

May 2024 Results

*This listing includes all events where members are known to have competed
All records are pending until ratified by the appropriate authorities*

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

ECAC – 2 May

200m

Heat 1		
Matt Walker	M40	26.2
Keith Redpath	M70	31.8
Amanda Hill	W30	32.7
Des Walsh	M65	35.4

Heat 2

Charlotte Glossop	Vis	33.9
Crystal Glossop	W45	39.6
Jackie Halberg	W75	52.1
Bruce McGeorge	M65	53.9
Terri Carr	W60	57.0
David Gardiner (walk)	M75	78.2

800m

Amanda Hill	W30	3:01.7
Charlotte Glossop	Vis	3:02.7
Crystal Glossop	W45	3:22.9
Tegan Durbridge	W35	3:41.1
Julie Wilson	W70	3:51.1

1000m

Daniel Sheehy	Vis	3:20.4
David Adams	M45	3:24.3
Charlotte Glossop	Vis	4:00.7
Crystal Glossop	W45	4:29.8
John McShane	M55	4:33.1
Brian Hewitt	M70	4:49.9
Tegan Durbridge	W35	4:52.7
Kirsty Peddie	W40	4:56.3

3000m

Julie Wilson	W70	16:12.4
Kirsty Peddie	W40	17:34.3
Bruce McGeorge	M65	17:38.7
Bob Schickert	M80	22:43.2

5000m

David Adams	M45	22:10.9
Crystal Glossop	W45	24:59.5
Tegan Durbridge	W35	26:40.3

3000m walk

Lynne Schickert	W80	24:39.3
David Gardiner	M75	24:39.7
Glenys Duncan	W80	28:00.3

1000m walk

Lynne Schickert	W80	8:28.3
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ECAC – 9 May

100m

Heat 1		
Tafara Nyamhunga	Vis	11.64
Matt Walker	M40	12.61
Roger Parenzee	M55	14.72
David Adams	M45	14.80
Keith Redpath	M70	15.29

Heat 2

Andy Roach	M45	15.22
Des Walsh	M65	16.68
Bob Schickert	M80	22.06
Jackie Halberg	W75	25.56
Lynne Schickert	W80	28.72

200m

Matt Walker	M40	26.65
Keith Redpath	M70	31.75
Des Walsh	M65	34.63
Julie Wilson	W70	45.88
Jackie Halberg	W75	56.08

600m

Roger Parenzee	M55	2:39.59
Julie Wilson	W70	2:45.53
Steve Barrie	M60	3:04.48

1 mile

Andy Roach	M45	6:17.86
Tegan Durbridge	W35	7:38.44
Liz Clennell	W55	8:57.89

3000m

David Adams	M45	11:19.32
Andy Roach	M45	13:21.39
Tegan Durbridge	W35	14:54.88
Liz Clennell	W55	15:38.68
Julie Wilson	W70	15:44.24
Bruce McGeorge	M65	17:27.31
Steve Barrie	M60	20:44.45
Bob Schickert	M80	20:50.45
Jacqui McQueen	W55	20:51.36

1 mile walk

Dave Wilkie	M65	12:39.28
Lynne Schickert	W80	13:42.95

3000m walk

Dave Wilkie	M65	24:34.92
Lynne Schickert	W80	25:46.08

ECAC – 16 May

100m

Matt Walker	M40	12.79
David Adams	M45	14.98
Andy Roach	M45	15.57
Dave Solomon	M55	16.25
Des Walsh	M65	16.51
Maureen Keshwar	W70	16.78
Bruce McGeorge	M65	19.99
Bob Schickert	M80	22.03
Jackie Halberg	W75	24.70

200m

Matt Walker	M40	26.74
Andy Roach	M45	30.94
Paz Storey	W35	31.67
Des Walsh	M65	34.12
Maureen Keshwar	W70	37.10
Jackie Halberg	W75	51.68

400m

Nikola Radosevic	Vis	61.37
Keith Redpath	M70	79.95
Andy Roach	M45	85.27
Barbara Blurton	W70	1:42.35

800m

Eliot Wardrobe	Vis	2:04.97
Nikola Radosevic	Vis	2:19.47
Emily Bailey	Vis	2:50.09
Sue Coate	W55	3:05.46
Dave Solomon	M55	3:27.40
Brian Hewitt	M70	3:31.95
Cali Muir	Vis	3:37.15
Tegan Durbridge	W35	3:40.17
Carol Bowman	W65	3:41.41
Julie Wilson	W70	3:47.15
Barbara Blurton	W70	3:52.52
Fiona van Heerwaarden	W45	4:01.73

3000m

David Adams	M45	11:24.49
Imogen Spooner	Vis	14:30.22
Julie Wilson	W70	15:54.51
Kirsty Peddie	W40	16:43.92
Bruce McGeorge	M65	17:15.27
Bob Schickert	M80	20:56.52
Annette Spooner	Vis	21:29.65

5000m

Nikola Radosevic	Vis	19:54.81
Andy Roach	M45	24:14.56
Tegan Durbridge	W35	25:58.60
Paz Storey	W35	26:33.16
Jim Langford	M75	31:03.57

3000m walk

Fiona van Heerwaarden	W45	19:57.61
Steve Travell	M65	27:18.24
Glenys Duncan	W80	27:49.77

5000m walk

Karyn Tolardo	W55	30:36.18
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AW Road Walks, Perry Lakes – 18 May

5km

Karyn Tolardo	W55	30:54.46
Fiona van Heerwaarden	W45	34:10.14
Marcela Ruiz	W60	43:10.35
Glenys Duncan	W80	50:13.03

10km

Andrew Duncan	M55	54:56.95
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ECAC – 23 May

60m

Matt Walker	M40	8.02
Gabriel van Heerwaarden	Vis	9.54
Keith Redpath	M70	9.60
Des Walsh	M65	10.12
Maureen Keshwar	W70	10.46
Bob Schickert	M80	13.01
Terri Carr	W60	13.78
Jackie Halberg	W75	14.39
Lynne Schickert	W80	16.30

300m

Eliot Wardrobe	Vis	38.41
Dominic Lagat	M40	39.06
Gabriel van Heerwaarden	Vis	55.43
Des Walsh	M65	81.43

100m**Heat 1**

Matt Walker	M40	12.61
David Adams	M45	14.78
Gabriel van Heerwaarden	Vis	15.30
Dominic Lagat	M40	15.35
Andy Roach	M45	15.52
Eliot Wardrobe	Vis	15.55

Heat 2

Des Walsh	M65	16.40
Maureen Keshwar	W70	16.84
Terri Carr	W60	22.76
Jackie Halberg	W75	23.85
Bruce McGeorge	M70	23.94
Lynne Schickert	W80	27.79

1500m

Eliot Wardrobe	Vis	4:30.83
Dominic Lagat	M40	4:36.43
Gabriel van Heerwaarden	Vis	5:28.55
Rod Hamilton	M60	5:33.23
Andy Roach	M45	5:53.05
Amanda Hill	W30	6:30.85
John Bailey	M40	6:54.31
Julie Wilson	W70	7:40.79
Brian Hewitt	M70	7:41.15
Fiona van Heerwaarden	W45	7:46.86
Bob Schickert	M80	9:49.12
Mike Meredith	M60	9:49.56

3000m walk

Karyn Tolardo	W55	19:08.07
Fiona van Heerwaarden	W45	19:45.88
Lynne Schickert	W80	25:26.24
Glenys Duncan	W80	27:16.30

3000m

David Adams	M45	11:18.58
Dominic Lagat	M40	11:38.38
Rod Hamilton	M60	11:43.10
Andy Roach	M45	13:14.63
Mike Meredith	M60	15:37.34
Julie Wilson	W70	15:44.25
Jim Langford	M75	16:59.11
Bruce McGeorge	M70	17:10.05

Bunbury – 25 May**Throws pentathlon**

		Hammer	Shot	Discus	Javelin	Weight
Jo Peters	M70	42.33	11.61	38.72	33.48	16.39
		772	798	777	620	839
	Total points	3806				
John Fettus	M50	44.00	14.17	40.28	34.41	15.69
		671	873	677	476	772
	Total points	3469				
Paul Foley	M55	35.04	10.26	34.42	38.19	12.74
		560	651	612	607	657
	Total points	3087				
Jenn Parker	W55	31.94	8.85	27.80	18.49	9.67
		611	590	649	401	533
	Total points	2784				
Paula Kennedy	W55	30.64	8.02	17.99	16.81	8.37
		582	523	382	357	448
	Total points	2292				
Sharon Moloney	W60	23.76	7.09	18.29	13.62	8.74
		488	503	444	315	430
	Total points	2180				
Harold Membrey	M70	22.77	6.60	17.90	14.84	9.98
		362	402	291	203	465
	Total points	1723				

100lb weight

Paul Foley	M55	3.27
Jo Peters	M70	3.06
Paula Kennedy	W55	2.26
Harold Membrey	M70	2.11
Sharon Moloney	W60	1.21

ECAC – 30 May

60m			400m		
Heat 1			Dominic Lagat	M40	55.9
Kade Ritchie	Vis	7.3	Andy Roach	M45	69.8
Matt Walker	M40	7.8	Jenn Parker	W55	71.1
Alex Walker	Vis	8.3	Barbara Blurton	W70	86.1
David Adams	M45	10.3	Carol Bowman	W65	1:33.1
Heat 2			Tegan Durbridge	W35	1:35.3
Dominic Lagat	M40	9.4	1 mile		
Andy Roach	M45	9.7	Trevor Scott	M65	6:04.3
Trevor Scott	M65	11.6	John McShane	M55	7:44.7
Tegan Durbridge	W35	12.0	Kirsty Peddie	W40	8:25.3
Heat 3			5000m		
Bob Schickert	M80	12.3	Dominic Lagat	M40	18:08.3
Bruce McGeorge	M70	12.7	Andy Roach	M45	23:06.0
Jackie Halberg	W75	14.7	Tegan Durbridge	W35	26:41.0
Lynne Schickert	W80	16.8	Jim Langford	M75	28:06.8
David Gardiner (walk)	M75	19.2	Bruce McGeorge	M70	28:31.7
100m			3000m		
Heat 1			David Adams	M45	11:35.8
Paz Storey	W35	15.7	Paz Storey	W35	14:58.7
Jackie Halberg	W75	23.4	Kirsty Peddie	W40	17:13.9
Naomi Martin	W45	29.6	Bob Schickert	M80	20:53.4
David Gardiner (walk)	M75	31.0	Steve Travell	M65	25:02.7
Heat 2			3000m walk		
Kade Ritchie	Vis	11.6	Lynne Schickert	W80	25:53.7
Matt Walker	M40	12.5			
Alex Walker	Vis	14.1			
Simon Martin	Vis	15.0			