

January 2024 Results

*This listing includes all events where members are known to have competed
All records are pending until ratified by the appropriate authorities*

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

Bunbury – 2 January

100m

Tyne Timmers	M40	13.68
Janet Smith	W40	14.84
Garry Hastie	M60	16.10
Harold Membrey	M70	18.00
Brian Waldhuter	M80	19.24
Luella Jenkins	W80	21.39
Ruth Johnson	W80	24.62

800m

Tyne Timmers	M40	2:19.8
Janet Smith	W40	3:04.3

Weight

John Fettus	M50	16.17
Paula Kennedy	W55	9.41

High Jump

Janet Smith	W40	1.40
Brian Waldhuter	M80	1.15
Luella Jenkins	W80	0.80

Javelin

Garry Hastie	M60	31.29
Tyne Timmers	M40	30.08
Janet Smith	W40	22.68
Paula Kennedy	W55	17.58
Harold Membrey	M70	17.51
Luella Jenkins	W80	13.51

ECAC – 4 January

100m

Heat 1		
Matt Walker	M40	12.51
Eliot Wardrobe	Vis	12.53
Stephen Jarvis	M45	13.36
Dominic Lagat	M40	14.97
Michele Jarvis	W45	15.17
Barbara Blurton	W70	16.28
Naomi Lagat	W40	16.29
Harold Membrey	M70	16.73
Matilda Durbridge	Vis	17.00
Larissa Hynds	Vis	18.63

Heat 2

Owen Renting	Vis	17.03
Jayden Hynds	Vis	17.81
Sydelle Hynds	Vis	19.88
Delia Baldock	W60	20.60
Terri Carr	W60	21.54
Trevor Scott	M60	22.72
Bob Schickert	M80	30.09
David Gardiner (walk)	M75	33.61

200m

Heat 1		
Matt Walker	M40	25.64
Stephen Jarvis	M45	26.15
Dominic Lagat	M40	29.68
Andy Roach	M45	29.69
Michele Jarvis	W45	30.22
David Adams	M45	30.41
Dayna Lagat	Vis	32.78
Barbara Blurton	W70	32.94

Heat 2

John Miolini	M50	34.94
Harold Membrey	M70	36.68
Jayden Hynds	Vis	37.58
Larissa Lagat	Vis	38.39
Jacqui McQueen	W55	39.76
Sydelle Hynds	Vis	41.01
Jackie Halberg	W75	52.82

Heat 3

Crystal Glossop	W40	38.17
Tegan Durbridge	W35	41.73

800m

Heat 1		
Eliot Wardrobe	Vis	2:10.57
Dominic Lagat	M40	2:24.18
Matilda Hawthorne	Vis	2:44.76
Dayna Lagat	Vis	2:49.10
Andy Roach	M45	2:52.89
Naomi Lagat	W40	2:55.42
Margaret Saunders	W70	3:00.71 AR pend.
Larissa Lagat	Vis	3:03.96
Kevin Murphy	M55	3:33.49

Heat 2

John Miolini	M50	3:12.57
Isabella Tolardo	Vis	3:17.13
Crystal Glossop	W40	3:20.12
Tegan Durbridge	W35	3:36.63
Karyn Tolardo	W55	3:48.13
Jayden Hynds	Vis	3:49.36
Brian Hewitt	M70	3:49.70
Fiona van Heerwaarden	W45	4:03.82
Silke Peglow	W55	4:40.22
David Gardiner (walk)	M75	6:06.69

3000m

Dominic Lagat	M40	11:13.42
Kevin Murphy	M55	11:56.41
David Adams	M45	12:08.81
Richard Wardrobe	Vis	12:04.37
Richard Harris	M65	12:17.22
Darryn Stoves	Vis	12:20.66
Scott Claxton	M50	12:22.37
Andy Roach	M45	13:18.53
Campbell Till	M65	14:24.90
Paul Every	M55	14:34.20
Naomi Lagat	W40	14:40.44
John Miolini	M50	14:52.86
Isabella Tolardo	Vis	14:57.35
Rochelle Airey	W50	15:06.7(h)
Liz Clennell	W50	15:25.88
Tegan Durbridge	W35	16:24.15
Carmel Meyer	W60	17:48.95
Bob Schickert	M80	20:24.25

3000m walk

Karyn Tolardo	W55	19:11.63
Fiona van Heerwaarden	W45	20:28.30
Daniel Lowe	M45	22:29.15
Lynne Schickert	W80	26:39.95
Glenys Duncan	W80	28:21.71

2000m steeplechase

Eliot Wardrobe	Vis	7:38.46
Trevor Scott	M60	8:27.80
Callum Membrey	Vis	8:56.09
Richard Wardrobe	Vis	9:09.71
David Adams	M45	9:32.97
Stephen Jarvis	M45	10:16.48
Sue Coate	W55	10:20.55
Paul Every	M55	10:25.76
Michele Jarvis	W45	10:32.64
Isabella Jarvis	Vis	10:50.24
Sophia Jarvis	Vis	10:55.51
Owen Renting	Vis	11:13.48
Isabella Tolardo	Vis	11:23.59
Ivy Renting	Vis	12:06.41
Tegan Durbridge	W35	12:11.82
Crystal Glossop	W40	12:12.05
Liz Clennell	W50	12:25.52
Janne Wells	W55	12:33.71
Silke Peglow	W55	12:36.93
Jacqui McQueen	W55	13:00.76

High Jump

Jenn Parker	W50	1.36
Stephen Jarvis	M45	1.36
Rafael Jarvis	Vis	1.33
Dave Wyatt	M70	1.24
Lisa Limonas	W55	1.18
Sue Coate	W55	1.12
Michele Jarvis	W45	1.09
Isabella Jarvis	Vis	1.06
Gay Wyatt	W65	1.03
Lynne Schickert	W80	0.89

Hammer

Jenn Parker	W50	34.75
Brian Miller	M65	31.09
Harold Membrey	M70	25.25
Bev Hamilton	W75	23.20
Kevin Goodman	Vis	16.22
Terri Carr	W60	13.77

Weight

Harold Membrey	M70	11.34
Brian Miller	M65	10.22
Bev Hamilton	W75	8.42
Kevin Goodman	Vis	8.33
Mike Anderson	M75	6.29
Terri Carr	W60	6.09

Bunbury – 4 January

3000m steeplechase

Tyne Timmers	M40	12:10.6
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Strive – 6 January

100m

Mathew Walker	M40	12.45	+0.7
Gin Ang	M55	13.34	+2.1
Joe-Anne Dannenberg	W45	13.99	+3.0
John Dennehy	M60	17.16	+2.1

200m

Mathew Walker	M40	25.92	+2.6
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400m

Matthew Konsolis	M35	52.03
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800m

Chris Gould	M45	2:07.32
Mark Maslen	M45	2:12.51
Xander van Rijen	M55	2:20.41
Andrew Kets	M50	2:31.75

3000m

Chris Gould	M45	9:35.74
Mark Maslen	M45	10:14.21

Pole Vault

Brad Schirmer	M50	3.00
Phil Smyth	M75	2.50
Nicolai Morris	W35	2.20
Sue Coate	W55	2.20

Javelin

Sue Coate	W55	26.26
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Bunbury – 6 January

Outdoor Pentathlon – men

		Long Jump	Javelin	200m	Discus	1500m
Tyne Timmers	M40	4.81	28.32	27.1	20.73	5:01.5
		435	324	530	293	634
	Total points	2216				

200m

Michelle Krokosz	W35	33.4
Harold Membrey	M70	39.7

Javelin

Garry Hastie	M60	31.15
Michelle Krokosz	W35	25.59
Harold Membrey	M70	15.52

Long Jump

Michelle Krokosz	W35	3.99
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Discus

John Fettus	M50	39.33
Michelle Krokosz	W35	31.30
Garry Hastie	M60	28.70
Harold Membrey	M70	20.91

WAAS – 9 January

60m			800m		
Heat 1			Mark Dawson M60 2:53.0		
Stephen Edwards	M35	7.6	Rob Cattrall M65 2:55.5		
Jethro Johnson	Vis	7.7	Campbell Till M65 2:56.3		
Kieran Johnson	M40	7.7	Glenys Duncan (walk) W80 7:13.5		
Harvey Johnson	Vis	10.5	3000m		
Heat 2			Michelle Shuck W40 12:00.5		
Reinhold Michelchen	Vis	8.6	David Adams M45 12:01.9		
Juliana Kelly	W55	9.6	Rob Cattrall M65 13:30.6		
Ken Wilkins	M60	10.4	Mark Dawson M60 14:00.9		
100m					
Heat 1					
Jethro Johnson	Vis	12.4			
Stephen Edwards	M35	12.4			
Kieran Johnson	M40	12.5			
Jeff Davidson	M55	13.7			
Heat 2					
Reinhold Michelchen	Vis	14.2			
Juliana Kelly	W55	16.1			
Ken Wilkins	M60	17.5			
Harvey Johnson	Vis	17.7			

Bunbury – 9 January

100m			Triple Jump		
Harold Membrey	M70	18.69	Brian Waldhuter M80 6.19		
200m			Discus		
Tyne Timmers	M40	27.35	John Fettus M50 41.49		
Garry Hastie	M60	40.36	Garry Hastie M60 30.36		
Harold Membrey	M70	40.70	Tyne Timmers M40 24.61		
Sharon Moloney	W60	43.02	Sharon Moloney W60 20.54		
Brian Waldhuter	M80	51.91	Harold Membrey M70 20.50		
Luella Jenkins	W80	57.34	Brian Waldhuter M80 18.78		
1500m			Luella Jenkins W80 15.40		
Tyne Timmers	M40	4:57.4			

ECAC – 11 January

60m			100m		
Heat 1			Heat1		
Matt Walker	M40	7.92	Matt Walker M40 12.83		
Isaek Hossack	Vis	8.64	Jeiyram Naidu Vis 13.59		
Kim Taylor	M55	8.78	Brian Callaghan M60 14.33		
Brian Callaghan	M60	8.78	Andy Roach M45 15.14		
Amanda Bisk	W35	9.08	Catherine Manners W40 15.53		
David Adams	M45	9.30	Jacqui McQueen W55 19.95		
Sue Coate	W55	9.43	Peggy Macliver W75 20.75		
Michele Jarvis	W45	9.43	Jackie Halberg W75 25.16		
Catherine Manners	W40	9.57	David Gardiner (walk) M75 30.14		
Heat 2			Heat 2		
Cathy McCloskey	W60	9.54	Isaek Hossack Vis 14.04		
Jayden Hynds	Vis	10.92	Isabella Jarvis Vis 15.36		
Sydelle Hynds	Vis	11.47	Sophia Jarvis Vis 15.80		
Peggy Macliver	W75	12.16	Jayden Hynds Vis 19.52		
Terri Carr	W60	12.60	Sydelle Hynds Vis 23.04		
Lynne Schickert	W80	15.70			
David Gardiner (walk)	M75	16.60			
Des Walsh	M65	19.52			
80m hurdles					
Michele Jarvis	W45	16.50			
Sue Coate	W55	17.36			

1500m

Eliot Wardrobe	Vis	4:42.64
Jesse Hamer	Vis	5:04.61
Isaek Hossack	Vis	5:32.26
David Adams	M45	5:34.37
Andy Roach	M45	5:35.06
Steve Hossack	M60	6:31.88
John Bailey	M40	6:35.07
Paul Every	M55	7:16.62
Isabella Jarvis	Vis	7:47.37
Sophia Jarvis	Vis	7:50.93
Brian Hewitt	M70	7:51.59
Jim Langford	M75	7:59.68
Jayden Hynds	Vis	8:19.29
Sydelle Hynds	Vis	8:20.49
Janne Wells	W55	8:36.37
Bob Schickert	M80	9:47.70

1500m walk

Fiona van Heerwaarden	W45	9:27.95
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3000m

Eliot Wardrobe	Vis	11:39.91
David Adams	M45	12:00.29
Richard Wardrobe	Vis	12:25.26
Steve Hossack	M60	13:16.86
Andy Roach	M45	13:42.07
Paul Every	M55	14:56.92
Mike Meredith	M60	15:51.37
Janne Wells	W55	18:04.78
Jacqui McQueen	W55	18:23.01
Silke Peglow	W55	18:43.04

3000m walk

Fiona van Heerwaarden	W45	20:50.61
Lynne Schickert	W80	24:55.59
Steve Travell	M65	28:11.01

Long Jump

Stephen Jarvis	M45	4.70
Amanda Bisk	W35	4.63
Sue Coate	W55	4.23
Michele Jarvis	W45	4.06
Lisa Limonas	W55	3.84
Dani Dean	W40	3.81
Cathy McCloskey	W60	3.51
Isabella Jarvis	Vis	3.30
Gay Wyatt	W65	3.17
Lynne Schickert	W80	1.85

Discus

Des Walsh	M65	23.61
Brian Miller	M65	23.14
Stephen Jarvis	M45	22.26
Bruce McGeorge	M65	22.12
Bev Hamilton	W75	17.81
Terri Carr	W60	16.04

Shot

Sue Coate	W55	10.14
Des Walsh	M65	7.29
Bev Hamilton	W75	6.99
Terri Carr	W60	5.71

WA Country Championships, Geraldton – 12-14 January

100m

Kyle Ennis	M30	11.07
Janet Smith	W40	14.15

200m

Kyle Ennis	M30	22.68
Janet Smith	W40	29.64

800m

Tyne Timmers	M40	2:21.0
Janet Smith	W40	2:44.5

1500m

Tyne Timmers	M40	4:56.6
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Strive, WAAS – 12 January

1500m

Chris Gould	M45	4:18.22
Mark Maslen	M45	4:31.83
David Adams	M45	5:19.33

100m

David Adams	M45	14.61	+0.7
John Dennehy	M60	17.44	+0.7

Bunbury – 13 January

Shot

John Fettus	M50	13.76
Garry Hastie	M60	8.99
Harold Membrey	M70	7.49

Javelin

Garry Hastie	M60	25.26
Harold Membrey	M70	16.71

Bunbury – 16 January

400m

Tyne Timmers	M40	60.2
Harold Membrey	M70	1:39.7

Long Jump

Tyne Timmers	M40	4.18
Luella Jenkins	W80	2.07

Hammer

John Fettus	M50	45.48
Paula Kennedy	W55	31.91
Sharon Moloney	W60	26.59
Harold Membrey	M70	26.40
Garry Hastie	M60	24.31
Luella Jenkins	W80	19.95
Tyne Timmers	M40	14.29

Shot

John Fettus	M50	13.23
Tyne Timmers	M40	8.67
Garry Hastie	M60	8.30
Paula Kennedy	W55	8.25
Harold Membrey	M70	7.65
Sharon Moloney	W60	7.16
Luella Jenkins	W80	6.80

WAAS – 16 January

100m

Jeff Davidson	M55	13.7
Brian Callaghan	M60	14.3
Jenn Parker	W50	14.7
Sue Coate	W55	14.9

200m

Heat 1

Brian Callaghan	M60	29.7
Jeff Davidson	M55	29.9
Mark Dawson	M60	34.3

Heat 2

Sue Coate	W55	30.7
Michelle Shuck	W40	36.9

1500m

Michelle Shuck	W40	5:38.6
Rob Cattrall	M65	5:54.4
Glenn Rogers	M55	6:45.2
Mark Dawson	M60	7:03.7
Cathy Middleton	W50	7:34.1

3000m

Michelle Shuck	W40	12:48.3
Mark Dawson	M60	13:57.5
Glenn Rogers	M55	14:41.1
Rob Cattrall	M65	14:50.8
Carmel Meyer	W60	17:08.6
Jenn Parker	W50	17:17.6
Morland Smith	M85	21:54.0

5000m

David Adams	M45	21:19.5
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ECAC – 18 January

200m

Heat 1

Matt Walker	M40	26.25
Alex Walker	Vis	30.52
Andy Roach	M45	30.96
David Adams	M45	31.10
Tammi Doyle	W50	32.16
Cathy McCloskey	W60	33.20

Heat 2

Jayden Hynds	Vis	40.91
M van Heerwaarden	Vis	41.48
Tegan Durbridge	W35	42.13
Sydelle Hynds	Vis	43.57
Peggy Macliver	W75	43.99
Terri Carr	W60	49.49
Des Walsh	M65	56.00
Jackie Halberg	W75	56.35

400m

Matt Walker	M40	68.91
Andy Roach	M45	69.70
Emily Bailey	Vis	70.11
Tammi Doyle	W50	78.74
G van Heerwaarden	Vis	82.99
M van Heerwaarden	Vis	1:32.82
Jayden Hynds	Vis	1:43.44
D van Heerwaarden	Vis	1:48.54
Sydelle Hynds	Vis	1:55.66

1000m walk

Karyn Tolardo	W55	6:00.18
Fion van Heerwaarden	W45	6:09.74

3000m walk

Fiona van Heerwaarden	W45	20:05.48
John McDonagh	M75	20:42.08
Lynne Schickert	W80	25:18.96
Glenys Duncan	W80	27:35.75

5000m walk

Karyn Tolardo	W55	33:53.77
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1000m

Nick Moore	M50	3:29.70
Neil Morfitt	M65	3:39.85
Clare Wardle	W45	3:41.68
Campbell Till	M65	3:51.79
Margaret Saunders	W70	3:52.65 AR
Tristan Bell	M55	3:52.98
Sue Coate	W55	4:04.17
John Bailey	M40	4:07.74
Isabella Tolardo	Vis	4:25.85
Paul Every	M55	4:34.83
M van Heerwaarden	Vis	4:40.02
Carmel Meyer	W60	4:43.95
Jim Langford	M75	5:12.39
Carol Bowman	W65	5:18.18
Jayden Hynds	Vis	5:30.20
Sydelle Hynds	Vis	5:48.45
Jacinta Thompson	W45	8:00.59

3000m

Matilda Hawthorne	Vis	11:39.00
Nick Moore	M50	12:00.75
M van Heerwaarden	Vis	17:00.25
Jim Langford	M75	17:06.63
Bob Schickert	M80	20:54.18

5000m

Trevor Scott	M60	19:57.89
Clare Wardle	W45	20:29.35
David Adams	M45	20:43.26
Tristan Bell	M55	22:20.28
Andy Roach	M45	23:38.16
Paul Every	M55	24:54.87
Isabella Tolardo	Vis	25:33.50
Tegan Durbridge	W35	25:58.77
Molly Hawthorne	Vis	26:48.01
Kylie Hawthorne	Vis	27:16.19
Janne Wells	W55	31:26.12

High Jump

Jenn Parker	W50	1.30
G van Heerwaarden	Vis	1.30
Sue Coate	W55	1.25
Tammi Doyle	W50	1.10

Javelin

Paul Foley	M55	37.38
Sue Coate	W55	28.05
Tammi Doyle	W50	22.98
Jenn Parker	W50	20.95
Des Walsh	M65	20.35
Jacinta Thompson	W45	13.84
Bruce McGeorge	M65	12.34
Andrea Penny	W45	10.51
Terri Carr	W60	9.02

Hammer

Jenn Parker	W50	32.08
Paul Foley	M55	28.29
Bruce McGeorge	M65	16.15
Andrea Penny	W45	13.25
Des Walsh	M65	11.38
Terri Carr	W60	11.12

Bunbury – 18 January

Long Jump

Luella Jenkins	W80	2.18
Sharon Moloney	W60	2.01

Bunbury – 20 January

2000m steeplechase

Jenn Parker	W50	10:50.0
Garry Hastie	M60	12:36.5
Harold Membrey	M70	13:21.3

Pole Vault

John Fettus	M50	2.30
Jenn Parker	W50	1.30

Strive, WAAS – 20 January

100m

Mandy Mason	W55	12.22	+0.5
Mathew Walker	M40	12.41	+1.2
John Dennehy	M60	16.91	+2.8

5000m

Dean Menzies	M35	14:46.41
Chris Gould	M45	16:19.26
Paul Rowland	M45	18:16.02
Claudia Seke	W55	20:43.81

200m

Mathew Walker	M40	25.89	+1.8
John Dennehy	M60	36.33	+1.8

Pole Vault

Phil Smyth	M75	2.50
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400m

Matthew Konsolis	M35	52.42
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WAAS – 23 January

60m**Heat 1**

Kieran Johnson	M40	7.8
Paul Wilmot	M30	8.7
David Adams	M45	9.8

Heat 2

Jeff Davidson	M55	8.8
Juliana Kelly	W55	9.8
Ken Wilkins	M60	10.3
Harvey Johnson	Vis	10.4

Heat 2

Richard Harris	M65	79.8
Paul Wilmot	M30	81.1
Harvey Johnson	Vis	1:30.5
Kieran Johnson	M40	1:30.5
Cathy Middleton	W50	1:30.6
Geoff Vine	M75	1:45.4

200m**Heat 1**

Kieran Johnson	M40	26.1
Campbell Till	M65	28.1
Paul Wilmot	M30	38.1

Heat 2

Jeff Davidson	M55	30.6
Juliana Kelly	W55	33.7
Harvey Johnson	Vis	39.6
David Baird	M80	40.2

400m**Heat 1**

Jeff Davidson	M55	73.3
Mark Dawson	M60	86.3
Isabella Tolardo	Vis	88.3
David Baird	M80	1:35.7

3000m

David Adams	M45	11:34.8
Richard Harris	M65	12:05.0
Rob Cattrall	M65	12:46.0
Glenn Rogers	M55	12:50.1
Isabella Tolardo	Vis	14:12.1
Mark Dawson	M60	16:11.4
Lori Sexton	W60	16:41.0
Harvey Johnson	Vis	17:41.4
Morland Smith	M85	20:50.7
David Baird	M80	20:51.2
Wendy Jones	W55	22:12.4

3000m walk

Karyn Tolardo	W55	18:15.9
Steve Travell	M65	26:45.0
Glenys Duncan	W80	27:31.6

Bunbury – 23 January

60m			3000m		
Harold Membrey	M70	10.8	Ruth Johnson	W80	21:10.4
Sharon Moloney	W60	11.3	3000m walk		
Luella Jenkins	W80	12.8	Garry Hastie	M60	20:20.0
Ruth Johnson	W80	13.1	Paula Kennedy	W55	25:21.8
400m hurdles					
Michelle Krokosz	W35	84.9			

Strive, WAAS – 24 January

60m				3000m			
Kyle Ennis	M30	7.07	+2.0	Nathaniel Shivaraman	M30	10:54.81	
Mandy Mason	W55	7.83	+3.0	Douglas Hill	M40	10:55.62	
David Adams	M45	9.13	+3.7	High Jump			
Nathaniel Shivaraman	M30	9.15	+3.7	Brad Schirmer	M50	1.45	
John Dennehy	M60	11.00	+3.7	Pole Vault			
200m				Brad Schirmer	M50	2.50	
Matthew Konsolis	M35	23.68	+2.0	Phil Smyth	M75	2.40	
Jannie Baard	M55	28.21	+3.3	Sue Coate	W55	2.20	
Nathaniel Shivaraman	M30	29.34	+3.3	Javelin			
David Adams	M45	30.15	+3.3	Paul Wilmot	M30	23.38	
John Dennehy	M60	36.77	+3.3				
800m							
Nathaniel Shivaraman	M30	2:29.23					
David Adams	M45	2:32.58					

ECAC – 25 January

100m			3000m		
Eliot Wardrobe	Vis	12.91	David Adams	M45	11:48.45
Matt Walker	M40	12.92	Richard Wardrobe	Vis	12:26.92
Alex Walker	Vis	14.85	Eliot Wardrobe	Vis	12:27.13
Sue Coate	W55	15.23	Vanessa Carson	W45	12:34.41
Harold Membrey	M70	17.46	Paul Every	M55	14:30.9 (h)
Jayden Hynds	Vis	18.74	Isabella Tolardo	Vis	14:36.2 (h)
Sydelle Hynds	Vis	21.21	Jim Langford	M75	16:36.9 (h)
200m			Carmel Meyer	W60	17:00.21
Eliot Wardrobe	Vis	25.81	M van Heerwaarden	Vis	17:15.36
Matt Walker	M40	26.38	Brian Hewitt	M70	17:44.84
Alex Walker	Vis	30.31	Janne Wells	W55	18:03.83
Jayden Hynds	Vis	40.15	Sydelle Hynds	Vis	19:05.49
M van Heerwaarden	Vis	41.04	Jayden Hynds	Vis	19:06.82
Carol Bowman	W65	42.39	Bob Schickert	M80	20:41.45
Jacqui McQueen	W55	44.69	Jacqui McQueen	W55	20:42.10
Sydelle Hynds	Vis	46.87	Wendy Jones	W55	21:55.38
Brian Hewitt	M70	47.21	3000m walk		
800m			Karyn Tolardo	W55	19:47.66
Eliot Wardrobe	Vis	2:20.95	Fiona van Heerwaarden	W45	20:19.00
David Adams	M45	2:37.17	Lynne Schickert	W80	25:04.50
Emily Bailey	Vis	2:52.46	Steve Travell	M65	26:43.69
Vanessa Carson	W45	2:52.92	Long Jump		
John Bailey	M40	3:07.17	Jenn Parker	W50	4.51
Isabella Tolardo	Vis	3:25.64	Sue Coate	W55	4.26
M van Heerwaarden	Vis	3:40.01	Campbell Till	M65	4.10
Brian Hewitt	M70	3:42.89	Dani Dean	W40	4.08
Jayden Hynds	Vis	3:50.25	Geoff Brayshaw	M70	3.97
Jacqui McQueen	W55	3:59.11	Ingrid Wilcock	W40	3.96
Fiona van Heerwaarden	W45	3:59.46	Lynne Schickert	W80	1.91
Sydelle Hynds	Vis	4:02.73	Triple Jump		
Jim Langford	M75	4:02.80	Ingrid Wilcock	W40	9.11
Karyn Tolardo (walk)	W55	4:47.50	Jenn Parker	W50	8.91
300m hurdles					
Jenn Parker	W50	55.23			
Sue Coate	W55	62.09			
Harold Membrey	M70	80.78			

Discus

Geoff Brayshaw	M70	29.93
Bruce McGeorge	M65	22.72
Mike Anderson	M75	15.53

Weight

Harold Membrey	M70	11.51
Geoff Brayshaw	M70	8.88
Mike Anderson	M75	6.23

WAAS – 30 January

60m

Heat 1		
Kieran Johnson	M40	8.1
Brian Callaghan	M60	8.7
Ken Wilkins	M60	10.9

Heat 2

Juliana Kelly	W55	9.8
Harvey Johnson	Vis	10.6
Norm Richards	M85	10.8

100m

Heat 1		
Kieran Johnson	M40	12.8
Brian Callaghan	M60	13.9
Ken Wilkins	M60	17.0

Heat 2

Juliana Kelly	W55	15.9
Harvey Johnson	Vis	17.5
Norm Richards	M85	17.9

800m

Richard Harris	M65	2:47.0
Rob Cattrall	M65	2:52.8
Michelle Shuck	W40	2:53.5
Sue Coate	W55	3:03.1
Glenn Rogers	M55	3:11.4
Paul Scott	M65	3:30.6
Harvey Johnson	Vis	3:43.9
Kieran Johnson	M40	3:44.6
Geoff Vine	M75	3:45.5
David Baird	M80	3:45.6

3000m

Richard Harris	M65	12:17.3
Rob Cattrall	M65	13:28.3
Carmel Meyer	W60	16:13.5
Cathy Middleton	W50	16:57.3
Morland Smith	M85	21:26.0

3000m walk

Glenys Duncan	W80	28:38.9
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5000m

Glenn Rogers	M55	21:20.3
David Adams	M45	22:23.2
Paul Scott	M65	22:39.6
Isabella Tolardo	Vis	24:11.7
Harvey Johnson	Vis	30:53.7
Wendy Jones	W55	37:11.9

5000m walk

Wendy Farrow	W55	35:46.2
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Bunbury – 30 January

60m

Harold Membrey	M70	11.08
Sharon Moloney	W60	12.03
Ruth Johnson	W80	13.36
Luella Jenkins	W80	13.59

100m

Tyne Timmers	M40	13.36
Garry Hastie	M60	15.61
Harold Membrey	M70	17.36
Sharon Moloney	W60	19.51
Ruth Johnson	W80	21.06
Luella Jenkins	W80	22.07

800m

Tyne Timmers	M40	2:23.9
Ruth Johnson	W80	4:53.9

Javelin

Garry Hastie	M60	31.92
Tyne Timmers	M40	31.77
Harold Membrey	M70	16.96
Sharon Moloney	W60	14.67
Luella Jenkins	W80	13.96
Ruth Johnson	W80	9.73