| | | | | Heat | Final |
|---------|-----------|-----|---|---|--|
| Andrew | Brooker | M55 | Javelin | | 31.61m (24th) |
| Barbara | Blurton | W70 | 100 200 4 x 100 4 x 400 | 16.67 Q 35.49 q | 16.77 (5th) 36.34 (7th) 2nd (W70) 3rd (W65) |
| Carol | Bowman | W65 | 400 2000 sc 8k cc 4 x 400 | 1:36.8 (7th) | 12:47.74 (5th) 50:56 (51st) 3rd (W65) |
| Donna | Hiscox | W55 | discus hammer | | 15.99m (26th) 20.19m (29th) |
| Greg | Wilson | M75 | High Jump Throws Pent discus | | 1.15m (12th) 1544pts (15th) 27.72m (11th) |
| Mike | Haederle | M60 | 10k road race 8k cc | | 41:21 (26th) 33:20 (19th) |
| Jim | Langford | | 6k cc | | 37:13 (6th) |
| Jenn | Parker | W55 | 100 80 hurdles 300 hurdles High Jump Long Jump Triple Jump | 15.03 (6th) 15.06 (5th) 53.67 (4th) | 52.87 (4th) SR 1.24m (9th) 4.50m (2nd) 8.98m (7th) |
| o | Peters | M70 | Throws Pent shot discus hammer javelin weight | | 3761pts (2nd) 11.06m (12th) 38.47m (9th) 44.48m (4th) 35.71m (9th) 16.85m (7th) |
| Julie | Wilson | W70 | 1500 5000 2000sc 6k cc | | 7:27.34 8th 27:11.66 9th 11:10.47 2nd 33:50 11th |
| Lynne | Schickert | W80 | 2000 sc 5000 walk | | 19:11.92 1st 42:22:44 2nd |

| | | | 10k road walk | | 1:28:55 2nd |
|----------|-----------|-----|---|----------------------------|--|
| Margaret | Saunders | W70 | 800 1500 2000 sc | | 3:03.65 2nd 6:20.02 3rd SR 10:28.22 1st |
| Maureen | Keshwar | W70 | 100 4 x 100 | 16.89 q | 17.34 8th 2nd |
| Melissa | Foster | W45 | Long Jump Triple Jump | | 5.46 2nd 11.75 2d |
| Melissa | Lewis | | 5000 walk 10k road walk 20k road walk | | 27:14:50 2nd 56.49 2nd SR 2:00:07 1st SR |
| Robert | Schickert | M80 | 5000 2000 sc 6k cc | | 38:29.31 16th 12:16.03 4th 53:04 54th |
| Roger | Parenzee | M60 | 100 hurdles 300 hurdles | 16.00 (6th) 53.30 (5th) | |