

## April/May 2015 Results

*Includes all meets where MAWA athletes are known to have competed  
Note that all records are pending until ratified by the appropriate authorities*

### WAAS - 14 April

<b>200m</b>				<b>60m</b>			
Colin Smith	M50	32.2		Colin Smith	M50	8.7	
Fran Cherry	W50	34.3		Rosie Lehane	Vis	8.9	
Irwin Barrett-Lennard	M85	44.1		Arianna Tolardo	Vis	9.3	
				Fran Cherry	W50	9.8	
				Silke Peglow	W45	12.0	
<b>800m</b>				<b>3000m</b>			
Mark Dawson	M50	2:56.7		Mark Dawson	M50	12:25.0	
Frank Gardiner	M65	3:06.5		Campbell Till	M55	12:52.4	
Carol Bowman	W60	3:26.2		Frank Gardiner	M65	13:07.1	
Delia Baldock	W50	3:45.8		Rosie Lehane	Vis	14:30.7	
				Arianna Tolardo	Vis	15:15.0	
<b>400m</b>							
Colin Smith	M50	65.8		Silke Peglow	W45	16:03.3	<b>PBA</b>
Frank Gardiner	M65	84.3		John Dennehy	M55	16:54.5	
Carol Bowman	W60	1:31.8		Irwin Barrett-Lennard	M85	17:21.1	
Irwin Barrett-Lennard	M85	1:47.8					
				<b>3000m walk</b>			
				Karyn Tolardo	W45	17:22.7	
				Isabella Tolardo	Vis	19:51.3	

### WAAS- 21 April

<b>1000m</b>				<b>100m</b>			
Mark Dawson	M50	3:42.7		Colin Smith	M50	13.3	
Carol Bowman	W60	4:25.0	<b>PBA</b>	Tony Downey	M55	14.2	
				Barrie Kernaghan	M75	15.8	
<b>200m</b>				<b>3000m</b>			
Colin Smith	M50	29.0		Campbell Till	M55	12:45.8	
Tony Downey	M55	29.7		Tony Downey	M55	13:49.0	
Barrie Kernaghan	M75	31.9		Blakeney Tindall	M50	14:17.3	
				John Dennehy	M55	16:20.0	<b>PBA</b>
<b>mile</b>				<b>3000m walk</b>			
Mark Dawson	M50	6:17.5		Karyn Tolardo	W45	17:05.4	<b>PBA</b>
Carmel Meyer	W50	7:05.6	<b>PBA</b>	Sylvia Byers	W80	23:37.4	
Lorraine Lopes	W75	7:46.5	<b>AR (p)</b>				
David Carr	M80	7:48.6		<b>1000m walk</b>			
Delia Baldock	W50	8:19.1		Sylvia Byers	W80	7:34.0	
				Lorna Lauchlan	W85	8:19.2	

### WAAS - 28 April

<b>800m</b>				<b>3000m walk</b>			
Neil Morfitt	M55	2:22.0		Sylvia Byers	W80	23:54.0	
Mark Dawson	M50	2:44.2					
Carmel Meyer	W50	3:04.7		<b>400m</b>			
Carol Bowman	W60	3:19.7	<b>PBA</b>	Colin Smith	M50	62.8	
Fran Cherry	W50	3:23.6		Carmel Meyer	W50	74.2	
				Barrie Kernaghan	M75	75.4	
<b>100m</b>							
Colin Smith	M50	12.9		Mark Dawson	M50	75.8	
Marion Brodeau	Vis	13.3		Fran Cherry	W50	84.4	
Justin Vincent	M30	13.7		Delia Baldock	W50	87.3	
Barrie Kernaghan	M75	15.3		Carol Bowman	W60	88.8	
Elly Vincent	Vis	16.9		Elly Vincent	Vis	1:30.2	
				Irwin Barrett-Lennard	M85	1:51.7	
<b>5000m</b>							
Mark Dawson	M50	21:23.0					
Campbell Till	M55	22:20.3					
Justin Vincent	M30	23:18.2					
John Dennehy	M55	28:52.7					
Irwin Barrett-Lennard	M85	29:42.3					

**WAAS - 5 May****60m**

Colin Smith	M50	8.7	
Barrie Kernaghan	M75	9.4	
Juliana Kelly	W50	10.5	
Mark Dawson	M50	10.8	
Irwin Barrett-Lennard	M85	12.0	

**400m**

Colin Smith	M50	62.4	<b>SB</b>
David Solomon	M50	65.8	
Barrie Kernaghan	M75	83.3	
Carol Bowman	W60	85.8	<b>SB</b>
Juliana Kelly	W50	89.8	

**1500m**

Mark Dawson	M50	5:39.3	
Delia Baldock	W50	7:29.9	
Juliana Kelly	W50	7:33.4	
Irwin Barrett-Lennard	M85	8:18.1	

**200m**

Colin Smith	M50	29.3	
Barrie Kernaghan	M75	33.8	
Juliana Kelly	W50	36.9	<b>PBA</b>
Carol Bowman	W60	38.3	
Irwin Barrett-Lennard	M85	42.1	<b>SB</b>

**5000m**

David Solomon	M50	20:13.1	
Mark Dawson	M50	21:00.6	<b>SB</b>
Campbell Till	M55	21:49.1	<b>PBA</b>

**3000m**

John Dennehy	M55	16:58.9	
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**3000m walk**

Karyn Tolardo	W45	17:31.5	
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**1500m walk**

Karyn Tolardo	W45	8:21.9	<b>PBA</b>
John Dennehy	M55	8:57.4	<b>PBA</b>
Sylvia Byers	W80	11:24.2	

**WAAS - 12 May****200m**

Colin Smith	M50	27.4	<b>SB</b>
Tony Downey	M55	29.3	<b>SB</b>
David Solomon	M50	30.4	
Barrie Kernaghan	M75	30.6	<b>SB</b>
Mark Dawson	M50	36.0	

**800m**

Mark Dawson	M50	2:32.9	<b>SB</b>
David Solomon	M50	2:40.4	
Juliana Kelly	W50	3:37.0	
Delia Baldock	W50	3:38.2	<b>SB</b>

**3000m**

David Solomon	M50	12:17.7	
Campbell Till	M55	12:39.5	<b>SB</b>
Blakeney Tindall	M50	13:56.9	<b>SB</b>
Juliana Kelly	W50	16:19.4	

**1000m walk**

Sylvia Byers	W80	7:37.2	
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**300m**

Colin Smith	M50	43.2	
Tony Downey	M55	46.6	
David Solomon	M50	48.8	
Barrie Kernaghan	M75	49.7	
Juliana Kelly	W50	66.6	

**2000m steeplechase**

Bjorn Dybdahl	M60	7:53.2	<b>PBA</b>
David Solomon	M50	9:23.3	
Carmel Meyer	W50	10:02.6	
David Carr	M80	10:13.5	
Julie Wilson	W60	10:33.4	
Eamonn McNulty	M55	10:48.1	
John Dennehy	M55	11:23.0	<b>PBA</b>
Greg Wilson	M65	11:29.3	
Irwin Barrett-Lennard	M85	12:30.4	<b>AR (p)</b>
Cecil Walkley	M85	24:50.0	

**WAAS - 19 May****400m**

Mark Elms	M45	58.0	
Colin Smith	M50	60.0	<b>SB</b>
Tony Downey	M55	65.6	

**60m**

Mark Elms	M45	8.2	
Colin Smith	M50	8.7	
Tony Downey	M55	9.2	
Irwin Barrett-Lennard	M85	12.3	

**5000m**

Milton Mavrick	M60	23:08.9	<b>PBA</b>
Blakeney Tindall	M50	23:27.2	<b>PBA</b>
Tony Downey	M55	24:44.8	

**5000m walk**

Karyn Tolardo	W45	29:06.1	<b>PBA</b>
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**3000m**

John Dennehy	M55	16:08.0	<b>PBA</b>
Irwin Barrett-Lennard	M85	17:43.4	

**100m**

Mark Elms	M45	13.3	
Colin Smith	M50	14.0	
Tony Downey	M55	15.0	
Irwin Barrett-Lennard	M85	20.2	

**1500m**

David Carr	M80	7:06.0	
Karyn Tolardo	W45	7:19.4	
Jackie Halberg	W65	7:22.2	<b>PBA</b>
Delia Baldock	W50	7:22.2	<b>SB</b>

**WAAS - 26 May****1000m**

Mark Dawson	M50	3:20.1	
Bjorn Dybdahl	M60	3:29.2	
Tony Downey	M55	3:33.6	
Carmel Meyer	W50	3:57.1	<b>PBA</b>
David Carr	M80	4:00.2	
Maeve Lehane	Vis	4:10.6	
Carol Bowman	W60	4:14.7	<b>PBA</b>
Juliana Kelly	W50	4:44.4	
Silke Peglow	W45	4:46.3	
Irwin Barrett-Lennard	M85	5:34.2	<b>PBA</b>

**60m**

Colin Smith	M50	8.5	<b>SB</b>
Tony Downey	M55	8.6	<b>SB</b>
Maeve Lehane	Vis	9.8	
Juliana Kelly	W50	10.2	<b>SB</b>

**400m**

Colin Smith	M50	60.8	
Tony Downey	M55	69.5	
Carmel Meyer	W50	75.9	
Barrie Kernaghan	M75	79.2	
Maeve Lehane	Vis	84.0	
Juliana Kelly	W50	85.6	<b>SB</b>
Delia Baldock	W50	87.5	
Irwin Barrett-Lennard	M85	1:44.8	<b>SB</b>

**3000m**

Rosie Lehane	Vis	13:16.7
David Carr	M80	17:21.0
Irwin Barrett-Lennard	M85	17:49.5

**5000m**

Bjorn Dybdahl	M60	20:00.0	
Mark Dawson	M50	20:51.2	<b>SB</b>
Campbell Till	M55	22:12.4	
Milton Mavrick	M60	23:18.1	
Carmel Meyer	W50	25:19.5	
Silke Peglow	W45	26:38.0	<b>PBA</b>
John Dennehy	M55	27:05.0	<b>PBA</b>

**5000m walk**

Karyn Tolardo	W45	29:23.1
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**200m**

Colin Smith	M50	28.7
Tony Downey	M55	29.9
Barrie Kernaghan	M75	33.3
Irwin Barrett-Lennard	M85	44.1
Maeve Lehane	Vis	35.8
Silke Peglow	W45	44.8
Karyn Tolardo	W45	46.6