

ECAC 16 January 2014

400m

Kim Thomas	M40	66.3
Suzi Graves	W45	70.1
Mitch Thomas	VIS	73.5
Kristy Devereux	W30	77.5
Julie Willmott	W45	82.9
Geoff Brayshaw	M60	85.9
Maurice Creagh	M65	1:32.0
Monique Thomas	W35	1:49.3

2000m

Mitch Thomas	VIS	7:26.0
Kim Thomas	M40	7:26.6
Mike Meredith	VIS	8:14.9
Maurice Creagh	M65	9:11.7
Monique Thomas	W35	11:29.8
Carolyn Fawcett	W60	12:25.6

2000m walk

Sue Coate	W45	13:35.2
John Smith	M75	16:05.1

100m

Kim Thomas	M40	14.8
Rob Colton	M50	15.0
Kristy Devereux	W30	15.5
Fran Cherry	W50	16.3
Maureen Keshwar	W60	16.8
Mitch Thomas	VIS	18.2

1,500m

% points

Sue Bourn	W45	6:08.2	71.49
David Carr	M80	6:42.4	84.13
Carmel Meyer	W50	6:50.8	69.10
Tina Runnion	W50	7:37.3	61.27
Delia Baldock	W50	7:49.8	59.64
Monique Thomas	W35	8:09.1	48.67
Christine Oldfield	W65	8:21.5	71.52
Carolyn Fawcett	W60	9:27.8	57.49
Lynne Schickert	W70	10:21.4	61.79
John Smith walk	M75	12:23.2	

Kim Thomas	M40	4:56.3	74.06
Mitch Thomas	VIS	5:16.6	
Giovanni Puglisi	M60	5:22.4	82.75
Rob Colton	M50	5:25.0	74.16
Campbell Till	M55	5:32.9	76.26
Colin Smith	M50	5:39.9	71.52
Suzi Graves	W45	5:42.2	77.87
Mike Meredith	VIS	6:02.9	
Steve Fuller	M60	6:03.3	72.85
Ivan Brown	M65	6:14.6	75.42
Maurice Creagh	M65	6:20.7	72.98
Bob Schickert	M70	6:37.8	73.85
Cathy McCloskey	W50	6:43.9	68.49

Triple Jump

Colin Smith	M50	8.96
Fran Cherry	W50	7.27
Rob Colton	M50	8.32

High Jump **% points**

Colin Smith	M50	1.25	63.13
David Carr	M80	0.75	56.39
Ivan Brown	M65	1.10	69.18
Carmel Meyer	W50	1.05	65.22
Campbell Till	M55	1.45	77.54
Cathy McCloskey	W50	1.15	68.45
Giovanni Puglisi	M60	1.10	63.22
Gay Wyatt	W55	1.10	74.32
Steve Fuller	M60	1.15	65.34
Sue Coate	W45	1.15	65.71
Rob Colton	M50	1.10	55.00
Delia Baldock	W50	1.10	66.27
Kim Thomas	M40	1.25	56.31

Javelin

Suzi Graves	W45	21.44
Andrew Ward	M50	33.34
Steve Fuller	M60	29.36
Sue Coates	W45	20.61
Julie Willmott	W45	14.72
Geoff Brayshaw	M60	32.33

Shot Put

Andrew Ward	M50	8.05
Julie Willmott	W45	5.69