

50km Road Running Championships 2019

Men

Kim Thomas	M45	3:59
John Ranger	M50	4:11
Chris Maher	M65	4:27
Jason Woolley	M45	4:30
Alex Tinniswood	M35	4:31
Keith Miller	M70	5:04
Brian Bennett	M70	5:09
Ross Keane	M55	5:23
David Adams	M40	5:26
Charlie Chan	M65	5:32
John Talbot	M70	7:11

Women

Clare Wardle	W40	4:36
Karen March	W55	5:16
Claire Walkley	W50	5:50
Silke Peglow	W50	6:34
Wendy Grace	W65	6:36
Jessica Mance	W30	7:11
Julie Storey	W45	7:56
Kathy Skehan	W55	8:18

30km Road Walking Championships 2019

Men

Victor Munoz	M60	6:23
Lui Cecotti	M70	7:21
Bob Schickert	M75	9:40
Maurice Creagh	M70	9:44

Women

Karyn Tolardo	W50	6:53
Elaine Dance	W65	7:59