

The Vetrun

No. 162 MARCH, 1986

W.A. VETERANS' A.A.C.

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PATRON: W. J. Hughes

SECRETARY: Duncan Strachan, 459 3859

NEWSLETTER EDITOR: Basil Worner, 387 9702 (w)

PRESIDENT: Leo Hassam, 272 5556

TREASURER: David Roberts, 384 5758

VETERANS CHAMPIONSHIPS, MARCH 15,16

The Committee has been working to achieve an entry from each member in this year's week-end event.

We did not succeed in that aim. However, we did encourage nearly a 40% increase on last year's entries. Frank McLinden, who is the registrar for entries said that there were nearly fifty more than in 1985.

Well done to all who are fronting up!

Some reminders :

As mentioned in previous newsletters, our week-end will be opened by the Minister for Sport and Recreation, the Hon.Keith Wilson.

This will be a brief formality at 12.30 pm on the Saturday. Please come and support the club at that time if you have a few minutes.

There will be a BBQ on the Sunday after the last event.

If you live south of the river you would not have seen the feature article in the Stirling Times on our Championships with a focus on Don. We include it on our front page.

TIME TRIALS - RESULTS

If you would like a full copy of all 1986 results please don't hesitate to ring the Editor of Vetrun - number listed above.

And while on the Time Trials - again a word of appreciation to Bob Fergie for putting the programme together and to the organizers for each session. In all cases, the events have run smoothly and on time.

ANNUAL GENERAL MEETING

The Vets are remarkable for their strong support. Please don't forget the AGM at McCALLUM PARK on MARCH 30th, 8.00 a.m., with a group jog.

LIBRARY DISPLAY

When Paul Jones visited the Dianella Library with a bundle of our club pamphlets, the librarian was interested enough to ask if we could put on a small display early in March. This should be in place in the second week of March. If you are passing by, you might like to look in and give us your thoughts

Don is a flyer

Local veteran athletes are in training for the WA Veterans' Club State Championships to be held March 15-16, at McGillivray Oval, Shenton Park.

Among the most outstanding athletes is 46 year old Don Caplin, of Karrinyup.

Don, who is an officer in the Department of Civil Aviation, is a flyer on the track as well.

In 1982 he won the Australian veterans' cross-country event in Perth.

He has won silver medals for the 800m and 1500m events in Australian Veteran Championships.

An in his spare time, Don coached two world record-breaking women's teams in 1984.

Both records were for 24 hour relay runs.

The 40-45 years team of 10 completed 314.313 kms in the 24 hours - the 35-40 years team completed 353.437 kms in the same time.

"This was a marvellous effort," said Don.

"I've run in several marathons, and I'd rather do that than compete in a 24 hour relay race."



Don Caplin of Karrinyup trains for the WA Veterans' Club State Championships.

NewsDesk



A VERY "HAPPY BIRTHDAY" TO
OUR CLIFF!

CLIFF'S NAME APPEARS AT
THE TOP OF THE LIST FOR
A NUMBER OF REASONS. WE
ALL KNOW THAT HE WAS A
FOUNDING MEMBER OF "THE
VETS" AND WE THANK HIM
FOR THE PLEASURE HE HAS
GIVEN US. (SEE PAGE 3)

MANY HAPPY RETURNS AND
HERE COMES M75!!

HAPPY BIRTHDAY

Cliff Bould	turns 70	becomes M70	12
Lorna Butcher	" 56	remains W55	09
Don Caplin	" 47	" M45	22
Brian Foley	" 42	" M40	11
Margaret Harman	" 48	" W45	22
Brian Hanks	" 51	" M50	28
Kath Holland	" 46	" W45	31
Bob Harrison	" 44	" M40	03
George Innes	" 51	" M50	03
Barrie Kernaghan	" 46	" M45	20
Mitch Loly	" 46	" M45	20
Ruby Maddison	" 49	" W45	17
John Maddison	" 48	" M45	22
Bill Monks	" 50	becomes M50	12
Jo Stone	" 41	remains W40	06
Duncan Strachan	" 64	" M60	26
Frank Smith	" 44	" M40	06
Rob Shand	" 54	" M50	20
Ron Strauch	" 47	" M45	06
Rosemary McGlashen	" 47	" W45	31
Cheryl Amies	" 38	" W35	17
Kiatley Johnson	" 57	" W55	14
Laurie Elliott	" 46	" M45	01
Gerry Allen	" 44	" M40	26
John Bennington	" 49	" M45	19
Peter Sanders	" 41	" M40	20
Avril Yates	" 33	" W30	27
Jeff Bowen	" 44	" M40	02
Luella Jenkins	" 44	" W40	31
Anthony Speechley	" 42	" M40	23
James Manley	" 50	becomes M50	05
Michael Faunge	" 47	remains M45	06
Patrick Guiton	" 51	" M50	16

A WARM WELCOME TO NEW MEMBERS :

Patrick Guiton	4/70 Matheson Road, Applecross.	322 2240	16/3/35	Joined : 10/2/86
Joy Sanger	107B Edwrad Street, Osborne Park	444 0738	22/7/51	" 10/2/86
John Cochrane	3 Young Street, Albany	(098) 415 107	08/6/35	" 10/2/86

BEST WISHES, CHERYL

Most of our members probably know that Cheryl Amies, one of our country members, has been out of action for some weeks. We are all pleased to know that you are making a good recovery and we are looking forward to seeing your cheerful smile around us as soon as you can. It is rumoured around the club that Joan Pellier is now your "Honorary Sister" - a useful channel for getting instant information from the hospital! (We also hear that John P. has a few direct and earnest words to "Him Upstairs"!)

WORLD RECORD

Congratulations to John Gilmour for yet another world record. John beat the clock, the dark and a line of unco-operative sprinklers at Coker Park to add the 3000m to his list of records.

CLUB RECORD RUNS FOR MARCH

LORNA'S RUN (AROUND THE HOUSES) 15.6km

W30	J. Chambers	60.19	M45	S. Barrie	57.18
W35	J. Stone	81.37	M50	F. McLinden	61.59
	P. Farrell	77.51	M55	B. Evans	62.40
W45	T. Vaalsta	70.58		D. Strachan	70.13
M35	C. Leman	54.22			
M40	F. Smith	53.03			

6.4km

W53	S. Walton	29.43	M35	D. Roberts	25.51
W40	C. Cole	35.09	M40	B. Harwood	23.55
W45	J. Pellier	29.06	M45	J. Spencer	25.00
W50	N. Berry	35.09	M50	D. Moffett/B. Worner	24.36
W55	J. Strachan	36.31	M65	C. Bould	31.45
			M70	D. Horsley	30.39

TEDDY BIRDS PICNIC RUN 16km

W35	C. Amies	71.35
W40	M. Robinson	80.19
W45	T. Vaalsta	74.43
M35	C. Leman	55.13
M40	F. Smith	55.05
M45	D. Caplin	57.53
M50	D. Hough	63.27
M55	B. Evans	64.30
M60	D. Strachan	73.37

8km

W35	S. Leman	42.29
W45	E. O'Dea	42.33
W55	V. Tyson	52.14
M35	J. Dartnell	34.26
M40	H. Kirkman	29.47
M45	D. Hoyer	30.32
M50	D. Carr	30.35
M55	M. Moyle	35.03
M65	C. Bould	37.35
M70	D. Horsley	36.26

"THE SUNDAY TIMES" HONOURS OUR CLIFF

For those who don't get "The Sunday Times", we include this feature article by Ray Wilson. It was great to see Cliff receiving recognition in his birthday month, especially as he chalked up another record on February 16 when he completed the Bridges course in 46:45.

Veteran is a winner before race

By RAY WILSON

CLIFF Bould of Melville has had a lifetime's involvement in athletics, and there's still plenty of kick left in the sprightly 69-year-old.

Mr Bould will be one of the upright oldies bounding around McGillivray Oval on March 15-16 during the WA veterans track and field championships.

The former British athletic teams' physiotherapist will win the 70-75 year 10,000m and 5000m events because nobody else in that age bracket will compete.

However, the man who has never tasted alcohol or given his lungs a blackout with cigarette smoke, won't run on his lonesome.

Other athletes in age groups upwards from

35 will compete.

Mr Bould, who turns 70 on March 12, puts in one-and-a-half hours a day training to stay in top condition.

A Pritikin diet — no fat, salt or sugar — keeps his insides as fit as he looks on the outside.

Along with the legendary veteran athlete John Gilmour — who broke a world record in the 65-70 age group for the 3000m on Tuesday night during the club's weekly meeting — the quietly spoken English gentleman helped launch veterans athletics in WA in 1972-73.

He held a stopwatch for Roger Bannister at Paddington Recreation Oval in London in 1954 only months before the miler cracked the four-minute barrier.

In 1958 he was the physio for the British team at the Cardiff Commonwealth Games and again acted in that capacity in the Rome Olympics and the Perth Commonwealth Games.

Perhaps his greatest moment of glory came in 1969 during the US Masters track championships in San Diego.

Mr Bould, who moved from Melbourne to Perth in 1965, won the six-mile and three-mile runs in world record times for the 50-60 age groups and then came in third in the marathon.



RESULTS

STRACHANS' RIVER RUN

19 January 1986

To the runners, their ladies, and the children, about ninety people, June and I say thank you for making the run and the social afterwards a success.

Bunbury members, please come next year in greater numbers. We were delighted to have you.

Our thanks to those Vets who gave of their time to record the runners' times and a special thank you to Phyllis and Rob Farrell for their support, without which the day would not have been a success.

See you 18th January 1987.

JUNE & DUNCAN.

3:20km

John Maddison	M45	24.52
John Spencer	M45	25.21
Alan Tyson	M60	29.18
Barry Harwood	M40	30.21
Robert Davis	M45	31.58
Jenny Willers	W35	31.22
Joanne Pearce	W35	34.38
Carol Cole	W40	34.40
Pat Carr	W50	36.06
Kath Mitchell	W45	36.55
Shirley Cross	W45	41.51
Mary Pritchard	W40	41.51
Ruby Maddison	W45	48.10
Val Tyson	W60	48.10

6:80km

Keith Forden	M45	39.17
Cliff Bould	M65	40.18
Ken Whistler	M50	40.56
Joan Pellier	W45	40.40
J.C. McLean	M50	43.41
Sandy Walton	W35	43.38
Ian Sutherlands	M45	43.38
Kath Penton	W40	43.47
Gloria Sutherland	W40	46.18
Lorna Butcher	W55	46.18
Nanette Harding	W35	41.44
Fred Hagger	M60	41.44
Elsa O'Dea	M60	47.49
Mary Robinson	W45	49.05
Arthur Leggett	W45	49.05
John Russell	M65	49.30
Nora Berry	M50	49.58
Rosa Davis	W55	50.57
	W40	50.46

14km

Frank Smith	M40	52.15
Steve Mitchell	Vis	52.15
Don Caplin	M45	52.34
Derek Crowther	M40	55.23
Bob Sammells	M45	56.03
Graham Thornton	M45	56.32
Mike Khan	M40	56.23
Robert Harding	M40	56.41
Joe Yates	M40	56.32
John Pellier	M45	59.04
Barry Evans	M55	58.10
Paul Jones	M50	63.45
Alan Pomery	M50	62.22
Jim Barnes	M40	64.14

Tony Speechley	M40	64.21
Cheryl Amies	W35	61.18
Bill Mitchell	M50	66.23
Vic Beaumont	M55	64.53
Marg Forden	W40	67.52
Ernie Moyle	M60	69.15
Barrie Thompsett	M45	69.53
David Carr	M50	61.18

RESULTS

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CLIFF BOULD OPEN HANDICAP

26 January 1986

	Age	Clk	Hand	AdjT		Age	Clk	Hand	AdjT
1 Jim Greenfield	M40	32.05	11.00	21.00	41 Hamish McGlashan	M45	35.21	14.10	21.11
2 Bill Hughes	M55	32.31	9.50	22.41	42 Bryan Hardy	M40	35.22	13.10	22.12
3 Trish Kirwan	M35	32.35	12.00	20.36	43 Dick Horsley	M70	35.24	10.30	24.54
4 Maralyn Acreman	W40	33.02	6.00	27.02	44 Marg Warren	W50	35.27	7.20	28.07
5 Cliff Bould	M65	33.21	8.20	25.01	45 Jane Davies	W30	35.28		
6 Sandy Walton	W35	33.32	8.20	25.12	46 Keith Forden	M45	35.33	11.20	24.13
7 Alan Tyson	M60	33.41	11.20	22.21	47 Bob Sammells	M45	35.39	15.10	20.29
8 Cheryl Bell	W35	33.55	12.10	21.45	48 Ian Sutherland	M40	35.41	10.50	24.51
9 Gerry Noordyk	M60	33.57	9.00	24.57	49 Alan Croxford	M40	35.47	14.40	21.07
10 Margery Forden	W40	33.57	10.50	23.07	50 Bernard Godwin	M45	35.56	12.10	23.46
11 Don Caplin	M45	33.58	16.00	17.58	51 Maurrie Smith	M50	36.03	16.10	19.53
12 Paul Martin	M40	34.01	14.20	19.41	52 Benjamin Yates	Vis	36.32	16.00	20.32
13 Frank Usher	M60	34.08	7.30	26.38	53 Bob Farrell	M45	36.39	11.20	25.19
14 Steve Barrie	M50	34.10	15.40	18.30	54 Nora Berry	W55	36.52	6.00	30.52
15 Ray Lawrence	M55	34.14	11.10	23.04	55 John Pellier	M45	36.55	13.40	23.15
16 John Maddison	M45	34.16	14.20	24.16	56 Alan Chambers	M45	37.01	9.30	27.31
17 June Strachan	W60	34.23	3.40	30.43	57 Fred Hagger	M60	37.33	10.10	27.23
18 Peter Davies	M55	34.24	11.50	22.34	58 Morris Warren	M45	37.40	12.20	25.20
19 Ernie Moyle	M60	34.25	9.00	25.25	59 Phillis Farrell	W40	37.42	8.00	29.42
20 Elsa O'Dea	W45	34.26	7.30	26.55	60 Barry Thomsett	M45	37.42	10.00	27.42
21 Joan Pellier	W45	34.29	10.10	24.18	61 Alison Aldrich	W40	38.08	7.20	30.48
22 Bill Monks	M45	34.29	14.30	19.59	62 Maureen Stewart	Vis	38.46		
23 Unknown vis.		24.31			63 Jim McLean	M50	39.14		
24 Frank McLinden	M50	34.35	14.40	19.55	64 Jo Stone	W40	39.32	9.30	30.02
25 Anthony Wood	M40	34.38	14.50	19.48	65 Shirley Cross	W45	39.33	6.10	33.23
26 Joe Stickles	M45	34.40	13.20	21.20	66 M. Johnson	M45	40.05	15.00	25.05
27 Alan Pomery	M50	34.48	13.00	21.48	67 Leo Hassam	M55	40.15	10.20	29.55
28 Paul Jones	M50	34.51	12.10	22.41	68 Duncan Strachan	M60	40.16	10.20	29.56
29 Jill Chambers	W35	34.54	14.30	20.23	69 Ruby Madison	W40	41.04	Nil	41.04
30 Greg Knuckie	Vis	34.53	16.00	18.53	70 Val Tyson	W60	41.57	Nil	41.57
31 Dalton Moffett	M55	34.58	14.20	20.38	71 Jeff Whittam	M50	41.59	10.00	31.59
32 Dave Roberts	M40	34.58	14.40	20.18	72 Barbara Godwin	W45	42.00	8.50	33.10
33 Kath Penton	W40	34.50	9.50	25.09	73 Margaret Wood	W35	42.28	7.00	35.28
34 Merv Moyle	M55	35.03	12.00	23.03	74 Dave Jones	M55	42.33	11.40	30.53
35 Mary Robinson	W45	35.05	6.00	29.05	75 Alan Stone	M50	44.09	11.30	32.39
36 Vic Beumont	M55	35.06	11.50	23.16	76 Jenny Willers	W35	48.44	10.40	38.04
37 Tony Speechley	M40	35.07	13.10	21.57					
38 Mike Allan	M40	35.09	14.50	20.19					
39 John Russell	M50	35.14	9.30	25.44					
40 Jill Langdon	W35	35.18	7.20	27.58					

WEST COAST/CHALLENGER 8km

2 February 1986

A warm February morning with Strong South/East winds greeted runners for the 8am start. 70 runners hit the road spot on 8 a.m. Correction, 69 runners hit the road as Rob Shand was 3½ minutes late. Sorry we were on time Rob.

It was evident at approx 2km that a struggle was on between Smith, Danby, Kirkham, and young Steve Mitchell running an invitation was on with this breakaway group just to keep them honest.

25 metres back in indian file Bell, Sanders, Caplin, Sammells and McLinden all hanging in. Cheryle Bell is showing that the work put in is paying off and was leading "W" followed closely by Tuula Vaalsta. That was how they finished with Joan Pellier third and I apologise for not calling it correctly on the day, Joan. On the line at the finish Smith and Mitchell could not be separated and a dead heat resulted. Brian Danby put in a great effort as did Hugh Kirkham.

Not being a Vetran, Mitchell cannot feature in the official result but well run anyway!

The Shield was presented to Frank Smith for the 3rd time and we are looking for a challenge to Frank's dominance of this event next year.

Because of the good turnout of 'Ws', we will also next year introduce a Shield Prize for the 1st 'W' home.

It was pleasing to see the large turnout of runners and a very big thanks to the team of helpers who set the pattern for an incident free race. In particular Dick Horsley, Ann Smith, Rose Johnston, Ruby Maddison, Nora Berry, Gloria and Ian Sutherland, Jim Barnes and an Officer in charge and Technical Equipment, Maurice Johnston.

BOB HAYRES.

1 Frank Smith	M40	28.11	22 Bob Harrison	M40	34.00
2 Brian Danby	M35	28.25	23 Cheryl Bell	W35	34.00
3 Hugh Kirkham	M40	29.00	24 Alan Pomery	M50	34.42
4 Peter Sanders	M40	29.31	25 Tuula Vaalsta	W45	34.42
5 John Bell	M40	30.37	26 Paul Jones	M50	35.15
6 Don Caplin	M45	30.54	27 Merv Moyle	M55	35.42
7 Bob Sammells	M45	30.57	28 Bill Mitchell	M50	35.43
8 Frank MacLinden	M50	31.13	29 Stan Lockwood	M55	26.10
9 Dominic Sapagnola	Vis	31.23	30 Morris Warren	M45	36.15
10 Joe Travato	M45	31.40	31 John Bennington	M45	36.21
11 Dave Roberts	M40	31.44	32 Bill Crellin	M45	36.43
12 Maurice Johnston	M45	31.53	33 Ray Lawrence	M55	37.12
13 John Maddison	M45	32.09	34 Brian Hardy	M40	37.17
14 Barry Harwood	M40	32.16	35 Bill Hughes	M55	37.27
15 Joe Yates	M40	32.23	36 Bob Farrell	M45	37.32
16 Dave Hough	M50	32.33	37 Selby Munsie	M50	38.02
17 Dalton Moffett	M55	32.37	38 Barrie Thompsett	M45	38.09
18 Vincent Caruso	M35	32.39	39 Brian Aldrich	M55	38.13
19 Keijo Vaalsta	M50	32.43	40 Rob Shand	M50	38.18
20 Derrick Crowther	M40	32.56	41 Robert Davis	M45	38.33
21 Frank Steer	M40	32.56	42 Joan Pellier	W45	38.38

WEST COAST/CHALLENGER 8km cont...

43 Garnet Morgan	M60	38.42	61 Elsa Odea	W45	44.32
44 Cliff Bould	M65	38.49	62 Maralyn Acreman	W45	44.32
45 Patsy Reside	W35	39.13	63 Bob Abrahams	M55	44.32
46 Ernie Moyle	M60	39.27	64 June Strachan	W60	47.57
47 John Pellier	M45	40.12	65 Rosa Davis	W40	48.03
48 Sandy Walton	W35	40.28	66 Dorothy Whittam	W45	51.46
49 Duncan Strachan	M60	40.28	67 Val Tyson	W60	57.58
50 Jussi Vaalsta	Vis	40.29	68 Jill Langdin	W35	57.58
51 John Russell	M50	41.48	69 Frank Usher	M60	DNF
52 Jim McLean	M50	41.48			
53 Lorna Butcher	W55	41.58			
54 Alan Tyson	M60	42.02			
55 Leo Hassam	M55	42.26			
56 Phylliss Farrell	W40	42.58			
57 Jenny Willers	W35	42.58			
58 Sue Sanders	W30	43.14			
59 Jeff Whittam	M50	43.20			
60 Margaret Warren	W50	43.20			

1st Male	Frank Smith	M40	28.11
2nd Male	Brian Danby	M35	28.25
3rd Male	Hugh Kirkham	M40	29.00

1st Woman	Cheryl Bell	W35	34.00
2nd Women	Tuula Vaalsta	W45	34.42
3rd Woman	Joan Pellier	W45	38.38

CLUB PENTATHLON

9/2/86

"TWO TIMES THREE"

Both Dick Horsley and Dorothy Whittam have won the Club Pentathlon for the last 3 years.

Dorothy scored 2665 points, 953 of them for a splendid 3.42m long jump. Her 760 points for a 15.2 100m was also a fine effort. Mary Robinson was a great trier and a worthy second place-getter to Dorothy. Mary's top event was a 2.61m long jump which earned her 478 points. For a "little lady", she threw both the discus and javelin quite effectively with 215 and 204 points respectively.

Dick's score of 3526 placed him ahead of Dave Jones (2603) and Bob Fergie (2558). Dick scored a big 850 for his 6.25 for the 1500m, while Dave notched 860 for a sound 13.7 100m.

Other placings :

4th	Norm Richards	2396	9th	Arnold Jenkins	1501
5th	Dave Carr	2335	10th	John Bennington	1482
6th	Allen Tyson	2167	11th	Joe Trovato	1466
7th	R. Whalen	1636	12th	Ken Whistler	1070
8th	B. Hardy	1592	13th	Jeff Whittam	730

Congratulations to all those who took part - also to Louise Whalen who participated by invitation.

RESULTS

ROUND THE BRIDGES

1 Don Caplin	56 A. Tyson	111 W. Sims
2 F Smith	57 R. Harris	112
3 K. Marshall	58 J. Ahrmet	113 J. Russell
4 G. Knuckey	59 T. Bozich	114 J. Willers
5 K. Gibbs	60 W. Hough	115 I. Stepsens (Vis)
6 M. Smith	61 P. Gutwein	116
7 S. Richardson	62 R. Gray	117 M. Warren
8 J. Yates	63	118 J. Vangent (Vis)
9 D. Crowther	64 C. Oversby	119 C. Cole
10 J. Passeri	65 J. Van Den Orisen	120 B. Barley (Vis)
11 B. Samm ells	66 P. Guiton	121 A. Alldridge
12 D. Holms	67 Biggs	122 M. Robinson
13 F. McLindon	68 G. Sidebottom	123 D. Jones
14 D. Roberts	69 K. Forden	124 M. Pritchard
15 M. Noble	70 A. Clarke	125 J. Strachan
16 D. Penny	71 K. Taylor	126 S. Maslin
17 M. Johnson	72 J. Bennington	127 M. Warren
18 P. Armstrong	73 M. Loly	
19 C. Sibson	74 B. Alldridge	
20 M. Khan	57 K. Wistler	
21 J. Pellier	76 A. Pomery	
22 A. Holms	77	
23 K. Hetherington	78 B. Crellin	
24	79 M. Forden	
25 D. Langsford	80 P. Vangent	
26 G. Thornton	81 P. Satori	
27 K. Caton	82 M. Moyle	
28 A. Jenkins	83 D. Strachan	
29	84 P. Amonini	
30 D. Moffett	85 Outridge	
31 R. Shand	86 N. Baker	
32 B. Norton	87	
33 T. Walley	88 J. Cormack	
34 J. Stickles	89 B. Thomsett	
35 F. McGuire	90 T. Solin	
36 J. Greenfield	91	
37 D. Williams	92 M. Johns	
38 S. Renfree	93 Morgan	
39	94 J. Nordyite	
40 T. Costello	95 J. Pellier	
41 J. Spencer	96 R. Fitzgerald	
42	97 R. Davis	
43 S. Robinson	98 S. Munsie	
44 Visoli	99 P. Farrell	
45 R. Whyatt	100 E. Moyle	
46 A. Tigchelaar	101 C. Bould	
47 T. Lathwell	102 E. Mercer	
48 J. Fowle	103 P. Ware	
49 J. Morgan	104 K. Penton	
50 R. Carlshausty	105 S. Walton	
51 L. Brenton	106 E. O'Dea	
52 L. Elliott	107 L. Hassam	
53	108 T. Mullouly	
54 K. Martin	109 S. Dirou	
55 G. McGuire	110 J. Davies	

"SWANNING ALONG"

After a very informal jog with "Todd's Toddlers" the previous week, we were asked to set up a little run with the Swan Districts footballers. Working with Gary Tester, we formed teams of six - three Vets and three footballers.

We did the normal Bridges run and got the total time for each team of six.

We then divided the total age of the team into its total time

The team with the lowest figure was the winner.

Winning team : (.952)
Dalton Moffett Allen Tyson
Mitch Loly T, Holtzman
J. Morgan B. Walley

This team performed so well that they were given skipping ropes to encourage them to do the course next time "on the ropes"!

Many thanks to all for your co-operation and to the Swans footballers who were great company and an inspiration to a certain segment of our membership!

RESULTS

PERRY LAKES TRACK & FIELD RESULTS 1986

LADIES

100m

200m

W40 V. Prescott 14.6
 W35 E. Hindle 12.6

E. Hindle 25.3

100m Hurdles

W35 E. Hindle 14.6

WALKS

1500m B. Salter W35 7.42.0 (Record)
 3000m " 16.26.03 "
 500m " 25.57.0 "

Triple JumpJavelin

W40 J. Johnson 8.67 Record

W40 J. Fletcher 20.80

MEN

100m N. Richards M45 12.8 and 12.7
 800m B. Foley M40 2m10s
 400m B. Foley m40 59.9
 D. Carr M50 60.2, 60.1 and 59.6
 B. Kernaghan M45 55.1
 J. De Gruchy M55 67.5 and 66.9
 1500m D. Carr M50 4.46
 B. Foley M40 4.33 and 4.29
 E. Maslen M50 4.38.5 and 4.31 (Record)
 1 mile E. Maslen M50 5.08.08 (Record)
 3000m B. Foley M40 10.15 & 9.56
 E. Maslen 9.55 (Record)
 K. Vaalsta M50 11.00

Javelin

J. Bowen M40 47.20 (Record)

Shot

A. Fergie M50 11.56 (Record)

Discus

J. Bowen M40 34.76

Triple Jump (Adjustment)

D. Boakes M40 10.93

Hammer

A. Fergie 39.92 (Record)

Walks

3000m D. Horsley M70 17.30 and 17.26
 1500m " 8.30



Dear Basil

Away in the distant past, when even town dwellers had time for such hobbies, I became the Show Secretary for our local Poultry Club. I enjoyed the experience and the time-consuming clerical work, but, over the years I also learned two things - that the background work of club officials can too easily be taken for granted and that often I hadn't enough time to properly prepare my own exhibits.

Each month "Vetrun", and sometimes other written matter, arrives like clockwork and I have to marvel at the time put into this aspect of our Club life by the editor and members. Popular Perth Runs, Record Statistics, reports on events, articles on athletics and all the work behind the State Championships and World Record Relays are among the things which spring to mind.

I just want to thank all those behind the scenes and all the people who make possible the running of the annual programme of events.

Yours sincerely

Ivor Gratuitus



Premiers

1961
1962
1963
1982
1983
1984
19

Swan Districts Football Club

(Incorporated.)

P.O. Box 61 Bassendean Western Australia 6054

Telephone: 279 8700, 279 1432

17 February 1986

Mr Basil Warner
Sports Branch
Dept Youth, Sport & Recreation
Perry Lakes Stadium
WEMBLEY WA 6014

Dear Basil,

On behalf of the Swan Districts Football Club may we express our sincere thanks to the Veteran Athletics Club for their generous offer to compete with them last Sunday.

All the League squad thoroughly enjoyed themselves and bettered all previous times over such a distance.

We would be very appreciative of organizing another run with your members in the near future and look forward to enjoying your comradery.

Yours sincerely,

John Todd

LEAGUE COACH

Gary Tester

DRIVE IN COACH

"VETPOWER"

WORLD MASTERS GAMES, TORONTO, CANADA, 1985

When I first read that these Games were to be held I felt that there was no place for them. Some of the 22 sports to be contested had their own World Championships anyway and I confess to feelings of resentment against past Champions, who did not compete in Veterans sport, coming out of retirement to compete. It was great publicity for the Games and for them but who was footing their bills?

Despite being a little 'anti', I was nevertheless delighted to receive an invitation from the Department for Sport and Recreation to hear Maureen and Ken O'Bryan, the prime movers of the Games, address representatives of W.A. sporting groups. The following were the main points made.

- Maureen was the 'ideas' person, Ken the money-man. He raised CAN \$2 million in sponsorship.
- The Games were open to professionals and no National team were permitted. People competed as individuals (even relay teams were 'drawn out of the hat') and there were no National Anthems or medal counts.
- \$8,300 people from 60 plus countries competed.
- Each seems to have taken at least one other person to Toronto.
- Accommodation costs ranged from nothing (staying with friends and/or relatives) to the best hotels at CAN\$250 per night. People generally made their own ways to venues and socialised of an evening. They spent CAN\$30 million. Economists put a multiplier of three to this, estimating the boost to Toronto's economy of almost CAN\$100 million.
- The community did not have to bear the cost of providing accommodation, security or facilities (stadia, etc).
- Sports were largely conducted by the senior bodies, many of whom were previously unaware of masters participation in their respective sports. Senior sports concerned had all enjoyed an influx of masters as officials, administrators, coaches, etc since the Games.
- The Games were adjudged to be a great success even though the organising body suffered a financial loss.
- The next Games will be in Denmark in 1989, where a huge increase in numbers (and a profit) are confidently expected.

The Department had invited the Presidents of 110 sporting bodies and representatives of veteran sports to the presentation. The veterans turned up but the 110 were conspicuous by their absences. In view of the beneficial effect of the Games for senior sport in Canada, our senior administrators cannot be seen to be serving the best interests of their particular sports by ignoring the Veterans movement.

Another interesting consideration to arise from the presentation related to the relative costs to the community of staging a major Games. A Masters Games as opposed to Olympic, Commonwealth, etc would have many attractions for a potential host city.

Finally, my reservations disappeared and I wish future Games every success.

BOB SAMMELLS