



 Curtin University

Post-Menopausal Athlete Study: Your Heart Health and Your Hormones

Researchers from the Curtin School of Allied Health are conducting a study on heart and blood vessel health in healthy, post-menopausal female athletes.

FEMALE VOLUNTEERS REQUIRED

Healthy women aged over 45 years who are post-menopausal (1-5 years since last bleed) and currently participating in any competitive sport are encouraged to enrol in this study.

STUDY DETAILS

As a volunteer you will attend Curtin University (Bentley for ~ 3 hours) and University of Western Australia (Crawley for ~ 60 mins) to complete once-off testing sessions. During your visits, your heart and blood vessel function will be measured using non-invasive ultrasound. You will also undergo a body composition scan, a fitness test and provide blood samples to measure certain hormones.

MORE INFORMATION

Email us womenshearthealth@curtin.edu.au or scan the QR code for more details about the study.

Curtin University Human Research Ethics Committee (HREC) has approved this study (HRE2021-0650).



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