

# August 2024 Results

*This listing includes all events where members are known to have competed,*

*except the WMA championships, which are reported elsewhere*

*All records are pending until ratified by the appropriate authorities*

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

## ECAC – 1 August

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<b>60m</b>			<b>600m</b>		
Heat 1			Andy Roach M45 2:08.6		
Matt Walker	M40	7.75	Paz Storey W35 2:12.0		
David Adams	M45	9.26			
David Wilkie	M65	9.26			
Heat 2			<b>1000m</b>		
Des Walsh	M70	10.02	David Adams M45 3:26.7		
Paz Storey	W35	9.31	Andy Roach M45 3:49.9		
Jenn Parker	W55	9.54	Isabella Tolardo Vis 4:16.4		
Tegan Durbridge	W35	11.75	Bruce McGeorge M70 4:43.5		
Terri Carr	W60	13.73	Karyn Tolardo W55 4:58.4		
			Julie Wilson W70 4:58.5		
			Fiona van Heerwaarden W45 5:06.8		
<b>200m</b>			<b>5000m</b>		
Heat 1			David Adams M45 19:57.8		
Matt Walker	M40	26.3	Karyn Tolardo W55 26:09.3		
Paz Storey	W35	32.7	Tegan Durbridge W35 26:23.1		
Dave Wilkie	M65	33.1	Isabella Tolardo Vis 26:32.2		
Des Walsh	M70	35.3	Jim Langford M75 30:19.6		
Heat 2			Silke Peglow W55 30:59.4		
Simon Martin	M40	35.2			
Tegan Durbridge	W35	42.1			
Terri Carr	W60	60.7			
<b>3000m walk</b>			<b>3000m</b>		
Steve Travell	M65	25:42.6	Paz Storey W35 15:18.0		
Lynne Schickert	W80	25:44.0	Julie Wilson W70 16:01.8		
Glenys Duncan	W80	27:26.8	Bruce McGeorge M70 16:54.6		
			Fiona van Heerwaarden W45 19:48.6		
			Bob Schickert M80 21:07.5		

## AW Road Walks, Perry Lakes – 3 August

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<b>10km</b>		
Andrew Duncan	M55	57:12.67
Wendy Farrow	W55	1:10:44.10

## ECAC – 8 August

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<b>60m</b>			<b>400m</b>		
Heat 1			Tony Pfaff Vis 66.0		
Matt Walker	M40	7.8	Malachi Mackay Vis 68.2		
Simon Martin	M40	8.7	Imogen Spooner Vis 73.1		
Alex Walker	Vis	9.0	Andy Roach M45 74.9		
Imogen Spooner	Vis	9.5	Paz Storey W35 75.2		
Heat 2			Carol Bowman W65 1:32.2		
Paz Storey	W35	9.1			
Keith Redpath	M70	9.4			
Dave Wilkie	M65	9.8			
Des Walsh	M70	10.1			
Heat 3			<b>1500m</b>		
Bryce Walker	Vis	10.9	Nikola Radosevic Vis 4:47.7		
Dante van Heerwaarden	Vis	12.3	Tony Pfaff Vis 5:13.5		
Lynne Schickert	W80	15.7	David Adams M45 5:14.2		
Jackie Halberg	W75	16.0	Aleksa Radosevic Vis 5:29.6		
Heat 4			Jovan Radosevic Vis 5:57.7		
Owen Renting	Vis	10.4	Kevin Renting Vis 6:40.0		
George Renting	Vis	11.1	Paul Every M60 7:14.5		
Kevin Renting	Vis	11.7	Fiona van Heerwaarden W45 7:42.4		
			Silke Peglow W55 8:16.4		
			<b>1500m walk</b>		
			Lynne Schickert W80 12:52.6		
			Glenys Duncan W80 13:26.8		

**100m**

## Heat 1

Matt Walker	M40	12.4
Alex Walker	Vis	13.7
Malachi MacKay	Vis	14.2
David Adams	M45	14.9
Andy Roach	M45	16.2

## Heat 2

Tony Pfaff	Vis	13.6
Simon Martin	M40	14.0
Keith Redpath	M70	14.9
Paz Storey	W35	15.9
Dave Wilkie	M65	16.0

## Heat 3

Jovan Radosevic	Vis	15.6
Des Walsh	M70	16.4
Bryce Walker	Vis	17.7
Dante van Heerwaarden	Vis	21.2

## Heat 4

Owen Renting	Vis	16.5
Kevin Renting	Vis	17.4
George Renting	Vis	18.6
Jackie Halberg	W75	27.3
Lynne Schickert	W80	28.7

**3000m**

Nikola Radosevic	Vis	10:35.0
Tony Pfaff	Vis	11:04.4
David Adams	M45	11:31.7
Andy Roach	M45	13:29.4
Malachi Mackay	Vis	13:38.2
Paul Every	M60	14:18.8
Campbell Till	M65	14:19.7
Imogen Spooner	Vis	15:18.0
Paz Storey	W35	15:31.2
Carmel Meyer	W60	17:15.0
Silke Peglow	W55	17:38.1
Jim Langford	M75	17:57.1
Annette Spooner	Vis	20:32.2
Bob Schickert	M80	22:04.1

**3000m walk**

Fiona van Heerwaarden	W45	19:36.0
Lynne Schickert	W80	25:27.4

**Strive, WAAS – 9 August****100m**

Jonathon Nowers	M30	13.35	+0.0
David Adams	M45	14.42	+0.0

**200m**

David Adams	M45	31.12	+0.2
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**400m**

David Adams	M45	67.80
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**1500m**

David Adams	M45	5:29.80
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**3000m**

David Adams	M45	11:16.82
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**ECAC – 15 August****60m**

## Heat 1

Matt Walker	M40	7.96
Ciarain Hoby	Vis	8.01
Paz Storey	W35	9.19
David Adams	M45	9.31
Imogen Spooner	Vis	9.43

## Heat 2

Des Walsh	M70	10.24
Mateo van Heerwaarden	Vis	10.77
Annette Spooner	Vis	12.22
Jackie Halberg	W75	20.26

**200m**

## Heat 1

Matt Walker	M40	26.10
Ciarain Hoby	Vis	27.22
Tony Pfaff	Vis	29.20
Alex Walker	Vis	31.30
Imogen Spooner	Vis	32.44

## Heat 2

David Adams	M45	30.90
Paz Storey	W35	32.36
Des Walsh	M70	36.18
Jackie Halberg	W75	75.27

**600m**

Paz Storey	W35	2:11.22
Mateo van Heerwaarden	Vis	2:23.05

**1 Mile**

Tony Pfaff	Vis	5:33.14
Ciarain Hoby	Vis	5:48.14
Andy Roach	M45	6:33.95
Mateo van Heerwaarden	Vis	6:57.40
Paul Every	M60	8:09.56
Fiona van Heerwaarden	W45	8:34.88
Liz Clennell	W55	9:17.91

**3000m**

David Adams	M45	11:03.23
Imogen Spooner	Vis	13:16.15
Campbell Till	M65	14:04.82
Paz Storey	W35	16:18.69
Annette Spooner	Vis	20:31.92

**3000m walk**

Glenys Duncan	W80	27:19.40
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**5000m**

Tony Pfaff	Vis	18:33.03
Andy Roach	M45	23:46.83
Paul Every	M60	24:56.06
Liz Clennell	W55	29:34.01
Silke Peglow	W55	30:50.38

**5000m walk**

Fiona van Heerwaarden	W45	33:38.91
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**ECAC – 22 August**

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<b>60m</b>			<b>1500m</b>		
Matt Walker	M40	7.9	Ciarain Hoey	Vis	5:08.8
Paz Storey	W35	9.2	Owen Renting	Vis	6:53.7
Imogen Spooner	Vis	9.5	Paul Every	M60	7:10.4
Owen Renting	Vis	10.0	Karyn Tolardo	W55	7:35.2
George Renting	Vis	11.1			
<b>100m</b>			<b>3000m</b>		
Heat 1			Ciarain Hoey	Vis	11:16.9
Matt Walker	M40	12.6	Andy Roach	M45	13:21.7
Ciarain Hoey	Vis	13.0	Paul Every	M60	14:35.2
Imogen Spooner	Vis	15.9	Paz Storey	W35	14:48.9
Andy Roach	M45	17.7	Karyn Tolardo	W55	16:15.6
Heat 2			<b>3000m walk</b>		
Owen Renting	Vis	17.0	Glenys Duncan	W80	27:17.1
Paz Storey	W35	18.1			
George Renting	Vis	18.9			
<b>300m</b>					
Imogen Spooner	Vis	51.2			
Andy Roach	M45	52.9			

**ECAC – 29 August**

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<b>100m</b>			<b>400m</b>		
Heat 1			Heat 1		
Trevor Moyo	Vis	11.6	Ciarain Hoey	Vis	59.6
Ciarain Hoey	Vis	13.2	Malachi Mackay	Vis	70.0
Robert Lewis	Vis	13.6	Aleksa Radosevic	Vis	70.6
Keith Redpath	M70	15.5	Andy Roach	M45	74.1
			Jovan Radosevic	Vis	76.0
Heat 2			Heat 2		
Malachi Mackay	Vis	15.1	Paz Storey	W35	76.1
Paz Storey	W35	15.5	Owen Renting	Vis	85.4
Deanna Drabsch	Vis	16.0	George Renting	Vis	1:38.5
			Ivy Renting	Vis	1:48.5
Heat 3			David Gardiner (walk)	M75	2:57.3
Owen Renting	Vis	16.7			
Bruce McGeorge	M70	19.1	<b>3000m</b>		
Therese Carr	W60	23.5	Janne Wells	W55	18:14.6
<b>200m</b>			<b>3000m walk</b>		
Heat 1			Glenys Duncan	W80	28:15.8
Trevor Moyo	Vis	26.6			
Robert Lewis	Vis	30.1	<b>5000m</b>		
Keith Redpath	M70	31.8	Nikola Radosevic	Vis	17:41.5
Paz Storey	W35	32.2	Tony Pfaff	Vis	17:55.5
			Ciarain Hoey	Vis	19:27.7
Heat 2			Andy Roach	M45	24:21.9
Aleksa Radosevic	Vis	33.2	Karyn Tolardo	W55	25:46.9
Owen Renting	Vis	36.2	Bruce McGeorge	M70	26:37.1
George Renting	Vis	42.5	Silke Peglow	W55	30:29.6
Ivy Renting	Vis	43.3			
Heat 3					
Therese Carr	W60	54.2			
Jackie Halberg	W75	54.7			
David Gardiner (walk)	M75	79.5			
<b>800m</b>					
Aleksa Radosevic	Vis	2:48.3			
Tony Pfaff	Vis	2:56.2			
Jovan Radosevic	Vis	2:59.0			
Andy Roach	M45	3:06.9			
Cobey Drabsch	Vis	3:43.5			

**Bunbury – 31 August**

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**Throws pentathlon**

		<b>Hammer</b>	<b>Shot</b>	<b>Discus</b>	<b>Javelin</b>	<b>Weight</b>
John Fettus	M50	45.58 699	14.37 888	40.28 677	34.36 475	15.84 781
	Total points	3520				
Luella Jenkins	W80	18.05 475	5.46 497	14.43 517	13.03 490	8.62 609
	Total points	2588				
Garry Hastie	M60	21.6 300	8.9 538	27.6 398	33.5 526	9.2 408
	Total points	2170				
Sharon Moloney	W60	23.35 477	6.46 447	16.11 380	12.84 292	8.51 416
	Total points	2012				
Harold Membrey	M70	23.44 375	7.36 461	19.20 320	14.62 199	10.37 488
	Total points	1843				
Michelle Krokosz	W35	20.83 261	8.21 432	27.41 414	21.32 323	8.04 332
	Total points	1762				

**200m**

Colin Smith M60 35.6

**Shot**

Colin Smith M60 5.63

**100lb weight**

John Fettus M50 3.72

Garry Hastie M60 2.00

Michelle Krokosz W35 1.93

Harold Membrey M70 1.91