

# TFNL



The Track and Field Newsletter of MAWA

Season 6 Issue 6

MARCH 2013



Niamh Keane leads  
Rosemary Giles and  
Vicki Cobby down  
the back straight in  
the 800m.

**State  
Champs  
special**

# Masters magic



# Well done champs!

The 32nd MAWA State Track and Field Championships saw the equal second highest ever entry, with 166 competitors. The event ran over six days from February 26 to March 10. This was much earlier than recent years, as dictated by the early Easter and the holding of the National Junior Championships.

This year the venues were a little different than previously, with every event except the 10,000m held at WA Athletic Stadium (WAAS). We enjoyed the superior facilities at WAAS, but some members miss the more intimate atmosphere we enjoyed at Ern Clark Athletic Centre (ECAC). The pentathlons were at WAAS for the first time and this was out of necessity not choice but significantly increased championship costs.

There were many competitive races and great sportsmanship between athletes. The performance of the meet was David Carr's 400m with a 99.44%. David was presented with the Anne Shaw trophy at the end of the final day. This is not the first time David has received this award and I'm sure it won't be the last. Twenty State records were set and four Australian ones are in the pipeline.

The weather was generally kind to us throughout the championships – the forecast storms on the main weekend not materialising. It was extremely hot on that Saturday, but we were able to provide sufficient shade for officials and competitors.



*Barbara Blurton presents David Carr with the Anne Shaw trophy for Athlete of the Meet on the final day of competition.*

As always at WAAS spectators in the stand suffer the full force of the afternoon sun.

Thanks to our dedicated officials and all the MAWA members who helped, everything went very smoothly and I believe the event was thoroughly enjoyed by all.

I was very honoured to receive recognition from the committee for my 10 years as Championship organiser, and I would like to thank the huge number of members who have given me their support over the years.

**Barbara Blurton**

## Main weekend state records

### Barbara Campbell

W75 Discus 19.13m

### David Carr

M80 400m \*71.40

### Brian Feutrill

M45 110m hurdles 18.65

### Melissa Foster

W30 Long Jump 5.57m

W30 Triple Jump 11.31m

### Byrony Glass

W35 Discus 36.49m

### Raema McMillan

W85 Hammer 18.55m

W85 Javelin \*12.09m

### Gillian Young

W65 1500m 6:21.84

W65 5000m 23:36.50

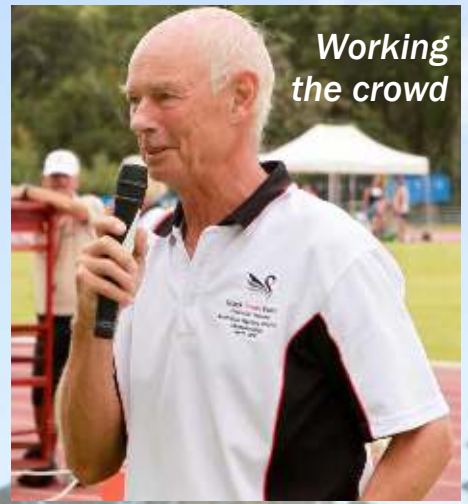
*\*Pending Australian Records*



*President  
honours  
Barbara's  
contribution*



*Working  
the crowd*



*Legends  
catch up*



*Throwers  
unite*



*Intrepid band of lap scorers*



*Delia takes a break*





# Black Swan Event FP State Athletics Championships



**GILLIAN YOUNG**



**MAIN PHOTO: Niamh Keane runs the bend on her way to a gold medal.**



**DANIELLE BALDOCK**



**ROSS KEANE**



**Rob Nichols heads Tony Smith and Ante Perdija.**

## Women's 1500m

Danielle Baldock	W30	6:46.50
Rosemary Giles	W35	5:26.81
Jody McGill	W35	6:03.17
Monique Thomas	W35	7:42.74
Niamh Keane	W45	5:13.63
Julie Keeley	W45	8:14.10
Julie Wilson	W55	7:08.29
Margaret Saunders	W55	DNF
Gillian Young	W65	6:21.84
Christine Oldfield	W65	8:39.20
Lorraine Lopes	W70	6:41.79

## Men's 1500m

Rob Nichols	M35	4:37.21
Tony Smith	M35	4:49.21
Ante Perdija	M40	5:02.73
John Collier	M45	5:23.79

Ross Keane	M50	4:59.58
Steve Giles	M50	5:16.44
Stuart Moore	M50	6:03.21
Bjorn Dybdahl	M55	5:09.42
Martin Kennedy	M55	5:09.56
Mickey Muroi	M55	5:28.17
Tony Downey	M55	5:38.57
Milton Mavrick	M55	6:12.09
Tony Heppener	M60	5:12.59
Mark Hewitt	M60	6:00.62
Nick Miletic	M60	7:17.97
Jim Langford	M65	5:38.59
Maurice Creagh	M65	5:57.18
Ivan Brown	M65	6:10.57
Bert Carse	M70	5:33.65
Bob Schickert	M70	6:21.68
Morland Smith	M75	7:18.46
Peter Kennedy	M90	19:10.10



**Rosemary Giles (371) passes Julie Keeley.**



# Black Swan Event FP State Athletics Championships



Rudi Kocis, Nigel Jones and Colin Smith surge off the line.



Carol Bowman makes an early start in her race.



Lynne Choate (right) powers off the line.



Quinton de Klerk (left), Andrew Taylor, Brian Feutrill and Bernard Riviere surge down the straight.

## Women's 100m

Melissa Foster	W30	13.21
Charlene Scodellaro	W30	13.45
Vicki Cobby	W40	14.53
Regina Crouch	W40	17.42
Sue Bourn	W45	14.78
Fran Cherry	W45	14.86
Fiona Leonard	W45	14.95
Sharon Moloney	W50	15.33
Carmel Meyer	W50	15.53
Alison Leggo	W50	15.64
Delia Baldock	W50	16.40
Carol Bowman	W55	17.84
Julie Wilson	W55	17.99

Lynne Choate	W60	15.52
Carolyn Fawcett	W60	22.09
Brenda Painter	W65	17.36
Lynne Schickert	W70	22.56

## Men's 100m

Rob Colling	M40	11.94
Maurice Pascal	M40	13.14
Greg Brennan	M40	13.91
Bernard Riviere	M45	12.57
Quinton de Klerk	M45	12.87
Andrew Taylor	M45	13.38
Brian Feutrill	M45	13.55
Rudolf Kocis	M50	12.25
Colin Smith	M50	13.15

Nigel Jones	M50	14.46
Dave Wyatt	M60	13.7h
Steve Fuller	M60	14.2h
Harold Membrey	M60	14.4h
Mark Hewitt	M60	15.5h
Nick Miletic	M60	15.9h
Bob Fawcett	M60	19.5h
Rob Antonioli	M60	DNF
Greg Wilson	M65	17.36
Barrie Kernaghan	M70	14.39
Norman Richards	M75	15.23
Leon Sander	M75	15.58
Stan Lockwood	M80	22.51
Peter Kennedy	M90	41.90



# Black Swan Event FP State Athletics Championships



Xander van Rijen (453) runs on to the back straight followed by Ian Cotton (480), Andrew Taylor and Maurice Pascal (412).



DAVID CARR



NEIL MORFITT  
and COLIN SMITH



CAROL BOWMAN  
and MARGARET  
SAUNDERS



Fran Cherry, Fiona  
Leonard, Vicki Cobby  
and Charlene  
Scodellaro battle down  
the back straight.

## Women's 400m

Charlene Scodellaro	W30	64.95
Danielle Baldock	W30	1:30.46
Jody McGill	W35	73.82
Vicki Cobby	W40	66.88
Fiona Leonard	W45	68.22
Sue Bourn	W45	74.78
Fran Cherry	W45	78.48
Carmel Meyer	W50	74.67
Delia Baldock	W50	1:22.72
Margaret Saunders	W55	77.74
Carol Bowman	W55	1:23.12
Julie Wilson	W55	1:31.51

Carolyn Fawcett

W60 2:02.72

Gillian Young

W65 1:24.20

Val Prescott

W65 2:15.51

## Men's 400m

Tony Smith	M35	60.39
Maurice Pascal	M40	58.35
Xander Van Rijen	M45	56.56
Ian Cotton	M45	60.81
Andrew Taylor	M45	65.00
Colin Smith	M50	58.07
Allan Billington	M50	74.58
John Dennehy	M50	78.73
Campbell Till	M55	58.04

Neil Morfitt

M55 60.71

Steve Fuller

M60 64.49

Tony Heppener

M60 65.66

Harold Membrey

M60 76.19

Mark Hewitt

M60 77.78

Nick Miletic

M60 1:26.05

Bob Fawcett

M60 1:44.72

Ivan Brown

M65 77.70

Maurice Creagh

M65 79.42

Barrie Kernaghan

M70 70.43

Bob Schickert

M70 1:25.03

Leon Sander

M75 76.91

David Carr

M80 71.40

Peter Kennedy

M90 4:54.83



# Black Swan Event FP State Athletics Championships



**TRISHA FARR and  
KARYN GOWER**



**MAIN PHOTO: Rosemary Giles  
heads past the finish line.**



**SUE BOURN**

## Women's 5000m

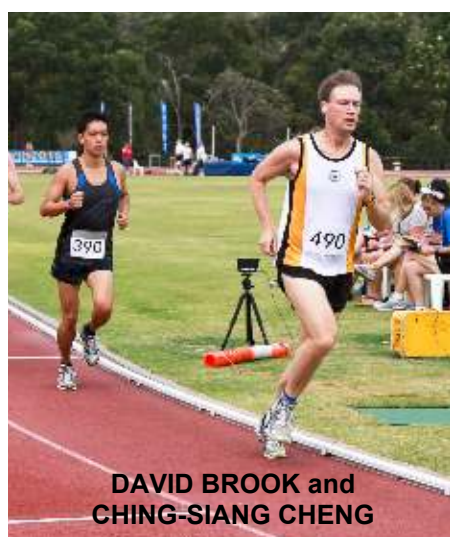
Rosemary Giles	W35	19:37.7h
Monique Thomas	W35	28:25.4h
Trisha Farr	W40	22:01.7h
Sue Bourn	W45	22:19.4h
Claire Walkley	W45	23:34.1h
Karyn Gower	W50	22:57.5h
Julie Wilson	W55	25:09.6h
Gillian Young	W65	23:36.5h
Loretta Shillinglaw	W70	30:12.3h

## Men's 5000m

Ross Langford	M35	16:52.0h
Rob Nichols	M35	16:55.8h
Steve Weller	M35	18:48.2h
Ching-Siang Cheng	M35	23:22.0h
Paul Mitchell	M40	17:40.1h
Ante Perdija	M40	18:56.0h
Chris Stansbury	M40	19:30.2h
David Solomon	M45	18:44.1h
John Collier	M45	21:51.5h
David Brook	M45	22:11.6h
Steve Giles	M50	19:25.3h
Ross Keane	M50	19:45.4h
Alan Gower	M55	18:07.7h
Martin Kennedy	M55	19:21.6h
Chris Maher	M55	19:37.0h
Mickey Muroi	M55	20:09.4h
Milton Mavrick	M55	24:05.4h
Bjorn Dybdahl	M55	DNF
Paul Hughes	M60	19:57.8h
Mark Hewitt	M60	22:10.2h
Michael Lee	M60	23:27.4h
Jim Langford	M65	20:02.5h
Jim Klinge	M65	21:16.3h
Maurice Creagh	M65	22:16.7h
Bert Carse	M70	20:45.7h
Bob Schickert	M70	24:01.3h
Morland Smith	M75	26:24.6h



**Paul Hughes leads Jim Langford and Jim Klinge as  
Bert Carse checks his watch on the first lap.**



**DAVID BROOK and  
CHING-SIANG CHENG**



**ROSS LANGFORD, ROB NICHOLS  
and PAUL MITCHELL**



# Black Swan Event FP State Athletics Championships



Wendy Seegers (362) floats around the bend followed by Sue Bourn (460), Fiona Leonard (466) and Vicki Cobby (410).



RUDI KOCIS



Carmel Meyer (521) heads Julie Wilson (595), Carol Bowman (580) and Delia Baldock (510).



MARK HEWITT and NICK MILETIC



IVAN BROWN

## Women's 200m

Charlene Scodellaro	W30	28.23
Wendy Seegers	W35	26.64
Vicki Cobby	W40	29.69
Regina Crouch	W40	37.37
Fiona Leonard	W45	30.64
Sue Bourn	W45	31.14
Fran Cherry	W45	33.03
Sharon Moloney	W50	31.87
Carmel Meyer	W50	32.14
Alison Leggo	W50	33.75
Delia Baldock	W50	35.59

Carol Bowman

Julie Wilson

Lynne Choate

Carolyn Fawcett

Brenda Painter

## Men's 200m

Tony Smith

Maurice Pascal

Bernard Riviere

Andrew Taylor

Rudolf Kocis

Colin Smith

W55

W55

W60

W60

W65

M35

M40

M45

M45

M50

M50

36.72

39.13

33.13

49.98

39.26

28.01

26.54

26.17

27.76

25.51

26.50

Allan Billington

Campbell Till

Neil Morfitt

Steve Fuller

Harold Membrey

Mark Hewitt

Nick Miletic

Bob Fawcett

Ivan Brown

Greg Wilson

Barrie Kernaghan

Norman Richards

M50

M55

M55

M60

M60

M60

M60

M60

M65

M65

M70

M75

32.56

27.2h

27.7h

28.9h

30.7h

33.4h

33.7h

42.9h

35.63

36.97

29.67

33.32



# Some like it hot



**HAROLD MEMBREY**



**BOB FERGIE**



**VALERIE MILLARD**



**LYNNE SCHICKERT  
and REGINA CROUCH**



**SHANNELL  
STAUNTON**

**MAIN PHOTO:**  
Garry Hastie  
cools down in  
the 3000m walk.

## Women's 1500m walk

Regina Crouch	W40 11:34.97
Valerie Millard	W65 10:29.20
Lynne Schickert	W70 10:48.41
Lorna Lauchlan	W80 12:19.82

## Men's 1500m walk

Garry Hastie	M50 6:43.24
John Dennehy	M50 10:05.58
John McDonagh	M60 10:15.16
Harold Membrey	M60 11:13.20
Bob Fergie	M75 12:25.04

## Women's 3000m walk

Shanell Staunton	W30 22:17.83
Regina Crouch	W40 22:50.97
Valerie Millard	W65 21:39.06
Lynne Schickert	W70 22:49.36

## Men's 3000m walk

Garry Hastie	M50 17:26.31
John McDonagh	M60 21:38.58
Harold Membrey	M60 22:48.46
Bob Fergie	M75 25:14.63



# Black Swan Event FP State Athletics Championships



## Women's 800m

Charlene Scodellaro	W30	2:31.02
Rosemary Giles	W35	2:42.23
Vicki Cobby	W40	2:39.54
Niamh Keane	W45	2:34.07
Fiona Leonard	W45	2:36.56
Sue Bourn	W45	3:05.16
Carmel Meyer	W50	2:54.75
Carol Bowman	W55	3:08.54
Julie Wilson	W55	3:25.09
Carolyn Fawcett	W60	4:43.72
Gillian Young	W65	3:08.21
Christine Oldfield	W65	4:03.36
Val Prescott	W65	5:10.37
Lorraine Lopes	W70	3:15.69

## Men's 800m

Tony Smith	M35	2:19.67
Ante Perdija	M40	2:31.53
Xander Van Rijen	M45	2:06.62
John Collier	M45	2:39.24
David Brook	M45	2:47.21
Ross Keane	M50	2:27.87
Stuart Moore	M50	2:32.54
Neil Morfitt	M55	2:21.50
Tony Downey	M55	2:37.08
Milton Mavrick	M55	3:11.45
Tony Heppener	M60	2:27.72
Mark Hewitt	M60	2:59.86
Nick Miletic	M60	3:23.27
Maurice Creagh	M65	2:58.19
Ivan Brown	M65	3:01.64
Bob Schickert	M70	3:04.89
Morland Smith	M75	3:20.99
David Carr	M80	2:58.00





# Black Swan Event FP State Athletics Championships



Vicki Cobby, Delia Baldock and Norm Richards tackle the hurdles on the Saturday.



**NORM  
RICHARDS**



**BRIAN FEUTRILL**



**HAROLD  
MEMBREY**



**ROB NICHOLS**

## Women's 80m hurdles

Vicki Cobby	W40	14.98
Delia Baldock	W50	16.39

## Men's 80m hurdles

Norman Richards	M75	20.59
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## Men's 110m hurdles

Brian Feutrill	M45	18.65
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## Women's 300m hurdles

Delia Baldock	W50	65.59
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## Men's 300m hurdles

Harold Membrey	M60	71.72
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## Men's 400m hurdles

Rob Nichols	M35	69.49
Brian Feutrill	M45	71.14



# Black Swan Event FP State Athletics Championships



LYNNE CHOATE



Fran Cherry, Sue Bourn and Fiona Leonard.



Rudi Kocis gets an early jump on Colin Smith and Chris van der Merwe.



Vicki Cobby, Regina Crouch, Wendy Seegers, Melissa Foster and Charlene Scodellaro.



DAVE WYATT

## Women's 60m

Melissa Foster	W30	8.39
Charlene Scodellaro	W30	8.60
Wendy Seegers	W35	8.08
Vicki Cobby	W40	9.44
Regina Crouch	W40	10.55
Sue Bourn	W45	9.24
Fran Cherry	W45	9.29
Fiona Leonard	W45	9.38
Deb Cox	W45	10.77
Sharon Moloney	W50	9.67
Alison Leggo	W50	9.72
Carmel Meyer	W50	9.90

Julie Wilson	W55	11.71
Lynne Choate	W60	9.49
Carolyn Fawcett	W60	13.66
Brenda Painter	W65	10.79
Luella Jenkins	W70	11.99
Lynne Schickert	W70	13.69

## Men's 60m

Steven Michael	M35	8.48
Mark Frew	M35	8.64
Rob Colling	M40	7.50
Maurice Pascal	M40	8.30
Bernard Riviere	M45	8.02
Quinton de Klerk	M45	8.06

Greg Harvey	M45	8.30
Brian Feutrill	M45	8.55
Rudolf Kocis	M50	7.72
Colin Smith	M50	8.23
Chris Van der Merwe	M50	9.43
Dave Wyatt	M60	8.74
Steve Fuller	M60	9.02
Harold Membrey	M60	9.37
Nick Miletic	M60	10.27
Bob Fawcett	M60	11.53
Greg Wilson	M65	10.80
Barrie Kernaghan	M70	9.29
Norman Richards	M75	9.69
Bob Fergie	M75	13.85



### Men's javelin

Mark Frew	M35 45.32m
Mark Hamilton	M40 34.57m
Todd Davey	M45 36.97m
Andrew Ward	M50 33.46m
Chris Van der Merwe	M50 28.05m
Wayne Rubick	M50 24.79m
Tom Gravestock	M55 30.07m
Steve Fuller	M60 31.71m
Geoff Brayshaw	M60 31.69m
Mark Hewitt	M60 23.83m
Bob Fawcett	M60 17.60m
Stan Selby	M65 38.62m
Greg Wilson	M65 25.97m
Bob Fergie	M75 13.95m
Rob Shand	M80 21.36m

### Women's javelin

Regina Crouch	W40 15.89m
Deb Cox	W45 17.49m
Sharon Moloney	W50 21.50m
Carmel Meyer	W50 18.35m
Julie Wilson	W55 13.79m
Kate Glass	W60 20.53m
Carolyn Fawcett	W60 11.91m
June Streeter	W60 10.34m
Bev Hamilton	W65 17.34m
Stella Turner	W65 12.19m
Luella Jenkins	W70 16.28m
Barbara Campbell	W75 16.68m
Raema McMillan	W85 12.09m



**STAN SELBY**



**MAIN PHOTO: Carmel Meyer keeps an eye on her javelin.**



**GEOFF BRAYSHAW**



**MARK FREW**



**JULIE WILSON**





**DELIA BALDOCK**



**GAY WYATT**



**DAVE WYATT**



**GREG WILSON**

**MAIN PHOTO:**  
Vicki Cobby  
prepares to leap  
over the bar.

#### Men's high jump

Bernard Riviere	M45	1.50m
Brian Feutrill	M45	1.50m
Chris Van der Merwe	M50	1.30m
Tony Downey	M55	1.30m
Dave Wyatt	M60	1.40m
Greg Wilson	M65	1.40m
Norman Richards	M75	1.10m
Bob Fergie	M75	0.90m

#### Women's high jump

Vicki Cobby	W40	1.34m
Delia Baldock	W50	1.20m
Gay Wyatt	W55	1.05m
Brenda Painter	W65	1.00m





**SUE BOURN**



**CARMEL MEYER**

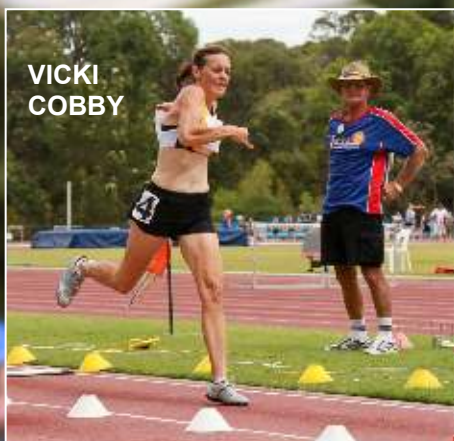


**MAURICE  
PASCAL**



**BRIAN FEUTRILL**

**MAIN PHOTO: Melissa Foster  
lands in a spray of sand in the  
long jump.**



**VICKI  
COBBY**



### **Women's long jump**

Melissa Foster	W30	5.57m
Nicole Pinel	W30	3.84m
Vicki Cobby	W40	4.13m
Regina Crouch	W40	3.20m
Sue Bourn	W45	3.52m
Delia Baldock	W50	4.10m
Carmel Meyer	W50	3.75m
Alison Leggo	W50	3.46m
Julie Wilson	W55	2.82m
Brenda Painter	W65	2.98m
Luella Jenkins	W70	2.81m
Lynne Schickert	W70	2.27m

### **Men's long jump**

Mark Frew	M35	5.10m
Steven Michael	M35	4.87m

Maurice Pascal	M40	5.85m
Greg Brennan	M40	4.76m
Bernard Riviere	M45	5.44m
Gregory Brush	M45	5.37m
Brian Feutrill	M45	5.15m
Quinton de Klerk	M45	4.87m
Kevin Collins	M45	2.68m
Andrew Ward	M50	4.38m
John Dennehy	M50	3.37m
Wayne Rubick	M50	3.26m
Dave Wyatt	M60	4.65m
Mark Hewitt	M60	4.28m
Greg Wilson	M65	3.63m
Norman Richards	M75	3.51m
Leon Sander	M75	3.20m
Peter Kennedy	M90	1.08m

### **Women's triple jump**

Melissa Foster	W30	11.31m
Vicki Cobby	W40	8.63m
Regina Crouch	W40	6.80m
Delia Baldock	W50	7.91m
Brenda Painter	W65	6.86m
Lynne Schickert	W70	5.39m

### **Men's triple jump**

Maurice Pascal	M40	10.94m
Bernard Riviere	M45	10.65m
Brian Feutrill	M45	10.44m
Andrew Ward	M50	8.33m
Wayne Rubick	M50	7.37m
John Dennehy	M50	6.84m
Dave Wyatt	M60	9.77m



# Black Swan Event FP State Athletics Championships



**MAIN PHOTO:** Bev Hamilton winds up in the weight throw.

## Women's hammer

Shanell Staunton	W30	23.07m
Nicole Pinel	W30	23.01m
Byrny Glass	W35	53.43m
Sharon Moloney	W50	24.77m
Kylie Everard	W50	23.52m
Annette Gravestock	W50	20.66m
Kate Glass	W60	33.22m
June Streeter	W60	16.90m
Bev Hamilton	W65	27.56m
Stella Turner	W65	15.17m
Luella Jenkins	W70	16.28m
Barbara Campbell	W75	27.60m
Raema McMillan	W85	18.55m

## Women's discus

Nicole Pinel	W30	25.07m
Byrny Glass	W35	36.49m
Deb Cox	W45	19.95m

Sue Bourn	W45	15.53m
Sharon Moloney	W50	22.77m
Annette Gravestock	W50	12.15m
Kate Glass	W60	23.18m
June Streeter	W60	14.62m
Carolyn Fawcett	W60	10.40m
Bev Hamilton	W65	23.97m
Val Prescott	W65	12.89m
Stella Turner	W65	11.83m
Luella Jenkins	W70	14.07m
Barbara Campbell	W75	19.13m
Raema McMillan	W85	13.11m

## Women's shot put

Nicole Pinel	W30	7.50m
Byrny Glass	W35	11.26m
Jody McGill	W35	7.44m
Vicki Cobby	W40	8.06m
Regina Crouch	W40	5.53m
Sharon Moloney	W50	8.52m

Annette Gravestock	W50	6.03m
Kate Glass	W60	9.18m
June Streeter	W60	6.14m
Bev Hamilton	W65	8.77m
Stella Turner	W65	6.23m
Luella Jenkins	W70	6.46m
Barbara Campbell	W75	7.73m

## Women's weight throw

Shanell Staunton	W30	8.96m
Byrny Glass	W35	18.00m
Kylie Everard	W50	8.41m
Sharon Moloney	W50	7.50m
Annette Gravestock	W50	6.50m
Kate Glass	W60	12.44m
Bev Hamilton	W65	10.85m
Stella Turner	W65	6.30m
Luella Jenkins	W70	8.89m
Barbara Campbell	W75	9.70m
Raema McMillan	W85	7.55m



# Black Swan Event FP State Athletics Championships



**MAIN PHOTO:** Nathan Nobbs balances on one foot as he prepares to unleash the hammer.

**QUINTON DE KLERK**

**MATT STAUNTON**

**GEOFF GEE**

**NICK MILETIC**

## Men's discus

Matt Staunton	M35	39.07m	Nathan Nobbs	M35	24.08m	Wayne Rubick	M50	8.50m
Nathan Nobbs	M35	21.74m	Mark Hamilton	M40	33.18m	Geoff Gee	M55	11.64m
Mark Hamilton	M40	37.96m	Todd Davey	M45	33.82m	Tom Gravestock	M55	10.20m
Todd Davey	M45	39.06m	John Everard	M50	38.65m	Oswald Igel	M60	10.84m
Andrew Ward	M50	30.76m	Andrew Ward	M50	23.18m	Harold Membrey	M60	7.49m
Chris Van der Merwe	M50	22.01m	Wayne Rubick	M50	19.11m	Nick Miletic	M60	7.01m
Tom Gravestock	M55	38.82m	Tom Gravestock	M55	35.75m	Greg Wilson	M65	9.25m
Brian Miller	M55	27.66m	Brian Miller	M55	34.70m	Rob Young	M65	7.78m
Oswald Igel	M60	37.49m	Geoff Gee	M55	33.47m	Bob Fergie	M75	6.05m
Steve Fuller	M60	33.25m	Harold Membrey	M60	19.34m	Christian Tittel	M80	7.07m
Harold Membrey	M60	28.26m	Greg Wilson	M65	23.34m	Peter Kennedy	M90	3.80m
Nick Miletic	M60	25.54m	Rob Young	M65	16.36m			
Bob Fawcett	M60	21.57m	Bob Fergie	M75	20.64m			
Greg Wilson	M65	30.30m	Christian Tittel	M80	21.19m			
Rob Young	M65	21.63m	Peter Kennedy	M90	6.42m			
Leon Sander	M75	25.12m						
Bob Fergie	M75	15.62m						
Rob Shand	M80	19.60m						
Christian Tittel	M80	19.37m						
Peter Kennedy	M90	11.31m						

## Men's shot

## Men's weight throw

## Men's hammer

Matt Staunton	M35	42.42m	Matt Staunton	M35	12.05m	Matt Staunton	M35	12.71m
Daniel Lowe	M35	26.68m	Nathan Nobbs	M35	8.79m	Mark Hamilton	M40	11.40m
			Daniel Lowe	M35	8.04m	Todd Davey	M45	11.69m
			Mark Hamilton	M40	11.15m	John Everard	M50	12.89m
			Todd Davey	M45	12.51m	Andrew Ward	M50	9.37m
			Quinton de Klerk	M45	9.13m	Geoff Gee	M55	14.98m
			Gregory Brush	M45	8.94m	Brian Miller	M55	12.48m
			Chris Van der Merwe	M50	9.43m	Tom Gravestock	M55	12.15m
			Andrew Ward	M50	8.93m	Harold Membrey	M60	9.89m
						Greg Wilson	M65	10.28m
						Rob Young	M65	7.43m
						Bob Fergie	M75	8.47m
						Christian Tittel	M80	10.37m



# Titles begin



The early events of the Black Swan Event Financial Planning State Athletic Championships kicked off with the walkers in the 5000m track walk at WA Athletic Stadium (WAAS) on February 26.

Two days later the action ventured to Ern Clark Athletic Centre (Coker Park) for a mind numbing 25 laps.

The following Saturday the pentathlons took centre stage at WAAS with the outdoor events in the morning and the weight events in the afternoon.

Returning to the same venue on Tuesday, March 5 it was the turn of the intrepid steeplechasers in the 3000m and 2000m events.

## Roll of Honour

March 2									
Mark Jeffery	M40	Pent	WAAS	3345	AR	Mark Jeffery	M40	Jav	WAAS 52.54m SR
Melissa Foster	W30	Pent	WAAS	2538	AR	Barbara Campbell	W75	Weight	WAAS 10.24m SR
Carmel Meyer	W50	Pent	WAAS	2342	SR	Todd Davey	M45	Shot	WAAS 13.03m SR
Byrony Glass	W35	TPent	WAAS	3629	SR	Todd Davey	M45	Discus	WAAS 43.25m SR
Sue Coate	W45	TPent	WAAS	2290	SR	March 5			
Barbara Campbell	W75	TPent	WAAS	3682	SR	Bert Carse	M70	2k SC	WAAS 8:44.2 93.45%
Todd Davey	M45	TPent	WAAS	3309	SR	David Carr	M80	2k SC	WAAS 10:18.3 92.42%
						(WRs, ARs are pending)			



# Night walkers



**SARAH LADWIG**



**REGINA CROUCH**



**BOB FERGIE and  
LORNA LAUCLAN**



**5000m track walk**  
Tuesday, February 26 –WAAS

Garry Hastie	M50	26:43.0
John McDonagh	M60	35:45.9
Sarah Ladwig	W60	*35:53.4
Valerie Millard	W65	37:15.0
Lynne Schickert	W70	37:38.1
Regina Crouch	W40	42:34.2
Bob Fergie	M75	42:59.6
Lorna Lauchlan	W80	43:01.0

*\*PBA*

**MAIN PHOTO:** Garry Hastie powers down the main straight at WA Athletics Stadium.



**JOHN McDONAGH**



**VALERIE MILLARD and  
LYNNE SCHICKERT**



# Pushing the limits



Ross Langford and Paul Mitchell run the first two laps in 2:42 with 23 laps to go.

## Men's 10,000m

Thursday, February 28 – ECAC

Ross Langford	M35	*35:24.3
Ante Perdija	M40	*40:12.0
Mickey Muroi	M55	*40:12.1
Steve Weller	M35	40:31.1
Chris Maher	M55	41:09.8
Tony Smith	M35	41:15.6
Martin Kennedy	M55	42:11.3
Paul Mitchell	M40	42:14.2
Ross Keane	M50	*42:47.4
Jim Langford	M65	42:50.4
Bert Carse	M70	46:03.9
Maurice Creagh	M65	*47:15.7
John Collier	M45	48:27.7
Milton Mavrick	M55	51:00.2
Bob Schickert	M70	*51:15.7
Greg Wilson	M65	*54:16.8
Morland Smith	M75	59:00.4

\*PBA



TONY SMITH

## Women's 10,000m

Thursday, February 28

Bernadette Benson	W40	*42:00.1
Sue Bourn	W45	46:38.0
Sue Zlnay	W50	46:39.5
Lorraine Lopes	W70	52:21.3
Julie Wilson	W55	53:22.7
Monique Thomas	W35	63:51.6
Loretta Shillinglaw	W70	71:22.6

\*PBA



MAIN PHOTO: Sue Bourn runs the bend at Ern Clark Athletic Stadium (Coker Park).



Mickey Muroi finishes as Ante Perdija does an extra lap.



BERNADETTE BENSON



# Black Swan Event FP State Athletics Championships

**MAIN PHOTO:**  
Melissa Foster  
sails through the  
air in the long  
jump.



**CAROL BOWMAN**



Sand sprays as Ian Cotton lands another mighty jump.



**GREG WILSON**



**MARK JEFFERY**

## Women's outdoor pentathlon

### WAAS – Saturday, March 2

Melissa Foster	W30	2538
Monique Thomas	W35	298
Regina Crouch	W40	968
Sue Bourn	W45	1881
Carmel Meyer	W50	2342
Sharon Moloney	W50	2000
Carol Bowman	W55	1692
Julie Wilson	W55	1594
Sarah Ladwig	W60	1398
Carolyn Fawcett	W60	900
Lynne Schickert	W70	1319

## Men's outdoor pentathlon

Kim Thomas	M35	659
Mark Jeffery	M40	3345
Ian Cotton	M45	2664
Nigel Jones	M50	1858
Wayne Rubick	M50	1411
Larry Parsons	M50	1136
John Dennehy	M50	1119
Steve Fuller	M60	2978
Rob Antonioli	M60	2399
Geoff Brayshaw	M60	1868
Harold Membrey	M60	1727
Nick Miletic	M60	1714
Bob Fawcett	M60	630
Greg Wilson	M65	2230
Ivan Brown	M65	1942
Leon Sander	M75	2638
Norm Richards	M75	2051



# Black Swan Event FP State Athletics Championships



**MATT STAUNTON**

**MAIN PHOTO:**  
Todd Davey  
dances across the  
circle.

## Men's throws Pentathlon

**Saturday, March 2 – WAAS**

Matt Staunton	M35	3010
Ian Coate	M40	1517
Todd Davey	M45	3309
Andrew Ward	M50	2025
Tom Gravestock	M55	3127
Oswald Igel	M60	2747
Harold Membrey	M60	1662
Greg Wilson	M65	2438
Bob Fergie	M75	1865
Chris Tittel	M80	2678



**NICOLE PINEL**



**BYRNY GLASS**

## Women's throws Pentathlon

**Saturday, March 2 –WAAS**

Nicole Pinel	W30	1615
Byrny Glass	W35	3629
Sue Coate	W45	2290
Sharon Moloney	W50	2352
Kate Glass	W60	3215
June Streeter	W60	1659
Bev Hamilton	W65	3480
Stella Turner	W65	1877
Barbara Campbell	W75	3682



**Bev Hamilton**  
prepares to  
unleash the  
hammer.





Maurice Creagh and Bob Schickert power out of the water jump.

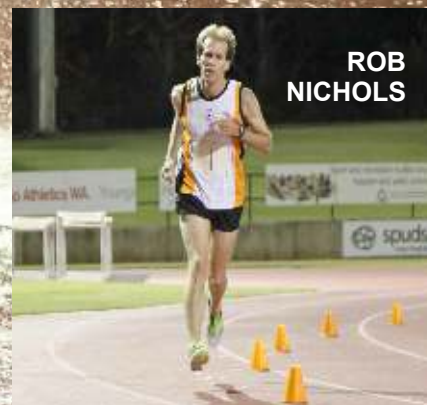
## Men's steeplechase 3000m

Tuesday, March 5 – WAAS

Rob Nichols	M35	11:07.3
Ante Perdija	M40	12:06.3
Tony Smith	M35	12:40.0
Wayne Rubick	M50	17:00.9

## 2000m

Bert Carse	M70	8:44.2
Maurice Creagh	M65	9:49.0
Bob Schickert	M70	9:53.6
David Carr	M80	10:18.3
Greg Wilson	M65	10:21.1
Nick Miletic	M60	11:33.0
Bob Fawcett	M60	13:35.5



# Water works



MAIN PHOTO: Delia Baldock tackles the water jump.



## Women's steeplechase 2000m

Tuesday, March 5 – WAAS

Margaret Saunders	W55	9:29.6
Julie Wilson	W55	10:07.3
Carol Bowman	W55	10:27.0
Danielle Baldock	W30	10:59.6
Delia Baldock	W50	11:40.7
Sarah Ladwig	W60	11:50.9
Monique Thomas	W35	12:02.4
Erica Mercer	W65	12:59.2
Carolyn Fawcett	W60	14:18.2
Lynne Schickert	W70	15:13.4







**Gillian Young  
strides out past  
the Perth 2016  
signs in the  
5000m.**



**BlackSwan Event**  
FINANCIAL PLANNING

Black Swan Event Financial Planning is pleased to again be associated with Masters Athletics WA, supporting the 2013 MAWA State Championships.

#### ***Health and wealth***

One of the key challenges of retirement is to make sure our income lasts as long as we do.

As a masters athlete, you put a lot of time and effort into maintaining a healthy body. But is your financial situation equally healthy?

If you can be confident that your income will be ongoing, whatever happens in financial markets, then you can plan and act with certainty and peace of mind, says John Cameron, Principal of Black Swan Event Financial Planning.

"In the 30 years I have been in financial planning and associated areas, many companies have tried various ways

to provide that certainty of income – mostly without success," John says.

"Now, a major institution has come up with a radical new solution which, for a reasonable cost, guarantees income for life. It is transparent and flexible, so you can make capital withdrawals (but they will affect your income), with no loss of capital on death."

If you would like more details or would like a free "health check" of your finances, contact John Cameron or Petrese Ivey at Black Swan Event Financial Planning. Or check the website at [www.blackswanevent.com.au](http://www.blackswanevent.com.au)

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