

October 2014 Results

Includes Strive, 5km parkruns and others where MAWA athletes are known to have competed

Note that all records are pending until ratified by the appropriate authorities

Note also that this is a new season, so most performances are Season's Bests

ECAC - 2 October

100m				5000m			
Colin Smith	M50	13.9		Stuart MacKinnon	M30	20:35.0	PBA
Stuart MacKinnon	M30	14.4		Milton Mavrick	M60	24:16.3	
Aiden Hassan	Vis	17.4		Kem Hassan	M40	27:53.1	
Kem Hassan	M40	22.2		Bob Schickert	M70	28:28.0	
				Frank Price	M65	28:42.7	
Maureen Keshwar	W60	16.3		3000m			
Lynne Schickert	W70	23.3		Aiden Hassan	Vis	12:37.9	
Frank Price	M65	23.9	PBA	3000m walk			
				Lynne Schickert	W70	23:49.5	
800m				Long Jump			
Stuart MacKinnon	M30	2:37.1	PBA	Aiden Hassan	Vis	3.18	
Colin Smith	M50	2:48.6		Maureen Keshwar	W60	2.85	
Aiden Hassan	Vis	3:00.7		Lynne Schickert	W70	2.53	
David Carr	M80	3:04.4		Discus			
Milton Mavrick	M60	3:34.9		Oswald Igel	M60	36.27	
Carol Bowman	W55	3:40.7		Andrew Ward	M50	29.53	
Kem Hassan	M40	3:43.8		Jim Davis	M80	25.57	
Frank Price	M65	4:33.1		Weight Throw			
				Oswald Igel	M60	11.16	
60m				Andrew Ward	M50	8.79	
Colin Smith	M50	8.6					
Stuart MacKinnon	M30	9.0					
Frank Price	M65	13.3	PBA				
Lynne Schickert	W70	14.1					

WAAS - 7 October 2014

100m				5000m			
Colin Smith	M50	13.1		Bjorn Dybdahl	M60	19:50.8	
Paul Robinson	M45	14.2		Mark Dawson	M50	21:11.7	
Lisa Limonas	W45	14.3	PBA	3000m			
Lenz Keel	M70	15.0		Paul Robinson	M45	12:36.4	
Kylie Baker	Vis	16.3		Long Jump			
				Melissa Foster	W35	5.38	
800m				Dave Wyatt	M60	4.29	
Mark Dawson	M50	2:30.1		Lisa Limonas	W45	4.12	
Bjorn Dybdahl	M60	2:30.5	PBA	Gay Wyatt	W60	2.87	
Campbell Till	M55	2:32.3		Hammer			
Suzi Graves	W45	2:42.1		Matt Staunton	M40	41.78	
Margaret Saunders	W60	2:42.4	SR	Greg Urbanowicz	QMA	39.92	
Ivan Brown	M65	3:16.4		Todd Davey	M45	37.30	
Delia Baldock	W50	3:17.8		Geoff Gee	M60	36.71	
				Tom Gravestock	M55	32.00	
60m				Weight Throw			
Melissa Foster	W35	7.8	PBA	Geoff Gee	M60	16.74	
Colin Smith	M50	7.8		Greg Urbanowicz	QMA	13.74	
Dave Wyatt	M60	8.8		Todd Davey	M45	13.02	
Lisa Limonas	W45	8.9	PBA	Matt Staunton	M40	12.80	
Paul Robinson	M45	9.0		Tom Gravestock	M55	10.42	
				Bev Hamilton	W65	9.57	
Suzi Graves	W45	9.2					
Lenz Keel	M70	9.3					
Rebecca Stergiou	Vis	9.5					
Kylie Baker	Vis	10.0					
Debbie Wolfenden	W50	11.8					

ECAC - 9 October 2014**400m**

Colin Smith	M50	61.4
Colin Shaw	M50	79.2
Mitch Thomas	Vis	82.9
Kim Thomas	M40	83.2
Carol Bowman	W55	89.9
Maureen Keshwar	W60	1:40.2
John Talbot	M65	1:51.5

3000m

Kim Thomas	M40	10:05.6	PBA
Mitch Thomas	Vis	11:18.4	
Trish Farr	W40	12:55.9	
David Carr	M80	13:32.9	
Milton Mavrick	M60	13:51.2	
Bob Schickert	M70	14:44.8	
John Talbot	M65	16:40.0	
Monique Thomas	W35	16:45.2	
Janne Wells	Vis	17:27.4	
Bob Fawcett	M65	18:49.9	
Carolyn Fawcett	W60	20:13.7	

3000m walk

Lynne Schickert	W70	22:41.3	SB
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1500m walk

John Smith	M75	12:31.8
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WAAS - 14 October**400m**

Colin Smith	M50	61.1	SB
Wendy Seegers	W35	63.1	
Campbell Till	M55	65.8	
Ivan Brown	M65	81.7	

Jasmine Pugh	Vis	63.4
Suzi Graves	W45	68.9
Barrie Kernaghan	M70	78.3
Silke Peglow	Vis	1:37.6

3000m

Rob Nichols	M35	9:40.4	
Bjorn Dybdahl	M60	11:17.8	PBA
Sue Zlnay	W50	12:27.1	
Blakeney Tindall	M50	13:37.4	
Milton Mavrick	M60	14:30.5	
Danielle Baldock	W30	15:40.8	

3000m walk

Karyn Tolardo	W45	18:10.5
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200m

Wendy Seegers	W35	26.3	
Colin Smith	M50	26.4	SB
Jasmine Pugh	Vis	28.4	
Suzi Graves	W45	30.6	PBA
Barrie Kernaghan	M70	32.3	

Campbell Till	M55	29.2
Melissa Foster	W35	29.8
Bjorn Dybdahl	M60	31.0
Nick Miletic	M60	34.6
Silke Peglow	Vis	43.9

1500m

Bjorn Dybdahl	M60	5:41.1
Delia Baldock	W50	7:07.5

200m

Colin Smith	M50	28.5	
Alex Purcell	Vis	30.8	
Colin Shaw	M50	34.3	
Milton Mavrick	M60	34.8	PBA
Mitch Thomas	Vis	36.2	
Maureen Keshwar	W60	36.8	

1500m

Kim Thomas	M40	5:07.4	
Mitch Thomas	Vis	5:37.6	
Colin Shaw	M50	6:09.7	
Trish Farr	W40	6:13.8	PBA
Mercurio Cicchini	M65	6:28.1	
Claire-Marie Wilson	Vis	6:57.0	
Milton Mavrick	M60	7:18.4	
John Talbot	M65	7:53.0	PBA
Monique Thomas	W35	8:13.4	
David Carr	M80	11:01.9	

Long Jump

Alex Purcell	Vis	4.18
Colin Smith	M50	3.92
Trish Farr	W40	2.78
Lynne Schickert	W70	2.36

Shot

Todd Davey	M45	13.64	PBA
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1500m walk

Karyn Tolardo	W45	9:05.0
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2000m steeplechase

Luke Graves	Vis	6:34.6
Sam King	Vis	6:37.6
Rob Nichols	M35	7:00.0
Tarinah Nazaroff	Vis	7:24.2
Milton Mavrick	M60	10:25.4
Nick Miletic	M60	10:43.9
Silke Peglow	Vis	11:38.2
Danielle Baldock	W30	12:06.6

High Jump

Lisa Limonas	W45	1.40
Dave Wyatt	M60	1.35
Melissa Foster	W35	1.25
Gay Wyatt	W60	1.10

Long Jump

Melissa Foster	W35	5.09
Geoff Brayshaw	M60	4.06

Shot

Geoff Gee	M60	11.96	
Melissa Foster	W35	9.66	PBA
Andrew Ward	M50	8.06	
Logan Vickers	Vis	7.70	
Rob Shand	M80	6.53	
Mike Anderson	M65	6.14	PBA

Javelin

Andrew Brooker	M45	32.79
Andrew Ward	M50	32.64
Geoff Brayshaw	M60	31.99
Logan Vickers	Vis	25.44
Melissa Foster	W35	22.43
Rob Shand	M80	20.11

ECAC - 16 October

PATRON'S TROPHY

				% points	
10000m					
Kim Thomas	M40	36:50.0	75.65	PBA	
David Solomon	M50	41:21.1	72.80		
Mitch Thomas	Vis	41:29.3			
Giovanni Puglisi	M60	41:47.3	80.46		
Sue Bourn	W45	44:10.4	74.71		
Trish Farr	W40	45:45.5	68.85		
Dan Baldwin	M40	46:19.9	60.59		
Mercurio Cicchini	M65	48:05.7	71.19		
Milton Mavrick	M60	49:44.7	65.82		
Bob Schickert	M70	52:40.0	70.09		
David Carr	M80	55:07.7	82.00		
Frank Price	M65	58:37.1	58.41	PBA	
Monique Thomas	W35	61:40.0	49.57	PBA	
Bob Fawcett	M65	76:42.0	44.64		

100m

Simon Johnson	Vis	14.4		
Dan Baldwin	M40	14.7		
Shannon Neale	Vis	15.0		
Claire-Marie Wilson	Vis	17.7		
Chris Neale	M45	12.7		
Colin Smith	M50	13.4		
Lynne Schickert	W70	23.5		
Bob Fawcett	M65	23.9		

WAAS - 21 October

Note: all sprints were wind-assisted

PATRON'S TROPHY

				% points	
10000m					
Kim Thomas	M40	35:52.0	77.68	PBA	
Steve Weller	M35	38:04.1	72.65	PBA	
Andrew Brooker	M45	38:16.0	75.63		
Ante Perdija	M40	38:34.8	73.32	PBA	
Mark Dawson	M50	42:58.0	71.80		
Sue Bourn	W45	43:52.1	75.23	PBA	
Bert Carse	M70	44:43.0	83.76	PBA	
Dan Baldwin	M40	45:13.3	62.08	PBA	
Karyn Gower	W50	49:08.1	73.52		
Nick Miletic	M60	54:14.6	61.99	PBA	

100m

Rudy Kocis	M50	12.0		
Paul Martin	Vis	12.2		
Wendy Seegers	W35	12.5		
Colin Smith	M50	12.9	SB	
Barrie Kernaghan	M70	15.2		
Arianna Tolardo	Vis	15.6		
Karyn Tolardo	W45	18.9	PBA	
Mike Anderson	M65	19.6	PBA	
Rosie Lehane	Vis	15.2		
Nick Miletic	M60	16.5		
Silke Peglow	Vis	19.8		

800m

Campbell Till	M55	2:46.0		
Dan Baldwin	M40	2:47.4	SB	
Blakeney Tindall	M50	2:59.9		
Lenz Keel	M70	3:00.3		
Delia Baldock	W50	3:06.7	PBA	
Ante Perdija	M40	3:10.1		
Kim Thomas	M40	3:10.6		

800m

Shannon Neale	Vis	2:49.7		
Chris Neale	M45	2:50.2		
Kim Thomas	M40	2:53.9		
Dan Baldwin	M40	2:57.1		
Claire-Marie Wilson	Vis	3:16.1		
Maureen Keshwar	W60	4:08.3		

800m walk

Lynne Schickert	W70	5:51.0		
John Smith	M75	6:40.1		

200m

Chris Neale	M45	26.5		
Colin Smith	M50	27.6		
Simon Johnson	Vis	30.0		
Dan Baldwin	M40	31.1		
Shannon Neale	Vis	31.1		
Claire-Marie Wilson	Vis	37.6		
Lynne Schickert	W70	56.6		

Triple Jump

Simon Johnson	Vis	8.42		
Kevin Collins	M45	5.53		
Lynne Schickert	W70	5.45		

200m

Rudy Kocis	M50	25.0		
Wendy Seegers	W35	25.9	SB	
Colin Smith	M50	26.3	PBA	
Paul Martin	Vis	26.3		
Barrie Kernaghan	M70	32.1	SB	
Blakeney Tindall	M50	34.0	PBA	
Rosie Lehane	Vis	35.3		
Karyn Tolardo	W45	41.6	PBA	
Silke Peglow	Vis	42.8		
Mike Anderson	M65	42.8		

4000m

Rosie Lehane	Vis	21:16.9		
Arianna Tolardo	Vis	21:19.8		
Silke Peglow	Vis	22:06.4		

4000m walk

Karyn Tolardo	W45	25:16.2		
Wendy Farrow	W45	26:03.1		

Triple Jump

Melissa Foster	W35	11.07		
Dan Baldwin	M40	8.69		
Geoff Brayshaw	M60	8.50		
Rosie Lehane	Vis	8.45		

Weight Throw

Tom Gravestock	M55	12.34	SB	
Bev Hamilton	W65	9.75	SB	
Andrew Ward	M50	8.46		

Discus

Tom Gravestock	M55	37.53		
Bev Hamilton	W65	20.73		
Andrew Ward	M50	30.71	SB	
Geoff Brayshaw	M60	25.91		

ECAC 23 October 2014

PATRON'S TROPHY

				% points	
3000m					
Kim Thomas	M40	10:31.6	73.71		
Mitch Thomas	Vis	10:47.5	n/a		
Giovanni Puglisi	M60	11:24.2	82.11	PBA	
Chris Neale	M45	11:47.4	68.36		
David Solomon	M50	12:16.2	68.33		
Colin Smith	M50	12:16.8	68.83		
Sue Bourn	W45	12:28.2	75.69		
Mercurio Cicchini	M65	13:21.7	71.36	PBA	
David Carr	M80	13:36.6	92.50		
Kem Hassan	M40	14:16.3	55.61	PBA	
Bob Schickert	M70	14:18.8	71.82	SB	
Monique Thomas	W35	16:19.4	52.46	SB	
Nick Miletic	M60	16:36.6	56.37		
Silke Peglow	Vis	16:43.1	n/a		
Carolyn Fawcett	W60	19:31.6	60.16	SB	
Lynne Schickert	W70	22:40.8	61.15		

60m

Chris Neale	M45	8.4
Colin Smith	M50	8.6
Simon Johnson	M40	8.8
Colin Shaw	M50	9.2
Nick Miletic	M60	10.4

Maureen Keshwar	W60	10.0
Janne Wells	Vis	10.6
Silke Peglow	Vis	11.1
Maeve Lehane	Vis	11.4
Kristine Wells	Vis	12.7

Alex Purcell	Vis	9.1
Mitch Thomas	Vis	10.2
Bob Fawcett	M65	14.8
Carolyn Fawcett	W60	15.1

mile

Mitch Thomas	Vis	5:43.1
Colin Shaw	M50	7:26.3
Carol Bowman	W55	7:53.7
Monique Thomas	W35	8:17.6
Silke Peglow	Vis	8:20.3
Janne Wells	Vis	8:34.8
Kem Hassan	M40	8:49.3

Strive – October 24; WAAS

60m

Rudy Kocis	M50	7.72	+0.8
Greg Brennan	M45	7.91	+0.8
Barrie Kernaghan	M70	10.24	+1.0
Mark Elms	M45	8.32	+1.2

200m

Rudy Kocis	M50	24.94	+0.7	SB
Greg Brennan	M45	26.10	+0.7	
Mark Elms	M45	26.52	+0.6	
Barrie Kernaghan	M70	32.28	+0.5	

800m

Mark Dawson	M50	2:31.31
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PATRON'S TROPHY

				% points	
Shot					
Chris Neale	M45	8.41	40.49		
Colin Shaw	M50	7.74	48.28		
David Carr	M80	7.14	52.15	PBA	
Kim Thomas	M40	7.14	31.72		
Nick Miletic	M60	7.01	41.98		
Giovanni Puglisi	M60	6.78	40.60		
Shannon Neale	Vis	6.64	n/a		
Bob Fawcett	M65	6.56	41.76		
Sue Bourn	W45	6.17	37.78		
Colin Smith	M50	6.05	30.62		
Mercurio Cicchini	M65	5.90	37.56		
Bob Schickert	M70	5.76	34.29		
Alex Purcell	Vis	5.65	n/a		
Monique Thomas	W35	5.10	24.78		
Lynne Schickert	W70	4.89	49.85		
Carolyn Fawcett	W60	4.41	34.89		

1 mile walk

Karyn Tolardo	W45	9:27.8	PBA
Kristine Wells	Vis	13:14.9	
Maeve Lehane	Vis	13:16.0	
John Smith	M75	13:24.4	

400m

Chris Neale	M45	58.8	
David Solomon	M50	67.6	
Simon Johnson	M40	68.5	
Colin Shaw	M50	74.5	SB

Maeve Lehane	Vis	1:34.1
Kristine Wells	Vis	1:43.4
Silke Peglow	Vis	1:46.6

Long Jump

Simon Johnson	M40	4.64	
Colin Shaw	M50	4.43	PBA
Alex Purcell	Vis	4.33	
Mercurio Cicchini	M65	3.32	

3000m

Scott Tamblin	M35	8:38.1	AR (pending)
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Triple Jump

Melissa Foster	W35	11.35	+1.7	SB
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Discus

Andrew Ward	M50	29.49
Christine Schelfhout	W45	14.85

Javelin

Andrew Ward	M50	33.40	SB
Christine Schelfhout	W45	12.22	

Shot

Christine Schelfhout	W45	6.38
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WAAS - 28 October
PATRON'S TROPHY

3000m		% points		
Andrew Brooker	M45	10:26.1	77.24	
Mark Dawson	M50	11:41.1	73.52	SB
Dan Baldwin	M40	11:52.0	65.88	
Suzi Graves	W45	11:53.1	80.41	
Grant Schofield	M45	12:14.8	66.33	PBA
Sue Bourn	W45	12:45.0	74.03	
Karyn Gower	W50	13:36.5	75.89	
John Oldfield	M70	14:19.6	70.80	
Carmel Meyer	W50	14:25.1	70.68	
Delia Baldock	W50	15:04.4	66.72	PBA
John Dennehy	M55	16:49.5	51.92	

3000m walk

Marie Fitzsimons	Vis	17:31.3
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60m

Wendy Seegers	W35	7.6	
Maurice Pascal	M40	7.8	
Mark Elms	M45	7.8	PBA h/t
Colin Smith	M50	7.9	

Paul Martin	Vis	8.0	
Dan Baldwin	M40	8.5	
Barrie Kernaghan	M70	9.6	SB

Lisa Limonas	W45	8.7	PBA
Lynne Choate	W60	9.2	
Juliana Kelly	Vis	9.6	
Kylie Baker	Vis	9.7	

mile

Margaret Saunders	W60	6:07.8	SR
Paul Martin	Vis	6:26.7	

ECAC - 30 October
100m

Justin Vincent	Vis	13.5
Nick Miletic	M60	17.0
Elly Vincent	Vis	17.5
Claire-Marie Wilson	Vis	17.7

Colin Smith	M50	14.2
Janne Wells	Vis	17.9
Kim Thomas	M40	18.6
Mitch Thomas	Vis	18.8
Kristine Wells	Vis	20.4

1000m

Kim Thomas	M40	3:09.9
Mitch Thomas	Vis	3:27.8
Dan Baldwin	M40	3:40.9
Clair-Marie Wilson	Vis	4:15.7
Kristine Wells	Vis	4:57.9
Janne Wells	Vis	5:18.2
Maureen Keshwar	W60	5:22.0

3000m

Carolyn Fawcett	W60	19:59.2
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Long Jump

Justin Vincent	Vis	5.00
Vicki Cobby	Vis	4.07
Elly Vincent	Vis	3.34

PATRON'S TROPHY

Shot		% points		
Andrew Brooker	M45	7.97	38.37	PBA
Dan Baldwin	M40	7.82	35.29	
Grant Schofield	M45	7.63	37.49	
Suzi Graves	W45	6.69	42.08	
Mark Dawson	M50	6.52	34.41	PBA
Carmel Meyer	W50	6.38	41.27	
Sue Bourn	W45	6.07	37.17	
John Dennehy	M55	5.84	32.18	
Juliana Kelly	Vis	5.35	n/a	

400m

Mark Elms	M45	57.2	
Colin Smith	M50	59.5	SB
Wendy Seegers	W35	60.4	SB
Maurice Pascal	M40	61.8	

Campbell Till	M55	61.8	SB
Paul Martin	Vis	65.9	
Lisa Limonas	W45	69.0	
Barrie Kernaghan	M70	79.9	
Juliana Kelly	Vis	85.4	

Shot

Todd Davey	M45	13.46	
Matt Staunton	M40	12.20	
Tom Gravestock	M55	10.76	
Andrew Ward	M50	8.72	SB
Mike Anderson	M65	6.21	PBA

Hammer

Matt Staunton	M40	44.52	SB
Todd Davey	M45	36.78	
Tom Gravestock	M55	32.46	SB
Andrew Ward	M50	22.32	

PATRON'S TROPHY

400m		% points		
Colin Smith	M50	61.8	80.68	
David Solomon	M50	64.8	76.44	PBA
Kim Thomas	M40	65.5	70.50	SB
Dan Baldwin	M40	66.9	69.52	
Nick Miletic	M60	83.5	64.51	

Justin Vincent	Vis	63.6	n/a
Vicki Cobby	Vis	74.5	n/a
Mitch Thomas	Vis	76.2	n/a
Mercurio Cicchini	M65	86.5	63.06
Elly Vincent	Vis	1:32.6	n/a
Kristine Wells	Vis	1:41.4	n/a

Sue Bourn	W45	72.8	77.51
Giovanni Puglisi	M60	73.4	73.39
Monique Thomas	W35	1:44.5	48.59
Bob Fawcett	M65	1:45.2	51.85
Carolyn Fawcett	W60	2:08.8	50.83

5000m

David Solomon	M50	21:20.4	
Mitch Thomas	Vis	21:20.7	
Kim Thomas	M40	21:21.0	
Sue Bourn	W45	21:43.5	
Dan Baldwin	M40	21:44.7	PBA
Giovanni Puglisi	M60	22:18.4	
Simone Solomon	Vis	23:47.7	
Monique Thomas	W35	29:09.1	

AMA Winter Throws, Canberra, 4-6 October

Throws Pentathlon		HT	Sh	DT	JT	WT
Todd Davey	M45	38.79 PBA	13.40	41.00	35.98	13.62 PBA
		608	824	853	502	795
		3582 SR				

Heavyweight Pentathlon		20lb	25lb	35lb	45lb	56lb
Todd Davey	M45	18.10	16.15	14.10	11.35	8.69
		739	800	856	964	964
		4323				

Alice Springs Masters Games; 9-17 October

100m					Triple Jump			
Gordon Medcalf	M85	24.20	nwi	GOLD	Ruth Johnson	W70	5.93	GOLD
Ruth Johnson	W70	19.53	nwi	GOLD				
200m					Discus			
Ruth Johnson	W70	41.13	nwi	GOLD	Gordon Medcalf	M85	13.30	GOLD
Mary Heppell	W75	68.07	nwi	BRONZE	Barbara Brown	W60	16.86	SILVER
					Ruth Johnson	W70	12.25	GOLD
400m					Noela Medcalf	W75	12.99	SILVER
Ruth Johnson	W70	1:47.97		GOLD	Maggie Flanders	W75	10.53	BRONZE
800m					Hammer			
Mark Dawson	M50	2:39.07		GOLD	Barbara Brown	W60	18.82	BRONZE
Ruth Johnson	W70	4:12.00		GOLD	Ruth Johnson	W70	15.50	GOLD
					Noela Medcalf	W75	15.97	SILVER
1500m					Javelin			
Mark Dawson	M50	5:25.36		GOLD	Barbara Brown	W60	17.84	GOLD
Ruth Johnson	W70	9:02.34		GOLD	Noela Medcalf	W75	9.54	
3000m					Mary Heppell	W75	7.91	
Mark Dawson	M50	12:03.95		GOLD	Maggie Flanders	W75	7.67	
3000m track walk					Shot			
Noela Nedcalf	W75	28:18.5		BRONZE	Barbara Brown	W60	7.82	GOLD
					Ruth Johnson	W70	5.61	GOLD
High Jump					Half Marathon			
Ruth Johnson	W70	0.91		SILVER	Mark Dawson	M50	1:42:06	SILVER
					5km cross-country			
					Mark Dawson	M50	23:31	GOLD

Pentathlon (women)

		100m	Sh	LJ	Jav	800m
Ruth Johnson	W70	19.68 nwi	4.51	2.37	9.76	4:33.19
		519	310	423	298	3.25
Points Total	1875	GOLD				

PARKRUNS

FREE, timed 5km runs, 8am every Saturday (9am UK)

New Club Bests are highlighted in sky blue

PBs are best as a MAWA member, not including parkruns as non-members

Saturday October 4 – parkrun's 10TH ANNIVERSARY RUNS: 44 members

Steve McKean	M45	Claisebrook	17:21		Jon Storey	M40	Carine	28:24	
Hamish McLeod	M35		19:31	PB	Katrina Tyza	W35		29:34	
Bert Carse	M70		21:07		Lui Cecotti	M65	Joondalup	26:24	
Rod Hamilton	M50		21:35		Aura Cook	W45		28:44	PB
Frank Gardiner	M60		21:52		Anthony Smith	M40	Aveley	23:41	
Denise Newport	W50		24:24		Chris Neilon	M40	Heirisson	n/t	
Amanda Walker	W45		24:25		John Talbot	M65		n/t	
Chris Neilon	M40		26:57		Sam Farman	W50		n/t	
Eamonn McNulty	M55		26:59		Danny Sheehan	M60	Kalgoorlie	19:09	SB
Jane Elton	W45		28:03		Jeff Bremner	M50	Pioneer	22:21	
Kate Sommerville	W40		28:04		Jeremy Savage	M35		24:39	SB
Robyn Dunlop	W40		28:18		Kelly Underwood	W35		30:29	
Katrina Tyza	W35	Carine	29:39		Tracy Sulejmani	W40		58:54	t/r
John Talbot	M65		29:39		John Oldfield	M70	Rushcliffe	23:13	
Sam Farman	W50		55:00	t/r	Christine Oldfield	W65		32:12	
Xander van Rijen	M45	Joondalup	17:54		Dan Baldwin	M40	Albert Park	26:49	
Duncan McAuley	M65		23:07	PBA	Tania Baldwin	W40		56:25	t/r
Anthony Smith	M40	Aveley	18:43						
Jeff Bremner	M50	Pioneer	21:09	PB					
Clinton Bishop	M40		32:51	PB					
Danny Sheehan	M60	Kalgoorlie	19:08	PB					
Tony Smith	M35	Heirisson	19:45						
Jon Storey	M40		24:42	PB					
Max Sulejmani	M40		25:29						
Dutch Holland	M40		26:21						
Tracy Sulejmani	W40		50:02	t/r					
Craig Trudgian	M50	Rockingham	22:38						
Ray Hall	M80		39:33						
Vic Beaumont	M80		42:59						
Mitch Loly	M70		46:07						
Kim Thomas	M40	Canning R	17:59						
Paul Odam	M50		20:03						
Kem Hassan	M40		25:17						
Kelly Underwood	W35		25:26						
Jeremy Savage	M35		27:18						
Monique Thomas	W35		28:44						
Merv Jones	M75		29:41	PBA					
Bob Fawcett	M60		36:13	PBA					
Barbara Wilson	W60		36:21						
Carolyn Fawcett	W60		36:30						
Tania Baldwin	W40		38:16						
Christine Oldfield	W65	Rushcliffe	33:09						

October 18; 45 members (new record turn-out)

Rod Hamilton	M50	Claisebrook	20:07	SB					
Amanda Walker	W45		20:41	SB					
Denise Newport	W50		24:33						
Eamonn McNulty	M55		25:41	SB					
Jane Elton	W45		28:13						
Robyn Dunlop	W40		28:16						
Craig Trudgian	M50	Rock'ham	21:47	PB					
David Baird	M70		28:09						
Bob Fawcett	M65		33:31	PBA					
Carolyn Fawcett	W60		35:27						
Elaine Dance	W60		35:28						
John Dance	M65		38:13	PBA					
Ray Hall	M80		39:45						
Mitch Loly	M70		48:48						
Jo Richardson	W60		48:48						
Kim Thomas	M40	Canning R	17:56						
Paul Odam	M50		19:40						
Jim Langford	M70		20:36						
Kem Hassan	M40		25:24						
Dan Baldwin	M40		27:16						
Delia Baldock	W50		27:32						
Monique Thomas	W35		28:08						
Melissa Hassan	W40		28:10						
John Talbot	M65		28:34						
Merv Jones	M75		28:45						
Tracy Baldwin	W40		35:40						
Sheila Maslen	W75		43:34						
Clinton Bishop	M40		52:15						
Sam Farman	W50		58:47	t/r					
Anthony Smith	M40	Aveley	19:53						
Jeff Bremner	M50	Pioneer	21:30						
Wade Davis	M45		24:53						
John Brambley	M70		39:11						
Michael Lee	M65	Carine	22:24						
David Reid	M60		27:35						
Katrina Tyza	W35		47:03	t/r					
Lui Cecotti	M65	Joondalup	26:29						
Jon Storey	M40		27:17						
Tracy Sulejmani	W40		1:14:00	t/r					
Hamish McLeod	M35	Heirisson	22:52						
Ange Hayward	W40		45:43	PBA					
Jeremy Savage	M35	Manjimup	24:10	SB					
Danny Sheehan	M60	Kalgoorlie	19:14						
John Oldfield	M70	Rushcliffe	24:10						
Christine Oldfield	W65		32:40						

October 11; 41 members

Grahak Cunningham	M35	Claisebrook	18:37	PB					
Hamish McLeod	M35		21:26						
John Fisher	M50		24:26						
Clinton Bishop	M40		32:10						
Tracy Bishop	W40		34:07						
Paul Odam	M50	Canning R	19:38	SB					
Kem Hassan	M40		24:30	SB					
Tina Franklin	W45		24:35	PB=					
Simon Leonard	M55		25:15						
Delia Baldock	W50		27:02						
Merv Jones	M75		27:11	PB					
Monique Thomas	W35		27:20						
Melissa Hassan	W40		27:42	PB					
Carolyn Fawcett	W60		33:40	PB					
Craig Trudgian	M50	Rockingham	22:38						
Ray Hall	M80		39:33						
Vic Beaumont	M80		42:59	SB=					
Mitch Loly	M70		46:07						
Michael Lee	M65	Carine	22:15	PB					

October 25; 41 members

Tony Smith	M35	Heirisson	19:33	
Ange Hayward	W40		52:52	
Jeff Bremner	M50	Pioneer	22:43	
Robyn Dunlop	W40	Carine	28:16	
Katrina Tyza	W40		30:02	
Craig trudgian	M50	Rock'ham	22:07	
Adam Dance	M30		23:38	
Vic Beaumont	M80		47:44	
Mitch Loly	M70		48:02	
Lui Cecotti	M65	Joondalup	25:12	PB
Sam Farman	W50		1:00:49	t//r
Michael Lee	M65	Aveley	22:16	
Jon Storey	M40		22:50	PB
Anthony Smith	M40		22:51	
Kim Thomas	M40	Canning R	18:38	
Dante Giacomini	M45		24:09	
Delia Baldock	W50		26:05	
David Baird	M70		26:51	
Melissa Hassan	W40		27:47	
Monique Thomas	W35		27:47	
Merv Jones	M70		29:14	
Bob Fawcett	M65		34:41	
Carolyn Fawcett	W60		34:56	
Clare Wardle	W35		35:35	
Aldo Giacomini	M75		36:33	
Simon Leonard	M55		38:06	
Tania Baldwin	W40		40:17	
Sheila Maslen	W75		43:00	SB
Jo Richardson	W60		47:56	
Danny Sheehan	M60	Kalgoorlie	19:21	
Dan Baldwin	M40	Bunbury	20:23	PB
Jeremy Savage	M35		23:11	SB
Clinton Bishop	M40	Manjimup	34:40	
Tracy Bishop	W40		35:05	
Amanda Walker	W45	Claisebrook	20:16	SB
Rod Hamilton	M50		22:50	
Denise Newport	W50		24:12	
Eamonn McNulty	M55		24:13	PB
Jane Elton	W45		24:43	SB
John Oldfield	M70	Rushciffe	24:57	pacers
Christine Oldfield	W70		32:42	