

MAWA results from Oceanic Track and Field Championships 2015, Cook Islands

Place **W70 Lynne Schickert**

2	10,000m walk	1:24.58
3	Triple Jump	4.34m (+1.4)
6	60m	15.38 (+0.8)
3	Long Jump	1.89m (-1.2)
2	5000m walk	39:37.90
1	High Jump	0.91m
2	3000m walk	23:49.23

Place **M70 Rob Young**

2	Discus	23.07m				
2	Hammer	18.91m				
3	Shot Put	8.98m				
2	Weight Throw	8.77m				
2	Throws Pentathlon	2174				
		<i>Hammer</i>	<i>Shot</i>	<i>Discus</i>	<i>Javelin</i>	<i>Weight</i>
		20.86m	9.15m	24.91m	16.74m	8.83m
		355	589	501	273	456

Place **W65 Bev Hamilton**

2	Javelin	17.55m	SR			
2	Weight Throw	10.20m				
1	Shot Put	7.91m				
1	Hammer	26.30m				
1	Discus	22.43m				
1	Throws Pentathlon	3296				
		<i>Hammer</i>	<i>Shot</i>	<i>Discus</i>	<i>Javelin</i>	<i>Weight</i>
		23.84m	8.00m	22.80m	16.61m	9.78m
		724	746	671	480	675

Place **M50 Andrew Ward**

3	Discus	28.71m				
3	Javelin	34.09m				
3	Javelin	34.09m				
3	Shot Put	8.88m				
2	Weight Throw	10.20m				
2	Throws Pentathlon	2334				
		<i>Hammer</i>	<i>Shot</i>	<i>Discus</i>	<i>Javelin</i>	<i>Weight</i>
		24.29m	8.95m	29.73m	35.55m	10.71m
		331	515	472	495	521

Place **M45 Todd Davey**

1	Discus	44.56m				
1	Javelin	37.17m				
1	Hammer	38.03m				
2	Shot Put	13.57m				
1	Weight Throw	14.32m	SR			
1	Throws Pentathlon	3729				
		<i>Hammer</i>	<i>Shot</i>	<i>Discus</i>	<i>Javelin</i>	<i>Weight</i>
		39.25m	13.67m	40.64m	40.61m	13.73m
		654	878	849	553	795

Place M55 Trevor Scott

7	Javelin	23.03m
1	5000m	18:48.58
2	800m	2:28.33
1	8km cc	33:15.16
1	1500m	4:57.45
1	3000m steeple	12:16.42

Place M60 Nick Miletic

1	300m Hurdles	69.18				
3	60m	10.18 (+0.7)				
6	8km cc	48:55.97				
1	High Jump	1.15m				
4	100m	16.90 (-2.4)				
2	200m	36.01 (-0.3)				
4	Pentathlon	1252				
		<i>Long Jump</i>	<i>Javelin</i>	<i>200m</i>	<i>Discus</i>	<i>1500m</i>
		2.86m (-2.0)	19.00m	36.69 (-2.0)	25.54m	8:09.18
		209	255	219	409	160

Place M60 Bjorn Dybdahl

1	5000m	20:55.49
1	800m	2:37.04
3	8km cc	36:08.77
1	2000m steeple	8:29.67
2	400m	70.90

Place M70 Bob Schicket

5	5000m	30:47.06
8	8km cc	56:54.44

Place M50 Mark Dawson

3	5000m	20:56.39
2	800m	2:29.62
2	8km cc	35:35.69
2	1500m	5:19.19
5	400m	65.50
2	half marathon	1:47:14

Place W60 Gail Castensen

5	60m	12.30 (+1.5)				
4	100m	20.80 (+0.1)				
2	Pentathlon	915				
		<i>100m</i>	<i>Shot</i>	<i>Long Jump</i>	<i>Javelin</i>	<i>800m</i>
		21.03 (-1.7)	5.52m	1.74m (-0.8)	11.34m	DNF
		207	417	34	257	0

Place M75 David Clive

1	60m	9.33 (1.3)
1	100m	15.82 (-1.9)
2	Long Jump	3.76m (-2.1)
1	200m	32.32 (+0.2)
1	Triple Jump	7.35m (+0.8)
1	400m	1:26.29

M30+ 4x100m relay 240+ years

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|----|-----------------|-------|-----|
| 1) | Sinclair, James | 67.20 | 3rd |
| 2) | Clive, David | | |
| 3) | Nick Miletic | | |
| 4) | Howden, Keith | | |

M30+ Distance Medley 240+ years

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|----|---------------|---------|-----|
| 1) | Clive, David | 4:49.17 | 1st |
| 2) | Noden, Graeme | | |
| 3) | Carr, Bill | | |
| 4) | Dawson, Mark | | |