# October 2020 Results

***This listing includes all events where members are known to have competed***
***All records are pending until ratified by the appropriate authorities***

**CR** = Club Record **SR** = State Record **AR** = Australian Record **WR** = World Record

## ECAC – October 1

### 100m

| | | |
|---|---|---|
| Cohen Taylor | Vis | 12.7(h) |
| Noah Bailey | Vis | 14.1(h) |
| Charlotte Best | Vis | 14.4(h) |
| Abigail Best | Vis | 14.7(h) |
| Nick Best | M40 | 14.9(h) |
| Colin Smith | M55 | 13.71 |
| Joe-Anne Buchan | W45 | 14.77 |
| Jenn Parker | W50 | 15.20 |
| Maureen Keshwar | W65 | 16.31 |
| Nick Fairweather | M65 | 16.82 |
| John Dennehy | M60 | 17.68 |
| Brenda Painter | W75 | 21.19 |

### 200m

| | | |
|---|---|---|
| Cohen Taylor | Vis | 26.78 |
| Colin Smith | M55 | 28.10 |
| Noah Bailey | Vis | 31.11 |
| Nick Best | M40 | 33.30 |
| Charlotte Best | Vis | 30.82 |
| Abigail Best | Vis | 32.27 |
| Maureen Keshwar | W65 | 35.32 |
| Nick Fairweather | M65 | 38.37 |
| Jackie Halberg | W70 | 46.47 |
| Brenda Painter | W75 | 52.45 |

### 1500m

| | | |
|---|---|---|
| Nate Walsh | M30 | 4:52.88 |
| Noah Bailey | Vis | 4:58.99 |
| Nick Best | M40 | 5:15.03 |
| Andrew Davison | M55 | 5:35.31 |
| Jeff Hughes | M50 | 5:36.12 |
| Emily Bailey | Vis | 5:45.02 |
| John Bailey | M40 | 5:53.08 |
| Cohen Taylor | Vis | 6:07.91 |
| David Adams | M40 | 6:22.97 |
| Silke Peglow | W50 | 8:31.29 |

### 1500m walk

| | | |
|---|---|---|
| Karyn Tolardo | W55 | 8:33.53 |

### 3000m

| | | |
|---|---|---|
| Andrew Davison | M55 | 11:06.91 |
| Jeff Hughes | M50 | 11:59.59 |
| David Adams | M40 | 13:23.24 |
| Jim Langford | M75 | 13:51.15 |

### 3000m walk

| | | |
|---|---|---|
| Karyn Tolardo | W55 | 17:06.24 |

### 2000m steeplechase

| | | |
|---|---|---|
| Oliver Berry | M30 | 10:20.79 |
| Abigail Best | Vis | 11:12.78 |
| Nick Best | M40 | 11:13.40 |
| David Adams | M40 | 11:32.21 |
| Silke Peglow | W50 | 11:37.46 |
| Charlotte Best | Vis | 12:56.59 |

### Long Jump

| | | |
|---|---|---|
| Cohen Taylor | Vis | 5.10 |
| Oliver Berry | M30 | 4.85 |
| Charlotte Best | Vis | 3.84 |
| Abigail Best | Vis | 3.65 |

### Weight

| | | |
|---|---|---|
| Jenn Parker | W50 | 11.61 |
| Oliver Berry | M30 | 10.22 |
| Michelle Krokosz | W35 | 5.94 |
| Andrea Penny | W45 | 4.79 |

### 56lb weight

| | | |
|---|---|---|
| Mike Anderson | M70 | 3.44 |

### Shot

| | | |
|---|---|---|
| Jenn Parker | W50 | 10.15 |
| Michelle Krokosz | W35 | 9.45 |
| Mike Anderson | M70 | 6.09 |
| Brenda Painter | W75 | 5.40 |
| Joe-Anne Buchan | W45 | 4.95 |
| Andrea Penny | W45 | 4.62 |

## Strive, WAAS – October 3

### 60m

| | | | |
|---|---|---|---|
| Colin Smith | M55 | 8.14 | +3.1 |
| David Adams | M40 | 8.99 | +4.4 |
| Barrie Kernaghan | M80 | 10.56 | +3.0 |
| John Dennehy | M60 | 10.65 | +3.0 |

### 150m

| | | | |
|---|---|---|---|
| Colin Smith | M55 | 19.55 | +2.6 |
| Mandy Mason | W50 | 20.69 | +1.7 |
| John Dennehy | M60 | 21.42 | +3.1 |
| Barrie Kernaghan | M80 | 26.47 | +3.1 |

### 300m

| | | |
|---|---|---|
| Colin Smith | M55 | 42.08 |
| David Adams | M40 | 50.33 |
| Barrie Kernaghan | M80 | 59.04 |
| John Dennehy | M60 | 59.23 |

### 600m

| | | |
|---|---|---|
| David Adams | M40 | 2:03.54 |

**Bunbury – October 3**

**Throws pentathlon**

| | | | Hammer | Shot | Discus | Javelin | Weight |
|---|---|---|---|---|---|---|---|
| Jo Peters | M65 | | 32.98 | 10.11 | 38.78 | 30.44 | 12.57 |
| | | | 649 | 713 | 769 | 552 | 678 |
| | | Total points | 3361 | | | | |
| John Fettus | M45 | | 39.75 | 11.86 | 36.59 | 30.56 | 12.33 |
| | | | 664 | 744 | 748 | 38 | 702 |
| | | Total points | 3240 | | | | |
| Jenn Parker | W50 | | 30.06 | 9.32 | 27.42 | 21.51 | 11.36 |
| | | | 680 | 644 | 577 | 444 | 703 |
| | | Total points | 3048 | | | | |
| Luella Jenkins | W75 | | 16.2 | 6.10 | 14.76 | 11.66 | 8.94 |
| | | | 507 | 606 | 496 | 412 | 644 |
| | | Total points | 2665 | | | | |
| Sharon Moloney | W55 | | 26.46 | 7.47 | 19.93 | 13.90 | 6.91 |
| | | | 645 | 545 | 438 | 291 | 427 |
| | | Total points | 2346 | | | | |
| Andrew Ward | M55 | | 24.59 | 8.30 | 29.90 | 28.07 | NM |
| | | | 388 | 518 | 528 | 407 | 0 |
| | | Total points | 1841 | | | | |
| Andrea Penny | W45 | | 10.38 | 4.42 | NM | 9.41 | 4.95 |
| | | | 139 | 225 | 0 | 137 | 277 |
| | | Total points | 778 | | | | |

**Heavy weight pentathlon**

| | | | **20lb** | **25lb** | **35lb** | **44lb** | **56lb** |
|---|---|---|---|---|---|---|---|
| John Fettus | M45 | | 18.53 | 16.44 | 12.90 | 9.91 | 8.05 |
| | | | 784 | 782 | 740 | 784 | 796 |
| | | Total points | 3886 | | | | |
| | | | **16lb** | **20lb** | **25lb** | **35lb** | **44lb** |
| Todd Davey | M50 | | 20.53 | 18.76 | 17.24 | 11.33 | NM |
| | | | 779 | 823 | 912 | 697 | 0 |
| | | Total points | 3211 | | | | |
| | | | **4kg** | **12lb** | **16lb** | **20lb** | **25lb** |
| Jenn Parker | W50 | | 15.60 | 13.26 | 10.25 | 7.73 | 7.10 |
| | | | 661 | 653 | 622 | 554 | 612 |
| | | Total points | 3102 **SR** | | | | |
| | | | **12lb** | **16lb** | **20lb** | **25lb** | **35lb** |
| Jo Peters | M65 | | 16.45 | 14.79 | 12.77 | 10.53 | 4.79 |
| | | | 648 | 672 | 692 | 660 | 294 |
| | | Total points | 2966 | | | | |
| | | | **16lb** | **20lb** | **25lb** | **35lb** | **44lb** |
| Andrew Ward | M55 | | 13.62 | 12.78 | 10.73 | 7.40 | 5.92 |
| | | | 525 | 568 | 567 | 446 | 478 |
| | | Total points | 2584 **SR** | | | | |
| | | | **4kg** | **12lb** | **16lb** | **20lb** | **25lb** |
| Sharon Moloney | W55 | | 11.00 | 8.77 | 7.45 | 6.39 | 5.16 |
| | | | 488 | 458 | 470 | 486 | 451 |
| | | Total points | 2353 | | | | |
| | | | **2kg** | **3kg** | **4kg** | **12lb** | **16lb** |
| Luella Jenkins | W75 | | NM | NM | 10.17 | 8.12 | 4.71 |
| | | | 0 | 0 | 796 | 761 | 489 |
| | | Total points | 2046 | | | | |
| | | | **12lb** | **16lb** | **20lb** | **25lb** | **35lb** |
| Andrea Penny | W45 | | 6.29 | 5.60 | 4.59 | 4.65 | 3.56 |
| | | | 250 | 263 | 249 | 303 | 277 |
| | | Total points | 1342 | | | | |

**100lb weight**

| | | | |
|---|---|---|---|
| Todd Davey | M50 | 3.87 | |
| John Fettus | M45 | 3.70 | **SR** |
| Jo Peters | M65 | 3.00 | **SR** |
| Andrew Ward | M55 | 1.81 | **SR** |
| Jenn Parker | W50 | 1.30 | **SR** |
| Andrea Penny | W45 | 1.05 | **SR** |
| Luella Jenkins | W75 | 0.72 | **SR** |
| Sharon Moloney | W55 | 0.62 | |

## WAAS – October 6

**100m**

| | | |
|---|---|---|
| Ian Hannaby | M50 | 13.7 |
| David Adams | M40 | 14.7 |
| Sue Coate | W50 | 15.5 |
| Isaiah Manning | Vis | 15.8 |
| Norm Richards | M80 | 16.0 |
| Barrie Kernaghan | M80 | 16.7 |
| Stuart Manning | M40 | 13.8 |
| Rachel Nichols | Vis | 18.9 |

**200m**

| | | |
|---|---|---|
| Ashley Moore | M40 | 25.1 |
| David Graieg | M35 | 25.2 |
| Stuart Manning | M40 | 28.5 |
| Sue Coate | W50 | 32.5 |
| Barrie Kernaghan | M80 | 35.2 |
| Max Graieg | Vis | 50.5 |
| Mark Dawson | M55 | 33.3 |
| Greg Kennedy | Vis | 35.0 |
| Norm Richards | M80 | 35.5 |
| Marcus Nichols | Vis | 38.8 |
| Rachel Nichols | Vis | 39.9 |

**800m**

| | | |
|---|---|---|
| Tim Karajas | M40 | 2:35.6 |
| David Graieg | M35 | 2:42.3 |
| Ian Hannaby | M50 | 2:42.9 |
| David Adams | M40 | 2:53.0 |
| Hans Venter | M55 | 2:58.7 |
| Mark Dawson | M55 | 2:51.3 |
| Isaiah Manning | Vis | 2:53.8 |
| Marcus Manning | Vis | 3:14.9 |
| Tracy Martin | W50 | 3:35.0 |
| Max Graieg | Vis | 3:42.1 |
| Rachel Nichols | Vis | 3:47.0 |
| Rob Nichols | M40 | 3:47.6 |
| Johan Hagedoorn (walk) | M75 | 5:37.9 |

**3000m**

| | | |
|---|---|---|
| Rob Nichols | M40 | 10:13.7 |
| Tim Karajas | M40 | 11:50.9 |
| Marcus Nichols | Vis | 13:25.0 |
| David Graieg | M35 | 13:28.0 |
| Mark Dawson | M55 | 13:35.8 |
| David Brook | M55 | 14:17.1 |
| Ian Hannaby | M50 | 14:35.1 |
| Tracy Martin | W50 | 14:50.9 |
| David Adams | M40 | 15:16.2 |
| Max Graieg | Vis | 18:16.1 |

**3000m walk**

| | | |
|---|---|---|
| Johan Hagedoorn | M75 | 21:03.3 |
| Delia Baldock | W55 | 21:59.2 |
| Glenys Duncan | W80 | 27:06.2 |

**Long Jump**

| | | |
|---|---|---|
| Hans Venter | M55 | 4.38 |
| Geoff Brayshaw | M70 | 4.20 |
| Sue Coate | W50 | 3.91 |
| Dave Wyatt | M65 | 3.82 |
| David Adams | M40 | 3.78 |
| Norm Richards | M80 | 3.52 |
| Rocky Cloete | M70 | 3.18 |

**Triple Jump**

| | | |
|---|---|---|
| Geoff Brayshaw | M70 | 9.24 |
| Isaiah Manning | Vis | 8.19 |

**Hammer**

| | | |
|---|---|---|
| Alex De Silva | Vis | 52.11 |
| Rocky Cloete | M70 | 28.91 |
| Isaiah Manning | Vis | 13.24 |
| Christina Faithfull | W70 | 9.84 |

**Shot**

| | | |
|---|---|---|
| Rocky Cloete | M70 | 11.06 |
| Sue Coate | W50 | 9.79 |
| Hans Venter | M55 | 8.46 |
| Greg Kennedy | Vis | 7.14 |
| Mike Anderson | M70 | 5.96 |
| Isaiah Manning | Vis | 5.60 |
| Christina Faithfull | W70 | 4.94 |

## Bunbury – October 6

**60m**

| | | |
|---|---|---|
| Garry Hastie | M55 | 9.50 |
| Sharon Moloney | W55 | 10.70 |
| Ruth Johnson | W75 | 11.55 |
| Luella Jenkins | W75 | 12.00 |

**1500m**

| | | |
|---|---|---|
| Sharon Moloney | W55 | 8:59 |
| Luella Jenkins | W75 | 9:48 |
| Ruth Johnson | W75 | 9:48 |

**1500m walk**

| | | |
|---|---|---|
| Garry Hastie | M55 | 8:15 |

**Discus**

| | | |
|---|---|---|
| Jo Peters | M65 | 35.80 |
| John Fettus | M45 | 35.11 |
| Garry Hastie | M55 | 23.84 |
| Sharon Moloney | W55 | 21.21 |
| Brian Waldhuter | M80 | 17.27 |
| Deb Cox | W55 | 16.25 |
| Luella Jenkins | W75 | 15.75 |
| Ruth Johnson | W75 | 11.22 |

**Long Jump**

| | | |
|---|---|---|
| Brian Waldhuter | M80 | 2.97 |
| Ruth Johnson | W75 | 2.30 |
| Luella Jenkins | W75 | 2.08 |

## ECAC – October 8

### 60m

| | | | |
|---|---|---|---|
| Colin Smith | M55 | 8.68 | |
| David Adams | M40 | 9.29 | |
| Nick Best | M40 | 9.43 | |
| Ingrid Wilcock | W40 | 9.70 | |
| Greg Kennedy | M70 | 9.84 | |
| Maureen Keshwar | W65 | 9.90 | |
| | | | |
| Isaiah Manning | Vis | 9.92 | |
| Nick Fairweather | M65 | 10.10 | |
| Jacqui O'Neill | Vis | 10.25 | |
| Bob Han-Busi | Vis | 10.38 | |
| David Adams | M40 | 12.83 | |
| Bob Schickert | M75 | 13.40 | |

### 400m

| | | | |
|---|---|---|---|
| Stuart Manning | M40 | 65.57 | |
| Nick Best | M40 | 71.13 | |
| Colin Smith | M55 | 72.03 | |
| Barbara Blurton | W70 | 72.76 | **WR** |
| Carmel Meyer | W55 | 81.63 | |
| | | | |
| Oliver Berry | M30 | 62.06 | |
| Chris Neale | M50 | 75.06 | |
| Colin Smith | M55 | 75.28 | |
| Greg Kennedy | M70 | 1:30.90 | |
| Roberto Busi | M40 | 1:31.90 | |
| Bob Han-Busi | Vis | 1:41.86 | |
| Kai Langford | Vis | 1:45.30 | |
| Drew Langford | M40 | 1:45.34 | |

### 800m

| | | |
|---|---|---|
| Nick Best | M40 | 2:23.78 |
| David Adams | M40 | 2:47.65 |
| Isaiah Manning | Vis | 2:55.52 |
| Stuart Manning | M40 | 3:03.27 |
| John McShane | M55 | 3:19.48 |
| Alan Gray | M55 | 3:30.15 |
| Drew Langford | M40 | 3:45.77 |
| Roberto Busi | M40 | 3:46.07 |
| Bob Han-Busi | Vis | 4:23.68 |
| Jackie Halberg | W70 | 4:25.78 |
| David Carr | M85 | 4:40.69 |
| Dave Berry | Vis | 4:55.71 |
| Steve Travell | Vis | 5:17.64 |
| Lynne Schickert (walk) | W75 | 6:24.08 |

### 5000m

| | | |
|---|---|---|
| Roberto Busi | M40 | 15:52.41 |
| Drew Langford | M40 | 17:42.61 |
| Andrew Davison | M55 | 19:19.86 |
| Bernadette Benson | W50 | 21:21.54 |
| John Bailey | M40 | 21:45.69 |
| Jim Langford | M75 | 23:56.69 |
| Dave Berry | Vis | 33:13.64 |

### 5000m walk

| | | |
|---|---|---|
| Karyn Tolardo | W55 | 29:50.94 |

### 3000m

| | | |
|---|---|---|
| Nick Best | M40 | 12:33.16 |
| David Adams | M40 | 13:00.28 |
| Alan Gray | M55 | 14:06.53 |
| Kristine Wells | Vis | 18:22.68 |

### 3000m walk

| | | |
|---|---|---|
| Steve Travell | Vis | 25:35.18 |
| Lynne Schickert | W75 | 25:35.46 |
| Bob Schickert | M75 | 29:00.66 |

### Long Jump

| | | |
|---|---|---|
| Oliver Berry | M30 | 4.83 |
| Jacqui O'Neill | Vis | 3.96 |
| Ingrid Wilcock | W40 | 3.72 |
| David Adams | M40 | 3.61 |
| Janne Wells | W50 | 3.23 |
| Bob Han-Busi | Vis | 3.11 |
| Maureen Keshwar | W65 | 3.04 |
| Silke Peglow | W50 | 2.49 |

### Discus

| | | |
|---|---|---|
| Paul Foley | M55 | 37.83 |
| Chris Neale | M50 | 30.86 |
| Oliver Berry | M30 | 29.54 |
| Jenn Parker | W50 | 29.46 |
| Bruce McGeorge | M65 | 21.40 |
| Jacqui O'Neill | Vis | 19.43 |
| Ingrid Wilcock | W40 | 17.62 |
| Janne Wells | W50 | 16.63 |
| Isaiah Manning | Vis | 15.12 |
| Silke Peglow | W50 | 10.42 |

### Shot

| | | |
|---|---|---|
| Paul Foley | M55 | 10.33 |
| Jenn Parker | W50 | 9.88 |
| Maureen Keshwar | W65 | 8.40 |
| Jacqui O'Neill | Vis | 7.32 |
| Janne Wells | W50 | 6.93 |
| Isaiah Manning | Vis | 6.06 |
| Silke Peglow | W50 | 5.95 |
| Ingrid Wilcock | W40 | 5.68 |

## Strive, WAAS – October 9

### 100m

| | | | |
|---|---|---|---|
| David Adams | M40 | 14.69 | +1.8 |
| Mark Dawson | M55 | 15.53 | +1.5 |
| Barrie Kernaghan | M80 | 16.41 | +1.5 |
| John Dennehy | M60 | 16.90 | +1.5 |

### 400m

| | | |
|---|---|---|
| Mark Dawson | M55 | 70.29 |
| David Adams | M40 | 70.94 |
| Barrie Kernaghan | M80 | 86.91 |

### 1500m

| | | |
|---|---|---|
| David Adams | M40 | 5:54.08 |

### 2000m steeplechase

| | | |
|---|---|---|
| David Adams | M40 | 9:58.70 |

### Hammer

| | | |
|---|---|---|
| Byrony Glass | W40 | 44.89 |

### Discus

| | | |
|---|---|---|
| Andrew Ward | M55 | 30.72 |

### Shot

| | | |
|---|---|---|
| Andrew Ward | M55 | 8.48 |

## WAAS – October 13

**60m**

| | | |
|---|---|---|
| David Adams | M40 | 8.9 |
| Sue Coate | W50 | 9.1 |
| Lisa Limonas | W50 | 9.2 |
| Greg Kennedy | M70 | 9.5 |
| | | |
| David Graieg | M35 | 7.6 |
| Stuart Manning | M40 | 8.4 |
| Norm Richards | M80 | 9.6 |
| Barrie Kernaghan | M80 | 10.6 |
| | | |
| Marcus Nichols | Vis | 10.6 |
| Rachel Nichols | Vis | 11.1 |
| Charlotte Graieg | Vis | 11.3 |

**400m**

| | | |
|---|---|---|
| Ashley Moore | M40 | 57.4 |
| Lisa Limonas | W50 | 74.5 |
| Sue Coate | W50 | 80.2 |
| | | |
| Stuart Manning | M40 | 65.3 |
| Greg Kennedy | M70 | 82.2 |
| Barrie Kernaghan | M80 | 85.4 |
| Ivan Brown | M75 | 92.7 |
| | | |
| David Adams | M40 | 75.2 |
| Marcus Nichols | Vis | 88.5 |
| Rachel Nichols | Vis | 1:35.8 |
| Charlotte Graieg | Vis | 1:36.0 |

**1 mile**

| | | |
|---|---|---|
| Paul Highway | M45 | 5:59.1 |
| David Graieg | M35 | 6:13.7 |
| David Adams | M40 | 6:23.4 |
| Marcus Nichols | Vis | 7:29.0 |
| Rob Nichols | M40 | 7:29.5 |

**1 mile walk**

| | | |
|---|---|---|
| Johan Hagedoorn | M75 | 11:19.9 |

**5000m**

| | | |
|---|---|---|
| Paul Rowland | M45 | 17:17.3 |
| Rob Nichols | M40 | 17:27.5 |
| Gerrit Myburgh | M45 | 21:05.3 |
| Paul Highway | M45 | 21:34.2 |
| David Adams | M40 | 24:48.6 |

**3000m**

| | | |
|---|---|---|
| David Graieg | M35 | 12:41.4 |
| David Brook | M55 | 14:11.5 |
| Bruce Wilson | M75 | 15:27.5 |
| Marcus Nichols | Vis | 15:48.6 |

**3000m walk**

| | | |
|---|---|---|
| Johan Hagedoorn | M75 | 20:53.5 |
| Glenys Duncan | W80 | 27:26.3 |

**Long Jump**

| | | |
|---|---|---|
| David Graieg | M35 | 5.91 |
| Dave Wyatt | M65 | 4.09 |
| David Adams | M40 | 3.96 |
| Lisa Limonas | W50 | 3.81 |
| Sue Coate | W50 | 3.67 |
| Norm Richards | M80 | 3.36 |
| Gay Wyatt | W65 | 3.14 |
| Charlotte Graieg | Vis | 2.64 |

**Triple Jump**

| | | | | |
|---|---|---|---|---|
| Geoff Brayshaw | M70 | 8.89 | +0.8 | **SR** |
| Lisa Limonas | W50 | 8.40 | | |

**Discus**

| | | |
|---|---|---|
| Paul Foley | M55 | 36.06 |
| Andrew Ward | M55 | 32.56 |
| Jemma Foley | Vis | 22.54 |
| Ken Wilkins | M55 | 18.06 |
| Mike Anderson | M70 | 14.84 |
| Isaiah Manning | Vis | 11.36 |
| Christina Faithfull | W70 | 11.18 |

**Javelin**

| | | |
|---|---|---|
| Paul Foley | M55 | 39.00 |
| Andrew Ward | M55 | 31.01 |
| Sue Coate | W50 | 29.16 |
| Isaiah Manning | Vis | 23.75 |
| Ken Wilkins | M55 | 23.67 |
| Jemma Foley | Vis | 16.74 |

## Bunbury – October 13

**100m**

| | | |
|---|---|---|
| Garry Hastie | M55 | 15.61 |
| Sharon Moloney | W55 | 17.68 |
| Harold Membrey | M65 | 17.99 |
| Brian Waldhuter | M80 | 18.89 |
| Ruth Johnson | W75 | 20.03 |
| Luella Jenkins | W75 | 22.16 |

**1500m**

| | | |
|---|---|---|
| Ruth Johnson | W75 | 9:11.3 |
| Sharon Moloney | W55 | 9:45.9 |
| Luella Jenkins | W75 | 10:05.8 |

**1500m walk**

| | | |
|---|---|---|
| Garry Hastie | M55 | 8:21.0 |
| Harold Membrey | M65 | 11:31.3 |

**High Jump**

| | | |
|---|---|---|
| Brian Waldhuter | M80 | 1.15 |
| Harold Membrey | M65 | 1.00 |
| Luella Jenkins | W75 | 0.95 |
| Ruth Johnson | W75 | 0.90 |

**Javelin**

| | | |
|---|---|---|
| John Fettus | M45 | 35.85 |
| Garry Hastie | M55 | 27.58 |
| Harold Membrey | M65 | 17.59 |
| Sharon Moloney | W55 | 15.78 |
| Deb Cox | W55 | 15.33 |
| Luella Jenkins | W75 | 13.70 |
| Brian Waldhuter | M80 | 11.80 |
| Ruth Johnson | W75 | 10.88 |

## ECAC – October 15

**100m**

| | | |
|---|---|---|
| Xavier Sequeira | M50 | 14.01 |
| David Adams | M40 | 14.54 |
| Noah Bailey | Vis | 15.08 |
| Rob Vogels | Vis | 16.16 |
| Fran Cherry | W55 | 17.07 |
| | | |
| Joe-Anne Buchan | W45 | 14.56 |
| Emily Bailey | Vis | 14.62 |
| Christine de Vries | W55 | 15.25 |
| | | |
| Ingrid Wilcock | W40 | 15.99 |
| Greg Kennedy | M70 | 16.33 |
| Drew Langford | M40 | 21.54 |
| Kai Langford | Vis | 21.74 |

**300m**

| | | |
|---|---|---|
| Xavier Sequeira | M50 | 46.39 |
| Sharon Davis | W45 | 47.94 |
| Emily Bailey | Vis | 48.67 |
| Rob Vogels | Vis | 55.25 |
| Greg Kennedy | M70 | 57.11 |
| John McShane | M55 | 57.12 |
| Kerriann Bresser | W50 | 58.69 |
| | | |
| Fran Cherry | W55 | 62.46 |
| Roberto Busi | M40 | 63.03 |
| Kai Langford | Vis | 75.22 |
| Drew Langford | M40 | 75.23 |
| Jackie Halberg | W70 | 77.89 |

**1500m**

| | | |
|---|---|---|
| Nick Best | M40 | 5:09.85 |
| Roberto Busi | M40 | 5:10.51 |
| Sharon Davis | W45 | 5:10.59 |
| Andy Abbey | M50 | 5:15.27 |
| Jeff Hughes | M50 | 5:24.19 |
| Colin Smith | M55 | 5:42.28 |
| David Adams | M40 | 5:52.84 |
| Oliver Berry | M30 | 5:59.95 |
| Dave Solomon | M55 | 6:15.07 |
| John McShane | M55 | 6:27.85 |
| Simone Solomon | W50 | 6:29.92 |
| Joe-Anne Buchan | W45 | 6:42.42 |
| Barbara Blurton | W70 | 6:46.56 |
| Mercurio Cicchini | M70 | 6:50.47 |
| Kerriann Bresser | W50 | 6:53.98 |
| Jenn Parker | W50 | 7:00.09 |
| Janne Wells | W50 | 7:34.43 |
| Silke Peglow | W50 | 7:36.70 |
| Isolde Tietz | W70 | 8:37.17 |

**1500m walk**

| | | |
|---|---|---|
| Steve Travell | M65 | 12:26.90 |

**3000m**

| | | |
|---|---|---|
| Roberto Busi | M40 | 9:33.64 |
| Drew Langford | M40 | 9:43.03 |
| Noah Bailey | Vis | 10:41.47 |
| Jeff Hughes | M50 | 11:37.56 |
| Gerrit Myburgh | M45 | 11:59.55 |
| John Bailey | M40 | 12:23.04 |
| Andy Abbey | M50 | 12:33.53 |
| David Adams | M40 | 12:40.19 |
| Nick Best | M40 | 13:03.13 |
| Jim Langford | M75 | 13:57.82 |
| Dave Solomon | M55 | 14:04.59 |
| Simone Solomon | W50 | 14:05.87 |
| John McShane | M55 | 14:41.78 |
| Kerriann Bresser | W50 | 15:20.27 |
| Silke Peglow | W50 | 17:20.96 |

**3000m walk**

| | | |
|---|---|---|
| Janne Wells | W50 | 22:24.68 |
| Steve Travell | M65 | 24:11.95 |

**High Jump**

| | | |
|---|---|---|
| Hans Venter | M55 | 1.57 |
| Oliver Berry | M30 | 1.40 |
| Christine de Vries | W55 | 1.25 |
| Ingrid Wilcock | W40 | 1.20 |
| Emily Bailey | Vis | 1.20 |
| Noah Bailey | Vis | 1.20 |
| Jenn Parker | W50 | 1.15 |

**Hammer**

| | | |
|---|---|---|
| Jenn Parker | W50 | 31.09 |
| Oliver Berry | M30 | 25.18 |
| Janne Wells | W50 | 20.30 |
| Geoffrey Gee | M65 | 18.56 |
| Andrea Penny | W45 | 11.27 |

**Shot**

| | | |
|---|---|---|
| Geoffrey Gee | M65 | 11.54 |
| Jenn Parker | W50 | 10.10 |
| Oliver Berry | M30 | 8.45 |
| Rob Vogels | Vis | 8.00 |
| Jacqui O Neill | Vis | 7.41 |
| Ingrid Wilcock | W40 | 5.63 |
| Andrea Penny | W45 | 4.40 |

## Strive, WAAS – October 17

**60m**

| | | | | |
|---|---|---|---|---|
| Lee Stergiou | M45 | 7.99 | +0.0 | |
| Colin Smith | M55 | 8.21 | +0.0 | |
| Gin Ang | M55 | 8.45 | +0.0 | |
| Mandy Mason | W50 | 8.56 | +1.6 | **SR** |
| John Dennehy | M60 | 10.66 | +1.1 | |
| Barrie Kernaghan | M80 | 10.66 | +1.1 | |
| Alan Deans | M70 | 10.93 | +1.1 | |

**200m**

| | | | | |
|---|---|---|---|---|
| Lee Stergiou | M45 | 25.99 | +1.8 | |
| Colin Smith | M55 | 26.56 | +0.6 | |
| Mark Dawson | M55 | 31.75 | +3.3 | |
| Barrie Kernaghan | M80 | 34.28 | +3.3 | |
| John Dennehy | M60 | 35.04 | +3.3 | |

**800m**

| | | | |
|---|---|---|---|
| Mark Dawson | M55 | 2:39.05 | |

**3000m**

| | | | |
|---|---|---|---|
| Gerard Hill | M35 | 8:30.66 | **AR** |
| Roberto Busi | M40 | 8:40.37 | **SR** |

**Pole Vault**

| | | | |
|---|---|---|---|
| Phil Smyth | M70 | 2.70 | **=SR** |
| Geoff Brayshaw | M70 | 2.70 | **=SR** |
| David Adams | M40 | 1.90 | |

**Javelin**

| | | |
|---|---|---|
| David Adams | M40 | 12.67 |

## Bunbury – October 17

### Weight

| | | |
|---|---|---|
| John Fettus | M45 | 13.99 |
| Luella Jenkins | W75 | 10.82 **SR** |
| Harold Membrey | M65 | 10.14 |
| Brian Waldhuter | M80 | 9.57 |
| Sharon Moloney | W55 | 7.74 |
| Ruth Johnson | W75 | 7.30 |

### Hammer

| | | |
|---|---|---|
| John Fettus | M45 | 41.56 |
| Luella Jenkins | W75 | 20.86 |
| Ruth Johnson | W75 | 20.35 |
| Brian Waldhuter | M80 | 16.79 |

## WAAS – October 20

### 100m

| | | |
|---|---|---|
| Wayne Bariolo | M50 | 12.8 |
| Sue Coate | W50 | 14.6 |
| Greg Kennedy | M70 | 15.8 |
| Ivo Davies | M70 | 16.8 |
| | | |
| Max Graieg | M60 | 15.6 |
| Barrie Kernaghan | M80 | 15.7 |
| Norm Richards | M80 | 16.2 |
| Fran Cherry | W55 | 16.6 |
| | | |
| David Graieg | M35 | 12.0 |
| Ian Hannaby | M50 | 13.7 |
| Patti Algie | W45 | 14.7 |
| | | |
| Izaek Hossack | Vis | 16.6 |
| Marcus Nichols | Vis | 17.4 |
| Charlotte Graieg | Vis | 18.1 |
| Rachel Nichols | Vis | 18.1 |

### 400m

| | | |
|---|---|---|
| Matt Dean | M30 | 61.5 |
| Paul Martin | Vis | 62.3 |
| Rob Nichols | M40 | 62.3 |
| Max Graieg | M60 | 87.8 |
| | | |
| Dani Fuda | W35 | 80.4 |
| Greg Kennedy | M70 | 83.3 |
| Barrie Kernaghan | M80 | 85.6 |
| Ivo Davies | M70 | 1:35.6 |
| | | |
| Patti Algie | W45 | 72.2 |
| Geoff Brayshaw | M70 | 1:32.9 |
| Gay Wyatt | W65 | 1:35.5 |
| Izaek Hossack | Vis | 1:42.5 |
| | | |
| Wayne Bariolo | M50 | 64.7 |
| Mark Dawson | M55 | 77.3 |
| Marcus Nichols | Vis | 1:39.5 |
| Charlotte Graieg | Vis | 1:43.9 |

### 1000m

| | | |
|---|---|---|
| David Graieg | M35 | 3:22.7 |
| Paul Highway | M45 | 3:25.5 |
| Ian Hannaby | M50 | 3:41.4 |
| Steve Hossack | M55 | 3:49.9 |
| Mark Dawson | M55 | 3:50.6 |
| Patti Algie | W45 | 3:59.1 |
| Hans Venter | M55 | 4:01.4 |
| Paul Martin | Vis | 4:09.5 |
| Marcus Nichols | Vis | 4:21.3 |
| Rachel Nichols | Vis | 4:45.6 |
| Rob Nichols | M40 | 4:49.1 |
| Max Graieg | M60 | 5:20.4 |
| Johan Hagedoorn (walk) | M75 | 6:49.7 |

### 3000m

| | | |
|---|---|---|
| Rob Nichols | M40 | 10:28.2 |
| David Graieg | M35 | 11:59.3 |
| Paul Highway | M45 | 12:04.3 |
| Steve Hossack | M55 | 12:42.4 |
| Ian Hannaby | M50 | 13:16.1 |
| Patti Algie | W45 | 14:00.9 |
| Marcus Nichols | Vis | 14:32.7 |
| Izaek Hossack | Vis | 14:53.7 |

### 3000m walk

| | | |
|---|---|---|
| Johan Hagedoorn | M75 | 20:43.9 |
| Glenys Duncan | W80 | 26:47.8 |

### High Jump

| | | |
|---|---|---|
| Hans Venter | M55 | 1.55 |
| Dave Wyatt | M65 | 1.30 |
| Paul Foley | M55 | 1.30 |
| Sue Coate | W50 | 1.20 |
| Dani Fuda | W35 | 1.18 |
| Norm Richards | M80 | 1.03 |
| Gay Wyatt | W65 | 1.00 |
| Marcus Nichols | Vis | 0.95 |
| Charlotte Graieg | Vis | 0.78 |
| Rachel Nichols | Vis | 0.78 |

### Discus

| | | |
|---|---|---|
| Paul Foley | M55 | 35.71 |
| Andrew Ward | M55 | 34.34 |
| Rocky Cloete | M70 | 30.72 |
| Matt Dean | M30 | 28.12 |
| Wayne Bariolo | M50 | 25.23 |
| Jemma Foley | Vis | 23.96 |
| Ken Wilkins | M55 | 18.82 |
| Mike Anderson | M70 | 15.25 |
| Christina Faithfull | W70 | 10.96 |

### Shot

| | | |
|---|---|---|
| Rocky Cloete | M70 | 11.29 **SR** |
| Paul Foley | M55 | 10.31 |
| Sue Coate | W50 | 9.48 |
| Hans Venter | M55 | 9.05 |
| Andrew Ward | M55 | 8.65 |
| Jemma Foley | Vis | 7.78 |
| Mike Anderson | M70 | 6.09 |
| Gay Wyatt | W65 | 5.44 |

## Bunbury – October 20

**60m**

| | | |
|---|---|---|
| Garry Hastie | M55 | 9.51 |
| Harold Membrey | M65 | 10.23 |
| Brian Waldhuter | M80 | 11.30 |
| Sharon Moloney | W55 | 11.50 |
| Ruth Johnson | W75 | 12.11 |
| Luella Jenkins | W75 | 12.48 |

**3000m**

| | | |
|---|---|---|
| Ruth Johnson | W75 | 19:35.8 |

**3000m walk**

| | | |
|---|---|---|
| Garry Hastie | M55 | 17:55.0 |

**Discus**

| | | |
|---|---|---|
| Jo Peters | M65 | 40.24 |
| John Fettus | M45 | 37.18 |
| Garry Hastie | M55 | 23.86 |
| Sharon Moloney | W55 | 20.91 |
| Harold Membrey | M65 | 20.79 |
| Luella Jenkins | W75 | 16.63 |
| Brian Waldhuter | M80 | 16.49 |
| Ruth Johnson | W75 | 10.83 |

## ECAC – October 22

**60m**

| | | |
|---|---|---|
| Colin Smith | M55 | 8.2(h) |
| Gin Ang | M55 | 8.2(h) |
| Xavier Sequeira | M50 | 8.7(h) |
| John Talbot | M70 | 15.9(h) |
| | | |
| Wayne Bariolo | M50 | 8.39 |
| Emily Bailey | Vis | 9.09 |
| Christine de Vries | W55 | 9.13 |
| Patti Algie | W45 | 9.43 |
| | | |
| Joe-Anne Buchan | W45 | 9.04 |
| Ingrid Wilcock | W40 | 9.67 |
| Maureen Keshwar | W65 | 9.91 |
| Bob Han-Busi | Vis | 10.67 |
| Greg Kennedy | M70 | 10.86 |
| Des Walsh | M65 | 30.4(h) |

**200m**

| | | |
|---|---|---|
| Colin Smith | M55 | 27.94 |
| Xavier Sequeira | M50 | 28.24 |
| Stuart Manning | M40 | 28.61 |
| Emily Bailey | Vis | 30.26 |
| John Bailey | M40 | 31.21 |
| Dave Solomon | M55 | 32.38 |
| | | |
| Joe-Anne Buchan | W45 | 29.89 |
| Barbara Blurton | W70 | 32.78 -0.2 **AR** |
| Steve Hossack | M55 | 33.84 |
| Greg Kennedy | M70 | 34.25 |
| John Dennehy | M60 | 35.65 |
| Bob Han-Busi | Vis | 41.55 |
| John Talbot | M70 | 58.95 |
| | | |
| Patti Algie | W45 | 30.93 |
| Jackie Halberg | W70 | 50.64 |

**1 mile**

| | | |
|---|---|---|
| Roberto Busi | M40 | 5:49.85 |
| Gerrit Myburgh | M45 | 6:13.68 |
| John Bailey | M40 | 6:20.23 |
| Stuart Manning | M40 | 6:32.40 |
| Drew Langford | M40 | 6:56.87 |
| Alan Gray | M55 | 7:22.2(h) |
| Mike Meredith | Vis | 7:30.38 |
| Mercurio Cicchini | M70 | 7:33.74 |
| Jacqui O'Neill | Vis | 8:45.01 |
| Cheri Bonser | Vis | 8:45.04 |
| John Talbot | M70 | 10:15.99 |

**1 mile walk**

| | | |
|---|---|---|
| John Brambley | M75 | 12:44.73 |
| Steve Travell | M65 | 14:11.89 |

**110m hurdles**

| | | |
|---|---|---|
| Oliver Berry | M30 | 21.11 |

**80m hurdles**

| | | |
|---|---|---|
| Jenn Parker | W50 | 16.51 |
| Patti Algie | W45 | 16.98 |
| Bob Han-Busi | Vis | 19.77 |

**3000m**

| | | |
|---|---|---|
| Roberto Busi | M40 | 9:27.36 |
| Drew Langford | M40 | 9:39.37 |
| Sharon Davis | W45 | 11:48.37 |
| Gerrit Myburgh | M45 | 12:00.86 |
| Steve Hossack | M55 | 12:27.22 |
| Dave Solomon | M55 | 13:38.60 |
| Jim Langford | M75 | 14:06.50 |
| Patti Algie | W45 | 14:09.22 |
| Mike Meredith | Vis | 14:24.29 |
| Tracy Gallagher | W45 | 14:53.62 |

**3000m walk**

| | | |
|---|---|---|
| Steve Travell | M65 | 25:46.35 |

**Triple Jump**

| | | |
|---|---|---|
| Oliver Berry | M30 | 11.01 |
| Ingrid Wilcock | W40 | 9.06 |
| Jenn Parker | W50 | 8.39 |
| Patti Algie | W45 | 7.65 |
| Andy Abbey | M50 | 6.07 |
| Cheri Bonser | Vis | 5.25 |

**Weight**

| | | |
|---|---|---|
| Jenn Parker | W50 | 11.62 |
| Paul Foley | M55 | 11.49 |
| Mark Howard | M50 | 9.32 |
| Greg Kennedy | M70 | 7.51 |
| David Adams | M40 | 4.90 |
| Jemma Foley | Vis | 3.84 |

**Discus**

| | | |
|---|---|---|
| Paul Foley | M55 | 35.80 |
| Jenn Parker | W50 | 31.58 |
| Oliver Berry | M30 | 29.65 |
| Bruce McGeorge | M65 | 24.75 |
| Wayne Bariolo | M50 | 24.43 |
| Jemma Foley | Vis | 23.18 |
| Colin Smith | M55 | 18.66 |
| Sharon Davis | W45 | 15.66 |
| Mercurio Cicchini | M70 | 15.52 |
| Andy Abbey | M50 | 14.81 |
| David Adams | M40 | 14.12 |
| Barbara Blurton | W70 | 12.94 |
| Joe-Anne Buchan | W45 | 11.69 |

## Strive, WAAS – October 23

**100m**

| | | | |
|---|---|---|---|
| Barrie Kernaghan | M80 | 16.17 | +2.1 |
| Alan Deans | M70 | 17.76 | +2.1 |

**400m**

| | | |
|---|---|---|
| Mark Dawson | M55 | 69.38 |
| Barrie Kernaghan | M80 | 84.46 |

**10000m Open State Championships**

| | | |
|---|---|---|
| Paul Beckers | M30 | 32:05.68 |
| Paul Rowland | M45 | 36:43.12 |

**Hammer**

| | | |
|---|---|---|
| Byrony Glass | W40 | 44.37 |

**Discus**

| | | |
|---|---|---|
| Andrew Ward | M55 | 31.90 |

**Shot**

| | | |
|---|---|---|
| Andrew Ward | M55 | 8.81 |

## WAAS – October 27

**60m**

| | | |
|---|---|---|
| Gin Ang | M55 | 8.1 |
| Paul Martin | Vis | 8.4 |
| Patti Algie | W45 | 9.2 |
| Eric Allet | Vis | 9.2 |
| Greg Kennedy | M70 | 9.3 |
| Barrie Kernaghan | M80 | 10.5 |
| Norm Richards | M80 | 9.7 |
| Fran Cherry | W55 | 10.0 |
| Ivo Davies | M70 | 10.4 |
| Marcus Nichols | Vis | 10.5 |

**200m**

| | | |
|---|---|---|
| David Graieg | M35 | 24.8 |
| Lee Stergiou | M45 | 25.9 |
| Wayne Bariolo | M50 | 27.8 |
| Greg Kennedy | M70 | 33.2 |
| Barrie Kernaghan | M80 | 34.4 |
| Fran Cherry | W55 | 36.5 |
| Eric Allet | Vis | 33.4 |
| Norm Richards | M80 | 34.9 |
| Ivo Davies | M70 | 35.8 |
| Patti Algie | W45 | 30.4 |
| Marcus Nichols | Vis | 38.6 |
| Rachel Nichols | Vis | 40.8 |

**1500m**

| | | |
|---|---|---|
| Rob Nichols | M40 | 4:48.5 |
| Paul Highway | M45 | 5:19.1 |
| David Graieg | M35 | 5:19.6 |
| Paul Martin | Vis | 5:52.0 |
| Wayne Bariolo | M50 | 5:59.8 |
| Patti Algie | W45 | 6:26.0 |
| Marcus Nichols | Vis | 6:31.2 |
| Gay Wyatt | W65 | 7:33.1 |

**1500m walk**

| | | |
|---|---|---|
| Johan Hagedoorn | M75 | 10:39.5 |

**3000m**

| | | |
|---|---|---|
| Rob Nichols | M40 | 11:50.6 |
| David Graieg | M35 | 12:34.4 |
| Paul Highway | M45 | 12:36.0 |
| Marcus Nichols | Vis | 12:45.4 |
| Paul Martin | Vis | 12:53.6 |
| Patti Algie | W45 | 13:57.1 |
| Rachel Nichols | Vis | 16:49.1 |

**3000m walk**

| | | |
|---|---|---|
| Johan Hagedoorn | M75 | 20:30.5 |

**Long Jump**

| | | |
|---|---|---|
| Phil Smyth | M70 | 3.66 |
| Norm Richards | M80 | 3.50 |
| Gay Wyatt | W65 | 3.35 |

**Triple Jump**

| | | |
|---|---|---|
| Phil Smyth | M70 | 7.15 |

**Hammer**

| | | |
|---|---|---|
| Phil Smyth | M70 | 21.68 |
| Christina Faithfull | W70 | 10.96 |
| David Adams | M40 | 10.04 |

**Javelin**

| | | |
|---|---|---|
| Wayne Bariolo | M50 | 38.81 |
| Ken Wilkins | M55 | 23.28 |
| Phil Smyth | M70 | 21.79 |
| David Adams | M40 | 13.78 |
| Christina Faithfull | W70 | 11.19 |
| Gay Wyatt | W65 | 10.97 |

## Bunbury – October 27

**400m**

| | | |
|---|---|---|
| Garry Hastie | M55 | 83.0 |
| Harold Membrey | M65 | 1:35.0 |
| Ruth Johnson | W75 | 1:49.0 |

**Long Jump**

| | | |
|---|---|---|
| Brian Waldhuter | M80 | 3.09 |
| Harold Membrey | M65 | 2.39 |
| Ruth Johnson | W75 | 2.29 |
| Luella Jenkins | W75 | 2.10 |

**Hammer**

| | | |
|---|---|---|
| John Fettus | M45 | 38.77 |
| Jo Peters | M65 | 36.42 |
| Sharon Moloney | W55 | 26.92 |
| Garry Hastie | M55 | 22.20 |
| Harold Membrey | M65 | 20.97 |
| Luella Jenkins | W75 | 20.08 |
| Ruth Johnson | W75 | 20.07 |
| Brian Waldhuter | M80 | 15.44 |

## ECAC – October 29

**60m**

| | | |
|---|---|---|
| Colin Smith | M55 | 9.01 |
| Christine de Vries | W55 | 9.02 |
| Maureen Keshwar | W65 | 9.86 |
| Greg Kennedy | M70 | 10.04 |
| Stephen Crabbe | M70 | 10.36 |
| Des Walsh | M65 | 24.97 |

**100m**

| | | |
|---|---|---|
| Xavier Sequeira | M50 | 14.08 |
| Ingrid Wilcock | W40 | 15.30 |
| Greg Kennedy | M70 | 15.80 |
| Maureen Keshwar | W65 | 15.80 |
| Stephen Crabbe | M70 | 16.68 |
| Des Walsh | M65 | 40.71 |

**400m**

| | | |
|---|---|---|
| Xavier Sequeira | M50 | 64.12 |
| Drew Langford | M40 | 67.72 |
| Josh Myburgh | Vis | 76.73 |
| Grant Langford | M40 | 77.24 |
| Gerrit Myburgh | M45 | 80.27 |
| Jackie Halberg | W70 | 1:52.56 |
| Greg Kennedy | M70 | 2:27.4(h) |

**3000m**

| | | |
|---|---|---|
| Alan Gray | M55 | 14:29.9(h) |

**3000m walk**

| | | |
|---|---|---|
| Steve Travell | M65 | 25:38.3(h) |

**5000m**

| | | |
|---|---|---|
| Drew Langford | M40 | 18:29.7 |
| Grant Langford | M40 | 18:30.7 |
| Jeff Hughes | M50 | 20:14.3 |
| Andy Abbey | M50 | 21:14.3 |
| Gerrit Myburgh | M45 | 21:37.4 |
| Patti Algie | W45 | 24:01.1 |
| Colin Smith | M55 | 24:21.4 |
| Mercurio Cicchini | M70 | 25:16.6 |
| Barbara Blurton | W70 | 26:11.4 |
| Jenn Parker | W50 | 29:05.0 |

**Long Jump**

| | | |
|---|---|---|
| Ingrid Wilcock | W40 | 4.19 |
| Christine de Vries | W55 | 4.01 |
| Patti Algie | W45 | 3.62 |
| Maureen Keshwar | W65 | 3.41 |
| Jacqui O'Neill | Vis | 2.99 |
| Cheri Bonser | Vis | 2.70 |

**Javelin**

| | | |
|---|---|---|
| Oliver Berry | M30 | 37.38 |
| Jenn Parker | W50 | 23.10 |
| Jacqui O'Neill | Vis | 20.17 |
| Ingrid Wilcock | W40 | 18.61 |
| Des Walsh | M65 | 17.37 |
| David Adams | M40 | 15.21 |
| Patti Algie | W45 | 13.99 |
| Christine de Vries | W55 | 13.98 |
| Maureen Keshwar | W65 | 13.05 |
| Andrea Penny | W45 | 10.58 |
| Cheri Bonser | Vis | 10.49 |

**Weight**

| | | |
|---|---|---|
| Mark Howard | M50 | 9.11 |
| Greg Kennedy | M70 | 8.29 |
| Des Walsh | M65 | 6.26 |
| Andrea Penny | W45 | 5.61 |
| David Adams | M40 | 4.63 |

## John Gilmour 10000m, ECAC – October 30

| | | |
|---|---|---|
| Roberto Busi | M40 | 31:01 |
| Clare Wardle | W45 | 39:13 |
| Tim Karajas | M40 | 42:55 |
| Chris Maher | M65 | 44:19 |
| Keith Miller | M70 | 49:21 |

## Bunbury – October 31

**80m hurdles**

| | | |
|---|---|---|
| Brian Waldhuter | M80 | 19.9 |

**5000m**

| | | |
|---|---|---|
| Ruth Johnson | W75 | 33:07.3 |
| Sharon Moloney | W55 | 36:09.2 |

**Weight**

| | | |
|---|---|---|
| John Fettus | M45 | 14.36 |
| Luella Jenkins | W75 | 10.26 |
| Harold Membrey | M65 | 9.77 |
| Brian Waldhuter | M80 | 9.20 |
| Sharon Moloney | W55 | 7.38 |
| Ruth Johnson | W75 | 7.31 |