

October Results

(note that all records are pending until ratified by the appropriate authority)

WAAS – October 2

(note – all season's bests on the first meet)

60m

Rudi Kocis	M50	7.6	
Greg Brennan	M40	7.7	PBA
Melissa Foster	W30	8.1	
Toni Phillips	W40	8.7	

Alec Ring	M45	8.6	PBA
Cathy McCloskey	W45	8.7	
Toni Phillips	W40	8.8	
Nick Miletic	M60	9.6	

Fran Cherry	W45	9.9	
Allison Smith	Vis	10.4	
Regina Crouch	W40	10.6	

1 Mile

Rob Nichols	M30	5:00.4	PBA
Steve Weller	M35	5:29.1	
Keith Edmonds	M45	6:06.6	
Mark Dawson	M50	6:17.7	
Graeme Dahl	M60	6:47.3	
Danielle Baldock	W30	7:31.9	

300m (not analysed)

Toni Phillips	W40	48.2	
Cathy McCloskey	W45	51.3	
Fran Cherry	W45	61.0	
Allison Smith	Vis	61.7	

Rudi Kocis	M50	42.0	
Alec Ring	M45	47.0	
Keith Edmonds	M45	50.4	

1000m

Rob Nichols	M30	3:03.6	
Steve Weller	M35	3:18.5	PBA
Graeme Dahl	M60	3:31.8	PBA
Margaret Saunders	W55	3:37.9	
Keith Edmonds	M45	3:45.7	
Mark Dawson	M50	3:52.5	PBA
Danielle Baldock	W30	4:41.0	
Toni Phillips	W40	5:37.0	

ECAC - 4 October

(all season's bests in this first meeting of summer)

100m

Scott Willmott	VIS	13.0	
David Solomon	VIS	13.7	
Rod Hamilton	M50	15.5	
Nick Miletic	M60	16.4	

Trent Harris	VIS	13.8	
Rob Colton	M45	14.9	
Carmel Meyer	W50	16.7	
Julie Willmott	W45	17.2	

Regina Crouch	W40	18.4	
Lynne Schickert	W70	24.4	

2000m Steeplechase

Rob Nichols	M30	7:15.2	
David Carr	M80	10:52.2	
John Dennehy	M50	11:24.6	
Regina Crouch	W40	12:17.1	PBA

Weight Throw

Tom Gravestock	M55	13.59	PBA
Brian Miller	M50	12.10	
Todd Davey	M45	10.39	

Discus

Tom Gravestock	M55	39.63	
Todd Davey	M45	38.12	SR
Greg Wilson	M65	29.23	
Brian Miller	M50	28.15	
Alec Ring	M45	25.04	

High Jump

Gill Edmonds	W45	1.15	
Gay Wyatt	W55	1.00	

Triple Jump

Melissa Foster	W30	10.74	
Cathy McCloskey	W45	8.25	
David Carr	M80	5.11	PBA

3000m

David Solomon	VIS	11:12.4	
Rod Hamilton	M50	11:39.5	
Graeme Dahl	M60	11:52.6	
Rob Colton	M45	12:03.3	
Carmel Meyer	W50	13:45.6	
Gillian Young	W65	13:50.2	PBA
David Carr	M80	14:23.3	
Carol Bowman	W55	14:30.1	
Nick Miletic	M60	15:07.7	PBA

3000m walk

Shanell Staunton	W30	25:50.6	
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400m

Scott Willmott	VIS	65.4	
Rob Colton	M45	67.6	
Toni Phillips	W40	70.8	
Rod Hamilton	M50	76.2	
Julie Willmott	W45	81.3	PBA

1500m

Trent Harris	VIS	5:25.6	
Rod Hamilton	M50	5:34.7	PBA
Giovanni Puglisi	M60	5:36.2	PBA
Rob Colton	M45	5:55.3	
Gillian Young	W65	6:35.2	PBA
Carmel Meyer	W50	6:41.6	
Bob Schickert	M70	7:18.6	

1500 walk

Valerie Millard	W65	10:42.6	
Lynne Schickert	W70	10:44.8	
Regina Crouch	W40	11:36.8	

Long jump

Julie Willmott	W45	2.92	PBA
Scott Willmott	VIS	4.96	
Rob Colton	M45	3.62	
Lynne Schickert	W70	2.39	
Regina Crouch	W40	2.83	
David Carr	M80	2.41	
Trent Harris	VIS	4.86	
Carmel Meyer	W50	3.04	

Javelin

Matt Staunton	M35	40.04	
Bev Hamilton	W65	16.91	
Julie Willmott	W45	10.96	
Daniel Lowe	M35	31.33	
David Carr	M80	14.23	PBA

Weight throw

Matt Staunton	M35	12.28	
Shanell Staunton	W30	5.09	
Bev Hamilton	W65	10.57	

WAAS – October 9**100m**

Rudi Kocis	M50	11.7	
Greg Brennan	M40	12.2	
Alec Ring	M45	14.3	PBA

Andrew Taylor	M45	12.7	PBA
Trent Harris	VIS	13.2	
Richard Williams	M40	13.5	
Cathy McCloskey	W45	14.1	

Norm Richards	M75	15.3	PBA
Fran Cherry	W45	16.0	
Joanna Garcia-Webb	W30	16.4	
Mitch Thomas	VIS	17.7	
Kim Thomas	M35	17.8	

3000m

Kim Thomas	M35	10:30.9	
Mitch Thomas	VIS	11:51.7	
Keith Edmonds	M45	11:53.1	PBA
Bernadette Benson	W40	11:54.6	PBA
Campbell Till	M55	12:25.2	
Tom Tralau	M35	12:50.0	
John Dennehy	M50	15:35.0	

400m

David Solomon	VIS	61.1	
Andrew Taylor	M45	62.9	PBA
Richard Williams	M40	66.1	PBA
Alec Ring	M45	67.0	PBA

Trent Harris	VIS	63.1	
Keith Edmonds	M45	69.8	
Cathy McCloskey	W45	71.2	
Joanna Garcia-Webb	W30	84.0	
Fran Cherry	W45	84.3	

1500m

David Solomon	VIS	5:36.5	
Bernadette Benson	W40	5:44.3	PBA
Campbell Till	M55	5:55.7	
Keith Edmonds	M45	6:39.7	

Long Jump

Melissa Foster	W30	5.35	
Joanna Garcia-Webb	W30	3.12	
Cathy McCloskey	W45	4.01	
Norm Richards	M75	3.48	PBA
Trent Harris	VIS	4.92	

Shot Put

Todd Davey	M45	12.55	SR
Tom Gravestock	M55	10.64	

Hammer

Brian Miller	M50	33.86	PBA
Tom Gravestock	M55	35.52	

ECAC – October 11**200m**

Kim Thomas	M35	28.9	
Rob Colton	M45	30.1	PBA h/t
Rod Hamilton	M50	30.8	PBA
David Clive	M75	32.3	
Nick Miletic	M60	32.4	

Geoff Gee	M55	33.0	
Mitch Thomas	VIS	34.7	
Jai Thomas	VIS	35.1	
David Carr	M80	36.4	
Julie Willmott	W45	36.6	
Regina Crouch	W40	37.6	
Bob Fawcett	M60	43.5	PBA

800m

Rob Colton	M45	2:21.9	PBA
Rod Hamilton	M50	2:24.2	PBA
Giovanni Puglisi	M60	2:44.9	PBA
Lachlan Marr	M50	2:46.6	
Mitch Thomas	VIS	2:58.6	
Robin King	W50	3:00.7	
Kim Thomas	M35	3:03.2	
Graeme Dahl	M60	3:05.2	
Jai Thomas	VIS	3:14.8	
Julie Willmott	W45	3:16.1	
Carol Bowman	W55	3:16.5	
Regina Crouch	W40	4:15.3	

60m

Nick Miletic	M60	9.5	SB
Nicole Pinel	VIS	9.6	
Mitch Thomas	VIS	10.7	
Jai Thomas	VIS	11.7	

David Clive	M75	9.3	
Julie Willmott	W45	10.3	PBA
Regina Crouch	W40	10.7	
Carol Bowman	W55	11.2	
Lynne Schickert	W70	14.0	

3000m

David Carr	M80	14:55.1	
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3000m walk

Lynne Schickert	W70	22:32.7	
Shanell Staunton	W30	22:39.3	SB

5000m

Kim Thomas	M35	18:42.6	
Lachlan Marr	M50	19:23.7	
Giovanni Puglisi	M60	20:40.3	
Rod Hamilton	M50	20:48.9	
Graeme Dahl	M60	21:13.5	
Mitch Thomas	VIS	21:40.3	
Rob Colton	M45	22:05.7	SB
Bob Schickert	M70	25:08.7	
Monique Thomas	W35	29:06.9	
Bob Fawcett	M60	37:59.9	

Discus

David Carr	M80	15.25	
Nicole Pinel	VIS	21.65	
Oswald Igel	M60	36.26	
Stella Turner	W65	13.81	
Matt Staunton	M35	39.21	
Bev Hamilton	W65	21.38	
Pat Carr	W80	12.09	PBA

Shot Put

Oswald Igel	M60	11.13	
Stella Turner	W65	6.44	
Geoff Gee	M55	11.32	
Matt Staunton	M35	11.37	
Bev Hamilton	W65	8.26	
Julie Willmott	W45	5.01	PBA

Triple Jump

Lynne Schickert	W70	5.70	
David Carr	M80	5.41	PBA
Nicole Pinel	VIS	7.76	
David Clive	M75	7.76	
Jai Thomas	VIS	6.00	
Regina Crouch	W40	5.66	
Rob Colton	M45	6.66	

WAAS – October 16

200m				3000m			
Rudi Kocis	M50	24.7		John Dennehy	M50	15:13.5	SB
Greg Brennan	M40	25.9		3000m Walk			
Mitch Thomas	VIS	38.7		Valerie Millard	W65	21:55.0	
Kim Thomas	M35	39.0		5000m			
				Kim Thomas	M35	18:48.4	
Cathy McCloskey	W45	31.0		Mitch Thomas	VIS	20:15.2	
Mark Dawson	M50	32.6		Mark Dawson	M50	21:05.4	
David Carr	M80	34.3	PBA	Trent Harris	VIS	21:10.6	
Fran Cherry	W45	34.9		Tom Tralau	M35	22:17.7	
				Julie Wilson	W55	24:45.3	
Carmel Meyer	W50	34.3	SB	Delia Baldock	W50	26:51.7	
Joanna Garcia-Webb	W30	37.2		Triple Jump			
Regina Crouch	W40	37.9		Trent Harris	VIS	10.05	
Danielle Baldock	W30	38.0		Melissa Foster	W30	10.88	SB
Julie Wilson	W55	39.5		Joanna Garcia-Webb	W30	6.28	
				Regina Crouch	W40	6.30	SB
800m				Cathy McCloskey	W45	8.52	SB
Campbell Till	M55	2:31.2	PBA	Rocky Cloete	M60	8.05	
Mark Dawson	M50	2:38.6		David Carr	M80	5.67	SB
Kim Thomas	M35	2:50.1	SB	Weight Throw			
Mitch Thomas	VIS	2:58.8		Greg Urbanowicz	M30	13.80	SR
Tom Tralau	M35	3:01.2		Roger Ditewig	M45	7.02	
Delia Baldock	W50	3:10.5	PBA	Andrew Ward	M50	7.68	
Carmel Meyer	W50	3:17.6		Tom Gravestock	M55	11.73	
Joanna Garcia-Webb	W30	3:17.9		Rob Shand	M80	9.05	
Danielle Baldock	W30	3:37.5		Javelin			
				Trent Harris	VIS	23.00	
60m				Joanna Garcia-Webb	W30	7.00	
Rudi Kocis	M50	7.9		Julie Wilson	W55	13.19	
Greg Brennan	M40	7.9		Greg Urbanowicz	M30	37.35	PBA
Melissa Foster	W30	8.2		Andrew Brooker	M40	39.57	
Andrew Brooker	M40	8.3		Roger Ditewig	M45	34.73	
				Andrew Ward	M50	30.30	
Cathy McCloskey	W45	8.8		Tom Gravestock	M55	32.13	
Fran Cherry	W45	9.7	SB	Rocky Cloete	M60	28.74	
Joanna Garcia-Webb	W30	10.0		Greg Wilson	M65	25.23	
Carmel Meyer	W50	10.0	SB	Rob Shand	M80	20.57	
				David Carr	M80	12.60	
Regina Crouch	W40	10.3	SB				
Danielle Baldock	W30	10.4		ECAC 18 October			
Julie Wilson	W55	11.5		60m			

ECAC 18 October

60m				Mile			
Mal Clarke	Vis	8.5		Rob Colton	M45	5:40.2	PBA
Matt Staunton	M35	9.4		Garry Vogler	M35	5:56.2	
Mitch Thomas	VIS	11.4		Giovanni Puglisi	M60	6:02.5	PBA
Jai Thomas	VIS	11.9		Mickey Muroi	M50	6:04.6	
Rob Antonioli	M60	12.3		400m			
Kim Thomas	M35	12.7		David Solomon	VIS	61.2	
				Garry Vogler	M35	66.1	
Rob Colton	M45	9.3		Giovanni Puglisi	M60	78.4	
Carmel Meyer	W50	10.4		Mitch Thomas	VIS	84.4	
Rachel Evans	W35	11.3		Rachel Evans	W35	1:29.7	
				Jai Thomas	VIS	1:43.1	
Regina Crouch	W40	10.8					
Bob Fawcett	M60	12.3		Mile			
Valerie Millard	W65	13.6		Rob Colton	M45	5:40.2	PBA
Lynne Schickert	W70	14.0	SB=	Garry Vogler	M35	5:56.2	

10,000m – PATRON'S TROPHY

Kim Thomas	M35	37:48.1	72.62%
Lachlan Marr	M50	39:37.6	77.22%
David Solomon	VIS	41:12.4	
Rod Hamilton	M50	41:35.6	72.38%
Mickey Muroi	M50	41:57.3	74.15%
Mitch Thomas	VIS	44:42.7	
Wayne Taylor	M50	45:23.4	67.97%
Robin King	W50	45:33.8	79.28%
Rob Colton	M45	45:37.1	65.47%
Gillian Young	W65	48:52.8	SR 87.17%
David Carr	M80	49:05.1	AR 87.40%
Carmel Meyer	W50	51:03.3	67.93%
Rachel Evans	W35	52:31.0	58.80%
Monique Thomas	W35	62:54.0	48.21%
Valerie Millard	W65	68:42.2	62.02%
Bob Fawcett	M60	84:04.0	39.99%

Long Jump

Nicole Pinel	VIS	3.32	
Malcolm Clarke	Vis	4.28	
Lynne Schickert	W70	2.59	SB
Regina Crouch	W40	3.25	SB
Rob Colton	M45	3.28	
Rob Antonioli	M60	4.11	PBA

WAAS – October 23*(note: all sprints and long jump were wind-assisted)***60m**

Rudi Kocis	M50	7.5	PBA
Greg Brennan	M40	7.6	SB
Melissa Foster	W30	7.9	PBA=
Andrew Ward	M50	8.1	PBA

Maurice Pascal	M40	8.0	
Norm Richards	M75	9.0	PBA
Fran Cherry	W45	9.5	SB

Mile

Trent Harris	VIS	5:37.3	
Mark Dawson	M50	6:01.3	SB
Bernadette Benson	W40	6:16.6	
John Oldfield	M65	7:00.5	
Mark Pisano	M35	7:25.4	
Delia Baldock	W50	7:34.2	
Barry Newell	M55	7:55.1	
Christine Oldfield	W65	9:19.8	

400m

Campbell Till	M55	62.3	
Maurice Pascal	M40	62.6	
Richard Williams	M40	65.2	PBA
Mark Pisano	M35	80.7	
David Carr	M80	75.7	SR
John Dennehy	M50	76.7	
Barry Newell	M55	80.5	
Fran Cherry	W45	83.5	SB

Weight Throw

Mal Clarke	M40	8.43	
Ali Matautia	W35	5.60	
Elizabeth Lourense	VIS	5.43	
Matt Staunton	M35	13.59	SB
Bev Hamilton	W65	12.03	SB
Geoffrey Gee	M55	13.59	
Stella Turner	W65	7.38	
Nicole Pinel	VIS	5.18	

Javelin

Mal Clarke	M40	41.88	
Ali Matautia	W35	25.58	
Elizabeth Lourense	VIS	8.47	
Matt Staunton	M35	37.07	
Bev Hamilton	W65	17.99	SB
Geoffrey Gee	M55	31.58	
Stella Turner	W65	12.45	
Nicole Pinel	VIS	12.89	

10,000m – PATRON'S TROPHY

Kim Thomas	M35	37:22.1	PBA 73.47%
Steve Weller	M35	38:09.6	71.42%
Ante Perdija	M40	41:08.8	67.72%
Mitch Thomas	VIS	42:11.6	
Bernadette Benson	W40	42:12.5	PBA 75.23%
Mickey Muroi	M50	42:53.3	72.53%
Bert Carse	M70	44:46.3	PBA 81.35%
Tom Tralau	M35	45:48.3	60.38%
Julie Wilson	W55	49:49.8	77.88%
Greg Wilson	M65	57:32.8	59.50%

High Jump

Gay Wyatt	W55	1.00	
Andrew Brooker	M40	1.55	
Norm Richards	M75	1.13	SR

Long Jump

Melissa Foster	W30	5.37	SB
Trent Harris	VIS	5.14	
Norm Richards	M75	3.82	PBA
David Carr	M80	2.40	

Shot Put

Elizabeth Lovrensz	W50	6.09	
Greg Urbanowicz	M30	12.68	
Andrew Brooker	M40	7.66	PBA
Todd Davey	M45	12.15	
Andrew Ward	M50	7.48	
Geoff Gee	M55	11.59	SB
Tom Gravestock	M55	10.86	SB
Oswald Igel	M60	10.85	
Mike Anderson	M60	6.41	
Rob Shand	M80	6.46	

Discus

Elizabeth Lovrensz	W50	12.19	
Greg Urbanowicz	M30	34.57	
Andrew Brooker	M40	26.36	
Todd Davey	M45	40.63	SR
Andrew Ward	M50	27.65	
Tom Gravestock	M55	43.36	SR
Geoff Gee	M55	31.17	
Oswald Igel	M60	34.45	
Mike Anderson	M60	18.71	
Rob Shand	M80	17.52	

ECAC – October 25**100m**

Mal Clark	M40	12.9	
Rod Hamilton	M50	14.7	SB
Rob Colton	M45	15.6	
Mitch Thomas	VIS	16.6	
Jai Thomas	VIS	18.4	

Carmel Meyer	W50	15.9	PBA
Nicole Pinel	W30	16.1	
Julie Willmott	W45	16.6	SB
Carolyn Fawcett	W60	28.0	

Marguerita Milicich	W30	16.0	
Bob Schickert	M70	17.3	
Rachel Evans	W35	17.6	

800m

Rob Nichols	M35	2:26.1	PBA
Rob Colton	M45	2:31.9	
Aiden Hassan	VIS	2:36.5	
Rod Hamilton	M50	2:42.2	
Mitch Thomas	VIS	2:47.4	
Graeme Dahl	M60	2:50.5	SB
John Oldfield	M65	3:12.6	
Jai Thomas	VIS	3:23.5	
Bob Schickert	M70	3:25.4	

3000m – PATRON'S TROPHY

Kim Thomas	M35	10.10.4	PBA	75.15%
Rob Nichols	M35	10.14.8		73.12%
Lachlan Marr	M50	11.11.4		76.15%
Mitch Thomas	VIS	11.28.2		
Giovanni Puglisi	M60	11.33.6	PBA	79.57%
Rod Hamilton	M50	11.46.0		71.25%
Trent Harris	VIS	11.54.6		
Rob Colton	M45	12.27.6		66.75%
Mike Meredith	Vis	12.58.4		
David Carr	M80	13.12.3	AR	90.48%
Robin King	W50	13.20.8		77.38%
Gillian Young	W65	13.49.2	SR	87.69%
Carmel Meyer	W50	13.58.6		71.02%
Bill Deering	VIS	14.09.4		
Rachel Evans	W35	14.44.4		58.89%
Julie Willmott	W45	15.03.0	PBA	62.72%
John Dennehy	M50	15.14.6		56.36%
Monique Thomas	W35	16.40.7		50.81%
Sarah Ladwig	W60	16.52.4		69.62%
Bob Fawcett	M60	18.41.2	PBA	50.11%
Regina Crouch	W40	18.48.8	PBA	47.85%
Valerie Millard	W65	18.57.2		63.94%
Nicole Pinel	W30	20.16.4		41.25%
Carolyn Fawcett	W60	21.12.7		53.74%

200m

Mark Benadout	VIS	33.4	
Mitch Thomas	VIS	35.4	
Bill Deering	VIS	35.7	
Rachel Evans	W35	36.0	

Triple Jump

Nicole Pinel	W30	7.53	
Julie Willmott	W45	6.06	
Trent Harris	VIS	10.46	
Rob Colton	M45	7.52	SB
Mark Benadout	VIS	8.12	

Discus – PATRON'S TROPHY

Nicole Pinel	W30	23.57	30.69%
Carol Bowman	W55	11.05	21.49%
Bob Schickert	M70	17.10	32.61%
Lynne Schickert	W70	11.57	PBA 31.59%
Andrew Ward	M50	26.77	36.80%
Giovanni Puglisi	M60	20.39	31.56%
Sarah Ladwig	W60	10.18	22.58%
Mal Clark	M40	29.57	39.92%
Ali Matautia	W35	20.28	
Mark Benadout	VIS	19.02	
Regina Crouch	W40	11.94	18.04%
Stella Turner	W65	12.75	30.42%
David Carr	M80	16.10	PBA 41.36%
Valerie Millard	W65	12.21	28.42%
Kim Thomas	M35	21.02	28.37%
Monique Thomas	W35	10.30	13.80%
Carmel Meyer	W50	13.99	24.23%
Scott Hutcheson	VIS	20.76	
Bob Fawcett	M60	19.64	31.73%
Carolyn Fawcett	W60	10.51	22.27%
Pat Carr	W80	11.73	36.75%
John Dennehy	M50	16.79	23.95%
Rachel Evans	W35	12.77	18.13%
Lachlan Marr	M50	18.43	25.80%
Gillian Young	W65	11.57	26.93%
Trent Harris	VIS	17.11	

Shot Put

Andrew Ward	VIS	7.76	SB
Stella Turner	W65	6.13	
Jasmine Clarke	VIS	6.47	
Mal Clarke	M40	11.19	
Ali Matautia	W35	8.40	

Strive Interclub, WAAS – October 26

60m

Glenn Ross	M40	7.51 +0.5	
Rudy Kocis	M50	7.70 +0.5	SB
Aldis Jaunzems	M30	7.81 +0.5	
Greg Brennan	M40	7.95 +0.6	

200m

Glenn Ross	M40	23.65 +0.4	
Rudy Kocis	M50	25.09 +0.5	
Aldis Jaunzems	M30	25.63 +0.5	

3000m

Scott Tamblin	M30	8.38.3	SR
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Long Jump

Melissa Foster	W30	5.04	nwi
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Triple Jump

Melissa Foster	W30	10.57	nwi
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High Jump

Greg Wilson	M65	1.30	SR=
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Shot Put

Tom Gravestock	M55	11.18	PBA
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Discus

Tom Gravestock	M55	41.46	
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WAAS – October 30

(sprints and jumps were wind-assisted)

3000m (PATRON'S TROPHY)

Rob Nichols	M35	9:59.5	PBA	74.98%
Steve Weller	M35	10:44.5	PBA	70.66%
David Lee	VIS	10:57.7		
Bjorn Dybdahl	M55	11:15.4		80.30%
Tony Smith	M35	11:25.5		65.97%
Ante Perdija	M40	11:27.0		67.77%
Graeme Dahl	M60	11:29.6	PBA	81.47%
Sandra Stockman	W45	11:36.8	PBA	81.27%
Tom Tralau	M35	12:23.3	SB	62.17%
Bruce Wilson	M65	12:24.4		78.29%
Campbell Till	M55	12:25.6		70.30%
Carmel Meyer	W50	13:48.4		70.98%
Julie Wilson	W55	14:11.3	PBA	78.02%
Bob Schickert	M70	14:14.3		71.24%
Michael Lee	M60	14:40.3		63.82%
Danielle Baldock	W30	15:09.6		55.34%
Cathy McCloskey	W45	15:22.0		62.97%
Peggy Macliver	W65	15:25.0		82.51%
Greg Wilson	M65	15:32.4		61.36%
Nick Miletic	M60	16:34.0		55.53%
John Dennehy	M50	17:32.9		48.96%
Lynne Schickert	W70	21:43.2		61.63%

100m

Scott Hutchison	VIS	12.5 (est)	
Maurice Pascal	M40	12.8	
Richard Williams	M40	13.6	
Cathy McCloskey	W45	14.0	SB
Jamie Leonard	VIS	14.9	
Mark Pisano	M35	14.2	
Norm Richards	M75	15.0	SB
John Dennehy	M50	16.2	
David Carr	M80	16.9	PBA
Fran Cherry	W45	15.7	
Carmel Meyer	W50	15.9	PBA=
Joanna Garcia-Webb	W30	16.0	SB
Danielle Baldock	W30	17.5	
Julie Wilson	W55	18.9	
Christine Oldfield	W65	21.8	
Lynne Schickert	W70	22.1	SB

Discus (PATRON'S TROPHY)

Scott Hutchison	VIS	23.03	
Mark Pisano	M35	18.52	25.00%
Alec Ring	M45	23.21	32.89%
Andrew Ward	M50	28.68	SB 39.42%
Tom Gravestock	M55	42.72	66.60%
Geoffrey Gee	M55	31.31	SB 51.46%
Nick Miletic	M60	26.27	40.66%
Greg Wilson	M65	29.35	PBA 49.58%
Peggy Macliver	W65	14.74	37.03%

800m

Tony Smith	M35	2:23.7	
Rob Nichols	M35	2:25.1	PBA
Trent Harris	VIS	2:31.2	
Ante Perdija	M40	2:32.8	
Marg Saunders	W55	2:43.5	
Tom Tralau	M35	2:57.1	SB
Bjorn Dybdahl	M55	2:35.4	
Richard Williams	M40	2:42.5	
Ivan Brown	M65	3:11.3	
John Oldfield	M65	3:11.9	SB
Joanna Garcia-Webb	W30	3:12.6	SB
Barry Newell	M55	3:17.7	PBA

200m

Maurice Pascal	M40	26.6	
Andrew Brooker	M40	26.8	
Tony Smith	M35	29.0	PBA
Alec Ring	M45	30.0	
Mark Pisano	M35	30.7	
Richard Williams	M40	29.1	
Cathy McCloskey	W45	30.2	SB
Norm Richards	M75	31.9	
David Carr	M80	33.9	PBA
John Dennehy	M50	34.1	
Barry Newell	M55	32.0	
Fran Cherry	W45	34.7	SB
Joanna Garcia-Webb	W30	35.5	SB
Christine Oldfield	W65	47.0	

Triple Jump

Scott Hutchison	VIS	10.35	
Trent Harris	VIS	9.64	
Mark Pisano	M35	8.98	
Cathy McCloskey	W45	8.95	SB

Weight Throw

John Everard	M50	12.62	
Andrew Ward	M50	8.43	SB
Tom Gravestock	M55	13.51	
Geoffrey Gee	M55	13.28	
Rae McMillan	W80	7.17	

CLAISEBROOK COVE PARKRUNS

(FREE, timed 5km runs in East Perth, 8am every Saturday)

Run 10: October 6 – 48 finishers

23	Karen Hagan	W45	24:37	64.52%
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Run 11: October 13 – 57 finishers

No MAWA members

Run 12: October 20 – 72 finishers

6	Jodie Osborne	W40	20:33	74.86%
11	Hamish McLeod	M35	21:42	61.52%
20	Jane Elton	W45	23:57	66.32%

Run 13: October 27 – 72 finishers

	Hamish McLeod	M35	21:10	63.07%
	John Oldfield	M65	23:18	74.82%