	16.11	SB
Peter Kennedy	M85	9.27	
Andrew Ward	M45	28.06	
Rob Shand	M75	21.93	
Bob Fergie	M70	20.85	
Dorothy Whittam	W70	13.60	SB
Maria Tolio	W35	18.62	
Lorna Lauchlan	W80	12.12	
Val Prescott	W65	13.73	
Louise Oswald	W40	27.10	
Geoff Gee	M55	31.81	
Damien Hanson	M55	29.13	
Peggy Macliver	W65	18.90	PBA

Shot

Rob Shand	M75	6.64	
Bob Fergie	M70	8.31	
Dorothy Whittam	W70	6.08	
Peggy Macliver	W65	6.04	
Geoffrey Gee	M55	11.72	
Louise Oswald	W40	8.58	

1500m

David Cane	M45	4:33.0	
Bjorn Dybdahl	M55	5:00.5	
Bert Carse	M65	5:09.9	
Kim Thomas	M35	5:10.5	SB
Ross Keane	M45	5:11.6	SB
Paul Hughes	M55	5:19.0	
John Collier	M40	5:34.1	SB
Neil McRae	M55	5:36.6	SB big!
Bernadette Berrell	W50	5:44.7	
Dante Giacomini	M40	5:49.0	SB
Maurice Creagh	M60	5:51.7	
Toni Phillips	W35	5:52.3	PBA=
Ivan Brown	M65	5:54.6	SB
Katrina Bolden	W30	5:55.7	SB
Jonathon Phillips	M35	6:03.9	
Bruce Mathieson	M65	6:21.2	
Mike O'Reilly	M70	6:37.5	
Paul Foley	M40	6:39.2	SB
Shirley Bell	W60	6:43.5	SB
Rachael Mezzatesta	Vis	6:45.7	
Jackie Halberg	W60	7:00.0	SB
Sarah Ladwig	W60	7:21.8	
Irwin Barrett-Lennard	M80	7:27.2	SR
Claire Walkley	W40	7:35.1	
Cecil Walkley	M80	7:55.9	

100m

Dale Hamilton	Vis	12.0	
Ciza Ngayihdika	Vis	12.7	
Colin Smith	M45	13.3	
Bjorn Dybdahl	M55	15.0	
Nick Miletic	M55	15.3	
John Dennehy	M50	15.9	
Peggy Macliver	W65	16.0	
Keith Martin	M65	16.6	
Carol Bowman	W55	18.5	
Shirley Bell	W60	20.5	
Toni Phillips	W35	14.7	
Chelsea Thomas	Vis	16.8	
Michelle Thomas	W30	17.3	
Sarah Ladwig	W60	19.6	
Derry Foley	M80	20.6	
Patricia Carr	W75	20.8	

400m

Dale Hamilton	Vis	54.7	
Campbell Till	M50	57.7	
Mark Elms	M40	60.8	
Luke Williams	Vis	74.7	
Kalin Foley	Vis	78.9	
Logan Foley	Vis	79.0	
John Dennehy	M50	70.8	SB
Barbara Blurton	W55	71.6	SB
Mike O'Reilly	M70	76.7	
Ivan Brown	M65	77.7	
Keith Martin	M65	78.6	
Cecil Walkley	M80	2:04.3	PBA
Peggy Macliver	W65	78.5	
Dante Giacomini	M40	79.7	
Nick Miletic	M55	80.8	
Carol Bowman	W55	81.9	PBA
Irwin Barrett-Lennard	M80	1:32.8	
Jackie Halberg	W60	1:33.6	
Sarah Ladwig	W60	1:38.5	

10000m

Michael Mezzatesta	Vis	32:11.0	
Bjorn Dybdahl	M55	39:46.9	
Kim Thomas	M35	41:13.9	SB
Corey Thomas	M30	46:43.1	PBA
Karen March	W45	46:45.6	SB
Graeme Dahl	M60	47:32.8	
Grant Schofield	M40	48:21.0	
Gillian Young	W60	48:23.8	
John Collier	M40	49:28.7	
Jonathon Phillips	M35	49:35.0	
Claire Walkley	W40	52:16.1	

Shot

Lisa Kirsch	W55	9.40	
Bev Hamilton	W60	8.68	
Mark Hamilton	M35	11.52	
Dale Hamilton	Vis	11.18	
Paul Foley	M40	9.25	
Bruce Mathieson	M65	6.91	

Weight Throw

Lisa Kirsch	W55	12.48	
Hans Kirsch	M80	7.49	
Bev Hamilton	W60	12.08	
Mark Hamilton	M35	13.35	SB
Dale Hamilton	Vis	13.20	
Paul Foley	M40	7.12	

Friday March 19 - Strive Interclub, WAAS**2000m steeplechase**

Bjorn Dybdahl	M55	7:25.8	
Bob Schickert	M65	9:17.9	
Nick Miletic	M55	9:58.7	
Carol Bowman	W55	10:31.9	
Sarah Ladwig	W60	11:10.0	SB
Shirley Bell	W60	11:25.3	
Theresa Howe	W55	11:53.9	
Cecil Walkley	M80	12:24.1	SR
Lynne Schickert	W65	14:27.3	

100m

Brett Blanco	M35	11.53	+1.8	SB PBA
Darryl Lette	M40	11.92	+1.0	
Colin Smith	M45	13.04	+1.1	
Barrie Kernaghan	M65	14.27	+1.1	

400m

Colin Smith	M45	57.88
Neil Morfitt	M50	59.21
Brad Walsh	M45	60.42
Barrie Kernaghan	M65	67.10

1500m

Paul Mitchell	M35	4:19.69	PBA
Alan Gower	M50	4:35.28	PBA
Karyn Gower	W50	6:05.55	PBA

3000m walk

David Smyth	M40	16:28.1	PBA
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(result reported incorrectly on AWA site)

High Jump

Graeme Watson	M30	1.70
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Pole Vault

Mark Jeffrey	M40	3.65
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Shot

Bev Hamilton	W60	8.63	SB
Rob Shand	M75	6.85	

Discus

Darryl Lette	M40	30.20	SB
Bev Hamilton	W60	22.20	
Rob Shand	M75	21.99	

Hammer

Byrony Glass	W30	55.05
Bev Hamilton	W60	27.86

Javelin

Darryl Lette	M40	34.31
Damien Hanson	M55	29.76
Rob Shand	M75	23.32

Tuesday March 23 – UWA**1500m**

Niamh Keane	W45	5:22.0	SB
John Collier	M40	5:36.6	
Ivan Brown	M65	5:56.3	
Toni Phillips	W35	6:03.8	
Graeme Dahl	M60	6:13.7	

100m

Marty Gray	M45	13.4	SB
Alby Williams	Vis	13.6	
Barrie Kernaghan	M70	13.7	
Geoff Brayshaw	M60	14.5	
Keith Edmonds	M40	14.7	
Norm Richards	M70	14.9	
Keith Martin	M65	17.1	

400m

Neil Morfitt	M50	60.0
Barrie Kernaghan	M70	67.9
Keith Edmonds	M40	72.1
Marty Gray	M45	77.7
Ivan Brown	M65	79.2
Christine Oldfield	W65	1:45.4

3000m

Graeme Dahl	M60	12:57.6
Frank Smith	M65	13:10.9
Ivan Brown	M65	13:16.2
Bob Schickert	M65	13:49.2
Gill Edmonds	W45	16:46.9

5000m

Keith Edmonds	M40	21:05.0
John Collier	M40	22:26.1

Heavy Weight

Bob Fergie	M70	11.61	SB
Dorothy Whittam	W70	9.06	SB
Rob Shand	M75	6.79	
Tom Gravestock	M55	12.35	
Rae McMillan	W80	8.37	
Louise Oswald	W40	8.74	SR

Discus

Keith Martin	M65	22.44	SB
Geoff Brayshaw	M60	30.93	SB
Bob Fergie	M70	22.49	
Dorothy Whittam	W70	13.72	PBA
Rob Shand	M75	21.70	
Tom Gravestock	M55	39.63	SR
Louise Oswald	W40	27.89	
Rae McMillan	W80	16.40	
Lorna Lauchlan	W80	13.21	

Long Jump

Keith Martin	M65	3.71	SB
Geoff Brayshaw	M60	4.20	SB

Thursday March 25 – ECAC

300m

Chris Neale	M40	39.5
Campbell Till	M50	40.7
Garry Ralston	M50	44.3
Jonathan Phillips	M35	47.6
Irwin Barrett-Lennard	M80	62.8

David Cane	M45	45.3
Kim Thomas	M35	47.3
Michael Mezzatesta	Vis	48.8
Grant Schofield	M40	49.2
Bruce Mathieson	M65	60.1
Maurice Creagh	M60	62.7

Delia Baldock	W45	51.8
Catherine Keane	Vis	62.8
Jackie Halberg	W60	64.2
Sarah Ladwig	W60	65.8
Derry Foley	M80	75.2
Cecil Walkley	M80	84.8

600m

John Thomson(Scot Vets)	M50	1:36.8
Michael Mezzatesta	Vis	1:37.5
David Cane	M45	1:42.0
Ross Keane	M45	1:46.8
Kim Thomas	M35	1:50.0
Bert Carse	M65	1:52.6
Jonathan Phillips	M35	1:57.0
Neil McRae	M55	2:04.8
Grant Schofield	M40	2:07.0
Toni Phillips	W35	1:52.5
John Dennehy	M50	1:58.5
Mike O'Reilly	M70	2:05.7
Simone Solomon	W40	2:11.6
Graeme Dahl	M60	2:12.4
Maurice Creagh	M60	2:13.3
Bruce Mathieson	M65	2:14.6
Nick Miletic	M55	2:15.0
Carol Bowman	W55	2:18.4
Gillian Young	W60	2:22.7
Shirley Bell	W60	2:25.7
Roger Whalen	M65	2:26.4
Delia Baldock	W45	2:30.0
Kim Ribbink	W40	2:33.7
Irwin Barrett-Lennard	M80	2:35.1
Jane Elton	W40	2:36.6
Claire Walkley	W40	2:51.1
Cecil Walkley	M80	3:13.8

600m walk

Lynne Schickert	W65	4:00.0
Ray Hall	M75	4:03.9

Triple Jump

Iain MacLennan	Vis	10.10
Derry Foley	M80	5.83
Lynne Schickert	W65	5.98
Melissa Foster	W30	9.98
Zac Foster-Bardot	Vis	5.87

SB

100m

Chris Neale	M40	12.5
Garry Ralston	M50	12.7
Campbell Till	M50	13.0
Jonathon Phillips	M35	14.6
Nick Miletic	M55	15.1

SB=

Melissa Foster	W30	14.3
Delia Baldock	W45	16.4
Irwin Barrett-Lennard	M80	18.6
Sarah Ladwig	W60	19.1
Catherine Keane	Vis	19.2
Derry Foley	M80	21.5
Patricia Carr	W75	21.5

2000m

Michael Mezzatesta	Vis	6:18.2
David Cane	M45	6:24.8
Ross Keane	M45	7:12.0
Bert Carse	M65	7:18.5
Paul Hughes	M55	7:22.3
Kim Thomas	M35	7:36.7
Neil McRae	M55	7:53.3
Maurice Creagh	M60	8:04.4
Graeme Dahl	M60	8:11.1
Bob Schickert	M65	8:33.7
Grant Schofield	M40	8:46.2
Bruce Mathieson	M65	8:47.0
Gillian Young	W60	8:54.3
Lorraine MacLennan	W45	9:16.7
Claire Walkley	W40	9:21.4
Kim Ribbink	W40	9:31.4
Garry Ralston	M50	9:34.1
Jane Elton	W40	9:34.5
Chris Neale	M40	9:35.3
Mike O'Reilly	M70	9:40.5
Jackie Halberg	W60	10:19.1
Steve Fuller	M55	10:24.8
Cecil Walkley	M80	11:56.5
Carolyn Fawcett	Vis	12:49.7
Catherine Keane	Vis	13:29.8

2000m walk

Sarah Ladwig	W60	13:55.2
Lynne Schickert	W65	14:06.8
Ray Hall	M75	14:11.3
Stan Jones	M80	14:52.4

Hammer

Bev Hamilton	W60	26.35
Tom Gravestock	M55	38.48

SR

Javelin

Bev Hamilton	W60	19.94
Andrew Ward	M45	28.01
Julie Plackett	W40	14.18
Mario Trolio	W35	17.07
Carolyn Fawcett	Vis	8.25
Simone Solomon	W40	13.24
Steve Fuller	M55	27.00
Tom Gravestock	M55	28.03
Kim Thomas	M35	35.76

SB

Tuesday March 30 – UWA**300m**

Barrie Kernaghan	M70	44.9
Alby Williams	Vis	47.3
Marty Gray	M45	52.9
Delia Baldock	W45	53.4

600m

Toni Phillips	W35	1:52.8
John Collier	M40	1:53.2
Grant Schofield	M40	1:56.6
Neil McRae	M55	2:10.5
Graeme Dahl	M60	2:17.0
Delia Baldock	W45	2:22.9
Valerie Prescott	W65	3:03.5

100m

Mark Elms	M40	12.6	
Marty Gray	M45	13.5	
Barrie Kernaghan	M70	14.2	
Keith Edmonds	M40	14.2	PBA
Norm Richards	M70	14.3	

Peggy Macliver	W65	16.0	
Neil Davis	M65	16.0	SB
Delia Baldock	W45	16.1	
Lynne Schickert	W65	24.5	
Peter Kennedy	M85	35.2	

2000m

Clive Hicks	M55	7:07.5
John Collier	M40	7:36.6
Keith Edmonds	M40	7:38.1
Neil McRae	M55	7:45.9
Sue Zlnay	W50	7:46.3
Graeme Dahl	M60	8:01.2
Maurice Creagh	M60	8:04.0
Ivan Brown	M65	8:10.4
Frank Smith	M65	8:19.4
Grant Schofield	M40	8:47.5
Nick Bailey	M60	10:16.9
Gill Edmonds	W45	10:17.8

Javelin

Dorothy Whittam	W70	12.00	
Maria Trolio	W35	19.62	SB
Rae McMillan	W80	15.14	
Rob Shand	M75	23.99	SB
Bob Fergie	M70	21.55	
Lorna Lauchlan	W80	11.85	
Mark Elms	M40	30.41	
Peter Kennedy	M85	11.09	PBA
Peggy Macliver	W65	17.45	
Val Prescott	W65	12.03	
Ivan Brown	M65	17.19	SB

Shot

Dorothy Whittam	W70	6.14	
Rae McMillan	W80	7.04	
Rob Shand	M75	6.36	
Lorna Lauchlan	W80	6.56	SB
Louise Oswald	W40	8.07	

Early April saw the Perth 2010 Nationals at WAAS (see special listing under Championships)

Subsequent meetings formed part of the winter 2010 programme