

## CLUB TOPS 2014/15

A listing of the top three performances for the year April 2014 to April 2015

- each age group, and each major event

(Note: This does not include indoor events)

### 60m

### Men

### Women

#### M30

Justin Vincent	4/12/14	ECAC	8.2
Stuart MacKinnon	4/12/14	ECAC	8.4
Alex Tinniswood	5/02/15	ECAC	8.6

#### W30

Rebecca Stergiou	6/02/15	WAAS	9.5
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#### M35

Dan Leseberg	15/03/15	WAAS	7.94
Daniel Lowe	1/05/14	ECAC	9.1

#### W35

Wendy Seegers	6/02/15	WAAS	7.3
Melissa Foster	7/10/14	WAAS	7.8
Nicola Hibbert	3/03/15	WAAS	8.6

#### M40

Lee Stergiou	6/02/15	WAAS	7.4
Glenn Ross	15/03/15	WAAS	7.50
Maurice Pascal	6/02/15	WAAS	7.7

#### W40

Sharon Davis	3/04/15	Sydney	8.86
Vicki Cobby	15/03/15	WAAS	9.30
Clare Wardle	15/01/15	ECAC	10.3

#### M45

Greg Brennan	3/11/14	G Coast	7.86
Bernard Riviere	6/02/15	WAAS	7.7
Mark Elms	28/10/14	WAAS	7.8

#### W45

Lisa Limonas	24/02/15	WAAS	8.6
Suzi Graves	20/01/15	WAAS	9.0
Fiona Leonard	27/01/15	WAAS	9.3

#### M50

Rudy Kocis	27/02/15	Strive	7.58
Quinton de Klerk	6/02/15	WAAS	7.7
Colin Smith	7/10/14	WAAS	7.8
Quinton de Klerk	2/12/14	WAAS	7.8

#### W50

1 Carmel Meyer	6/02/15	WAAS	9.2
1 Fran Cherry	6/02/15	WAAS	9.2
Sharon Moloney	3/03/15	Bunbury	9.3

#### M55

Campbell Till	6/02/15	WAAS	8.3
Tony Downey	6/02/15	WAAS	8.8
John Dennehy	6/01/15	WAAS	10.0 w

#### W55

#### M60

Dave Wyatt	7/10/14	WAAS	8.8
Brian Hewitt	17/03/15	WAAS	9.6
Nick Miletic	15/03/15	WAAS	9.92

#### W60

Lynne Choate	6/01/15	WAAS	9.0 w
Maureen Keshwar	24/04/14	ECAC	9.9
Barbara Wilson	15/03/15	WAAS	11.49

#### M65

Geoff Brayshaw	18/11/14	WAAS	9.0
Murray Tolbert	22/01/15	ECAC	9.7
Mercurio Cicchini	14/08/14	ECAC	10.5

#### W65

#### M70

Barrie Kernaghan	6/01/15	WAAS	8.8 w
Lenz Keel	7/10/14	WAAS	9.3
Brian Waldhuter	15/11/14	Bunbury	9.7

#### W70

Peggy Macliver	20/01/15	WAAS	10.0
Ruth Johnson	3/02/15	Bunbury	11.0
Brenda Painter	3/04/15	Sydney	11.43

#### M75

Barrie Kernaghan	3/04/15	Sydney	9.31
David Clive	15/03/15	WAAS	9.42
Aubrey Davie	24/07/14	ECAC	12.3

#### M80

David Carr	22/05/14	ECAC	10.8
Tom Crossen	15/03/15	WAAs	12.08

#### M85

Irwin Barrett-Lennard	27/01/15	WAAS	11.8
Derry Foley	15/03/15	WAAS	13.06
Gordon Medcalf	15/03/15	WAAS	13.42

100m	Men				Women			
<b>M30</b>					<b>W30</b>			
Justin Vincent	16/12/14	WAAS	12.7		Rebecca Stergiou	20/01/15	WAAS	15.4
Stuart MacKinnon	11/12/14	ECAC	13.9					
<b>M35</b>					<b>W35</b>			
Daniel Leseberg	15/03/15	WAAS	12.49	1	Wendy Seegers	24/02/15	WAAS	11.8
				1	Wendy Seegers	13/03/15	Strive	12.04
					Melissa Foster	24/02/15	WAAS	13.0
					Nicola Hibbert	17/02/15	WAAS	14.2
<b>M40</b>					<b>W40</b>			
Lee Stergiou	20/01/15	WAAS	12.1		Sharon Davis	15/03/15	WAAS	14.02 w
Maurice Pascal	17/02/15	WAAS	12.3		Vicki Cobby	7/03/15	WAAS	14.6
Kim Thomas	24/04/14	ECAC	14.0		Clare Wardle	17/02/15	ECAC	16.1
<b>M45</b>					<b>W45</b>			
Greg Brennan	22/01/15	Strive	12.35	w	Lisa Limonas	3/02/15	WAAS	13.3 w
Bernard Riviere	15/03/15	WAAS	12.45	w	Sue Bourn	11/11/14	WAAS	14.2 w
Mark Elms	15/03/15	WAAS	12.50	w	Suzi Graves	11/11/14	WAAS	14.5 w
<b>M50</b>					<b>W50</b>			
Rudy Kocis	17/02/15	Strive	12.12		Carmel Meyer	15/03/15	WAAS	15.03
Quinton de Klerk	5/12/14	Strive	12.51		Fran Cherry	10/03/15	WAAS	15.2 w
Colin Smith	15/03/15	WAAS	12.65	w	Sharon Moloney	20/12/14	Bunbury	15.3 w
<b>M55</b>					<b>W55</b>			
Campbell Till	16/12/14	WAAS	13.2	w	Elizabeth McFarland	15/05/14	ECAC	19.5
Tony Downey	10/03/15	WAAS	14.3					
John Dennehy	15/03/15	WAAS	16.24					
<b>M60</b>					<b>W60</b>			
Dave Wyatt	23/03/15	WAAS	13.9	w	Lynne Choate	6/01/15	WAAS	15.0 w
Giovanni Puglisi	11/11/14	WAAS	14.8	w	Maureen Keshwar	24/04/14	ECAC	16.3
Mark Hewitt	15/03/15	WAAS	15.09	w	Julie Wilson	6/04/15	Sydney Ch	19.57
<b>M65</b>					<b>W65</b>			
Geoff Brayshaw	16/12/14	WAAS	14.4	w				
Phil Smyth	11/11/14	WAAS	17.4	w				
Mike Anderson	21/10/14	WAAS	19.6	w				
<b>M70</b>					<b>W70</b>			
Barrie Kernaghan	3/02/15	WAAS	13.5	w	Peggy Macliver	20/01/15	WAAS	16.4
Lenz Keel	7/10/14	WAAS	15.0		Ruth Johnson	27/01/15	Bunbury	17.9
Brian Waldhuter	21/10/14	Bunbury	16.1		Brenda Painter	3/04/15	Sydney	18.74
<b>M75</b>								
Barrie Kernaghan	3/04/15	Sydney	15.00					
David Clive	15/03/15	WAAS	15.46					
Aubrey Davie	17/02/15	ECAC	20.3					
<b>M80</b>								
David Carr	15/05/14	ECAC	17.5					
Tom Crossen	15/03/15	WAAS	20.71					
<b>M85</b>								
Irwin Barrett-Lennard	17/07/14	ECAC	19.2					
Gordon Medcalf	15/03/15	WAAS	21.31					
Derry Foley	15/03/15	WAAS	23.02					

**200m****Men****Women****M30**

Justin Vincent	16/12/14	WAAS	25.9	w
Stuart McKinnon	12/02/15	ECAC	28.1	
Alex Tinniswood	26/02/15	ECAC	29.2	

**M35**

Daniel Leseberg	14/03/15	WAAS	25.60	1
Daniel Lowe	1/05/14	ECAC	29.4	1

**M40**

Glenn Ross	14/03/15	WAAS	23.61	
Paul Jeffery	27/02/15	Strive	24.19	
Lee Stergiou	14/03/15	WAAS	25.27	

**M45**

Mark Elms	14/03/15	WAAS	25.39	
Bernard Riviere	6/02/15	WAAS	25.9	
Greg Brennan	24/10/14	Strive	26.10	

**M50**

Rudy Kocis	3/03/15	WAAS	24.5	
Colin Smith	16/12/14	WAAS	26.0	w
Quinton de Klerk	3/03/15	WAAS	26.2	

**M55**

Campbell Till	10/03/15	WAAS	26.8	w
Neil Morfitt	14/03/15	WAAS	28.49	
Tony Downey	14/03/15	WAAS	29.31	

**M60**

Bjorn Dybdahl	14/10/14	WAAS	31.0	
Giovanni Puglisi	11/12/14	ECAC	32.0	
Brian Hewitt	26/02/15	ECAC	33.1	

**M65**

Geoff Brayshaw	13/01/15	WAAS	31.1	
Mercurio Cicchini	11/12/14	WAAS	34.7	
Greg Wilson	6/04/15	Sydney Ch	38.44	

**M70**

Barrie Kernaghan	3/03/15	WAAS	29.6	
Brian Waldhuter	11/11/14	Bunbury	33.8	
Bob Schickert	16/12/14	WAAS	34.5	w

**M75**

Barrie Kernaghan	4/04/15	Sydney Ch	30.88	
David Clive	14/03/15	WAAS	34.14	
Leon Sander	7/03/15	WAAS	34.6	

**M80**

David Carr	14/03/15	WAAS	34.90	
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**M85**

Irwin Barrett-Lennard	7/08/14	ECAC	40.9	
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**W30**

Wendy Seegers	6/02/15	WAAS Ch	24.79	
Wendy Seegers	10/03/15	WAAS	24.4	w
Melissa Foster	2/11/14	G Coast	28.66	
Nicola Hibbert	17/02/15	WAAS	28.9	

**W35**

Wendy Seegers	6/02/15	WAAS Ch	24.79	
Wendy Seegers	10/03/15	WAAS	24.4	w
Melissa Foster	2/11/14	G Coast	28.66	
Nicola Hibbert	17/02/15	WAAS	28.9	

**W40**

Sharon Davis	4/04/15	Sydney Ch	28.75	
Vicki Cobby	14/03/15	WAAS	30.27	
Clare Wardle	22/01/15	ECAC	34.2	

**W45**

Lisa Limonas	6/02/15	WAAS	28.7	
Suzi Graves	27/01/15	WAAS	29.9	
Fiona Leonard	27/01/15	WAAS	30.1	

**W50**

Carmel Meyer	14/03/15	WAAS	31.08	
Fran Cherry	14/03/15	WAAS	32.51	
Sharon Moloney	14/03/15	WAAS	32.54	

**W55**

Lynne Choate	13/01/15	WAAS	31.9	
Maureen Keshwar	11/09/14	ECAC	36.3	
Carolyn Fawcett	11/12/14	ECAC	58.1	

**W60**

Lynne Choate	13/01/15	WAAS	31.9	
Maureen Keshwar	11/09/14	ECAC	36.3	
Carolyn Fawcett	11/12/14	ECAC	58.1	

**W65**

Christine Oldfield	11/11/14	WAAS	49.7	w
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**W70**

Peggy Macliver	4/04/15	Sydney Ch	34.55	w
Ruth Johnson	13/10/14	Alice	41.13	
Brenda Painter	14/03/15	WAAS	43.23	

**W75**

Lorraine Lopes	6/02/15	WAAS	43.4	
Mary Heppell	13/10/14	Alice	68.07	

## 400m

## Men

<b>M30</b>			
Stuart MacKinnon	19/02/15	ECAC	66.1
<b>M35</b>			
Scott Tamblin	16/01/15	Strive	52.4
<b>M40</b>			
Paul Jeffery	20/02/15	Strive	55.25
Lee Stergiou	5/04/15	Sydney	56.73
Maurice Pascal	24/02/15	WAAS	59.1
<b>M45</b>			
Mark Elms	3/02/15	WAAS	56.0
Chris Neale	25/09/14	ECAC	58.6
Andrew Brooker	4/11/14	WAAS	59.5
Suresh Sivacolundhu	24/02/15	WAAS	59.5
<b>M50</b>			
Colin Smith	5/04/15	Sydney	57.96
Brian Feutrill	29/11/14	Bunbury	62.0
David Solomon	23/12/14	WAAS	63.9
<b>M55</b>			
Campbell Till	15/03/15	WAAS	59.19
Greg Vander Sanden	15/03/15	WAAS	60.92
Neil Morfitt	15/03/15	WAAS	61.46
<b>M60</b>			
Bjorn Dybdahl	15/03/15	WAAS	67.95
Brian Hewitt	15/03/15	WAAS	68.70
Giovanni Puglisi	4/11/14	WAAS	71.2
<b>M65</b>			
Maurice Creagh	15/03/15	WAAS	81.63
Ivan Brown	14/10/14	WAAS	81.7
Phil Smyth	24/02/15	WAAS	84.0
<b>M70</b>			
Barrie Kernaghan	15/03/15	WAAS	71.18
Bert Carse	4/11/14	WAAS	78.9
Ivan Brown	24/02/15	WAAS	81.7
<b>M75</b>			
Mike O'Reilly	17/02/15	ECAC	82.4
Aubrey Davie	17/02/15	ECAC	01:39.1
<b>M80</b>			
David Carr	5/04/15	Sydney	77.31
<b>M85</b>			
Irwin Barrett-Lennard	4/09/14	ECAC	01:35.4
Cecil Walkley	15/03/15	WAAS	03:11.98

## Women

<b>W30</b>			
<b>W35</b>			
Wendy Seegers	15/03/15	WAAS	57.05
Clare Wardle	17/02/15	ECAC	74.3
Nicola Hibbert	24/02/15	WAAS	75.8
<b>W40</b>			
Sharon Davis	5/04/15	Sydney	62.39
Vicki Cobby	15/03/15	WAAS	68.91
Clare Wardle	29/01/15	ECAC	77.7
<b>W45</b>			
Lisa Limonas	24/02/15	WAAS	66.8
Fiona Leonard	15/03/15	WAAS	67.14
Suzi Graves	24/02/15	WAAS	67.8
<b>W50</b>			
Carmel Meyer	5/04/15	Sydney	69.38
Delia Baldock	4/11/14	WAAS	80.2
Fran Cherry	17/02/15	ECAC	80.3
<b>W55</b>			
Carol Bowman	9/10/14	ECAC	89.9
Elizabeth McFarland	15/05/14	ECAC	01:34.0
<b>W60</b>			
Margaret Saunders	3/02/15	WAAS	72.8
Carol Bowman	5/04/15	Sydney	84.84
Lynne Choate	13/01/15	WAAS	85.5
<b>W65</b>			
Christine Oldfield	4/11/14	WAAS	01:53.0
<b>W70</b>			
Peggy Macliver	5/04/15	Sydney	80.38
Ruth Johnson	10/02/15	Bunbury	01:36.5
Christine Oldfield	2/12/14	WAAS	01:49.0
<b>W75</b>			
Lorraine Lopes	15/03/15	WAAS	91.08

## 800m

## Men

### M30

Stuart MacKinnon 4/12/14 ECAC 02:35.3

### M35

Scott Tamblin 6/02/15 WAAS 01:53.73

Rob Nichols 6/01/15 WAAS 02:16.2

Grahak Cunningham 17/02/15 WAAS 02:25.0

### M40

Kim Thomas 14/03/15 WAAS 02:19.33

Todd Ingraham 10/07/14 ECAC 02:21.8

Dan Baldwin 25/11/14 WAAS 02:32.2

### M45

Andrew Brooker 3/04/15 Sydney 02:10.21

Xander van Rijen 14/03/15 WAAS 02:16.50

Suresh Sivacolundhu 17/02/15 WAAS 02:29.0

### M50

Mark Dawson 17/02/15 WAAS 02:24.0

Ross Keane 14/03/15 WAAS 02:25.99

David Solomon 3/04/15 Sydney 02:28.97

### M55

Neil Morfitt 14/03/15 WAAS 02:22.77

Alan Gower 13/03/15 Strive 02:23.98

Campbell Till 3/03/15 WAAS 02:25.4

### M60

Bjorn Dybdahl 2/11/14 G Coast 02:29.3

Brian Hewitt 14/03/15 WAAS 02:36.77

Giovanni Puglisi 20/11/14 ECAC 02:39.1

### M65

Bruce Wilson 14/03/15 WAAS 02:57.06

Graeme Dahl 17/03/15 WAAS 02:58.6

Maurice Creagh 17/02/15 WAAS 03:00.2

### M70

Bert Carse 29/11/14 WAAS 02:49.3

Lenz Keel 21/10/14 WAAS 03:00.3

John Oldfield 8/06/14 Nuneaton 03:05.1

### M75

Morland Smith 14/03/15 WAAS 03:40.04

Mike O'Reilly 12/02/15 ECAC 03:58.8

Aubrey Davie 15/01/15 ECAC 04:03.4

### M80

David Carr 12/02/15 ECAC 02:59.3

### M85

Irwin Barrett-Lennard 4/09/14 ECAC 04:02.7

Cecil Walkley 14/03/15 WAAS 06:36.54

## Women

### W30

Kristy Devereux 14/03/15 WAAS 02:46.58

### W35

Rosemary Giles 14/03/15 WAAS 02:36.32

Nicola Hibbert 20/01/15 WAAS 02:48.2

Melissa Foster 15/01/15 WAAS 02:58.5

### W40

Sharon Davis 3/04/15 Sydney 02:25.78

Vicki Cobby 7/03/15 WAAS 02:47.4

Clare Wardle 15/01/15 ECAC 02:50.0

### W45

Suzi Graves 17/02/15 WAAS 02:30.8

Fiona Leonard 27/02/15 Strive 02:34.77

Niamh Keane 3/03/15 WAAS 02:40.1

### W50

Carmel Meyer 7/03/15 WAAS 02:56.5

Karyn Gower 3/03/15 WAAS 03:06.5

Delia Baldock 21/10/14 WAAS 03:06.7

### W55

Carol Bowman 24/04/14 ECAC 03:24.6

### W60

Margaret Saunders 7/10/14 WAAS 02:42.4

Maxine Santich 15/01/15 ECAC 03:03.3

Carol Bowman 4/12/14 Sydney 03:20.29

### W65

### W70

Peggy Macliver 17/02/15 WAAS 03:37.9

Ruth Johnson 3/02/15 Bunbury 03:46.2

Christine Oldfield 3/03/15 WAAS 04:04.8

### W75

Lorraine Lopes 14/03/15 WAAS 03:26.25

**1500m****Men****M30**

David Lee	10/07/14	ECAC	05:12.9
Stuart McKinnon	27/11/14	ECAC	05:20.1
Alex Tinniswood	5/02/15	ECAC	06:26.5

**M35**

Scott Tamblin	30/01/15	AWA Ch	03:51.01
Rob Nichols	13/01/15	WAAS	04:30.6
Grahak Cunningham	13/01/15	WAAS	05:09.5

**M40**

Todd Ingraham	10/07/14	ECAC	04:39.5
Kim Thomas	27/11/14	ECAC	04:42.8
Paul Jeffery	7/03/15	WAAS	04:49.7

**M45**

Andrew Brooker	2/12/14	WAAS	04:37.5
Chris Neale	11/09/14	ECAC	05:15.6
Chris Groom	2/12/14	WAAS	05:18.9

**M50**

Ross Keane	15/03/15	WAAS Ch	06:01.97
Mark Dawson	6/02/15	WAAS	05:10.7
Andrew Davison	26/06/14	ECAC	05:15.1

**M55**

Greg vander Sanden	15/03/15	WAAS Ch	05:12.05
Prabuddha Nicol	2/12/14	WAAS	05:44.2
Mickey Muroi	29/01/15	ECAC	05:43.2

**M60**

Giovanni Puglisi	2/12/14	WAAS	05:11.3
Bjorn Dybdahl	1/11/14	G Coast	05:13.1
Brian Hewitt	10/03/15	WAAS	05:29.8

**M65**

Michael Lee	15/03/15	WAAS Ch	06:01.32
Bruce Wilson	15/03/15	WAAS Ch	06:07.31
Mercurio Cicchini	2/12/14	WAAS	06:10.6

**M70**

Jim Langford	29/01/15	ECAC	05:29.7
Bert Carse	27/11/14	ECAC	05:36.6
Ivan Brown	15/03/15	WAAS Ch	06:16.26

**M75**

Leon Sander	7/03/15	WAAS	07:45.4
Aubrey Davie	29/01/15	ECAC	08:03.3
Mike O'Reilly	5/02/15	ECAC	08:46.3

**M80**

David Carr	15/03/15	WAAS Ch	06:10.74
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**M85**

Irwin Barrett-Lennard	26/06/14	ECAC	08:11.5
Cecil Walkley	15/03/15	WAAS Ch	13:55.81

**Women****W30**

Kristy Devereux	15/03/15	WAAS Ch	06:01.97
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**W35**

Rosemary Giles	18/11/14	Bunbury	05:31.5
Clare Wardle	7/08/14	ECAC	05:56.1
Monique Thomas	26/02/15	ECAC	07:42.2

**W40**

Clare Wardle	5/02/15	ECAC	05:50.2
2 Trish Farr	9/10/14	ECAC	06:13.8
2 Kim Cook	15/03/15	WAAS Ch	06:13.97

**W45**

Suzi Graves	6/02/15	WAAS	05:19.2
Niamh Keane	15/03/15	WAAS Ch	05:21.71
Bernadette Benson	13/01/15	WAAS	05:38.2

**W50**

Carmel Meyer	2/12/14	WAAS	06:16.7
Delia Baldock	14/10/14	WAAS	07:07.5

**W55**

Karyn Gower	10/03/15	WAAS	06:11.1
Elizabeth McFarland	15/05/14	ECAC	06:44.9

**W60**

Carol Bowman	18/12/14	ECAC	07:09.8
Maureen Keshwar	5/02/15	ECAC	08:54.0
Carolyn Fawcett	15/03/15	WAAS Ch	09:05.60

**W65**

Gillian Young	5/02/15	ECAC	07:33.8
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**W70**

Christine Oldfield	10/03/15	WAAS	08:05.4
Ruth Johnson	27/01/15	Bunbury	08:11.1
Lynne Schickert	27/11/14	ECAC	10:51.9

## mile

## Men

<b>M30</b>			
Stuart MacKinnon	25/09/14	ECAC	05:56.6
<b>M35</b>			
Scott Tamblin	14/02/15	WAAS Classic	04:11.92
Grahak Cunningham	16/12/14	WAAS	05:40.7
<b>M40</b>			
Todd Ingraham	16/12/14	WAAS	04:55.6
Kim Thomas	5/06/14	ECAC	05:38.8
Mike Bryant	11/12/14	ECAC	06:07.0
<b>M45</b>			
Andrew Brooker	26/04/14	Albany	05:31.0
David Solomon	5/06/14	ECAC	05:44.0
<b>M50</b>			
David Brook	16/12/14	WAAS	06:16.2
David Solomon	25/09/14	ECAC	06:20.2
Rob Colton	25/09/14	ECAC	06:22.1
<b>M55</b>			
Alan Gower	17/04/14	ECAC	05:35.0
Mickey Muroi	5/06/14	ECAC	06:10.0
Prabuddha Nicol	16/12/14	WAAS	06:15.4
<b>M60</b>			
Giovanni Puglisi	5/06/14	ECAC	05:56.2
Milton Mavrick	25/09/14	ECAC	07:38.9
John Dickason	26/04/14	Albany	08:26.4
<b>M65</b>			
Maurice Creagh	5/06/14	ECAC	06:42.4
Frank Price	25/09/14	ECAC	08:38.4
<b>M70</b>			
Jim Langford	11/12/14	ECAC	06:08.5
Bert Carse	26/04/14	Albany	06:25.5
John Oldfield	16/12/14	WAAS	06:45.1
<b>M75</b>			
Aubrey Davie	5/06/14	ECAC	09:04.1
<b>M80</b>			
David Carr	26/04/14	Albany	07:19.4
<b>M85</b>			
Irwin Barrett-Lennard	5/06/14	ECAC	08:50.4

## Women

<b>W30</b>			
<b>W35</b>			
Monique Thomas	23/10/14	ECAC	08:17.6
<b>W40</b>			
<b>W45</b>			
<b>W50</b>			
Karyn Gower	5/06/14	ECAC	06:42.4
<b>W55</b>			
Carol Bowman	5/06/14	ECAC	07:47.8
<b>W60</b>			
Margaret Saunders	28/10/14	WAAS	06:07.8
Maxine Santich	26/04/14	Albany	07:01.0
Carey Dickason	26/04/14	Albany	08:48.0
<b>W65</b>			
<b>W70</b>			
Christine Oldfield	16/12/14	WAAS	08:49.7
Bridget Carse	26/04/14	Albany	10:26.4

## 3000m

## Men

### M30

David Lee	2/12/14	WAAS	11:29.4
Stuart McKinnon	20/11/14	ECAC	11:31.3
Alex Tinniswood	26/02/15	ECAC	13:45.7

### M35

Scott Tamblin	27/02/15	Strive	08:36.8
Rob Nichols	14/10/14	WAAS	09:40.4
Grahak Cunningham	20/01/15	WAAS	11:30.2

### M40

Todd Ingraham	9/01/15	Strive	09:19.4
Kim Thomas	20/11/14	ECAC	09:57.3
Dan Baldwin	28/10/14	WAAS	11:52.0

### M45

Andrew Brooker	28/10/14	WAAS	10:26.1
David Solomon	5/06/14	ECAC	11:25.3
Chris Neale	23/10/14	ECAC	11:47.4

### M50

Andrew Davison	26/06/14	ECAC	10:36.3
Mark Dawson	16/12/14	WAAS	11:31.2
David Brook	3/03/15	WAAS	11:44.1

### M55

Steve Giles	11/01/15	Bunbury	10:08.2
Alan Gower	27/02/15	Strive	10:31.9
Mickey Muroi	29/01/15	ECAC	12:13.2

### M60

Bjorn Dybdahl	11/11/14	WAAS	11:13.0
Giovanni Puglisi	23/10/14	ECAC	11:24.2
Brian Hewitt	4/09/14	ECAC	11:53.8

### M65

Graeme Dahl	24/03/15	WAAS	12:12.9
Michael Lee	25/11/14	WAAS	12:59.6
Mercurio Cicchini	23/10/14	ECAC	13:21.7

### M70

Jim Langford	17/02/15	ECAC	11:35.5
Bert Carse	5/02/15	ECAC	12:34.5
John Oldfield	13/01/15	WAAS	13:07.8

### M75

Aubrey Davie	29/01/15	ECAC	17:11.2
Mike O'Reilly	17/02/15	ECAC	18:11.3

### M80

David Carr	23/10/14	ECAC	13:36.6
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### M85

Irwin Barrett-Lennard	5/06/14	ECAC	17:03.2
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## Women

### W30

Danielle Baldock	14/10/14	WAAS	15:40.8
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### W35

Rosemary Giles	3/02/15	Bunbury	11:44.5
Clare Wardle	17/07/14	ECAC	12:57.5
Danielle Baldock	3/03/15	WAAS	15:20.8

### W40

Clare Wardle	17/02/15	ECAC	12:13.9
Trish Farr	11/09/14	ECAC	12:50.0

### W45

Bernadette Benson	13/01/15	WAAS	11:37.3
Suzi Graves	28/10/14	WAAS	11:53.1
Sue Bourn	11/11/14	WAAS	12:21.3

### W50

Sue Zlnay	14/10/14	WAAS	12:27.1
Karyn Gower	31/07/14	ECAC	13:03.1
Carmel Meyer	24/03/15	WAAS	13:52.8

### W55

Carol Bowman	3/07/14	ECAC	14:50.5
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### W60

Maxine Santich	26/04/14	Albany	13:49.2
Carol Bowman	17/03/15	WAAS	14:54.9
Julie Wilson	24/03/15	WAAS	15:05.8

### W65

Gillian Young	5/02/15	ECAC	15:20.0
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### W70

Christine Oldfield	24/02/15	WAAS	17:27.6
Ruth Johnson	25/11/14	Bunbury	17:58.9
Lynne Schickert	23/10/14	ECAC	22:40.8

### W75

Lorraine Lopes	24/02/15	WAAS	14:40.2
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## 5000m

## Men

### M30

Stuart MacKinnon 2/10/14 ECAC 20:35.0

### M35

Scott Tamblin 20/02/15 AWA Ch 14:50.8  
Rob Nichols 22/01/15 Strive 16:28.57  
Steve Weller 4/11/14 WAAS 18:12.6

### M40

Todd Ingraham 20/02/15 AWA Ch 15:52.1  
Kim Thomas 13/11/14 ECAC 17:11.1  
Ante Perdija 14/03/15 WAAS Ch 18:27.10

### M45

Andrew Brooker 18/11/14 WAAS 17:56.6  
David Solomon 29/05/14 ECAC 19:32.0  
Grant Schofield 13/11/14 ECAC 21:03.1

### M50

Andrew Davison 5/04/15 Sydney 17:53.9  
David Solomon 13/11/14 ECAC 19:25.9  
David Brook 17/02/15 WAAS 20:23.4

### M55

Alan Gower 22/01/15 Strive 18:26.5  
Steve Giles 5/04/15 Sydney 18:55.7  
Mickey Muroi 29/05/14 ECAC 20:35.4

### M60

Bjorn Dybdahl 18/11/14 WAAS 19:09.5  
Giovanni Puglisi 18/11/14 WAAS 19:24.6  
Chris Maher 14/03/15 WAAS Ch 19:46.11

### M65

Graeme Dahl 5/04/15 Sydney 21:18.7  
Michael Lee 14/03/15 WAAS Ch 22:01.70  
Bruce Wilson 14/03/15 WAAS Ch 22:13.32

### M70

Jim Langford 22/01/15 ECAC 19:50.2  
Bert Carse 13/11/14 ECAC 20:52.0  
John Oldfield 9/12/14 WAAS 22:32.3

### M75

Morland Smith 14/03/15 WAAS Ch 26:47.08  
Aubrey Davie 12/02/15 ECAC 29:55.5

### M80

David Carr 18/11/14 WAAS 24:33.9

### M85

Irwin Barrett-Lennard 5/04/15 Sydney 28:58.9

## Women

### W30

Danielle Baldock 27/01/15 WAAS 26:58.2

### W35

Rosemary Giles 5/04/15 Sydney 20:11.6  
Clare Wardle 7/08/14 ECAC 20:54.7  
Danielle Baldock 14/03/15 WAAS Ch 27:00.17

### W40

Clare Wardle 14/03/15 WAAS Ch 19:57.18  
Trish Farr 4/09/14 ECAC 22:58.0  
Kim Cook 14/03/15 WAAS Ch 23:26.23

### W45

Bernadette Benson 24/03/15 WAAS 19:57.9  
Suzi Graves 18/11/14 WAAS 20:12.0  
Sue Bourn 13/11/14 ECAC 20:45.7

### W50

Karyn Gower 7/08/14 ECAC 22:15.7  
Carmel Meyer 18/11/14 WAAS 24:33.9  
Sharon Moloney 17/01/15 Bunbury 35:31.4

### W55

### W60

Julie Wilson 5/04/15 Sydney 25:48.2  
Carey Dickason 5/04/15 Sydney 26:58.2  
Carolyn Fawcett 14/03/15 WAAS Ch 33:40.68

### W65

Gillian Young 14/03/15 WAAS Ch 26:02.80

### W70

Christine Oldfield 17/02/15 WAAS 30:19.3  
Lynne Schickert 13/11/14 ECAC 37:42.3

**10000m****Men****M30****M35**

Scott Tamblin	31/10/14	ECAC	31:13.0
Steve Weller	21/10/14	WAAS	38:04.1

**M40**

Todd Ingraham	5/03/15	WAAS	34:09.8
Kim Thomas	21/10/14	WAAS	35:52.0
Ante Perdija	5/03/15	WAAS	38:24.4

**M45**

Andrew Brooker	21/10/14	WAAS	38:16.0
Eldon George	31/10/14	ECAC	46:31.0

**M50**

David Solomon	16/10/14	ECAC	41:21.1
Ross Keane	5/03/15	WAAS	42:13.5
Mark Dawson	21/10/14	WAAS	42:58.0

**M55**

Trevor Scott	5/03/15	WAAS	38:04.1
Steve Giles	5/03/15	WAAS	39:06.5
Mickey Muroi	5/03/15	WAAS	42:21.0

**M60**

Chris Maher	5/03/15	WAAS	39:54.5
Bjorn Dybdahl	5/03/15	WAAS	41:05.2
Giovanni Puglisi	16/10/14	ECAC	41:47.3

**M65**

Gary Peace	5/03/15	WAAS	38:50.6
Keith Miller	5/03/15	WAAS	45:25.8
Michael Lee	31/10/14	ECAC	46:01.0

**M70**

Jim Langford	5/03/15	WAAS	40:42.5
Bert Carse	21/10/14	WAAS	44:43.0
John Oldfield	5/03/15	WAAS	48:16.4

**M75**

Morland Smith	5/03/15	WAAS	1:01:25.2
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**M80**

David Carr	16/10/14	ECAC	55:07.7
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**M85**

Irwin Barrett-Lennard	5/03/15	WAAS	1:01:43.3
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**Women****W30****W35**

Rosemary Giles	5/03/15	WAAS	41:07.0
Monique Thomas	16/10/14	ECAC	01:01:40

**W40**

Clare Wardle	5/03/15	WAAS	42:06.5
Trish Farr	31/10/14	ECAC	45:33.0

**W45**

Sue Bourn	21/10/14	WAAS	43:52.1
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**W50**

Karyn Gower	5/03/15	WAAS	47:52.3
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**W55**

Sue Zlnay	5/03/15	WAAS	45:02.5
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**W60****W65****W70****W75**

Lorraine Lopes	5/03/15	WAAS	51:31.8
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## Hurdles, steeplechases, Marathon

### 2000m steeplechase (76cm barriers)

Rob Nichols	M35	13/01/15	WAAS	06:37.2
Tony Smith	M35	13/01/15	WAAS	08:25.2
John Dennehy	M55	6/02/15	WAAS	11:30.7
Bjorn Dybdahl	M60	10/03/15	WAAS Ch	08:08.9
Milton Mavrick	M60	14/10/14	WAAS	10:25.4
Nick Miletic	M60	14/10/14	WAAS	10:43.9
Bruce Wilson	M65	10/03/15	WAAS Ch	09:02.1
Bert Carse	M70	10/03/15	WAAS Ch	08:57.6
John Oldfield	M70	10/03/15	WAAS Ch	09:54.3
Bob Schickert	M70	10/03/15	WAAS Ch	10:16.2
David Carr	M80	10/03/15	WAAS Ch	09:50.5
Irwin Barrett-Lennard	M85	4/04/15	Sydney Ch	12:07.09
Cecil Walkley	M85	10/03/15	WAAS Ch	21:27.4
Kristy Devereux	W30	10/03/15	WAAS Ch	09:43.9
Danielle Baldock	W35	6/02/15	WAAS	10:52.1
Monique Thomas	W35	10/03/15	WAAS Ch	12:16.1
Vicki Cobby	W40	10/03/15	WAAS Ch	09:09.7
Robyn Feutrill	W50	13/12/14	Bunbury	11:56.0
Margaret Saunders	W60	10/03/15	WAAS Ch	09:11.0
Julie Wilson	W60	4/04/15	Sydney Ch	10:30.74
Carol Bowman	W60	4/04/15	Sydney Ch	10:47.58
Carolyn Fawcett	W60	10/03/15	WAAS Ch	14:11.8
Lynne Schickert	W70	4/04/15	Sydney Ch	15:15.10

### 3000m steeplechase (91cm barriers)

Rob Nichols	M35	7/11/14	Strive	10:20.97
Todd Ingraham	M40	10/03/15	WAAS Ch	10:46.9
Kim Thomas	M40	10/03/15	WAAS Ch	11:09.9
Ante Perdija	M40	10/03/15	WAAS Ch	11:37.0
Colin Shaw	M50	10/03/15	WAAS Ch	14:31.6

### 80m hurdles

Ruth Johnson	W70	15/11/14	Bunbury	26.0
Brian Waldhuter	M70	15/11/14	Bunbury	19.5
Robyn Feutrill	W50	21/02/15	Bunbury	18.4
Vicki Cobby	W40	4/04/15	Sydney Ch	15.09
Delia Baldock	W50	15/03/15	WAAS	18.20

### 100m hurdles

Melissa Foster	W35	1/11/14	G Coast	19.50
Brian Feutrill	M50	21/02/15	Bunbury	16.6

### 110m hurdles

Mark Jeffery	M40	15/03/15	WAAS	17.63
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### Marathon - men

David Adams	M35	15/06/14	Perth	3:33:47
Grahak Cunningham	M35	15/06/14	Perth	3:36:44
Douglas Lintott	M35	15/06/14	Perth	3:49:33
Jeremy Savage	M35	13/04/14	Bunbury	4:26:15
Hamish McLeod	M35	13/04/14	Bunbury	4:26:55
Todd Ingraham	M40	31/08/14	C to Surf	2:46:25
Kim Thomas	M40	15/06/14	Perth	2:49:24
Tony Smith	M40	15/06/14	Perth	2:59:53
Ante Perdija	M40	15/06/14	Bunbury	3:14:13
Dan Baldwin	M40	15/06/14	Perth	3:45:03
Chris Neilon	M40	31/08/14	C to Surf	3:57:13
Adrian Kenny	M40	13/04/14	Bunbury	4:37:49
Steve McKean	M45	15/06/14	Perth	2:45:58
Peter March	M50	15/06/14	Perth	3:21:13
Mickey Muroi	M55	13/04/14	Bunbury	3:21:05
Simon Leonard	M55	15/06/14	Perth	4:21:17
Eamonn McNulty	M55	31/08/14	C to Surf	4:26:14
Danny Sheehan	M60	31/08/14	C to Surf	3:25:13
Milton Mavrick	M60	13/04/14	Bunbury	4:06:47
Jim Klinge	M60	15/06/14	Perth	4:10:53
Clive Choate	M60	6/04/14	Paris	4:22:26
Bob Lane	M65	15/06/14	Perth	3:12:17
Brian Bennett	M65	15/06/14	Perth	3:50:00

### Marathon - women

Tina Major	W40	31/08/14	C to Surf	2:57:01
Trish Farr	W40	21/04/14	Boston	3:32:01
Sandra Stockman	W45	13/04/14	Canberra	3:25:16
Maree Brown	W45	13/04/14	Bunbury	4:06:46
Sam Farman	W50	15/06/14	Perth	4:37:09
Carol Bowman	W55	15/06/14	Perth	4:40:11

### 300m hurdles

Nick Miletic	M60	14/03/15	WAAS	66.65
Greg Wilson	M65	5/04/15	Sydney	68.79
Brian Waldhuter	M70	17/03/15	Bunbury	64.2
Robyn Feutrill	W50	17/03/15	Bunbury	63.0
Delia Baldock	W50	14/03/15	WAAS	68.24

### 400m hurdles

Andrew Brooker	M45	5/04/15	Sydney	64.33
Mark Elms	M45	14/03/15	WAAS	69.23
Brian Feutrill	M50	7/03/15	Bunbury	68.4
Sharon Davis	W40	5/04/15	Sydney	69.09
Vicki Cobby	W40	14/03/15	WAAS	77.07

## Walks *(italicised indicates not judged)*

### 1000m walk

Tom Lenane	M55	22/01/15	ECAC	05:57.4
John Oldfield	M70	22/01/15	ECAC	07:27.3
John Smith	M75	10/04/14	ECAC	08:16.5
Lynne Schickert	W70	24/07/14	ECAC	07:06.6

### 1500m walk

Daniel Lowe	M35	14/03/15	WAAS	08:56.36
Garry Hastie	M50	3/04/15	Sydney	06:50.77
Tom Lenane	M55	7/08/14	ECAC	09:10.7
John Dennehy	M55	10/03/15	WAAS	09:32.5
Bruce Wilson	M65	14/03/15	WAAS	10:07.85
John McDonagh	M65	14/03/15	WAAS	10:09.26
John Oldfield	M70	18/11/14	WAAS	11:11.3
John Smith	M75	15/05/14	ECAC	11:20.5
Jeff Whittam	M80	14/03/15	WAAS	12:57.13
Sonia Tingay	W40	7/08/14	ECAC	10:10.8
Karyn Tolardo	W45	14/03/15	WAAS	08:26.23
Cheryl-Lee Dean	W45	18/11/14	WAAS	09:17.2
Wendy Farrow	W45	18/11/14	WAAS	09:17.8
Delia Baldock	W50	23/12/14	WAAS	11:25.4
Lyn Ventris	W55	3/04/15	Sydney	07:20.16
Julie Wilson	W60	14/03/15	WAAS	10:08.81
Sarah Ladwig	W65	14/03/15	WAAS	10:42.41
Lynne Schickert	W70	15/05/14	ECAC	10:43.7
Sylvia Byers	W80	10/03/15	WAAS	11:23.8
Noela Medcalf	W80	14/03/15	WAAS	12:48.84
Lorna Lauchlan	W85	14/03/15	WAAS	12:47.43

### mile walk

Karyn Tolardo	W45	11/12/14	ECAC	09:03.2
Tom Lenane	M50	11/12/14	ECAC	10:09.6
Sonia Tingay	W40	14/08/14	ECAC	11:07.5
Lynne Schickert	W75	14/08/14	ECAC	11:48.4
John Smith	M75	5/06/14	ECAC	12:20.9
Sylvia Byers	W75	26/04/14	Albany	12:39.0
Michele Mison	W65	26/04/14	Albany	12:48.1
Bob Fergie	M75	26/04/14	Albany	13:21.0
Jeff Whittam	M75	26/04/14	Albany	13:22.5

### 2000m walk

Garry Hastie	M50	2/12/14	Bunbury	10:28.8
Tom Lenane	M55	15/05/14	ECAC	12:22.4
John Smith	M75	15/05/14	ECAC	14:49.0
Bob Fergie	M75	26/04/14	Albany	16:49.0
Jeff Whittam	M75	26/04/14	Albany	16:49.2
Sonia Tingay	W40	1/05/14	ECAC	14:34.8
Karyn Tolardo	W45	28/08/14	ECAC	13:05.8
Robin King	W55	15/05/14	ECAC	11:33.0
Carolyn Fawcett	W60	14/08/14	ECAC	14:43.0
Michele Mison	W65	26/04/14	Albany	16:27.4
Lynne Schickert	W70	15/05/14	ECAC	14:23.8
Sylvia Byers	W75	6/02/15	WAAS	16:02.8
Dorothy Whittam	W75	26/04/14	Albany	19:33.0
Maggie Flanders	W75	26/04/14	Albany	21:05.0

### 3000m walk

Daniel Lowe	M35	15/03/15	WAAS	18:27.28
Garry Hastie	M50	3/03/15	Bunbury	16:05.2
Tom Lenane	M55	24/04/14	ECAC	19:45.0
John Dennehy	M55	23/12/14	WAAS	20:02.2
John McDonagh	M65	15/03/15	WAAS	21:53.71
John Oldfield	M70	3/03/15	WAAS	22:02.9
John Smith	M75	29/05/14	ECAC	22:03.1
John Smith	M80	15/03/15	WAAS	23:39.37
Jeff Whittam	M80	15/03/15	WAAS	26:03.25
Wendy Farrow	W40	11/11/14	WAAS	19:03.2
Karyn Tolardo	W45	3/03/15	WAAS	17:20.2
Lyn Ventris	W55	15/03/15	WAAS	15:43.85
Robin King	W55	4/09/14	ECAC	18:42.2
Julie Wilson	W60	15/03/15	WAAS	21:52.59
Sarah Ladwig	W65	15/03/15	WAAS	22:09.55
Lynne Schickert	W70	29/05/14	ECAC	22:00.1
Christine Oldfield	W70	20/01/15	WAAS	23:03.1
Ruth Johnson	W70	28/10/14	Bunbury	23:11.8
Noela Medcalf	W75	12/10/14	Alice	28:18.5
Sylvia Byers	W80	16/12/14	WAAS	22:34.9
Lorna Lauchlan	W85	15/03/15	WAAS	25:52.63

### 5000m track walk

Daniel Lowe	M35	4/04/15	Sydney Ch	31:59.46
Garry Hastie	M50	4/04/15	Sydney Ch	25:22.56
John McDonagh	M65	14/03/15	WAAS	37:39.27
John Oldfield	M70	27/01/15	WAAS	39:14.6
John Smith	M80	14/03/15	WAAS	38:24.29
Sonia Tingay	W40	7/08/14	ECAC	36:12.4
Karyn Tolardo	W45	24/03/15	WAAS	29:45.3
Cheryl-Lee Dean	W50	14/03/15	WAAS	32:32.44
Lyn Ventris	W55	4/04/15	Sydney Ch	26:52.61
Julie Wilson	W60	14/03/15	WAAS	36:01.38
Sarah Ladwig	W65	14/03/15	WAAS	38:02.71
Ruth Johnson	W70	17/01/15	Bunbury	38:21.0
Lynne Schickert	W70	4/04/15	Sydney Ch	38:41.2
Sylvia Byers	W80	24/03/15	WAAS	39:06.8
Lorna Lauchlan	W85	14/03/15	WAAS	44:02.32

### 10km road walk

Daniel Lowe	M35	6/04/15	Sydney Ch	01:05:05
Garry Hastie	M50	6/07/14	Wilson	00:54:11
Tom Lenane	M55	6/07/14	Wilson	01:09:27
John Smith	M75	6/07/14	Wilson	01:18:17
Sonia Tingay	W40	6/07/14	Wilson	01:16:54
Karyn Tolardo	W45	6/07/14	Wilson	01:04:09
Cheryl-Lee Dean	W45	6/07/14	Wilson	01:04:28
Wendy Farrow	W45	6/07/14	Wilson	01:08:34
Lynne Schickert	W70	6/07/14	Wilson	01:19:04

## Long Jump

<b>M30</b>					<b>W30</b>			
Justin Vincent	14/03/15	WAAS	5.28		Rebecca Stergiou	13/01/15	WAAS	3.95
<b>M35</b>					<b>W35</b>			
					Melissa Foster	14/03/15	WAAS	5.78
					Nicola Hibbert	14/03/15	WAAS	3.90 w
					Angela Gorey	14/03/15	WAAS	3.42
<b>M40</b>					<b>W40</b>			
Paul Jeffery	7/03/15	WAAS	6.17		Vicki Cobby	14/03/15	WAAS	4.07
Maurice Pascal	14/03/15	WAAS	5.53		Trish Farr	9/10/14	ECAC	2.78
Lee Stergiou	13/01/15	WAAS	5.35					
<b>M45</b>					<b>W45</b>			
Greg Brush	14/03/15	WAAS	5.65		Lisa Limonas	17/03/15	WAAS	4.45
Suresh Sivacolundhu	24/02/15	WAAS	5.32		Sue Bourn	14/03/15	WAAS	3.87
Bernard Riviere	14/03/15	WAAS	5.24		Suzi Graves	9/12/14	WAAS	3.70
<b>M50</b>					<b>W50</b>			
Ian Cotton	7/03/15	WAAS	5.15		Carmel Meyer	5/02/15	ECAC	3.94
Brian Feutrill	20/12/14	Bunbury	5.08 w		Fran Cherry	24/03/15	WAAS	3.79 w
Coin Shaw	15/01/15	ECAC	4.58		Robyn Feutrill	20/12/14	Bunbury	3.60 w
<b>M55</b>					<b>W55</b>			
Garry Ralston	14/03/15	WAAS	5.02					
John Dennehy	4/12/14	ECAC	3.40					
<b>M60</b>					<b>W60</b>			
Dave Wyatt	24/02/15	WAAS	4.62		Gay Wyatt	14/03/15	WAAS	3.33
Mark Hewitt	14/03/15	WAAS	4.53		Barbara Wilson	14/03/15	WAAS	3.17
Geoff Brayshaw	14/10/14	WAAS	4.06		Maureen Keshwar	26/04/14	Albany	3.02
<b>M65</b>					<b>W65</b>			
Geoff Brayshaw	5/02/15	ECAC	4.55		Brenda Painter	26/04/14	Albany	2.72
Murray Tolbert	14/03/15	WAAS	4.04					
Phil Smyth	3/03/15	WAAS	3.80					
<b>M70</b>					<b>W70</b>			
Brian Waldhuter	14/02/15	Bunbury	3.60 w		Ruth Johnson	10/02/15	Bunbury	2.78
Bert Carse	9/12/14	WAAS	3.19		Brenda Painter	3/04/15	Sydney	2.71
Ivan Brown	7/03/15	WAAS	2.99		Lynne Schickert	2/10/14	ECAC	2.53
<b>M75</b>								
David Clive	14/03/15	WAAS	4.11					
Leon Sander	7/03/15	WAAS	2.94					
Aubrey Davie	15/01/15	ECAC	1.53					
<b>M80</b>								
David Carr	4/12/14	ECAC	2.49					

## Triple Jump

### M30

### M35

### M40

Chris Anderson	18/12/14	ECAC	10.40
Dan Baldwin	27/11/14	ECAC	9.89
Kim Thomas	27/11/14	ECAC	8.98

### M45

Grant Schofield	2/12/14	WAAS	7.75
Kevin Collins	16/10/14	ECAC	5.53

### M50

Brian Feutrill	11/11/14	Bunbury	10.61
Colin Smith	2/12/14	WAAS	9.36
Mark Dawson	2/12/14	WAAS	7.16

### M55

John Dennehy	2/12/14	WAAS	6.59
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### M60

Dave Wyatt	6/02/15	WAAS	9.43
Oswald Igel	11/11/14	Bunbury	9.31
Geoff Brayshaw	21/10/14	WAAS	8.50

### M65

Geoff Brayshaw	5/04/15	Sydney Ch	9.02
Murray Tolbert	17/02/15	WAAS	8.95
Phil Smyth	10/3/15	WAAS	8.46 w

### M70

Brian Waldhuter	17/01/15	Bunbury	7.52
Bert Carse	27/11/14	ECAC	6.57

### M75

David Clive	15/03/15	WAAS	7.93 w
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### M80

David Carr	27/11/14	ECAC	5.12
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### M85

Derry Foley	15/03/15	WAAS	4.87
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### W30

Rebecca Stergiou	06/02/15	WAAS	7.44
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### W35

Melissa Foster	27/02/15	Strive	12.14 w
Angela Gorey	06/02/15	WAAS	7.00

### W40

Vicki Cobby	05/04/15	Sydney	8.99
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### W45

Lisa Limonas	05/04/15	Sydney	9.76
Suzi Graves	02/12/14	WAAS	7.13

### W50

Fran Cherry	10/03/15	WAAS	7.96 w
Carmel Meyer	27/11/14	ECAC	7.46
Deb Cox	17/01/15	Bunbury	6.86

### W55

### W60

Barbara Wilson	15/03/15	WAAS	6.76
Gay Wyatt	15/03/15	WAAS	6.67
Carey Dickason	05/04/15	Sydney	6.17

### W65

### W70

Brenda Painter	05/04/15	Sydney	6.08
Ruth Johnson	13/10/14	Alice	5.93
Lynne Schickert	07/06/14	Lyon	5.46

## High Jump, Pole Vault

### M35

Mal Clarke	15/03/15	WAAS	1.50
Dan Baldwin	19/11/14	WAAS	1.40
Kim Thomas	20/11/14	ECAC	1.20

### M45

Chris Anderson	29/11/14	WAAS	1.80
Andrew Brooker	29/11/14	WAAS	1.60
Grant Schofield	29/11/14	WAAS	1.20

### M50

Brian Feutrill	29/11/14	Bunbury	1.55
Colin Shaw	20/11/14	ECAC	1.35
Colin Smith	20/11/14	ECAC	1.35

### M55

Tony Downey	15/03/15	WAAS	1.35
John Dennehy	29/11/14	WAAS	1.00

### M60

Dave Wyatt	15/03/15	WAAS	1.40
Nick Miletic	20/11/14	ECAC	1.20
Phil Smyth	27/01/15	WAAS	1.20

### M65

Greg Wilson	15/03/15	WAAS	1.40
Geoff Brayshaw	27/01/15	WAAS	1.30
Phil Smyth	17/02/15	WAAS	1.20

### M70

Brian Waldhuter	18/11/14	Bunbury	1.23
Bert Carse	29/11/15	WAAS	1.05
Bob Schickert	20/11/14	ECAC	1.00

### W35

	Melissa Foster	02/11/14	G Coast	1.30
2	Sal Sims	27/01/15	WAAS	1.05
2	Angela Gorey	15/03/15	WAAS	1.05

### W40

	Vicki Cobby	04/04/15	Sydney Ch	1.40
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### W45

	Lisa Limonas	27/01/15	WAAS	1.42
	Suzi Graves	29/11/14	WAAS	1.15
	Sue Bourne	29/11/14	WAAS	1.05

### W50

	Robin Feutrill	27/01/15	Bunbury	1.19
2	Carmel Meyer	20/11/14	ECAC	1.15
2	Delia Baldock	15/03/15	WAAS	1.15

### W55

### W60

	Gay Wyatt	14/10/14	WAAS	1.10
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### W65

### W70

	Ruth Johnson	27/01/15	Bunbury	1.02
	Brenda Painter	15/03/15	WAAS	0.95
	Lynne Schickert	20/11/14	ECAC	0.90

## Pole Vault

Mark Jeffery	M40	22/01/15	Strive	3.80
Andrew Brooker	M45	5/04/15	Sydney	2.60
Brian Feutrill	M50	8/11/14	Bunbury	2.90
Geoff Brayshaw	M65	5/04/15	Sydney	2.40
Phil Smyth	M65	5/3/15	Strive	2.35
Vicki Cobby	W40	5/04/15	Sydney	2.10

## Discus

### M30

Justin Vincent	20/11/14	ECAC	19.40
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### M35

Greg Urbanowicz	24/03/15	WAAS	39.69
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### M40

Matt Staunton	7/03/15	WAAS	42.10
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Paul Jeffery	7/03/15	WAAS	37.27
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Mal Clarke	14/03/15	WAAS	36.67
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### M45

Todd Davey	13/12/14	Bunbury	44.95
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Andrew Brooker	11/11/14	WAAS	26.76
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Grant Schofield	11/11/14	WAAS	21.83
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### M50

Ian Cotton	7/03/15	WAAS	38.34
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Tim Lyons	6/02/15	WAAS	36.76
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Andrew Ward	6/02/15	WAAS	31.95
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### M55

Tom Gravestock	23/12/14	WAAS	39.81
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Steve Giles	8/11/14	Bunbury	19.28
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John Dennehy	11/11/14	WAAS	15.39
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### M60

Tom Gravestock	5/04/15	Sydney Ch	44.86
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Oswald Igel	24/03/15	WAAS	40.46
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Geoff Gee	20/01/15	WAAS	35.05
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### M65

Geoff Brayshaw	23/12/14	WAAS	32.29
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Greg Wilson	14/03/15	WAAS	30.41
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Murray Tolbert	06/02/15	WAAS	23.68
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### M70

Rob Young	15/11/14	Bunbury	25.81
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Brian Waldhuter	6/01/15	Bunbury	20.31
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Mike O'Reilly	26/04/14	Albany	19.60
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### M75

Bob Fergie	7/03/15	WAAS	22.45
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Leon Sander	7/03/15	WAAS	21.88
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Jeff Whittam	26/04/14	Albany	15.16
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### M80

Jim Davis	31/01/15	Bunbury	26.08
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David Carr	26/04/14	Albany	14.88
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Jeff Whittam	7/03/15	WAAS	12.14
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### M85

Gordon Medcalf	12/10/14	Alice	13.30
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### W30

### W35

Byrony Glass	7/03/15	WAAS	34.06
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Sal Sims	23/12/14	WAAS	20.27
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Rosemary Giles	8/11/14	Bunbury	16.79
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### W40

Ali Matautia	14/03/15	WAAS	28.22
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### W45

Christine Schelfhout	18/12/14	Strive	20.59
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Suzi Graves	11/11/14	WAAS	17.88
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Sue Bourn	11/11/14	WAAS	13.92
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### W50

Sharon Moloney	7/03/15	WAAS	22.79
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Deb Cox	1/11/14	Bunbury	19.91
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Carmel Meyer	6/11/14	ECAC	16.31
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### W55

### W60

Elizabeth Szczepanska	1/11/14	G Coast	20.51
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Barbara Brown	14/10/14	Alice	16.86
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Barbara Wilson	26/04/14	Albany	16.11
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### W65

Bev Hamilton	7/03/15	WAAS	23.66
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Brenda Painter	26/04/14	Albany	10.91
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### W70

Val Presocct	14/03/15	WAAS	13.69
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Ruth Johnson	14/10/14	Alice	12.25
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Erica Mercer	26/04/14	Albany	10.97
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### W75

Noela Medcalf	14/10/14	Alice	12.99
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Dorothy Whittam	26/04/14	Albany	10.90
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Maggie Flanders	14/10/14	Alice	10.53
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### W80

Noela Medcalf	14/03/15	WAAS	12.81
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# Hammer

## M30

## W30

Shanell Staunton	14/03/15	WAAS	24.33
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## M35

Greg Urbanowicz	4/04/15	Sydney Ch	46.54
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## W35

Byrony Glass	07/03/15	WAAS	53.79
Sal Sims	07/03/15	WAAS	20.64

## M40

Matt Staunton	14/03/15	WAAS	47.19
Mark Hamilton	14/03/15	WAAS	30.93
Mal Clarke	14/03/15	WAAS	30.68

## W40

Ali Matautia	14/03/15	WAAS	28.87
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## M45

Todd Davey	30/01/15	AWA Ch	42.35
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## W45

Christine Schelfhout	07/03/15	WAAS	27.92
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## M50

Tim Lyons	14/03/15	WAAS	31.17
Andrew Ward	7/11/14	Strive	23.15
Garry Hastie	31/01/15	Bunbury	21.86

## W50

Sharon Moloney	14/03/15	WAAS	28.61
Deb Cox	13/12/14	Bunbury	19.86
Michelle Link	01/11/14	G Coast	15.37

## M55

Tom Gravestock	7/03/15	WAAS	38.21
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## W55

## M60

Tom Gravestock	5/04/15	Sydney Ch	42.38
Geoff Gee	27/01/15	WAAS	38.51
Oswald Igel	14/03/15	WAAS	33.08

## W60

Elizabeth Szczepanska	01/11/14	G Coast	29.14
Barbara Brown	13/10/14	Alice Sydney	18.82
Carey Dickason	04/04/15	Ch	17.13

## M65

Greg Wilson	5/04/15	Sydney Ch	21.38
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## W65

Kate Glass	14/03/15	WAAS	29.55
Bev Hamilton	14/03/15	WAAS	27.13

## M70

Rob Young	13/12/14	Bunbury	23.59
Brian Waldhuter	2/12/14	Bunbury	17.51

## W70

Ruth Johnson	31/01/15	Bunbury	17.22
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## M75

Bob Fergie	7/03/15	WAAS	25.16
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## W75

Noela Medcalf	13/10/14	Alice	15.97
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## M80

Jim Davis	11/11/14	Bunbury	35.20
Jeff Whittam	14/03/15	WAAS	19.87

## W80

Noela Medcalf	14/03/15	WAAS	14.13
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## Javelin

### M30

Justin Vincent	16/12/14	WAAS	32.05
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### M35

Greg Urbanowicz	5/04/15	Sydney Ch	34.75
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### M40

Paul Jeffery	20/02/15	Strive	49.62
Matt Staunton	7/03/15	WAAS	43.98
Mal Clarke	14/03/15	WAAS	39.70

### M45

Andrew Brooker	16/12/14	WAAS	44.48
Chris Anderson	15/03/15	WAAS	40.07
Todd Davey	5/04/15	Sydney Ch	39.60

### M50

Kevin Hagan	24/02/15	WAAS	37.16
Andrew Ward	16/01/15	Strive	34.89
Garry Hastie	15/03/15	WAAS	33.40

### M55

Tom Gravestock	7/03/15	WAAS	32.99
John Dennehy	7/03/15	WAAS	14.85

### M60

Oswald Igel	24/02/15	WAAS	33.59
Tom Gravestock	5/04/15	Sydney Ch	32.26
Geoff Brayshaw	14/10/14	WAAS	31.99

### M65

Stan Selby	15/03/15	WAAS	37.56
Geoff Brayshaw	5/02/15	ECAC	32.18
Murray Tolbert	15/03/15	WAAS	30.78

### M70

Bert Carse	11/12/14	ECAC	19.02
Mike O'Reilly	26/04/14	Albany	18.65
Rob Young	03/11/14	G Coast	16.84

### M75

Bob Fergie	15/03/15	WAAS	19.90
Leon Sander	7/03/15	WAAS	19.52
Jeff Whittam	26/04/14	Albany	7.80

### M80

Rob Shand	15/03/15	WAAS	22.80
Jim Davis	15/03/15	WAAS	18.74
David Carr	26/04/14	Albany	16.12

### M85

Gordon Medcalf	15/03/15	WAAS	12.09
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### W30

### W35

Melissa Foster	7/03/15	WAAS	27.50
Byrony Glass	7/03/15	WAAS	19.55
Sal Sims	7/03/15	WAAS	14.53

### W40

Ali Matautia	15/03/15	WAAS	23.11
Vicki Cobby	7/03/15	WAAS	20.47

### W45

Suzi Graves	16/12/14	WAAS	25.66
Chris Schelfhout	24/02/15	WAAS	21.08
Lisa Limonas	16/12/14	WAAS	19.92

### W50

Deb Cox	31/01/15	Bunbury	21.36
Carmel Meyer	15/02/15	ECAC	20.06
Sharon Moloney	31/01/15	Bunbury	19.22

### W55

### W60

Barbara Brown	13/10/14	Alice	17.84
Barbara Wilson	26/04/14	Albany	16.62
Elizabeth Szczepanska	2/11/14	G Coast	15.69

### W65

Bev Hamilton	7/03/15	WAAS	16.93
Brenda Painter	26/04/14	Albany	13.70

### W70

Brenda Painter	15/03/15	WAAS	13.35
Erica Mercer	26/04/14	Albany	12.10
Ruth Johnson	20/12/14	Bunbury	11.28

### W75

Dorothy Whittam	26/04/14	Albany	9.98
Noela Medcalf	13/10/14	Alice	9.54
Maggie Flanders	26/04/14	Albany	9.48

## Shot Put

<b>M30</b>				<b>W30</b>			
Justin Vincent	20/11/14	ECAC	7.97				
<b>M35</b>				<b>W35</b>			
Greg Urbanowicz	3/04/15	Sydney	13.62	Byrony Galss	14/03/15	WAAS	10.76
				Melissa Foster	1/11/14	G Coast	9.71
				Sal Sims	14/03/15	WAAS	8.14
<b>M40</b>				<b>W40</b>			
Matt Staunton	7/03/15	WAAS	12.86	Ali Matautia	14/03/15	WAAS	9.83
Mal Clarke	14/03/15	WAAS	11.93	Vicki Cobby	7/03/15	WAAS	8.22
Mark Hamilton	26/04/14	Albany	10.97				
<b>M45</b>				<b>W45</b>			
Todd Davey	25/11/14	WAAS	14.54	Christine Schelfhout	27/01/15	WAAS	7.74
Greg Brush	14/03/15	WAAS	9.27	Suzi Graves	28/10/14	WAAS	6.69
Chris Neale	23/10/14	ECAC	8.41	Sue Bourn	7/03/15	WAAS	6.23
<b>M50</b>				<b>W50</b>			
Tim Lyons	14/03/15	WAAS	9.89	Sharon Moloney	3/03/15	Bunbury	9.28
Andrew Ward	26/04/14	Albany	9.41	Carmel Meyer	24/02/15	WAAS	7.35
Brian Feutrill	17/01/15	Bunbury	8.32	Deb Cox	31/01/15	Bunbury	7.03
<b>M55</b>				<b>W55</b>			
Tom Gravestock	23/12/14	WAAS	10.90				
John Dennehy	28/10/14	WAAS	5.84				
<b>M60</b>				<b>W60</b>			
Geoff Gee	27/01/15	WAAS	12.50	Elizabeth Szczepanska	1/11/14	G Coast	8.10
Oswald Igel	14/03/15	WAAS	11.77	Barbara Brown	12/10/14	Alice	7.82
Tom Gravestock	5/04/15	Sydney Ch	11.73	Barbara Wilson	26/04/14	Albany	7.12
<b>M65</b>				<b>W65</b>			
Greg Wilson	14/03/15	WAAS	8.64	Bev Hamilton	14/03/15	WAAS	8.39
Bob Fawcett	14/03/15	WAAS	6.72				
Mike Anderson	25/11/14	WAAS	6.40				
<b>M70</b>				<b>W70</b>			
Rob Young	13/12/14	Bunbury	9.29	Ruth Johnson	12/10/14	Alice	5.61
Brian Waldhuter	17/01/15	Bunbury	7.44	Lynne Schickert	23/10/14	ECAC	4.89
Mike O'Reilly	26/04/14	Albany	7.35	Erica Mercer	26/04/14	Albany	4.42
<b>M75</b>				<b>W75</b>			
Bob Fergie	26/04/14	Albany	7.79	Dorothy Whittam	26/04/14	Albany	6.51
Jeff Whittam	26/04/14	Albany	5.11	Maggie Flanders	26/04/14	Albany	4.50
<b>M80</b>							
Jim Davis	24/02/15	WAAS	10.64				
David Carr	23/10/14	ECAC	7.14				
Rob Shand	14/10/14	WAAS	6.53				

## Weight Throw

### M30


### M35

Greg Urbanowicz	5/04/15	Sydney Ch	14.84
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### M40

Matt Staunton	7/03/15	WAAS	14.03
Mal Clarke	15/03/15	WAAS	10.28
Mark Hamilton	15/03/15	WAAS	8.60

### M45

Todd Davey	3/11/14	G Coast	13.86
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### M50

Andrew Ward	17/02/15	WAAS	10.41
Garry Hastie	31/01/15	Bunbury	9.09

### M55

Tom Gravestock	4/11/14	WAAS	13.25
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### M60

Geoff Gee	6/01/15	WAAS	17.22
Tom Gravestock	6/04/15	Sydney Ch	16.08
Oswald Igel	7/03/15	WAAS	14.30

### M65

Greg Wilson	5/04/15	Sydney Ch	8.41
Murray Tolbert	17/02/15	WAAS	6.96
Mike Anderson	6/01/15	WAAS	5.33

### M70

Rob Young	18/11/14	Bunbury	9.49
Lyle James	18/11/14	Bunbury	6.04

### M75

Bob Fergie	7/03/15	WAAS	10.35
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### M80

Jim Davis	6/01/15	WAAS	12.85
Jeff Whittam	15/03/15	WAAS	8.93

### W30

Shanell Staunton	15/03/15	WAAS	8.20
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### W35

Byrony Glass	15/03/15	WAAS	17.71
Sal Sims	14/02/15	Bunbury	9.39
Shanell Staunton	14/02/15	Bunbury	8.77

### W40

Ali Matautia	15/03/15	WAAS	8.28
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### W45

Christine Schelfhout	07/03/15	WAAS	8.85
Sharon Moloney	18/11/14	Bunbury	7.04

### W50

Sharon Moloney	21/10/15	Bunbury	8.64
Deb Cox	31/01/15	Bunbury	6.38
Michelle Link	03/11/14	G Coast	5.89

### W55

### W60

Elizabeth Szczepanska	03/11/14	G Coast	10.25
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### W65

Bev Hamilton	06/04/15	Sydney Ch	11.71
Kate Glass	15/03/15	WAAS	11.09

### W70

Ruth Johnson	18/11/14	Bunbury	8.13
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## Parkrun 5km Men

### M30

Stuart MacKinnon	13/12/14	Pioneer	19:15
David Lee	20/09/14	Carine	19:48
Alex Tinniswood	7/03/15	Pioneer	21:40

### M35

Rob Nichols	17/05/14	Claisebrook	16:45
Hamish McLeod	21/02/15	Joondalup	18:21
Grahak Cunningham	11/10/14	Claisebrook	18:37

### M40

Todd Ingraham	23/08/14	Canning R	16:41
Kim Thomas	22/11/14	Canning R	17:02
Anthony Smith	17/05/14	Aveley	18:24

### M45

Steve McKean	28/06/15	Claisebrook	16:55
Xander van Rijen	13/09/14	Joondalup	17:53
Jim Farr	19/07/14	Pioneer	22:18

### M50

Lachlan Marr	2/08/14	Claisebrook	19:16
Rod Hamilton	5/07/14	Carine	19:28
Paul Odam	11/10/14	Canning R	19:38

### M55

Trevor Scott	22/11/14	Heirisson	17:48
John Allen	19/04/14	Canning R	20:51
Bernard Mangan	15/11/14	Heirisson	21:42

### M60

Danny Sheehan	1/11/14	Kalgoorlie	19:05
Giovanni Puglisi	21/06/14	Claisebrook	19:20
Brian Hewitt	5/07/14	Canning R	19:38

### M65

Graeme Dahl	7/03/15	Bibra Lake	21:25
Michael Lee	20/12/14	Carine	21:53
Frank Gardiner	10/01/15	Claisebrook	22:36

### M70

Jim Langford	21/03/15	Canning R Perth	20:06
Bert Carse	26/07/14	Scotland Rushcliffe	20:33
John Oldfield	2/08/14	UK	22:07

### M75

Merv Jones	11/10/14	Canning R	27:11
Brian Smith	7/06/14	Claisebrook	31:04
Leon Sander	13/12/14	Bunbury	32:02

### M80

Ray Hall	19/04/14	Rock'ham	36:44
Vic Beaumont	22/11/14	Rock'ham	42:26

### M85

Vic Beaumont	24/01/15	Rock'ham	41:30
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## Women

### W30

Kristy Devereux	7/06/14	Canning R	22:34
Wendy Burgess	14/03/15	Claisebrook	22:37
Bronwyn Bell	20/12/14	Carine	28:02

### W35

Clare Wardle	30/08/14	Joondalup	19:48
Kelly Underwood	15/11/14	Aveley	24:59
Danielle Baldock	21/03/15	Joondalup	26:59

### W40

Tina Major	5/07/14	Carine	18:41
Clare Wardle	21/03/15	Dawesville	19:32
Lisa Searle	21/03/15	Canning R	20:33

### W45

Amanda Walker	5/04/14	Claisebrook	20:24
Fiona Leonard	21/03/15	Claisebrook	20:24
Sandra Stockman	28/06/14	Claisebrook	21:01

### W50

Sue Zlnay	10/01/15	Carine	20:50
Denise Newport	9/08/14	Claisebrook	23:48
Karyn Gower	24/01/15	Carine	23:29

### W55

Sue Zlnay	21/02/15	Carine	20:42
Karyn Gower	21/03/15	Carine	23:25
Robin King	21/02/15	Canning R	36:45

### W60

Margaret Saunders	6/09/14	Joondalup	23:56
Carol Bowman	7/03/15	Bibra Lake	25:35
Liz Neville	8/11/14	Canning R	26:45

### W65

Gillian Young	3/01/15	Claisebrook	26:40
Christine Oldfield	15/11/14	Claisebrook	30:41

### W70

Christine Oldfield	13/12/14	Carine	30:08
Bridget Carse	21/06/14	Inverness	35:10

### W75

Sheila Maslen	5/04/14	Canning R	40:25
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