

March 2020 Results

This listing includes all events where members are known to have competed, except for MAWA State Championship events which are reported elsewhere. All records are pending until ratified by the appropriate authorities

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

WAAS – March 3

100m

David Graieg	M35	12.0
Cathy McCloskey	W55	14.5
David Adams	M40	14.8

Sue Coate	W50	14.4
Greg Kennedy	M70	15.8
Barrie Kernaghan	M75	16.3

Carmel Meyer	W55	16.1
Rachel Nichols	Vis	19.8

200m

Paul Jeffery	M45	24.0
Nick Best	M40	27.9
Campbell Till	M60	28.1
David Adams	M40	30.1
Sue Coate	W50	30.4

Carmel Meyer	W55	32.6
Greg Kennedy	M70	33.7
Barrie Kernaghan	M75	34.2
Marcus Nichols	Vis	42.0
Rachel Nichols	Vis	47.3

1500m

Trent Harris	M30	4:45.8
David Graieg	M35	5:19.9
Nick Best	M40	5:22.3
Stuart Manning	M40	5:46.5
Marcus Nichols	Vis	6:20.6
Hans Venter	M55	6:23.3
David Adams	M40	6:23.6
Mark Dawson	M55	6:26.9
David Baird	M75	6:50.8
Ivan Brown	M75	7:04.8
Rachel Nichols	Vis	8:04.3
Rob Nichols	M40	8:05.4

1500m walk

Karyn Tolardo	W50	8:23.2
Wendy Farrow	W50	9:30.5
Johan Hagedoorn	M75	10:05.7
Peggy Macliver	W75	11:23.6
Sylvia Byers	W85	12:59.4
Lesleyann Watson	Vis	13:05.6

5000m

Rob Nichols	M40	17:26.6
Mark Dawson	M55	24:38.1
David Baird	M75	25:25.6
David Adams	M40	25:38.9

5000m walk

Karyn Tolardo	W50	29:40.7
Wendy Farrow	W50	33:18.6

3000m

Trent Harris	M30	10:23.6
David Graieg	M35	11:53.0
Marcus Nichols	Vis	16:33.9

3000m walk

Johan Hagedoorn	M75	20:57.7
Peggy Macliver	W75	22:36.9
Glenys Duncan	W75	27:30.8

High Jump

Josiah Edwards	Vis	1.55
Hans Venter	M55	1.55
Oliver Berry	M30	1.35
Dave Wyatt	M65	1.30
Matthew Dean	M30	1.20
Greg Kennedy	M70	1.20
Sue Coate	W50	1.20
Dani Fuda	W35	1.15
David Adams	M40	1.05
Marcus Nichols	Vis	1.00

Javelin

Paul Jeffery	M45	51.91
Paul Foley	M50	38.37
Matthew Dean	M30	32.48
Oliver Berry	M30	30.60
Andrew Ward	M55	30.47
Michelle Krokosz	W35	28.13
Sue Coate	W50	28.02
Carmel Meyer	W55	16.47
Jemma Foley	Vis	16.12
Christina Faithfull	W70	10.63
Lesleyann Watson	Vis	7.21

Shot

Todd Davey	M50	15.99
Sue Coate	W50	10.21
Paul Foley	M50	9.97
Andrew Ward	M55	8.90
Michelle Krokosz	W35	8.72
Hans Venter	M55	8.69
Greg Kennedy	M70	7.86
Jemma Foley	Vis	7.65
Mike Anderson	M70	6.03
Christina Faithfull	W70	4.72

Bunbury – March 3

200m

Michael Byrne	M65	31.31
Harold Membrey	M65	35.76
Brian Waldhuter	M75	37.50
Ruth Johnson	W75	42.83

800m

Michael Byrne	M65	2:50.2
Harold Membrey	M65	3:36.5
Ruth Johnson	W75	4:21.6

Triple Jump

Brian Waldhuter	M75	7.58
Ruth Johnson	W75	5.71

Shot

John Fettus	M45	12.13
Jo Peters	M65	11.13
Harold Membrey	M65	7.49
Sharon Moloney	W55	7.71
Debra Cox	W55	5.93
Brian Waldhuter	M75	5.69
Ruth Johnson	W75	5.58

ECAC – March 5

60m

Tim Loh	M30	7.82
Colin Smith	M55	8.53
Stuart Manning	M40	8.81
David Adams	M40	9.22
Keith Redpath	M65	9.36
Scott Henderson	M65	10.00

Casey Hordyk	Vis	9.47
Greg Kennedy	M70	9.87
Brielle Hort	Vis	9.90
Maureen Keshwar	W65	9.92
Nick Fairweather	M65	10.50
Lynne Choate	W65	10.55
Bob Hull	M75	12.55
Cecil Walkley	M90	45.71

200m

Keith Redpath	M65	30.19
David Adams	M40	30.62
Megan Hordyk	Vis	31.13
Brielle Hort	Vis	36.35
Liz Gomez	W40	38.75

Colin Smith	M55	29.83
Jason Kell	M40	30.45
Maureen Keshwar	W65	33.60
Greg Kennedy	M70	33.95
Lynne Choate	W65	37.08
Nick Fairweather	M65	38.49
Cecil Walkley	M90	2:19.28

800m

Andrew Spratt	M45	2:33.13
Stuart Manning	M40	2:35.27
Chris Groom	M50	2:43.67
David Adams	M40	2:58.11
Colin Smith	M55	3:14.81
Jason Kell	M40	3:17.84
Mike Meredith	Vis	3:18.40
Bob Hull	M75	3:18.42

Sue Zlnay	W60	2:54.90
Barbara Blurton	W65	2:59.97
Liz Gomez	W40	3:01.53
Rose Hordyk	Vis	3:04.02
Carmel Meyer	W55	3:14.24
Alan Gray	M55	3:27.59
Jackie Halberg	W70	3:56.68
Cecil Walkley	M90	10:01.0(h)

Long Jump

Colin Smith	M55	3.93
Maureen Keshwar	W65	2.90

3000m (hand times)

Jerry Peters	M40	11:50.8
Andrew Spratt	M45	12:21.8
Bob Hull	M75	13:01.9
Jim Langford	M75	13:11.9
Liz Gomez	W40	13:16.0
Mike Meredith	Vis	13:34.4
Andrew Grosas	M55	13:53.3
David Adams	M40	14:49.2
Claire Walkley	W50	16:19.6
Caroline van der Mey	W60	16:41.3
Silke Peglow	W50	17:08.5
James Cuthbertson	Vis	19:40.1

3000m walk (hand times)

Robin King	W60	19:31.0
Jason Kell	M40	20:35.0
Steve Travell	M60	23:41.7

2000m steeplechase

Sue Zlnay	W60	9:19.00
Andrew Grosas	M55	9:22.21
Isaiah Manning	Vis	10:19.46
David Adams	M40	10:27.74
Gillian Young	W70	10:47.21
Janne Wells	W50	10:48.93
Silke Peglow	W50	11:34.06
David Carr	M85	11:38.31

Hammer

Todd Davey	M50	51.29
Matt Staunton	M45	40.38
Jenn Parker	W50	34.38
Ossi Igel	M65	34.05
Andrew Ward	M55	27.06
Shanell Staunton	Vis	22.32
Isaiah Manning	Vis	17.74
Andrea Penny	W40	13.21

Weight

Todd Davey	M50	18.97
Ossi Igel	M65	14.79
Matt Staunton	M45	12.62
Jenn Parker	W50	11.77
Andrew Ward	M55	11.47
Shanell Staunton	Vis	8.41
Andrea Penny	W40	5.65

Strive, WAAS – March 7

200m

Daniel Leseberg	M40	25.75	+2.8
David Adams	M40	30.35	+1.8
Barrie Kernaghan	M75	32.64	+1.8
John Dennehy	M60	34.59	+1.8

800m

Chris Gould	M40	2:06.22
Xander van Rijen	M50	2:17.54
David Adams	M40	2:51.10

3000m

Clare Wardle	W45	11:29.69
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Pole Vault (MAWA State Championships)

Andrew Brooker	M50	2.95	SR
Geoff Brayshaw	M70	2.60	
Oliver Berry	M30	2.40	
Phil Smyth	M70	2.40	
David Adams	M40	1.80	

WAAS – March 10

60m

Nick Best	M40	8.8
Cathy McCloskey	W55	8.9
David Adams	M40	9.1

Lee Stergiou	M45	7.3
Paul Jeffery	M45	7.3
Tim Loh	M30	7.6

Greg Kennedy	M70	9.4
Fran Cherry	W55	9.7
Carrie Francis	W55	11.2

Juliana Kelly	W55	9.7
Carmel Meyer	W55	9.9
Barrie Kernaghan	M75	10.0

Izaak Hossack	Vis	10.6
Rachel Nichols	Vis	11.8

300m

Lee Stergiou	M45	37.9
Paul Jeffery	M45	38.1
David Adams	M40	55.0

Nick Best	M40	46.3
Greg Kennedy	M70	54.7
Alan Gray	M55	60.9

Barrie Kernaghan	M75	53.8
Carmel Meyer	W55	54.7
Juliana Kelly	W55	56.8

Marcus Nichols	Vis	62.3
Rachel Nichols	Vis	72.3

800m

Nick Best	M40	2:32.2
Tim Karajas	M40	2:33.8
Stuart Manning	M40	2:34.8
David Adams	M40	2:55.2
Steve Hossack	M55	2:59.9
Marcus Nichols	Vis	3:05.5
Paul Scott-Taylor	M60	3:14.7
Alan Gray	M55	3:17.4
David Baird	M75	3:18.5
Juliana Kelly	W55	3:41.4
Rachel Nichols	Vis	3:43.9
Rob Nichols	M40	3:44.2

3000m

Rob Nichols	M40	9:57.2
Andrew Spratt	M45	11:40.1
Tim Karajas	M40	11:53.7
Steve Hossack	M55	12:10.1
Paul Scott-Taylor	M60	12:35.4
Marcus Nichols	Vis	13:32.1
Stuart Manning	M40	13:48.9
David Baird	M75	15:10.0
Izaak Hossack	Vis	15:28.9

3000m walk

Wendy Farrow	W50	19:25.5
Peggy Macliver	W75	22:27.6
Steve Travell	M60	24:44.6
Sylvia Byers	W85	26:42.5
Glenys Duncan	W75	27:17.1

Long Jump

Paul Jeffery	M45	6.12
Matthew Dean	M30	5.49
Dave Wyatt	M65	4.04
Geoff Brayshaw	M70	4.01
Dani Fuda	W35	3.88
Phil Smyth	M70	3.75
David Adams	M40	3.60

Triple Jump

Matthew Dean	M30	11.85
Oliver Berry	M30	10.56
Geoff Brayshaw	M70	8.57
Phil Smyth	M70	8.02
David Adams	M40	6.61

Discus

Paul Jeffery	M45	36.03
Mark Jeffery	M45	35.29
Geoff Brayshaw	M70	28.20
Phil Smyth	M70	20.21
Isaiah Manning	Vis	14.78
Christina Faithfull	W70	11.19
Lesleyann Watson	Vis	8.39

Hammer

Oliver Berry	M30	23.38
Phil Smyth	M70	22.78
Isaiah Manning	Vis	18.32
Christina Faithfull	W70	11.91

Strive, WAAS – March 11

100m

Gregory Brennan	M50	12.69	+2.3
Barrie Kernaghan	M75	15.84	+2.3
John Dennehy	M60	16.50	+2.3

400m

Barrie Kernaghan	M75	79.46
Alan Deans	M65	1:39.61

1500m

Chris Gould	M40	4:21.29
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Discus

Malcolm Clarke	M45	40.24
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Hammer

Kathryn Glass	W70	19.31
Byrony Glass	W40	44.90

Shot

Malcolm Clarke	M45	13.39
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ECAC – March 12

60m

Tim Loh	M30	7.83
Colin Smith	M55	8.48
David Adams	M40	9.34
Greg Kennedy	M70	9.65
Fran Cherry	W55	10.17

300m

Chris Neale	M50	40.68
Colin Smith	M55	42.78
Jenn Parker	W50	49.19
Keith Redpath	M65	49.55
Barbara Blurton	W65	50.66
Radika Lucas	W40	53.04
Carmel Meyer	W55	54.44

Meghan Hordyk	Vis	49.80
Michelle Krokosz	W35	50.40
Rose Hordyk	Vis	54.39
Greg Kennedy	M70	54.65
David Carr	M85	64.05
Jackie Halberg	W70	69.84
Cecil Walkley	M90	3:56.79

1500m

Stuart Manning	M40	5:32.61
Chris Groom	M50	5:33.52
Alan Gray	M55	6:46.42
David Baird	M75	6:46.61
Cecil Walkley	M90	20:53.7(h)

1500m walk

John McDonagh	M70	9:37.77
Steve Travell	M60	11:59.62

Keith Redpath	M65	9.50
Radika Lucas	W40	9.54
Casey Hordyk	Vis	9.78
Scott Henderson	M65	10.39
Nick Fairweather	M65	10.66

Javelin

Ossi Igel	M65	31.96
Michelle Krokosz	W35	29.52
Jenn Parker	W50	24.52
Isaiah Manning	Vis	21.42
Andrea Penny	W40	9.34
Hazel Stephen	W70	7.82

Shot

Ossi Igel	M65	10.78
Jenn Parker	W50	10.47
Michelle Krokosz	W35	9.12
Garry Parker	M55	7.77
Andrea Penny	W40	4.82
Hazel Stephen	W70	3.15

WAAS – March 17

100m

Stuart Manning	M40	13.5
David Adams	M40	14.5
Greg Kennedy	M70	15.8
Barrie Kernaghan	M75	17.0

400m

Stuart Manning	M40	65.9
Barrie Kernaghan	M75	86.6

1500m

Ian Hannaby	M50	5:48.1
David Adams	M40	6:02.2

1500m walk

John Dennehy	M60	10:44.9
Sylvia Byers	W85	13:13.9

3000m

Ian Hannaby	M50	12:28.7
David Adams	M40	14:29.1

Long Jump

David Adams	M40	3.94
Oliver Berry	M30	4.57
Phil Smyth	M70	3.83

Triple Jump

Oliver Berry	M30	10.33
Geoff Brayshaw	M70	8.36
Phil Smyth	M70	7.47

100m

Tim Loh	M30	12.69
Oliver Berry	M30	13.21
Colin Smith	M55	13.51
Greg Kennedy	M70	16.40
Andrea Penny	W40	18.58

David Adams	M40	14.66
Radika Lucas	W40	15.25
Maureen Keshwar	W65	16.02
Fran Cherry	W55	16.88
Nick Fairweather	M65	17.19

Michelle Krokosz	W35	15.07
Isaiah Manning	Vis	17.09
Bruce McGeorge	M65	19.76
Christine Oldfield	W75	23.99
Cecil Walkley	M90	70.71

400m

Oliver Berry	M30	58.69
Colin Smith	M55	62.74
Stuart Manning	M40	63.44

Michelle Krokosz	W35	70.30
Radika Lucas	W40	75.85
Isaiah Manning	Vis	81.19
Greg Kennedy	M70	83.70
Fran Cherry	W55	88.32
David Carr	M85	1:31.20
Nick Fairweather	M65	1:31.70
Christine Oldfield	W75	2:00.16

1 mile

Ryan Kavanagh	Vis	5:06.36
Jerry Peters	M40	6:02.80
Fiona Leonard	W50	6:09.47
David Adams	M40	6:36.44
Mike Meredith	Vis	7:29.90
Cecil Walkley	M90	20:09.5(h)

3000m

Ryan Kavanagh	Vis	10:20.19
Jerry Peters	M40	11:42.36
Mike Meredith	Vis	13:33.02
David Adams	M40	13:38.07
Gillian Young	W70	14:38.01

3000m walk

John Dennehy	M60	21:07.4(h)
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Long Jump

Oliver Berry	M30	4.77
Colin Smith	M55	4.39
Maureen Keshwar	W65	3.49
Isaiah Manning	Vis	3.49
Bruce McGeorge	M65	2.50

Discus

Jessica Siviour	Vis	43.89
Matt Staunton	M45	35.02
Andrew Ward	M55	32.30
Michelle Krokosz	W35	30.70
Jenn Parker	W50	27.74
Oliver Berry	M30	25.74
Bruce McGeorge	M65	20.06
Isaiah Manning	Vis	14.88
Andrea Penny	W40	13.16

Weight

Todd Davey	M50	19.40	SR
Warren Button	M30	16.22	SR
Matt Staunton	M45	12.97	
Jenn Parker	W50	11.18	
Andrew Ward	M55	10.38	
Oliver Berry	M30	9.50	
Andrea Penny	W40	5.46	

56lb Weight

Warren Button	M30	10.02	AR pending
Todd Davey	M50	9.39	
Matt Staunton	M45	8.21	
Andrew Ward	M55	4.76	SR
Oliver Berry	M30	4.62	
Jenn Parker	W50	3.05	SR
Andrea Penny	W40	2.22	