

# April 2021 Results

*This listing includes all events where members are known to have competed  
All records are pending until ratified by the appropriate authorities*

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

## Strive, WAAS – April 1

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### 200m

Stuart Walker	M55	30.00	+1.3
David Adams	M40	30.42	+1.3

### 800m

Angie Ross	W40	2:11.16	SR
David Adams	M40	2:43.06	
Stuart Walker	M55	3:10.77	

### 3000m

Chris Gould	M45	8:57.88	
Clare Wardle	W45	10:50.11	
David Adams	M40	11:49.70	

### Pole Vault

Geoff Brayshaw	M70	2.70	
Phil Smyth	M70	2.50	
Michelle Krokosz	W35	2.10	SR
Sue Coate	W50	1.90	

### Hammer

Tim Lyons	M55	29.69	
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## Bunbury Marathon – April 11

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Astrid Roberts	W45	2:50:03	
Craig Berg	M45	2:55:15	
Jessica Smith	W30	3:12:53	
Adrian Fabiankovits	M35	3:14:27	
Katelyn Smith	W30	3:36:15	
Zane Walsh	M40	3:37:05	
Rodney Glossop	M40	3:57:49	

## ECAC – April 15

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### 100m

Stuart Walker	M55	14.17	
Abigail Best	Vis	14.56	
Charlotte Best	Vis	15.25	

### 200m

Tony Ward	M45	29.54	
Stuart Walker	M55	29.97	
Abigail Best	Vis	30.60	
Charlotte Best	Vis	31.23	
Maureen Keshwar	W65	37.07	

### 400m

Nick Best	M45	72.52	
Jackie Halberg	W75	2:02.90	
David Gardiner (walk)	M75	2:45.49	
John Brambley (walk)	M75	2:47.64	

### 1500m

Nick Best	M45	5:13.28	
David Adams	M40	5:37.99	
Rob Cattrall	M60	6:14.84	

### 1500m walk

Karyn Tolardo	W55	8:50.1(h)	
John Brambley	M75	11:30.87	
David Gardiner	M75	12:10.88	

### 5000m

Rob Cattrall	M60	21:40.26	
David Adams	M40	21:49.53	

### 3000m

Hans Venter	M55	13:58.80	
Jenn Parker	W50	16:35.49	
Abigail Best	Vis	18:03.33	

### 3000m walk

Karyn Tolardo	W55	18:38.27	
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### Shot

Hans Venter	M55	10.14	
Jenn Parker	W50	9.51	
Maureen Keshwar	W65	8.29	
Carmel Meyer	W60	6.48	
Barbara Blurton	W70	5.22	

**ECAC – April 22**

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**100m**

Bob Han-Busi	Vis	15.9
Maureen Keshwar	W65	15.9
Des Walsh	M65	15.9
Nick Fairweather	M65	17.0
Kai Langford	Vis	19.4
Drew Langford	M40	20.1
Roberto Busi	M40	20.9

**300m**

Nick Best	M45	45.3
Oliver Berry	M30	46.4
Roberto Busi	M40	59.2

Bob Han-Busi	Vis	59.2
Maureen Keshwar	W65	61.9
Nick Fairweather	M65	66.8
Drew Langford	M40	70.5
Kai Langford	Vis	70.5
Des Walsh	M65	1:47.8

**800m**

Nick Best	M45	2:23.1
Rob Cattrall	M60	3:07.5
Bob Han-Busi	Vis	3:26.6
Mike Meredith	Vis	3:32.8
Kai Langford	Vis	3:45.4
Drew Langford	M40	3:45.8
Roberto Busi	M40	3:47.8
David Gardiner (walk)	M75	6:05.0

**1 mile**

Andy Abbey	M50	5:37.8
Rob Cattrall	M60	6:34.6
Drew Langford	M40	6:49.5
Roberto Busi	M40	6:50.0
Campbell Till	M60	6:57.4
Devon Dudley	Vis	7:07.5

**1 mile walk**

Karyn Tolardo	W55	9:38.8
John McDonagh	M70	10:55.9

**ECAC – April 29**

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**60m**

Tim Loh	M30	9.0
David Adams	M40	9.1
Des Walsh	M65	9.9
Nick Fairweather	M65	10.0
Lynne Schickert	W75	16.1

**200m**

Tim Loh	M30	30.4
Nick Fairweather	M65	39.5
Bob Schickert	M75	45.7
Des Walsh	M65	54.6

**1000m**

Andy Abbey	M50	3:14.9
David Adams	M40	3:35.9
Rob Cattrall	M60	3:57.2

**1000m walk**

Karyn Tolardo	W55	5:53.7
David Gardiner	M75	7:49.3
Lynne Schickert	W75	8:15.3

**3000m**

Roberto Busi	M40	9:51.9
Mia Colley	Vis	11:34.5
Nickola Radosevic	Vis	11:35.1
Nikki Moylan	Vis	11:36.0
Amity Dudley	Vis	11:53.9
Rob Cattrall	M60	12:41.2
Andy Abbey	M50	13:07.9
Sophie Colley	Vis	13:49.8
Mike Meredith	Vis	14:46.5
Bruce McGeorge	M65	17:06.1

**3000m walk**

Karyn Tolardo	W55	19:06.8
John McDonagh	M70	20:15.0
David Gardiner	M75	24:10.7
Glenys Duncan	W80	26:53.0