

August 2019 Results

*This listing includes all events where members are known to have competed
All records are pending until ratified by the appropriate authorities*

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

ECAC – August 1

200m

Greg Kennedy	M70	34.9
Maureen Keshwar	W65	35.6
Janne Wells	W50	38.1
Dave Berry	M55	51.7
Colin Smith	M55	26.8
Des Walsh	M65	35.7
Roscoe McDonnell	M60	35.8
John Talbot	M70	56.1
Cecil Walkley	M90	2:21.1

800m

Matt Chapman	M40	2:45.9
Roscoe McDonnell	M60	3:00.0
Bob Hull	M75	3:14.7
Barbara Blurton	W65	3:16.2
David Carr	M85	3:22.7
Carol Bowman	W60	3:33.6
Delia Baldock	W55	3:36.3
Silke Peglow	W50	3:47.4
John Dennehy	M55	4:06.0
John Talbot	M70	4:27.3
Des Walsh	M65	4:36.4
Cecil Walkley	M90	10:08.0

1500m

Andy Abbey	M50	5:23.0
Matt Chapman	M40	5:38.4
David Adams	M40	5:44.7
Roscoe McDonnell	M60	5:57.0
Colin Smith	M55	6:17.3
Bob Hull	M75	6:31.2
Jim Langford	M70	6:40.4
John Talbot	M70	8:32.9

3000m

Andy Abbey	M50	12:19.7
Matt Chapman	M40	12:24.7
David Adams	M40	12:38.0
Roscoe McDonnell	M60	12:50.3
Bob Hull	M75	13:23.6
Silke Peglow	W50	16:21.1
Des Walsh	M65	17:06.5
Janne Wells	W50	17:26.2
Maurice Creagh	M70	17:35.0
Jackie Halberg	W70	17:59.5
Dave Berry	M55	19:37.8

3000m walk

John Dennehy	M55	20:08.4
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80m hurdles

Sue Coate	W50	17.2
Maureen Keshwar	W65	18.0
Janne Wells	W50	20.1
Greg Kennedy	M70	15.5
Alan Gray	M55	17.6

ECAC – August 8

60m

Colin Smith	M55	8.4
David Adams	M40	8.9
Sue Coate	W50	9.2
Lisa Limonas	W50	9.5
Harold Membrey	M65	10.0

Des Walsh	M65	9.2
Greg Kennedy	M70	9.5
Nick Fairweather	M65	10.1
Janne Wells	W50	10.4
Marian Mitchell	W65	14.6
John Talbot	M70	15.3

400m

Colin Smith	M55	60.6
Lisa Limonas	W50	79.2
Des Walsh	M65	1:31.6
Harold Membrey	M65	1:31.6
John Talbot	M70	1:58.9

Thomas Williams	Vis	79.3
Carol Bowman	W60	83.7
Barry Newell	M60	85.0
David Carr	M85	88.3
Delia Baldock	W55	88.7

100m

David Adams	M40	14.3
Sue Coate	W50	14.5
Des Walsh	M65	14.9
Lisa Limonas	W50	15.1

Greg Kennedy	M70	15.5
Harold Membrey	M65	15.8
Kevin Collins	M50	19.9
John Talbot	M70	26.6

Thomas Williams	Vis	15.7
Nick Fairweather	M65	16.7
Janne Wells	W50	17.6
Carol Bowman	W60	18.3

1 mile

Andy Abbey	M50	5:42.2
Matt Chapman	M40	5:47.9
David Adams	M40	6:30.8
Jim Langford	M70	6:53.8
David Carr	M85	7:49.8
Maurice Creagh	M70	8:58.7
Jackie Halberg	W70	9:03.2
John Talbot	M70	9:19.8
Des Walsh	M65	9:43.7

3000m			
David Adams	M40	12:46.6	
Des Walsh	M65	18:50.9	

5000m			
Matt Chapman	M40	22:10.9	
Andy Abbey	M50	22:25.1	

3000m walk			
John Dennehy	M55	20:06.9	

ECAC – August 15

60m			
Colin Smith	M55	8.7	
Sue Coate	W50	9.1	
David Adams	M40	9.2	
Annmarie O'Donovan	W45	9.4	

Maureen Keshwar	W65	9.9	
Kristine Wells	Vis	10.3	
Janne Wells	W50	10.6	
John Talbot	M70	15.2	

Jasmine Williams	Vis	9.6	
Greg Kennedy	M70	9.9	
Des Walsh	M65	10.4	
Silke Peglow	W50	13.9	

200m			
Sue Coate	W50	31.1	
Des Walsh	M65	31.6	
Annmarie O'Donovan	W45	32.4	
John Talbot	M70	52.7	

Jasmine Williams	Vis	32.8	
Maureen Keshwar	W65	34.7	
Kristine Wells	Vis	36.5	
Janne Wells	W50	36.9	
Silke Peglow	W50	48.4	

Colin Smith	M55	27.2	
David Adams	M40	31.5	
John Talbot	M70	53.0	

1000m			
Andy Abbey	M50	3:13.7	
Matt Chapman	M40	3:22.9	
David Adams	M40	3:45.6	
Barbara Blurton	W65	4:14.3	
David Carr	M85	4:20.6	
Mike Meredith	Vis	4:26.8	
Carol Bowman	W60	4:43.9	
Silke Peglow	W50	4:47.9	
Maurice Creagh	M70	5:13.8	
John Talbot	M70	5:34.2	

1000m walk			
Karyn Tolardo	W50	5:17.4	

3000m			
Matt Chapman	M40	12:02.4	
Andy Abbey	M50	12:29.2	
David Adams	M40	12:59.3	
Mike Meredith	Vis	13:41.8	
Bert Carse	M75	13:52.5	
Delia Baldock	W55	16:36.8	
Silke Peglow	W50	16:47.5	
John Talbot	M70	18:21.6	
Jackie Halberg	W70	18:38.5	
Des Walsh	M65	19:42.7	
David Carr	M85	19:47.0	

3000m walk			
Karyn Tolardo	W50	17:12.4	
John Dennehy	M55	19:46.8	

300m hurdles			
Annmarie O'Donovan	W45	56.5	
Greg Kennedy	M70	60.9	
Sue Coate	W50	65.5	

Michelle Krokosz	W30	56.7	
Janne Wells	W50	75.4	
Kristine Wells	Vis	80.5	

WA Throwers Club, WAAS – August 18

Hammer			
Warren Button	M30	55.48	SR
Todd Davey	M50	46.70	
Jenn Parker	W50	36.23	
Bev Hamilton	W70	23.37	

Shot			
Todd Davey	M50	14.80	
Jenn Parker	W50	9.59	
Bev Hamilton	W70	6.76	

Discus			
Todd Davey	M50	46.83	
Jenn Parker	W50	30.01	
Bev Hamilton	W70	19.19	

Javelin			
Warren Button	M30	24.47	
Jenn Parker	W50	23.74	
Bev Hamilton	W70	12.83	

ECAC – August 22

100m

Colin Smith	M55	13.7
David Adams	M40	14.5
Des Walsh	M65	15.3
Greg Kennedy	M70	16.3
Barry Newell	M60	17.1
Brenda Painter	W70	20.1

400m

Colin Smith	M55	63.5
David Adams	M40	74.6
Brenda Painter	W70	2:29.1

Matt Chapman	M40	72.6
Des Walsh	M65	75.5
Carmel Meyer	W55	88.8
Barry Newell	M60	1:30.5
David Carr	M85	1:35.3

1500m

Andy Abbey	M50	5:18.5
Matt Chapman	M40	5:33.5
David Adams	M40	6:06.0
Bob Hull	M75	6:53.0
Janne Wells	W50	7:44.5
Delia Baldock	W55	7:53.9
Kristine Wells	Vis	8:19.5
David Carr	M85	8:36.2
Maurice Creagh	M70	8:38.8

5000m

Matt Chapman	M40	21:31.9
Andy Abbey	M50	22:27.5
David Adams	M40	22:52.5
Janne Wells	W50	28:51.3

3000m

Bob Hull	M75	13:24.1
Graeme Dahl	M65	14:17.7
David Carr	M85	18:21.3
Barry Newell	M60	18:41.7

3000m walk

John Dennehy	M55	22:59.3
Peggy Macliver	W75	22:59.6

ECAC – August 29

60m

Chris Neale	M50	8.2
Colin Smith	M55	8.5
Greg Kennedy	M70	9.4
Cecil Walkley	M90	38.6

Nick Fairweather	M65	9.8
Janne Wells	W50	10.2
John Talbot	M70	15.2

200m

Colin Smith	M55	29.1
Chris Neale	M50	29.1
John Talbot	M70	55.4
Cecil Walkley	M90	2:31.6

Greg Kennedy	M70	33.1
Barry Newell	M60	33.6
Nick Fairweather	M65	38.7
John Talbot	M70	54.8

800m

Chris Neale	M50	2:40.6
Delia Baldock	W55	3:40.6
Barry Newell	M60	3:45.9
Maurice Creagh	M70	4:29.9
Cecil Walkley	M90	10:17.9

1000m

Chris Neale	M50	3:39
Colin Smith	M55	3:46
David Carr	M85	4:47
Janne Wells	W50	4:51
Delia Baldock	W55	4:53
Maurice Creagh	M70	5:26
John Talbot	M70	5:51
Cecil Walkley	M90	13:20

3000m

Chris Neale	M50	12:47.1
Janne Wells	W50	17:10.4
David Carr	M85	20:45.2

3000m walk

John Dennehy	M55	20:44.9
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Selected marathon results

City to Surf, Perth – August 25

Kim Thomas	M45	2:42:11
John Ranger	M50	3:18:48
Zane Walsh	M35	3:19:00
Jerry Peters	M40	3:23:30
Ante Perdija	M45	3:28:44
Adrian Fabiankovits	M30	3:29:00
Nicola Hibbert	W40	3:50:38

Bob Colligan	M60	3:58:36
Nick Franey	M60	4:29:01
Melinda Evans	W35	4:44:40
John Fisher	M55	4:51:52
Denise Newport	W55	5:01:58
Noelene Treen	W60	5:48:19