

July 2022 Results

*This listing includes all events where members are known to have competed
except the WMA Championships, which are reported elsewhere
All records are pending until ratified by the appropriate authorities*

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

Gold Coast – 3 July

Marathon

Rachel Williams	W40	3:24:27
Amanda Vorisek	W40	3:35:11
Peter Sanders	M75	3:50:17

ECAC – 7 July

60m

David Adams	M45	9.35
Dave Wilkie	M60	10.11
Gabriel van Heerwaarden	Vis	10.22
John Dennehy	M60	10.84
Nick Fairweather	M70	10.87
Kai Langford	Vis	10.90
Jason Kell	M45	12.77
Kevin Collins	M50	13.05

100m

David Adams	M45	14.72
Des Walsh	M65	15.85
Dave Wilke	M60	16.26
Nick Fairweather	M70	18.42
Bruce McGeorge	M65	19.29

Gabriel van Heerwaarden	Vis	17.03
Kai Langford	Vis	17.65
John Dennehy	M60	17.94
Jason Kell	M45	23.13
Jackie Halberg	W75	23.59
David Gardiner (walk)	M75	33.21

800m

Michael Nguyen	Vis	3:00.81
Gabriel van Heerwaarden	Vis	3:06.29
Kai Langford	Vis	3:20.80
Des Walsh	M65	3:29.45
David Baird	M75	3:30.25
Steve Barrie	M60	4:25.49

1500m

Michael Nguyen	Vis	5:52.39
Gabriel van Heerwaarden	Vis	5:56.53
Drew Langford	M45	5:58.37
David Baird	M75	7:25.05
Dave Wilkie	M60	7:45.47
Jason Kell	M45	8:33.44
Steve Barrie	M60	9:03.07

1500m walk

Fiona van Heerwaarden	W45	9:53.48
David Gardiner	M75	11:32.25

3000m

Drew Langford	M45	10:00.79
Eliot Wardrobe	Vis	10:50.74
Cooper Hornblow	Vis	10:58.41
David Adams	M45	11:27.24
Michael Nguyen	Vis	12:16.78
Jason Kell	M45	13:42.14
Lisa Hornblow	Vis	17:27.31
David Baird	M75	17:47.23

3000m walk

Fiona van Heerwaarden	W45	21:04.24
Steve Travell	M65	26:29.33

MAWA 10km Road Walk Championships, Perry Lakes – 9 July

10km road walk

Andrew Duncan	M55	53:26.28
Karyn Tolardo	W55	1:04:13.39
Wendy Farrow	W55	1:10:09.89
John McDonagh	M70	1:12:49.93
Marcela Ruiz	W60	1:19:06.43
Steven Travell	M65	1:39:45.45
Glenys Duncan	W80	DQ

Bibra Lake Running Festival – 10 July

Marathon

Jerry Peters	M40	3:18:42
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ECAC – 28 July

100m

Max Bennett	Vis	14.55
David Adams	M45	14.66
Bob Han-Busi	Vis	15.22
Roberto Busi	M45	15.80
David Solomon	Vis	16.27
Bruce McGeorge	M65	18.70
Nick Fairweather	M70	19.09
Bob Schickert	M80	23.10
Steve Travell	M65	30.15

200m

Max Bennett	Vis	32.25
Bob Han-Busi	Vis	35.23
Bob Schickert	M80	51.58
Steve Travell	M65	69.57

800m

Bob Han-Busi	Vis	3:02.41
Roberto Busi	M45	3:02.60
Steve Barrie	M60	4:28.92
Steve Travell	M65	6:18.36
Lynne Schickert (walk)	W80	6:22.11

1 mile

David Solomon	Vis	7:33.59
David Adams	M45	8:14.97
David Carr	M90	8:21.34 WR pending
Jason Kell	M45	8:22.20
Bruce McGeorge	M65	8:54.55
Steve Barrie	M60	9:44.89

5000m

David Adams	M45	19:50.49
Jason Kell	M45	24:29.70

3000m

Roberto Busi	M45	12:56.07
Bruce McGeorge	M65	17:02.51
Steve Barrie	M60	19:22.44

3000m walk

John Dennehy	M60	20:52.42
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