

## **Australian Masters Athletics Distance Running Working Party**

Distance running events in Australia include park runs, 5k runs, 10k runs, half marathons, marathons, cross-country races, road races and ultra-marathons. Typically, distance running events will be running events greater than 1,500 metres in length.

It is believed that distance runners, more particularly masters-aged distance runners, could be an area where AMA and its member state and territory associations can significantly grow their membership numbers. If this is the case, this should potentially lead to an increase and or improvement in the number and quality of distance event running events available for masters aged athletes in Australia.

### **Initial Objectives**

To investigate and develop recommendations for the AMA Board on strategies for:

- Increasing the number of masters-aged athletes competing in distance events.
- Encouraging and promoting participation in distance events for masters athletes.
- Improving and or increasing the number and quality of competitive and or non-competitive events for masters-aged distance runners
- Any other matters relevant to masters-aged distance runners and distance running events.

### **Working Party**

Chairperson - Phil Urquhart.

Other volunteer working party members are to be "sourced" from AMA Board members and members of AMA state and territory associations.

Nominations are to be advised by 31<sup>st</sup> July 2023 by email to Judy Farrell at :

[secretary@australianmastersathletics.org.au](mailto:secretary@australianmastersathletics.org.au)