

# November 2015 Results

*Includes all meets where MAWA athletes are known to have competed  
 Note that SB refers to the combined winter and summer season (i.e. April 2015-March 2016)  
 Note also that all records are pending until ratified by the appropriate authorities*

## Bunbury - 31 October

### 300m Hurdles

|                 |     |      |
|-----------------|-----|------|
| Robyn Feutrill  | W50 | 63.4 |
| Brian Waldhuter | M75 | 71.2 |

### 400m Hurdles

|                |     |      |
|----------------|-----|------|
| Brian Feutrill | M50 | 69.1 |
|----------------|-----|------|

### Shot Put

|                 |     |      |
|-----------------|-----|------|
| Brian Waldhuter | M75 | 6.56 |
| Deb Cox         | W50 | 6.27 |
| Sharon Moloney  | W50 | 5.75 |

### Javelin

|                 |     |       |           |
|-----------------|-----|-------|-----------|
| Garry Hastie    | M50 | 28.62 |           |
| Brian Feutrill  | M50 | 26.71 |           |
| Deb Cox         | W50 | 18.32 | <b>SB</b> |
| Brian Waldhuter | M75 | 14.58 | <b>SB</b> |
| Robyn Feutrill  | W50 | 10.34 |           |
| Sharon Moloney  | W50 | 7.95  |           |

## WAAS - 3 November

### 100m

|               |     |      |             |
|---------------|-----|------|-------------|
| Wendy Seegers | W35 | 11.8 | <b>PBA=</b> |
| Aaron Roberts | Vis | 12.8 |             |
| Nick Best     | Vis | 13.1 |             |
| David Adams   | M35 | 14.6 | <b>SB</b>   |

|                  |     |      |            |
|------------------|-----|------|------------|
| Doug Peyman      | Vis | 14.2 |            |
| Barrie Kernaghan | M75 | 14.6 | <b>PBA</b> |
| Fiona Leonard    | W45 | 14.6 | <b>SB</b>  |
| Fran Cherry      | W50 | 15.8 | <b>SB</b>  |

|               |     |      |            |
|---------------|-----|------|------------|
| Paul Foley    | M50 | 13.9 | <b>PBA</b> |
| Juliana Kelly | W50 | 15.7 |            |
| John Dennehy  | M55 | 17.6 |            |
| Jemma Foley   | Vis | 18.1 |            |
| Carol Bowman  | W60 | 18.8 |            |

### 1000m

|                |     |        |            |
|----------------|-----|--------|------------|
| Todd Ingraham  | M40 | 2:58.8 |            |
| Mark Dawson    | M50 | 3:18.8 | <b>SB</b>  |
| Aaron Roberts  | Vis | 3:30.4 |            |
| Campbell Till  | M55 | 3:34.3 |            |
| Bruce Wilson   | M70 | 3:49.7 |            |
| Craig Campbell | Vis | 3:54.6 |            |
| Graeme Dahl    | M65 | 3:56.0 | <b>SB</b>  |
| Alan Gray      | M50 | 3:56.5 |            |
| Ivan Brown     | M70 | 4:07.7 |            |
| Juliana Kelly  | W50 | 4:24.0 | <b>PBA</b> |
| Delia Baldock  | W50 | 4:29.1 |            |

### 1000m walk

|               |     |        |
|---------------|-----|--------|
| Karyn Tolardo | W50 | 5:23.9 |
| Sylvia Byers  | W80 | 7:56.5 |

### 5000m

|                |     |         |
|----------------|-----|---------|
| Mark Dawson    | M50 | 21:15.5 |
| Alan Gray      | M50 | 22:08.7 |
| David Adams    | M35 | 23:32.5 |
| Craig Campbell | Vis | 24:37.3 |
| Nick Best      | Vis | 27:03.2 |

### 3000m

|             |     |         |
|-------------|-----|---------|
| Graeme Dahl | M65 | 12:55.8 |
|-------------|-----|---------|

### 3000m walk

|               |     |         |
|---------------|-----|---------|
| Karyn Tolardo | W50 | 17:30.8 |
|---------------|-----|---------|

### 400m (Patron's Trophy)

|                |     |      |                  |
|----------------|-----|------|------------------|
| Wendy Seegers  | W35 | 57.9 | n/a              |
| Andrew Brooker | M45 | 60.2 | 80.03            |
| Todd Ingraham  | M40 | 63.1 | 73.71 <b>PBA</b> |
| Bruce Wilson   | M70 | 80.0 | n/a              |

|                  |     |      |       |
|------------------|-----|------|-------|
| Nick Best        | Vis | 58.9 | n/a   |
| Doug Peyman      | Vis | 68.5 | n/a   |
| David Adams      | M35 | 72.5 | 63.23 |
| Barrie Kernaghan | M75 | 75.4 | n/a   |

|               |     |      |                 |
|---------------|-----|------|-----------------|
| Fiona Leonard | W45 | 69.3 | n/a             |
| Ivan Brown    | M70 | 82.4 | 71.60 <b>SB</b> |
| Henri Cortis  | M65 | 85.9 | n/a             |
| Carol Bowman  | W60 | 86.2 | 74.65           |

|                |     |      |                  |
|----------------|-----|------|------------------|
| Andrew Brooker | M45 | 71.3 | n/a              |
| Juliana Kelly  | W50 | 78.3 | n/a <b>PBA</b>   |
| John Dennehy   | M55 | 79.6 | 64.74 <b>PBA</b> |

### Triple Jump

|                |     |      |            |
|----------------|-----|------|------------|
| Steven Michael | Vis | 9.06 |            |
| Dave Wyatt     | M60 | 8.90 |            |
| Paul Foley     | M50 | 8.69 |            |
| Fran Cherry    | W50 | 7.12 | <b>SB</b>  |
| David Adams    | M35 | 6.63 | <b>PBA</b> |
| Gay Wyatt      | W60 | 6.47 |            |
| Jemma Foley    | Vis | 5.53 |            |

### Weight

|              |     |       |           |
|--------------|-----|-------|-----------|
| Geoff Gee    | M60 | 16.78 |           |
| Byrony Glass | W35 | 16.75 | <b>SB</b> |
| Todd Davey   | M45 | 13.20 |           |
| Andrew Ward  | M50 | 10.48 |           |
| Sal Sims     | W35 | 8.41  | <b>SB</b> |

### Javelin

|             |     |       |           |
|-------------|-----|-------|-----------|
| Todd Davey  | M45 | 39.09 |           |
| Paul Foley  | M50 | 38.73 |           |
| Andrew Ward | M50 | 33.14 |           |
| Geoff Gee   | M60 | 30.60 |           |
| Rob Shand   | M80 | 19.69 | <b>SB</b> |
| Jemma Foley | Vis | 12.08 |           |

**Bunbury – November 3****400m**

|                 |     |        |
|-----------------|-----|--------|
| Ruth Johnson    | W70 | 1.34.7 |
| Leon Sander     | M75 | 1.50.9 |
| Lyle James      | M75 | 2.30.7 |
| Brian Feutrill  | M50 | 63.0   |
| Rosemary Giles  | W40 | 1.12.0 |
| Robyn Feutrill  | W50 | 1.22.9 |
| Brian Waldhuter | M75 | 1.30.9 |

**Long Jump**

|                 |     |      |
|-----------------|-----|------|
| Brian Feutrill  | M50 | 4.68 |
| Brian Waldhuter | M75 | 3.21 |
| Robyn Feutrill  | W50 | 3.06 |
| Rosemary Giles  | W40 | 2.81 |
| Ruth Johnson    | W70 | 2.60 |
| Deb Cox         | W50 | 2.52 |
| Sharon Moloney  | W50 | 2.29 |
| Leon Sander     | M75 | 2.19 |
| Lyle James      | M75 | 1.28 |

**1500m**

|                |     |        |            |
|----------------|-----|--------|------------|
| Rosemary Giles | W40 | 5:35.7 | <b>PBA</b> |
|----------------|-----|--------|------------|

**2000m**

|                |     |         |            |
|----------------|-----|---------|------------|
| Robyn Feutrill | W50 | 9:35.2  | <b>PBA</b> |
| Ruth Johnson   | W70 | 11:25.3 |            |
| Sharon Moloney | W50 | 12:24.7 |            |
| Lyle James     | M75 | 14:17.1 | <b>PBA</b> |

**2000m walk**

|              |     |         |
|--------------|-----|---------|
| Garry Hastie | M50 | 10:20.2 |
|--------------|-----|---------|

**Javelin**

|                 |     |       |
|-----------------|-----|-------|
| Leon Sander     | M75 | 17.34 |
| Brian Waldhuter | M75 | 13.68 |
| Rosemary Giles  | W40 | 10.43 |

**Hammer**

|                |     |       |
|----------------|-----|-------|
| Bruce Cornish  | M65 | 25.19 |
| Sharon Moloney | W50 | 24.76 |
| Garry Hastie   | M50 | 20.28 |
| Deb Cox        | W50 | 16.78 |
| Ruth Johnson   | W70 | 15.69 |

**ECAC – November 5****100m (Patron's)**

|               |     |      | <b>% points</b> |           |
|---------------|-----|------|-----------------|-----------|
| Kep Knudson   | M35 | 13.4 | 74.40           | <b>SB</b> |
| Owen Richards | M35 | 13.6 | n/a             | <b>SB</b> |
| Sue Bourn     | W45 | 14.9 | 80.54           | <b>SB</b> |
| John Dennehy  | M55 | 17.0 | 67.12           |           |

|               |     |      |       |            |
|---------------|-----|------|-------|------------|
| Carol Bowman  | W60 | 18.3 | 74.70 | <b>PBA</b> |
| Bob Schickert | M70 | 18.4 | 70.87 |            |
| David Carr    | M80 | 19.2 | 77.86 |            |

|                 |     |      |       |           |
|-----------------|-----|------|-------|-----------|
| Janne Wells     | W45 | 16.7 | 71.14 | <b>SB</b> |
| Karyn Tolardo   | W50 | 20.1 | 61.04 |           |
| Lynne Schickert | W70 | 24.7 | 63.36 | <b>SB</b> |

**200m**

|                 |     |      |
|-----------------|-----|------|
| Donna Abbey     | Vis | 32.5 |
| Maureen Keshwar | W60 | 36.9 |
| Anthony Lance   | Vis | 38.5 |
| Carol Bowman    | W60 | 38.9 |
| Kristine Wells  | Vis | 42.9 |
| Tyla Lance      | Vis | 45.2 |

**800m**

|                |     |        |
|----------------|-----|--------|
| Kep Knudson    | M35 | 2:59.7 |
| Randy Hobbs    | M55 | 3:07.6 |
| Delia Baldock  | W50 | 3:21.1 |
| Kristine Wells | Vis | 3:25.6 |
| Anthony Lance  | Vis | 3:26.8 |
| Donna Abbey    | Vis | 3:38.5 |
| Tyla Lance     | Vis | 4:41.4 |

**100m (non Patron's)**

|                  |     |      |           |
|------------------|-----|------|-----------|
| Donna Abbey      | Vis | 15.0 |           |
| Ryan Lance       | Vis | 15.2 |           |
| Maureen Keshwar  | W60 | 16.8 | <b>SB</b> |
| Isabella Tolardo | Vis | 17.1 |           |
| Anthony Lance    | Vis | 17.7 |           |
| Kristine Wells   | Vis | 18.2 |           |
| Tyla Lance       | Vis | 20.3 |           |

**Discus (Patron's)**

|                 |     |       | <b>% points</b> |
|-----------------|-----|-------|-----------------|
| Kep Knudson     | M35 | 19.71 | 26.61           |
| Bob Schickert   | M70 | 16.43 | 34.93           |
| Janne Wells     | W45 | 15.80 | 25.49           |
| John Dennehy    | M55 | 14.85 | 22.57           |
| Sue Bourn       | W45 | 13.26 | 21.77           |
| David Carr      | M80 | 13.19 | 37.83           |
| Karyn Tolardo   | W50 | 12.44 | 21.15           |
| Carol Bowman    | W60 | 12.10 | 25.64           |
| Lynne Schickert | W70 | 11.33 | 33.86           |

**3000m**

|                  |     |         |
|------------------|-----|---------|
| Ryan Lance       | Vis | 12:13.4 |
| David Carr       | M80 | 15:39.5 |
| Jackie Halberg   | W65 | 16:33.3 |
| Isabella Tolardo | Vis | 16:36.1 |
| John Dennehy     | M55 | 17:15.1 |

**3000m walk**

|               |     |         |
|---------------|-----|---------|
| Karyn Tolardo | W50 | 17:49.2 |
|---------------|-----|---------|

**Triple Jump**

|                 |     |       |           |
|-----------------|-----|-------|-----------|
| Kep Knudson     | M35 | 10.52 | <b>SB</b> |
| Lynne Schickert | W70 | 5.15  | <b>SB</b> |

**Discus (non Patron's)**

|                   |     |       |
|-------------------|-----|-------|
| Todd Davey        | M45 | 42.59 |
| Mark Hamilton     | M45 | 35.08 |
| Zoe Richards      | Vis | 25.01 |
| Julie Plackett    | W45 | 20.95 |
| Michelle De Silva | W40 | 19.36 |

**Shot**

|                   |     |       |           |
|-------------------|-----|-------|-----------|
| Todd Davey        | M45 | 13.74 |           |
| Mark Hamilton     | M45 | 10.28 |           |
| Zoe Richards      | Vis | 8.11  |           |
| Michelle De Silva | W40 | 7.11  | <b>SB</b> |
| Julie Plackett    | W45 | 6.91  |           |

## Bunbury – 7 November

### 10000m

Rosemary Giles W40 42:50.0

### 5000m

Sharon Moloney W50 32:50.1 **PBA**  
Brian Waldhuter M75 34:00.8

### Hammer

Sharon Moloney W50 25.97 **SB**  
Brian Waldhuter M75 16.77

### Weight

Brian Waldhuter M75 7.79  
Sharon Moloney W50 7.40

## Strive – 6 November

### 100m

Wendy Seegers W40 11.98 **PBA**  
Paul Jeffery M40 11.86 **PBA**  
Barrie Kernaghan M75 15.13 **SB**  
Alan Deans M65 16.88 **PBA**

### 400m

Fiona Leonard W45 66.89 **PBA**  
Barrie Kernaghan M75 74.25 **SB**

### 1500m

Mark Dawson M50 5:19.16 **SB**

### Hammer

Byrony Glass W35 HT 48.40  
Andrew Ward M50 HT 22.67

### Javelin

Andrew Ward M50 J 32.38  
Paul Jeffery M40 J 48.63

### Long Jump

Paul Jeffery M40 LJ 5.90

### Pole Vault

Paul Jeffery M40 PV 3.80

## WAAS - 10 November

### 100m (Patron's Trophy)

|                |     |      | Points % |           |
|----------------|-----|------|----------|-----------|
| Kep Knudson    | M35 | 12.9 | 77.29    | <b>SB</b> |
| Andrew Brooker | M45 | 13.3 | 80.38    |           |
| Doug Peyman    | Vis | 13.8 | n/a      |           |
| Todd Ingraham  | M40 | 14.0 | 73.79    |           |

|                  |     |      |       |  |
|------------------|-----|------|-------|--|
| Lisa Limonas     | W45 | 14.2 | n/a   |  |
| David Adams      | M35 | 14.8 | 68.78 |  |
| Barrie Kernaghan | M75 | 15.2 | n/a   |  |
| Steve White      | Vis | 15.7 | n/a   |  |

|                       |     |      |       |  |
|-----------------------|-----|------|-------|--|
| Nick Best             | Vis | 14.0 | n/a   |  |
| Brian Kinneen         | Vis | 14.3 | n/a   |  |
| John Dennehy          | M55 | 16.9 | 67.51 |  |
| Irwin Barrett-Lennard | M85 | 20.2 | 78.12 |  |

|                |     |      |       |            |
|----------------|-----|------|-------|------------|
| Tracey Bauer   | Vis | 16.5 | n/a   |            |
| Peggy Macliver | W70 | 16.7 | n/a   |            |
| Ivan Brown     | M70 | 17.0 | 73.06 | <b>PBA</b> |
| Carol Bowman   | W60 | 18.1 | 75.52 | <b>SB</b>  |

### 200m

|               |     |      |            |  |
|---------------|-----|------|------------|--|
| Nick Best     | Vis | 27.6 |            |  |
| Todd Ingraham | M40 | 28.9 |            |  |
| Doug Peyman   | Vis | 28.9 |            |  |
| David Adams   | M35 | 30.9 | <b>PBA</b> |  |

|                       |     |      |  |  |
|-----------------------|-----|------|--|--|
| Brian Kinneen         | Vis | 29.3 |  |  |
| Barrie Kernaghan      | M75 | 30.9 |  |  |
| Peggy Macliver        | W70 | 35.8 |  |  |
| Irwin Barrett-Lennard | M85 | 44.0 |  |  |

### 800m

|               |     |        |           |  |
|---------------|-----|--------|-----------|--|
| Chris Groom   | M45 | 2:34.0 |           |  |
| Kep Knudson   | M35 | 2:41.2 | <b>SB</b> |  |
| Steve White   | Vis | 2:51.7 |           |  |
| Brian Kinneen | Vis | 2:53.6 |           |  |
| Graeme Dahl   | M65 | 3:01.7 |           |  |
| Alan Gray     | M50 | 3:06.1 |           |  |
| Ivan Brown    | M70 | 3:10.5 | <b>SB</b> |  |
| Tracy Bauer   | Vis | 3:18.8 |           |  |
| Carol Bowman  | W60 | 3:19.0 |           |  |
| Delia Baldock | W50 | 3:25.1 |           |  |

### Discus (Patron's)

|                |     |       |       |  |
|----------------|-----|-------|-------|--|
| Andrew Brooker | M45 | 25.08 | 36.23 |  |
| John Dennehy   | M55 | 13.53 | 20.57 |  |
| David Adams    | M35 | 10.57 | 14.27 |  |

### 3000m

|                       |     |         |  |  |
|-----------------------|-----|---------|--|--|
| Brian Kinneen         | Vis | 12:47.9 |  |  |
| Kep Knudson           | M35 | 12:49.1 |  |  |
| Graeme Dahl           | M65 | 13:03.8 |  |  |
| Steve White           | Vis | 13:42.5 |  |  |
| Doug Peyman           | Vis | 14:37.4 |  |  |
| Irwin Barrett-Lennard | M85 | 18:33.5 |  |  |

### 3000m walk

Sylvia Byers W80 24:19.2

### 2000m steeplechase

|               |     |         |           |  |
|---------------|-----|---------|-----------|--|
| Nick Best     | Vis | 9:27.0  |           |  |
| Alan Gray     | M50 | 9:36.9  |           |  |
| David Adams   | M35 | 9:48.8  |           |  |
| John Dennehy  | M55 | 11:26.8 |           |  |
| Cecil Walkley | M85 | 22:59.9 | <b>SB</b> |  |

### High Jump

|              |     |      |            |  |
|--------------|-----|------|------------|--|
| Nick Best    | Vis | 1.50 |            |  |
| Dave Wyatt   | M60 | 1.40 |            |  |
| Lisa Limonas | W45 | 1.30 |            |  |
| Ivan Brown   | M70 | 1.15 | <b>PBA</b> |  |
| Gay Wyatt    | W60 | 1.05 | <b>SB</b>  |  |
| David Adams  | M35 | 0.95 |            |  |

### Shot

|                   |     |       |           |  |
|-------------------|-----|-------|-----------|--|
| Liam Gartlan      | Vis | 14.54 |           |  |
| Todd Davey        | M45 | 13.59 |           |  |
| Geoff Gee         | M60 | 12.48 | <b>SB</b> |  |
| Ossi Igel         | M60 | 11.76 |           |  |
| Tom Gravestock    | M60 | 11.50 |           |  |
| Byrony Glass      | W35 | 10.50 |           |  |
| Yolanda Carstens  | W50 | 9.34  |           |  |
| Cheryl McMahon    | W40 | 8.02  |           |  |
| Sal Sims          | W35 | 7.21  |           |  |
| Michelle De Silva | W40 | 6.72  |           |  |
| Mike Anderson     | M65 | 5.84  |           |  |

**Discus (non Patron's)**

|                |     |       |           |
|----------------|-----|-------|-----------|
| Tom Gravestock | M60 | 44.85 |           |
| Liam Gartlan   | Vis | 44.72 |           |
| Todd Davey     | M45 | 42.18 |           |
| Ossi Igel      | M60 | 39.16 | <b>SB</b> |
| Geoff Gee      | M60 | 37.36 | <b>SB</b> |

|                   |     |       |           |
|-------------------|-----|-------|-----------|
| Cheryl McMahon    | W40 | 27.82 | <b>SB</b> |
| Nick Best         | Vis | 19.65 |           |
| Michelle De Silva | W40 | 17.43 |           |
| Mike Anderson     | M65 | 14.97 |           |

**ECAC – November 12****5000m (Patron's Trophy)**

|                |     |         | <b>% points</b> |            |
|----------------|-----|---------|-----------------|------------|
| Steve Weller   | M40 | 18:06.9 | 73.69           | <b>PBA</b> |
| Andrew Davison | M50 | 18:14.0 | n/a             |            |
| Mike Bryant    | M40 | 21:44.3 | n/a             |            |
| Jim Langford   | M70 | 21:52.4 | n/a             |            |
| Andy Abbey     | Vis | 22:19.7 | n/a             |            |
| Sue Bourn      | W45 | 23:07.7 | 70.46           |            |
| Karyn Tolardo  | W50 | 25:53.3 | 64.56           |            |
| David Carr     | M80 | 26:32.6 | 83.98           |            |
| Bob Schickert  | M70 | 28:28.9 | 63.99           |            |
| John Dennehy   | M55 | 29:10.4 | 51.95           |            |
| Janne Wells    | W45 | 30:18.1 | 53.12           |            |

**3000m**

|               |     |         |  |
|---------------|-----|---------|--|
| Mike Meredith | Vis | 14:40.8 |  |
|---------------|-----|---------|--|

**300m**

|                |     |      |  |
|----------------|-----|------|--|
| Delia Baldock  | W50 | 58.5 |  |
| Colin Smith    | M50 | 59.0 |  |
| Kristine Wells | Vis | 67.0 |  |

**1500m**

|                |     |        |            |
|----------------|-----|--------|------------|
| Andy Abbey     | Vis | 6:12.3 |            |
| Randy Hobbs    | M55 | 6:12.8 | <b>PBA</b> |
| Kristine Wells | Vis | 8:18.9 |            |

**1500m walk**

|               |     |        |            |
|---------------|-----|--------|------------|
| Karyn Tolardo | W50 | 8:22.7 | <b>PBA</b> |
| Robin King    | W55 | 9:22.7 |            |
| Janne Wells   | W45 | 9:41.9 | <b>SB</b>  |

**60m**

|                 |     |      |           |
|-----------------|-----|------|-----------|
| Owen Richards   | M35 | 8.5  |           |
| Lynne Schickert | W70 | 14.6 | <b>SB</b> |

**Long Jump**

|                 |     |      |           |
|-----------------|-----|------|-----------|
| Kristine Wells  | Vis | 2.76 |           |
| Lynne Schickert | W70 | 2.33 | <b>SB</b> |

**Weight**

|                |     |       |  |
|----------------|-----|-------|--|
| Todd Davey     | M45 | 13.66 |  |
| Mark Hamilton  | M45 | 11.62 |  |
| Julie Plackett | W45 | 8.19  |  |

**Javelin**

|                |     |       |  |
|----------------|-----|-------|--|
| Todd Davey     | M45 | 41.34 |  |
| Mark Hamilton  | M45 | 28.41 |  |
| Julie Plackett | W45 | 16.63 |  |

**Strive, November 13****100m**

|                  |     |       |     |
|------------------|-----|-------|-----|
| Glenn Ross       | M40 | 11.85 | w/a |
| Barrie Kernaghan | M75 | 15.65 |     |
| Alan Deans       | M65 | 17.53 |     |

**200m**

|                  |     |       |                        |
|------------------|-----|-------|------------------------|
| Glenn Ross       | M40 | 23.58 |                        |
| Barrie Kernaghan | M75 | 30.70 | <b>SB</b>              |
| Wendy Seegers    | W40 | 24.42 | <b>SR - AR pending</b> |
| Fiona Leonard    | W45 | 30.03 | <b>PBA</b>             |

**800m**

|                  |     |         |            |
|------------------|-----|---------|------------|
| Xander van Rijen | M45 | 2:10.38 |            |
| Sharon Davis     | W40 | 2:31.77 |            |
| Fiona Leonard    | W45 | 2:33.30 | <b>PBA</b> |

**Discus**

|                      |     |       |           |
|----------------------|-----|-------|-----------|
| Todd Davey           | M45 | 41.65 |           |
| Byrony Glass         | W35 | 33.06 | <b>SB</b> |
| Christine Schelfhout | W45 | 19.56 |           |

**Shot**

|                      |     |       |  |
|----------------------|-----|-------|--|
| Todd Davey           | M45 | 13.46 |  |
| Byrony Glass         | W35 | 10.32 |  |
| Christine Schelfhout | W45 | 7.02  |  |

**Hammer**

|                      |     |       |  |
|----------------------|-----|-------|--|
| Todd Davey           | M45 | 38.47 |  |
| Byrony Glass         | W35 | 49.81 |  |
| Christine Schelfhout | W45 | 25.75 |  |

**Bunbury – Tuesday November 10****200m**

|                 |     |      |  |
|-----------------|-----|------|--|
| Brian Waldhuter | M75 | 35.2 |  |
| Robyn Feutrill  | W50 | 42.7 |  |
| Leon Sander     | M75 | 45.3 |  |
| Lyle James      | M75 | 48.7 |  |

**Triple Jump**

|                 |     |      |  |
|-----------------|-----|------|--|
| Brian Waldhuter | M75 | 7.38 |  |
| Leon Sander     | M75 | 6.38 |  |

**800m**

|                 |     |        |            |
|-----------------|-----|--------|------------|
| Rosemary Giles  | W40 | 2:47.6 |            |
| Robyn Feutrill  | W50 | 2:59.0 | <b>PBA</b> |
| Brian Waldhuter | M75 | 3:59.3 |            |
| Leon Sander     | M75 | 4:00.1 |            |
| Lyle James      | M75 | 5:07.6 |            |

**Shot Put**

|                |     |      |  |
|----------------|-----|------|--|
| Deb Cox        | W50 | 6.22 |  |
| Rosemary Giles | W40 | 5.76 |  |
| Lyle James     | M75 | 4.16 |  |

**WAAS - 17 November****300m**

|               |     |      |
|---------------|-----|------|
| Wendy Seegers | W35 | 39.7 |
| Nick Best     | Vis | 40.4 |
| Brian Kinneen | Vis | 46.9 |
| David Adams   | M35 | 51.9 |

|               |     |      |
|---------------|-----|------|
| Garry Ralston | M60 | 44.9 |
| David Solomon | M50 | 47.7 |
| Sarah Thorn   | Vis | 53.7 |
| Simon Temby   | Vis | 54.0 |
| Delia Baldock | W50 | 57.9 |

**1500m**

|                  |     |        |
|------------------|-----|--------|
| Mark Dawson      | M50 | 5:30.5 |
| Campbell Till    | M55 | 5:46.1 |
| Brian Kinneen    | Vis | 5:53.9 |
| Steve White      | Vis | 6:11.4 |
| Kep Knudson      | M35 | 6:48.1 |
| Allan Billington | Vis | 6:52.0 |

**1500m walk**

|              |     |         |
|--------------|-----|---------|
| Sylvia Byers | W80 | 11:54.9 |
|--------------|-----|---------|

**60m**

|                  |     |      |
|------------------|-----|------|
| Greg Brennan     | M45 | 7.8  |
| Garry Ralston    | M60 | 8.2  |
| Nick Best        | Vis | 8.6  |
| Allan Billington | Vis | 10.4 |

|                       |     |      |
|-----------------------|-----|------|
| Lisa Limonas          | W45 | 8.7  |
| David Solomon         | M50 | 8.9  |
| Simon Temby           | Vis | 9.1  |
| David Adams           | M35 | 9.6  |
| Irwin Barrett-Lennard | M85 | 11.5 |

**PBA****Long Jump**

|              |     |      |
|--------------|-----|------|
| Nick Best    | Vis | 5.06 |
| Lisa Limonas | W45 | 4.48 |
| Simon Temby  | Vis | 3.95 |
| David Adams  | M35 | 3.71 |
| Phil Smyth   | M65 | 3.57 |
| Gay Wyatt    | W60 | 3.24 |

**PBA****PBA****SB****Weight**

|                  |     |       |
|------------------|-----|-------|
| Geoff Gee        | M60 | 16.70 |
| Byrony Glass     | W35 | 16.65 |
| Todd Davey       | M45 | 13.66 |
| Cheryl McMahon   | W40 | 9.84  |
| Chris Schelfhout | W45 | 7.89  |

**SB****Hammer**

|                  |     |       |
|------------------|-----|-------|
| Todd Davey       | M45 | 36.66 |
| Geoff Gee        | M60 | 35.50 |
| Cheryl McMahon   | W40 | 27.25 |
| Chris Schelfhout | W45 | 26.99 |

**SB****SB****5000m**

|               |     |         |       |
|---------------|-----|---------|-------|
| Todd Ingraham | M40 | 16:46.0 | 80.22 |
| Steve Weller  | M40 | 18:08.6 | 73.58 |
| Kep Knudson   | M35 | 20:24.0 | 63.57 |
| Brian Kinneen | Vis | 21:04.7 | n/a   |
| David Solomon | M50 | 21:19.9 | n/a   |
| Mark Dawson   | M50 | 21:34.5 | n/a   |
| David Adams   | M35 | 22:17.4 | 59.45 |
| Alan Gray     | M50 | 22:18.9 | n/a   |
| Sue Bourn     | W45 | 22:28.3 | 72.52 |
| Steve White   | Vis | 22:55.1 | n/a   |
| Nick Best     | Vis | 24:19.4 | n/a   |
| Carol Bowman  | W60 | 25:28.0 | 76.37 |
| John Dennehy  | M55 | 27:13.9 | 55.66 |

**Points %****SB****PBA****ECAC – November 19****800m (Patron's Trophy)**

|                 |     |        |       |
|-----------------|-----|--------|-------|
| Sue Bourn       | W45 | 2:55.7 | 71.07 |
| John Dennehy    | M55 | 3:15.2 | 62.63 |
| David Carr      | M80 | 3:17.7 | 89.60 |
| Janne Wells     | W45 | 3:29.2 | 59.19 |
| Bob Schickert   | M70 | 3:33.9 | 68.88 |
| Karyn Tolardo   | W50 | 3:37.9 | 58.29 |
| Lynne Schickert | W70 | 5:34.0 | 58.96 |

**200m**

|               |     |      |
|---------------|-----|------|
| Fiona Leonard | W45 | 31.4 |
| Donna Abbey   | Vis | 33.4 |
| Delia Baldock | W50 | 36.2 |

**SB****3000m**

|                  |     |         |
|------------------|-----|---------|
| Ryan Lance       | Vis | 11:28.8 |
| Jim Langford     | M70 | 12:20.0 |
| Graeme Dahl      | M65 | 13:11.5 |
| Sandra Keenan    | Vis | 14:23.3 |
| Isabella Tolardo | Vis | 17:09.2 |

**3000m walk**

|               |     |         |
|---------------|-----|---------|
| Karyn Tolardo | W50 | 17:08.9 |
|---------------|-----|---------|

**2000m walk**

|            |     |         |
|------------|-----|---------|
| John Smith | M80 | 16:32.2 |
|------------|-----|---------|

**100m**

|                  |     |      |
|------------------|-----|------|
| Andy Abbey       | Vis | 15.7 |
| Isabella Tolardo | Vis | 17.3 |

**800m (non Patron's)**

|               |     |        |
|---------------|-----|--------|
| Fiona Leonard | W45 | 2:40.8 |
| Ryan Lance    | Vis | 2:51.0 |
| Delia Baldock | W50 | 3:21.7 |
| Colin Smith   | M50 | 3:21.9 |
| Donna Abbey   | Vis | 3:23.5 |
| Sandra Keenan | Vis | 3:26.7 |

**SB****Discus**

|                |     |       |
|----------------|-----|-------|
| Todd Davey     | M45 | 43.34 |
| Mark Hamilton  | M45 | 33.35 |
| Andrew Ward    | M50 | 29.41 |
| Zoe Richards   | Vis | 25.77 |
| Julie Plackett | W45 | 22.87 |
| Janet Hercock  | Vis | 13.41 |
| Sandra Keenan  | Vis | 11.69 |

**Shot**

|                |     |       |
|----------------|-----|-------|
| Todd Davey     | M45 | 14.21 |
| Mark Hamilton  | M45 | 10.55 |
| Andrew Ward    | M50 | 8.71  |
| Zoe Richards   | Vis | 8.38  |
| Julie Plackett | W45 | 6.95  |
| Janet Hercock  | Vis | 5.82  |

**SB****Triple Jump (Patron's Trophy)**

|                 |     |      |       |
|-----------------|-----|------|-------|
| Janne Wells     | W45 | 7.21 | 57.77 |
| John Dennehy    | M55 | 6.60 | 47.62 |
| David Carr      | M80 | 5.27 | 61.66 |
| Lynne Schickert | W70 | 5.14 | 64.09 |
| Karyn Tolardo   | W50 | 5.09 | 42.45 |

**PBA**

## Strive, WAAS – November 20

### 100m

|                  |     |       |            |
|------------------|-----|-------|------------|
| Mark Jeffery     | M45 | 12.57 | <b>PBA</b> |
| Greg Brennan     | M45 | 12.68 |            |
| Barrie Kernaghan | M75 | 15.23 |            |
| Alan Deans       | M65 | 17.71 |            |

### 400m

|                  |     |       |  |
|------------------|-----|-------|--|
| Fiona Leonard    | W45 | 67.73 |  |
| Barrie Kernaghan | M75 | 74.90 |  |

### 1500m

|             |     |         |           |
|-------------|-----|---------|-----------|
| Mark Dawson | M50 | 5:11.06 | <b>SB</b> |
|-------------|-----|---------|-----------|

### Javelin

|                  |     |       |  |
|------------------|-----|-------|--|
| Chris Schelfhout | W45 | 18.27 |  |
| Andrew Ward      | M50 | 32.99 |  |

### Discus

|                  |     |       |            |
|------------------|-----|-------|------------|
| Chris Schelfhout | W45 | 21.57 | <b>PBA</b> |
| Bev Hamilton     | W65 | 21.07 |            |
| Andrew Ward      | M50 | 29.78 | <b>SB</b>  |
| Todd Davey       | M45 | 41.88 |            |

### Hammer

|                  |     |       |           |
|------------------|-----|-------|-----------|
| Byrony Glass     | W35 | 49.95 | <b>SB</b> |
| Chris Schelfhout | W45 | 26.65 |           |
| Bev Hamilton     | W65 | 22.22 |           |

### Long Jump

|              |     |      |  |
|--------------|-----|------|--|
| Mark Jeffery | M45 | 5.46 |  |
|--------------|-----|------|--|

## WAAS - 24 November

### 200m

|                  |     |      |            |
|------------------|-----|------|------------|
| Wendy Seegers    | W35 | 24.9 |            |
| Garry Ralston    | M60 | 26.9 |            |
| David Adams      | M35 | 31.0 |            |
| Lee Stergiou     | M40 | 25.3 |            |
| Aaron Roberts    | Vis | 27.2 |            |
| Barrie Kernaghan | M75 | 30.6 | <b>SB=</b> |
| Sarah Thorn      | Vis | 33.5 |            |

|                |     |      |            |
|----------------|-----|------|------------|
| Doug Peyman    | Vis | 29.4 |            |
| Juliana Kelly  | W50 | 32.6 | <b>PBA</b> |
| Fran Cherry    | W50 | 33.4 | <b>SB</b>  |
| Peggy Macliver | W70 | 36.0 |            |

### 3000m

|             |     |         |           |
|-------------|-----|---------|-----------|
| Mark Dawson | M50 | 12:04.3 | <b>SB</b> |
| David Adams | M35 | 13:00.1 |           |

### 2000m

|               |     |         |  |
|---------------|-----|---------|--|
| Cecil Walkley | M85 | 20:07.6 |  |
|---------------|-----|---------|--|

### 1000m

|                  |     |        |  |
|------------------|-----|--------|--|
| Graeme Dahl      | M65 | 4:20.3 |  |
| Juliana Kelly    | W50 | 4:38.5 |  |
| Allan Billington | Vis | 4:42.1 |  |

### 100m

|               |     |      |           |
|---------------|-----|------|-----------|
| Wendy Seegers | W35 | 12.0 |           |
| Lee Stergiou  | M40 | 12.2 |           |
| Kep Knudson   | M35 | 12.7 | <b>SB</b> |
| Doug Peyman   | Vis | 13.9 |           |

|                  |     |      |           |
|------------------|-----|------|-----------|
| Garry Ralston    | M60 | 12.6 |           |
| Lisa Limonas     | W45 | 14.1 | <b>SB</b> |
| Barrie Kernaghan | M75 | 14.7 |           |
| Fran Cherry      | W50 | 15.6 | <b>SB</b> |

|             |     |      |  |
|-------------|-----|------|--|
| Steve White | Vis | 14.6 |  |
| Gin Wah Ang | Vis | 14.7 |  |
| Simon Temby | Vis | 14.7 |  |

|                |     |      |            |
|----------------|-----|------|------------|
| David Adams    | M35 | 14.7 |            |
| Juliana Kelly  | W50 | 15.1 | <b>PBA</b> |
| Peggy Macliver | W70 | 17.0 |            |

### Triple Jump (Patron's)

|              |     |        | Points % |
|--------------|-----|--------|----------|
| Kep Knudson  | M35 | 10.50m | 58.79    |
| John Dennehy | M55 | 6.79m  | 48.99    |
| David Adams  | M35 | 6.70m  | 38.82    |
| Carol Bowman | W60 | 3.74m  | 36.77    |

### 800m (non Patron's)

|                  |     |        |  |
|------------------|-----|--------|--|
| Nick Best        | Vis | 2:29.0 |  |
| Aaron Roberts    | Vis | 2:32.0 |  |
| Campbell Till    | M55 | 2:35.1 |  |
| Mark Dawson      | M50 | 2:38.7 |  |
| Steve White      | Vis | 2:48.6 |  |
| Doug Peyman      | Vis | 2:56.5 |  |
| Allan Billington | Vis | 3:07.6 |  |
| Henri Cortis     | M65 | 3:16.1 |  |
| Delia Baldock    | W50 | 3:24.0 |  |

### Triple Jump (non Patron's)

|                |     |        |            |
|----------------|-----|--------|------------|
| Nick Best      | Vis | 11.52m |            |
| Lee Stergiou   | M40 | 10.30m |            |
| Lisa Limonas   | W45 | 9.17m  |            |
| Geoff Brayshaw | M65 | 8.85m  | <b>SB</b>  |
| Phil Smyth     | M65 | 8.32m  |            |
| Fran Cherry    | W50 | 7.44m  | <b>SB</b>  |
| Gay Wyatt      | W60 | 6.76m  | <b>PBA</b> |

### Shot

|                   |     |        |           |
|-------------------|-----|--------|-----------|
| Todd Davey        | M45 | 13.42m |           |
| Geoff Gee         | M60 | 11.67m |           |
| Byrony Glass      | W35 | 10.40m |           |
| Yolanda Carstens  | W50 | 9.28m  |           |
| Andrew Ward       | M50 | 8.60m  |           |
| Chris Schelfhout  | W45 | 7.25m  | <b>SB</b> |
| Michelle De Silva | W40 | 7.23m  | <b>SB</b> |
| Mike Anderson     | M65 | 5.77m  |           |

### Javelin

|                  |     |        |           |
|------------------|-----|--------|-----------|
| Todd Davey       | M45 | 41.05m |           |
| Andrew Ward      | M50 | 31.31m |           |
| Geoff Brayshaw   | M65 | 28.79m | <b>SB</b> |
| Simon Temby      | Vis | 26.04m |           |
| Rob Shand        | M80 | 19.89m | <b>SB</b> |
| Chris Schelfhout | W45 | 19.73m |           |
| Todd Ingraham    | M40 | 18.29m |           |

### 800m (Patron's)

|               |     |        | Points % |
|---------------|-----|--------|----------|
| Todd Ingraham | M40 | 2:17.9 | 77.84    |
| Chris Groom   | M45 | 2:33.3 | n/a      |
| Kep Knudson   | M35 | 2:37.3 | 65.07    |
| Sue Bourn     | W45 | 2:56.9 | 70.59    |
| David Adams   | M35 | 3:02.9 | 57.59    |
| Ivan Brown    | M70 | 3:12.4 | 71.99    |
| John Dennehy  | M55 | 3:13.8 | 63.09    |
| Carol Bowman  | W60 | 3:24.6 | 72.65    |

**Bunbury – 14th November****80mH 76cm**

|                 |     |      |            |
|-----------------|-----|------|------------|
| Brian Waldhuter | M75 | 19.1 | <b>PBA</b> |
|-----------------|-----|------|------------|

**Bunbury – 17th November****100m**

|                 |     |      |            |
|-----------------|-----|------|------------|
| Sharon Moloney  | W50 | 16.1 | <b>SB</b>  |
| Lyle James      | M75 | 27.3 |            |
| Brian Waldhuter | M75 | 16.7 | <b>PBA</b> |

**High Jump**

|                 |     |      |            |
|-----------------|-----|------|------------|
| Brian Waldhuter | M75 | 1.20 | <b>PBA</b> |
| Sharon Moloney  | W50 | 1.05 | <b>PBA</b> |
| Deb Cox         | W50 | 0.80 |            |

**1500m walk**

|              |     |        |  |
|--------------|-----|--------|--|
| Garry Hastie | M50 | 7:28.3 |  |
|--------------|-----|--------|--|

**1500m**

|                |     |         |           |
|----------------|-----|---------|-----------|
| Rosemary Giles | W40 | 5:48.4  |           |
| Sharon Moloney | W50 | 8:23.3  | <b>SB</b> |
| Lyle James     | M75 | 10:36.9 |           |

**Javelin**

|                 |     |       |            |
|-----------------|-----|-------|------------|
| Garry Hastie    | M50 | 29.11 | <b>SB</b>  |
| Deb Cox         | W50 | 17.58 |            |
| Brian Waldhuter | M75 | 14.11 |            |
| Sharon Moloney  | W50 | 11.59 | <b>SB</b>  |
| Rosemary Giles  | W40 | 11.39 |            |
| Lyle James      | M75 | 9.03  | <b>PBA</b> |

**Bunbury – November 24****60m**

|                 |     |      |           |
|-----------------|-----|------|-----------|
| Lyle James      | M75 | 13.5 | <b>SB</b> |
| Leon Sander     | M75 | 10.0 |           |
| Brian Waldhuter | M75 | 10.3 | <b>SB</b> |
| Brian Feutrill  | M50 | 9.4  |           |
| Sharon Moloney  | W50 | 10.0 | <b>SB</b> |

**Discus**

|                 |     |       |           |
|-----------------|-----|-------|-----------|
| Garry Hastie    | M50 | 23.35 |           |
| Leon Sander     | M75 | 21.98 | <b>SB</b> |
| Brian Waldhuter | M75 | 19.38 | <b>SB</b> |
| Deb Cox         | W50 | 17.69 | <b>SB</b> |
| Rosemary Giles  | W40 | 17.42 |           |
| Lyle James      | M75 | 9.22  | <b>SB</b> |

**3000m**

|                 |     |         |           |
|-----------------|-----|---------|-----------|
| Rosemary Giles  | W40 | 12:20.6 |           |
| Robyn Feutrill  | W50 | 15:03.2 |           |
| Brian Waldhuter | M75 | 19:04.9 |           |
| Sharon Moloney  | W50 | 19:56.6 |           |
| Lyle James      | M75 | 20:44.0 | <b>SB</b> |

**High Jump**

|                |     |      |  |
|----------------|-----|------|--|
| Brian Feutrill | M50 | 1.40 |  |
| Robyn Feutrill | W50 | 1.10 |  |

**Shot**

|            |     |      |  |
|------------|-----|------|--|
| Lyle James | M75 | 4.00 |  |
|------------|-----|------|--|

**ECAC – November 26****400m**

|               |     |      |  |
|---------------|-----|------|--|
| Rob Colton    | M50 | 70.8 |  |
| Donna Abbey   | Vis | 79.5 |  |
| Colin Smith   | M50 | 83.5 |  |
| Delia Baldock | W50 | 84.2 |  |

**3000m**

|              |     |         |  |
|--------------|-----|---------|--|
| Jim Langford | M70 | 12:07.3 |  |
| David Adams  | M35 | 12:52.6 |  |
| Bob Hull     | Vis | 13:33.1 |  |

**3000m walk**

|               |     |         |             |
|---------------|-----|---------|-------------|
| Karyn Tolardo | W50 | 17:08.9 | <b>PBA=</b> |
|---------------|-----|---------|-------------|

**60m**

|               |     |      |           |
|---------------|-----|------|-----------|
| Owen Richards | M35 | 8.4  | <b>SB</b> |
| Rob Colton    | M50 | 9.6  |           |
| Donna Abbey   | Vis | n/t  |           |
| Fran Cherry   | W50 | 10.2 |           |
| Bob Hull      | Vis | 11.1 |           |

|                 |     |      |            |
|-----------------|-----|------|------------|
| Owen Richards   | M35 | 8.4  | <b>SB=</b> |
| David Adams     | M35 | 9.7  |            |
| Maureen Keshwar | W60 | 10.3 |            |
| Janne Wells     | W45 | 10.3 |            |
| Kristine Wells  | Vis | 11.4 |            |

**High Jump (non Patron's)**

|                |     |      |            |
|----------------|-----|------|------------|
| Tom Harper     | Vis | 1.60 |            |
| Ryan Lance     | Vis | 1.20 |            |
| Rob Colton     | M50 | 1.15 | <b>PBA</b> |
| Gay Wyatt      | W60 | 1.00 |            |
| Fran Cherry    | W50 | 1.05 | <b>PBA</b> |
| Kristine Wells | Vis | 0.95 |            |

**High Jump (Patron's Trophy)**

|                 |     |      |       |            |
|-----------------|-----|------|-------|------------|
| Janne Wells     | W45 | 1.15 | 65.71 |            |
| Karyn Tolardo   | W50 | 1.05 | 62.50 |            |
| David Adams     | M35 | 1.00 | 44.64 | <b>PBA</b> |
| John Dennehy    | M55 | 1.00 | 53.48 |            |
| David Carr      | M80 | 0.95 | 73.64 | <b>PBA</b> |
| Lynne Schickert | W70 | 0.90 | 78.26 |            |
| Bob Schickert   | M70 | 0.90 | 60.81 |            |

**Shot**

|                |     |       |  |
|----------------|-----|-------|--|
| Todd Davey     | M45 | 14.06 |  |
| Bev Hamilton   | W65 | 7.80  |  |
| Julie Plackett | W45 | 6.88  |  |

**Weight**

|                |     |       |           |
|----------------|-----|-------|-----------|
| Todd Davey     | M45 | 13.70 |           |
| Bev Hamilton   | W65 | 10.50 | <b>SB</b> |
| Julie Plackett | W45 | 7.91  |           |

**1500m (Patron's Trophy)**

|                 |     |         |       |            |
|-----------------|-----|---------|-------|------------|
| Todd Ingraham   | M40 | 4:37.2  | 79.92 | <b>PBA</b> |
| Ryan Lance      | Vis | 5:18.7  | n/a   |            |
| Rob Colton      | M50 | 5:50.7  | n/a   | <b>SB</b>  |
| Sue Bourn       | W45 | 6:05.8  | 73.75 |            |
| David Adams     | M35 | 6:09.4  | 58.80 | <b>SB</b>  |
| Bob Hull        | Vis | 6:39.9  | n/a   |            |
| David Carr      | M80 | 6:50.0  | 86.87 |            |
| Carol Bowman    | W60 | 6:50.6  | 78.32 |            |
| John Dennehy    | M55 | 7:01.6  | 60.22 | <b>PBA</b> |
| Karyn Tolardo   | W50 | 7:05.3  | 65.05 | <b>PBA</b> |
| Kristine Wells  | Vis | 7:24.2  | n/a   |            |
| Janne Wells     | W45 | 7:36.3  | 58.40 |            |
| Bob Schickert   | M70 | 7:49.9  | 64.52 |            |
| Lynne Schickert | W70 | 11:36.4 | 57.16 |            |

**Strive, WAAS – November 28**

**60m**

|                  |     |      |                   |
|------------------|-----|------|-------------------|
| Wendy Seegers    | W40 | 7.61 | <b>AR pending</b> |
| Paul Jeffery     | M40 | 7.64 | w/a               |
| Barrie Kernaghan | M75 | 9.74 |                   |

**200m**

|                  |     |       |  |
|------------------|-----|-------|--|
| Paul Jeffery     | M40 | 24.36 |  |
| Fiona Leonard    | W45 | 30.39 |  |
| Barrie Kernaghan | M75 | 30.88 |  |

**800m**

|                |     |         |            |
|----------------|-----|---------|------------|
| Andrew Brooker | M45 | 2:17.53 |            |
| Mark Dawson    | M50 | 2:25.54 | <b>SB</b>  |
| Fiona Leonard  | W45 | 2:33.27 | <b>PBA</b> |
| Sharon Davis   | W40 | 2:43.59 |            |

**3000m**

|                  |     |         |                   |
|------------------|-----|---------|-------------------|
| Scott Tamblin    | M35 | 8:35.3  | <b>AR pending</b> |
| Rob Nichols      | M35 | 9:27.0  | <b>PBA</b>        |
| Xander van Rijen | M45 | 10:20.5 |                   |

**400m Hurdles**

|              |     |       |  |
|--------------|-----|-------|--|
| Sharon Davis | W40 | 74.07 |  |
|--------------|-----|-------|--|

**High Jump**

|              |     |      |  |
|--------------|-----|------|--|
| Paul Jeffery | M40 | 1.70 |  |
|--------------|-----|------|--|

**Pole Vault**

|              |     |      |            |
|--------------|-----|------|------------|
| Paul Jeffery | M40 | 3.90 | <b>PBA</b> |
|--------------|-----|------|------------|

**Discus**

|             |     |       |           |
|-------------|-----|-------|-----------|
| Todd Davey  | M45 | 40.52 |           |
| Andrew Ward | M50 | 30.49 | <b>SB</b> |

**Javelin**

|              |     |       |           |
|--------------|-----|-------|-----------|
| Paul Jeffery | M40 | 49.09 | <b>SB</b> |
| Andrew Ward  | M50 | 33.06 |           |

**Shot**

|              |     |       |            |
|--------------|-----|-------|------------|
| Todd Davey   | M45 | 12.88 |            |
| Paul Jeffery | M40 | 11.06 | <b>PBA</b> |

***Bunbury decathlon and heptathlon on next page***



## Bunbury multi-events, 28-29 November

### Decathlon

|                |     | <b>100m</b>     | <b>LJ</b>              | <b>Sh</b>             | <b>HJ</b>             | <b>400m</b>           | <b>100H</b>           | <b>Discus</b>          | <b>P-Vault</b> | <b>Javelin</b>          | <b>1500m</b>             |
|----------------|-----|-----------------|------------------------|-----------------------|-----------------------|-----------------------|-----------------------|------------------------|----------------|-------------------------|--------------------------|
| Brian Feutrill | M50 | 12.9<br>693     | 5.15 <b>PBA</b><br>659 | 7.99 <b>SB</b><br>448 | 1.52 <b>SB</b><br>598 | 62.6 <b>SB</b><br>602 | 17.1 <b>SB</b><br>663 | 22.71<br>333 <b>SB</b> | 2.80<br>466    | 29.95 <b>PBA</b><br>396 | 5:44.9 <b>PBA</b><br>554 |
| Points Total   |     | 5412 <b>PBA</b> |                        |                       |                       |                       |                       |                        |                |                         |                          |

### Heptathlon

|                |     | <b>80H</b>                  | <b>HJ</b>             | <b>Sh</b>             | <b>200m</b>           | <b>LJ</b>               | <b>Javelin</b>         | <b>800m</b>   |
|----------------|-----|-----------------------------|-----------------------|-----------------------|-----------------------|-------------------------|------------------------|---------------|
| Robyn Feutrill | W50 | 18.5 (w/a)<br>261 <b>SB</b> | 1.11 <b>SB</b><br>471 | 6.41 <b>SB</b><br>390 | 35.1 <b>SB</b><br>448 | 3.41 <b>SB</b><br>373   | 14.37 <b>SB</b><br>268 | 3:05.5<br>555 |
| Points Total   |     | 2766 <b>PBA</b>             |                       |                       |                       |                         |                        |               |
| Sharon Moloney | W50 | 22.1<br>40                  | 1.05<br>396           | 8.01 <b>SB</b><br>517 | 34.8<br>465           | 3.02 <b>PBA=</b><br>260 | 19.03 <b>SB</b><br>383 | 4:04.3<br>122 |
| Points Total   |     | 2183                        |                       |                       |                       |                         |                        |               |
| Deb Cox        | W50 | DNF<br>0                    | 0.80<br>126           | 5.99<br>357           | 74.1<br>0             | 3.29 <b>PBA</b><br>337  | 15.88<br>305           | 4:44.3<br>3   |
| Points Total   |     | 1128                        |                       |                       |                       |                         |                        |               |