

# June 2021 Results

*This listing includes all events where members are known to have competed  
All records are pending until ratified by the appropriate authorities*

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

## AWA Night of Five, WAAS – 2 June

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### 5000m

Chris Gould	M45	15:50.15
Ross Langford	M40	15:50.52
Paul Rowland	M45	16:55.75
Pablo Ortega	M30	17:56.23
Andy Abbey	M50	20:24.87
John Fisher	M60	22:56.74
Bob Colligan	M60	23:22.17
Michihito Muroi	M60	23:36.58

### 1000m

Fiona Leonard	W50	3:36.22
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## ECAC – 3 June

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### 60m

Dominic Lagat	M35	7.77
Gin Ang	M55	8.37
Abigail Best	Vis	9.12
Bob Han-Busi	Vis	9.38
Des Walsh	M65	10.05
Paul Hogan	Vis	11.18

David Adams	M40	9.39
Natalia Dronets	W35	9.90
Maureen Keshwar	W65	10.14
Nick Fairweather	M65	10.40
Izaak Hossack	Vis	10.52
Dayna Lagat	Vis	11.62
Larissa Lagat	Vis	13.20
Lynne Schickert	W75	16.89

### 200m

Dominic Lagat	M35	25.80
Phoebe Lewis	Vis	28.09
Abigail Best	Vis	30.32
Naomi Lagat	W35	33.92

Natalia Dronets	W35	34.13
Paul Hogan	Vis	34.79
Bob Han-Busi	Vis	35.22
Maureen Keshwar	W65	37.39
Nick Fairweather	M65	38.29
Dayna Lagat	Vis	39.56
Larissa Lagat	Vis	43.86
Des Walsh	M65	61.31

### 400m

Dominic Lagat	M35	56.69
Nick Best	M45	60.14
Phoebe Lewis	Vis	65.48
Naomi Lagat	W35	77.79
Abigail Best	Vis	84.57
Bob Han-Busi	Vis	1:30.18
Dayna Lagat	Vis	1:31.24
Larissa Lagat	Vis	1:44.44
Jackie Halberg	W75	2:04.25

### 1000m

David Adams	M40	3:22.29
Roberto Busi	M40	3:52.25
Bob Han-Busi	Vis	3:52.47
Steve Hossack	M60	3:52.59
Dayna Lagat	Vis	4:11.39
Bob Hull	M75	4:17.57
Larissa Lagat	Vis	4:19.99
Naomi Lagat	W35	4:20.01
Dominic Lagat	M35	4:20.14

### 5000m

Roberto Busi	M40	16:39.38
Drew Langford	M40	18:09.32
David Adams	M40	20:31.25
Steve Hossack	M60	20:47.56
Janne Wells	W50	29:55.99
Silke Peglow	W50	30:28.10

### 5000m walk

Karyn Tolardo	W55	30:59.36
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### 3000m

Izaak Hossack	Vis	13:33.15
Bob Hull	M75	13:35.24
Naomi Lagat	W35	16:01.80
Bob Schickert	M75	20:40.68
John Dennehy	M60	20:53.73

### 3000m walk

Lynne Schickert	W75	25:22.12
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**ECAC – 10 June**

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**100m**

Des Walsh	M65	15.6
Natalia Dronets	W35	15.8
Nick Fairweather	M65	17.4
Paul Hogan	M55	21.5
Bob Schickert	M75	23.9

Dominic Lagat	M35	12.6
Naomi Lagat	W35	16.1
Dayna Lagat	Vis	20.0
Larissa Lagat	Vis	22.7

**200m**

Dominic Lagat	M35	26.2
Des Walsh	M65	33.5
Natalia Dronets	W35	33.7
Dayna Lagat	Vis	43.8
Larissa Lagat	Vis	49.5

**800m**

Nick Best	M45	2:22.5
Dominic Lagat	M35	2:32.4
Naomi Lagat	W35	3:01.9
Jackie Halberg	W75	4:36.8

**1500m**

Dayna Lagat	Vis	6:38.7
Larissa Lagat	Vis	6:48.1
Dominic Lagat	M35	6:48.7
Naomi Lagat	W35	7:27.5

**1500m walk**

Lynne Schickert	W75	13:05.8
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**3000m**

Gerrit Myburgh	M50	12:14.3
Gary Prior	M60	14:24.4
Jim Langford	M75	14:52.7
Bob Schickert	M75	20:33.0

**3000m walk**

Lynne Schickert	W75	24:54.9
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**Rottneest Marathon – 13 June**

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Gerard Hill	M35	2:37:41
Steve Preece	M50	3:09:26
David Adams	M40	3:22:24
John Byrne	M40	3:29:37
Bob Lane	M70	3:32:11
Keith Miller	M70	4:15:07
Paul Edwards	M45	4:21:49
Kevin Johnson	M60	4:49:14
Rashanthi Wanigasekera	W45	5:24:41

**ECAC – 17 June**

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**60m**

Gin Ang	M55	8.41
Des Walsh	M65	9.83
Natalia Dronets	W35	9.89
Nick Fairweather	M65	10.23
Izaak Hossack	Vis	10.50
Kai Langford	Vis	12.35
David Gardiner (walk)	M75	18.11

**200m**

Natalia Dronets	W35	34.13
Izaak Hossack	Vis	36.76
Nick Fairweather	M65	40.17
David Gardiner (walk)	M75	74.34

**600m**

Sandra Siviour	W50	2:13.85
Izaak Hossack	Vis	2:19.18
Jessica Siviour	Vis	2:33.61
Kai Langford	Vis	2:44.30
Greg Drew	Vis	2:49.26
Jackie Halberg	W75	3:05.75
Bob Schickert	M75	3:42.99
David Gardiner (walk)	M75	4:18.55

**1000m walk**

Lynne Schickert	W75	8:09.53
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**1000m**

Drew Langford	M40	3:03.48
Nick Best	M45	3:06.42
David Adams	M40	3:20.70
Andrew Davison	M55	3:22.98
Steve Hossack	M60	3:48.78
Izaak Hossack	Vis	4:07.64
Kai Langford	Vis	4:46.86
Greg Drew	Vis	5:03.27
Bob Schickert	M75	6:05.61
David Carr	M85	7:08.67

**5000m**

David Adams	M40	19:53.63
Drew Langford	M40	19:54.25
Sandra Siviour	W50	22:16.83
Gary Prior	M60	24:48.94
Silke Peglow	W50	29:45.62

**3000m**

Andrew Davison	M55	11:33.06
Steve Hossack	M60	12:33.15
John Dennehy	M60	20:18.63

**3000m walk**

Lynne Schickert	W75	25:42.49
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## AWA Road Walking Series, Perry Lakes – 19 June

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### 10km walk

<b>Melissa Lewis</b>	<b>W30</b>	<b>52:38.71</b>	<b>SR</b>
Andrew Duncan	M55	52:40.65	
Karyn Tolardo	W55	1:02:03.79	
Victor Munoz	M65	1:05:26.04	
Wendy Farrow	W50	1:07:05.76	
Marcela Ruiz	W60	1:15:46.90	

### 3km walk

Lesley Hutton	W45	22:46.97
Glenys Duncan	W80	26:45.33

## ECAC – 24 June

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### 100m

Gin Ang	M55	13.41
David Adams	M40	14.84
Des Walsh	M65	16.88
David Gardiner (walk)	M75	31.00

Steve Hossack	M60	16.76
Izaak Hossack	Vis	16.91
Dayna Lagat	Vis	18.28
Kai Langford	Vis	20.09
Larissa Lagat	Vis	20.52

### 200m

Dominic Lagat	M35	26.23
Izaak Hossack	Vis	36.46
Naomi Lagat	W35	37.51
Dayna Lagat	Vis	41.31
Kai Langford	Vis	43.64
Larissa Lagat	Vis	44.98
David Gardiner (walk)	M75	72.94

### 400m

Dominic Lagat	M35	57.21
Naomi Lagat	W35	79.17
Izaak Hossack	Vis	87.12
Dayna Lagat	Vis	1:32.08
Larissa Lagat	Vis	1:40.37
Kai Langford	Vis	1:47.88
Jackie Halberg	W75	2:12.55
David Gardiner (walk)	M75	2:44.26

### 1500m

David Adams	M40	5:25.49
Drew Langford	M40	5:25.57

### 3000m

Drew Langford	M40	10:18.01
David Adams	M40	11:30.71
Gerrit Myburgh	M50	11:40.47
Dominic Lagat	M35	11:48.94
Nick Best	M45	11:52.92
Steve Hossack	M60	12:18.35
Gary Prior	M60	13:45.97
Naomi Lagat	W35	14:26.74
Mike Meredith	Vis	15:05.95
Bob Schickert	M75	20:35.87
John Dennehy	M60	20:36.84

### 3000m walk

Lynne Schickert	W75	24:29.30
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