

# September 2023 Results

*This listing includes all events where members are known to have competed  
All records are pending until ratified by the appropriate authorities*

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

## ECAC – 7 September

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|                       |     |       |                           |     |             |
|-----------------------|-----|-------|---------------------------|-----|-------------|
| <b>60m</b>            |     |       | <b>3000m</b>              |     |             |
| Emily Bailey          | Vis | 9.41  | Steve Hossack             | M60 | 12:48.6 (h) |
| Dave Wilkie           | M65 | 9.63  | Paul Every                | M55 | 13:14.13    |
| Tamara Smith          | Vis | 9.85  | Campbell Till             | M65 | 13:58.93    |
| Greg Kennedy          | Vis | 10.36 | John Bailey               | M40 | 14:24.28    |
|                       |     |       | Milt Mavrick              | M65 | 17:41.28    |
| Aaron Sims            | M40 | 8.61  | Bob Schickert             | M80 | 20:39.20    |
| Izaak Hossack         | Vis | 8.93  | <b>3000m walk</b>         |     |             |
| Simon McGarvie        | M55 | 9.11  | Karyn Tolardo             | W55 | 18:02.37    |
| Jenn Parker           | W50 | 9.21  | Tom Lenane                | M65 | 21:06.04    |
| Dave Solomon          | M55 | 9.93  | Lynne Schickert           | W80 | 24:39.92    |
| Maureen Keshwar       | W70 | 10.84 | David Gardiner            | M75 | 24:40.02    |
| Bob Schickert         | M80 | 13.66 | Steve Travell             | M65 | 26:46.09    |
| Lynne Schickert       | W80 | 16.16 | Glenys Duncan             | W80 | 27:04.57    |
| David Gardiner (walk) | M75 | 17.88 |                           |     |             |
|                       |     |       | <b>2000m steeplechase</b> |     |             |
| <b>200m</b>           |     |       | Sue Coate                 | W55 | 9:46.41     |
| Izaak Hossack         | Vis | 28.69 | Paul Every                | M55 | 9:53.68     |
| Aaron Sims            | M40 | 28.99 | Emily Bailey              | Vis | 10:48.31    |
| Simon McGarvie        | M55 | 29.36 | Dave Wilkie               | M65 | 11:32.79    |
| Jenn Parker           | W50 | 30.15 | Julie Wilson              | W70 | 11:36.81    |
| Sue Coate             | W55 | 30.71 | Silke Peglow              | W55 | 12:12.83    |
| Dave Wilkie           | M65 | 32.40 | Milt Mavrick              | M65 | 13:51.85    |
| Steve Hossack         | M60 | 35.69 |                           |     |             |
|                       |     |       | <b>400m</b>               |     |             |
| Emily Bailey          | Vis | 31.64 | Campbell Till             | M65 | 83.54       |
| Dave Solomon          | M55 | 33.54 | Aaron Sims                | Vis | 84.85       |
| Carmel Meyer          | W60 | 35.21 | Carmel Meyer              | W60 | 87.73       |
| Greg Kennedy          | Vis | 35.42 |                           |     |             |
| Milt Mavrick          | M65 | 38.66 |                           |     |             |
| Maureen Keshwar       | W70 | 39.09 |                           |     |             |

## ECAC – 14 September

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|                       |     |         |                      |     |          |
|-----------------------|-----|---------|----------------------|-----|----------|
| <b>100m</b>           |     |         | <b>1500m</b>         |     |          |
| Aaron Sims            | M40 | 13.53   | Dawid Retief         | Vis | 5:40.17  |
| Jenn Parker           | W50 | 14.77   | David Adams          | M45 | 5:43.68  |
| Sue Coate             | W55 | 14.84   | Samual Retief        | Vis | 5:58.83  |
| Dave Wilkie           | M65 | 15.45   | John Miolini         | M50 | 6:31.93  |
| Bruce McGeorge        | M65 | 18.60   | Mike Meredith        | M60 | 7:30.39  |
| Milt Mavrick          | M65 | 27.41   | Lori Sexton          | W60 | 8:07.66  |
| David Gardiner (walk) | M75 | 28.80   | John McDonagh (walk) | M75 | 10:00.80 |
|                       |     |         | <b>3000m</b>         |     |          |
| <b>400m</b>           |     |         | David Adams          | M45 | 12:38.08 |
| David Adams           | M45 | 71.98   | John Miolini         | M50 | 14:23.15 |
| Aaron Sims            | M40 | 73.07   | Mike Meredith        | M60 | 16:19.94 |
| John Miolini          | M50 | 78.68   | Gillian Young        | W75 | 16:37.32 |
| Barbara Blurton       | W70 | 79.55   | Lori Sexton          | W60 | 17:19.14 |
| Carmel Meyer          | W60 | 81.57   | Bob Schickert        | M80 | 20:44.41 |
| Carol Bowman          | W65 | 1:30.23 | <b>3000m walk</b>    |     |          |
| Lori Sexton           | W60 | 1:52.95 | John McDonagh        | M75 | 20:21.50 |
| David Gardiner (walk) | M75 | 2:54.16 | Lynne Schickert      | W80 | 24:01.54 |
|                       |     |         | John Oldfield        | M75 | 24:03.90 |
| <b>80m hurdles</b>    |     |         | Steve Travell        | M65 | 27:01.78 |
| Jenn Parker           | W50 | 14.78   |                      |     |          |
| Sue Coate             | W55 | 15.86   |                      |     |          |
|                       |     |         | <b>100m hurdles</b>  |     |          |
| Dave Wilkie           | M65 | 21.27   |                      |     |          |
| Aaron Sims            | M40 | 21.55   |                      |     |          |

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**Mullaloo – 17 September**

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**Marathon**

Wade Davis M55 4:00:41

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**Sydney – 17 September**

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**Marathon**Zane Walsh M40 3:13:26  
Robert Lane M75 3:51:55  
Vanessa Carson W40 4:03:31

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**Bunbury – 19 September**

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**Shot**Harold Membrey M70 7.54  
Sharon Moloney W60 7.11  
Brian Waldhuter M80 6.86  
Luella Jenkins W80 5.68

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**ECAC – 21 September**

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**100m**David Adams M45 15.20  
Tammi Doyle W50 15.66  
Dave Solomon M55 15.95  
Nat Schaffer Vis 17.39  
Bruce McGeorge M65 18.17  
Lynne Schickert W80 28.76**200m**Dave Wilkie M65 32.14  
Tammi Doyle W50 32.50  
Nat Schaffer Vis 36.46  
Bruce McGeorge M65 42.35  
Bob Schickert M80 49.72**400m**Campbell Till M65 69.48  
Dave Wilkie M65 1:31.98**1000m**David Adams M45 3:26.97  
Andrew Davison M55 3:30.01**5000m (hand times)**David Adams M45 22:59.4  
John Oldfield M75 29:47.7**3000m (hand times)**Simon McGarvie M55 11:13.0  
Dave Solomon M55 14:34.3  
Mike Meredith M60 15:16.3  
Jim Langford M75 16:11.4**3000m walk (hand times)**Lynne Schickert W80 24:34.4  
Steve Travell M65 27:14.5

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**Berlin – 24 September**

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**Marathon**

Stuart Walker M55 5:31:40

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**Bunbury – 26 September**

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**100m**Michael Byrne M70 15.33  
Sharon Moloney W60 19.05  
Harold Membrey M70 18.82  
Brian Waldhuter M80 20.15  
Ruth Johnson W80 20.77  
Luella Jenkins W80 23.58**800m**Steve Weller M45 2:28  
Michael Byrne M70 2:52  
Ruth Johnson W80 4:44  
Luella Jenkins W80 5:43**High Jump**Brian Waldhuter M80 1.10  
Sharon Moloney W60 0.90  
Ruth Johnson W80 0.85  
Luella Jenkins W80 0.85**Javelin**Garry Hastie M60 27.98  
Harold Membrey M70 16.12  
Luella Jenkins W80 14.14  
Sharon Moloney W60 13.98  
Ruth Johnson W80 9.90

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**Bunbury – 28 September**

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**5000m**

Steve Weller M45 18:52.5

**3000m walk**

Harold Membrey M70 24:18.0