

# August 2016 Results

*This listing includes all other meets where MAWA athletes are known to have competed*

*Note that SB refers to the combined winter and summer season (i.e. May 2016-April 2017) and since this is the first month of that season, all performances are SBs*

*Note also that all records are pending until ratified by the appropriate authorities*

## WAAS - 2 August

### 60m

Evan Boon	Vis	7.3	
Glenn Ross	M40	7.5	
Kim Taylor	M50	8.0	<b>SB</b>

Melissa Foster	W35	8.2	
Barrie Kernaghan	M75	9.7	<b>SB</b>
Carmel Meyer	W55	10.0	
Ann Mare O Donovan	Vis	10.2	

Cecil Walkley	M85	27.3	
Peter Kennedy	M95	34.2	

### 1000m

Vanessa Carson	W35	3:27.6	
Margaret Saunders	W60	3:39.8	
Steve Smith	M50	3:40.6	
Allan Billington	M55	4:26.1	
Cecil Walkley	M85	10:10.6	
Peter Kennedy	M95	14:48.0	<b>SR</b>

### 200m

Evan Boon	Vis	22.9	
Glenn Ross	M40	24.4	
Win Small	Vis	26.0	
Allan Billington	M55	34.0	<b>PBA</b>

Melissa Foster	W35	29.1	
Barrie Kernaghan	M75	30.9	<b>SB</b>
Sue Coate	W50	31.3	<b>PBA</b>
Vanessa Carson	W35	33.0	

Carmel Meyer	W55	33.8	
Ann Mare O Donovan	Vis	35.2	
Delia Baldock	W50	35.7	
Kim Chandler	W55	37.3	
Cecil Walkley	M85	1:50.6	

### 5000m

Paul Mitchell	M45	18:22.3	
Alan Gower	M60	19:21.5	
Mark Dawson	M55	21:19.4	<b>SB</b>
Alan Gray	M50	21:53.7	<b>SB</b>
Karyn Gower	W55	23:14.9	
Yvonne Mann	Vis	28:58.2	

### 3000m

Vanessa Carson	W35	n/t	
Danielle Baldock	W35	16:46.3	
John Dennehy	M55	17:31.9	

### 5000m walk

Karyn Tolardo	W50	28:22.4	<b>PBA</b>
Marie Fitzsimons	W50	30:15.1	
Sylvia Byers	W80	38:02.3	(lap short)
Lorna Laughlan	W85	39:49.1	(lap short)

### Triple Jump

Gay Wyatt	W60	6.95	<b>PBA</b>
-----------	-----	------	------------

### Shot

Todd Davey	M45	14.00	
Yolanda Carstens	W50	9.37	
Sue Coate	W50	9.03	
Eesha De Silva	Vis	8.30	
Michelle De Silva	W40	7.20	<b>SB</b>
Carol Bowman	W60	5.31	<b>SB</b>

### Javelin

Todd Davey	M45	36.56	
Andrew Ward	M50	31.41	
Yolanda Carstens	W50	26.52	
Sue Coate	W50	22.06	

## ECAC - 4 August

### 800m

Colin Smith	M50	2:23.1	<b>PBA</b>
Andy Abbey	M45	2:52.7	<b>SB</b>
Graeme Dahl	M65	2:53.7	
Carol Bowman	W60	3:17.6	<b>SB</b>
Bob Schickert	M70	3:28.4	
Barry Newell	M60	3:30.1	
Cecil Walkley	M85	6:58.0	<b>SB</b>

### 800m walk

Lynne Schickert	W70	5:59.7	
-----------------	-----	--------	--

### 60m

Rudy Kocis	M55	7.6	<b>PBA=</b>
Bernie Riviere	M50	8.1	
Maureen Keshwar	W60	10.1	
Isabella Tolardo	Vis	10.1	
Kevin Collins	M45	13.0	
Cecil Walkley	M85	26.9	

### 400m

Lee Stergiou	M40	60.9	<b>SB</b>
Andy Abbey	M45	78.6	
Cecil Walkley	M85	3:16.1	<b>SB</b>
Delia Baldock	W50	81.8	<b>SB=</b>
Barry Newell	M60	85.4	

### (400m cont.)

Peggy Macliver	W70	86.6	
Gillian Young	W65	1:35.4	

### 200m

Colin Smith	M50	27.8	
Barry Newell	M60	35.2	
Cecil Walkley	M85	1:41.8	
Maureen Keshwar	W60	35.9	
Peggy Macliver	W70	36.7	
Delia Baldock	W50	37.6	
Carol Bowman	W60	37.9	

### 3000m

Graeme Dahl	M65	12:25.6	<b>SB</b>
Andy Abbey	M45	13:04.7	
Gillian Young	W65	14:20.6	
Bob Schickert	M70	14:47.3	
Judy Davis	W50	15:13.4	<b>SB</b>
John Dennehy	M55	17:25.1	

### 3000m walk

Karyn Tolardo	W50	16:51.2	<b>PBA</b>
Isabella Tolardo	Vis	17:03.5	
Lynne Schickert	W70	23:40.8	
John Smith	M80	25:45.3	

**WAAS - 9 August****800m**

Rob Nichols	M35	2:23.7	
Fiona Leonard	W45	2:34.6	<b>SB</b>
Vanessa Carson	W35	2:37.4	<b>PBA</b>
Henri Cortis	M70	3:02.5	<b>SB</b>
Cecil Walkley	M85	7:17.3	

**60m**

David Solomon	M50	8.9	
Sue Coate	W50	9.0	<b>PBA</b>
Cate Mansfield	W45	9.9	
Des Walsh	M60	12.8	

Vanessa Carson	W35	9.9	<b>PBA</b>
Delia Baldock	W50	10.5	
Fred Nayler	Vis	24.5	
Cecil Walkley	M85	27.5	

**Weight**

Todd Davey	M45	16.45	
Bryony Glass	W35	16.11	
Sarah Edmiston	W40	11.27	<b>PBA</b>

**400m**

David Solomon	M50	68.2	<b>SB</b>
Fiona Leonard	W45	68.9	<b>SB</b>
Vanessa Carson	W35	70.1	<b>PBA</b>
Barrie Kernaghan	M75	77.2	
Cate Mansfield	W45	77.8	<b>SB</b>

Carmel Meyer	W55	79.7	<b>PBA</b>
Delia Baldock	W50	83.1	
Des Walsh	M60	1:32.9	
Cecil Walkley	M85	3:26.8	

**High Jump**

Andrew Brooker	M45	1.50	
Dave Wyatt	M65	1.35	
Sue Coate	W50	1.25	
Lisa Limonas	W45	1.25	
Nick Boccardo	M50	1.25	
Donna Abbey	W40	1.05	
Gay Wyatt	W60	1.00	

**Hammer**

Bryony Glass	W35	50.24	
Sarah Edmiston	W40	32.85	

**ECAC - 11 August****100m**

Bernard Riviere	M50	12.8	
Colin Smith	M50	13.0	<b>SB=</b>
David Solomon	M50	14.5	

Carmel Meyer	W55	15.9	
Maureen Keshwar	W60	16.2	<b>SB</b>
Peggy Macliver	W70	16.7	<b>SB</b>
Delia Baldock	W50	17.2	
Brenda Painter	W70	18.8	<b>SB</b>

**3000m**

Steve Weller	M40	10:22.1	<b>PBA</b>
David Solomon	M50	11:57.5	<b>PBA</b>
Gillian Young	W65	14:02.9	
Mia Lockwood	Vis	14:08.4	
Milton Mavrick	M60	14:36.0	
David Carr	M80	15:23.4	
Judy Davis	W50	15:48.4	

**3000m walk**

Karyn Tolardo	W50	17:01.9	
Isabella Tolardo	Vis	17:46.4	

**1500m walk**

Karyn Tolardo	W50	8:27.7	
---------------	-----	--------	--

**60m**

Bernard Riviere	M50	7.9	
Colin Smith	M50	8.2	
David Solomon	M50	9.1	
Des Walsh	M60	10.1	<b>SB</b>

Maureen Keshwar	W60	9.8	<b>SB</b>
Carmel Meyer	W55	9.9	<b>SB</b>
Delia Baldock	W50	10.7	
Brenda Painter	W70	11.1	<b>PBA h/t</b>

**800m**

Jane Lockwood	W35	2:40.8	
Suzi Graves	W45	2:54.3	<b>SB</b>
Graeme Dahl	M65	2:57.8	
Bernard Riviere	M50	3:22.5	
Delia Baldock	W50	3:24.5	
Carmel Meyer	W55	3:30.4	
Barry Newell	M60	3:40.0	
Mike O'Reilly	M75	3:45.6	<b>PBA</b>

**1500m**

Graeme Dahl	M65	6:09.2	
Gillian Young	W65	6:57.4	
Mia Lockwood	Vis	6:59.3	
Milton Mavrick	M60	7:03.2	

**WAAS - 16 August****1500m**

Bjorn Dybdahl	M60	5:23.3	
Fiona Leonard	W45	5:24.6	<b>PBA</b>
Allan Billington	M55	7:23.5	
Cecil Walkley	M85	13:41.7	<b>PBA</b>
Peter Kennedy	M95	20:30.8	<b>SR</b>

**1500m walk**

Karyn Tolardo	W50	8:02.9	<b>SB</b>
Sylvia Byers	W80	12:16.8	

**100m**

Rudy Kocis	M55	12.3	
Lee Stergiou	M40	12.5	
Bernie Riviere	M50	12.8	
Suresh Sivacolundhu	M45	14.5	

Garry Ralston	M60	12.8	
Lisa Limonas	W45	14.4	
David Solomon	M50	14.8	
Barrie Kernaghan	M75	15.1	<b>SB</b>

Jan Peyper	M45	14.7	
Mark Crook	M55	14.7	<b>SB</b>
Grace McMahon	Vis	15.4	
Des Walsh	M60	15.7	
Carmel Meyer	W55	16.1	

Len Collier	M60	n/t	
Delia Baldock	W50	n/t	
Barry Glover	Vis	n/t	
Cecil Walkley	M85	n/t	
Peter Kennedy	M95	n/t	

**3000m**

Brian Kinneen	M50	11:21.4	<b>PBA</b>
Bjorn Dybdahl	M60	11:36.9	
Keith Hill	M55	11:44.4	<b>PBA</b>
David Solomon	M50	11:55.1	<b>PBA</b>
Alan Gray	M50	12:56.7	<b>SB</b>
Danielle Baldock	W35	16:46.2	
Len Collier	M60	18:19.3	

**ECAC - 18 August****600m**

Colin Smith	M50	1:38.5	
Bjorn Dybdahl	M60	2:08.1	
Graeme Dahl	M65	2:09.4	
Donna Abbey	W40	2:16.3	
Mike O Reilly	M75	2:33.2	
Cecil Walkley	M85	5:19.7	

**100m**

Vanessa Carson	W35	16.0	
Nicolette Whittington	W55	16.3	
Carmel Meyer	W55	16.5	
Kevin Collins	M45	23.0	
Cecil Walkley	M85	44.4	

Peggy Macliver	W70	16.7	<b>SB=</b>
Delia Baldock	W50	17.4	
John Dennehy	M55	17.8	
Andrea Penny	W40	17.9	<b>SB</b>

**1500m**

Vanessa Carson	W35	5:21.1	<b>SB</b>
Bjorn Dybdahl	M60	5:32.4	
Graeme Dahl	M65	6:02.5	<b>SB</b>
David Carr	M80	6:47.7	
Gillian Young	W65	6:51.6	
Maurice Creagh	M70	7:39.3	
Cecil Walkley	M85	13:23.4	<b>PBA</b>

**3000m walk**

Isabella Tolardo	Vis	16:30.0	
Karyn Tolardo	W50	17:19.2	
Sylvia Byers	W80	25:21.4	
Lorna Lauchlan	W85	25:28.5	<b>SB</b>

**800m**

Brian Kinneen	M50	2:36.5	<b>SB</b>
Fiona Leonard	W45	2:41.8	
David Solomon	M50	2:44.7	
Bjorn Dybdahl	M60	2:46.2	
Marg Saunders	W60	2:47.7	
Lenz Keel	M70	3:00.9	
John Dennehy	M55	3:30.2	<b>SB</b>

**Long Jump**

Suresh Sivacolundhu	M45	5.16	
Bernie Riviere	M50	5.07	<b>PBA</b>
Dave Wyatt	M65	4.51	<b>PBA</b>
Lisa Limonas	W45	4.29	
Donna Abbey	W40	4.20	<b>PBA</b>
Gay Wyatt	W60	3.20	
Carol Bowman	W60	2.80	<b>PBA=</b>

**Shot**

Todd Davey	M45	13.65	
Alex De Silva	Vis	8.68	
Eijeesha De Silva	Vis	8.48	
Cheryl McMahon	W40	8.22	
Grace McMahon	Vis	7.42	
Emily	Vis	6.42	
Mike Anderson	M65	6.27	

**Discus**

Todd Davey	M45	48.09	
Angela O Hehir	Vis	20.77	
Mike Anderson	M65	18.26	<b>SB</b>
Sally Sims	W35	16.33	
Grace McMahon	Vis	15.69	
Alex De Silva	Vis	15.61	
Eijeesha De Silva	Vis	13.64	

**1500m walk**

Tom Lenane	M60	9:55.0	
Lynne Schickert	W70	11:23.4	
John Smith	M80	13:02.8	

**200m**

Lee Stergiou	M40	26.1	
Colin Smith	M50	27.4	
Donna Abbey	W40	33.0	
Carmel Meyer	W55	34.3	
Nicolette Whittington	W55	36.4	

Peggy Macliver	W70	35.7	<b>SB</b>
Delia Baldock	W50	36.1	
Mike O Reilly	M75	36.5	
John Dennehy	M55	36.9	

**5000m**

Steve Weller	M40	17:33.8	<b>PBA</b>
Gillian Young	W65	24:19.4	
Bob Schickert	M70	25:35.9	

**3000m**

Vanessa Carson	W35	11:37.8	
Bjorn Dybdahl	M60	11:47.8	
Graeme Dahl	M65	12:28.2	

**3000m walk**

Lynne Schicket	W70	22:56.4	
John Smith	M80	26:51.9	

**WAAS - 23 August****600m**

Lee Stergiou	M40	1:39.2	
Sharon Davis	W40	1:42.7	
Mark Dawson	M55	1:46.7	
Andy Abbey	M45	1:58.6	
Lenz Keel	M70	1:59.8	
Henri Cortis	M70	2:10.0	
Cate Mansfield	W45	2:17.9	
Delia Baldock	W50	2:18.4	
Brian Hewitt	M60	2:19.9	
John Dennehy	M55	2:31.4	
Cecil Walkley	M85	5:55.6	

**100m**

Wendy Seegers	W40	11.9	<b>PBA h/t</b>
Greg Brennan	M45	12.4	
Barrie Kernaghan	M75	15.2	
Len Collier	M60	16.2	

Brian Callaghan	Vis	14.0	
Lisa Limonas	W45	14.4	<b>SB=</b>
Lynne Choate	W60	15.3	<b>SB</b>
Nick Boccardo	M50	15.7	

Lee Stergiou	M40	12.9	
Grace McMahon	Vis	15.4	
Cate Mansfield	W45	15.8	<b>SB</b>
Delia Baldock	W50	17.2	<b>SB=</b>
Cecil Walkley	M85	49.0	

**Triple Jump**

Lisa Limonas	W45	9.24	<b>SB</b>
Grace McMahon	Vis	7.67	
Gay Wyatt	W60	6.43	

**1500m**

Mark Dawson	M55	5:17.2	
Vanessa Carson	W35	5:18.8	<b>PBA</b>
Sharon Davis	W40	5:34.4	
Andy Abbey	M45	5:48.9	<b>SB</b>

Brian Hewitt	M60	6:10.5	
Cecil Walkley	M85	14:38.5	

**1500m walk**

Wendy Farrow	M45	9:28.3	
Andrew Cuthbertson	M55	10:33.8	<b>PBA</b>
Sylvia Byers	W80	12:21.0	

**5000m**

Paul Mitchell	M45	19:37.0	
Vanessa Carson	W35	20:30.1	
Alan Gray	M50	21:58.0	

**3000m**

Mark Dawson	M55	12:37.4	<b>SB</b>
-------------	-----	---------	-----------

**3000m walk**

Wendy Farrow	W45	18:52.1	
Sylvia Byers	W80	25:06.5	

**60m**

Brian Callaghan	Vis	8.7	
Nick Boccardo	M50	9.4	
Barrie Kernaghan	M75	9.6	<b>SB</b>
Len Collier	M60	9.7	

**Javelin**

Julie Daines	W40	28.63	
Rob Shand	M80	19.78	
Nick Boccardo	M50	18.00	

**ECAC - 25 August****200m**

Lee Stergiou	M40	25.0	<b>SB</b>
Mark Elms	M45	26.0	<b>SB</b>
Bernard Riviere	M50	26.3	<b>PBA h/t</b>
Colin Smith	M50	26.6	<b>SB</b>
Rob Cassian	Vis	27.9	

Jan Peyper	M45	29.3	<b>SB</b>
Jane Lockwood	W35	30.1	<b>PBA</b>
Fiona Leonard	W45	30.8	<b>SB=</b>
Sharon Davis	W40	31.6	
Bruce McGeorge	M60	36.7	
Cecil Walkley	M85	1:38.5	

Gin Ang	M50	30.2	<b>PBA</b>
Carmel Meyer	W55	32.6	<b>PBA</b>
Lynne Choate	W60	32.8	<b>SB</b>
Nicolette Whittington	W55	33.0	<b>PBA</b>
Quinn Lockwood	Vis	34.6	

Kim Farr	Vis	31.9	
Peggy Macliver	W70	35.1	<b>SB</b>
Delia Baldock	W50	36.5	
Brenda Painter	W70	42.4	<b>PBA h/t</b>

**Mile walk**

Janne Wells	W45	9:41.2	<b>PBA</b>
Tom Lenane	M60	9:43.3	
Kristine Wells	Vis	10:35.8	
Lynne Schickert	W70	12:17.2	
John Smith	M80	13:40.7	

**Mile**

Graeme Dahl	M65	6:20.9	<b>PBA</b>
Milton Mavrick	M60	7:10.9	<b>PBA</b>
David Carr	M80	7:15.4	<b>SB</b>
Bruce McGeorge	M60	7:22.3	
Gillian Young	W65	7:26.3	
Carol Bowman	W60	7:29.9	<b>PBA</b>
Sasha Coates	Vis	7:58.1	
Kim Farr	Vis	8:50.1	
Trish Farr	W40	8:51.7	
Cecil Walkley	M85	14:27.2	<b>PBA</b>

**60m**

Lee Stergiou	M40	7.7	
Bernard Riviere	M50	7.7	<b>PBA=</b>
Rob Cassian	Vis	7.8	
Mark Elms	M45	8.6	<b>SB=</b>
Gin Ang	M50	9.2	

Nicolette Whittington	W55	9.5	<b>PBA=</b>
Lynne Choate	W60	9.8	
Quinn Lockwood	Vis	10.4	
Brenda Painter	W70	11.3	

Kim Farr	Vis	9.7	
Delia Baldock	W50	10.5	<b>SB=</b>
Des Walsh	M60	12.4	
Cecil Walkley	M85	29.4	

**400m**

Colin Smith	M50	61.0	
Sharon Davis	W40	63.9	
Jan Peyper	M45	66.1	
Jane Lockwood	W35	66.8	<b>PBA</b>
Fiona Leonard	W45	68.4	<b>SB</b>

Rob Cassian	Vis	70.8	
Carmel Meyer	W55	79.2	<b>PBA</b>
Sasha Coates	Vis	83.2	
Mike O'Reilly	M75	86.2	<b>SB</b>

Quinn Lockwood	Vis	81.2	
Delia Baldock	W50	82.5	
Carol Bowman	W60	82.9	<b>SB</b>
Peggy Macliver	W70	87.3	
Kristine Wells	Vis	1:34.4	
Des Walsh	M60	1:35.7	

**WAAS - 30 August****Mile**

Mark Dawson	M55	5:50.6	<b>PBA</b>
Brian Hewitt	M60	6:26.9	
Isabella Tolardo	Vis	7:02.8	
Ivan Brown	M70	7:04.8	
Garry Ralston	M60	7:58.6	
Allan Billington	M55	8:43.8	
Cecil Walkley	M85	14:54.3	

**Mile walk**

Karyn Tolardo	W50	8:59.5	
Sylvia Byers	W80	13:17.0	

**200m**

Wendy Seegers	W40	24.8	
Mark Elms	M45	26.2	
Jan Peyper	M45	28.6	<b>SB</b>

Garry Ralston	M60	26.8	
Richard Parker	M55	27.9	
Barrie Kernaghan	M75	29.7	<b>PBA</b>
Jane Lockwood	W35	30.3	

Lisa Limonas	W45	29.4	
Michael Byrne	M65	29.9	<b>PBA</b>
Geoff Anderson	M60	33.8	
Gavin Smith	Vis	35.4	

Des Walsh	M60	32.4	
Vanessa Carson	W35	32.4	<b>PBA</b>
Carmel Meyer	W55	32.9	
Quinn Lockwood	Vis	35.5	

Juliana Kelly	W50	32.6	<b>SB</b>
Cate Mansfield	W45	33.0	
Delia Baldock	W50	36.9	
Cecil Walkley	M85	1:46.4	

**3000m**

Alan Gower	M60	11:16.0	
Vanessa Carson	W35	11:35.1	
Mark Dawson	M55	11:56.6	<b>PBA</b>
Sue Zlany	W55	12:46.7	
Brian Hewitt	M60	12:54.2	
Alan Gray	M50	13:03.1	
Bruce Wilson	M70	13:21.4	
Danielle Baldock	W35	16:08.6	

**3000m walk**

Karyn Tolardo	W50	17:24.9	
Isabella Tolardo	Vis	18:51.0	
Wendy Farrow	W45	18:59.4	
Andrew Cuthbertson	M55	22:55.9	
Lynne Schickert	W70	22:56.4	

**3000m**

Graeme Dahl	M65	12:32.5	
Jane Lockwood	W35	12:47.9	<b>SB</b>
Bruce McGeorge	M60	14:00.0	
Quinn Lockwood	Vis	14:02.1	
Milton Mavrick	M60	14:16.1	<b>SB</b>
Gillian Young	W65	14:31.6	
Bob Schickert	M70	15:11.1	
Judy Davis	W50	15:15.9	
Maurice Creagh	M70	16:01.5	
John Dennehy	M55	17:14.5	
David Carr	M80	23:15.8	

**3000m walk**

Tom Lenane	M60	19:10.7	
Lynne Schicket	W70	23:31.1	
John Smith	M80	25:28.5	

**(mile walk cont.)**

Sylvia Byers	W80	24:53.3	
Lorna Lauchlan	W85	25:50.2	

**400m**

Mark Elms	M45	60.5	
Andrew Brooker	M45	60.8	
Jane Lockwood	W35	68.3	

Jan Peyper	M45	67.8	
Mark Dawson	M55	73.9	
Juliana Kelly	W50	77.9	
Carmel Meyer	W55	79.3	

Garry Ralston	M60	70.8	
Barrie Kernaghan	M75	73.1	
Allan Billington	M55	78.6	<b>PBA</b>
Lynne Choate	W60	1:30.4	

Lenz Keel	M70	74.1	
Henri Cortis	M70	75.8	
Quinn Lockwood	Vis	80.3	
John Dennehy	M55	80.8	

Vanessa Carson	W35	71.3	
Des Walsh	M60	75.2	<b>SB</b>
Gavin Smith	Vis	80.2	
Delia Baldock	W50	85.9	

**High Jump**

Dave Wyatt	M65	1.35	<b>SB=</b>
Gay Wyatt	W60	1.05	<b>SB</b>
Lisa Limonas	W45	1.30	<b>SB</b>
Donna Abbey	W40	1.05	
Carol Bowman	W60	0.95	
Lynne Schickert	W70	0.85	
Jan Peyper	M45	1.55	
Andrew Brooker	M45	1.55	<b>SB</b>

**Shot**

Tom Gravestock	M60	11.53	
Sarah Edmiston	W40	8.37	<b>PBA</b>
Andrew Brooker	M45	8.87	<b>PBA</b>
Jasmin Karwacki	W30	8.23	
Donna Abbey	W40	6.17	<b>PBA</b>
Carol Bowman	W60	4.98	
Sally Sims	W35	7.89	<b>SB</b>

**Discus**

Tom Gravestock	M60	44.37	
Sarah Edmiston	W40	33.52	
Jasmin Karwacki	W30	23.20	
Sally Sims	W35	17.73	<b>SB</b>
Andrew Brooker	M45	25.50	

**Bunbury, August 7****Throws Pentathlon**

		<b>Hammer</b>	<b>Shot</b>	<b>Discus</b>	<b>Javelin</b>	<b>Weight Throw</b>
Matt Staunton	M40	43.24	11.65	36.82	37.89	12.67
<b>3121</b>		565	585	600	412	602
Tom Gravestock	M60	40.27 <b>SB</b>	11.83	44.67	31.37	12.66
<b>3451</b>		721	775	818	505	632
Byrony Glass	W35	52.54 <b>SB</b>	10.41	32.42 <b>SB</b>	-	16.27
<b>NV</b>						
Chris Schelfhout	W45	25.81 <b>SB</b>	5.97	17.92	17.79 <b>SB</b>	8.60 <b>SB</b>
<b>2096</b>		554	343	307	330	562
Bev Hamilton	W70	-	7.36	20.58	13.93	10.67
<b>NV</b>						